

## Savaikar Hospital Health Check Summary

Date :- 27/05/23.

Name :- Ruma Bhonsle

Age 35 yrs

Sex :- F

Address :-

Cont. No. :-

Past History :- -

Obstetric History :-

G<sub>2</sub> P<sub>2</sub> L<sub>1</sub> A<sub>1</sub>

[1 FTND - 3 yrs back] [1 miscarriage - 5 yrs back].

Menstrual History :-

LMP - 5/05/23.

5

Personal History :-

Family History :-

Father - ~~HTN~~ K/C/O - HTN

Mother - K/C/O - DM

On Examination :-

CVS :- S<sub>1</sub>S<sub>2</sub> heard

R/S :- clear

CNS :- conious

P/A :- Soft NT

**Lab Investigations:-**

**Significant Findings:-**

**Resting ECG :-**

**Ultrasound: -**

*Impression - cholelithiasis  
(CBD Normal)*

**X-Ray:-**

**Summary:-**

**Advice:-**

*Surgeon's opinion for  
cholelithiasis*

**Dr.(Mrs.) Lalana Bakhale  
M.B.B.S. , M.D.**



Rima Bhosale

Email ID- rimasawant12@gmail.com

mob No- 7774904553

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. BHOSALE RIMA GOURAV
EC NO.	171146
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	MANGAON,SINDHUDURG
BIRTHDATE	12-12-1988
PROPOSED DATE OF HEALTH CHECKUP	27-05-2023
BOOKING REFERENCE NO.	23J171146100060246E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **24-05-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager  
HRM Department  
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारतीय रिपब्लिक  
भारत सरकार  
Unique Identification Authority of India  
Government of India

नॉदणी क्रमांक/Enrolment No.: 2085/26129/00805

To  
रिमा गौरव भोसले  
Rima Gourav Bhosale  
C/O Gourav Kishor Bhosale  
115  
Tali wadi  
Kudal  
Mangaon  
Sindhudurg Mangaon  
Maharashtra - 416519  
7774904553

Download Date: 17/02/2017

Generation Date: 07/02/2017

Signature valid



आपला आधार क्रमांक / Your Aadhaar No. :

**7489 6594 3486**

माझे आधार, माझी ओळख



भारत सरकार  
Government of India



रिमा गौरव भोसले  
Rima Gourav Bhosale  
जन्म तारीख/ DOB: 12/12/1988  
महिला / FEMALE



7489 6594 3486

माझे आधार, माझी ओळख



बैंक ऑफ़ बड़ोदा  
Bank of Baroda

नाम

Name : **Rima Gourav Bhosale**

कर्मचारी कूट क्र.

E.C.No. : **171146**

जारीकर्ता प्राधिकारी

Issuing Authority

Chief Manager (HRM)

Pune Zone



धारक के हस्ताक्षर

Signature of Holder



Patient : MRS. RIMA BHOSLE  
UHID No : SHLC/31041  
Ref.by : DR.MASTER HEALTH CHECK-UP  
Bill No : 9959

Age/Sex : 35/Female  
Date : 27.05.2023  
Print Date : 27.05.2023 05:47:57 PM

## HAEMATOLOGY REPORT

### CBC

#### Test Done

#### Observed values

#### Ref. Range

HAEMOGLOBIN (HB) 11.0 g/dl M: 13.5 - 19.5 g/dl, F: 11.5 - 16.5 g/dl

TOTAL WBC COUNT 7,100 Cells/cu mm 4,000-10,500 /cu mm

#### DIFFERENTIAL COUNT

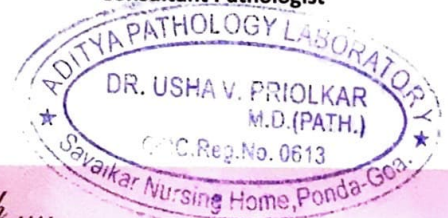
STAB CELLS (IMMATURE NEUTROPHILS)	02 %	0 - 5 %
NEUTROPHILS	66 %	40 - 70 %
LYMPHOCYTES	26 %	20 - 45 %
EOSINOPHILS	02 %	1 - 4 %
MONOCYTES	04 %	2 - 8 %
BASOPHILS	00 %	0 - 1 %
PLATELETS	2,89,000 /cu mm	1,50,000 - 4,00,000 /cu mm
RBC COUNT	4.06 millions/cu mm	4.5 - 6.5 / cu mm
HCT	31.1 %	40 to 54 %
MCV	76.0 fl	80 - 96 fl
MCH	27.0 pg	27 - 31 pg
MCHC	35.3 gms%	32 - 36 gms%
ESR	18 mm/hr	0 - 20 mm/hr

..... End of Report .....

CHECKED BY  
  
LAB TECHNICIAN

  
DR. MRS. USHA V. PRIOLKAR  
M.B.B.S., M.D.

Consultant Pathologist



# SAVAIKAR HOSPITAL & LAPAROSCOPY CENTRE



Warkhandem, Ponda, Goa 403 401

Hosp. Reg. No. T/0/412

Tel. No. 2312603, 2319202 OPD.: 2311031 Fax No. 2319870

website : [www.savaikarhospital.com](http://www.savaikarhospital.com)

email : [drsavaikar@gmail.com](mailto:drsavaikar@gmail.com)

॥ आरोग्यम् धनसंपदा ॥

Patient : MRS. RIMA BHOSLE

UHID No : SHLC/31041

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 9959

Age/Sex : 35/Female

Date : 27.05.2023

Print Date : 27.05.2023 05:49:22 PM

## Test Done

## Observed values

## Ref. Range

### FASTING BLOOD SUGAR

FASTING BLOOD SUGAR

97.9 mg/dl

60 to 110

### BLOOD SUGAR POST PRANDIAL

BLOOD SUGAR POST PRANDIAL

111.6 mg/dl

70 to 150 mg/dl

### HBA1C

HBA1C

5.3 %

Normal 0.0-6.0% Good Control  
6.0-7.0% Fair Control 7.0-8.0%  
Poor Control 8.0-10.0%  
Unsatisfactory c

## Test Done

## Observed values

## Ref. Range

### HBA1C

Mean Blood Glucose

106.7 mg%

100-140

..... End of Report .....

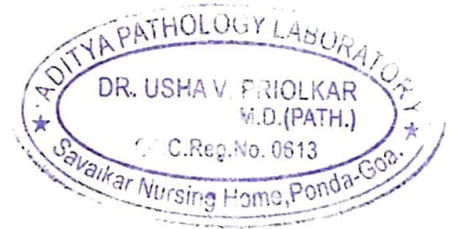
CHECKED BY

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UHID No : SHLC/31041  
Ref.by : DR.MASTER HEALTH CHECK-UP  
Bill No : 9959

Age/Sex : 35/Female  
Date : 27.05.2023


Print Date : 27.05.2023 05:50:35 PM

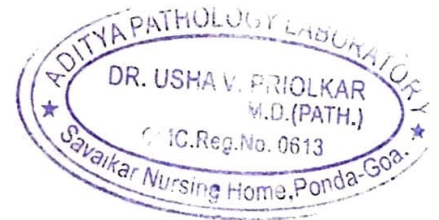
## BIOCHEMISTRY REPORT

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<b><u>LIVER FUNCTION TEST WITH PROTEINS</u></b>		
SGOT	16.4 U/L	5 - 40
SGPT	18.9 U/L	7 - 50
<b><u>BILIRUBIN</u></b>		
TOTAL	0.31 mg/dl	0.1 - 1.2
DIRECT	0.15 mg/dl	0.058 - 0.3
INDIRECT	0.16 mg/dl	0.2 - 0.7
ALKALINE PHOSPHATASE	59.9 U/L	53 - 128
<b><u>SERUM PROTEIN</u></b>		
TOTAL PROTEINS	6.98 gms %	6.0 - 8.5
ALBUMIN	3.97 gms %	3.2 - 5.5
GLOBULIN	3.01 gms %	2.1 - 3.3
A:G RATIO	1.31	1.5 - 2.1:1

..... End of Report .....

CHECKED BY  
  
LAB TECHNICIAN

  
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M.B.B.S., M.D.  
Consultant Pathologist







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Patient : MRS. RIMA BHOSLE

Age/Sex : 35/Female

UHID No : SHLC/31041

Date : 27.05.2023

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 9959

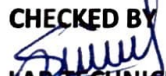
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## BIOCHEMISTRY REPORT

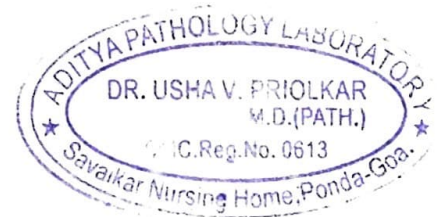
<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<b><u>RENAL FUNCTION TEST</u></b>		
Blood Urea	20.1 mg/dl	15.0 - 40.0
BUN	9.38 mg/dl	5.0 - 21.0
CREATININE	0.81 mg/dl	0.5 - 1.5
URIC ACID	3.81 mg/dl	Male : 3.5 - 7.2, Female : 2.5 - 6.2
<b><u>SERUM ELECTROLYTES</u></b>		
SODIUM	140.6 mEq/L	135 to 155
POTASSIUM	4.08 mEq/L	3.5 to 5.5
CHLORIDES	101.2 mEq/L	98 to 107

<u>Test Done</u>	<u>Observed values</u>	<u>Ref. Range</u>
<b><u>SERUM ELECTROLYTES</u></b>		
iCa	1.21 mmol/L	1.0 TO 1.40

..... End of Report .....

CHECKED BY  
  
LAB TECHNICIAN

  
DR. MRS. USHA V. PRIOLKAR  
M.B.B.S., M.D.  
Consultant Pathologist





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॥ आरोग्यम् धनसंपदा ॥

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UHID No : SHLC/31041

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 9959

Age/Sex : 35/Female

Date : 27.05.2023

Print Date : 27.05.2023 05:53:17 PM

### Test Done

### Observed values

### Ref. Range

#### BLOOD GROUP RH TYPING

BLOOD GROUP RH TYPING

'O' Rh Positive

## BIOCHEMISTRY REPORT

### Test Done

### Observed values

### Ref. Range

#### LIPID PROFILE

SERUM CHOLESTEROL

150.2 mg/dl

130 to 240 mg/dl

HDL CHOLESTEROL

49.1 mg/dl

M:35-80,F:42-88

SERUM TRIGLYCERIDES

89.6 mg/dl

0 to 200

VLDL CHOLESTEROL

17.92 mg/dl

0 - 35

LDL CHOLESTEROL

83.18 mg/dl

0 - 160

LDL/HDL CHOLESTROL (R)

1.69

0.0 - 4.0

TOTAL CHOL / HDL CHO

3.06

0.0 - 4.5

..... End of Report .....

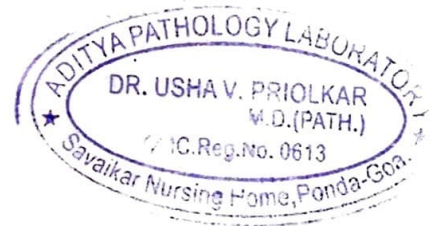
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M.B.B.S., M.D.

Consultant Pathologist



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Patient : MRS. RIMA BHOSLE

UHID No : SHLC/31041

Ref.by : DR.MASTER HEALTH CHECK-UP

Bill No : 9959

Age/Sex : 35/Female

Date : 27.05.2023

Print Date : 27.05.2023 05:54:39 PM

## CLINICAL PATHOLOGY REPORT

### Test Done

### Observed values

### Ref. Range

#### URINE ROUTINE

#### PHYSICAL EXAMINATION

Colour	Pale Yellow	
Odour	Fainty Aromatic	
Appearance	Slightly Hazy	

#### CHEMICAL EXAMINATION

Reaction	6.0	5.5 - 7.5
Specific Gravity	1.025	1.010 - 1.025
Deposit	Absent	
Protein	Absent	
Sugar	Absent	
Ketones	Absent	

#### MICROSCOPIC EXAMINATION

Pus Cells	2-3 /hpf	0 - 5 hpf
Epithelial Cells	3-4 /hpf	
RBC's	Nil /hpf	0 - 2hpf

..... End of Report .....

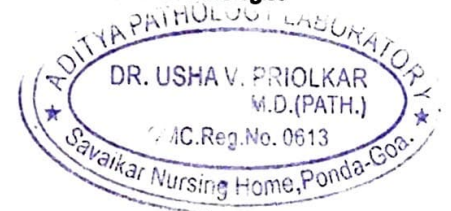
CHECKED BY

LAB TECHNICIAN

DR. MRS. USHA V. PRIOLKAR

M.B.B.S., M.D.

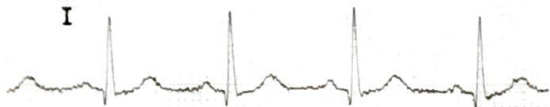
Consultant Pathologist



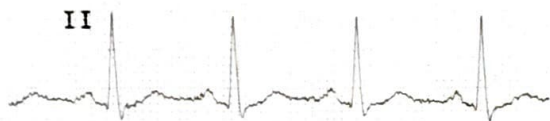
MAC 400

U1.02

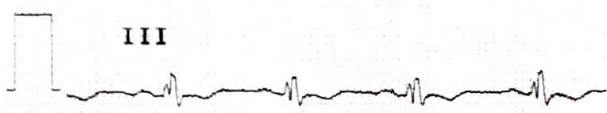
I



II



III



Auto

25mm/s

10mm/mV

ADS

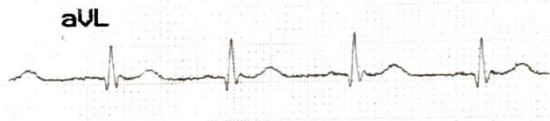
GE

27. May. 23 08:48

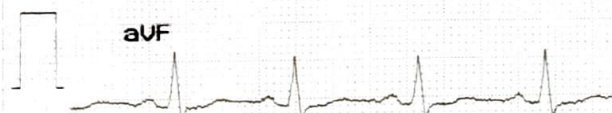
aVR



aVL



aVF



50Hz

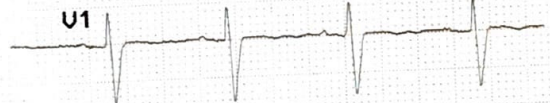
0.08-150Hz

88BPM

MAC 400

U1.02

U1



U2



U3



Auto

25mm/s

10mm/mV

ADS

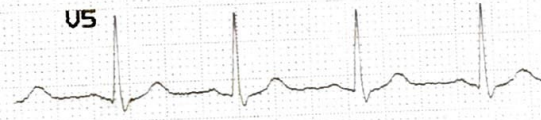
GE

27. May. 23 08:48

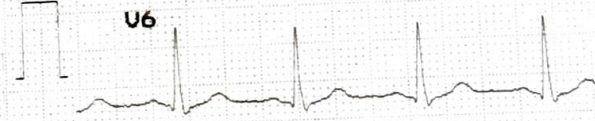
U4



U5



U6



50Hz

0.08-150Hz

88BPM


Rima Bhosale

Age - 35/F

Date - 27/05/23

Health Checkup

ECG Within Normal Limits

  
Dr. (M.G.) Parthiv V. Bakhale  
M.D. (BOM), Reg. No. 0020  
Consultant Physician  
Ponda-Goa



**NAME: RIMA BHOSLE**

**HEALTH CHECK UP**

**DATE: 27/05/2023**

## **ABDOMINO-PELVIC ULTRASONOGRAPHY**

Real time USG of the abdomen and pelvis was performed.

The **LIVER** – normal .

The **GALL BLADDER** – shows multiple calculi. No wall thickening .CBD- normal

**PANCREAS**-grossly normal

**SPLEEN** – normal .

**Both kidneys** are normal in size, position and contour

**RIGHT KIDNEY**- no calculus or hydronephrosis

**LEFT KIDNEY**- no calculus or hydronephrosis.

The **URINARY BLADDER** – not adequately full, grossly normal

The **UTERUS** is grossly normal . No adnexal mass

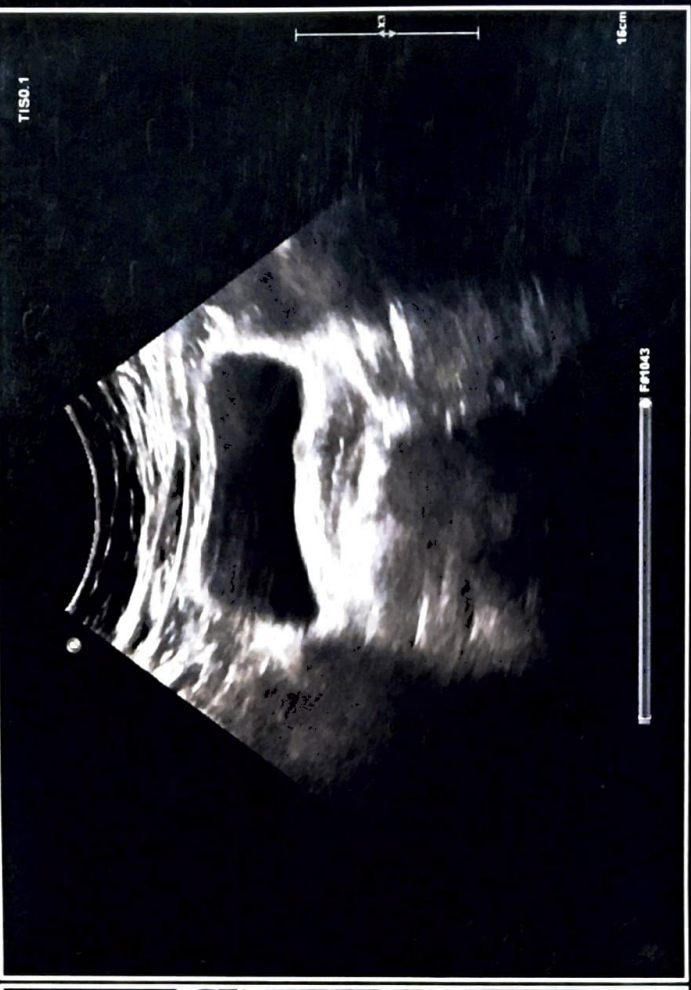
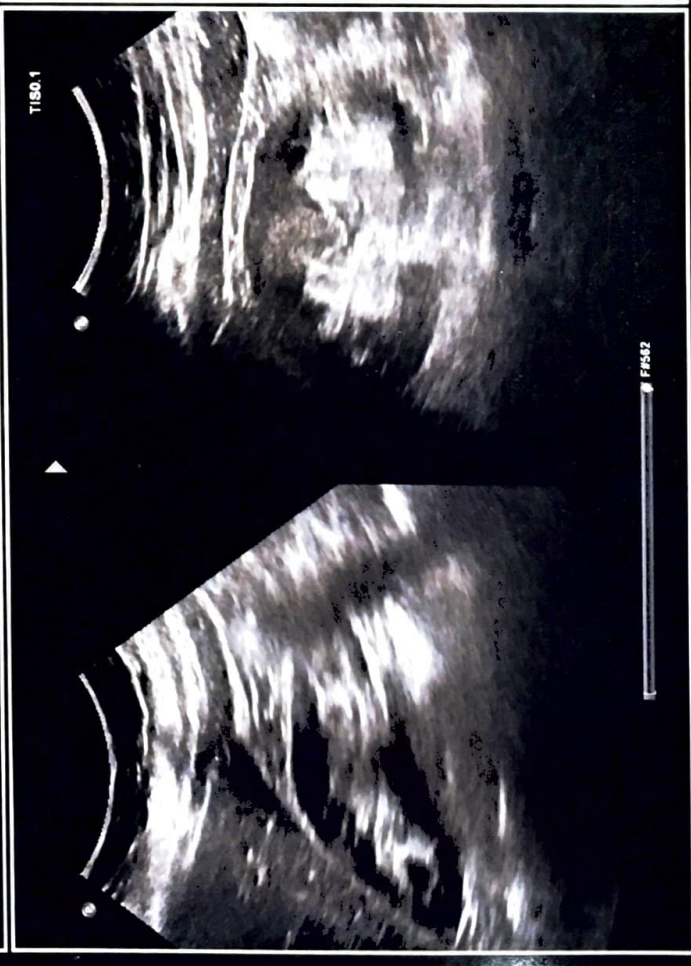
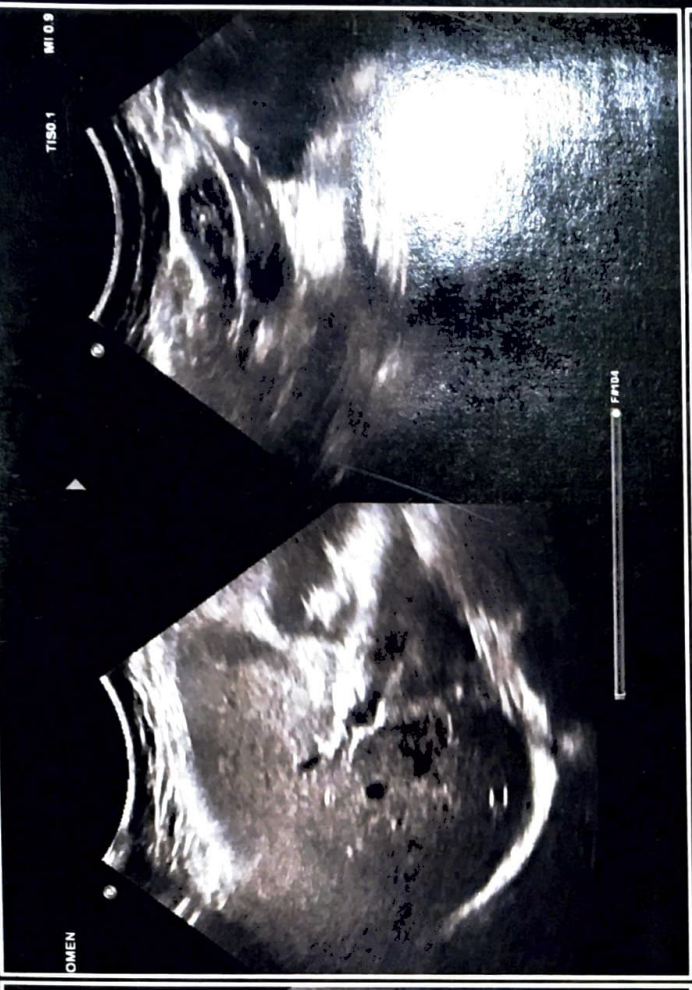
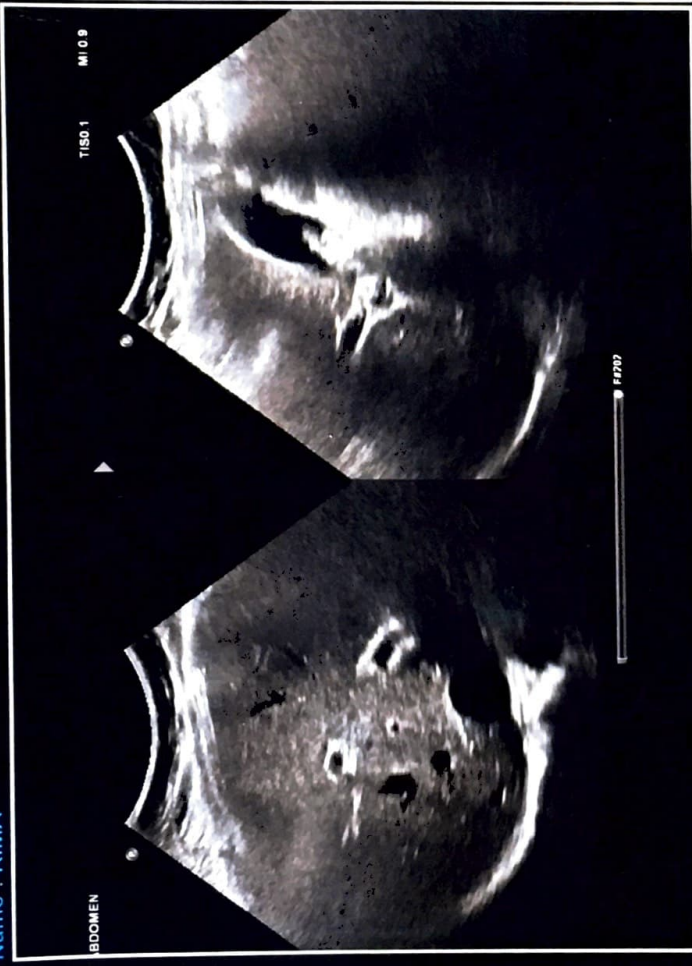
There is no free fluid in the abdomen or pelvis.

**OPINION: Cholelithiasis . CBD- normal**

With warm regards.

  
**DR.RESHMA DALVI**  
M.D., D.N.B. (RADIO-DIAGNOSIS)

Name : RIMA





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॥ आरोग्यम् धनसंपदा ॥

---

NAME : RIMA BHOSLE  
REF BY: HEALTH CHECK UP  
DATE: 27/05/2023

## RADIOGRAPH OF THE CHEST-PA VIEW

The trachea is central  
The lung fields are clear  
Both CP angles are clear  
Cardiothoracic ratio is within normal limits  
The rib cage is normal  
Both the diaphragm contours are normal

With warm regards.

Dr. RESHMA DALVI  
M.D, D.N.B (RADIO-DIAGNOSIS)





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॥ आरोग्यम् धनसंपदा ॥

Date:- 27/05/2023

NAME:- Rima Bhosle

AGE:- 35 yrs

SEX:- female

COMPANY NAME :- Bank of Baroda.

## OPHTHALMIC EXAMINATION:

VISION	DISTANT		NEAR	
	RIGHT	LEFT	RIGHT	LEFT
VISUAL ACUITY				
WITH SPECTS	—	—	—	—
WITHOUT SPECTS	6/6	6/6	N/6	N/6
COLOUR VISION	Normal			
SIGNS OF NIGHT BLINDNESS:- Yes/No	No		PHORIAS :- Nil	

*RGBhosle*

**SIGNATURE OF THE EMPLOYEE**

# Sawaikar Hospital & Laparoscopy Centre

Warkhandem, Ponda - Goa 403 401.

Hosp. Reg.No.: T/0/412

**Dr. S. V. Sawaikar**  
M.B.B.S., M.D. (Delhi)  
Obstetrician & Gynaecologist  
Reg. No. 0834 GMC

Phone: Hosp.: (0832) 2312603

(0832) 2319202

Res.: (0832) 2314913

Timings: 10 a.m. to 12 30 p.m.  
5 p.m. to 6.30 p.m.

EX. CONSULTANT

CHRISTIAN MEDICAL COLLEGE & HOSPITAL, VELLORE

WANLESS MISSION HOSPITAL MEDICAL COLLEGE, MIRAJ

Date: 27.5.23

Ref. Dr. Rima Shonsle - 35F.  
- M of 4 yrs. Gd. L. of 17th 3 yrs. H. del.

Routine Gynaecology.

MC. Regular - 3-4/28-30 LMP  
5.5.23.

O/E 130590 P/A - Normal.

wt. 85kg

B/S. ut. cx healthy.

B/V. ut. Normal. Site. Freely

mobile.

Adnexae Normal.

No Tenderness

Impression:

Normal  
gynaecological  
check up



Rima Bhosle  
Age: 35

Early Morning:- Lemon Water (Sugarless)  
(1 Lemon)

Breakfast:- Ragi Bhakri → 2 nos  
OR  
Rajgira Paratha → 2 nos  
OR  
Beetroot Smoothie → 1 glass

Mid Morning:- Chia Seed Water

Lunch:- Rice → 1 Bowl  
Dal → 1/2 Bowl  
Seasonal vegetable → 2 cups.

5:00pm:- Green tea → 1 cup OR Walnut water → 1 glass.  
OR Sattu → 1 glass

8:00pm:- Chapatis → 2 nos  
Rajma OR Paneer Curry OR Moongachi Curry → 1 cup

10:00pm:- Milk → 1 glass.