



CLIENT CODE: C000138364 CLIENT'S NAME AND ADDRESS:

ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI

NEW DELHI 110030 DELHI INDIA 8800465156

SRL LTD

GRAND MALL, OPPOSITE SBI ZONAL OFFICE, SM ROAD, AMBAWADI,

AHMEDABAD, 380015 GUJRAT, INDÍA

Tel: 079-48912999,079-48913999,079-48914999

Email: customercare.ahmedabad@srl.in

PATIENT NAME: DHANESH N. M PATIENT ID: DHANM060392321

AGE: 30 Years ACCESSION NO: 0321VI002079 SEX: Male ABHA NO:

DRAWN: 24/09/2022 00:00:00 RECEIVED: 24/09/2022 09:18:43 27/09/2022 18:12:08 REPORTED:

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL) CLIENT PATIENT ID:

Test Report Status <u>Final</u>	Results		Biological Reference	Interval Units
MEDI WHEEL FULL BODY HEALTH CHECK U	IP BELOW 40 MALE			
BLOOD COUNTS,EDTA WHOLE BLOOD				
HEMOGLOBIN	16.0		13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.39		4.5 - 5.5	mil/µL
WHITE BLOOD CELL COUNT	6.48		4.0 - 10.0	thou/µL
PLATELET COUNT	187		150 - 410	thou/µL
RBC AND PLATELET INDICES				
HEMATOCRIT	45.8		40.0 - 50.0	%
MEAN CORPUSCULAR VOL	85.0		83.0 - 101.0	fL
MEAN CORPUSCULAR HGB.	29.6		27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.9	High	31.5 - 34.5	g/dL
MENTZER INDEX	15.8			
RED CELL DISTRIBUTION WIDTH	15.5	High	11.6 - 14.0	%
MEAN PLATELET VOLUME	8.4		6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT - NLR				
SEGMENTED NEUTROPHILS	59		40 - 80	%
ABSOLUTE NEUTROPHIL COUNT	3.82		2.0 - 7.0	thou/μL
LYMPHOCYTES	31		20 - 40	%
ABSOLUTE LYMPHOCYTE COUNT	2.01		1.0 - 3.0	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.9			
EOSINOPHILS	2		1.0 - 6.0	%
ABSOLUTE EOSINOPHIL COUNT	0.13		0.02 - 0.50	thou/µL
MONOCYTES	7		2.0 - 10.0	%
ABSOLUTE MONOCYTE COUNT	0.45		0.2 - 1.0	thou/µL
BASOPHILS	1		0 - 1	%
ABSOLUTE BASOPHIL COUNT	0.06		0.02 - 0.10	thou/µL
DIFFERENTIAL COUNT PERFORMED ON:	EDTA SMEAR			
MORPHOLOGY				

MORPHOLOGY

RBC NORMOCYTIC NORMOCHROMIC

WBC NORMAL MORPHOLOGY

PLATELETS ADEQUATE

REMARKS NO PREMATURE CELLS ARE SEEN. MALARIAL PARASITES ARE NOT

DETECTED.







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DHANM060392321

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> 27/09/2022 18:12:08 REPORTED:

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CLIENT PATIENT ID:

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	_			
ERYTHRO SEDIMENTATION RATE, BLOO				
SEDIMENTATION RATE (ESR)	04		0 - 14	mm at 1 hr
GLUCOSE, FASTING, PLASMA				
GLUCOSE, FASTING, PLASMA	102	High	74 - 99	mg/dL
GLYCOSYLATED HEMOGLOBIN, EDTA WI	HOLE BLOOD			
GLYCOSYLATED HEMOGLOBIN (HBA1C)	4.2		Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
MEAN PLASMA GLUCOSE	73.8		< 116.0	mg/dL
GLUCOSE, POST-PRANDIAL, PLASMA				
GLUCOSE, POST-PRANDIAL, PLASMA	95		70 - 140	mg/dL
CORONARY RISK PROFILE, SERUM				
CHOLESTEROL	109		Desirable: < 200 BorderlineHigh: 200 - 239 High: > or = 240	mg/dL
TRIGLYCERIDES	121		Desirable: < 150 BorderlineHigh: 150 - 199 High: 200 - 499 Very High: > or = 500	mg/dL
HDL CHOLESTEROL	35	Low	< 40 Low > or = 60 High	mg/dL
CHOLESTEROL LDL	50		Adult levels: Optimal < 100	mg/dL
			Near optimal/above optimal: 129 Borderline high: 130-159 High: 160-189 Very high: = 190	100-
NON HDL CHOLESTEROL	74		Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
CHOL/HDL RATIO	3.1			
LDL/HDL RATIO	1.4		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate >6.0 High Risk	e Risk
VERY LOW DENSITY LIPOPROTEIN	24.2			mg/dL
LIVER FUNCTION PROFILE SERUM				

LIVER FUNCTION PROFILE, SERUM









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DI IDUDIN TOTAL	4 74			/ 11
BILIRUBIN, TOTAL	1.71		Upto 1.2	mg/dL
BILIRUBIN, DIRECT	0.59		Upto 0.2	mg/dL
BILIRUBIN, INDIRECT	1.12	nign	0.00 - 1.00	mg/dL
TOTAL PROTEIN	7.7		6.4 - 8.3	g/dL
ALBUMIN	5.6	High	3.5 - 5.2	g/dL
GLOBULIN	2.1		2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	2.7	High	1.0 - 2.0	RAПО
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	16		0 - 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	31		0 - 41	U/L
ALKALINE PHOSPHATASE	75		40 - 129	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	33		8 - 61	U/L
LACTATE DEHYDROGENASE	216		135 - 225	U/L
SERUM BLOOD UREA NITROGEN				
BLOOD UREA NITROGEN	10		6 - 20	mg/dL
CREATININE, SERUM				
CREATININE	0.74		0.70 - 1.30	mg/dL
BUN/CREAT RATIO				
BUN/CREAT RATIO	13.51		5.0 - 15.0	
URIC ACID, SERUM				
URIC ACID	9.4	High	3.4 - 7.0	mg/dL
ELECTROLYTES (NA/K/CL), SERUM				
SODIUM	143.4		136- 145	mmol/L
POTASSIUM	4.05		3.50- 5.10	mmol/L
CHLORIDE	99.3		98 - 107	mmol/L
PHYSICAL EXAMINATION, URINE				
COLOR	Yellow			
APPEARANCE	Clear			
SPECIFIC GRAVITY	1.020		1.003 - 1.035	
CHEMICAL EXAMINATION, URINE				
PH	5.5		4.7 - 7.5	
PROTEIN	NOT DETECTED		NOT DETECTED	
GLUCOSE	NOT DETECTED		NOT DETECTED	
KETONES	NOT DETECTED		NOT DETECTED	



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BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	
	NOT DETECTED NORMAL	NORMAL	
UROBILINOGEN			
NITRITE	NOT DETECTED	NOT DETECTED	
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URIN		0.5	/LIDE
PUS CELL (WBC'S)	0-1	0-5	/HPF
EPITHELIAL CELLS	1-2	0-5	/HPF
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	
REMARKS		MICROSCOPIC EXAMINATION OF URINE IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.	
THYROID PANEL, SERUM			
T3	137.7	80.00 - 200.00	ng/dL
T4	9.90	5.10 - 14.10	μg/dL
TSH 3RD GENERATION	1.040	0.270 - 4.200	μIU/mL
ABO GROUP & RH TYPE, EDTA WHOL	E BLOOD		
ABO GROUP	TYPE O		
RH TYPE	POSITIVE		
XRAY-CHEST			
IMPRESSION	NO ABNORMALITY DE	TECTED	

TMT OR ECHO









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TMT OR ECHO		2D ECHO:-		
		1) NORMAL CHAMBER	RS AND VALVES.	
		2) GOOD LV SYSTOLI	C FUNCTION. LVEF 60%. NO RWMA AT REST.	
		3) NO MR, AR, TR.		
		4) NORMAL LV COMP	LIANCE.	
		5) NO PAH.		
		6) NO LV CLOT, VEGETATION OR PERICARDIAL EFFUSION.		
		7) IAS/IVS INTACT.		
ECG				
ECG		LEFT AXIS DEVIATION, WITHIN NORMAL LIMITS		
MEDICAL HISTORY				
RELEVANT PRESENT H	HISTORY	NOT SIGNIFICANT		
RELEVANT PAST HISTO	ORY	NOT SIGNIFICANT		
RELEVANT PERSONAL	HISTORY	NOT SIGNIFICANT		
RELEVANT FAMILY HIS	STORY	DIABETES		
OCCUPATIONAL HISTO	ORY	NOT SIGNIFICANT		
HISTORY OF MEDICAT	TONS	NOT SIGNIFICANT		
ANTHROPOMETRIC	DATA & BMI			

۸	NTLD	$\Delta D \Delta$	METRIC	DATA	Q. DMT
н		OPU	INT LETE		

BMI	25	BMI & Weight Status as follows: kg/sqmts
WEIGHT IN KGS.	80.9	Kgs
HEIGHT IN METERS	1.79	mts

Below 18.5: Underweight 18.5 - 24.9: Normal

25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE **NORMAL** PHYSICAL ATTITUDE **NORMAL** GENERAL APPEARANCE / NUTRITIONAL STATUS **OVERWEIGHT BUILT / SKELETAL FRAMEWORK** TALL STATURE FACIAL APPEARANCE **NORMAL** SKIN **NORMAL**





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UPPER LIMB **NORMAL** LOWER LIMB NORMAL **NECK NORMAL**

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND **NOT ENLARGED**

TEMPERATURE NORMAL PULSE 60/MIN RESPIRATORY RATE **NORMAL**

CARDIOVASCULAR SYSTEM

BP 126/70 MM HG mm/Hg

(SITTING)

PERICARDIUM NORMAL APEX BEAT **NORMAL**

HEART SOUNDS S1, S2 HEARD NORMALLY

MURMURS **ABSENT**

RESPIRATORY SYSTEM

SIZE AND SHAPE OF CHEST NORMAL MOVEMENTS OF CHEST **SYMMETRICAL** BREATH SOUNDS INTENSITY NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS **ABSENT**

PER ABDOMEN

APPEARANCE NORMAL LIVER NOT PALPABLE SPLEEN NOT PALPABLE

CENTRAL NERVOUS SYSTEM

HIGHER FUNCTIONS NORMAL CRANIAL NERVES NORMAL CEREBELLAR FUNCTIONS **NORMAL** SENSORY SYSTEM **NORMAL** MOTOR SYSTEM NORMAL **NORMAL** REFLEXES

MUSCULOSKELETAL SYSTEM



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Test Report Status Results Biological Reference Interval Units **Final** SPINE **NORMAL** JOINTS NORMAL **BASIC EYE EXAMINATION** DISTANT VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT

DISTANT VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT NEAR VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT NEAR VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT COLOUR VISION **NORMAL**

SUMMARY

RELEVANT HISTORY NOT SIGNIFICANT RELEVANT GP EXAMINATION FINDINGS **NOT SIGNIFICANT**

RELEVANT LAB INVESTIGATIONS HDL:- LOW

URIC ACID:- HIGH

RELEVANT NON PATHOLOGY DIAGNOSTICS USG ABDOMEN: - FATTY LIVER

ECG:- LEFT AXIS DEVIATION, WITHIN NORMAL LIMITS

REMARKS / RECOMMENDATIONS URIC ACID:- HIGH

ADV:- PHYSICIAN OPINION

Comments

OUR PANEL DOCTORS FOR NON-PATHOLOGY TESTS:-

CHECK UP DONE BY:- DR. NAMRATA AGRAWAL (M.B.B.S)

REPORT REVIEWED BY: - DR. PRIYANK KAPADIYA (M.B.B.S DNB MEDICINE)

RADIOLOGIST: - DR. KALPANA MODI (M.D.RADIOLOGY) // DR. SAHIL N SHAH (M.D.RADIOLOGY)



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Biological Reference Interval Units Test Report Status Results **Final**

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE **ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN**

FATTY LIVER

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. WBC DIFFERENTIAL COUNT - NLR- $\,$

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to

show mild disease. (Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients: A.-P. Yang, et al.: International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHRO SEDIMENTATION RATE, BLOODErythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as polikilocytosis, spherocytosis or sickle cells.

Reference:

- Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
 Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
- 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"

GLUCOSE, FASTING, PLASMA-ADA 2021 guidelines for adults, after 8 hrs fasting is as follows: Pre-diabetics: 100 - 125 mg/dL Diabetic: > or = 126 mg/dL

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood,

the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of testing such as glycated serum protein (fructosamine) should be considered.

"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.

- 1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.
- 2. Forsham PH. Diabetes Mellitus: A rational plan for management. Postgrad Med 1982, 71,139-154.
- 3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5 minutes.

LIVER FUNCTION PROFILE, SERUM-

LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when



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there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, is chemia to the liver, chronic

hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc SERUM BLOOD UREA NITROGEN-

Causes of Increased levels Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal
- Renal Failure Post Renal
- · Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

- Liver disease
- SIADH.

CREATININE, SERUM-

Higher than normal level may be due to:

• Blockage in the urinary tract

- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
 Loss of body fluid (dehydration)
 Muscle problems, such as breakdown of muscle fibers

- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- · Mvasthenia Gravis
- Muscular dystrophy

URIC ACID, SERUM-Causes of Increased levels

- Dietary
 High Protein Intake.
- Prolonged Fasting,
- Rapid weight loss. Gout

Lesch nyhan syndrome.

Type 2 DM.

Metabolic syndrome.

Causes of decreased levels

- Low Zinc Intake
 OCP's
- Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluids
- Limit animal proteins
- High Fibre foods
- Vit C Intake



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CLIENT CODE: C000138364 **CLIENT'S NAME AND ADDRESS:**

ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI **NEW DELHT 110030**

DELHI INDIA 8800465156 SRL LTD

GRAND MALL, OPPOSITE SBI ZONAL OFFICE, SM ROAD, AMBAWADI,

AHMEDABAD, 380015 GUJRAT, INDIA

Tel: 079-48912999,079-48913999,079-48914999

Email: customercare.ahmedabad@srl.in

PATIENT ID: **PATIENT NAME: DHANESH N. M** DHANM060392321

ACCESSION NO: 0321VI002079 AGE · 30 Years SEX · Male ABHA NO:

DRAWN: 24/09/2022 00:00:00 RECEIVED: 24/09/2022 09:18:43 REPORTED: 27/09/2022 18:12:08

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL) CLIENT PATIENT ID:

Results Biological Reference Interval Test Report Status Units <u>Final</u>

Antioxidant rich foods

ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion. Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and

prolonged vomiting,
MICROSCOPIC EXAMINATION, URINE-

Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine. Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia

THYROID PANEL, SERUM-

Triiodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the

circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Levels in TOTAL T4 TSH3G TOTAL T3

(µg/dL) Pregnancy (µIU/mL) (ng/dL) 6.6 - 12.4 6.6 - 15.5 0.1 - 2.5 0.2 - 3.0 0.3 - 3.0 81 - 190 100 - 260 100 - 260 First Trimester 2nd Trimester 3rd Trimester 6.6 - 15.5

Below mentioned are the guidelines for age related reference ranges for T3 and T4.

T3 (µg/dL) 1-3 day: 8.2 - 19.9 1 Week: 6.0 - 15.9 (ng/dL) New Born: 75 - 260

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well

documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

- 1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
- Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
 Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods. MEDICAL



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SRL LTD

GRAND MALL, OPPOSITE SBI ZONAL OFFICE, SM ROAD, AMBAWADI,

AHMEDABAD, 380015 GUJRAT, INDIA

Tel: 079-48912999,079-48913999,079-48914999

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AGE · 30 Years SEX · Male ABHA NO:

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Final

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Biological Reference Interval Units

8800465156

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

Results

End Of Report

Please visit www.srlworld.com for related Test Information for this accession

Dr.Sahil .N.Shah

Consultant Radiologist

Dr.Priyank Kapadia Physician

Dr Kalpana Modi Radiologist

Dr.Miral Gajera **Consultant Pathologist**

CONDITIONS OF LABORATORY TESTING & REPORTING

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
 - i. Specimen received is insufficient or inappropriate
 - ii. Specimen quality is unsatisfactory
 - iii. Incorrect specimen type
 - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- 7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- Test results cannot be used for Medico legal purposes.
- 9. In case of gueries please call customer care (91115 91115) within 48 hours of the report.

SRL Limited

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062



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