



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Rimzim Rajoria** aged, **31yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: New Delhi

Date: 01/06/2024

Dr. Nitesh Kumar
Nitesh Kumar
MBBS
BCMR 47093

Name & Signature of

Medical officer

Patient Name	: Mrs.RIMZIM RAJORIA	Collected	: 01/Jun/2024 09:24AM
Age/Gender	: 31 Y 3 M 26 D/F	Received	: 01/Jun/2024 11:53AM
UHID/MR No	: CAOP.0000000455	Reported	: 01/Jun/2024 12:51PM
Visit ID	: CAOPPV555	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: adhar card - 564389542294		

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

RBCs	Show mild anisocytosis, are predominantly Normocytic Normochromic .
WBCs	Normal in number and morphology Differential count is within normal limits
Platelets	Adequate in number, verified on smear
	No Hemoparasites seen in smears examined.
Impression	Normal peripheral smear study
Advice	Clinical correlation




Dr. Shivangi Chauhan
M.B.B.S, M.D (Pathology)
Consultant Pathologist



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Age/Gender : 31 Y 3 M 26 D/F	Received : 01/Jun/2024 11:53AM
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	14.5	g/dL	12-15	Spectrophotometer
PCV	41.80	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.67	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	89	fL	83-101	Calculated
MCH	31	pg	27-32	Calculated
MCHC	34.7	g/dL	31.5-34.5	Calculated
R.D.W	14.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,700	cells/cu.mm	4000-10000	Electrical Impedence
DIFFERENTIAL LEUCOCYtic COUNT (DLC)				
NEUTROPHILS	64	%	40-80	Electrical Impedence
LYMPHOCYTES	30	%	20-40	Electrical Impedence
EOSINOPHILS	02	%	1-6	Electrical Impedence
MONOCYTES	04	%	2-10	Electrical Impedence
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	5568	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2610	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	174	Cells/cu.mm	20-500	Calculated
MONOCYTES	348	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	2.13		0.78- 3.53	Calculated
PLATELET COUNT	270000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				



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Age/Gender : 31 Y 3 M 26 D/F	Received : 01/Jun/2024 11:53AM
UHID/MR No : CAOP.0000000455	Reported : 01/Jun/2024 04:42PM
Visit ID : CAOPOPV555	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : adhar card - 564389542294	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	A			Gel agglutination
Rh TYPE	POSITIVE			Gel agglutination




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Patient Name : Mrs.RIMZIM RAJORIA	Collected : 01/Jun/2024 09:24AM
Age/Gender : 31 Y 3 M 26 D/F	Received : 01/Jun/2024 01:06PM
UHID/MR No : CAOP.000000455	Reported : 01/Jun/2024 01:29PM
Visit ID : CAOPPV555	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : adhar card - 564389542294	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	85	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	76	mg/dL	70-140	GOD - POD


Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	20	U/L	4-44	JSCC

Comment:

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 Consultant Pathologist



Apollo Health and Lifestyle Limited

SIN No: SE04737758
 Lab Address
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 Regd. Office: 7-1-617/A, 615 and 616, IMPERIAL TOWERS 7th Floor, Ameerpet
 Hyderabad, Telangana State 500038
 Email ID: customer.care@apollodiagnosics.in
 T: 040 44442424

Patient Name : Mrs.RIMZIM RAJORIA	Collected : 01/Jun/2024 09:24AM
Age/Gender : 31 Y 3 M 26 D/F	Received : 01/Jun/2024 01:06PM
UHID/MR No : CAOP.0000000455	Reported : 01/Jun/2024 01:29PM
Visit ID : CAOPOPV555	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY


ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL , SERUM	0.60	mg/dL	0.1-1.2	Azobilirubin

Test Name	Result	Unit	Bio. Ref. Range	Method
BUN/CREATININE RATIO , SERUM				
BLOOD UREA NITROGEN	4.1	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.47	mg/dL	0.4-1.1	ENZYMATIC METHOD
BUN / CREATININE RATIO	8.74			Calculated

Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE , SERUM	0.47	mg/dL	0.4-1.1	ENZYMATIC METHOD


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Patient Name : Mrs.RIMZIM RAJORIA	Collected : 01/Jun/2024 09:24AM
Age/Gender : 31 Y 3 M 26 D/F	Received : 01/Jun/2024 12:51PM
UHID/MR No : CAOP.0000000455	Reported : 01/Jun/2024 01:04PM
Visit ID : CAOPPV555	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : adhar card - 564389542294	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324


Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	3-4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

All urine samples are checked for adequacy and suitability before examination. Microscopy findings are reported as an average of 10 high power fields.

*** End Of Report ***

Page 6 of 6


 Dr. Shivangi Chauhan
 M.B.B.S., M.D (Pathology)
 Consultant Pathologist



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Apollo One Pusaroad

From: rimzim rajouria <rimzimrajouria@gmail.com>
Sent: 01 June 2024 08:58
To: Apollo One Pusaroad
Subject: Fwd: Health Check up Booking Request(36E1309)

----- Forwarded message -----

From: Mediwheel <wellness@mediwheel.in>
Date: Thu, 30 May, 2024, 12:34
Subject: Health Check up Booking Request(36E1309)
To: <Rimzimrajouria@gmail.com>
Cc: <customercare@mediwheel.in>



Mediwheel
...Your wellness partner



011-41195959

Dear Rimzim Rajoria,

We have received your booking request for the following health checkup

User Package Name : Pre-Employment Health Checkup Female

Name of Diagnostic/Hospital : Apollo One-karol bagh

Address of Diagnostic/Hospital: Apollo One, Pusa Road, Plot No.3, Block No:34, Metro Pillar Number:77, Karolbagh, New Delhi-110005

Appointment Date : 01-06-2024

Preferred Time :

Member Information

Booked Member Name	Age	Gender
Rimzim Rajoria	31 year	Female

Tests included in this Package

- Urine analysis
- Creatinine
- Bilirubin Total
- CBC
- Blood Group ABO RH Typing
- Blood Glucose (Post Prandial)
- SGPT
- BUN

- ESR
- Blood Glucose (Fasting)
- Chest X-ray
- ECG
- Eye Check-up consultation
- Gynac Consultation
- General Physician Consultation

Thanks,
Mediwheel Team

Please Download Mediwheel App



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भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार

Unique Identification Authority of India
Government of India

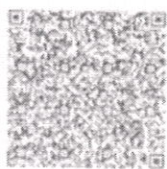
नामांकन क्रम / Enrollment No 1171/52003/27597

To,
रक्षाधर रावत
Rajnani Rajwala
D/O Navleen Kumar
F-16
Custom Flats
Near Zoo Kaka Nagar
Lodhi Road
Lodhi Road New Delhi Central Delhi
Delhi 110003
9810733830

Ref 35 / 231 / 67876 / 68091 / P



SH438549155FT



आपका आधार क्रमांक / Your Aadhaar No. :

5643 8954 2294

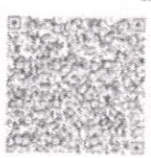
आधार - आम आदमी का अधिकार



भारत सरकार
Government of India



रक्षाधर रावत
Rajnani Rajwala
जन्म तिथि / DOB : 03/02/1993
लिंग / Gender : Female



5643 8954 2294

आधार - आम आदमी का अधिकार

ID: 0000000455

01-06-2024 09:14:31 AM Arrow CC

MRS RIMZIM RAJORIA

Female 31Years

Req. No. :

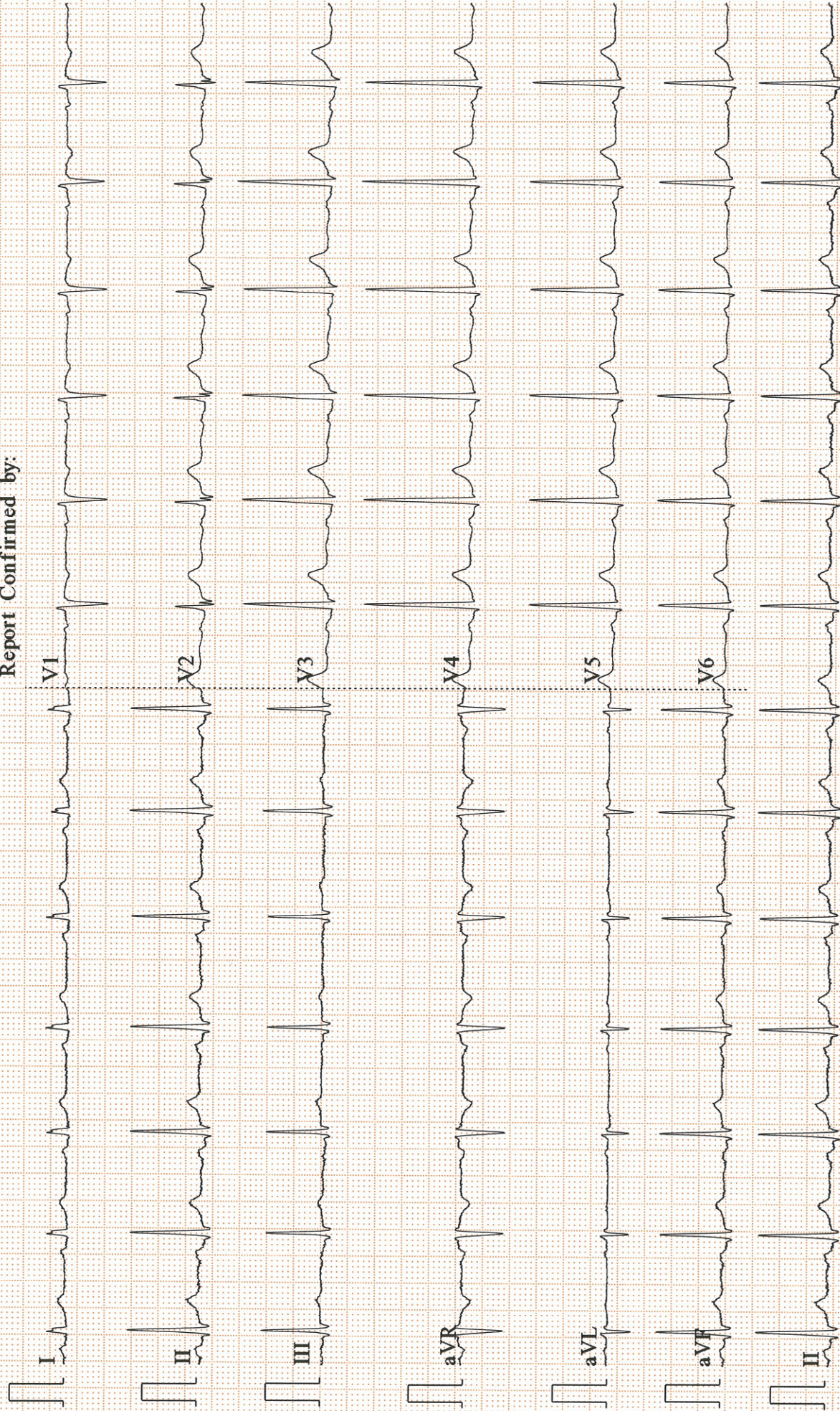
Diagnosis Information:

Sinus Rhythm

Normal ECG

HR : 78 bpm
 P : 102 ms
 PR : 159 ms
 QRS : 96 ms
 QT/QTcBz : 348/397 ms
 P/QRS/T : 30/74/54 °
 RV5/SV1 : 1.598/0.741 mV

Report Confirmed by:



Eye Checkup

NAME: - MRS. Rimzim Rayoria

Age: - 31

Date: 1/6/24

SELF / CORPORATE: -

Right Eye		Left Eye
Distant Vision	-0.75 sph	-0.25 sph
Near vision	6/6	6/6
Color vision	OK	OK
Fundus examination		
Intraocular pressure		
Slit lamp exam		

Signature



Apollo One (Unit of Apollo Health and Lifestyle Ltd)
Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pillar no. 77, Karol Bagh,
New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788
Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

Registered Office: Apollo Health and Lifestyle Limited
7-1-617/A, 615 and 616, Imperial Towers, 7th Floor,
Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

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APOLLO HEALTH AND LIFESTYLE LTD
APOLLO ONE
Plot No. 3, Block No. 34, Metro Pillar No. 77,
Pusa Road, WEA Karol Bagh
New Delhi-110005

Mrs. RIMZIM RAJORIA

AGE - 34 Yr F

Height : 159 cm	Weight : 64 kg	BMI :	Waist Circum :
Temp : 98.2 °F	Pulse : 84 /mt	Resp : 18 /mt	B.P : 120 / 85 mmHg

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

SpO₂ - 98%

PMH ^o - Nil

FH ^o - Nil

Allergy ^o - Nil

Addiction ^o - Nil

MARRIED ^o - Yes

Diet ^o - Veg

Physical Activity ^o - (N)

Covid ^o - 3 dose

Follow up date:

Doctor Signature

AS
APOLLO HEALTH AND LIFESTYLE LTD.
APOLLO ONE
Plot No. 3, Block No. 34, Metro Pillar No. 77
Pusa Road, WEA Karol Bagh
New Delhi-110005



Patient Name	: Mrs. Rimzim Rajoria	Age/Gender	: 31 Y/F
UHID/MR No.	: CAOP.0000000455	OP Visit No	: CAOPOPV555
Sample Collected on	:	Reported on	: 01-06-2024 13:47
LRN#	: RAD2340741	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: adhar card - 564389542294		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

Dr. SEEMA PRAJAPATI
MBBS MD Radio
Radiology

Patient Name	: Mrs. Rimzim Rajoria	Age	: 31 Y/F
UHID	: CAOP.0000000455	OP Visit No	: CAOPOPV555
Reported By:	: Dr. RAJNI SHARMA	Conducted Date	: 01-06-2024 10:07
Referred By	: SELF		

ECG REPORT

Observation :-

1. Normal Sinus Rhythm.
2. Heart rate is 78beats per minutes.
3. No pathological Q wave or S-T,T changes seen.
4. Normal P,Q,R,S,T waves and axis.
5. No evidence of chamber, hypertrophy or enlargement see

Impression:

NORMAL RESTING ECG.

----- END OF THE REPORT -----



Dr. RAJNI SHARMA