Medicwheel

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC - 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

c/o. Amravati

KIMS-KINGSWAY HOSPITALS

Name : Mr. pankaj Ingle

Age : 42y Sex : M/F Weight : 76.9 kg Height : 163.7 inc BMI : 28.7.

Date : 24/2/24

BP : 127/70 mmHg Pulse : 87/m bpm RBS : mg/dl

SPO2: 98%.

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. PANKAJ INGLE	**Age /Gender**	: 42 Y(s)/Male
Bill No/ UMR No	: BIL2324079728/UMR2324038323	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 24-Feb-24 08:42 am	**Report Date**	: 24-Feb-24 10:34 am

HAEMOGRAM

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	14.1	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		42.6	40.0 - 50.0 %	Calculated
RBC Count		5.16	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		83	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.2	31.5 - 35.0 g/l	Calculated
RDW		**14.7**	11.5 - 14.0 %	Calculated
Platelet count		339	150 - 450 10^3/cumm	Impedance
WBC Count		6100	4000 - 11000 cells/cumm	Impedance
DIFFERENTIAL COUNT				
Neutrophils		56.4	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		38.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.6	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		3.9	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3440.4	2000 - 7000 /cumm	Calculated

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

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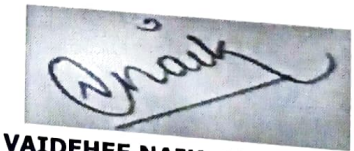
Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		2324.1	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		97.6	20 - 500 /cumm	Calculated
Absolute Monocyte Count		237.9	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Normochromic Normocytic		
Anisocytosis		Anisocytosis +(Few)		
WBC		As Above		
Platelets		Adequate		
E S R		10	0 - 15 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.



Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mr. PANKAJ INGLE	**Age /Gender**	: 42 Y(s)/Male
Bill No/ UMR No	: BIL2324079728/UMR2324038323	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 24-Feb-24 08:41 am	**Report Date**	: 24-Feb-24 11:01 am

Parameter	Specimen	Results	Biological Reference	Method
Fasting Plasma Glucose	Plasma	93	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		111	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		5.4	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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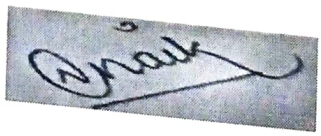

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

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Received Dt	: 24-Feb-24 08:42 am	**Report Date**	: 24-Feb-24 11:01 am

LIPID PROFILE

Parameter	Specimen	Results		Method
Total Cholesterol	Serum	**213**	< 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		**155**	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		**39**	> 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		**135.50**	< 100 mg/dl	Enzymatic
VLDL Cholesterol		**31**	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio		5	3 - 5	Calculation

Intiate therapeutic		Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%			
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130	
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 >190,optional at 160-189	<130 <160

*** End Of Report ***

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Bill No/ UMR No	: BIL2324079728/UMR2324038323	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 24-Feb-24 11:34 am	**Report Date**	: 24-Feb-24 12:52 pm

Parameter	Specimen	Result Values		
URINE SUGAR				
Urine Glucose		Negative		
NOTE:		Post Meal Urine Sugar		
THYROID PROFILE				
T3		1.39	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.96	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.16	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
PSA (Total)		0.308	< 4 ng/ml	Enhanced chemiluminenscence

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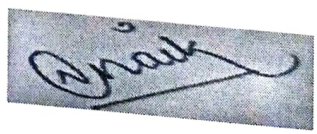

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DEPARTMENT OF BIOCHEMISTRY

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Received Dt	: 24-Feb-24 08:42 am	**Report Date**	: 24-Feb-24 11:01 am

Parameter	Specimen	Result Values	Biological Reference	Method
RFT				
Blood Urea	Serum	**14**	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.81	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		112.9	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		141	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.88	3.5 - 5.1 mmol/L	Direct ion selective electrode
LIVER FUNCTION TEST(LFT)				
Total Bilirubin		0.53	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.27	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.26	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		63	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		36	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		27	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		**8.28**	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.81	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.46	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.39		

*** End Of Report ***

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KIMS-KINGSWAY HOSPITALS

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DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. PANKAJ INGLE	**Age /Gender**	: 42 Y(s)/Male
Bill No/ UMR No	: BIL2324079728/UMR2324038323	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 24-Feb-24 10:11 am	**Report Date**	: 24-Feb-24 11:05 am

URINE MICROSCOPY

Parameter	Specimen	Results		Method
PHYSICAL EXAMINATION				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
CHEMICAL EXAMINATION				
Reaction (pH)		7.0	4.6 - 8.0	Indicators
Specific gravity		1.005	1.005 - 1.025	ion concentration
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Bilirubin		Negative	Negative	Diazonium
Ketone Bodies		Negative	Negative	Legal's est Principle
Nitrate		Negative	Negative	
Urobilinogen		Normal	Normal	Ehrlich's Reaction
MICROSCOPIC EXAMINATION				
Epithelial Cells		0-1	0 - 4 /hpf	Manual
R.B.C.		Absent	0 - 4 /hpf	
Pus Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	

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Patient Name	: Mr. PANKAJ INGLE	**Age /Gender**	: 42 Y(s)/Male
Bill No/ UMR No	: BIL2324079728/UMR2324038323	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 24-Feb-24 10:11 am	**Report Date**	: 24-Feb-24 11:05 am

Parameter	Specimen	Results	Method
Crystals		Absent	

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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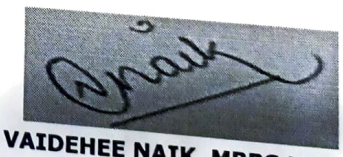

Dr. VAIDEHEE NAIK, MBBS,MD

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name	: Mr. PANKAJ INGLE	**Age /Gender**	: 42 Y(s)/Male
Bill No/ UMR No	: BIL2324079728/UMR2324038323	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 24-Feb-24 08:42 am	**Report Date**	: 24-Feb-24 11:05 am

BLOOD GROUPING AND RH

Parameter	Specimen	Results	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

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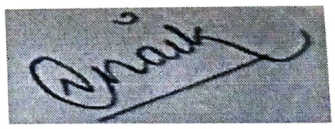

Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited
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KIMS-KINGSWAY HOSPITALS

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	PANKAJ INGLE	STUDY DATE	24-02-2024 10:13:48
AGE/ SEX	42Y / M	HOSPITAL NO.	UMR2324038323
ACCESSION NO.	BIL2324079728-17	MODALITY	DX
REPORTED ON	24-02-2024 10:46	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Bilateral hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.

DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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KIMS-KINGSWAY HOSPITALS

PATIENT NAME:	PANKAJ INGLE	AGE /SEX:	42 YRS/MALE
UMR NO:	2324038323	BILL NO:	2324079778
REF BY	DR. VIMMI GOEL	DATE:	24/02/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape but shows mild increase in echotexture.
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. Wt – 16.6 gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:
Mild fatty infiltration in liver.
No other significant abnormality seen.
Suggest clinical correlation / further evaluation.

DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Pankaj . Ingle
Patient ID: 038323
Height:
Weight:
Study Date: 24.02.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 28.06.1982
Age: 41 yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:
--

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:09	0.00	0.00	89	120/70	
	WARM-UP	00:04	0.00	0.00	86		
EXERCISE	STAGE 1	03:00	1.70	10.00	122	120/70	
	STAGE 2	03:00	2.50	12.00	125	130/70	
	STAGE 3	03:00	3.40	14.00	141	130/70	
	STAGE 4	00:39	4.20	16.00	155		
RECOVERY		01:00	0.00	0.00	118	130/70	
		02:00	0.00	0.00	100	130/70	
		00:23	0.00	0.00	98		

The patient exercised according to the BRUCE for 9:39 min:s, achieving a work level of Max. METS: 12.10. The resting heart rate of 90 bpm rose to a maximal heart rate of 157 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/70 mmHg , rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:
Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: Insignificant ST-T changes seen..
Overall impression: Normal stress test.

Conclusions:
TMT is negative for inducible ischemia.
Insignificant ST-T changes seen.

DR. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.- 2014031101713

004

41 Years

mr pankaj ingde
Male

24-Feb-24 9:38:31 AM

KIMS~KINGSWAY HOSPITALS

PHC DEPT.

Rate 82 . Sinus rhythm.....normal P axis, V-rate 50- 99

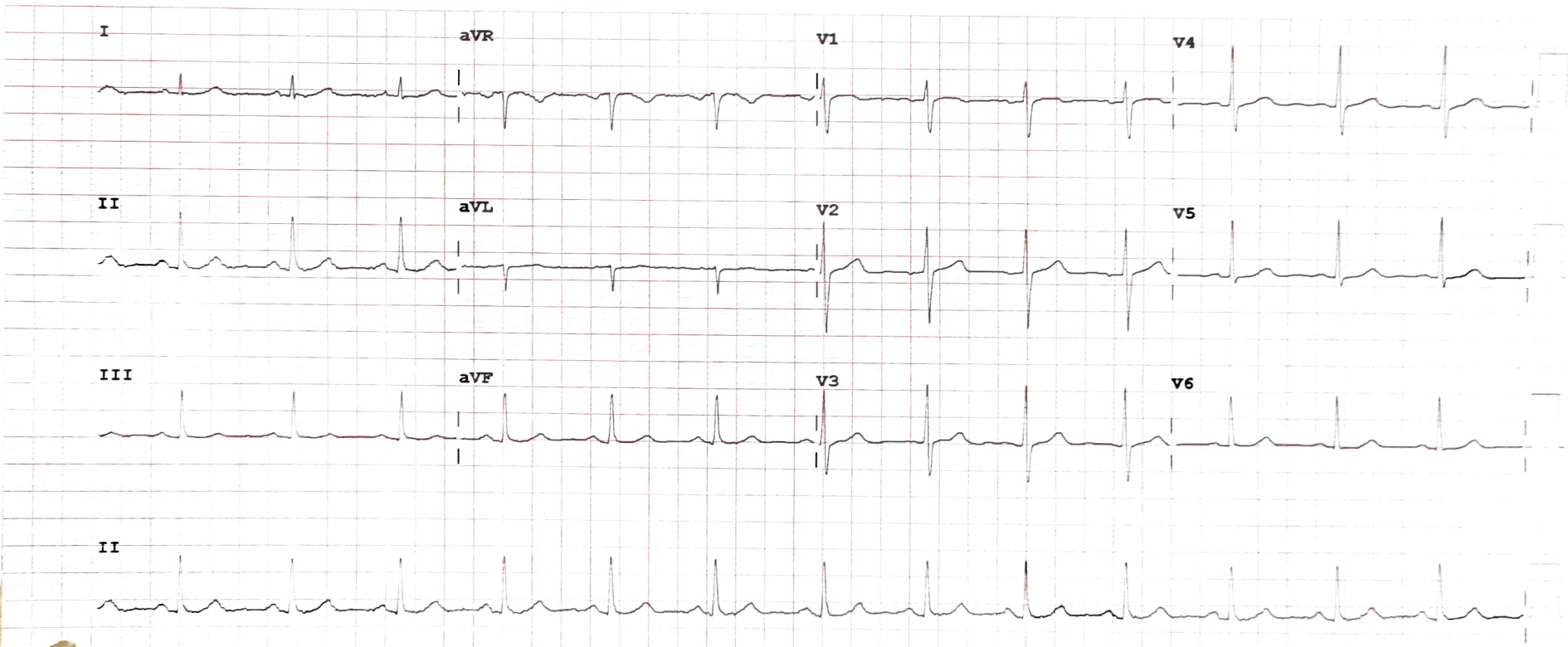
PR 147
QRSD 80
QT 360
QTc 421

--AXIS--
P 66
QRS 74
T 50

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 50~ 0.50-150 Hz W 100B CL P?

PHILIPS

REORDER # M2483A