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CID : 2309405247 Name : MR.KALPESH JOSHI Age / Gender : 35 Years / Male Consulting Dr. : -Reg. Location : Borivali West (Main Centre)

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| AERFOC | AMI HEALTHCARE BEI | OW 40 MALE/FEMALE | |
|---|--------------------|--|------------------|
| PARAMETER | <u>RESULTS</u> | BIOLOGICAL REF RANGE | <u>METHOD</u> |
| GLUCOSE (SUGAR) FASTING, Fluoride Plasma | 130.9 | Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl | Hexokinase |
| GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R | 156.3 | Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl | Hexokinase |
| BILIRUBIN (TOTAL), Serum | 0.5 | 0.1-1.2 mg/dl | Colorimetric |
| BILIRUBIN (DIRECT), Serum | 0.2 | 0-0.3 mg/dl | Diazo |
| BILIRUBIN (INDIRECT), Serum | 0.30 | 0.1-1.0 mg/dl | Calculated |
| TOTAL PROTEINS, Serum | 7.0 | 6.4-8.3 g/dL | Biuret |
| ALBUMIN, Serum | 4.8 | 3.5-5.2 g/dL | BCG |
| GLOBULIN, Serum | 2.2 | 2.3-3.5 g/dL | Calculated |
| A/G RATIO, Serum | 2.2 | 1 - 2 | Calculated |
| SGOT (AST), Serum | 36.2 | 5-40 U/L | NADH (w/o P-5-P) |
| SGPT (ALT), Serum | 57.5 | 5-45 U/L | NADH (w/o P-5-P) |
| GAMMA GT, Serum | 16.8 | 3-60 U/L | Enzymatic |
| ALKALINE PHOSPHATASE, Serum | 81.8 | 40-130 U/L | Colorimetric |
| BLOOD UREA, Serum | 15.1 | 12.8-42.8 mg/dl | Kinetic |
| BUN, Serum | 7.1 | 6-20 mg/dl | Calculated |
| CREATININE, Serum | 0.97 | 0.67-1.17 mg/dl | Enzymatic |

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| CID : 2309405247 Name : MR.KALPESH JOSHI Age / Gender : 35 Years / Male | | | Use a QR Code Scanner | | E P O R |
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| Consulting Dr. Reg. Location | : - : Borivali West (| | Collected : | cation To Scan the Code)4-Apr-2023 / 09:40)4-Apr-2023 / 19:31 | т |
| eGFR, Se | erum | 94 | >60 ml/min/1.73sqm | Calculated | |
| URIC AC | ID, Serum | 5.5 | 3.5-7.2 mg/dl | Enzymatic | |
| Urine Sug | gar (Fasting) | Absent | Absent | | |
| Urine Ket | tones (Fasting) | Absent | Absent | | |
| Urine Sug | gar (PP) | Absent | Absent | | |
| Urine Ket | tones (PP) | Absent | Absent | | |

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West *** End Of Report ***



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Dr.KETAKI MHASKAR M.D. (PATH) Pathologist

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| | | BELOW 40 MALE/FEMALE | - |
|-------------------------|----------------|-----------------------------|---------------|
| PARAMETER | <u>RESULTS</u> | BIOLOGICAL REF RANGE | <u>METHOD</u> |
| ESR, EDTA WB-ESR | 5 | 2-15 mm at 1 hr. | Sedimentation |
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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c) PARAMETER RESULTS **BIOLOGICAL REF RANGE** METHOD HPLC Glycosylated Hemoglobin 7.0 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 % Estimated Average Glucose 154.2 mg/dl Calculated (eAG), EDTA WB - CC

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West *** End Of Report ***





Dr.KETAKI MHASKAR M.D. (PATH) Pathologist

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Corporate Identity Number (CIN): U85110MH2002PTC136144



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BIOLOGICAL REF RANGE

:04-Apr-2023 / 09:40 :04-Apr-2023 / 14:27

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE EXAMINATION OF FAECES

PARAMETER

| PHYSICAL EXAMINATION | | |
|--------------------------------|-----------------|------------|
| Colour | Brown | Brown |
| Form and Consistency | Semi Solid | Semi Solid |
| Mucus | Absent | Absent |
| Blood | Absent | Absent |
| CHEMICAL EXAMINATION | | |
| Reaction (pH) | Acidic (6.0) | - |
| Occult Blood | Absent | Absent |
| MICROSCOPIC EXAMINATION | | |
| Protozoa | Absent | Absent |
| Flagellates | Absent | Absent |
| Ciliates | Absent | Absent |
| Parasites | Absent | Absent |
| Macrophages | Absent | Absent |
| Mucus Strands | Absent | Absent |
| Fat Globules | Absent | Absent |
| RBC/hpf | Absent | Absent |
| WBC/hpf | Absent | Absent |
| Yeast Cells | Absent | Absent |
| Undigested Particles | Present + | - |
| Concentration Method (for ova) | No ova detected | Absent |
| Reducing Substances | | Absent |

RESULTS

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West *** End Of Report ***



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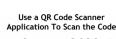
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BIOLOGICAL REF RANGE METHOD

Collected Reported :04-Apr-2023 / 09:40 :04-Apr-2023 / 13:29

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

RESULTS

PARAMETER

| <u></u> | <u></u> | | |
|---------------------------|-------------|------------------|--------------------|
| PHYSICAL EXAMINATION | | | |
| Color | Pale yellow | Pale Yellow | - |
| Reaction (pH) | 5.0 | 4.5 - 8.0 | Chemical Indicator |
| Specific Gravity | 1.010 | 1.001-1.030 | Chemical Indicator |
| Transparency | Clear | Clear | - |
| Volume (ml) | 40 | - | - |
| CHEMICAL EXAMINATION | | | |
| Proteins | Absent | Absent | pH Indicator |
| Glucose | Absent | Absent | GOD-POD |
| Ketones | Absent | Absent | Legals Test |
| Blood | Absent | Absent | Peroxidase |
| Bilirubin | Absent | Absent | Diazonium Salt |
| Urobilinogen | Normal | Normal | Diazonium Salt |
| Nitrite | Absent | Absent | Griess Test |
| MICROSCOPIC EXAMINATION | <u>ON</u> | | |
| Leukocytes(Pus cells)/hpf | 1-2 | 0-5/hpf | |
| Red Blood Cells / hpf | Absent | 0-2/hpf | |
| Epithelial Cells / hpf | 0-1 | | |
| Casts | Absent | Absent | |
| Crystals | Absent | Absent | |
| Amorphous debris | Absent | Absent | |
| Bacteria / hpf | 2-3 | Less than 20/hpf | |
| Others | - | | |

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

• Protein:(1+ ~25 mg/dl, 2+ ~75 mg/dl, 3+ ~ 150 mg/dl, 4+ ~ 500 mg/dl)

• Glucose:(1+ ~ 50 mg/dl, 2+ ~100 mg/dl, 3+ ~300 mg/dl,4+ ~1000 mg/dl)

• Ketone:(1+ ~5 mg/dl, 2+ ~15 mg/dl, 3+ ~ 50 mg/dl, 4+ ~ 150 mg/dl)

Reference: Pack insert

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER

<u>RESULTS</u>

ABO GROUP

Rh TYPING

Positive

0

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab

*** End Of Report **



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Dr.LEENA SALUNKHE M.B.B.S, DPB (PATH) Pathologist

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| AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE | | |
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| I IPID PROFILE | | |

| PARAMETER | RESULTS | BIOLOGICAL REF RANGE | <u>METHOD</u> |
|-------------------------------------|---------|--|--|
| CHOLESTEROL, Serum | 177.8 | Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl | CHOD-POD |
| TRIGLYCERIDES, Serum | 129.0 | Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl | GPO-POD |
| HDL CHOLESTEROL, Serum | 29.6 | Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl | Homogeneous enzymatic colorimetric assay |
| NON HDL CHOLESTEROL, Serum | 148.2 | Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl | Calculated |
| LDL CHOLESTEROL, Serum | 122.0 | Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl | Calculated |
| VLDL CHOLESTEROL, Serum | 26.2 | < /= 30 mg/dl | Calculated |
| CHOL / HDL CHOL RATIO, Serum | 6.0 | 0-4.5 Ratio | Calculated |
| LDL CHOL / HDL CHOL RATIO, Serum | 4.1 | 0-3.5 Ratio | Calculated |

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West *** End Of Report ***



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

| PARAMETER | <u>RESULTS</u> | BIOLOGICAL REF RANGE | <u>METHOD</u> |
|---------------------|----------------|----------------------|---------------|
| Free T3, Serum | 4.9 | 3.5-6.5 pmol/L | ECLIA |
| Free T4, Serum | 16.3 | 11.5-22.7 pmol/L | ECLIA |
| sensitiveTSH, Serum | 2.6 | 0.35-5.5 microIU/ml | ECLIA |

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| PRECISE TESTING - NEA | LTHIER LIVING | | | Р |
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| Age / Gender | : 35 Years / Male | | Use a QR Code Scanner Application To Scan the Code | т |
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Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors

can give falsely high TSH.

2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections liver disease, renal and heart severe burns, trauma and surgery etc.

| TSH | FT4 / T4 | FT3 / T3 | Interpretation |
|------|----------|----------|---|
| High | Normal | Normal | Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non- thyroidal illness, TSH Resistance. |
| High | Low | Low | Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism. |
| Low | High | High | Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole) |
| Low | Normal | Normal | Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness. |
| Low | Low | Low | Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism. |
| High | High | High | Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics. |

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours

following the last biotin administration.

2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference:

1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)

2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357

3.Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition

4.Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West *** End Of Report ***



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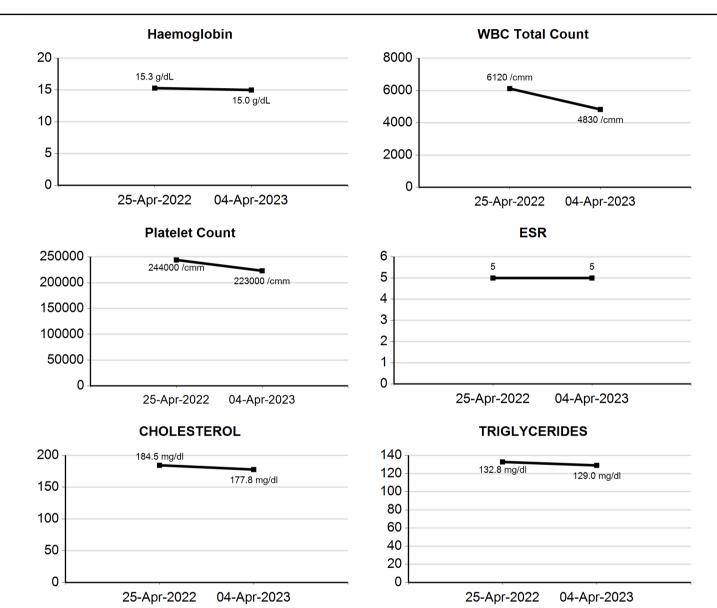
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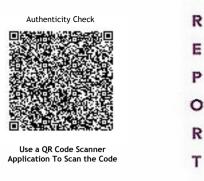
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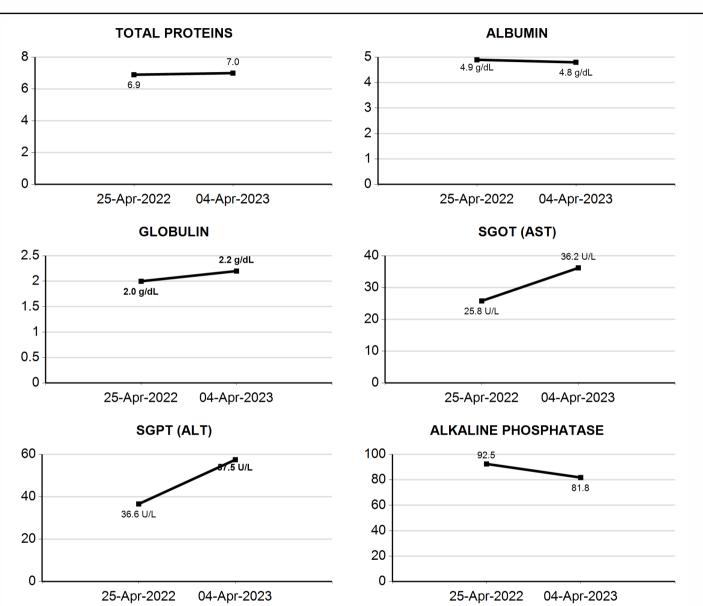
re) LDL CHOLESTEROL HDL CHOLESTEROL 35 140 127.0 mg/dl 30.2 mg/dl 120 30 122.0 mg/dl 29.6 mg/dl 25 100 20 80 15 60 10 40 5 20 0 0 25-Apr-2022 04-Apr-2023 25-Apr-2022 04-Apr-2023 **BLOOD UREA** BUN 20 10 17.3 8.1 8 15 7.1 15.1 6 10 4 5 2 0 0 25-Apr-2022 04-Apr-2023 25-Apr-2022 04-Apr-2023 **URIC ACID** CREATININE 1.2 8 1.01 mg/dl 1 6.2 mg/dl 0.97 mg/dl 6 0.8 5.5 mg/dl 0.6 4 0.4 2 0.2 0 0 25-Apr-2022 04-Apr-2023 25-Apr-2022 04-Apr-2023

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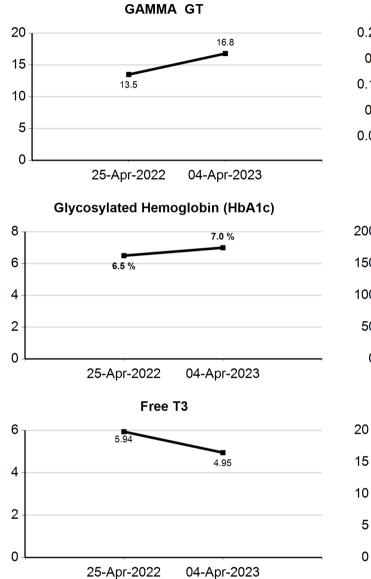
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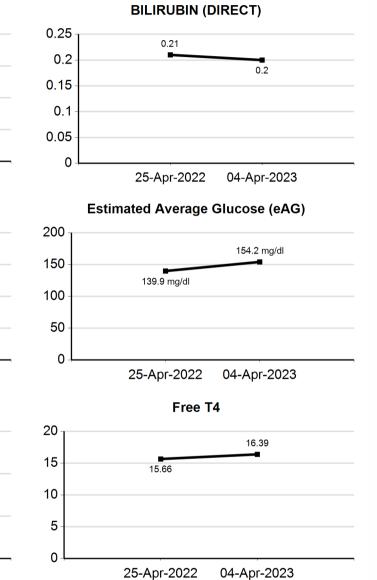
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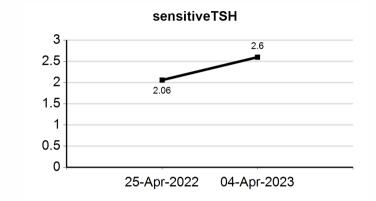
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