

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

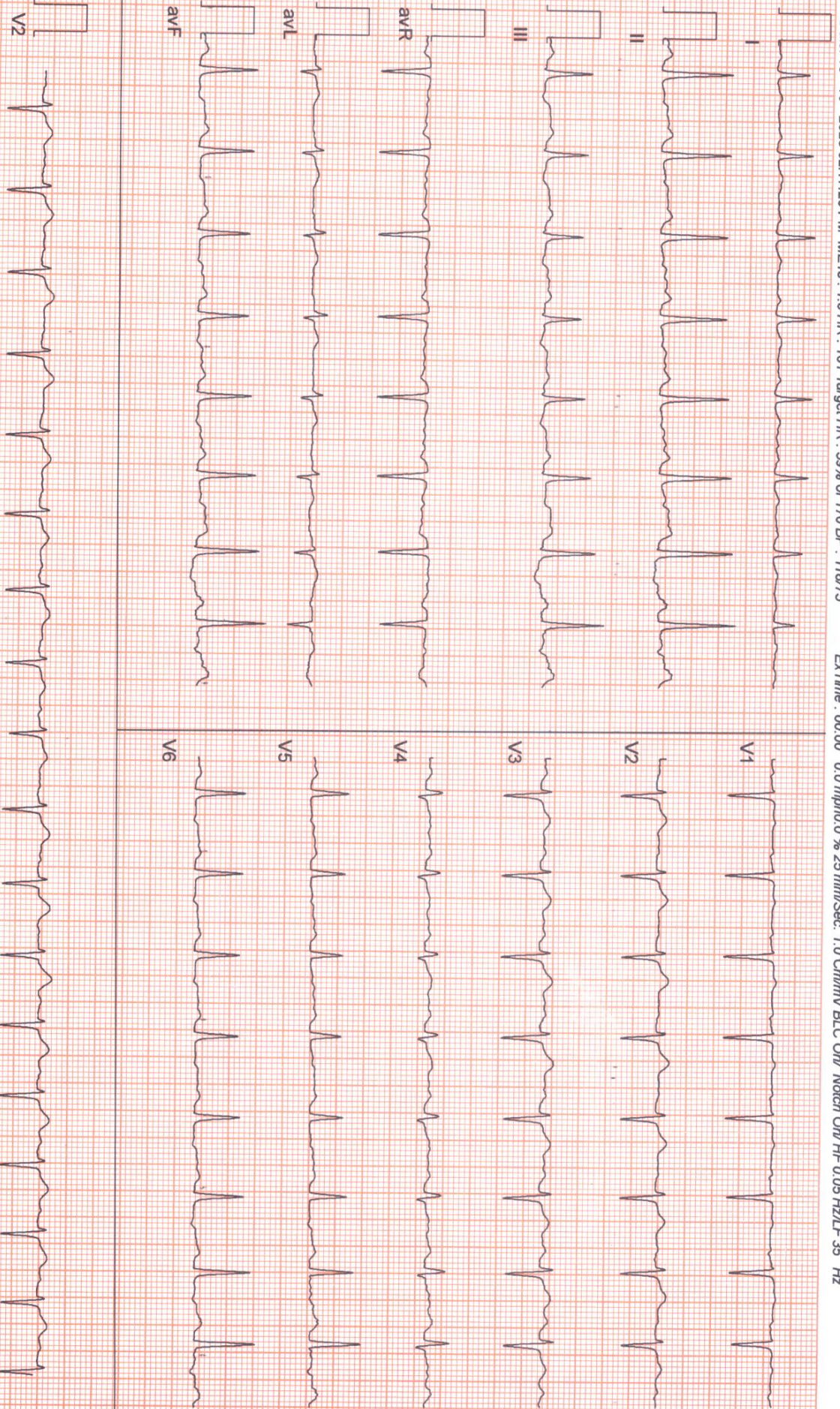
686 / SUSMITA SATPATHY / 50 Yrs / Female / 147 Cm / 53 Kg

6 x 2 + Rhythm
BRUCE:HV(0:18)



Date: 18 - 10 - 2023 02:17:20 PM METs : 1.0 HR : 101 Target HR : 59% of 170 BP : 118/75

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz

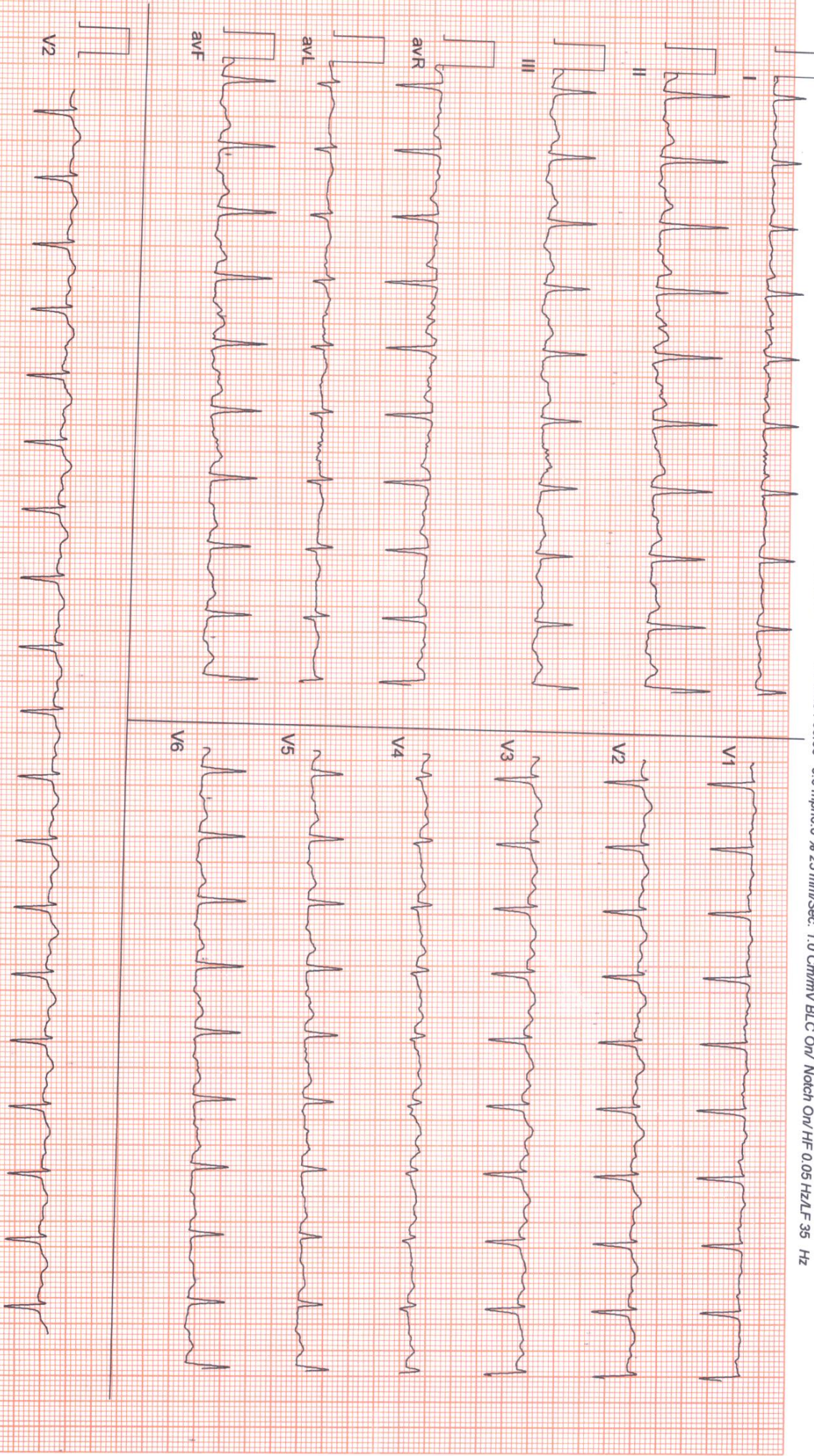


SAHIDNAGAR, BHUBANESWAR
686 / SUSMITA SATPATHY / 50 Yrs / Female / 147 Cm / 53 Kg

Date: 18 - 10 - 2023 02:17:20 PM METS : 1.0 HR : 114 Target HR : 67% of 170 BP : 118/75

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz LF 35 Hz

6 x 2 + Rhythm
ExStart



(ADX_GEM216201125)(R)Allergis

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

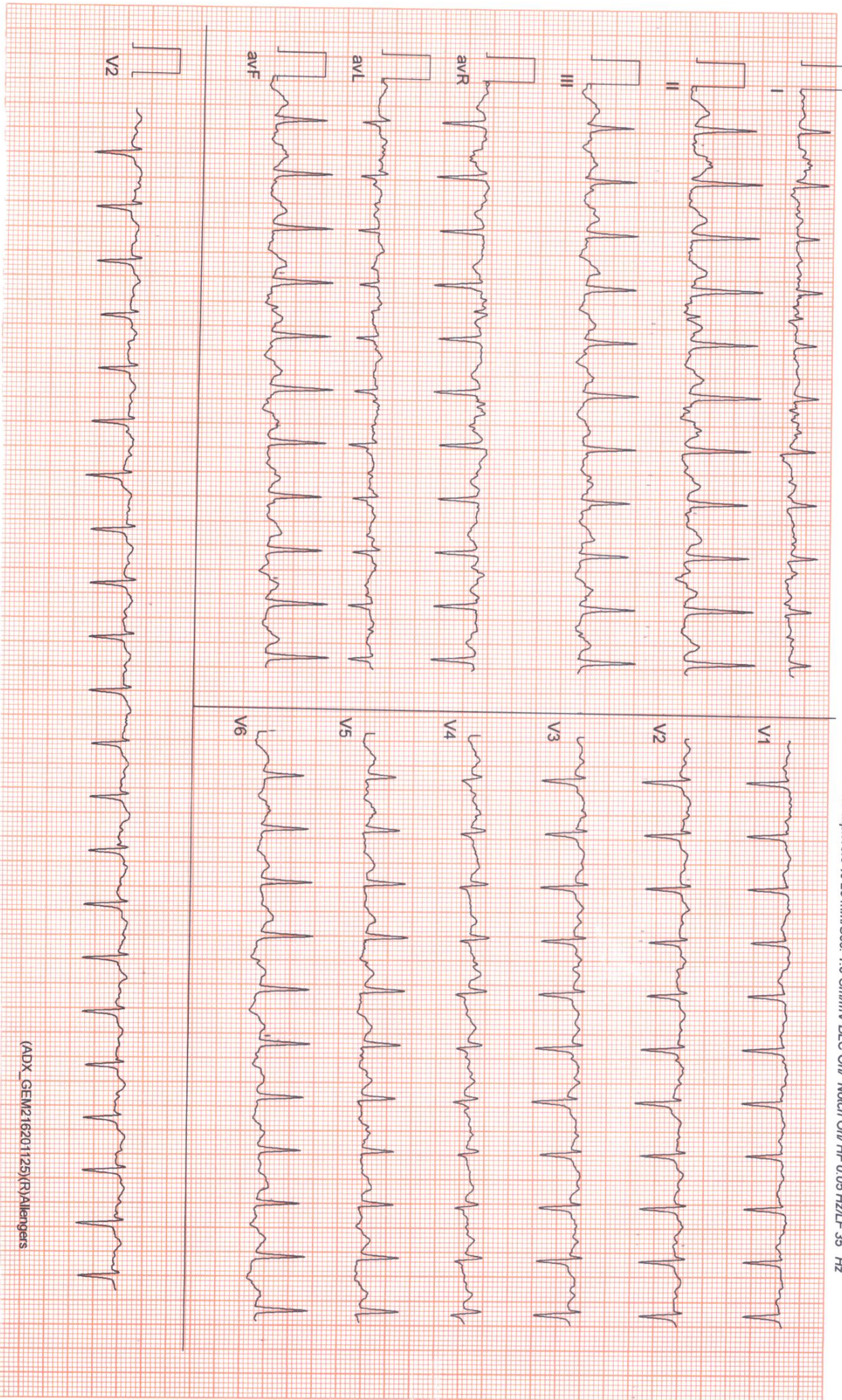
686 / SUSMITA SATPATHY / 50 Yrs / Female / 147 Cm / 53 Kg

Date: 18 - 10 - 2023 02:17:20 PM METS : 4.7 HR : 132 Target HR : 78% of 170 BP : 120/77

6 x 2 + Rhythm
BRUCE: Stage 1(3:00)



EXTime : 03:00 1.7 mph 10.0 % 25 mm/Sec: 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allergers

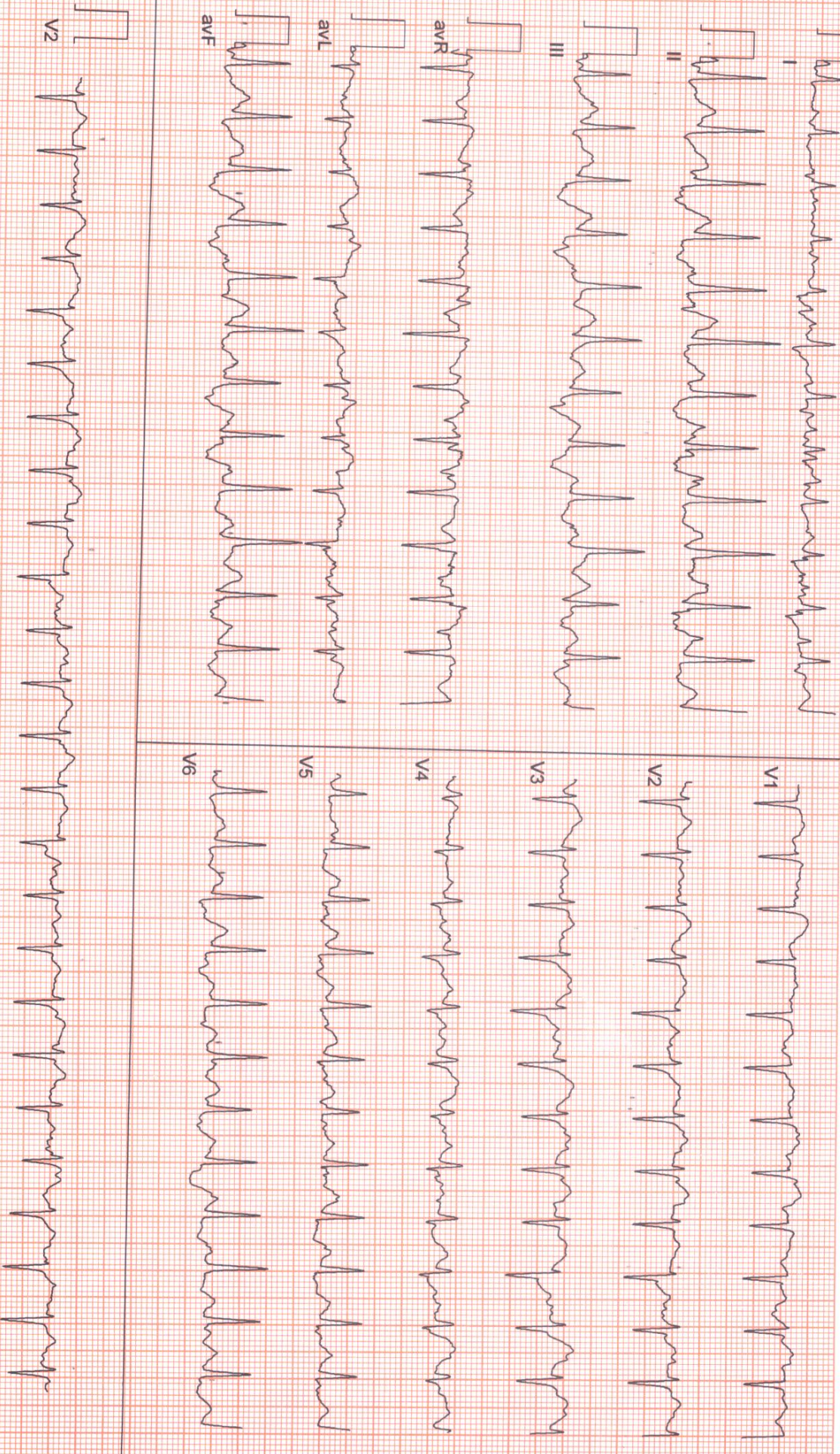
LEIVA HEALTHCARE
SAHIDNAGAR, BHUBANESWAR
686 / SUSMITA SATPATHY / 50 Yrs / Female / 147 Cm / 53 Kg

Date: 18 - 10 - 2023 02:17:20 PM METs : 7.1 HR : 149 Target HR : 88% of 170 BP : 121/79

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



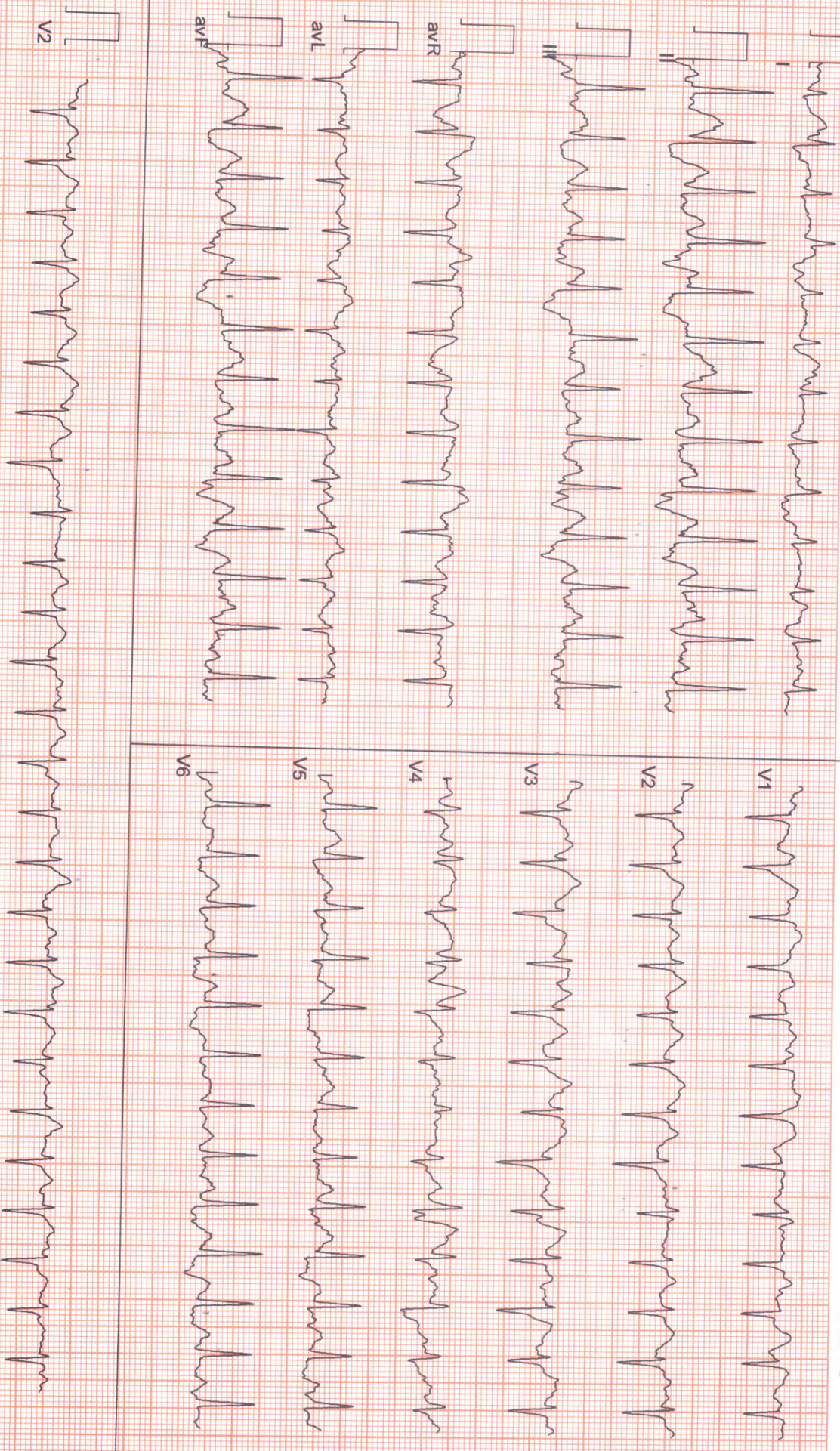
ExTime : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz LF 35 Hz



Date: 18 - 10 - 2023 02:17:20 PM METS : 8.6 HR : 157 Target HR : 92% of 170 BP : 121/79

EXTime : 07:25 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

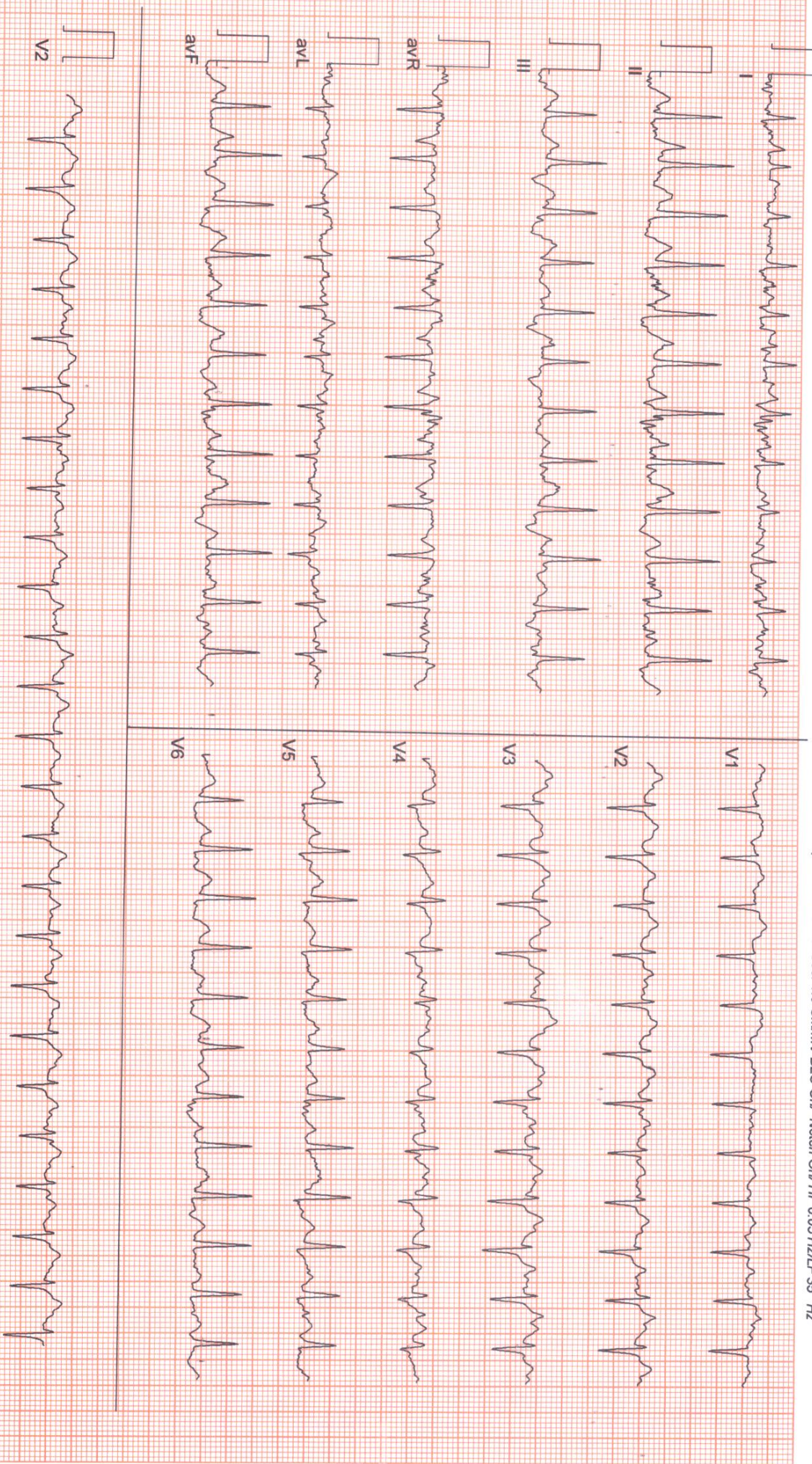
6 x 2 + Rhythm
PeakEx





Date: 18 - 10 - 2023 02:17:20 PM METs : 4.2 HR : 152 Target HR : 89% of 170 BP : 121/79

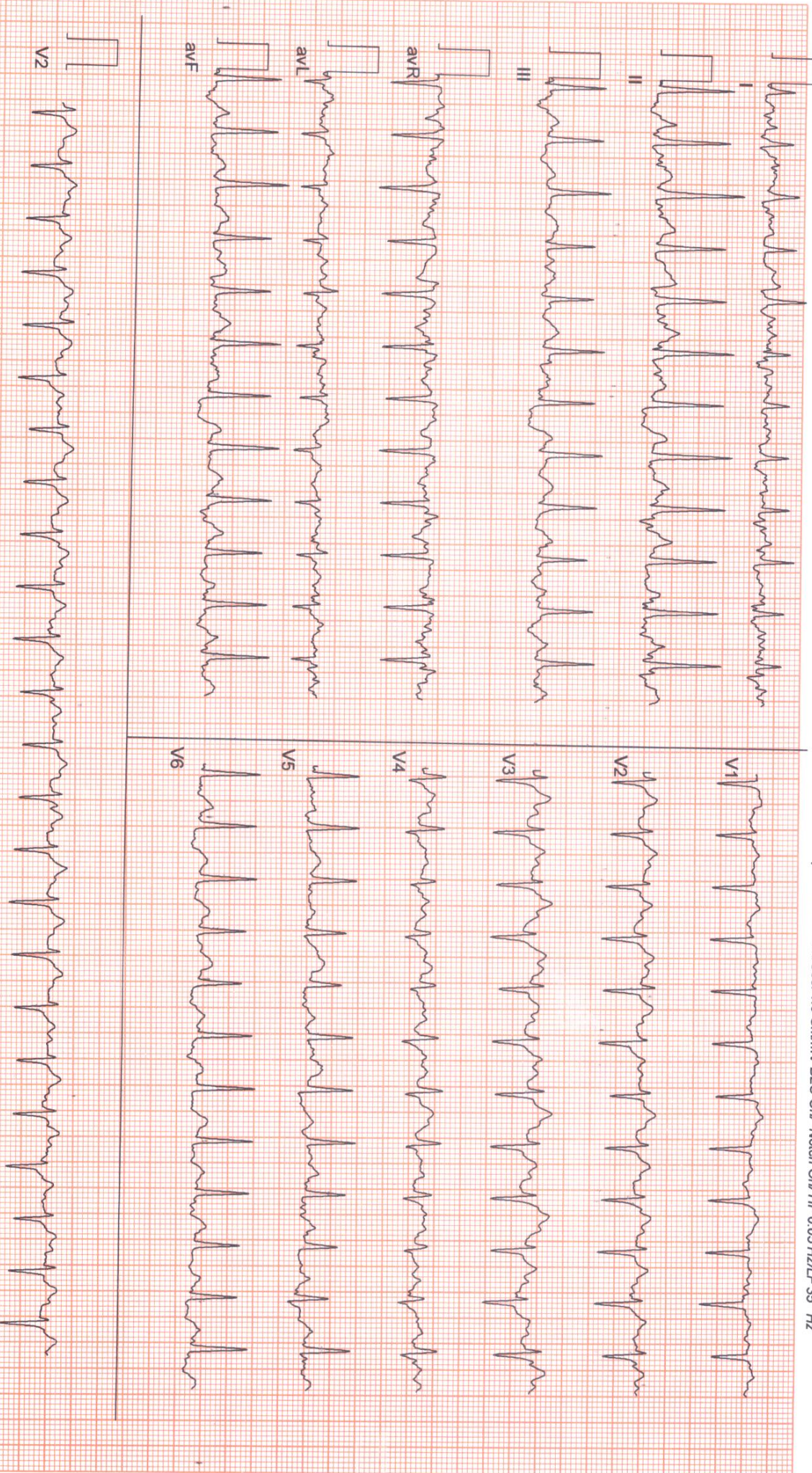
ExTime : 07:25 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 18 - 10 - 2023 02:17:20 PM METS : 1.2 HR : 143 Target HR : 84% of 170 BP : 120/79

ExTime : 07:25 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



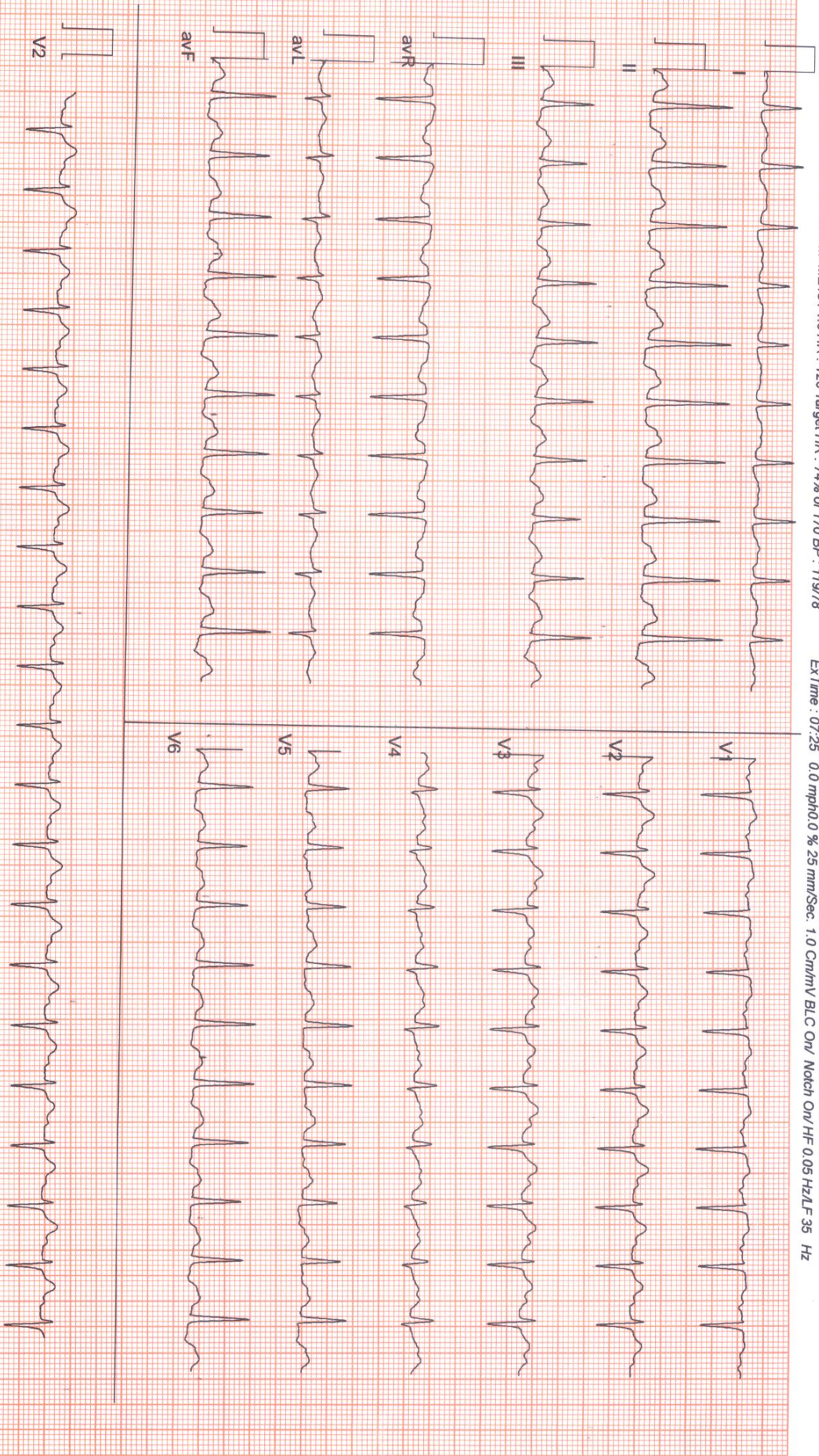
LEENA NEALIHICARE
SAHIDNAGAR, BHUBANESWAR
686 / SUSMITA SATPATHY / 50 Yrs / Female / 147 Cm / 53 Kg

6 x 2 + Rhythm
Recovery(3:00)



Date: 18 - 10 - 2023 02:17:20 PM METs : 1.0 HR : 126 Target HR : 74% of 170 BP : 119/78

ExTime : 07:25 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz LF 35 Hz

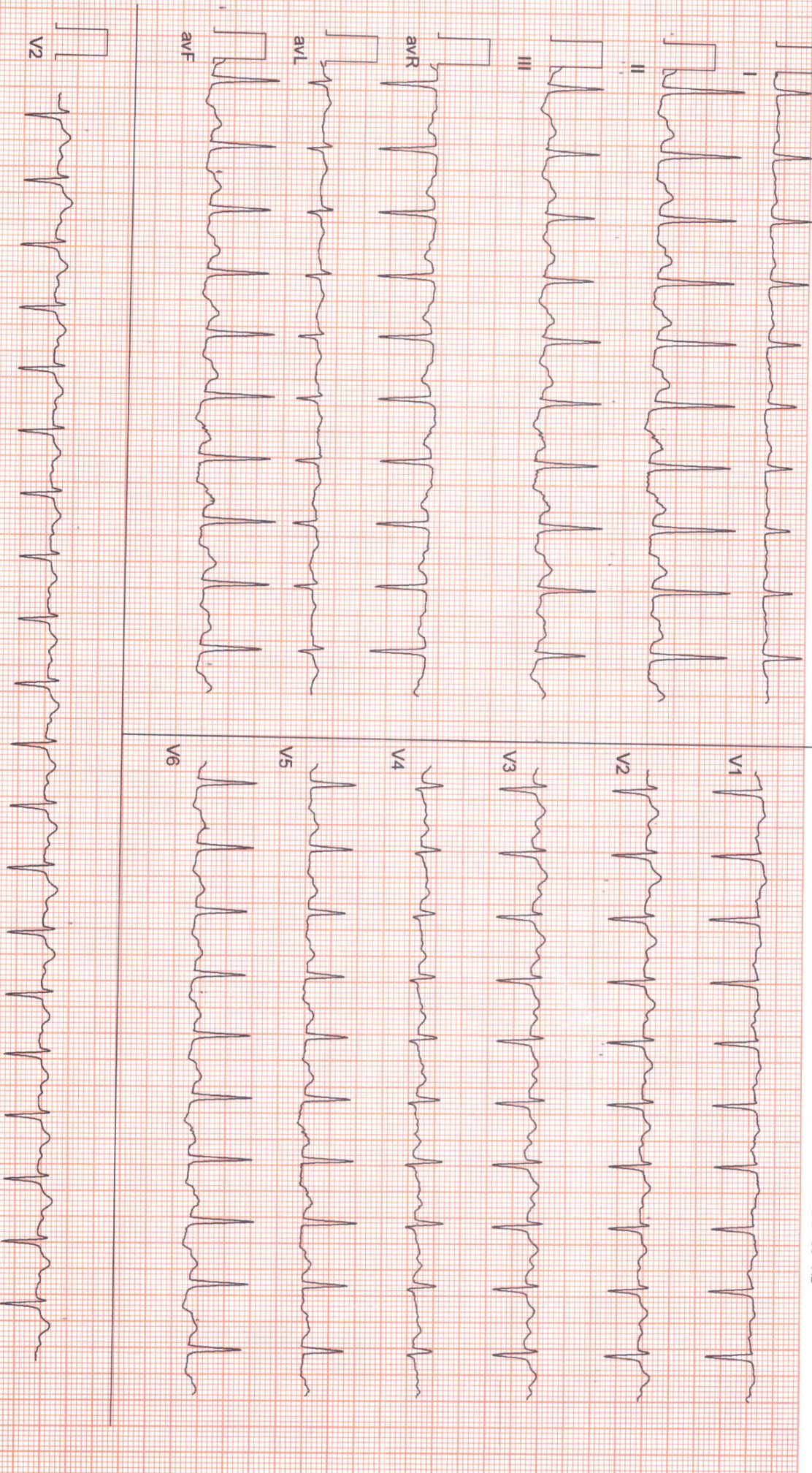


(ADX_GEM216201125)(R)Allengers



Date: 18 - 10 - 2023 02:17:20 PM METS : 1.0 HR : 123 Target HR : 72% of 170 BP : 118/78

ExTime : 07:25 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





686 / SUSMITA SATPATHY / 50 Yrs / F / 147 Cms / 53 Kg Date: 18-Oct-2023 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:20	0:20	00.0	00.0	01.0	104	61%	118/75	122	00	
Standing	00:37	0:17	00.0	00.0	01.0	102	60%	118/75	120	00	
HV	00:55	0:18	00.0	00.0	01.0	101	59%	118/75	119	00	
ExStart	01:13	0:18	00.0	00.0	01.0	114	67%	118/75	134	00	
BRUCE Stage 1	04:13	3:00	01.7	10.0	04.7	132	78%	120/77	158	00	
BRUCE Stage 2	07:13	3:00	02.5	12.0	07.1	149	88%	121/79	180	00	
PeakEx	08:38	1:25	03.4	14.0	08.6	157	92%	121/79	189	00	
Recovery	09:08	0:30	01.1	00.0	04.2	152	89%	121/79	183	00	
Recovery	09:38	1:00	01.1	00.0	01.2	143	84%	120/79	171	00	
Recovery	11:38	3:00	00.0	00.0	01.0	126	74%	119/78	149	00	
Recovery	13:48	5:10	00.0	00.0	01.0	123	72%	118/78	145	00	

FINDINGS :

Exercise Time : 07:25
 Max HR Attained : 157 bpm 92% of Target 170
 Max BP Attained : 121/79
 Max Workload Attained : 8.6 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

TMT IS Negative

Dr. M. K. HOTA
 M.B.B.S.
 REGD No. 6993



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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

Patient Name : MRS. SUSMITA SATPATHY

Age / Gender : 50 years / Female

Patient ID : 5525

Referral : MEDI WHEEL

Collection Time : 18/10/2023, 10:59 AM

Reporting Time : 18/10/2023, 05:54 PM

Sample ID :



21294

Test Description	Value(s)	Reference Range	Unit
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Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
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Website : www.zenahealthcare.com

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Collection Time : 18/10/2023, 10:59 AM

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Sample ID :



21294

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	11.6	12.0 - 15.0	gm/dL
Erythrocyte (RBC) Count	4.56	3.8 - 4.8	mil/cu.mm
Packed Cell Volume (PCV)	37.6	36 - 46	%
Mean Cell Volume (MCV)	82.46	83 - 101	fL
Mean Cell Haemoglobin (MCH)	25.44	27 - 32	pg
Mean Corpuscular Hb Conc. (MCHC)	30.85	31.5 - 34.5	g/dL
Red Cell Distribution Width (RDW)	14.2	11.6 - 14.0	%
Total Leucocytes (WBC) Count	10000	4000-10000	cell/cu.mm
Neutrophils	73	40 - 80	%
Lymphocytes	22	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	03	1 - 6	%
Basophils	00	1-2	%
Platelet Count	276	150 - 410	10 ³ /ul
Mean Platelet Volume (MPV)	12.2	7.2 - 11.7	fL
PCT	0.34	0.2 - 0.5	%
PDW	18.2	9.0 - 17.0	%

END OF REPORT

Lab technician

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Sample ID :



Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.57	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.16	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.41	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	18.4	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	28.2	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	8.23	< 38	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	116.3	42-141	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.87	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.02	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.85	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.41	1.2 - 2.2	

END OF REPORT

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Sample ID :



Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD 5.68 %

Method : (HPLC, NGSP certified)

Estimated Average Glucose : 116.32 - mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient ID : 5525

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Sample ID :



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
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Patient Name : MRS. SUSMITA SATPATHY

Age / Gender : 50 years / Female

Patient ID : 5525

Referral : MEDI WHEEL

Collection Time : 18/10/2023, 10:59 AM

Reporting Time : 18/10/2023, 05:55 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

END OF REPORT

Lab technician

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Patient Name : MRS. SUSMITA SATPATHY

Age / Gender : 50 years / Female

Patient ID : 5525

Referral : MEDI WHEEL

Collection Time : 18/10/2023, 10:59 AM

Reporting Time : 18/10/2023, 05:55 PM

Sample ID :



21294

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.23	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.25	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.95	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

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Age / Gender : 50 years / Female

Patient ID : 5525

Referral : MEDI WHEEL

Collection Time : 18/10/2023, 10:59 AM

Reporting Time : 18/10/2023, 05:55 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<u>Lipid Profile</u>			
Cholesterol-Total Method : Spectrophotometry	132.30	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	121.43	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	38.20	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	69.81	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	24.29	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	3.46	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	1.83	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician

Wah
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ZENA HEALTHCARE SERVICES

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NAME:-SUSMITA SATPATHY

AGE:-50YRS

Patient ID:- 02

REFERRAL:-MEDI-WHEEL

DATE :-18.10.2023

SEX :-FEMALE

CHEST X-RAY PA VEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist

For Home Collection Please Call at Number :

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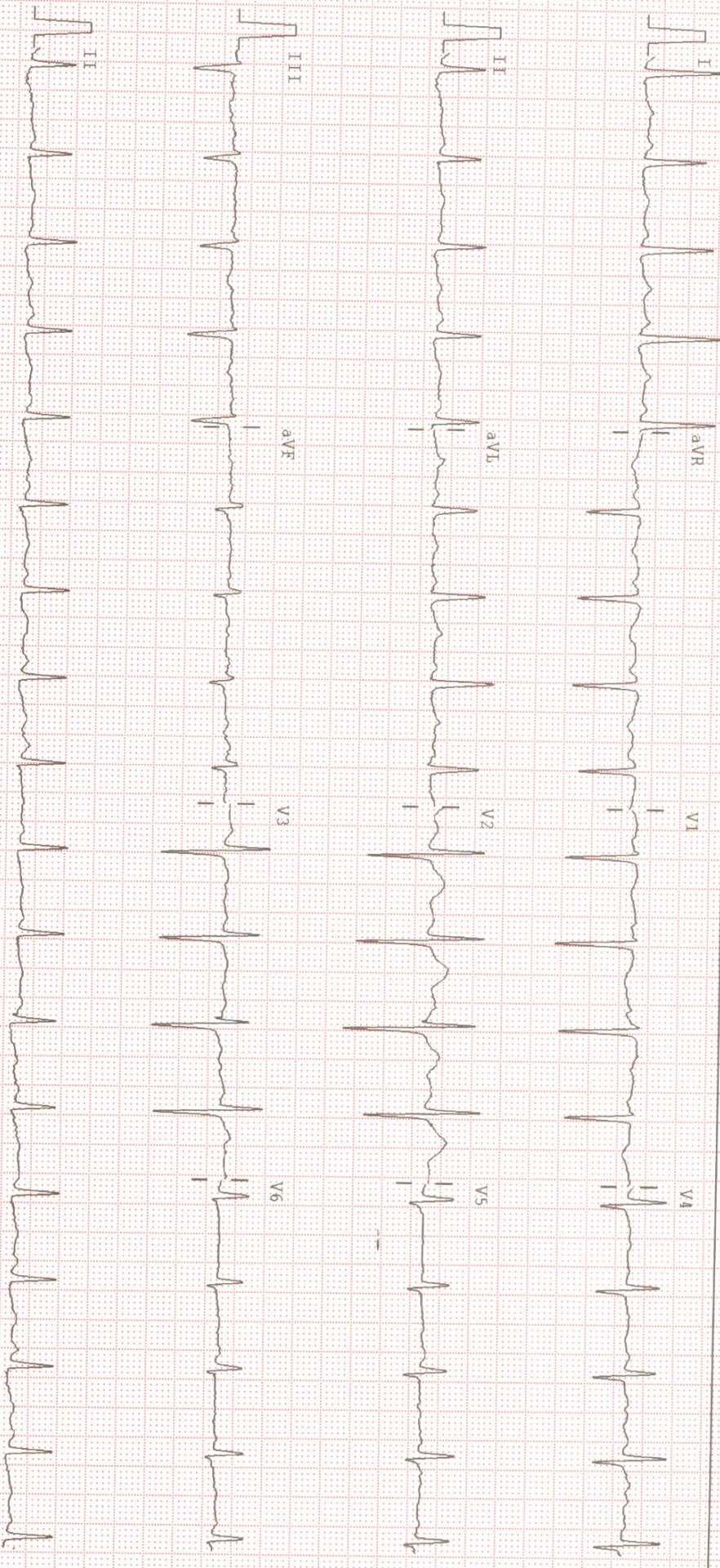
ID: 10436 CASE: SUSMITA SATPATHY
AGE: 50 Y M D FEMALE
Cms: K9

18/10/2023 09:52:38
ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

RATE: 104 bpm STATUS RHYTHM
R-R: 574 ms SHORT PR INTERVAL
P-R: 108 ms ANTERIOR T WAVE ABNORMALITY IS NONSPECIFIC
QRS: 76 ms
QTc: 364 ms
QTc: 441 ms

Dr. N. K. HOTA
REGD. No. 99933

P: 28°
QRS: 03°
T: 03°
12 SL: REPORT FORMAT 3x4+II, SQ



25mm/sec 10mm/mV Notch: ON BLO: ON 0.05-35Hz ALLENGERS PISCES 10121-VER-1.9) CLINICALLY CORRELATE THE FINDINGS

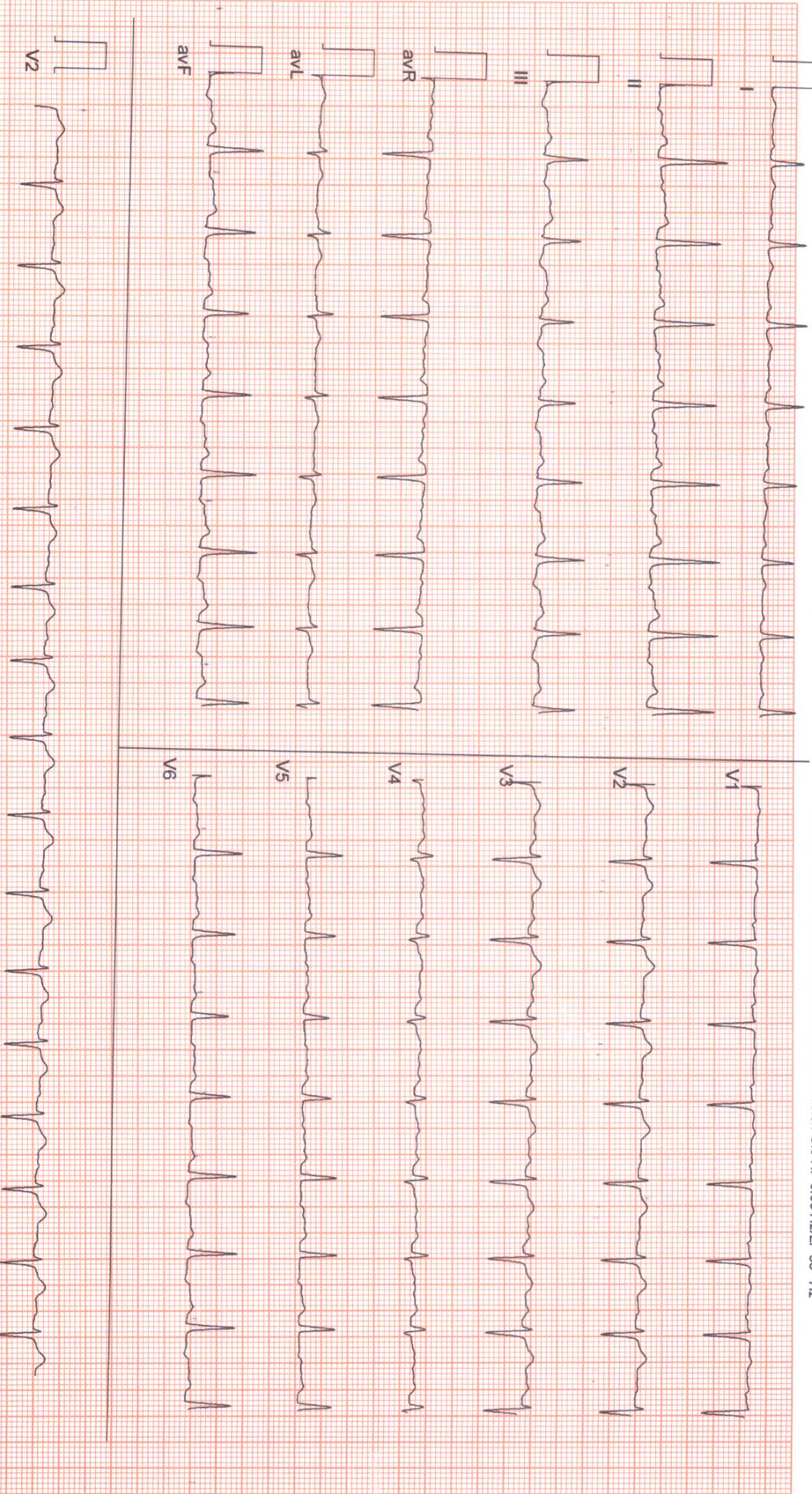
SAHIDNAGAR, BHUBANESWAR
686 / SUSMITA SATPATHY / 50 Yrs / Female / 147 Cm / 53 Kg

6 x 2 + Rhythm
BRUCE: Supine(0:20)



Date: 18 - 10 - 2023 02:17:20 PM METs : 1.0 HR : 104 Target HR : 61% of 170 BP : 118/75

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



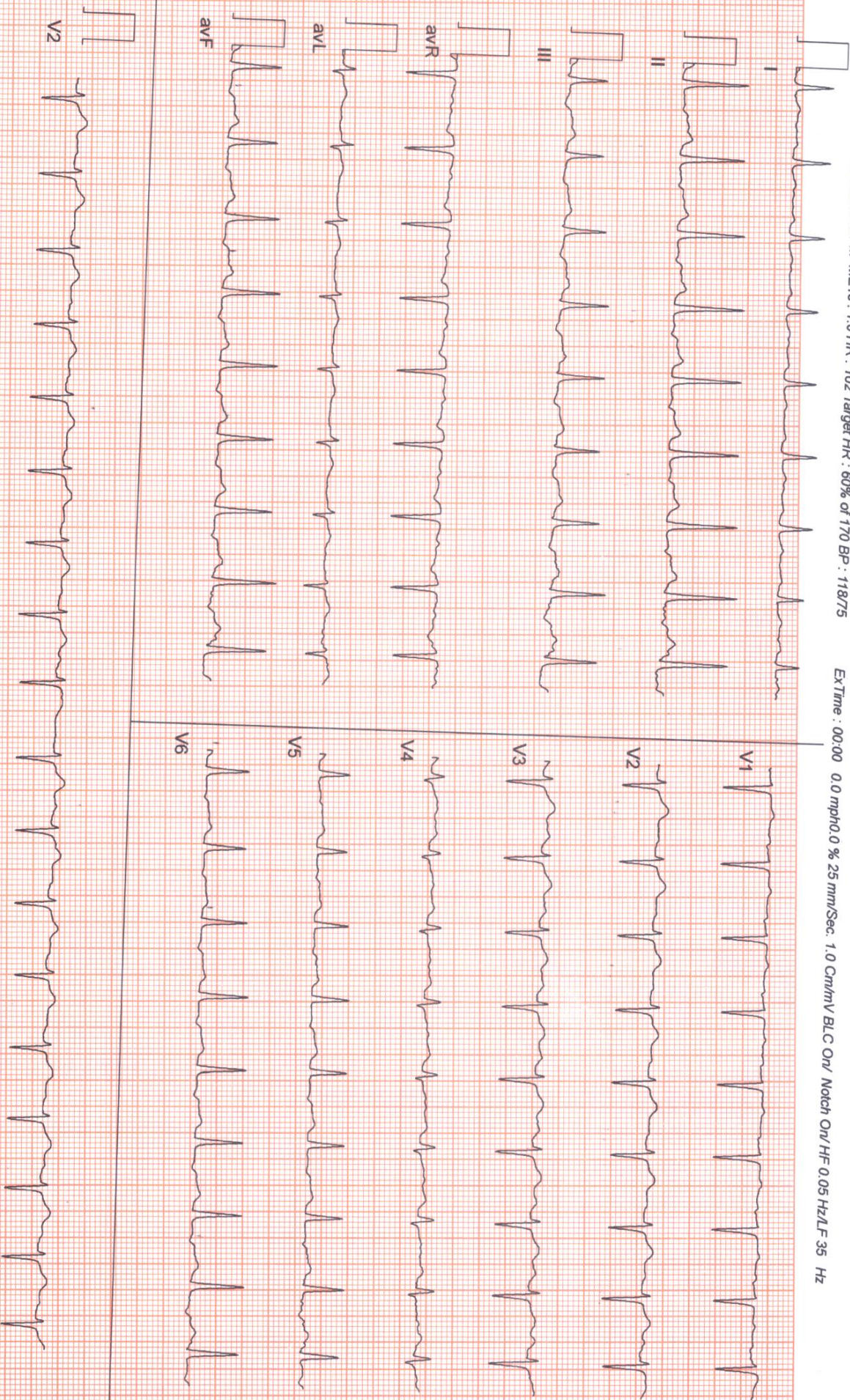
(ADX_GEM216201125)(R)Allengers

SARJUNAGAR, BHUBANESWAR
686 / SUSMITA SATPATHY / 50 Yrs / Female / 147 Cm / 53 Kg

Date: 18 - 10 - 2023 02:17:20 PM METs : 1.0 HR : 102 Target HR : 60% of 170 BP : 118/75

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

6 x 2 + Rhythm
BRUCE: Standing(0-17)



(ADX_GEM216201125)(R)Allengers



ZENA
Healthcare Services
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Professional Accuracy Precision

ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Regd. No. : 1834

Patient Name : MRS. SUSMITA SATPATHY

Age / Gender : 50 years / Female

Patient ID : 5525

Referral : MEDI WHEEL

Collection Time : 18/10/2023, 10:59 AM

Reporting Time : 18/10/2023, 05:54 PM

Sample ID :



21294

Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	98.0	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	133.95	70 - 140	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	19.2	10 - 50	mg/dL
<u>Blood Group ABO & Rh Typing, Blood</u>			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"B"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.84	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	3.9	3.4 - 7.0	mg/dL
<u>ESR, Erythrocyte Sedimentation Rate</u>			
ESR - Erythrocyte Sedimentation Rate Method : EDTA Whole Blood, Manual Westergren	6	0 - 20	mm/hr

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health