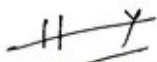


Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:05PM
UHID/MR No : CJPN.0000097715	Reported : 12/Sep/2024 03:07PM
Visit ID : CJPNOPV206344	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E33149	

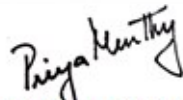
DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
HAEMOGLOBIN	12.5	g/dL	12-15	Spectrophotometer
PCV	36.70	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.17	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	88	fL	83-101	Calculated
MCH	29.8	pg	27-32	Calculated
MCHC	33.9	g/dL	31.5-34.5	Calculated
R.D.W	14.2	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,500	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	68	%	40-80	Electrical Impedance
LYMPHOCYTES	23.4	%	20-40	Electrical Impedance
EOSINOPHILS	4	%	1-6	Electrical Impedance
MONOCYTES	4.4	%	2-10	Electrical Impedance
BASOPHILS	0.2	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	5780	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1989	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	340	Cells/cu.mm	20-500	Calculated
MONOCYTES	374	Cells/cu.mm	200-1000	Calculated
BASOPHILS	17	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.91		0.78- 3.53	Calculated
PLATELET COUNT	304000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	8	mm at the end of 1 hour	0-20	Modified Westegren method
<b>PERIPHERAL SMEAR</b>				



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Consultant Pathologist



Dr. Priya Murthy  
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Consultant Pathologist



Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
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Visit ID : CJPNOPV206344	Status : Final Report
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Emp/Auth/TPA ID : 22E33149	

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**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

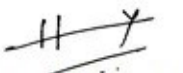
RBCs: are normocytic normochromic


WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

HEMOPARASITES: negative

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE**

  
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 Consultant Pathologist

  
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 Consultant Pathologist





Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:05PM
UHID/MR No : CJPN.0000097715	Reported : 12/Sep/2024 02:17PM
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	B			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

  
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 Consultant Pathologist



Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:24PM
UHID/MR No : CJPN.0000097715	Reported : 12/Sep/2024 02:10PM
Visit ID : CJPNOPV206344	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E33149	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	97	mg/dL	70-100	HEXOKINASE


Comment:

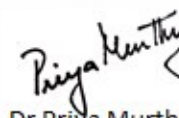
As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

  
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 Consultant Biochemistry

  
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 Consultant Pathologist



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 SIN No:JPR24090922

**Apollo Health and Lifestyle Limited** (CIN - U06110TC2009PLG15819)  
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Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 11:57AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:33PM
UHID/MR No : CJPN.0000097715	Reported : 12/Sep/2024 02:58PM
Visit ID : CJPNOPV206344	Status : Final Report
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Emp/Auth/TPA ID : 22E33149	

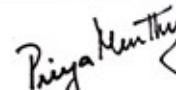
DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	105	mg/dL	70-140	HEXOKINASE

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.  
 Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

  
 Dr Priya Murthy  
 M.B.B.S.,M.D(Pathology)  
 Consultant Pathologist



Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:23PM
UHID/MR No : CJPN.0000097715	Reported : 12/Sep/2024 02:10PM
Visit ID : CJPNOPV206344	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b>				
HBA1C, GLYCATED HEMOGLOBIN	5.9	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	123	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

1. HbA1c is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1c values is a better indicator of Glycemic control than a single test.

3. Low HbA1c in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycaemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

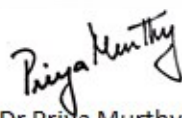
A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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SIN No: JPR240900927

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Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:18PM
UHID/MR No : CJPN.000097715	Reported : 12/Sep/2024 02:33PM
Visit ID : CJPNOPV206344	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E33149	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	138	mg/dL	<200	CHO-POD
TRIGLYCERIDES	126	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	<b>33</b>	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	105	mg/dL	<130	Calculated
LDL CHOLESTEROL	80	mg/dL	<100	Calculated
VLDL CHOLESTEROL	25.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.19		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	<b>0.22</b>		<0.11	Calculated


**Comment:**

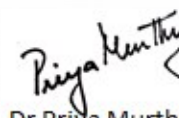
Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

  
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Consultant Pathologist





Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.45	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.09	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.36	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	19	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	19.0	U/L	<35	IFCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.0		<1.15	Calculated
ALKALINE PHOSPHATASE	75.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.34	g/dL	6.6-8.3	Biuret
ALBUMIN	4.46	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.88	g/dL	2.0-3.5	Calculated
A/G RATIO	1.55		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

\*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.  
 \*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

\*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex. \*Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

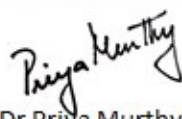
3. Synthetic function impairment:

\*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.



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 SIN No.:JPR240900921

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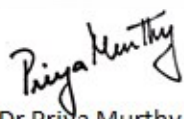
Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:18PM
UHID/MR No : CJPN.000097715	Reported : 12/Sep/2024 02:33PM
Visit ID : CJPNOPV206344	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E33149	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**



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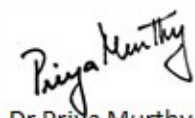
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	0.76	mg/dL	0.66 - 1.09	Modified Jaffe, Kinetic
UREA	17.20	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	8.0	mg/dL	8.0 - 23.0	Calculated
URIC ACID	3.46	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.50	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.14	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	137	mmol/L	136-146	ISE (Indirect)
POTASSIUM	5.0	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	105	mmol/L	101-109	ISE (Indirect)
PROTEIN, TOTAL	7.34	g/dL	6.6-8.3	Biuret
ALBUMIN	4.46	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.88	g/dL	2.0-3.5	Calculated
A/G RATIO	1.55		0.9-2.0	Calculated

  
**Dr. Govinda Raju N L**  
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 Consultant Biochemistry

  
**Dr. Priya Murthy**  
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 Consultant Pathologist



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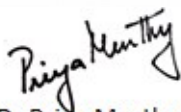
  
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Visit ID : CJPNOPV206344	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	14.00	U/L	<38	IFCC



Dr Priya Murthy  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist





Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:16PM
UHID/MR No : CJPN.0000097715	Reported : 12/Sep/2024 02:06PM
Visit ID : CJPNOPV206344	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E33149	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324


Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-iodothyronine (T3, TOTAL)	1.26	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	8.84	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	2.820	µIU/mL	0.35-4.94	CMIA

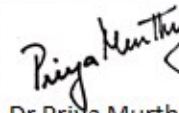
Comment:

<b>For pregnant females</b>	<b>Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)</b>
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

  
**Dr. Govinda Raju N L**  
 MSc, PhD (Biochemistry)  
 Consultant Biochemistry

  
**Dr Priya Murthy**  
 M.B.B.S, M.D (Pathology)  
 Consultant Pathologist



THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

SIN No: JPR240900928

**Apollo Health and Lifestyle Limited**

(CIN - U061107C2800PH6115849)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |

www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | Andhra Pradesh: Vizag (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indrapuram) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

Address:

32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, Neeladri Main Road, Neeladri Nagar, Electronic city, Bengaluru, Karnataka - 560034

Patient Name	: Ms.ANUSHA BHASKAR NAIK	Collected	: 12/Sep/2024 09:18AM
Age/Gender	: 31 Y 6 M 15 D/F	Received	: 12/Sep/2024 01:16PM
UHID/MR No	: CJPN.000097715	Reported	: 12/Sep/2024 02:06PM
Visit ID	: CJPNOPV206344	Status	: Final Report
Ref Doctor	: Self	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 22E33149		

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324**

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
------	------	------	------	--

*Govinda Raju*  
**Dr.Govinda Raju N L**  
 MSc,PhD(Biochemistry)  
 Consultant Biochemistry

*Priya Murthy*  
**Dr Priya Murthy**  
 M.B.B.S,M.D(Pathology)  
 Consultant Pathologist



THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE  
 SIN No: JPR24090928

**Apollo Health and Lifestyle Limited**

(CIN - U06110TC2009PLG115819)  
 Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |  
 www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:  
 32/100/125, Doddabangla Village, Neeladri Main Road,  
 Neeladri Nagar, Electronic city, Bengaluru,  
 Karnataka - 560034

 **1860 500 7788**  
[www.apolloclinic.com](http://www.apolloclinic.com)

Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:06PM
UHID/MR No : CJPN.0000097715	Reported : 12/Sep/2024 02:21PM
Visit ID : CJPNOPV206344	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E33149	

DEPARTMENT OF CLINICAL PATHOLOGY

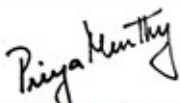
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Scattering of light
TRANSPARENCY	Clear		CLEAR	Scattering of light
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.004		1.002-1.030	Bromothymol Blue
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NORMAL		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Diazonium Salt
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium nitro prusside
UROBILINOGEN	NORMAL		NORMAL (0.1-1.8mg/dl)	Diazonium salt
NITRITE	NEGATIVE		NEGATIVE	Sulfanilic acid
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	4	/hpf	<10	Microscopy
RBC	1	/hpf	0-2	Microscopy
CASTS	NEGATIVE		0-2 Hyaline Cast	Microscopy
CRYSTALS	NEGATIVE		ABSENT	Microscopy

**Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.



Dr Priya Murthy  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist





Patient Name : Ms.ANUSHA BHASKAR NAIK	Collected : 12/Sep/2024 09:18AM
Age/Gender : 31 Y 6 M 15 D/F	Received : 12/Sep/2024 01:06PM
UHID/MR No : CJPN.0000097715	Reported : 12/Sep/2024 02:19PM
Visit ID : CJPNOPV206344	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E33149	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*

Result/s to Follow:  
PERIPHERAL SMEAR

*Priya Murthy*

Dr Priya Murthy  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist



Patient Name : Ms.ANUSHA BHASKAR NAIK  
Age/Gender : 31 Y 6 M 15 D/F  
UHID/MR No : CJPN.0000097715  
Visit ID : CJPNOPV206344  
Ref Doctor : Self  
Emp/Auth/TPA ID : 22E33149

Collected : 12/Sep/2024 09:18AM  
Received : 12/Sep/2024 01:06PM  
Reported : 12/Sep/2024 02:19PM  
Status : Final Report  
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.

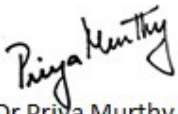
Laboratories not be responsible for any interpretation whatsoever.

It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.

The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.

Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.

This report is not valid for medico legal purposes.



Dr Priya Murthy  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist



SIN No:JPR240900924

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

---

Patient Ms. Anusha Bhaskar Naik  
Age/Gender 31Y | Female  
UHID CJPN.0000097715

Appt ID CJPNAPT1369  
Consult Date 12 Sep 2024  
Order Bill ID CJPN-OCR-74269  
Visit Display ID CJPNOPV206344

---

## VITALS

---

Weight : 55Kgs  
Pulse : 98 BPM  
BP : 110 / 80 MmHg  
Temperature : 95 °F

Height : 153Cms  
Spo2 : 95%  
Respiratory Rate : 20 BPM



Name : Ms. Anusha Bhaskar Naik  
Address : J P Nagar Bangalore Karnataka INDIA 560078  
Plan : ARCOFEMI MEDIWHEEL FEMALE AHC  
CREDIT PAN INDIA OP AGREEMENT

Age : 31Y 6M 16D  
sex : Female

UHID : CJPN.0000097715



OP No: CJPNOPV206344  
Bill No: CJPN-OCR-74269  
Date: Sep 12th, 2024, 9:08 AM

Sno.	Service Type/Service Name	Department	
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324		
1	ULTRASOUND - WHOLE ABDOMEN	Ultrasound Radiology	<input type="checkbox"/>
2	OPHTHAL BY GENERAL PHYSICIAN	Consultation	<input type="checkbox"/>
3	URINE GLUCOSE(POST PRANDIAL)	Clinical Pathology	<input type="checkbox"/>
4	GAMMA GLUTAMYL TRANSFERASE (GGT)	Biochemistry	<input type="checkbox"/>
5	HbA1c, GLYCATED HEMOGLOBIN	Biochemistry	<input type="checkbox"/>
6	GYNAECOLOGY CONSULTATION	Consultation	<input type="checkbox"/>
7	DIET CONSULTATION	General	<input type="checkbox"/>
8	BODY MASS INDEX (BMI)	General	<input type="checkbox"/>
9	ECG	Cardiology	<input type="checkbox"/>
10	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	Biochemistry	<input type="checkbox"/>
11	2 D ECHO <i>opm</i>	Cardiology	<input type="checkbox"/>
12	BLOOD GROUP ABO AND RH FACTOR	Blood Bank	<input type="checkbox"/>
13	X-RAY CHEST PA	X Ray Radiology	<input type="checkbox"/>
14	URINE GLUCOSE(FASTING)	Clinical Pathology	<input type="checkbox"/>
15	LBC PAP TEST- PAPSURE	Histopathology	<input type="checkbox"/>
16	FITNESS BY GENERAL PHYSICIAN	Consultation	<input type="checkbox"/>
17	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	Biochemistry	<input type="checkbox"/>
18	GLUCOSE, FASTING	Biochemistry	<input type="checkbox"/>
19	ENT CONSULTATION	Consultation	<input type="checkbox"/>
20	LIPID PROFILE	Biochemistry	<input type="checkbox"/>
21	DENTAL CONSULTATION	Consultation	<input type="checkbox"/>
22	HEMOGRAM + PERIPHERAL SMEAR	Haematology	<input type="checkbox"/>
23	PERIPHERAL SMEAR	Haematology	<input type="checkbox"/>
24	COMPLETE URINE EXAMINATION	Clinical Pathology	<input type="checkbox"/>
25	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	Biochemistry	<input type="checkbox"/>
26	LIVER FUNCTION TEST (LFT)	Biochemistry	<input type="checkbox"/>

Height - 153 cm  
weight 55 kg  
PR = 100  
BP = 110/80

APOLLO CLINIC  
J P NAGAR  
BANGALORE

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: MS.ANUSHA, BHASKAR NAIK  
Patient ID: CJPN.97715  
Height: 153 cm  
Weight: 55 kg

DOB: 28.02.1993  
Age: 31 yrs  
Gender: Female  
Race: Asian

Study Date: 12.09.2024  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [ km/h ]	Grade [ % ]	HR [ bpm ]	BP [ mmHg ]	Comment
PRETEST	SUPINE	00:29	0.00	0.00	100	110/80	
EXERCISE	STAGE 1	03:00	2.70	10.00	150	120/80	
	STAGE 2	03:00	4.00	12.00	160	130/80	
	STAGE 3	03:00	5.40	14.00	187	140/80	
	STAGE 4	00:01	5.40	14.00	187		
RECOVERY		03:01	0.00	0.00	123	120/80	

The patient exercised according to the BRUCE for 9:00 min:s, achieving a work level of Max. METS: 10.00. The resting heart rate of 100 bpm rose to a maximal heart rate of 187 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to --.


### Interpretation

Summary: Resting ECG: normal.

### Conclusions

GOOD EFFORT AND TOLERANCE  
NORAML HR/BP RESPONSE  
NO ANGINA AND ARRYTHEMIA SEN  
NO SIGNIFICANT ST-T CHANGES NOTED  
\*

TMT IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician \_\_\_\_\_ Technician 

**MS. ANUSHA, BHASKAR NAIK**

Patient ID: CJPN.97715

12.09.2024 Female 153 cm 55 kg

12:12:57pm 31 yrs Asian

**Exercise Test / 12-Lead Report**

103 bpm

APOLLO CLINIC

Measured at 60 ms Post J (10mm/mV)

Auto Points

Lead ST(mm)

V1 -0.40

V2 0.30

V3 -0.10

aVR -0.35

aVL 0.25

aVF 0.10

Lead ST(mm)

V1 -0.10

V2 0.70

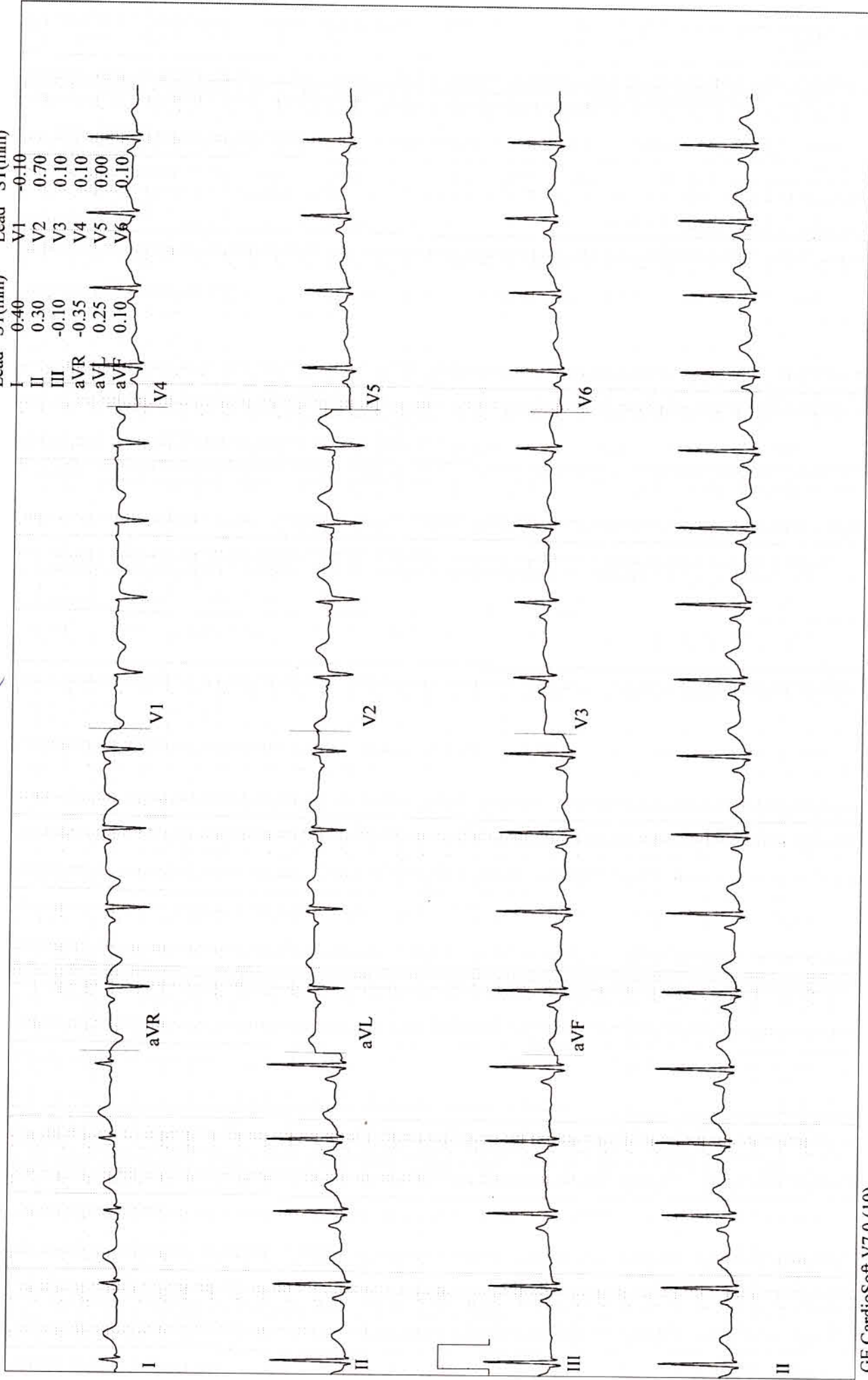
V3 0.10

V4 0.10

V5 0.00

V6 0.10

*ECG*





**MS.ANUSHA, BHASKAR NAIK**

Patient ID: CJPN.97715

12.09.2024

12:13:20pm

Female 153 cm 55 kg

31 yrs Asian

**Exercise Test / 12-Lead Report**

BRUCE

0.0 km/h

0.0 % Measured at 60 ms Post J (10mm/mV)

PRETEST

SUPINE

00:15

100 bpm

110/80 mmHg

APOLLO CLINIC

**Auto Points**

Lead ST(mm)

V1 -0.35

V2 0.25

V3 -0.10

aVR -0.35

aVL 0.20

aVF 0.10

Lead ST(mm)

V1 -0.10

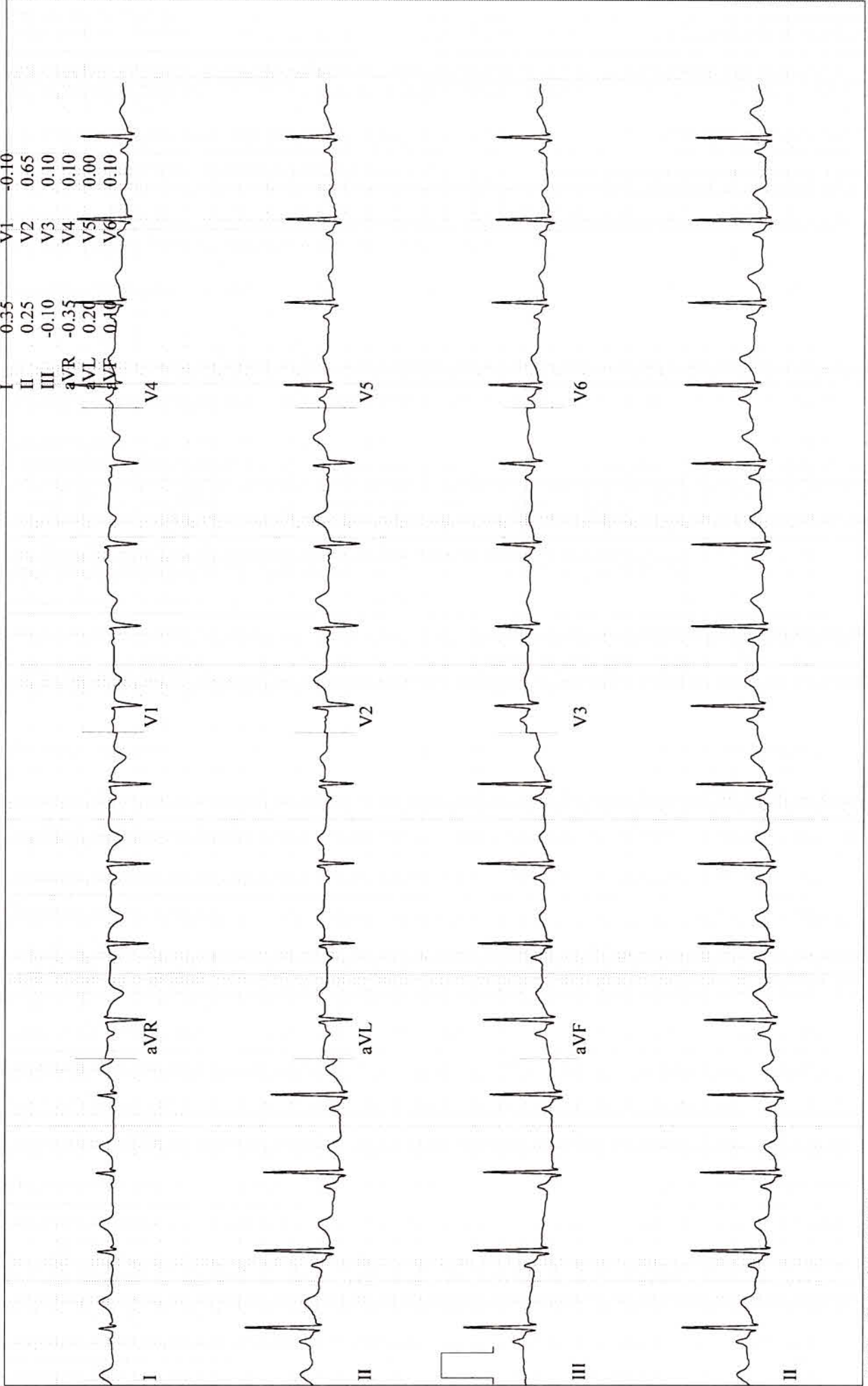
V2 0.65

V3 0.10

V4 0.10

V5 0.00

V6 0.10



**MS.ANUSHA, BHASKAR NAIK**

Patient ID: CJPN.97715

12.09.2024 Female 153 cm 55 kg

12:16:18pm 31 yrs Asian

**Exercise Test / Linked Medians**

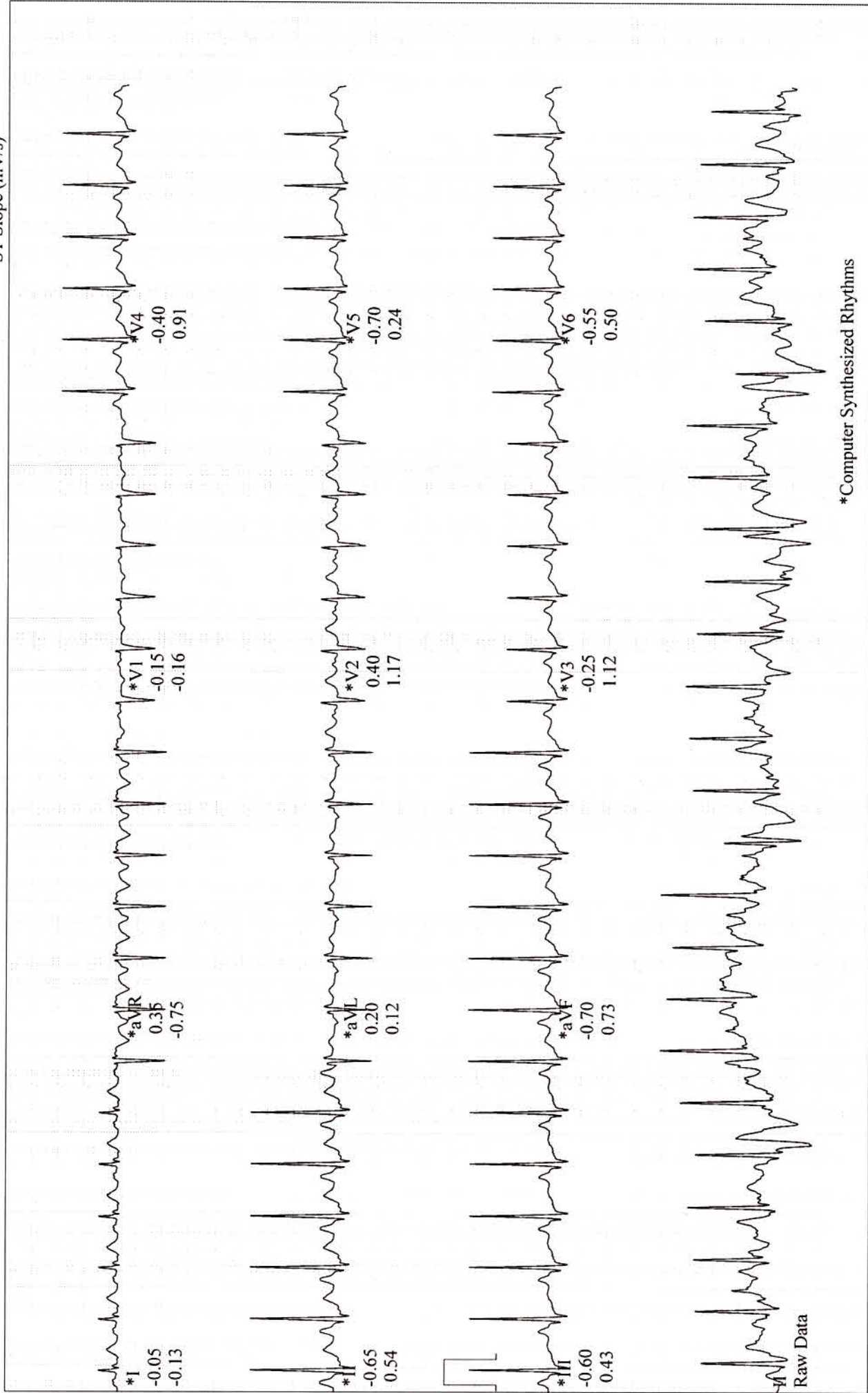
BRUCE  
2.7 km/h  
10.0 %

EXERCISE  
STAGE 1  
02:50

151 bpm  
120/80 mmHg

APOLLO CLINIC

Lead  
ST Level (mm)  
ST Slope (mV/s)



**MS.ANUSHA, BHASKAR NAIK**

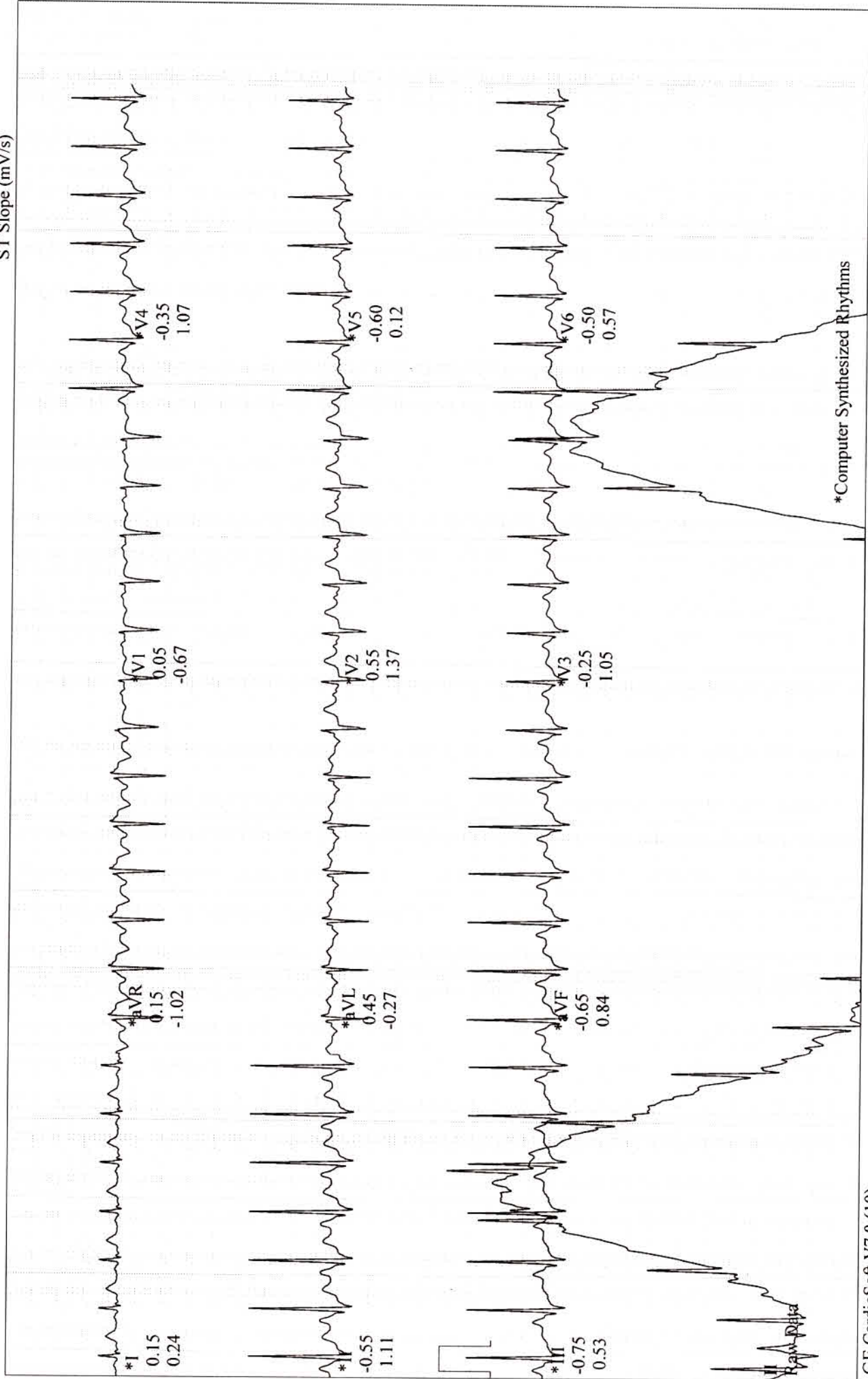
Patient ID: CJPN.97715  
12.09.2024 Female 153 cm 55 kg  
12:19:18pm 31 yrs Asian

**Exercise Test / Linked Medians**

160 bpm  
130/80 mmHg  
EXERCISE STAGE 2  
05:50  
BRUCE  
4.0 km/h  
12.0 %

APOLLO CLINIC

Lead  
ST Level (mm)  
ST Slope (mV/s)



\*Computer Synthesized Rhythms



**MS.ANUSHA, BHASKAR NAIK**

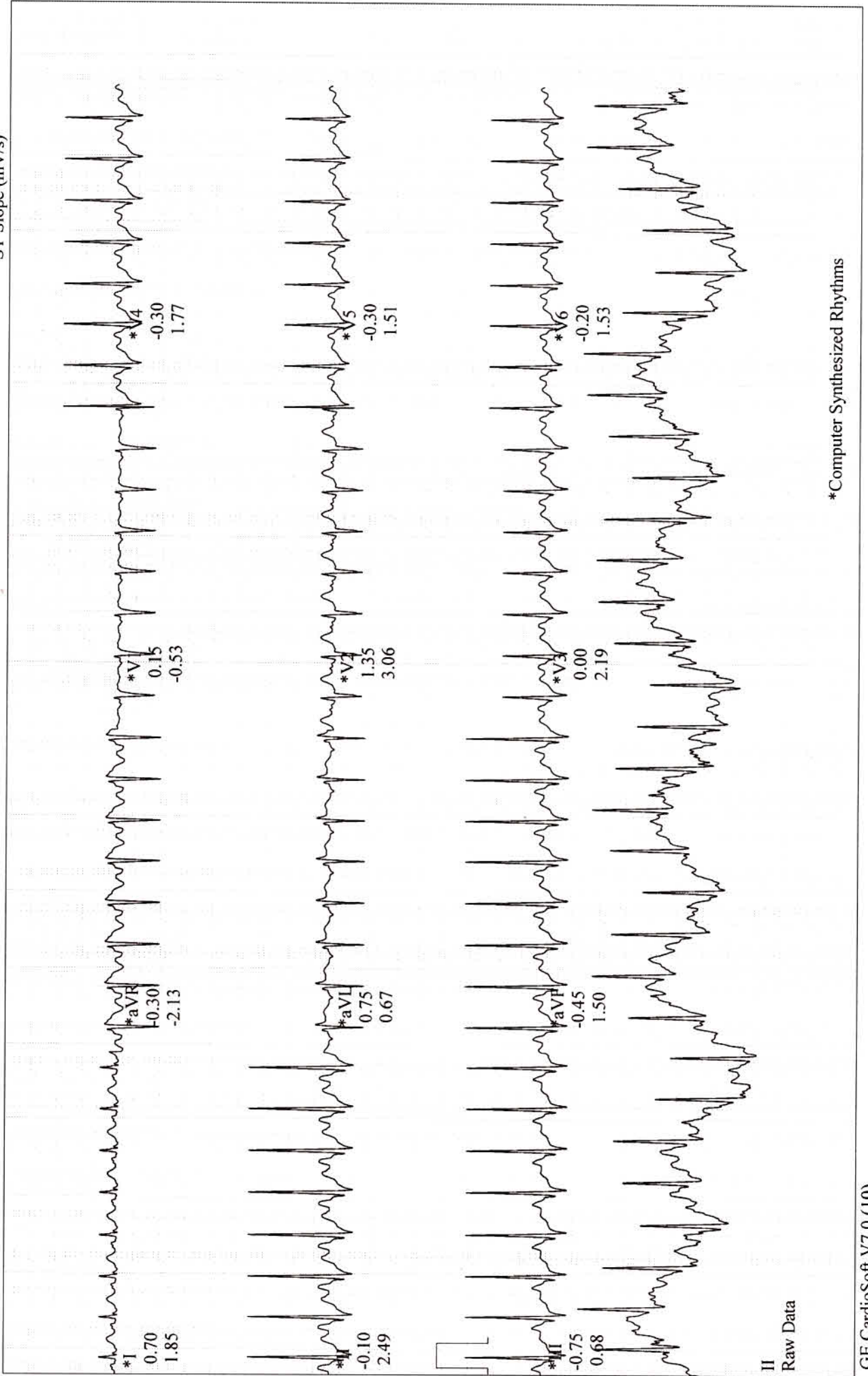
Patient ID: CJPN.97715  
12.09.2024 Female 153 cm 55 kg  
12:22:18pm 31 yrs Asian

Exercise Test / Linked Medians

187 bpm  
140/80 mmHg  
EXERCISE STAGE 3  
08:50  
BRUCE  
5.4 km/h  
14.0 %

APOLLO CLINIC

Lead  
ST Level (mm)  
ST Slope (mV/s)



\*Computer Synthesized Rhythms



MS. ANUSHA, BHASKAR NAIK

Patient ID: CJPN.97715

12.09.2024 Female 153 cm 55 kg

12:22:34pm 31 yrs Asian

Exercise Test / 12-Lead Report ( PEAK EXERCISE )

BRUCE

5.4 km/h

14.0 % Measured at 60 ms Post J (10mm/mV)

EXERCISE

STAGE 4

09:01

187 bpm

140/80 mmHg

APOLLO CLINIC

Auto Points

Lead ST(mm) Lead ST(mm)

I -0.50 V1 0.20

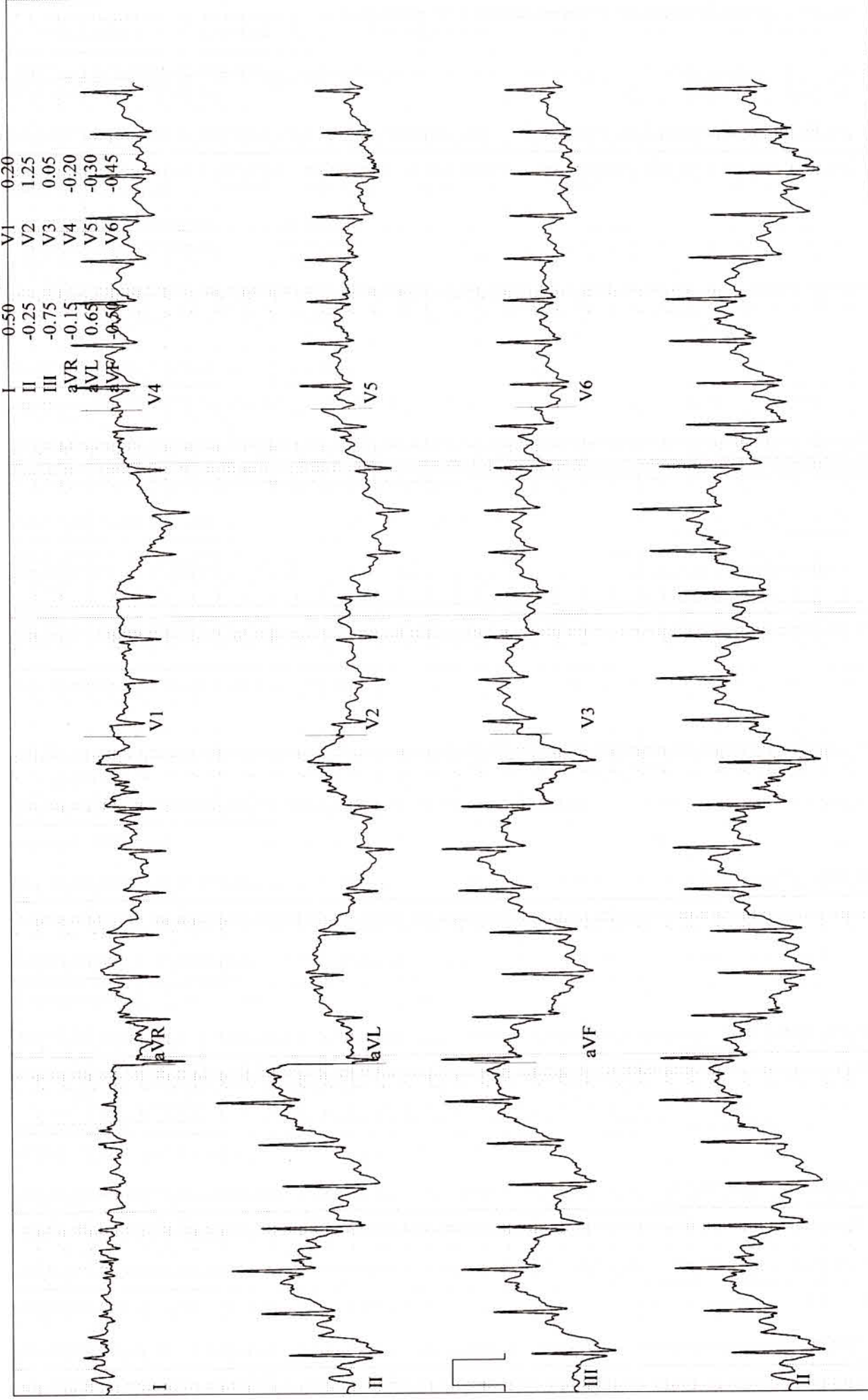
II -0.25 V2 1.25

III -0.75 V3 0.05

aVR -0.15 V4 -0.20

aVL 0.65 V5 -0.30

aVF -0.50 V6 -0.45



**MS.ANUSHA, BHASKAR NAIK**

Patient ID: CJP.N.97715

12.09.2024 Female 153 cm 55 kg

12:23:28pm 31 yrs Asian

**Exercise Test / Linked Medians**

BRUCE

0.0 km/h

0.0 %

RECOVERY

#1

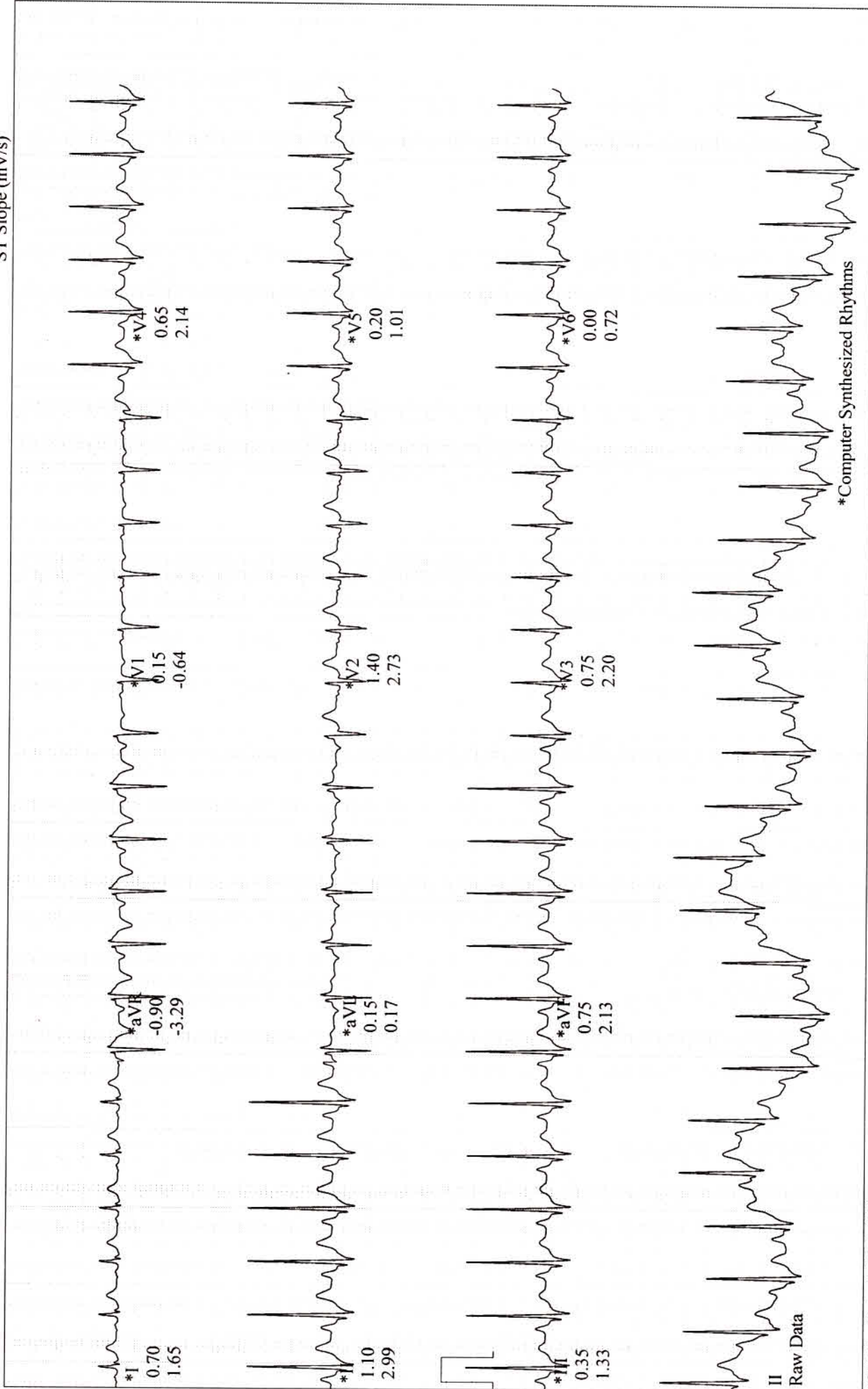
01:00

148 bpm

130/80 mmHg

APOLLO CLINIC

Lead  
ST Level (mm)  
ST Slope (mV/s)



**MS. ANUSHA, BHASKAR NAIK**

Patient ID: CJPN.97715

12.09.2024 Female 153 cm 55 kg

12:25:28pm 31 yrs Asian

**Exercise Test / Linked Medians**

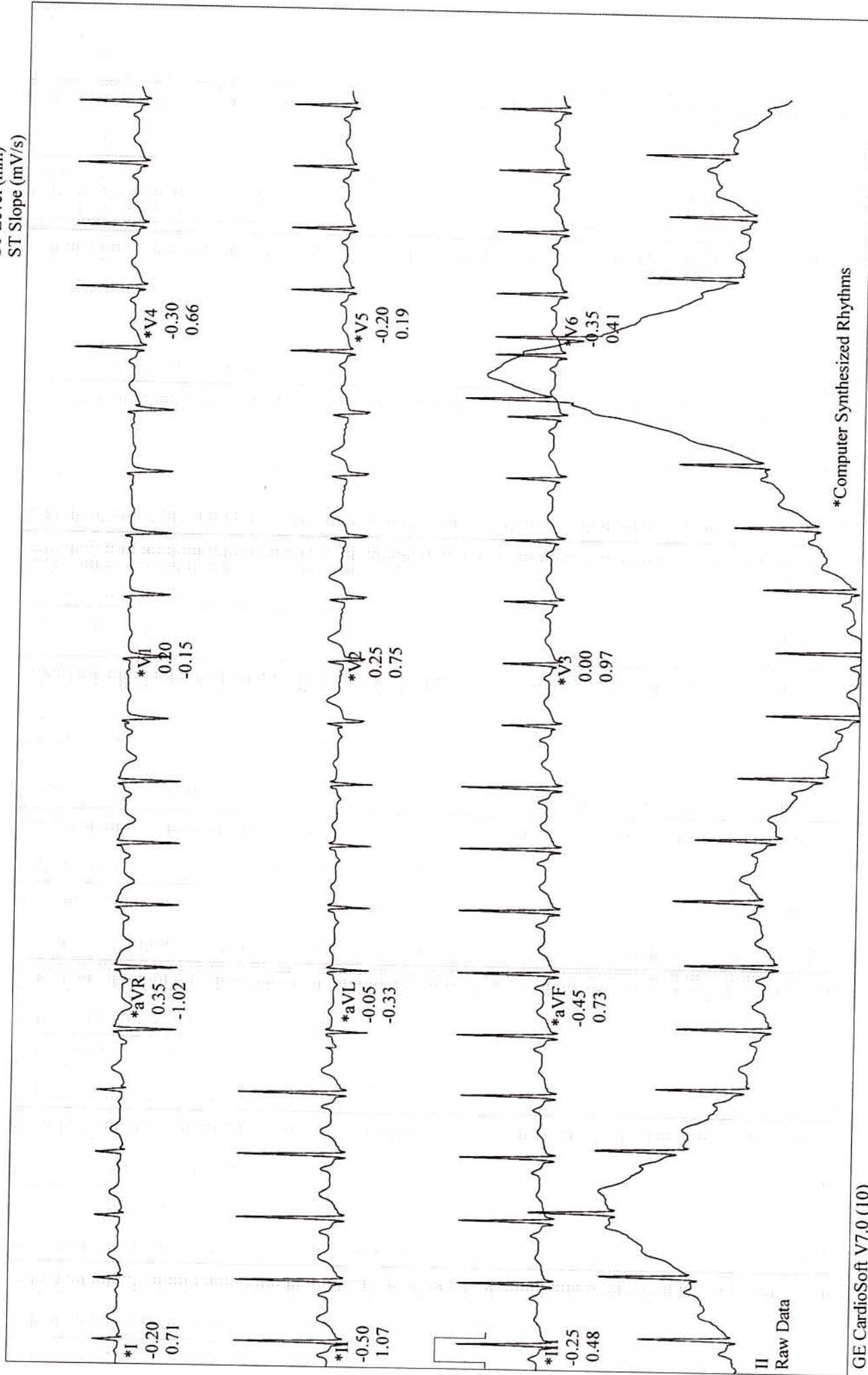
BRUCE  
0.0 km/h  
0.0 %

RECOVERY  
#1  
03:00

123 bpm  
120/80 mmHg

APOLLO CLINIC

Lead  
ST Level (mm)  
ST Slope (mV/s)



\*Computer Synthesized Rhythms



**MS.ANUSHA, BHASKAR NAIK**

Patient ID: CJP.N.97715

12.09.2024 Female 153 cm 55 kg

12:12:59pm 31 yrs Asian

Exercise Test / Selected Medians Report

APOLLO CLINIC

BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY
0:01 101 bpm 110/80 mmHg	7:30 184 bpm	9:01 187 bpm 140/80 mmHg	3:00 123 bpm 120/80 mmHg	0:01 101 bpm 110/80 mmHg	7:30 184 bpm	9:01 187 bpm 140/80 mmHg	3:00 123 bpm 120/80 mmHg
I 0.35 mm 0.86 mV/s	I 0.15 0.56	I 0.50 1.30	I -0.30 0.67	V1 0.00 -0.38	V1 0.25 -0.32	V1 0.25 0.03	V1 0.20 -0.17
II 0.30 1.41	II -1.15 1.08	II -0.10 1.72	II -0.55 1.09	V2 0.55 0.78	V2 1.00 1.98	V2 1.10 2.90	V2 0.20 0.64
III -0.10 0.36	III -1.30 0.66	III -0.60 0.43	III -0.20 0.56	V3 0.10 0.57	V3 -0.30 1.28	V3 0.00 2.15	V3 0.05 1.01
aVR -0.35 -1.50	aVR 0.50 -0.79	aVR -0.20 -1.50	aVR 0.40 -1.02	V4 0.15 0.73	V4 -0.50 1.63	V4 -0.30 1.83	V4 -0.35 0.68
aVL 0.30 0.19	aVL 0.75 -0.10	aVL 0.55 0.38	aVL -0.10 -0.37	V5 0.00 0.40	V5 -0.80 0.31	V5 -0.35 1.16	V5 -0.20 0.16
aVF 0.10 0.95	aVF -1.20 0.93	aVF -0.35 1.16	aVF -0.45 0.69	V6 0.05 0.64	V6 -0.70 1.21	V6 -0.40 1.50	V6 -0.40 0.36



**MS.ANUSHA, BHASKAR NAIK**

Patient ID: CJPN:97715

12.09.2024 Female 153 cm 55 kg

12:12:59pm 31 yrs Asian

Meds:

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

**Exercise Test / Tabular Summary**

APOLLO CLINIC

BRUCE: Exercise Time 09:00

Max HR: 187 bpm 98 % of max predicted 189 bpm HR at rest: 100

Max BP: 140/80 mmHg BP at rest: 110/80 Max RPP: 26180 mmHg\*bp

Maximum Workload: 10.00 METS

Max. ST: -1.30 mm, 0.66 mV/s in III; EXERCISE STAGE 3 7:30

Arrhythmia: A:272, PVC:17, PSVC:6, CPLT:1

ST/HR index: 0.57  $\mu$ V/bpm

ST/HR slope: 0.75  $\mu$ V/bpm (III)

HR reserve used: 97 %

HR recovery: 40 bpm

VE recovery: 2 VE/min

ST/HR hysteresis: -0.027 mV (I)

QRS duration: BASELINE: 84 ms, PEAK EX: 82 ms, REC: 80 ms

**Summary:**

**Resting ECG:** normal.

**Conclusion:** GOOD EFFORT AND TOLERANCE

NORAML HR/BP RESPONSE

NO ANGINA AND ARRHYTHMIA SEN

NO SIGNIFICANT ST-T CHANGES NOTED

\*

TMT IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Room:

Location: \* 0 \*

Phase Name	Stage Name	Time in Stage	Speed [ km/h ]	Grade [ % ]	Workload [ METS ]	HR [ bpm ]	BP [ mmHg ]	RPP [ mmHg*bp ]	VE [ /min ]	ST Level III [ mm ]	Comment
PRETEST	SUPINE	00:29	0.00	0.00	1.0	100	110/80	11000	0	-0.10	
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	150	120/80	18000	3	-0.60	
	STAGE 2	03:00	4.00	12.00	7.0	160	130/80	20800	0	-0.55	
	STAGE 3	03:00	5.40	14.00	10.0	187	140/80	26180	0	-0.75	
	STAGE 4	00:01	5.40	14.00	10.0	187	140/80	26180	0	-0.60	
RECOVERY		03:01	0.00	0.00	1.0	123	120/80	14760	2	-0.20	