



**ZENA**  
Healthcare Services  
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

**NAME:-ANAND SANKAR SWAIN**  
**AGE:-26YRS**  
**Patient ID:-3**

**REFERRAL:-MEDI-WHEEL**  
**DATE:-27.05.2022**  
**SEX:-MALE**

**CHEST X-RAY PA VEIW SHOWS.**

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

**IMPRESSION:-NORMAL STUDY.**

*B. Pradhan*

**Dr. Bhagaban Pradhan**  
**M.D. (Radio diagnosis)**  
**Consultant Radiologist**

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**



**Patient Name :** MR. ANAND SANKAR SWAIN

**Age / Gender :** 26 years / Male

**Patient ID :** 11508

**Referral :** MEDI WHEEL

**Collection Time :** 27/05/2022, 12:07 PM

**Reporting Time :** 27/05/2022, 02:10 PM

**Sample ID :**



13244

Test Description	Value(s)	Reference Range	Unit
<b>Complete Blood Count</b>			
Hemoglobin (Hb)	14.2	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.26	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	50.3	42 - 52	%
Mean Cell Volume (MCV)	<b>77.3</b>	78 - 100	fL
Mean Cell Haemoglobin (MCH)	29.6	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	35.1	32 - 36	g/dL
Red Cell Distribution Width (RDW)	13.6	11.5 - 14.0	%
Total Leucocytes (WBC) Count	7300	4000-10000	cell/cu.mm
Neutrophils	60	40 - 80	%
Lymphocytes	32	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	05	1 - 6	%
Basophils	<b>00</b>	1-2	%
Platelet Count	299	150 - 450	10 <sup>3</sup> /ul
Mean Platelet Volume (MPV)	9.4	7.2 - 11.7	fL
PCT	0.38	0.2 - 0.5	%
PDW	13.5	9.0 - 17.0	%

\*\*END OF REPORT\*\*

Lab technician

Dr.Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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**Reporting Time :** 27/05/2022, 02:13 PM  
**Sample ID :**



13244

Test Description	Value(s)	Reference Range	Unit
<b>Lipid Profile</b>			
Cholesterol-Total Method : Spectrophotometry	177.2	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	99.6	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	44.3	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	112.98	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	19.92	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.55	2.5 - 3.5	
<b>Note:</b> 8-10 hours fasting sample is required.			

\*\*END OF REPORT\*\*

Lab technician

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Test Description	Value(s)	Reference Range	Unit
<b><u>LFT, Liver Function Test</u></b>			
Total Protein Method : Serum, Biuret, reagent blank end point	6.19	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.91	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	1.28	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	3.84	1.2 - 2.2	
Bilirubin - Total Method : Serum, Jendrassik Grof	0.64	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.17	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.47	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	19.61	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	26.50	3 - 35	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	145.2	80 - 306	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	6.89	< 55	U/L

\*\*END OF REPORT\*\*

Lab technician

*Kundan*  
Dr.Kundan Kumar Sahoo  
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13244

Test Description	Value(s)	Reference Range	Unit
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**HbA1c, Glycosylated Hemoglobin**

<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD</b>	5.24		%
<b>Method :</b> (HPLC, NGSP certified)			
<b>Estimated Average Glucose :</b>	103.69		mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

**Note:**

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient :	MR. ANANDA SANKAR SWAIN	Doctor :	Dr. SAUMENDU MOHANTY
Age/Sex :	27 Years /Male	Facility :	Dr. Agarwal's Health Care Ltd, Bhubaneswar
Contact :	7894743191	Appt. Dt :	27 May'22
MR No. :	BHU/28225/22	Note Dt :	27 May'22

**OPD SUMMARY**
**HISTORY**

Visit: General Checkup

Chief Complaints : H/o OS defective vision since childhood

Ophthalmic History :

- Glasses - using plano glasses

Systemic History : None

Allergies : None

**REFRACTION**
**Auto Refraction:**

	Sph	Cyl	Axis
Dry	+0.75	-0.25	140
	--	--	--
	--	--	--

	Sph	Cyl	Axis
Dilated	--	--	--
	--	--	--
	--	--	--

**Dry Refraction:**

	Sph	Cyl	Axis	Vision
Distant	0.00	--	--	6/6
Near	--	--	--	N6

**Auto Refraction:**

	Sph	Cyl	Axis
Dry	Error	--	--
	--	--	--
	--	--	--

	Sph	Cyl	Axis
Dilated	--	--	--
	--	--	--
	--	--	--

**Dry Refraction:**

	Sph	Cyl	Axis	Vision
Distant	0.00	--	--	PL-
Near	--	--	--	<N36

Color Vision: WNL with ishihara chart

**EXAMINATION**

R/OD

L/OS

**IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)**
**PLEASE CONTACT: MOBILE NO 8118052202**

ଉତ୍ତରୀ କାଳୀନ ପରିଚ୍ଛିନ୍ନ: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ଲୁହ ବୋହିବା, ଆଖି ଲାଲ ପଡ଼ିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର କୁ (୮୧୧୮୦୫୨୨୦୨) ଯୋଗାଯୋଗ କରନ୍ତୁ