

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b>	: Mrs. SANDHYA KINI M	F   060Y
<b>UHID</b>	: AHB.0001124359	<b>Ward/Bed No.</b> : AHC / AHC
<b>I.P.No./Bill No.</b>	: AHBHC116035	<b>Scanned on</b> : 21-Jan-2023 10:56
<b>Accession Number</b>	: 10601.1323001004	<b>Reported On</b> :
<b>Referring Doctor</b>	: null	

**BILATERAL MAMMOGRAPHY**

**PROCEDURE:**

Both breasts were radiographed in craniocaudal and medio-lateral oblique views with compression. Markers are in the axillary / lateral portion of the breast.

**Clinical Indication: - Screening.**

**OBSERVATIONS:**

**Breast parenchyma composition – Predominantly fatty (ACR Type – A).**

**Macro calcifications noted in superior outer quadrant of right breast.**

**Discrete foci of micro calcifications seen in central quadrants of bilateral breasts.**

No focal mass lesion.

No architectural distortion seen.

Skin and subcutaneous tissues are normal.

Axillary tails appear normal.

**IMPRESSION: -**

**BIRADS ASSESSEMENT CATEGORY (II): Benign finding.**

- **Suggested annual screening mammography.**

**BI-RADS Assessment Categories**

Category 0 Need Additional Imaging Evaluation  
 Category 1 Negative  
**Category 2 Benign Finding**  
 Category 3 Probably Benign Finding – Short Interval Follow-Up Suggested (< 2% malignancy)  
 Category 4 Suspicious Abnormality – Biopsy Should Be Considered  
 (Subcategory 4 A - > 2% <= 10%; 4 B > 10% <= 50%; 4C >50% < 95%)  
 Category 5 Highly Suggestive of Malignancy – Appropriate Action Should Be Taken. (<= 95%)  
 Category 6 Known case of Breast Malignancy.

**BI-RADS Breast composition categories**

A – Almost entirely fatty.  
 B – Scattered fibro glandular tissue.  
 C – Heterogenously dense - may obscure small masses.  
 D – Extremely dense – lowers sensitivity of mammography.

Please bring your previous reports during your next visit for better evaluation.

Note: Though mammography is the single best method of screening breast cancer, it does not detect all breast cancers. The false negative rate of mammography is approximately 10%. It is important for you to do breast self - examination on a continuing basis. If a lump is felt, consult your doctor.

As

**DR. SHANTHALA. Y**  
**DMRD, DNB**  
**CONSULTANT**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name :	AHB.0001124358 MRS. SANDHYA KINI M Age: 60 Year(s) Year(s)/Female 21 Jan 2023 8:22:58 AM	Age :	Sex : M/F
Age :		UHID :	

Physical Examination

General :

Build

Height

~~151cm~~  
151cm

Weight

75.2kg

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

91 bpm

B.P. : Supine

105  
83

Sitting

Standing

SpO2 95%  
95%

Chest shape

normal

Auto screening

Heart Sounds

Normal lung

Murmurs

Normal

Thrills

AT = 60%

RS :

Rate & Type

Breath Sounds



con-116035

9845341407

QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK

(m)



NAECOLOGY CONSULT

Name :	AHB.0001124358 MRS. SANDHYA KINI M Age: 60 Year(s) Year(s)/Female 21 Jan 2023 8:22:58 AM	UHID :	Date : 21-1-23
Age :		Consultant Gynaecologist :	Dr. Beety Anto

DRUG ALLERGIES : NIL

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others

Past Medical / Surgical History : Hypertension - AUB - (Non-painful)   
 ERSD ACS

Family History : Mother - breast   
 Ovarian Ca.

OTHER SYSTEMS :

GYNAEC HISTORY :

- Marital Status - S/M Others
- Children - 1
- Deliveries - 4
- L.C.B. - 30yr
- Abortion - -
- Periods - -
- L.M.P. - -
- Menopause - surgical 2002
- Contraception - -

Present Medication :

- Thyronor 25mcg  
An Antihypertensive  
captopril

GYNAEC EXAMINATION :

P/A - soft  
P/V } vault healthy  
S/E }  
P/R }

GENERAL EXAMINATION :

Weight : \_\_\_\_\_ Kgs, Height : \_\_\_\_\_ cm  
General Condition :  
Blood Pressure :  
Thyroid - NAD  
Others :

BREASTS : mamm - Cat II (Benign)

PAP SMEAR : Taken / Not Taken (Reason)

OPINION & ADVICE : USG = NAD  
weliked haia

REVIEW DETAILS : (with date)  
With Patient / With reports only

yearly checkup

Self-biopsy exam  
Signature with Date & Time  
21-1-23  
11.30am



AHB · 1124359

MRS. SANDHYA KINI M

Age: 60 year ♂ Female



Hypothyroid since 10y

on Thyronorm 25mcg 1-00.

HTN since 12y.

On T. Olanat 40 H 1-00.

Dyslipidemia -  
on Rozat sup 0-0-1 (A.F) alternate days  
LDL- 128

Pre diabetes

Hyperuricemia

Grade I fatty liver

Umbilical Hernia

Advice

- Regular Exercise.
- low fat, low sugar diet.

Continue the same med for Hypothyroid.

Tas. Rozat sup 0-0-1 (A.F) daily

After 3 mth → U.A.

→ lipid profile; FBS, HbA1c  
Dr. Jyoti J.

AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

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<b>UHID</b> :	AHB.0001124359	<b>Ward/Bed No.</b> :	AHC / AHC
<b>I.P.No./Bill No.</b> :	AHBHC116035	<b>Scanned on</b> :	21-Jan-2023 11:57
<b>Accession Number</b> :	10601.123008244	<b>Reported On</b> :	21-Jan-2023 15:43:07
<b>Referring Doctor</b> :	null		

**X-RAY CHEST FRONTAL VIEW**

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Vertebrae are revealing spondyloarthritic changes.

-Suggested clinical and other investigation correlation

DR ANJITHA S  
RESIDENT

---END OF THE REPORT---

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CIN - U85110KA1991PLC011781

## YOUR CLINICAL TEST RESULTS

**Mrs. SANDHYA KINI M**

FEMALE / 60 Yrs / AHB.0001124359 / AHBHC116035

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date: 21/01/2023

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	14.3	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.53	x(10) <sup>12</sup> /l	●	3.7 - 4.8
Packed cell volume (Calculated)	42	%	●	34 - 46
MCV (Derived from RBC histogram)	92	fl	●	83 - 101
MCH (Calculated)	32	pg	●	27 - 32
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
RDW (Calculated)	13	%	●	11.60-14.00
Platelet Count (Impedance)	284	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	5.95	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	69	%	●	40 - 80
Lymphocytes	24	%	●	8.6 -23.8
Monocytes	5	%	●	2 - 10
Eosinophils	2	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	42 *	mm/1st hr	●	Adult Female- 0 - 20

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.0			
Specific Gravity	<=1.005			1.016 - 1.022

● Within Normal Range    ● Boderline High/Low    ● Outside Range



## YOUR CLINICAL TEST RESULTS

**Mrs. SANDHYA KINI M**

FEMALE / 60 Yrs / AHB.0001124359 / AHBHC116035

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date: 21/01/2023

Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Bilirubinogen	0.2	E.U./dL	0.2 - 1.0
Blood :	NEGATIVE		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	Nil	Cells/hpf	0 - 2
Pus Cells	1-2 /h.p.f	/HPF	0 - 5
Epithelial Cells	Occasional		Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	11	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	3.3	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.4		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	79	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	20	U/L	●	<= 35

Within Normal Range
  Boderline High/Low
  Outside Range



## YOUR CLINICAL TEST RESULTS

**Mrs. SANDHYA KINI M**

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 21/01/2023

BILIRUBIN, TOTAL - SERUM	1.16	mg/dL	●	0.30-1.20
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### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	190	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239 "

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.96	mg/dL	●	Female: 0.6 -1.2

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	19	U/L	●	<= 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	101 *	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126 "

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.4	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	54	mg/dL	●	"Low : <40 High: >59"

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. SANDHYA KINI M**

FEMALE / 60 Yrs / AHB.0001124359 / AHBHC116035

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 21/01/2023

LDL Cholesterol (Direct LDL)	128 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"
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### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.8	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	89.8	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.6	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	178 *	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.5		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.37	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 21/01/2023

Test Name	Result	Unit	Level	Range
UREA - SERUM	18	mg/dL	●	15 - 45
URIC ACID - SERUM	6.4 *	mg/dL	●	Adult Female: 2.5 - 6.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL - SERUM	36 *	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.17	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.99	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	28		●	Healthy Adults: 22 - 29

● Within Normal Range    ● Boderline High/Low    ● Outside Range



## YOUR CLINICAL TEST RESULTS

**Mrs. SANDHYA KINI M**

FEMALE / 60 Yrs / AHB.0001124359 / AHBHC116035

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 21/01/2023

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

PAP SMEAR (CONVENTIONAL METHOD)

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**Mammography**

MAMMOGRAPHY

**X Ray**

X RAY CHEST PA



Within Normal Range



Boderline High/Low



Outside Range



DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. SANDHYA KINI M Age : 60Yr 0Mth 0Days Gender : Female  
 UHID : AHB.0001124359 / AHBHC116035 W/BNo/RefNo : AHC  
 SIN \ LRN : 8423719 \ 3681079  
 Specimen : Plasma  
 Ref Doctor : Dr. MHC



Collected on : 21-JAN-2023 11:18:48 AM Received on : 21-JAN-2023 12:38:24 PM Reported on : 21-JAN-2023 01:03:34 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	119	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Final

\* - Abnormal Value

\* END OF REPORT \*

CHECKED BY 1130486  
723076

*Govindaraju N L*

Printed On : 21-JAN-2023 01:35:43 PM

GOVINDARAJU N L Dr. SABHARI PRIYA S  
Clinical Biochemist Registrar

## DEPARTMENT OF RADIOLOGY

<b>Patient's Details</b>	: Mrs. SANDHYA KINI M	F   060Y	
<b>UHID</b>	: AHB.0001124359	<b>Ward/Bed No.</b>	: AHC / AHC
<b>I.P.No./Bill No.</b>	: AHBHC116035	<b>Scanned on</b>	: 21-Jan-2023 12:27
<b>Accession Number</b>	: 10601.223006383	<b>Reported On</b>	:
<b>Referring Doctor</b>	: null		

### ULTRASOUND WHOLE ABDOMEN

**Clinical Information: - Routine health checkup.**

Liver appears normal in size and shows diffuse increase in echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.  
Pancreas head and body appear normal. Tail obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculus /hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus: Post operative status.  
Both ovaries: Not visualized.

No evidence of ascites or pleural effusion seen.

*Umbilical hernia defect measuring ~ 20mm with herniation of omentum.*

**IMPRESSION:**

*Grade I fatty liver.*

*Umbilical hernia.*

(Enclose reports) LM

**DR. SAKSHAM SHARMA**  
**RESIDENT**

**DR. SHANTHALA Y**  
**CONSULTANT RADIOLOGIST**

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APOLLO HOSPITALS  
BANNERGHATTA ROAD  
BANGALORE-560076

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: SANDHYA KINI M.  
Patient ID: AHB/1124359  
Height: 151 cm  
Weight: 75 kg

DOB: 03.01.1963  
Age: 60yrs  
Gender: Female  
Race: Indian

Study Date: 21.01.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: JAGADEESHA A B

Medications:  
OLMAT 40, ROZAT 5

Medical History:  
HTN, CHOLESTROL

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:22	0.00	0.00	89	110/80	
	STANDING	00:02	0.00	0.00	89	110/80	
	HYPERV.	00:01	0.00	0.00	90	110/80	
	WARM-UP	00:14	0.60	0.00	102	110/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	116	110/80	
	STAGE 2	03:00	2.50	12.00	136	120/90	
	STAGE 3	01:11	3.40	14.00	148	130/90	
RECOVERY		03:43	0.00	0.00	112	160/90	

The patient exercised according to the BRUCE for 7:11 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 92 bpm rose to a maximal heart rate of 148 bpm. This value represents 92 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

### Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician

Technician



**Dr. K.M. Nair**

Senior Consultant-Non Invasive Cardiologist

Apollo Hospitals, Bangalore

154/11, Opp. IIM,

Bannerghatta Road, Bangalore - 560076.



Rate 79

PR 169

QRSD 90

QT 499

QTc 573

--AXIS--

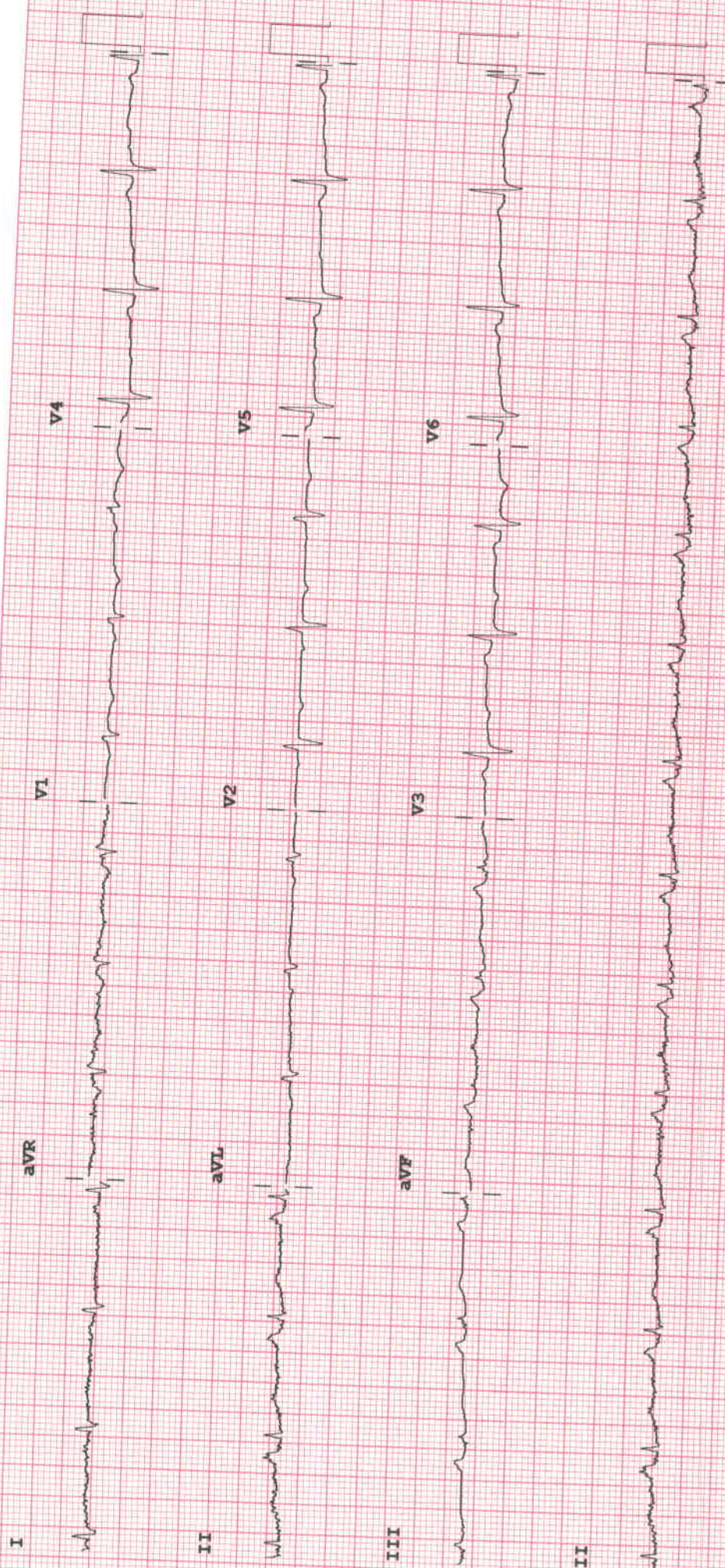
P 75

QRS 83

T 72

12 Lead; Standard Placement

AHB 0001124339  
MRS. SANDHYA KINI M  
Age: 60 Year(s) Female  
21 Jan 2023 8:22:56 AM



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~0.15-100 Hz

100B

CL

P?