

Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

**KIMS-KINGSWAY
HOSPITALS**

Name : Mr. Ashish Karambhe Date : 13/7/24
Age : 39 Sex : M/F Weight : 87.6 kg Height : 160.9 inc BMI : 33.98
BP : 123/78 mmHg Pulse : 66/m bpm RBS : _____ mg/dl
SpO2: 97%

- 39/m
- obese
- FMH - HT, DM - Both parents
- No addictions
- prediabetes
(HbA1c - 5.7)
- LDL-1SD
- Fatty liver
- Cholelithiasis.

Adv.
Diet control
Exercise
weight loss

PMBS
Urine $\left\{ \begin{array}{l} R \\ m \end{array} \right\}$ / 1W.

O/E
JVP°
C
W
PIA / N.

T. Azox 10 x _____
(90) A/D

R/A 3mths E FBS
PMBS
HbA1c
FLP

Cap Cys-D 1 if needed.

DR. VIMMI GOEL
MBBS, MD
Head - Non Invasive Cardiology
Reg. No.: 2014/01/0113

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

ASHISH KARAMBHE 39Y(S) 0M(S) 0D(S)/M MRNP2425012499 9766332104	CONSULT DATE : 13-07-2024 CONSULT ID : OPC2425041145 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
--	---	---

VITALS

Temp : **Pulse :** **BP (mmHg) :** **spO2 :** **Pain Score :** **Height :**
-- °F -- /min -- %RA -- /10 -- cms

Weight : **BMI :**
-- kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	EYEMIST EYE DROPS 10ML	Eye	1-1-1-1	Every Day	After Food	2 months
Instructions : --						
Composition : HYDROXYPROPYL METHYLCELLULOSE 0.3% W/W+OXYCHLORO COMPLEX 0.005% W/V 10ML						


NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6

NEAR ADDITION

RIGHT EYE		00	N6
LEFT EYE		00	N6


Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :13-07-2024 11:56:41

REMARK- BLUE CUT GLASSES FOR COMPUTER WORK

Name: Mr. Ashish Karambhe Date: 13/07/24.

Age: 39 yrs. Sex: M / F Weight: _____ kg Height: _____ inc BMI: _____

Blood Pressure: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Reason: routine dental checkup -

Findings: Multiple crowns.

Observation: ̄ lower anterior teeth

Stains +

Calculus +

Advice: Full mouth Rehab - lower arch.

Complete oral prophylaxis.

Dr Megha.



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ASHISH KARAMBHE **Age /Gender** : 39 Y(s)/Male
Bill No/ UMR No : BIL2425028954/MRNP2425012499 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jul-24 09:19 am **Report Date** : 13-Jul-24 12:41 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	13.6	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		40.7	40.0 - 50.0 %	Calculated
RBC Count		4.96	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		82	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.3	31.5 - 35.0 g/l	Calculated
RDW		15.3	11.5 - 14.0 %	Calculated
Platelet count		268	150 - 450 10^3 /cumm	Impedance
WBC Count		7400	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	61.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	31.3	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	3.6	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	3.7	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.4	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	4514	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2316.2	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		266.4	20 - 500 /cumm	Calculated
Absolute Monocyte Count		273.8	200 - 1000 /cumm	Calculated
Absolute Basophil Count		29.6	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				Light microscopy
RBC		Normochromic Normocytic, Anisocytosis +(Few)		
WBC		As above		
Platelets		Adequate		
ESR		04	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ASHISH KARAMBHE **Age / Gender** : 39 Y(s)/Male
Bill No/ UMR No : BIL2425028954/MRNP2425012499 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jul-24 09:18 am **Report Date** : 13-Jul-24 11:30 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	88	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)				
HbA1c		5.7	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Jaiswal

Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST

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CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ASHISH KARAMBHE
Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425028954/MRNP2425012499
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Report Date : 13-Jul-24 11:30 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	204 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		134 < 150 mg/dl	
HDL Cholesterol Direct		45 > 40 mg/dl	
LDL Cholesterol Direct		150.08 < 100 mg/dl	
VLDL Cholesterol		27 < 30 mg/dl	
Tot Chol/HDL Ratio		4 3 - 5	

Intiate therapeutic

	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent		
Multiple major risk factors conferring 10 yrs CHD risk >20%	>100 >130, optional at 100-129	<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130 10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160 10 yrs risk <10% >160 >190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ASHISH KARAMBHE **Age /Gender** : 39 Y(s)/Male
Bill No/ UMR No : BIL2425028954/MRNP2425012499 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jul-24 09:19 am **Report Date** : 13-Jul-24 11:30 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.75	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.36	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.39	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		55	38 - 126 U/L	
SGPT/ALT		24	10 - 40 U/L	
SGOT/AST		21	15 - 40 U/L	
Serum Total Protein		7.39	6.3 - 8.2 gm/dl	
Albumin Serum		4.49	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.90	2.0 - 4.0 gm/dl	
A/G Ratio		1.55		

*** End Of Report ***

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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ASHISH KARAMBHE **Age /Gender** : 39 Y(s)/Male
Bill No/ UMR No : BIL2425028954/MRNP2425012499 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jul-24 09:19 am **Report Date** : 13-Jul-24 11:30 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	15	19.0 - 43.0 mg/dl	
Creatinine		1.09	0.66 - 1.25 mg/dl	
GFR		88.5	>90 mL/min/1.73m square.	
Sodium		142	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.59	3.5 - 5.1 mmol/L	

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

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Bill No/ UMR No : BIL2425028954/MRNP2425012499 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jul-24 09:19 am **Report Date** : 13-Jul-24 11:30 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.37	0.55 - 1.70 ng/ml	
Free T4		1.20	0.80 - 1.70 ng/dl	
TSH		2.67	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ASHISH KARAMBHE	Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425028954/MRNP2425012499	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jul-24 10:24 am	Report Date : 13-Jul-24 11:03 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
PHYSICAL EXAMINATION			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
CHEMICAL EXAMINATION			
Reaction (pH)		6.0	4.6 - 8.0
Specific gravity		1.010	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Normal	Normal
Urobilinogen			
MICROSCOPIC EXAMINATION			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ASHISH KARAMBHE	Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425028954/MRNP2425012499	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jul-24 10:24 am	Report Date : 13-Jul-24 11:03 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100998

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. ASHISH KARAMBHE	Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425028954/MRNP2425012499	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Jul-24 09:19 am	Report Date : 13-Jul-24 12:47 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Negative "(-Ve)	
Note		Advised: Du Test to rule out 'weak Rh D positive' status of Blood Group. *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	ASHISH KARAMBHE	STUDY DATE	13-07-2024 10:02:09
AGE/SEX	39Y 1D / M	HOSPITAL NO.	MRNP2425012499
ACCESSION NO.	BIL2425028954-9	MODALITY	DX
REPORTED ON	13-07-2024 10:38	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MR. ASHISH KARAMBHE	AGE /SEX:	39 Y /MALE
UMR NO:	2425012499	BILL NO:	2425028954
REF BY	DR. VIMMI GOEL	DATE:	13/7/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows mild increase in echotexture.
 No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
 PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. Multiple echogenic shadows noted in the lumen of gallbladder suggestive of calculi.
 Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
 No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

IMPRESSION:

Mild hepatic fatty infiltration.

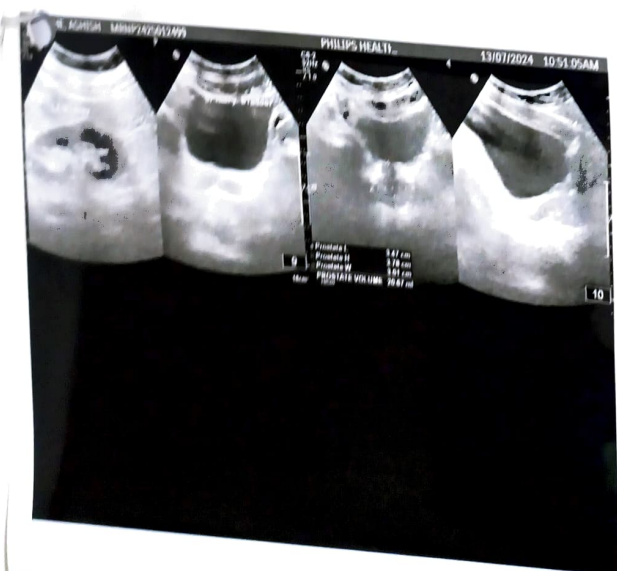
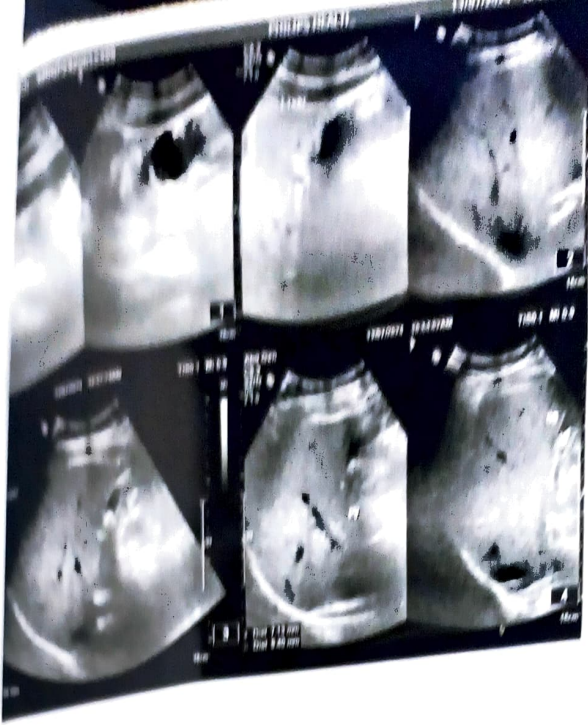
Cholelithiasis.

No other significant abnormality seen.

Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
 SENIOR CONSULTANT
 MD RADIO DIAGNOSIS [MMC-55870]



2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mr. Ashish Karambhe
 Age : 39 years / Male
 UMR : MRNP2425012497
 Date : 13/07/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL
 Blood pressure: 123/78 mm Hg (Right arm, Supine position)
 BSA : 1.91 m²

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 2.0
E/E' is 8.6 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 130 cm/s, A Velocity is 62 cm/s. E/A is 2.0. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 15.1 cm/sec & at lateral mitral annulus is 15.0 cm/sec. E/E' is 8.6 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	37
Aortic root	20-37	7-28	29
LVIDd	35-55	8-47	40
LVIDs	23-39	6-28	29
IVS (d)	6-11	4-8	10
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

Two Dimensional Echocardiography

Mitral Valve: AML: Normal in thickness
PML: Normal and moving well
MVA by Planimetry is normal

Aortic Valve:
Leaflets: Normal in thickness Systolic doming - Nil
Cusps: Three Closure: Central

LVOT: Normal RVOT/ Plum. Artery: Not dilated

Pulmonary Valve: Normal

Tricuspid Valve: Normal

IAS: Intact IVS: Intact

LV: Good LV systolic function
LVEF= 70%
RV: Normal in size.

Pericardium: Normal

No clots/ vegetation. No pericardial effusion

Situs: Solitus

Mitral Aortic continuity: Maintained

No e/o coarctation

Pulmonary veins: Normal drainage

DOPPLER DATA

	REGURGITATION	GRADIENT
MITRAL VALVE	Nil	NOT SIGNIFICANT
TRICUSPID VALVE	Nil	NOT SIGNIFICANT
PULMONARY VALVE	Nil	NOT SIGNIFICANT
AORTIC VALVE	Nil	NOT SIGNIFICANT

39 Years

MR ASHISH KARAMBHE
Male

13-Jul-24 9:20:35 AM

KIMS-KINGSWAY HOSPITALS

PBC DEPT.

Rate 68 Sinus rhythm.....normal P axis, V-rate 50-99

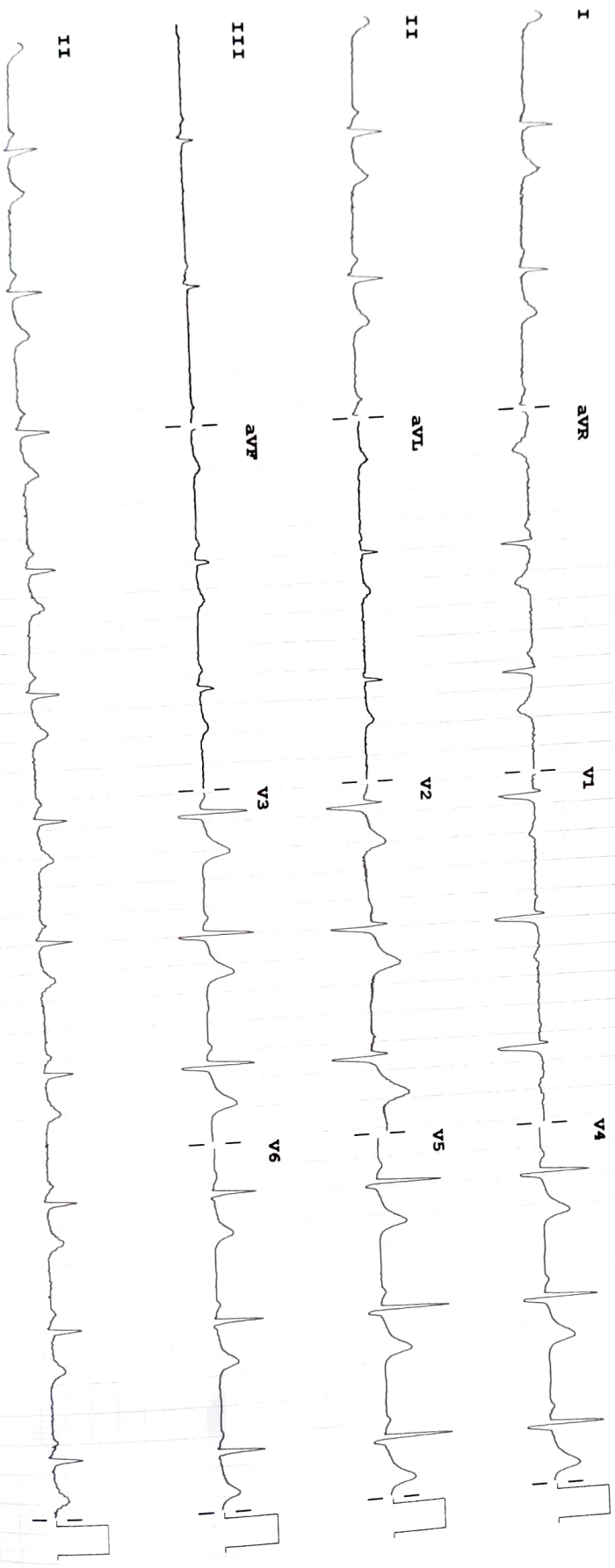
PR 132
QRSD 92
QT 413
QTc 440

--AXIS--
P 55
QRS 36
T 28

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



10 mm/mV Chest: 10.0 mm/mV

P 50-0.50-150 Hz W 100ms CL

P2