



**Hiranandani HOSPITAL**  
(A Fortis Network Hospital)

Hiranandani Fortis Hospital  
Mini Seashore Road,  
Sector 10 - A, Vashi,  
Navi Mumbai - 400 703.  
Tel.: +91-22-3919 9222  
Fax: +91-22-3919 9220/21  
Email: vashi@vashihospital.com

# BMI CHART

Date: 04/06/23

Name: Dipti Ka Boothy Age: 31 yrs Sex: M/F  
BP: 110/70 mmHg Height (cms): 157 cm Weight(kgs): 67 kg BMI: 27

WEIGHT lbs kgs	100		105		110		115		120		125		130		135		140		145		150		155		160		165		170		175		180		185		190		195		200		205		210		215	
	45.5		47.7		50.5		52.3		54.5		56.8		59.1		61.4		63.6		65.9		68.2		70.5		72.7		75.0		77.3		79.5		81.8		84.1		86.4		88.6		90.9		93.2		95.5		97.7	
HEIGHT in/cm	Underweight				Healthy								Overweight								Obese				Extremely Obese																							
	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42																								
5'0" - 152.4	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40																									
5'1" - 154.9	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40																									
5'2" - 157.4	17	18	19	20	21	22	23	24	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38																									
5'3" - 160.0	17	18	19	20	21	22	23	24	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38																									
5'4" - 162.5	16	17	18	19	20	21	22	23	24	25	25	26	27	28	29	30	31	32	33	34	35	36	37																									
5'5" - 165.1	16	17	18	19	20	21	22	22	23	24	25	25	26	27	28	29	30	31	32	33	34	35	36																									
5'6" - 167.6	15	16	17	18	19	19	20	21	22	22	23	24	25	25	26	27	28	28	29	30	31	32	33																									
5'7" - 170.1	15	16	16	17	18	19	20	20	21	22	22	23	24	25	25	26	27	28	28	29	30	31	32																									
5'8" - 172.7	14	15	16	17	17	18	19	20	21	22	22	23	24	25	25	26	27	28	28	29	30	31	32																									
5'9" - 176.2	14	15	15	16	17	18	18	19	20	21	22	23	24	25	25	26	27	28	28	29	30	31	32																									
5'10" - 177.8	14	14	15	16	16	17	18	19	19	20	21	22	23	24	25	25	26	27	28	28	29	30	31																									
5'11" - 180.3	13	14	14	15	16	17	17	18	19	19	20	21	22	23	24	25	25	26	27	28	28	29	30																									
6'0" - 182.8	13	13	14	15	16	16	17	18	18	19	20	21	22	23	24	25	25	26	27	28	28	29	30																									
6'1" - 185.4	12	13	14	15	16	16	17	18	18	19	20	21	22	23	24	25	25	26	27	28	28	29	30																									
6'2" - 187.9	12	13	13	14	15	16	16	17	18	18	19	20	21	22	23	24	25	25	26	27	28	28	29																									
6'3" - 190.5	12	13	14	15	16	16	17	18	18	19	20	21	22	23	24	25	25	26	27	28	28	29	30																									
6'4" - 193.0	12	12	13	14	15	16	17	18	18	19	20	21	22	23	24	25	25	26	27	28	28	29	30																									

**Doctors Notes:**

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Hiranandani Healthcare Pvt. Ltd.  
Sea Shore Road, Sector 10 -A, Vashi, Navi Mumbai - 400703  
Phone Line: 022 - 39199222 | Fax: 022 - 39199220  
Emergency: 022 - 39199100 | Ambulance: 1255  
Appointment: 022 - 39199222 | Health Checkup: 022 - 39199300  
www.fortishealthcare.com |  
GSTIN: U85100MH2005PTC154823  
PAN NO: AABCH5894D



Hiranandani  
HOSPITAL

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UHID	12548940	Date	24/06/2023		
Name	Mr. Dipika Bootley	Sex	Female	Age	31
OPD	PAP	Health Check-up			

Drug allergy:  
Sys illness:

33 yr m/f 6 yr / P, 4 came for  
routine check



**PATIENT NAME : MRS.DIPIKA BOOTLEY**

**REF. DOCTOR :**

**CODE/NAME & ADDRESS : C000045507**

FORTIS VASHI-CHC -SPLZD  
FORTIS HOSPITAL # VASHI,  
MUMBAI 440001

**ACCESSION NO : 0022WF004810**

**PATIENT ID : FH.12548940**

**CLIENT PATIENT ID: UID:12548940**

**ABHA NO :**

**AGE/SEX : 31 Years Female**

**DRAWN : 24/06/2023 10:47:00**

**RECEIVED : 24/06/2023 10:47:40**

**REPORTED : 24/06/2023 13:14:02**

**CLINICAL INFORMATION :**

UID:12548940 REQNO-1539263  
CORP-OPD  
BILLNO-150123OPCR035597  
BILLNO-150123OPCR035597

Test Report Status	Final	Results	Biological Reference Interval	Units
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**HAEMATOLOGY - CBC**

**CBC-5, EDTA WHOLE BLOOD**

**BLOOD COUNTS, EDTA WHOLE BLOOD**

HEMOGLOBIN (HB)	12.8	12.0 - 15.0	g/dL
METHOD : SPECTROPHOTOMETRY			
RED BLOOD CELL (RBC) COUNT	4.77	3.8 - 4.8	mil/ $\mu$ L
METHOD : ELECTRICAL IMPEDANCE			
WHITE BLOOD CELL (WBC) COUNT	9.08	4.0 - 10.0	thou/ $\mu$ L
METHOD : DOUBLE HYDRODYNAMIC SEQUENTIAL SYSTEM(DHSS)CYTOMETRY			
PLATELET COUNT	228	150 - 410	thou/ $\mu$ L
METHOD : ELECTRICAL IMPEDANCE			

**RBC AND PLATELET INDICES**

HEMATOCRIT (PCV)	37.4	36 - 46	%
METHOD : CALCULATED PARAMETER			
MEAN CORPUSCULAR VOLUME (MCV)	<b>78.3 Low</b>	83 - 101	fL
METHOD : CALCULATED PARAMETER			
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	<b>26.9 Low</b>	27.0 - 32.0	pg
METHOD : CALCULATED PARAMETER			
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION(MCHC)	34.4	31.5 - 34.5	g/dL
METHOD : CALCULATED PARAMETER			
RED CELL DISTRIBUTION WIDTH (RDW)	<b>11.3 Low</b>	11.6 - 14.0	%
METHOD : CALCULATED PARAMETER			
MENTZER INDEX	16.4		
MEAN PLATELET VOLUME (MPV)	9.3	6.8 - 10.9	fL
METHOD : CALCULATED PARAMETER			

**WBC DIFFERENTIAL COUNT**

NEUTROPHILS	69	40 - 80	%
METHOD : FLOWCYTOMETRY			
LYMPHOCYTES	23	20 - 40	%
METHOD : FLOWCYTOMETRY			
MONOCYTES	6	2 - 10	%
METHOD : FLOWCYTOMETRY			



**Dr.Akta Dubey**  
Counsultant Pathologist

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Agilus Diagnostics Ltd (Formerly SRL Ltd)  
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Navi Mumbai, 400703  
Maharashtra, India  
Tel : 022-39199222,022-49723322,  
CIN - U74899PB1995PLC045956  
Email : -



**Patient Ref. No. 22000000853569**

**PATIENT NAME : MRS.DIPIKA BOOTLEY**

**REF. DOCTOR :**

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<b>EOSINOPHILS</b> METHOD : FLOWCYTOMETRY		2	1 - 6	%
<b>BASOPHILS</b> METHOD : FLOWCYTOMETRY		00	0 - 2	%
<b>ABSOLUTE NEUTROPHIL COUNT</b> METHOD : CALCULATED PARAMETER		6.27	2.0 - 7.0	thou/ $\mu$ L
<b>ABSOLUTE LYMPHOCYTE COUNT</b> METHOD : CALCULATED PARAMETER		2.09	1.0 - 3.0	thou/ $\mu$ L
<b>ABSOLUTE MONOCYTE COUNT</b> METHOD : CALCULATED PARAMETER		0.54	0.2 - 1.0	thou/ $\mu$ L
<b>ABSOLUTE EOSINOPHIL COUNT</b> METHOD : CALCULATED PARAMETER		0.18	0.02 - 0.50	thou/ $\mu$ L
<b>ABSOLUTE BASOPHIL COUNT</b> METHOD : CALCULATED PARAMETER		<b>0 Low</b>	0.02 - 0.10	thou/ $\mu$ L
<b>NEUTROPHIL LYMPHOCYTE RATIO (NLR)</b> METHOD : CALCULATED PARAMETER		3		

**MORPHOLOGY**

<b>RBC</b> METHOD : MICROSCOPIC EXAMINATION	PREDOMINANTLY NORMOCYTIC NORMOCHROMIC
<b>WBC</b> METHOD : MICROSCOPIC EXAMINATION	NORMAL MORPHOLOGY
<b>PLATELETS</b> METHOD : MICROSCOPIC EXAMINATION	ADEQUATE

**Interpretation(s)**

RBC AND PLATELET INDICES-Mentzer Index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.  
WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.  
(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504  
This ratio element is a calculated parameter and out of NABL scope.

*Dubey*  
**Dr.Akta Dubey**  
Counsultant Pathologist



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## HAEMATOLOGY

## ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD

E.S.R	22 High	0 - 20	mm at 1 hr
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METHOD : WESTERGRN METHOD

## Interpretation(s)

## ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition. CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

## TEST INTERPRETATION

**Increase in:** Infections, Vasculitides, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue Injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR (>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr (62 if anemic) and in second trimester 0-70 mm/hr (95 if anemic). ESR returns to normal 4th week post partum.

**Decreased in:** Polycythemia vera, Sickle cell anemia

## LIMITATIONS

**False elevated ESR :** Increased fibrinogen, Drugs (Vitamin A, Dextran etc), Hypercholesterolemia

**False Decreased :** Poikilocytosis, (Sickle Cells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine, salicylates)

## REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition.



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## IMMUNOHAEMATOLOGY

## ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD

ABO GROUP

METHOD : TUBE AGGLUTINATION

TYPE AB

RH TYPE

METHOD : TUBE AGGLUTINATION

POSITIVE

## Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

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Patient Ref. No. 2200000853569

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Test Report Status **Final**

Results

Biological Reference Interval Units

## BIOCHEMISTRY

## LIVER FUNCTION PROFILE, SERUM


BILIRUBIN, TOTAL	0.53	0.2 - 1.0	mg/dL
METHOD : JENDRASSIK AND GROFF			
BILIRUBIN, DIRECT	0.11	0.0 - 0.2	mg/dL
METHOD : JENDRASSIK AND GROFF			
BILIRUBIN, INDIRECT	0.42	0.1 - 1.0	mg/dL
METHOD : CALCULATED PARAMETER			
TOTAL PROTEIN	7.7	6.4 - 8.2	g/dL
METHOD : BIURET			
ALBUMIN	4.0	3.4 - 5.0	g/dL
METHOD : BCP DYE BINDING			
GLOBULIN	3.7	2.0 - 4.1	g/dL
METHOD : CALCULATED PARAMETER			
ALBUMIN/GLOBULIN RATIO	1.1	1.0 - 2.1	RATIO
METHOD : CALCULATED PARAMETER			
ASPARTATE AMINOTRANSFERASE(AST/SGOT)	14 <b>Low</b>	15 - 37	U/L
METHOD : UV WITH P5P			
ALANINE AMINOTRANSFERASE (ALT/SGPT)	19	< 34.0	U/L
METHOD : UV WITH P5P			
ALKALINE PHOSPHATASE	100	30 - 120	U/L
METHOD : PNPP-ANP			
GAMMA GLUTAMYL TRANSFERASE (GGT)	11	5 - 55	U/L
METHOD : GAMMA GLUTAMYL CARBOXY 4-NITROANILIDE			
LACTATE DEHYDROGENASE	152	100 - 190	U/L
METHOD : LACTATE -PYRUVATE			

## GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)	96	Normal : < 100 Pre-diabetes: 100-125 Diabetes: >/=126	mg/dL
METHOD : HEXOKINASE			

## GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

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HBA1C		5.4	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)	%
METHOD : HB VARIANT (HPLC)				
ESTIMATED AVERAGE GLUCOSE(EAG)		108.3	< 116.0	mg/dL
METHOD : CALCULATED PARAMETER				
<b>KIDNEY PANEL - 1</b>				
<b>BLOOD UREA NITROGEN (BUN), SERUM</b>				
BLOOD UREA NITROGEN		10	6 - 20	mg/dL
METHOD : UREASE - UV				
<b>CREATININE EGFR- EPI</b>				
CREATININE		0.84	0.60 - 1.10	mg/dL
METHOD : ALKALINE PICRATE KINETIC JAFFES				
AGE		31		years
GLOMERULAR FILTRATION RATE (FEMALE)		95.22	Refer Interpretation Below	mL/min/1.73m <sup>2</sup>
METHOD : CALCULATED PARAMETER				
<b>BUN/CREAT RATIO</b>				
BUN/CREAT RATIO		11.90	5.00 - 15.00	
METHOD : CALCULATED PARAMETER				
<b>URIC ACID, SERUM</b>				
URIC ACID		3.3	2.6 - 6.0	mg/dL
METHOD : URICASE UV				
<b>TOTAL PROTEIN, SERUM</b>				
TOTAL PROTEIN		7.7	6.4 - 8.2	g/dL
METHOD : BIURET				
<b>ALBUMIN, SERUM</b>				
ALBUMIN		4.0	3.4 - 5.0	g/dL
METHOD : BCP DYE BINDING				
<b>GLOBULIN</b>				
GLOBULIN		3.7	2.0 - 4.1	g/dL
METHOD : CALCULATED PARAMETER				


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**ELECTROLYTES (NA/K/CL), SERUM**

<b>SODIUM, SERUM</b> METHOD : ISE INDIRECT	<b>135 Low</b>	136 - 145	mmol/L
<b>POTASSIUM, SERUM</b> METHOD : ISE INDIRECT	4.01	3.50 - 5.10	mmol/L
<b>CHLORIDE, SERUM</b> METHOD : ISE INDIRECT	100	98 - 107	mmol/L

**Interpretation(s)**

**Interpretation(s)**

**LIVER FUNCTION PROFILE, SERUM-**

**Bilirubin** is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

**AST** is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. **ALT** test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

**ALP** is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

**GGT** is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

**Total Protein** also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**Albumin** is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

**GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

**Increased in:** Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs: corticosteroids, phenytoin, estrogen, thiazides.

**Decreased in:** Pancreatic Islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases (e.g. galactosemia), Drugs-insulin, ethanol, propranolol, sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

**NOTE:** While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control.

*Dubey*

**Dr. Akta Dubey**  
Consultant Pathologist



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**PERFORMED AT :**

Agilus Diagnostics Ltd (Formerly SRL Ltd)  
Hiranandani Hospital-Vashi, Mini Seashore Road, Sector 10,  
Navi Mumbai, 400703  
Maharashtra, India  
Tel : 022-39199222, 022-49723322,  
CIN - U74899PB1995PLC045956  
Email : -



Patient Ref. No. 2200000853569



**PATIENT NAME : MRS.DIPIKA BOOTLEY**

**REF. DOCTOR :**

**CODE/NAME & ADDRESS : C000045507**

FORTIS VASHI-CHC -SPLZD  
FORTIS HOSPITAL # VASHI,  
MUMBAI 440001

**ACCESSION NO : 0022WF004810**

PATIENT ID : FH.12548940  
CLIENT PATIENT ID: UID:12548940  
ABHA NO :

AGE/SEX : 31 Years Female  
DRAWN : 24/06/2023 10:47:00  
RECEIVED : 24/06/2023 10:47:40  
REPORTED : 24/06/2023 13:14:02

**CLINICAL INFORMATION :**

UID:12548940 REQNO-1539263  
CORP-OPD  
BILLNO-150123OPCR035597  
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Test Report Status	Final	Results	Biological Reference Interval	Units
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High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.  
GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

- Evaluating the long-term control of blood glucose concentrations in diabetic patients.
  - Diagnosing diabetes.
  - Identifying patients at increased risk for diabetes (prediabetes).
- The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patient's metabolic control has remained continuously within the target range.
- eAG (Estimated average glucose) converts percentage HbA1c to mg/dl, to compare blood glucose levels.
  - eAG gives an evaluation of blood glucose levels for the last couple of months.
  - eAG is calculated as  $eAG (mg/dl) = 28.7 * HbA1c - 46.7$

**HbA1c Estimation can get affected due to :**

- Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin).
- Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addition are reported to interfere with some assay methods, falsely increasing results.
- Interference of hemoglobinopathies in HbA1c estimation is seen in

- Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
  - Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
  - HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy
- BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels** include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)
- Causes of decreased level** include Liver disease, SIADH.

**CREATININE EGFR- EPI-GFR**— Glomerular filtration rate (GFR) is a measure of the function of the kidneys. The GFR is a calculation based on a serum creatinine test. Creatinine is a muscle waste product that is filtered from the blood by the kidneys and excreted into urine at a relatively steady rate. When kidney function decreases, less creatinine is excreted and concentrations increase in the blood. With the creatinine test, a reasonable estimate of the actual GFR can be determined.

A GFR of 60 or higher is in the normal range.  
A GFR below 60 may mean kidney disease.  
A GFR of 15 or lower may mean kidney failure.

Estimated GFR (eGFR) is the preferred method for identifying people with chronic kidney disease (CKD). In adults, eGFR calculated using the Modification of Diet in Renal Disease (MDRD) Study equation provides a more clinically useful measure of kidney function than serum creatinine alone. The CKD-EPI creatinine equation is based on the same four variables as the MDRD Study equation, but uses a 2-slope spline to model the relationship between estimated GFR and serum creatinine, and a different relationship for age, sex and race. The equation was reported to perform better and with less bias than the MDRD Study equation, especially in patients with higher GFR. This results in reduced misclassification of CKD.

The CKD-EPI creatinine equation has not been validated in children & will only be reported for patients = 18 years of age. For pediatric and childrens, Schwartz Pediatric bedside eGFR (2009) formulae is used. This revised "bedside" pediatric eGFR requires only serum creatinine and height.

**URIC ACID, SERUM-Causes of Increased levels**:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome **Causes of decreased levels**-Low Zinc intake, OCP, Multiple Sclerosis

**TOTAL PROTEIN, SERUM**-is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin.

**Higher-than-normal levels may be due to:** Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.

**Lower-than-normal levels may be due to:** Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**ALBUMIN, SERUM**- Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. **Low blood albumin levels (hypoalbuminemia) can be caused by:** Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

**Dr. Akta Dubey**  
Consultant Pathologist



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**Patient Ref. No. 2200000853569**

**PATIENT NAME : MRS.DIPIKA BOOTLEY**

**REF. DOCTOR :**

**CODE/NAME & ADDRESS : C000045507**

FORTIS VASHI-CHC -SPLZD  
FORTIS HOSPITAL # VASHI,  
MUMBAI 440001

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**BIOCHEMISTRY - LIPID**

**LIPID PROFILE, SERUM**

CHOLESTEROL, TOTAL	173	< 200 Desirable 200 - 239 Borderline High >= 240 High	mg/dL
METHOD : ENZYMATIC/COLORIMETRIC,CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE			
TRIGLYCERIDES	118	< 150 Normal 150 - 199 Borderline High 200 - 499 High >=500 Very High	mg/dL
METHOD : ENZYMATIC ASSAY			
HDL CHOLESTEROL	42	< 40 Low >=60 High	mg/dL
METHOD : DIRECT MEASURE - PEG			
LDL CHOLESTEROL, DIRECT	110	< 100 Optimal 100 - 129 Near or above optimal 130 - 159 Borderline High 160 - 189 High >= 190 Very High	mg/dL
METHOD : DIRECT MEASURE WITHOUT SAMPLE PRETREATMENT			
NON HDL CHOLESTEROL	<b>131 High</b>	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
METHOD : CALCULATED PARAMETER			
VERY LOW DENSITY LIPOPROTEIN	23.6	<= 30.0	mg/dL
METHOD : CALCULATED PARAMETER			
CHOL/HDL RATIO	4.1	3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk	
METHOD : CALCULATED PARAMETER			
LDL/HDL RATIO	2.6	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	
METHOD : CALCULATED PARAMETER			

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Counsultant Pathologist



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**Interpretation(s)**

*Dubey*  
**Dr.Akta Dubey**  
Consultant Pathologist



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**Patient Ref. No. 22000000853569**

<b>PATIENT NAME : MRS.DIPIKA BOOTLEY</b>		<b>REF. DOCTOR :</b>	
<b>CODE/NAME &amp; ADDRESS : C000045507</b>		<b>ACCESSION NO : 0022WF004810</b>	<b>AGE/SEX : 31 Years Female</b>
FORTIS VASHI-CHC -SPLZD		<b>PATIENT ID : FH.12548940</b>	<b>DRAWN : 24/06/2023 10:47:00</b>
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**CLINICAL PATH - URINALYSIS**

**KIDNEY PANEL - 1**

**PHYSICAL EXAMINATION, URINE**

**COLOR** PALE YELLOW  
 METHOD : PHYSICAL

**APPEARANCE** SLIGHTLY HAZY  
 METHOD : VISUAL

**CHEMICAL EXAMINATION, URINE**

**PH** 7.0 4.7 - 7.5  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY- DOUBLE INDICATOR METHOD

**SPECIFIC GRAVITY** 1.010 1.003 - 1.035  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY (APPARENT PKA CHANGE OF PRETREATED POLYELECTROLYTES IN RELATION TO IONIC CONCENTRATION)

**PROTEIN** NOT DETECTED NOT DETECTED  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY - PROTEIN-ERROR-OF-INDICATOR PRINCIPLE

**GLUCOSE** NOT DETECTED NOT DETECTED  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY, DOUBLE SEQUENTIAL ENZYME REACTION-GOD/POD

**KETONES** NOT DETECTED NOT DETECTED  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY, ROTHERA'S PRINCIPLE

**BLOOD** DETECTED (+++) IN URINE  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY, PEROXIDASE LIKE ACTIVITY OF HAEMOGLOBIN

**BILIRUBIN** NOT DETECTED NOT DETECTED  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY, DIAZOTIZATION- COUPLING OF BILIRUBIN WITH DIAZOTIZED SALT

**UROBILINOGEN** NORMAL NORMAL  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY (MODIFIED EHRlich REACTION)

**NITRITE** NOT DETECTED NOT DETECTED  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY, CONVERSION OF NITRATE TO NITRITE

**LEUKOCYTE ESTERASE** NOT DETECTED NOT DETECTED  
 METHOD : REFLECTANCE SPECTROPHOTOMETRY, ESTERASE HYDROLYSIS ACTIVITY

**MICROSCOPIC EXAMINATION, URINE**

**RED BLOOD CELLS** 40 - 50 NOT DETECTED /HPF  
 METHOD : MICROSCOPIC EXAMINATION

**PUS CELL (WBC'S)** 2-3 0-5 /HPF  
 METHOD : MICROSCOPIC EXAMINATION

**Dr. Akta Dubey**  
 Counsultant Pathologist

**Dr. Rekha Nair, MD**  
 Microbiologist



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CLINICAL INFORMATION :

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CORP-OPD


BILLNO-150123OPCR035597

BILLNO-150123OPCR035597

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EPITHELIAL CELLS		5-7	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION				
CASTS		NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION				
CRYSTALS		NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION				
BACTERIA		DETECTED (FEW)	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION				
YEAST		NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION				
REMARKS		URINARY MICROSCOPIC EXAMINATION DONE ON URINARY CENTRIFUGED SEDIMENT		

Interpretation(s)

  
Dr. Akta Dubey  
Consultant Pathologist

  
Dr. Rekha Nair, MD  
Microbiologist



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**SPECIALISED CHEMISTRY - HORMONE**

**THYROID PANEL, SERUM**

T3	135.7	Non-Pregnant Women 80.0 - 200.0 Pregnant Women 1st Trimester:105.0 - 230.0 2nd Trimester:129.0 - 262.0 3rd Trimester:135.0 - 262.0	ng/dL
----	-------	---	-------

METHOD : ELECTROCHEMILUMINESCENCE IMMUNOASSAY, COMPETITIVE PRINCIPLE

T4	10.63	Non-Pregnant Women 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70	µg/dL
----	-------	---	-------

METHOD : ELECTROCHEMILUMINESCENCE IMMUNOASSAY, COMPETITIVE PRINCIPLE

TSH (ULTRASENSITIVE)	1.610	Non Pregnant Women 0.27 - 4.20 Pregnant Women 1st Trimester: 0.33 - 4.59 2nd Trimester: 0.35 - 4.10 3rd Trimester: 0.21 - 3.15	µIU/mL
----------------------	-------	---	--------

METHOD : ELECTROCHEMILUMINESCENCE,SANDWICH IMMUNOASSAY

**Interpretation(s)**

**\*\*End Of Report\*\***

Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession

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REF. DOCTOR :

CODE/NAME &amp; ADDRESS : C000045507

FORTIS VASHI-CHC -SPLZD  
FORTIS HOSPITAL # VASHI,  
MUMBAI 440001

ACCESSION NO : 0022WF004933

PATIENT ID : FH.12548940

CLIENT PATIENT ID: UID:12548940

ABHA NO :

AGE/SEX : 31 Years Female

DRAWN : 24/06/2023 16:15:00

RECEIVED : 24/06/2023 16:17:55

REPORTED : 24/06/2023 19:39:11

## CLINICAL INFORMATION :

UID:12548940 REQNO-1539263  
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BILLNO-150123OPCR035597  
BILLNO-150123OPCR035597

Test Report Status **Final**

Units

## CYTOLOGY

## PAPANICOLAOU SMEAR

## PAPANICOLAOU SMEAR

TEST METHOD

SPECIMEN TYPE

REPORTING SYSTEM

SPECIMEN ADEQUACY

METHOD : MICROSCOPIC EXAMINATION  
MICROSCOPY

INTERPRETATION / RESULT

CONVENTIONAL GYNEC CYTOLOGY

TWO UNSTAINED CERVICAL SMEARS RECEIVED

2014 BETHESDA SYSTEM FOR REPORTING CERVICAL CYTOLOGY

SATISFACTORY


SMEARS STUDIED SHOW SUPERFICIAL SQUAMOUS CELLS,  
INTERMEDIATE SQUAMOUS CELLS, OCCASIONAL SQUAMOUS  
METAPLASTIC CELLS, OCCASIONAL CLUSTERS OF ENDOCERVICAL CELLS  
IN THE BACKGROUND OF FEW POLYMORPHS.

NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

\*\*End Of Report\*\*

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Dr. Akta Dubey  
Consultant Pathologist



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Email : -



Patient Ref. No. 22000000853692

female

H/C

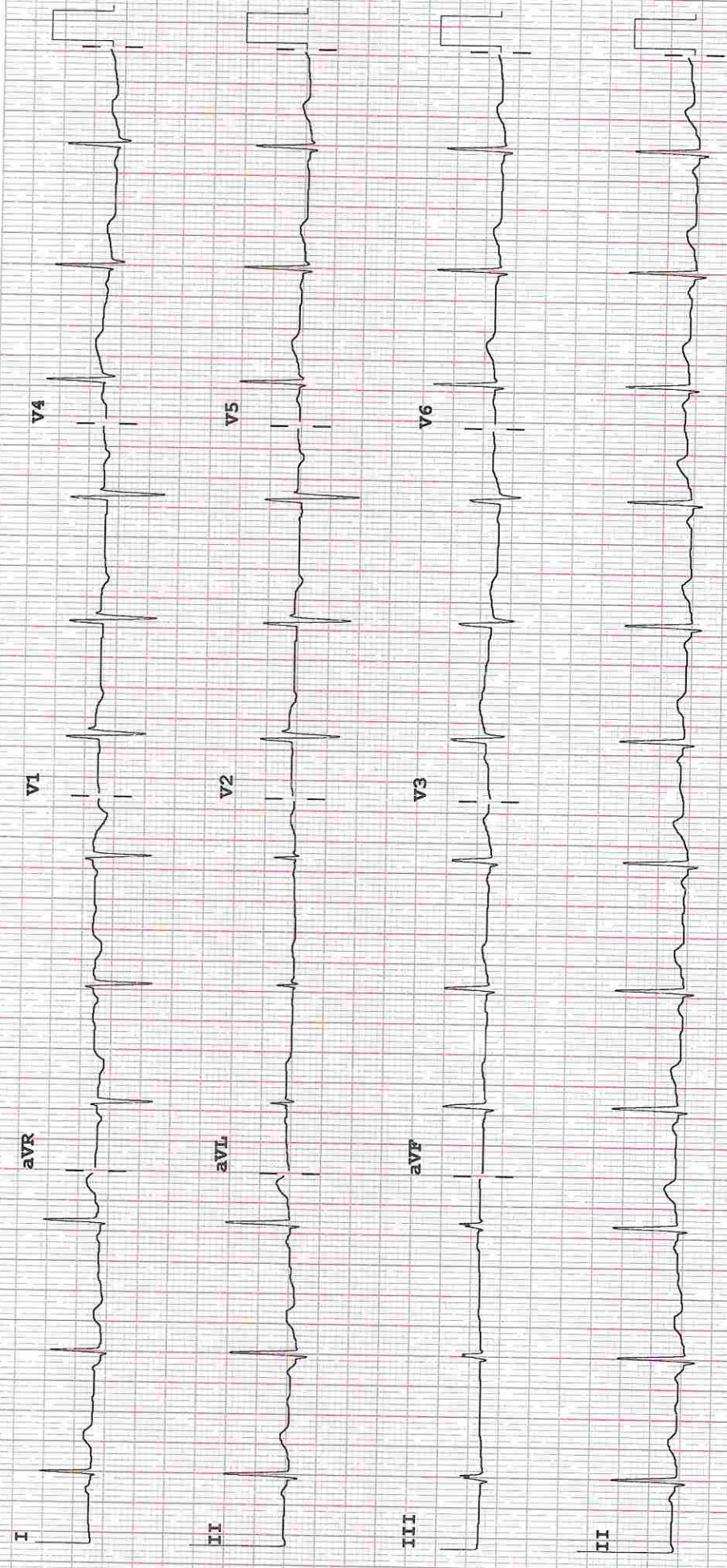
Rate 75 . Sinus rhythm.....normal P axis, V-rate 50- 99  
 . Ventricular premature complex.....V complex w/ short R-R interval  
 . RSR' in V1 or V2, probably normal variant.....small R' only

*giggle mm*  
*RRBBB*  
*[Signature]*

--AXIS--  
 P 46  
 QRS 47  
 T 42  
 12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-100 Hz W

100B CL P?



DEPARTMENT OF NIC

Date: 24/Jun/2023

Name: Mrs. Dipika Bootley  
Age | Sex: 31 YEAR(S) | Female  
Order Station : FO-OPD  
Bed Name :

UHID | Episode No : 12548940 | 36074/23/1501  
Order No | Order Date: 1501/PN/OP/2306/75223 | 24-Jun-2023  
Admitted On | Reporting Date : 24-Jun-2023 17:24:03  
Order Doctor Name : Dr.SELF .

ECHOCARDIOGRAPHY TRANSTHORACIC

FINDINGS:

- No left ventricle regional wall motion abnormality at rest.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction. No e/o raised LVEDP.
- No mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- No tricuspid regurgitation. No pulmonary hypertension.
- Intact IVS and IAS.
- No left ventricle clot/vegetation/pericardial effusion.
- Normal right atrium and right ventricle dimension and function.
- Normal left atrium and left ventricle dimension.
- IVC measures 15 mm with normal inspiratory collapse .

M-MODE MEASUREMENTS:

LA	25	mm
AO Root	24	mm
AO CUSP SEP	22	mm
LVID (s)	25	mm
LVID (d)	34	mm
IVS (d)	10	mm
LVPW (d)	10	mm
RVID (d)	27	mm
RA	29	mm
LVEF	60	%

DOPPLER STUDY:



DEPARTMENT OF NIC

Date: 24/Jun/2023

Name: Mrs. Dipika Bootley

UHID | Episode No : 12548940 | 36074/23/1501

Age | Sex: 31 YEAR(S) | Female

Order No | Order Date: 1501/PN/OP/2306/75223 | 24-Jun-2023

Order Station : FO-OPD

Admitted On | Reporting Date : 24-Jun-2023 17:24:03

Bed Name :

Order Doctor Name : Dr.SELF .

E WAVE VELOCITY: 0.8 m/sec.

A WAVE VELOCITY:0.7 m/sec

E/A RATIO: 1.1

	PEAK (mmHg)	MEAN (mmHg)	V max (m/sec)	GRADE OF REGURGITATION
MITRAL VALVE	N			Nil
AORTIC VALVE	05			Nil
TRICUSPID VALVE	N			Nil
PULMONARY VALVE	3.0			Nil

Final Impression :

- No RWMA.
- No LV diastolic dysfunction.
- No TR. No PH.
- Normal LV and RV systolic function.

*DR. PRASHANT PAWAR*  
 DR. PRASHANT PAWAR,  
 DNB(MED), DNB (CARDIOLOGY)



DEPARTMENT OF RADIOLOGY

Date: 24/Jun/2023

Name: Mrs. Dipika Bootley

UHID | Episode No : 12548940 | 36074/23/1501

Age | Sex: 31 YEAR(S) | Female

Order No | Order Date: 1501/PN/OP/2306/75223 | 24-Jun-2023

Order Station : FO-OPD

Admitted On | Reporting Date : 24-Jun-2023 12:56:58

Bed Name :

Order Doctor Name : Dr.SELF .

X-RAY-CHEST- PA

**Findings:**

Both lung fields are clear.

The cardiac shadow appears within normal limits.

Trachea and major bronchi appear normal.

Both costophrenic angles are well maintained.

Bony thorax appears unremarkable.

*Aditya*

**DR. ADITYA NALAWADE**

**M.D. (Radiologist)**



DEPARTMENT OF RADIOLOGY

Date: 24/Jun/2023

Name: Mrs. Dipika Bootley

UHID | Episode No : 12548940 | 36074/23/1501

Age | Sex: 31 YEAR(S) | Female

Order No | Order Date: 1501/PN/OP/2306/75223 | 24-Jun-2023

Order Station : FO-OPD

Admitted On | Reporting Date : 24-Jun-2023 15:43:01

Bed Name :

Order Doctor Name : Dr.SELF.

US-WHOLE ABDOMEN

**LIVER** is normal in size and echogenicity. No IHBR dilatation. No focal lesion is seen in liver. Portal vein appears normal in caliber.

**GALL BLADDER** is physiologically distended. Gall bladder reveals normal wall thickness. No evidence of calculi in gall bladder. No evidence of pericholecystic collection. **CBD** appears normal in caliber.

**SPLEEN** is normal in size and echogenicity.

**BOTH KIDNEYS** are normal in size and echogenicity. The central sinus complex is normal. No evidence of calculi/hydronephrosis. Right kidney measures 9.2 x 3.0 cm. Left kidney measures 9.2 x 3.5 cm.

**PANCREAS** is normal in size and morphology. No evidence of peripancreatic collection.

**URINARY BLADDER** is normal in capacity and contour. Bladder wall is normal in thickness. No evidence of intravesical calculi.

**UTERUS** is normal in size & retroverted, measuring 6.6 x 3.8 x 4.1 cm. Endometrium measures 5.8 mm in thickness.

Both ovaries are normal.

Right ovary measures 2.5 x 1.9 cm. Left ovary measures 1.7 x 1.0 cm.

No evidence of ascites.

**Impression:**

- No significant abnormality is detected.

  
**DR. ADITYA NALAWADE**  
M.D. (Radiologist)