



Name : MR. SIDDHARTHA
Age /Sex : 28 Y / M
Ref. By : BANK OF BARODA (MW)

Reg. No : O22-287
Registration Date : 08-05-2021
Alt ID :

Ultrasound Scan Abdomen

- Liver** Size (137 mm), Shape, contour and echotexture normal. No localized or diffused mass lesions are seen. Intrahepatic vascular system, Portal vein, C.B.D and biliary radicals are normal
- Gall Bladder** Size, shape and wall thickness are normal. No calculus or no mass lesions are seen.
- Spleen** Size : 92 mm, Shape and echotexture normal, No abnormal calcifications seen.
- Pancreas** Head, body and tail echotexture are normal. Pancreatic duct normal. No mass or cystic lesions seen. No calcifications are seen.
- Kidneys** Right kidney Measures : 95 X 46 MM
Left kidney Measures : 94 X 49 MM

Peri renal areas normal, Renal capsule normal, Cortical thickness, Cortical echopattern and corticomedullary differentiation are normal. Pelvicalyceal system normal. No calculus or no mass lesions are seen.
- Urinary Bladder** Well distended, Normal wall thickness. No evidence of calculi. No focal lesions.
- Prostate** Size, Echotexture normal. No calcification seen. Volume - 12 cc.
- Others** Aorta and IVC are normal. No lymphadenopathy. No ascitis.
- Impression** * **NORMAL STUDY**


DR RAKMAN

Consultant Radiologist



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MEDICAL CHECK UP FORM

Physical Examination :

Height (Cms): 180 Weight (KG) 78
Body Mass Index (BMI) : 21.6
Pulse Rate : 86 /Min Regular / Abnormal
B P : 120/80
Skin : normal
Nails : normal
Oral Hygienic : normal
Complaints if any : no any complaints

Personal History

Smoking : Yes / No ✓
Alcoholism : Yes / NO ✓
Diabetes : Yes / No ✓
Hypertension : Yes / No ✓
Allergy : Yes / No ✓

Family History :

Uncle metel T₂ DM + HTN

Systemic Examination - Abnormality - If Yes Please explain)

* CVS Soft Yes / No ✓
* CNS - NAD Yes / No ✓
* GI Tract - NAD Yes / No ✓
* Abdomen Soft Yes / No ✓
Respiratory Tract - Yes / No ✓

Investigations : (N = Normal; R - See Report)

* Complete Blood Picture & ESR - (N) ✓
* Blood Grouping and RH(D) Typing - N/A ✓
* Fasting Blood Sugar - (N) ✓
* S.G.P.T - (N) ✓

* Serum Creatinine - (N) ✓
* Complete Urine Examination - (N) ✓
* X-Ray Chest PA View - Adv Hler ✓
* Audiometry - N/A ✓
* Color Vision - (N) ✓

Diagnosis (if any)

Recommendations / Impression :

- a) Candidate is fit for the employment
- b) Candidate is unfit for the employment
- c) For discussion with H R D

PHYSICIAN SIGNATURE & STAMP

Dr. Ch. Kiran
MD (Gen. Med)
Regd. No: 4716



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VISUAL ACUITY

Right Eye

Left Eye

Distant Vision
Without Glasses

With Glasses

Near Vision
Without Glasses

With Glasses

Colour Vision
Opinion / Advise

Optician





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X-RAY CHEST PA VIEW

- Patchy opacification noted in theright lower zone.
- Hilar regions are nomal.
- Both C P angles are free.
- Domes of diaphragms are normal.
- Bony cage is normal
- Cardio thoracic ratio is normal.

Adv - HRCT


DR ABDUR
Consultant Radiologist



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Investigation

Result

Normal Ranges

HAEMOGRAM

Investigation

Result

Normal Range

Haemoglobin	14.7 gm%	Male : 14.0 - 18.0 gm % Female : 11.5 - 16.0 gm % Children : 12 - 14 gm%
R B C mil/cmm	4.9 mil/cmm	Male : 4.5 - 6.5 mil/cmm Female : 4.0 - 5.5 mil/cmm
Packed Cell volume (PCV)	44 %	Male : 40 - 54 % Female : 36 - 49 %
MCV	80 Cubic microns	76 - 96 Cubic microns
MCH	27 Picograms	27- 32 Picograms
MCHC	34 gm%	30 - 36 gm%
WBC (Total)	5,600 cells/cmm	4,000 - 11,000 cells/cmm

DIFFERENTIAL COUNT

Neutrophils (Polymorphs)	60 %	Adults : 40 - 75 % Children : 36- 50 %
Lymphocytes	32 %	Adults : 20 - 40 % Children : 36- 50 %
Eosinophils	04 %	1 - 6 %
Monocytes	04 %	2 - 10 %
Basophils	00 %	00 - 01 %
Platelet count	1,67,000 cells/cmm	1,50,000 - 4,00,000 cells/cmm
ESR 1st Hour	06 mm/hour	Male : 0 - 10 mm / hour Female : 0 - 14 mm / hour
Reticulocyte count	0.8 %	0.5 - 1.0 %

PERIPHERAL SMEAR EXAMINATION

RBC's Morphology	Normocytic / Normochromic
WBC	With in normal limits
Plateletes	Adequate
Abnormal Cells	Nil

Lab Incharge

Method : Automated Cellcounter&Microscopy

Dr K Mahesh Kumar MD
Consultant Pathologist

* End of Report *

Verified By

Dr Rajani Gutlia
Chief Biochemist



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Investigation

Result

Normal Ranges

Fasting Plasma Glucose *	70 mg/dl	70 - 110 mg/dl
Blood Sugar		
Method GOD-POD		
Post Prandial Glucose *	116 mg/dl	70 - 160 mg/dl
(Blood Sugar)		
Method GOD-POD		

* End of Report *


Dr K. Mahesh Kumar MD
Consultant Pathologist


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Normal Ranges


Blood Urea * 21 mg/dl 10 - 50 mg/dl
Method GLDH

Blood Urea Nitrogen * 9.8 mg/dl 6 - 25.5 mg/dl
Calculated

Serum Creatinine * 0.7 mg/dl
Method Enzymatic
Male : 0.7 - 1.3 mg/dl
Female : 0.6 - 1.1 mg/dl
New Born 1 - 4 days : 0.3 - 1.0 mg/dl
Infant (upto 1year) : 0.2 - 0.4 mg/dl
Children : 0.3 - 0.7 mg/dl

Serum Uric Acid * 5.1 mg/dl
Method:Uricase POD
Male : 3.5 - 7.2 mg/dl
Female : 2.6 - 6.0 mg/dl

* End of Report *


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Investigation

Result

Normal Ranges

Liver Function Tests

Total Bilirubin (Method: Walter &Gerarde)	: 0.61 mg/dl	0.3 - 1.2 mg/dl
Direct Bilirubin (Conjugated) (Method: Walter &Gerarde)	: 0.1 mg/dl	0.0 - 0.2 mg/dl
Indirect Bilirubin (Unconjugated)	: 0.51 mg/dl	
Alkaline Phosphatase (Method: GSCC)	: 90 U/L	Male : 53 - 128 U/L Female : 42 - 98 U/L Children : 54 - 369 U/L
S G P T (Method: IFCC)	: 106 IU/L	UP TO 55 IU/L
S G O T (Method: IFCC)	: 50 IU/L	UP TO 55 IU/L
Total Proteins (Method: Biuret)	: 7.2 gm/dl	6.0 - 8.3 gm/dl
Albumin (Method: BCG)	: 4 gm/dl	3.5 - 5.2 gm/dl
Globulin (Method: Calculated)	: 3.2 gm/dl	
A/G Ratio	1.25	
Gamma GT IFCC Method	21 U/L	Male : 10 - 50 U/L Female : 7 - 35 U/L

Lab Incharge

* End of Report *


Dr K Mahesh Kumar MD
Consultant Pathologist


Verified By

Dr Rajani Gutha
Chief Biochemist



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Investigation

Result

Normal Ranges

% HbA1c (Glycosylated Haemoglobin)
 (Method: HPLC-NGSP Certified)

5.0 %

< 6.0 : Pre Diabetic
 6-7 : Good Control
 7-8 : Weak Control
 > 8.0 : Poor Control

Intpretation :

HbA1c is an indicator of glycemic control. HbA1c represents average glycemia over the past six to eight weeks. Glycation of hemoglobin occurs over the entire 120 day life span of the red blood cell, but within this 120 days. Recent glycemia has the largest influence on the HbA1c value. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four.

Mean Plasma Glucose mg/dl = (HbA1c x 35.6) - 77.3)

Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only .81 (1.0 would be a straight line, which has "perfect" correlation...) This means that to predict or estimate average glucose from Hb-A1c or vice-versa is not "perfect" but gives a good working ballpark estimate. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime glucose levels, which are easier to predict and control.

*** End of Report ***


 Dr K Mahesh Kumar MD
 Consultant Pathologist


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<u>Investigation</u>	<u>Result</u>	<u>Normal Ranges</u>
Trilodothyronine Total (TT3)	: 1.28 ng/mL	0.60 - 1.81 ng/mL
Thyroxine - Total (TT4)	: 11.4 mg/dL	4.87 - 11.72 mg/dL
Thyroid Stimulating Hormone(TSH)	: 1.85 μ IU/ml	0.35 - 4.90 μ IU/ml
Method: C.L.I.A		

Interpretation

Primary malfunction of the thyroid gland may result in excessive (hyper) or below normal (hypo) release of T3 or T4. In addition, as thyroid function is directly affected by TSH. Diagnostically, T3 concentration is more sensitive to certain thyroid conditions than T4. While T4 levels are a sensitive (and superior) indicator of hypothyroidism, T3 blood levels better define hyperthyroidism. Because T3 concentration in serum changes faster and more markedly than T4, the T3 level is also an excellent indicator of the ability of the thyroid to respond to both stimulatory and suppressive tests. Under conditions of strong thyroid stimulation, the T3 level offers a good. It is especially useful in the differential diagnosis of primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

* End of Report *


Dr K. Mahesh Kumar MD
Consultant Pathologist


Verified By

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Investigation

Result

Complete Urine Examination

Investigation

Result

PHYSICAL EXAMINATION

Colour : Pale Yellow
 Apperance : Clear
 Reaction : Acidic
 Specific Gravity : 1.025

CHEMICAL EXAMINATION

Albumin : Nil
 Glucose : Nil

MICROSCOPIC EXAMINATION

Pus Cells : 2 - 3 /HPF
 Epithelial Cells : 1 - 2 /HPF
 RBC : Nil /HPF
 Crystals : Nil
 Casts : Nil
 Bacteria : Nil
 Others : Nil

End of report

Dr K Mahesh Kumar, MD
 Consultant Pathologist

Verified by

Dr Rajani Gutha
 Chief Biochemist

ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Summary

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA 28 Yrs/Male 78 Kg/180 Cms

Ref: 08-May-2021 02:26:22 PM

Medication : BANK OF BARODA

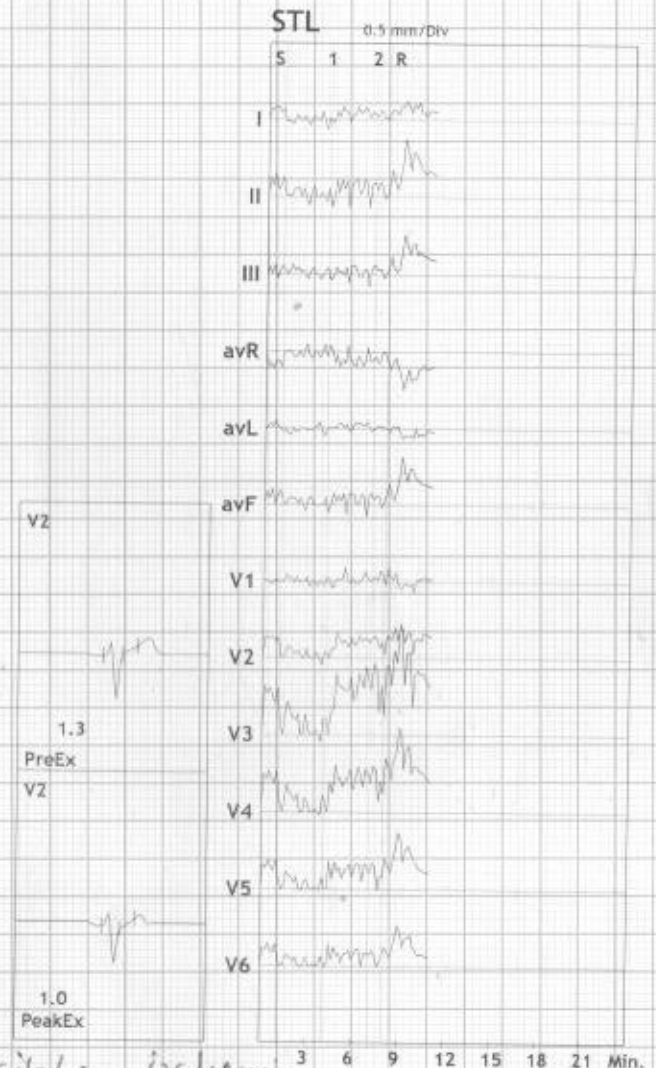
Objective :

Protocol : BRUCE

History :



Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	114	120/80	136	-	
Standing					1.0	120	120/80	144	-	
HV					1.0	101	120/80	121	-	
ExStart					1.0	195	120/80	234	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	192	130/90	249	-	
Stage 2	3:00	6:01	2.5	12.0	7.1	170	130/90	221	-	
PeakEx	0:52	6:53	3.4	14.0	8.0	187	130/90	243	-	
Recovery	1:00		0.0	0.0	1.2	154	130/90	200	-	
Recovery	2:00		0.0	0.0	1.0	142	120/80	170	-	
Recovery	3:00		0.0	0.0	1.0	128	120/80	153	-	
Recovery	3:02		0.0	0.0	1.0	120	120/80	144	-	



Findings :

- Exercise Time : 6:53 minutes
- Max HR attained : 195 bpm 102% of Max Predictable HR 192
- Max BP : 130/90(mmHg)
- WorkLoad attained : 8 (Fair Effort Tolerance)
- No significant ST segment changes noted during exercise or recovery.
- No Angina/Arrhythmia/S3/murmur
- Final Impression : Test is negative for inducible ischaemia.
- Maxmum Depression: 2:46

TMT is Negative for inducible ischaemia

Advice/Comments:

Dr. V. HARIRAM
MD, DM (CARD)
HARI'S HEART CLINIC
1st Floor, Mig: 321, 4th Road, KPHB,
Hyderabad-72. Ph: 9866253911.

ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

HR: 116 bpm

METS: 1.0

BP: 120/80

MPHR: 60% of 192

Speed: 1.1 mph

Grade: 0.0%

BRUCE

(1.0-100)Hz

Ex Time 00:52

BLC :On

Notch :On

SUPINE

10.0 mm/mV

25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

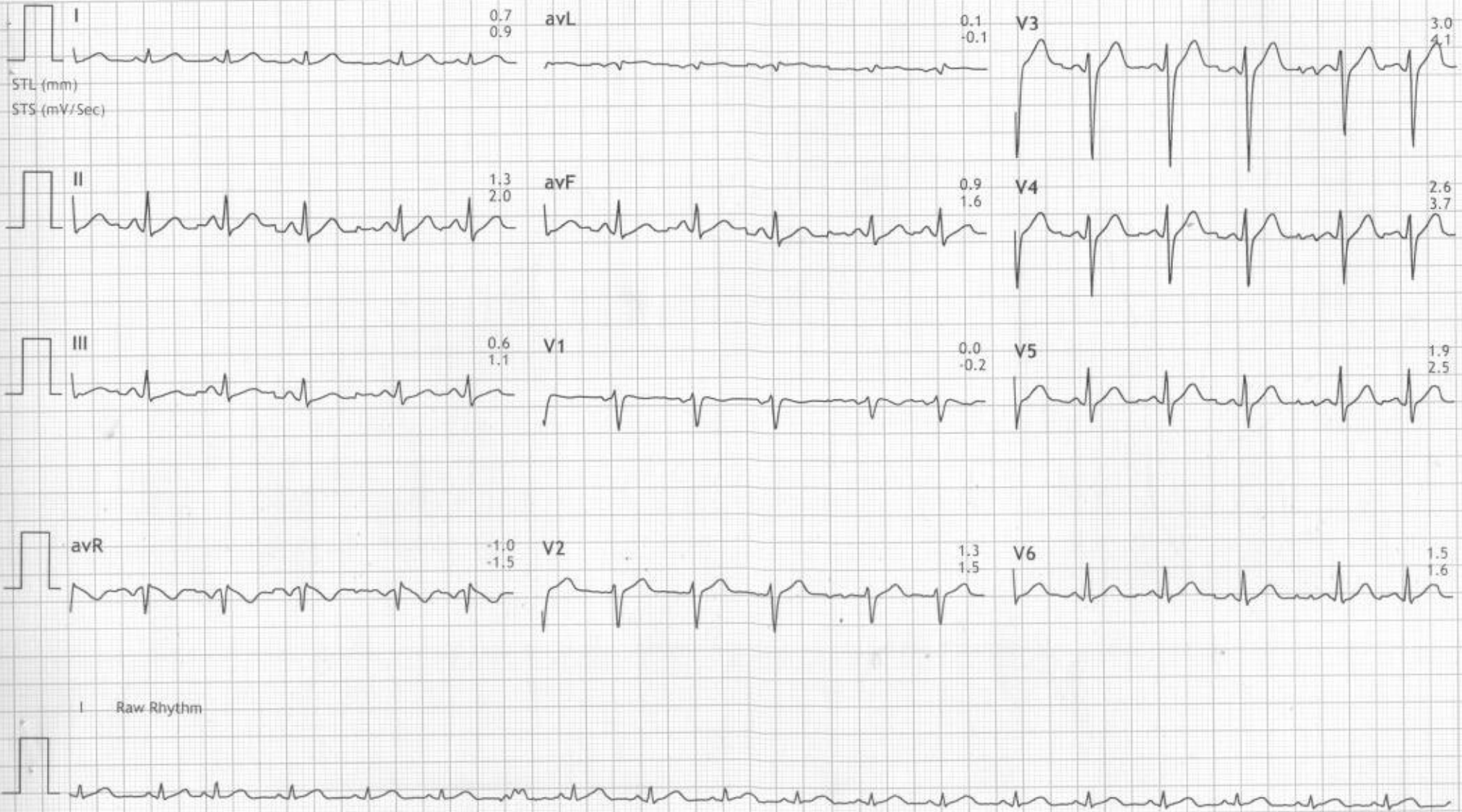
HR: 105 bpm
METS: 1.0
BP: 120/80

MPHR: 54% of 192
Speed: 1.1 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 00:58
BLC :On
Notch :On

STANDING
10.0 mm/mV
25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

HR: 142 bpm

METS: 1.0

BP: 120/80

MpHR: 73% of 192

Speed: 1.1 mph

Grade: 0.0%

BRUCE

(1.0-100)Hz

Ex Time 01:00

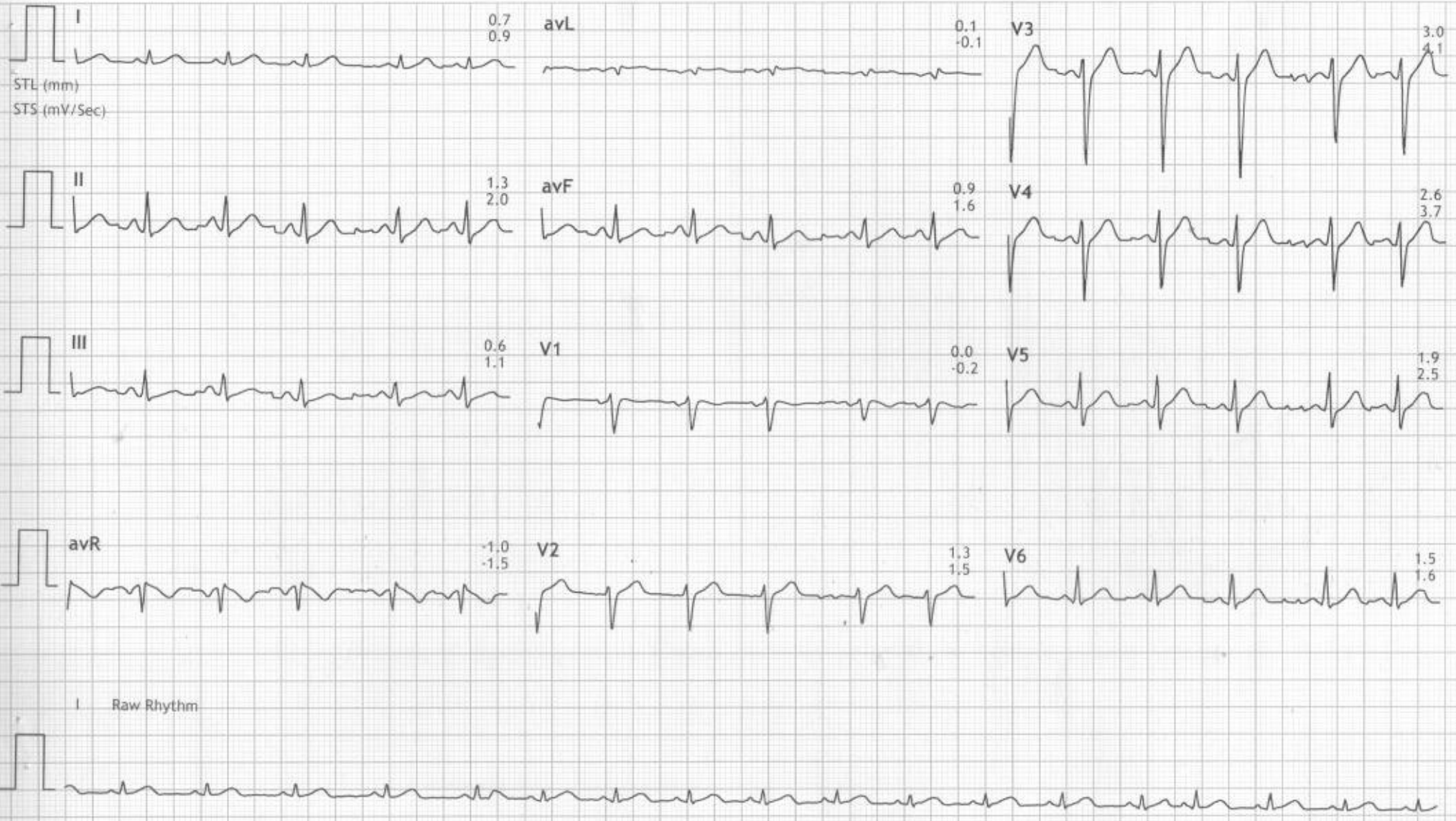
BLC :On

Notch :On

HV

10.0 mm/mV

25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD
2262/MR SIDDHARTHA
28 Yrs/Male
78 Kg/180 Cms
Date: 08-May-2021 02:26:22 PM

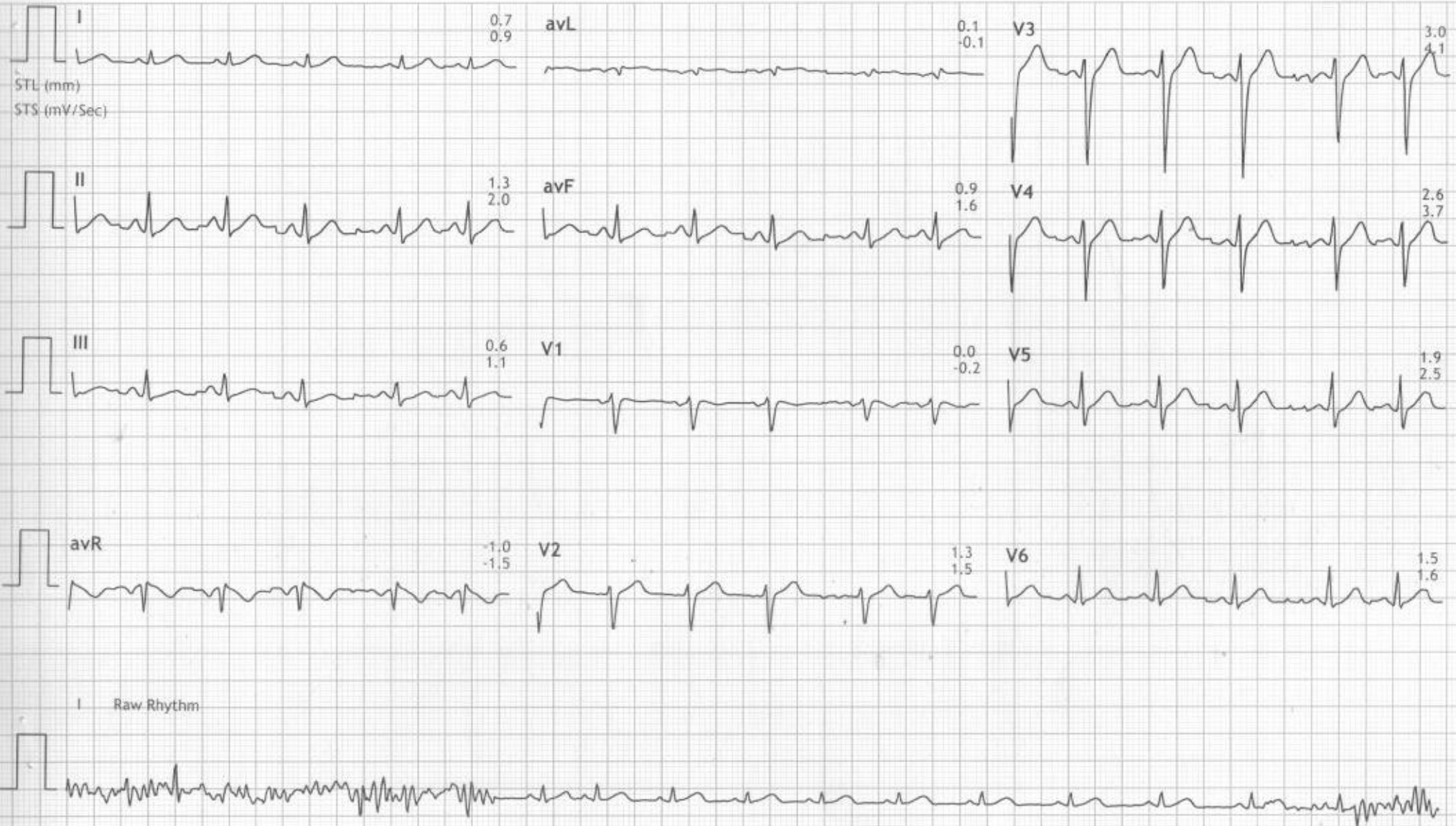
HR: 195 bpm
METS: 1.0
BP: 120/80

MPHR: 101% of 192
Speed: 1.1 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 00:00
BLC :On
Notch :On

ExStrt
10.0 mm/mV
25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

HR: 192 bpm

METS: 4.7

BP: 130/90

MPHR: 100% of 192

Speed: 1.7 mph

Grade: 10.0%

BRUCE

(1.0-100)Hz

Ex Time 03:00

BLC :On

Notch :On

Stage 1 (03:00)

10.0 mm/mV

25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

HR: 170 bpm

METS: 7.1

BP: 130/90

MPHR: 88% of 192

Speed: 2.5 mph

Grade: 12.0%

BRUCE

(1.0-100)Hz

Ex Time 06:00

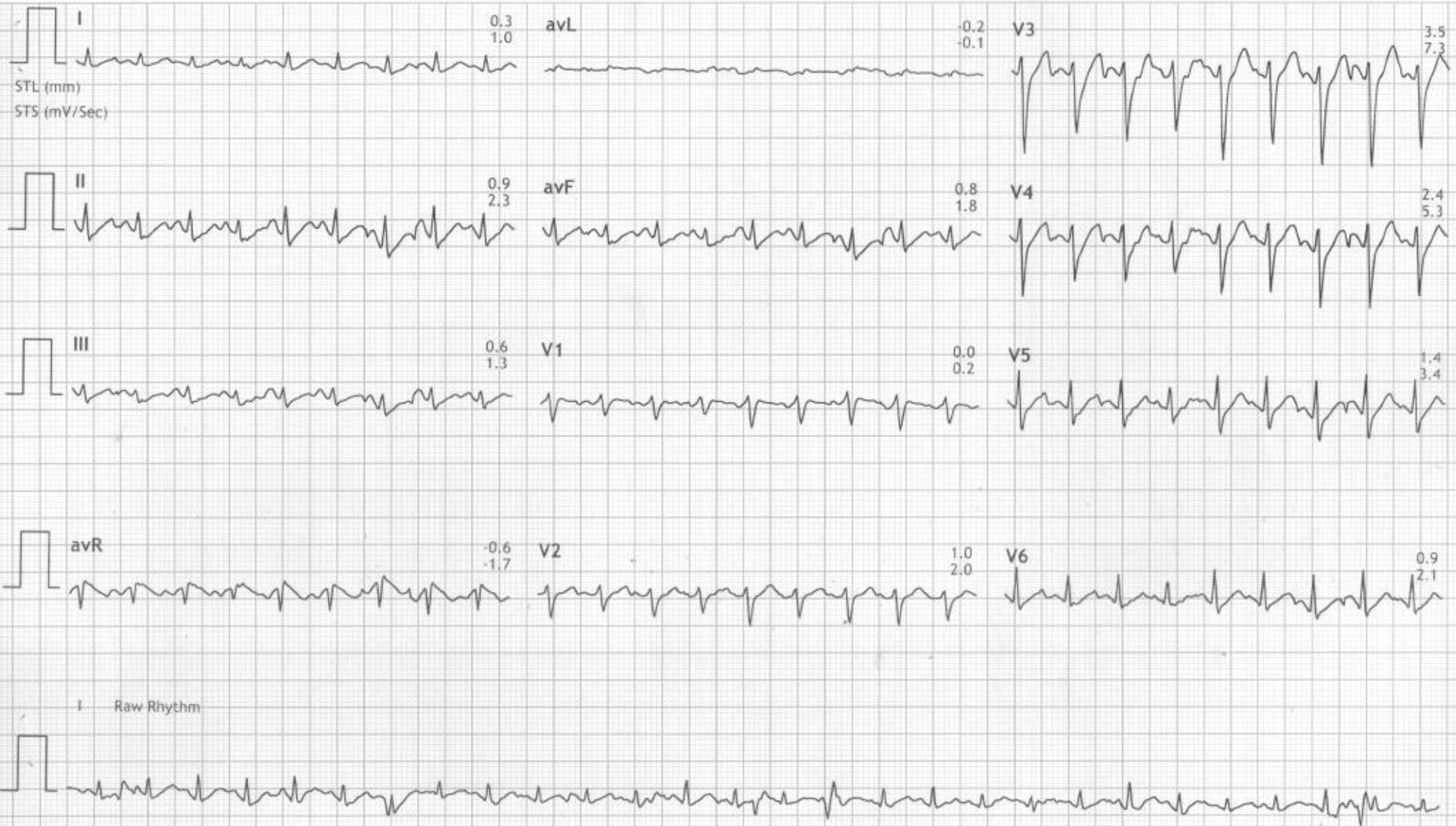
BLC :On

Notch :On

Stage 2 (03:00)

10.0 mm/mV

25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

HR: 187 bpm

METS: 8.0

BP: 130/90

MPHR: 97% of 192

Speed: 3.4 mph

Grade: 14.0%

BRUCE

(1.0-100)Hz

Ex Time 06:52

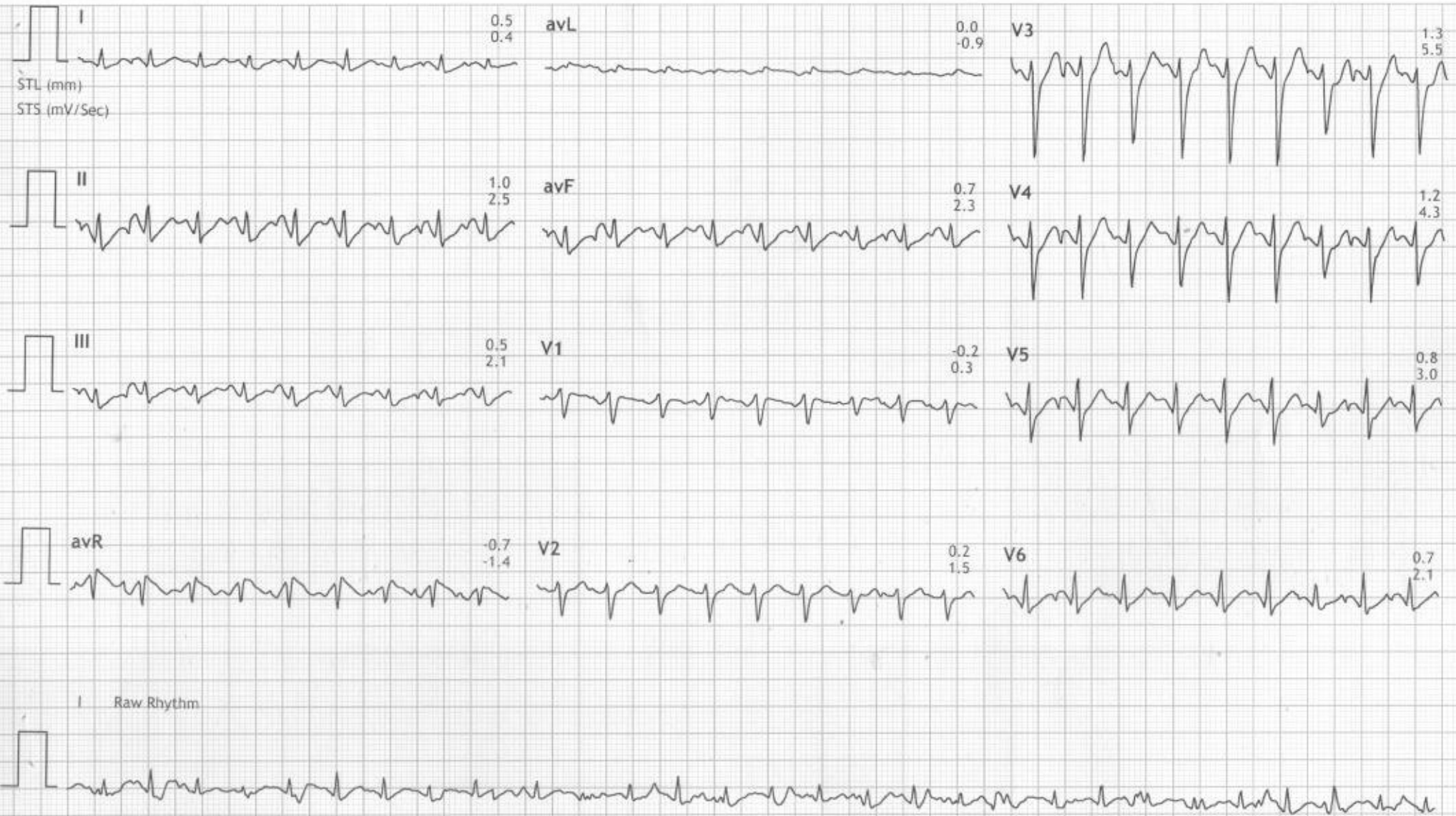
BLC :On

Notch :On

PeakEx

10.0 mm/mV

25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

HR: 154 bpm

METS: 1.1

BP: 130/90

MpHR: 80% of 192

Speed: 0.0 mph

Grade: 0.0%

BRUCE

(1.0-100)Hz

Ex Time 06:52

BLC : On

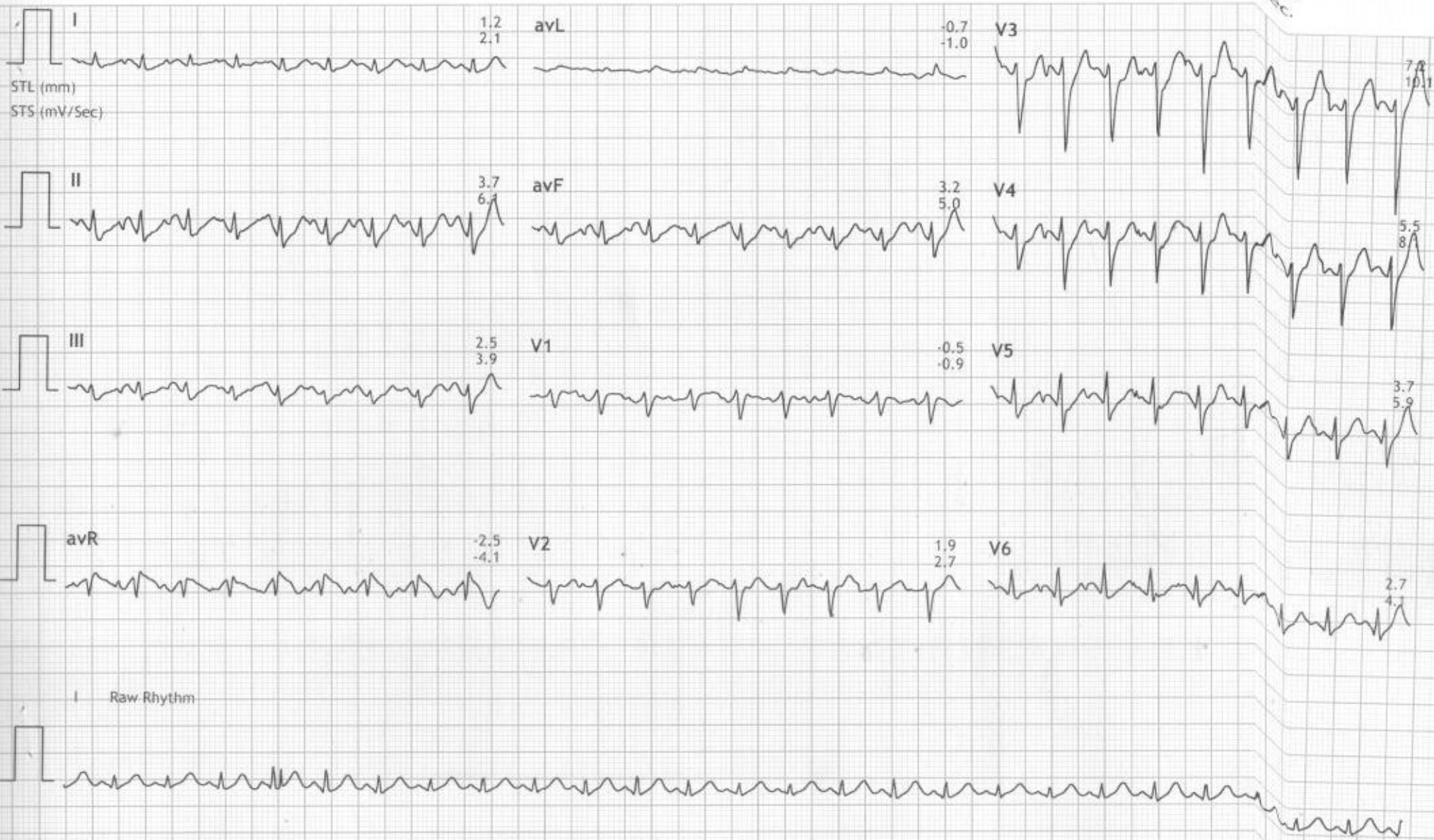
Notch : On

Recovery :

10.0 mm/mV

25 mm/Sec

(00:59)



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

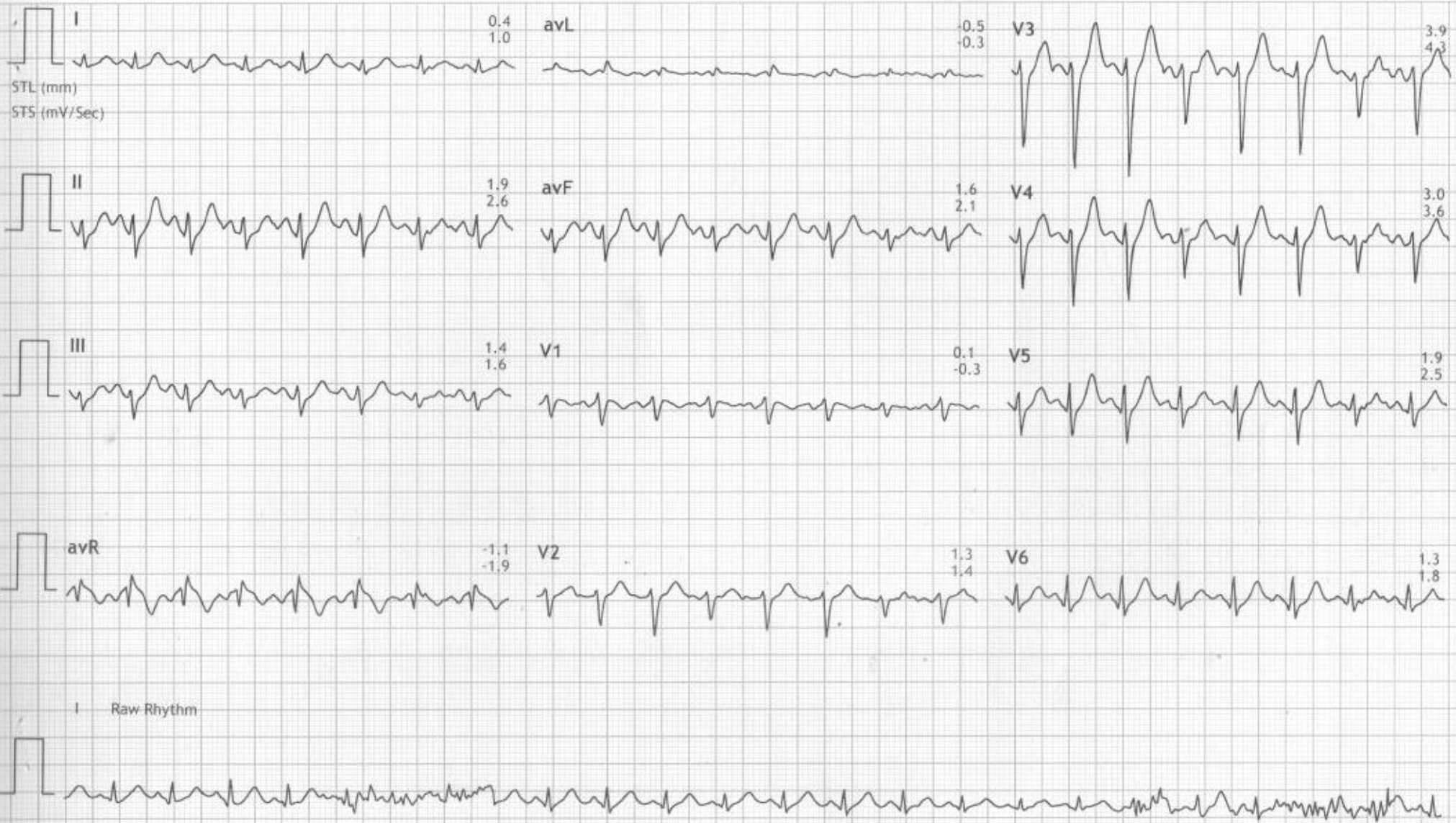
HR: 142 bpm
METS: 1.0
BP: 120/80

MPHR: 73% of 192
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 06:52
BLC :On
Notch :On

Recovery : (01:59)
10.0 mm/mV
25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

Linked Medians Report

ROAD NO 4, KPHB COLONY, HYD

2262/MR SIDDHARTHA

28 Yrs/Male

78 Kg/180 Cms

Date: 08-May-2021 02:26:22 PM

HR: 128 bpm

METS: 1.0

BP: 120/80

MPHR: 66% of 192

Speed: 0.0 mph

Grade: 0.0%

BRUCE

(1.0-100)Hz

Ex Time 06:52

BLC :On

Notch :On

Recovery : (02:59)

10.0 mm/mV

25 mm/Sec.

