

## MEDICAL SUMMARY

NAME:	Mrs. Ritesh Mishra	UHID:	
AGE:	35	DATE OF HEALTHCHECK:	30/12/2023
GENDER:	F		

HEIGHT:	163	MARITAL STATUS:	Married
WEIGHT:	69.5	NO OF CHILDREN:	2
BMI:	26.1		

C/O: no chief complaints

K/C/O: Fitzangdige  
PRESENT MEDICATION: ? T. Rome 90 lot

P/M/H: <sup>emp</sup> 27/11/23  
(5-6 days up)

P/S/H: -

ALLERGY: -

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary ✓

H/A: SMOKING:

FAMILY HISTORY FATHER: } NIL

ALCOHOL: } NIL

MOTHER: } NIL

TOBACCO/PAN:

O/E:

LYMPHADENOPATHY: -

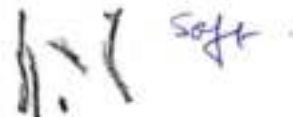
BP: 110/70 PULSE: 100/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING: -

TEMPERATURE: SCARS:

OEDEMA: - mild oedema

S/E:

P/A:  soft

RS:



CVS: S1S2 (+)

Extremities & Spine: (N)

ENT: (N)

CNS: (N)

Skin:

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

• ANDHERI • COLABA • NASHIK • VASHI

Name:	Age:	Date of Health check-up:
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### Findings and Recommendation:

#### Findings:-

CBC - HB - 9.3 gm/l.  
 Sugg of iron def anaemia  
ESR - 85 m/1<sup>st</sup> hr

Urine  $\frac{R}{M}$  - shows - 25-30 Pus cells/HPF  
 ↳ Occasional RBC  
 ↳ Blood-Trace

\* Stress Test - Positive.

USG - Posterior wall thickened  
 uterine fibroid  
 Rest reports well

#### Recommendation:-

- T. Debarange - 100X 2 months  
at lunch
- Consult Cardiologist  
& gynaecologist

*P. Dani*

Signature:

Consultant -

**DR. PRADHYA P. DANI**  
**(M.B.B.S)**  
**Reg. No. 87541**

## OPHTHALMIC EVALUATION

UHID No.: \_\_\_\_\_

Date: 30/12/23

Name: Ritu Mishra Age: 33 Gender: Male/Female

Without Correction:

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N-6 Left Eye N-6

With Correction:

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision: (BE) - WNL

Anterior Segment Examination: (BE) - WNL

Pupils: (BE) - WNL

Fundus: (BE) WNL

Intraocular Pressure: \_\_\_\_\_

Diagnosis: (BE) - WNL

Advice: \_\_\_\_\_

Re-Check on \_\_\_\_\_ (This Prescription needs verification every year)

Dr. Sagorika Dey  
(Consultant Ophthalmologist)

**DR. SAGORIKA DEY**  
MBBS, DOMS

REGN NO: 2008/04/1182

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

## DENTAL CHECKUP

<b>Name:</b> Mrs. Rita Mishra	<b>MR NO:</b>
<b>Age/Gender:</b> 33yrs / F	<b>Date:</b> 30/12/23.

Medical history:  Diabetes  Hypertension  \_\_\_\_\_

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains	✓	✓	✓	✓
Mobility				
Caries ( Cavities )				
a) Class 1 (Occlusal)			38	47
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

### TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling			38	
Root Canal Therapy				47
Crown				
Extraction				

Oral Prophylaxis  Scaling & polishing  
 Orthodontic Advice for Braces:  Yes /  No  
 Prosthetic Advice to Replace Missing Teeth:  Denture  Bridge  Implant  
 Oral Habits:  Tobacco  Cigarette  Others since \_\_\_ years  
 Advice to quit any form of tobacco as it can cause cancer.

Other Findings: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

*RL*

Name: Mrs Pille Mehra Age: 33 Sex: f UHID No.: \_\_\_\_\_ Date: 30/12/2023

33 year old married / P<sub>2</sub>L<sub>2</sub> (both FNO)

NO complaints; willing for PMS smear

Umr - 27/11/2023

Prnc - 34/30-35/ RPF

o/e

clear

afebrile

P - 88/min

Pr - soft NT

P/S. Co } healthy  
Vj }

(PAP smear taken)

Plu e reports



Dr. TRUPTI SHINDE

**DR. TRUPTI VIJAY SHINDE**  
MBBS, M.S. (OBS & GYNAE)  
REG. NO.: 2014/07/3301



**Apollo Clinic**  
VASHI

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

Name : Mrs. Ritu Mishra Gender : Female Age : 33 Years  
 UHID : FVAH 10072. Bill No : Lab No : V-5095-23  
 Ref. by : SELF Sample Col.Dt : 30/12/2023 09:15  
 Barcode No : 2219 Reported On : 30/12/2023 19:49


**TEST RESULTS BIOLOGICAL REFERENCE INTERVAL**

**CBC (Complete Blood Count)-WB (EDTA)**

Haemoglobin(Colorimetric method)	<b>9.8</b>	g/dl	11.5 - 15
RBC Count (Impedance)	<b>3.86</b>	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	<b>31.6</b>	%	35 - 55
MCV:(Calculated parameter)	81.9	fl	78 - 98
MCH:(Calculated parameter)	<b>25.3</b>	pg	26 - 34
MCHC:(Calculated parameter)	30.9	gm/dl	30 - 36
RDW-CV:	15.5	%	10 - 16
Total Leucocyte count(Impedance)	6140	/cumm.	4000 - 10500
Neutrophils:	67	%	40 - 75
Lymphocytes:	27	%	20 - 40
Eosinophils:	03	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.65	Lakhs/c.mm	1.5 - 4.5
MPV	9.7	fl	6.0 - 11.0
Peripheral Smear (Microscopic examination)			
RBCs:	Hypochromasia(+)		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter.		

Neha More  
Entered By

Ms Kaveri Gaonkar  
Verified By

Page 3 of 3  
  
 Dr. Milind Patwardhan  
 M.D(Path)  
 Chief Pathologist

End of Report  
 Results are to be correlated clinically

<b>Name</b> :	Mrs. Ritu Mishra	<b>Gender</b> :	Female	<b>Age</b> :	33 Years
<b>UHID</b> :	FVAH 10072.	<b>Bill No</b> :		<b>Lab No</b> :	V-5095-23
<b>Ref. by</b> :	SELF	<b>Sample Col.Dt</b> :	30/12/2023 09:15		
<b>Barcode No</b> :	2219	<b>Reported On</b> :	30/12/2023 19:49		

<b>TEST</b>	<b>RESULTS</b>	<b>BIOLOGICAL REFERENCE INTERVAL</b>
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**ESR(Westergren Method)**

<b>Erythrocyte Sedimentation Rate:-</b>	<b>85</b>	mm/1st hr	0 - 20
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Indira Health And Lifestyle Private Limited.  
**NABL Accredited Laboratory**  
 The Emerald, 1st Floor, Plot No. 195, Sector-12,  
 Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.  
 Tel.: (022) - 2788 1322 / 23 / 24 | 8291490000  
 Email: apolloclinicvashi@gmail.com

**Apollo Clinic**  
**VASHI**

Name	: Mrs. Ritu Mishra	Gender	: Female	Age	: 33 Years
UHID	: FVAH 10072.	Bill No	:	Lab No	: V-5095-23
Ref. by	: SELF	Sample Col.Dt	: 30/12/2023 09:15		
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TEST

RESULTS

**Blood Grouping (ABO & Rh)-WB(EDTA) Serum**

ABO Group:	<b>:A:</b>
Rh Type:	<b>Positive</b>
Method :	Matrix gel card method (forward and reverse)

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**M.D(Path)**  
**Chief Pathologist**

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

**HbA1c(Glycosylated Haemoglobin )WB-EDTA**

(HbA1C) Glycosylated Haemoglobin : 5.7 %  
 Normal <5.7 %  
 Pre Diabetic 5.7 - 6.5 %  
 Diabetic >6.5 %  
 Target for Diabetes on therapy < 7.0 %  
 Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 116.89 mg/dL

Correlation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298


Method High Performance Liquid Chromatography (HPLC).

**INTERPRETATION**

- \* The HbA1c levels correlate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- \* This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
- \* It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
- \* Mean blood glucose (MBG) in first 30 days ( 0-30 )before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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 Chief Pathologist

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**LIPID PROFILE - Serum**

S. Cholesterol(Oxidase)	156	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	79	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	15.8	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	45.6	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	94.6	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	<b>3.4</b>		3.5 - 5
Ratio of LDL/HDL	<b>2.1</b>		2.5 - 3.5

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


**LFT(Liver Function Tests)-Serum**

S.Total Protein (Biuret method)	6.97	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.31	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.66	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.62		0.9 - 2
S.Total Bilirubin (DPD):	0.23	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.11	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.12	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P): 16		U/L	5 - 32
S.ALT (SGPT) (IFCC Kinetic with P5P): 13		U/L	5 - 33
S.Alk Phosphatase(pNPP-AMP Kinetic): 94		U/L	35 - 105
S.GGT(IFCC Kinetic): 25		U/L	07 - 32

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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
<b>BIOCHEMISTRY</b>		
S.Urea(Urease Method)	18.3 mg/dl	10.0 - 45.0
BUN (Calculated)	8.54 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.75 mg/dl	0.50 - 1.1
BUN / Creatinine Ratio	11.39	9:1 - 23:1
S.Uric Acid(Uricase Method)	5.2 mg/dl	2.4 - 5.7

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M.D(Path)  
Chief Pathologist

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UHID : FVAH 10072.      Bill No :      Lab No : V-5095-23  
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TEST      RESULTS      BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

**PHYSICAL EXAMINATION**

QUANTITY	05	mL	
COLOUR	Pale Yellow		
APPEARANCE	Slightly Hazy		
SEDIMENT	Absent		Clear Absent

**CHEMICAL EXAMINATION(Strip Method)**

REACTION(PH)	6.0		4.6 - 8.0
SPECIFIC GRAVITY	1.015		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Absent
OCCULT BLOOD	<b>Trace</b>		Normal
Nitrites	Absent		Absent
			Absent


**MICROSCOPIC EXAMINATION**

PUS CELLS	<b>25 - 30 / hpf</b>		0 - 3/hpf
RED BLOOD CELLS	<b>Occasional</b>		Absent
EPITHELIAL CELLS	<b>10 - 12 / hpf</b>		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	<b>Present(Few)</b>		Absent

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Dr. Milind Patwardhan  
M.D(Path)  
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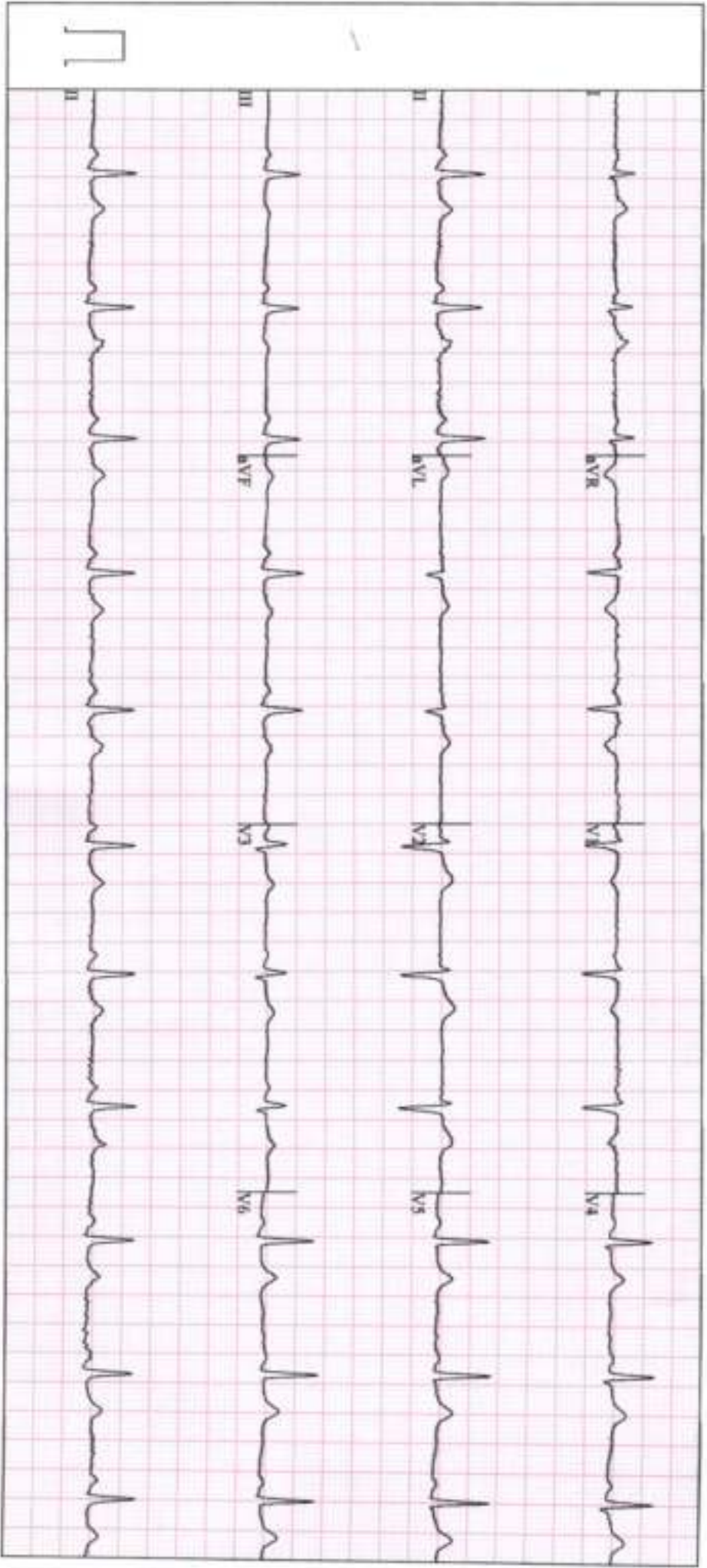
QRS : 86 ms  
QT / QTc : 396 / 415 ms  
PR : 122 ms  
P : 90 ms  
RR / PP : 902 / 909 ms  
P / QRS / T : 67 / 70 / 37 degrees

Normal sinus rhythm  
Normal ECG

WNL

**DR. ANIRBAN DASGUPTA**  
119, S.S., O.M.B. Medicine  
Diploma Cardiology  
MAMC - 2005/02/0920

**NORMAL ECG**



Apollo Clinic  
The Emerald, Plot No-195/B, Sector-12,  
Neel Siddhi Towers, Vashi-400703

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: RITU, MISHRA  
Patient ID: 10072  
Height:  
Weight:

DOB: 03.04.1990  
Age: 33yrs  
Gender: Female  
Race: Asian

Study Date: 30.12.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR.ANIRBAN DASGUPTA  
Technician: Anita Gaikwad

Medications:  
NIL

Medical History:  
NIL

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:07	0.00	0.00	80	110/70	
	STANDING	00:16	0.00	0.00	79		
	HYPERV.	00:19	0.00	0.00	75		
	WARM-UP	00:17	0.60	0.00	76		
EXERCISE	STAGE 1	03:00	1.70	10.00	139	120/70	
	STAGE 2	03:00	2.50	12.00	169	130/80	
	STAGE 3	00:14	3.50	14.00	171	140/80	
RECOVERY		01:08	0.00	0.00	134	150/80	

The patient exercised according to the BRUCE for 6:13 min:s, achieving a work level of Max. METS: 7.70. The resting heart rate of 81 bpm rose to a maximal heart rate of 173 bpm. This value represents 92 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

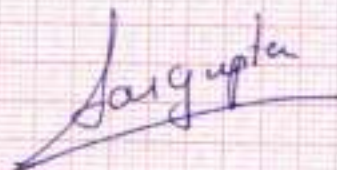
### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: ST DEPRESSION.  
Overall impression: Positive stress test.

### Conclusions

TMT IS POSITIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.ANIRBAN DASGUPTA



Dr. ANIRBAN DASGUPTA  
M.B.B.S., D.M.B. Medicine  
Diploma Cardiology  
MMC-2005/02/0920

PATIENT'S NAME	RITU MISHRA	AGE :- 33 Y/F
UHID	10072	DATE :-,30 Dec. 23

### X-RAY CHEST PA VEIW

#### OBSERVATION:

Patient is in positional obliquity.  
Bilateral lung fields are clear.  
Both hila are normal.  
Bilateral cardiophrenic and costophrenic angles are normal.  
The trachea is central.  
Aorta appears normal.  
The mediastinal and cardiac silhouette are normal.  
Soft tissues of the chest wall are normal.  
Bony thorax is normal.

#### IMPRESSION:

- No significant abnormality seen.



DR.CHHAYA S. SANGANI  
CONSULTANT SONOLOGIST  
Reg No. 073826

PATIENT'S NAME	RITU MISHRA	AGE :- 33Y/F
UHID	10072	30 Dec 2023

### USG WHOLE ABDOMEN (TAS)

**LIVER** is normal in size, shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepato-petal flow. No evidence of intra-hepatic biliary duct dilatation.

**Gall Bladder** appears well distended with normal wall thickness. There is no calculus or pericholecystic collection. CBD appears normal.

Visualised parts of head & body of **PANCREAS** appear normal.

**SPLEEN** is normal in size and echotexture. No focal lesion seen. Splenic vein is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

**RIGHT KIDNEY** measures 9.9 x 3.8 cm. **LEFT KIDNEY** measures 10.6 x 4.1 cm.

**URINARY BLADDER** is well distended; no e/o wall thickening or mass or calculi seen.

**UTERUS** is anteverted and is normal in size, shape and echotexture. It measures 7.3 x 4.7 x 4.2 cm; ET measures 9 mm. **A 30 x 18 mm posterior wall calcified fibroid.**


Both ovaries are normal in size, shape and position.

Visualised **BOWEL LOOPS** appear normal. There is no free fluid seen.

### IMPRESSION -

- **Posterior wall calcified uterine fibroid.**
- **No other significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE. THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



**DR. CHHAYA S. SANGANI**  
CONSULTANT SONOLOGIST  
Reg: No. 073826

• ANDHERI • COLABA • NASHIK • VASHI