



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012302250021	Reg No/BarcodeNo	: 532084/01483232
Patient Name	: Mrs..SHALINI CHOWDHARY	Reg. Date	: 25/Feb/2023 09:02AM
Age/Sex	: 33 Y / Female	Sample Taken Date	: 25/Feb/2023 10:14AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 25/Feb/2023 12:51PM
Referred By Doctor	: Dr. BANK OF BARODA		

BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Blood Sugar (Fasting)

Blood Sugar Fasting 79 mg/dl 70 - 100
Glucose Oxidase Peroxidase

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) 90 mg/dL 70 - 140
Glucose Oxidase Peroxidase

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 12 IU/l 12 - 43

Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 12 mg/dl 7.0 - 18.7
Urease

Sample Type:Serum

CREATININE SERUM

CREATININE, Serum 0.61 mg/dl 0.52 - 1.04
Aminohydrolase

Sample Type:Serum

URIC ACID

URIC ACID, Serum 4.3 mg/dl 2.5 - 6.2
Uricase Peroxidase

Sample Type:Serum



A Gupta

Dr. Arun Kumar Gupta

M.D. Chief Pathologist
(Reg No. 34930)

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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

LFT/LIVER FUNCTION TESTS

BILIRUBIN TOTAL	0.80	mg/dl	0.10 - 1.00
Reflectance spectrophotometry			
BILIRUBIN DIRECT	0.30	mg/dl	0.0 - 0.3
Reflectance Spectrophotometry			
BILIRUBIN INDIRECT	0.5	mg/dl	0.10 - 1.1
Reflectance Spectrophotometry			
SGOT /AST	14	U/L	14 - 36
Mutipoint Rate with P-5-P			
SGPT /ALT	21	U/L	0.0 - 55
UV with P5P			
Alk. Phosphatase, Serum	103	U/L	38 - 126
PNPP AMP BUFFER			
PROTEIN TOTAL	7.5	g/dl	6.4 - 8.3
Biuret			
ALBUMIN	4.5	g/dl	3.5 - 5.0
BCP			
GLOBULIN	3.0	g/dl	2.3 - 3.5
Calculated			
A/G RATIO	1.5	Ratio	1.5 - 2.5
Calculated			

Sample Type:Serum



Arun Kumar Gupta

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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Lipid Profile

CHOLESTEROL TOTAL Cholesterol Oxidase	171	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES Lip/Gluceroel Kinase	106	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Non HDL Precopitation	32	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	117.8	mg/dl	100 - 130
VLDL CALCULATED Calculated	21.2	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	5.34	Ratio	Less than 4.0
LDL / HDL RATIO	3.68		3.3 - 4.4 (Low Risk) 4.4-7.1 (Average Risk) 7.1-11.0 (Moderate Risk)

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of HDL to predict the development of coronary atherosclerosis has been estimated to be four times greater than LDL and eight times greater than TC. Treatment is recommended for those with a HDL level below 40 mg/dL. An HDL of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	12	mg/dl	7.0 - 18.7
CREATININE, Serum Aminohydrolaase	0.61	mg/dl	0.52 - 1.04
Ratio	25.68	mg/dl	5 - 20

Sample Type:Serum



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CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	YELLOW	
SPECIFIC GRAVITY (Based on pka change)	1.030	1.001 - 1.030
pH (methylred/Bromothymol blue method)	6.0	7.50 - 8.0
TURBIDITY	ABSENT	
Deposit (UR)	ABSENT	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	TRACE	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria)	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	0-1 (CRENATED)	per HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	4-6	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(*Not in NABL Scope*)



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	11.9	g/dl	12.0 - 15.0
TLC Impedance	10000	/cumm	4000-10000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	70	%	40-80
LYMPHOCYTE DHSS/Microscopic	24	%	24-44
EOSINOPHIL DHSS/Microscopic	1	%	01-06
MONOCYTE DHSS/Microscopic	5	%	3-6
Platelet Impedance/Microscopic	210	10 ³ /μL	150 - 410
RBC COUNT Impedance	4.2	10 ⁶ /μL	3.8 - 4.8
PCV (HCT) Numeric Integration	36.6	%	36-46
MCV Calculated	88.2	fL	83-91
MCH Calculated	28.6	pg	27-32
MCHC Calculated	32.5	g/dL	31.5-34.5
RDW-CV Calculated	13.9	%	11.6 - 14.0
MPV	11.5	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	7	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.4	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.4	10 ³ /μL	0.0-20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.1	10 ³ /μL	0.02 - 0.50

Sample Type Whole Blood EDTA



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) WESTERGREN	10	mm	0 - 14
--	----	----	--------

Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO	B	-
Reverse & Forward		
Rh	POSITIVE	-
Reverse & Forward		

Sample Type:EDTA Blood



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 5.6 %
Average of Glucose Level 114 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
eAG(mg/dl) = (28.7 X HbA1c) - 46.7

Not in NABL Scope

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL CLIA	1.24	ng/mL	0.35 - 1.93
------------------	------	-------	-------------

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL CLIA	10.33	µg/dl	4.50 - 10.9
------------------	-------	-------	-------------

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) 2.77 μ U/ml 0.35 - 5.50
CLIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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X-RAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

X RAY CHEST PA VIEW

DIAPHRAGMS ARE NORMAL.

COSTOPHRENIC ANGLES ARE CLEAR.

CARDIAC SHADOW IS NORMAL.

HILAR SHADOWS ARE HEAVY.

ACCENTUATED MARKINGS SEEN.

NO PARENCHYMAL LESION IS NOTED.

BOTH LUNG BASES APPEAR HAZY BECAUSE OF

OVERLAPPING OF BREAST SHADOWS.

ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***





7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR

171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F / 0 Cms / 0 Kg Date: 25-Feb-2023 Refd By : BANK OF BARODA

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	03:04	0:01	00.0	00.0	01.0	96	110/74	105	00	
Standing	03:26	0:01	00.0	00.0	01.0	89	110/74	097	00	
HV	03:37	0:01	00.0	00.0	01.0	093	110/74	102	00	
ExStart	03:58	0:01	00.0	00.0	01.0	095	110/74	104	00	
BRUCE Stage 1	06:58	3:00	01.7	10.0	04.7	150	120/78	180	01	
PeakEx	09:56	3:00	02.5	12.0	07.1	171	130/82	222	09	
Recovery	10:55	1:00	00.0	00.0	01.0	173	126/80	217	00	
Recovery	11:55	2:00	00.0	00.0	01.0	111	122/78	158	00	
Recovery	13:03	3:07	00.0	00.0	01.0	132	118/76	155	00	

Findings :

Exercise Time : 05:59
 Max HR Attained : 173 bpm 93% of Target 187
 Max BP Attained : 130/82
 Max WorkLoad Attained : 7.1 Fair response to induced stress
 Max ST Dep Lead & Value : III & -1.6 mm
 Duke Treadmill Score : 09.1
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 92% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

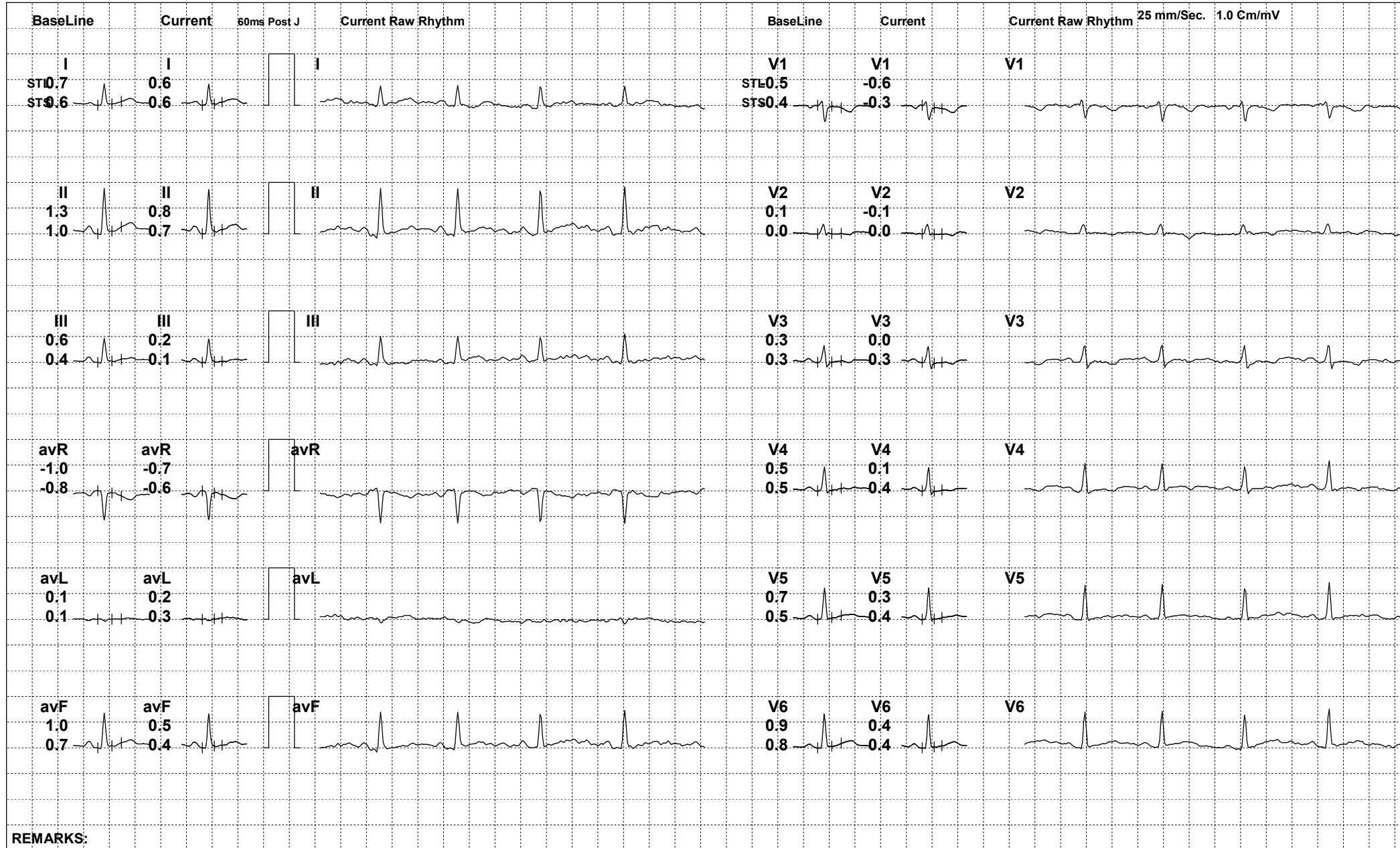
Doctor : DR. KUSH KUMAR TYAGI D.M.



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 1.0/ 96 bpm 51% of THR BP: 110/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:03 0.0 mph, 0.0%



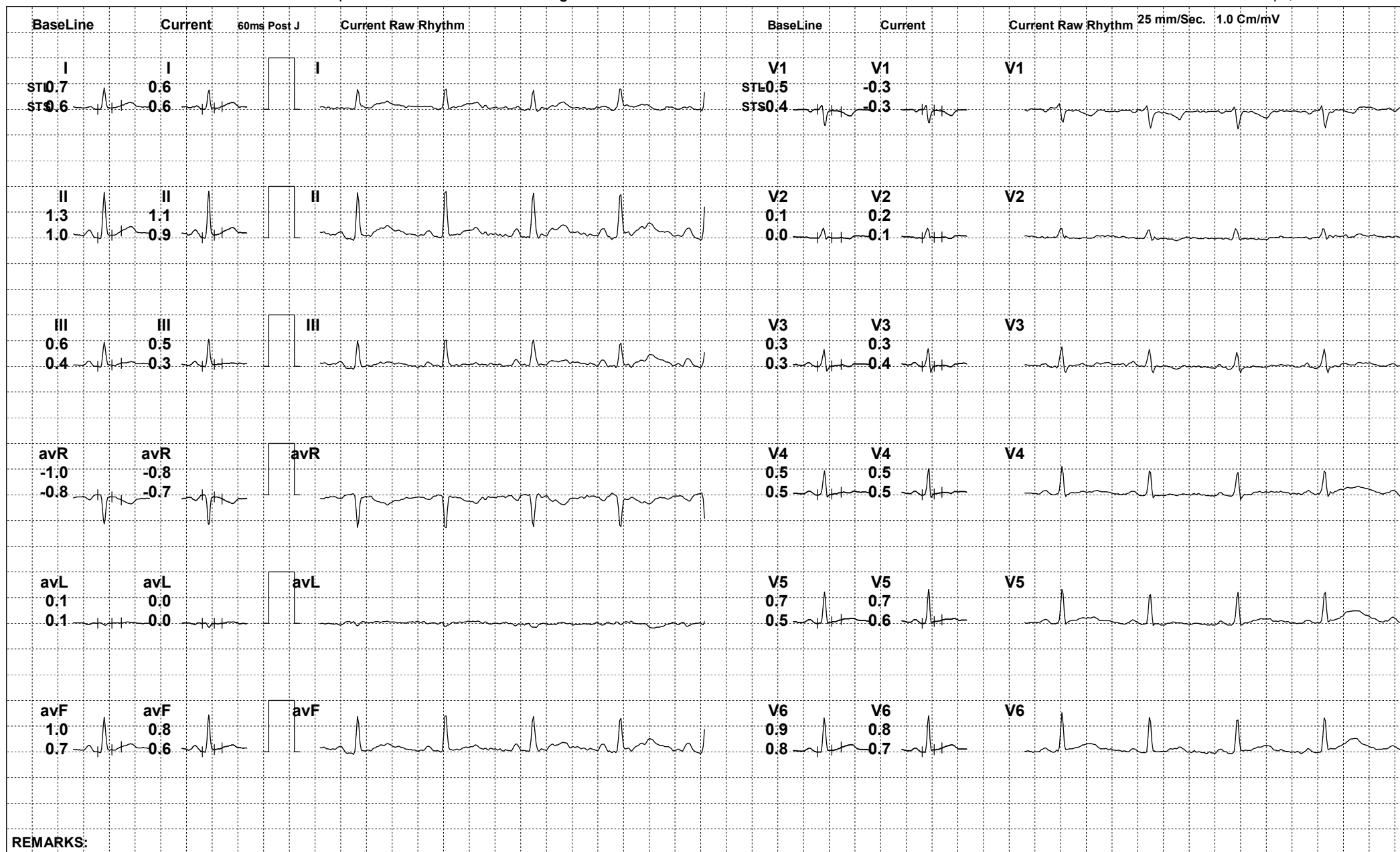
REMARKS:



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 1.0/ 89 bpm 47% of THR BP: 110/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:25 0.0 mph, 0.0%



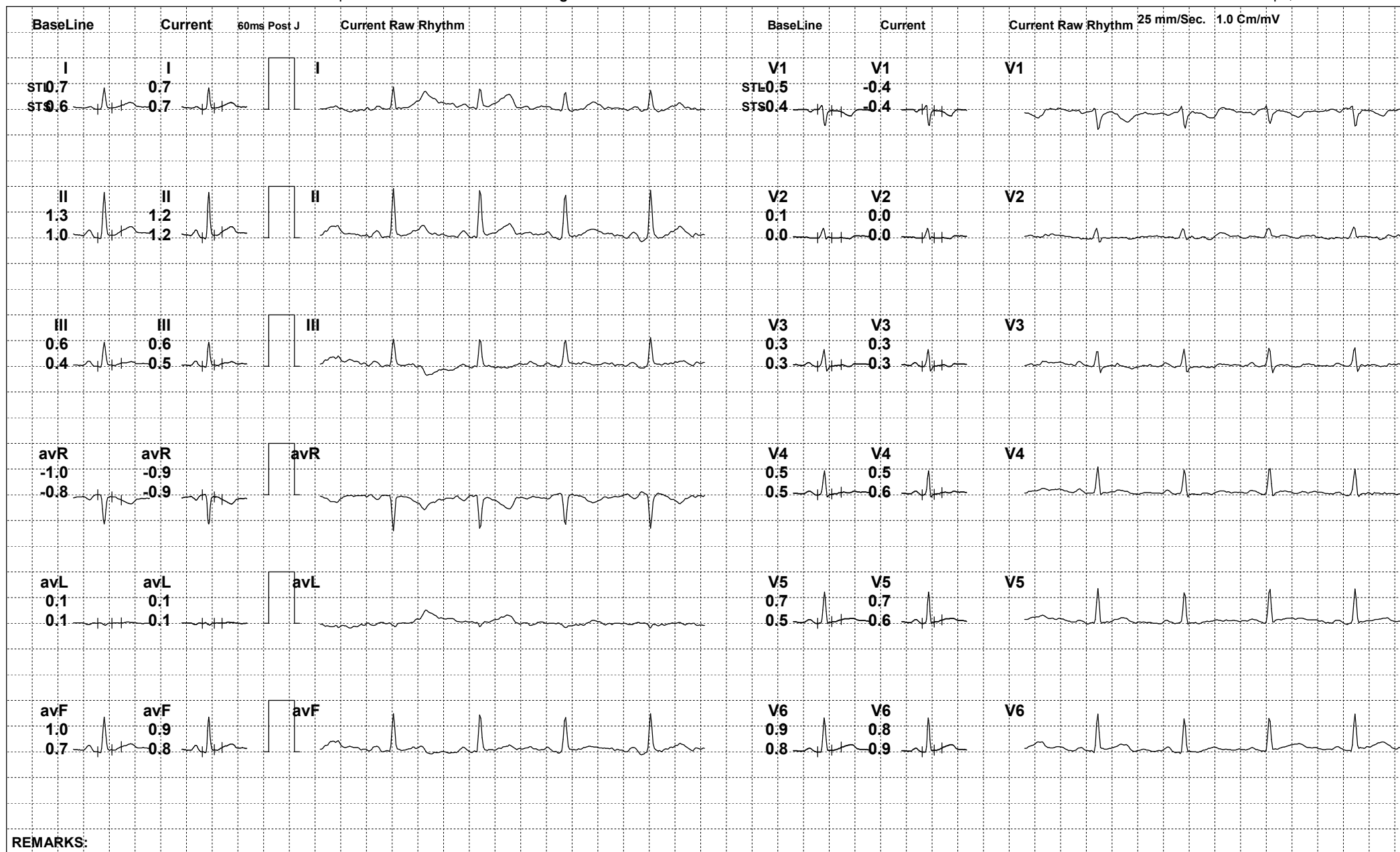
REMARKS:



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 1.0/ 90 bpm 48% of THR BP: 110/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:36 0.0 mph, 0.0%



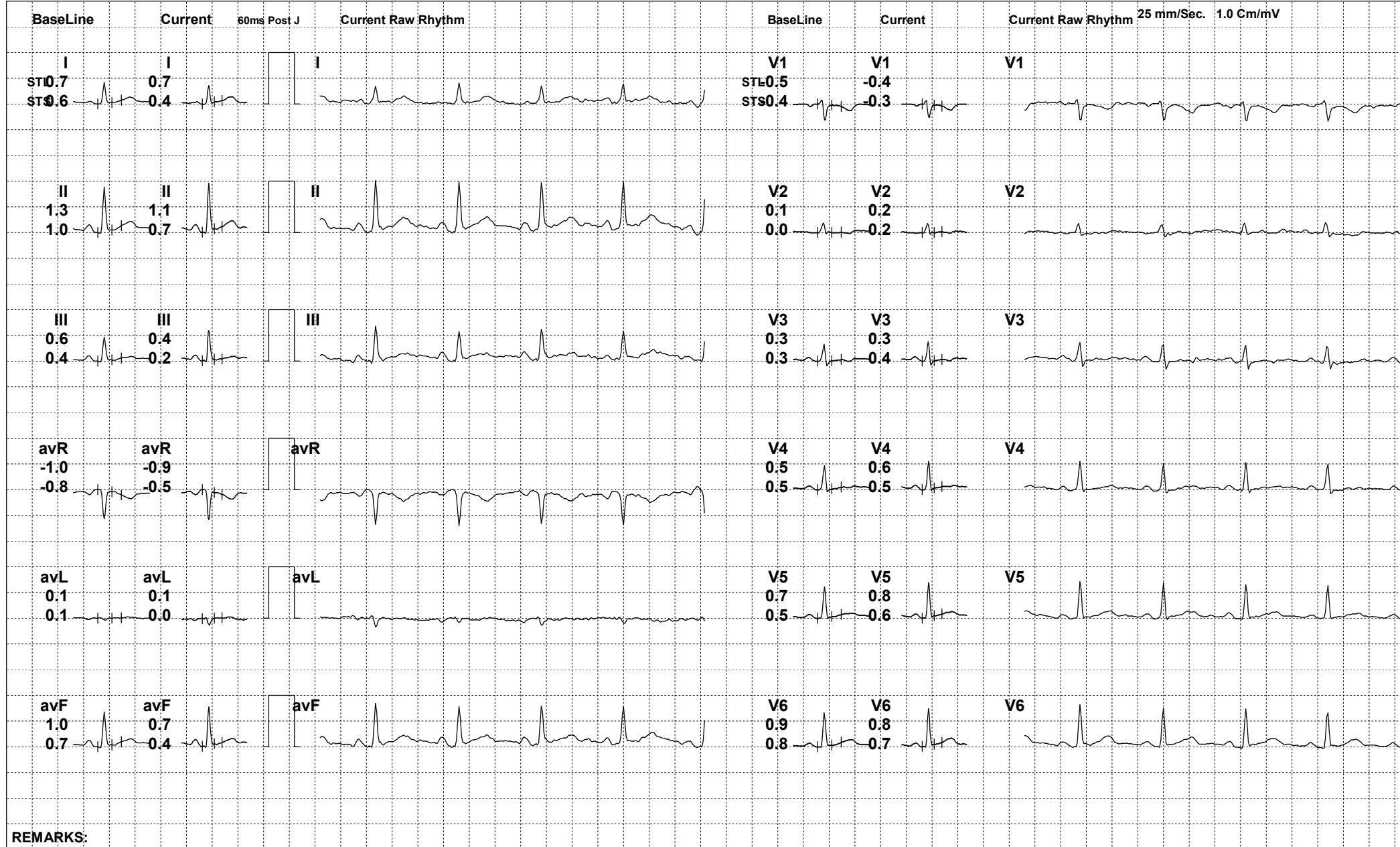
REMARKS:



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 1.0/ 93 bpm 49% of THR BP: 110/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:57 0.0 mph, 0.0%



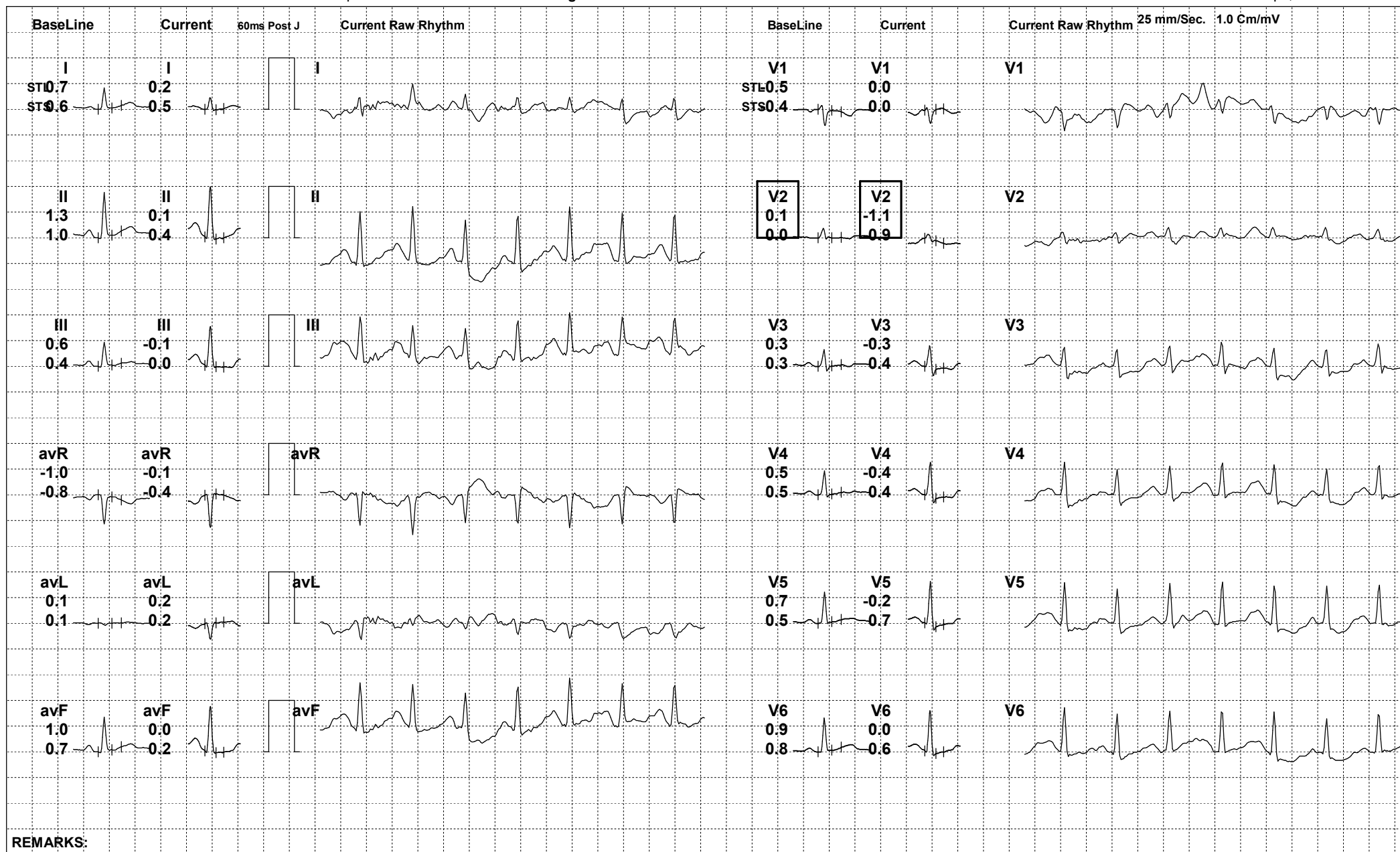
REMARKS:



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 4.7/ 146 bpm 78% of THR BP: 120/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



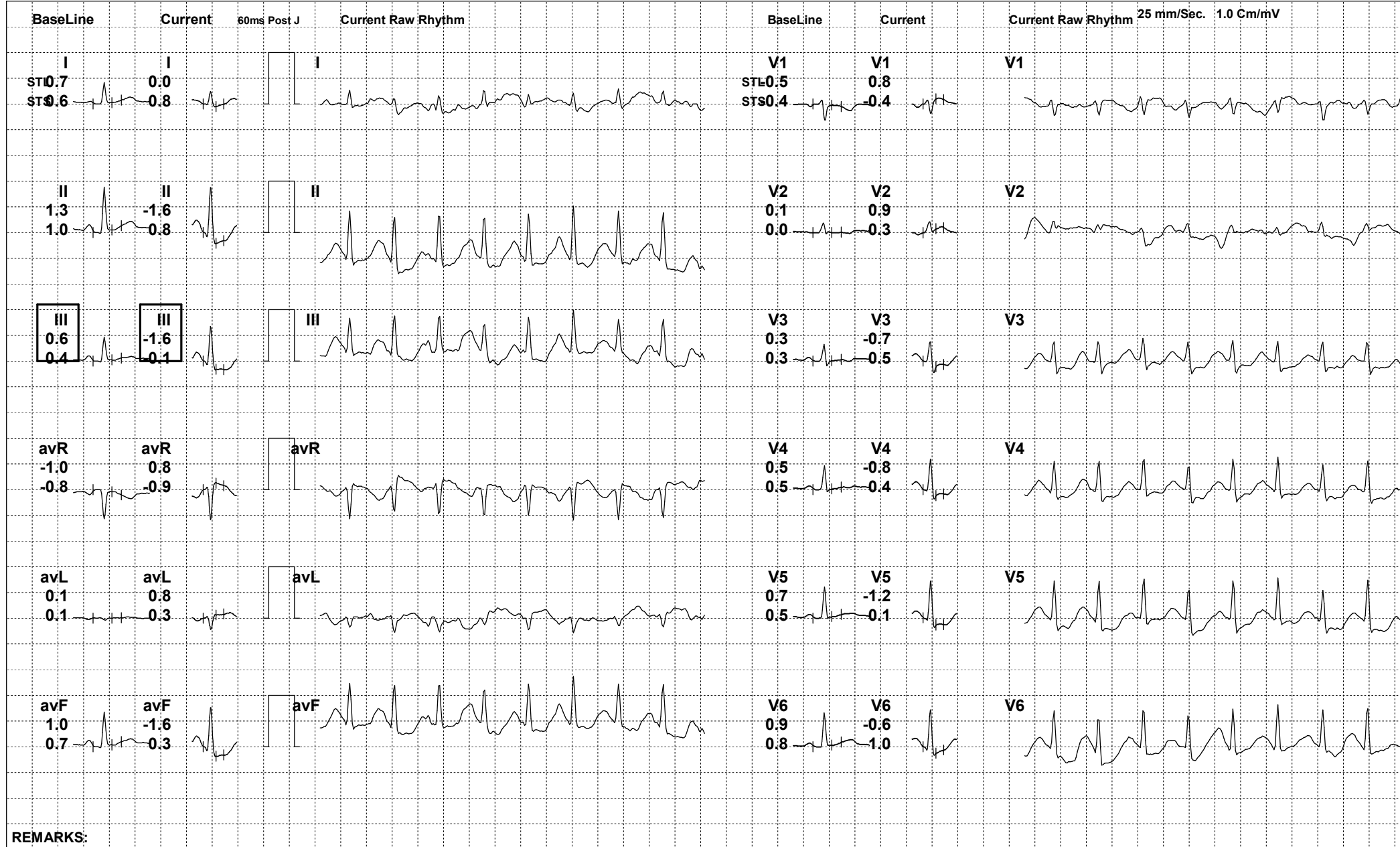
REMARKS:



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 7.1/ 171 bpm 91% of THR BP: 130/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:58 2.5 mph, 12.0%

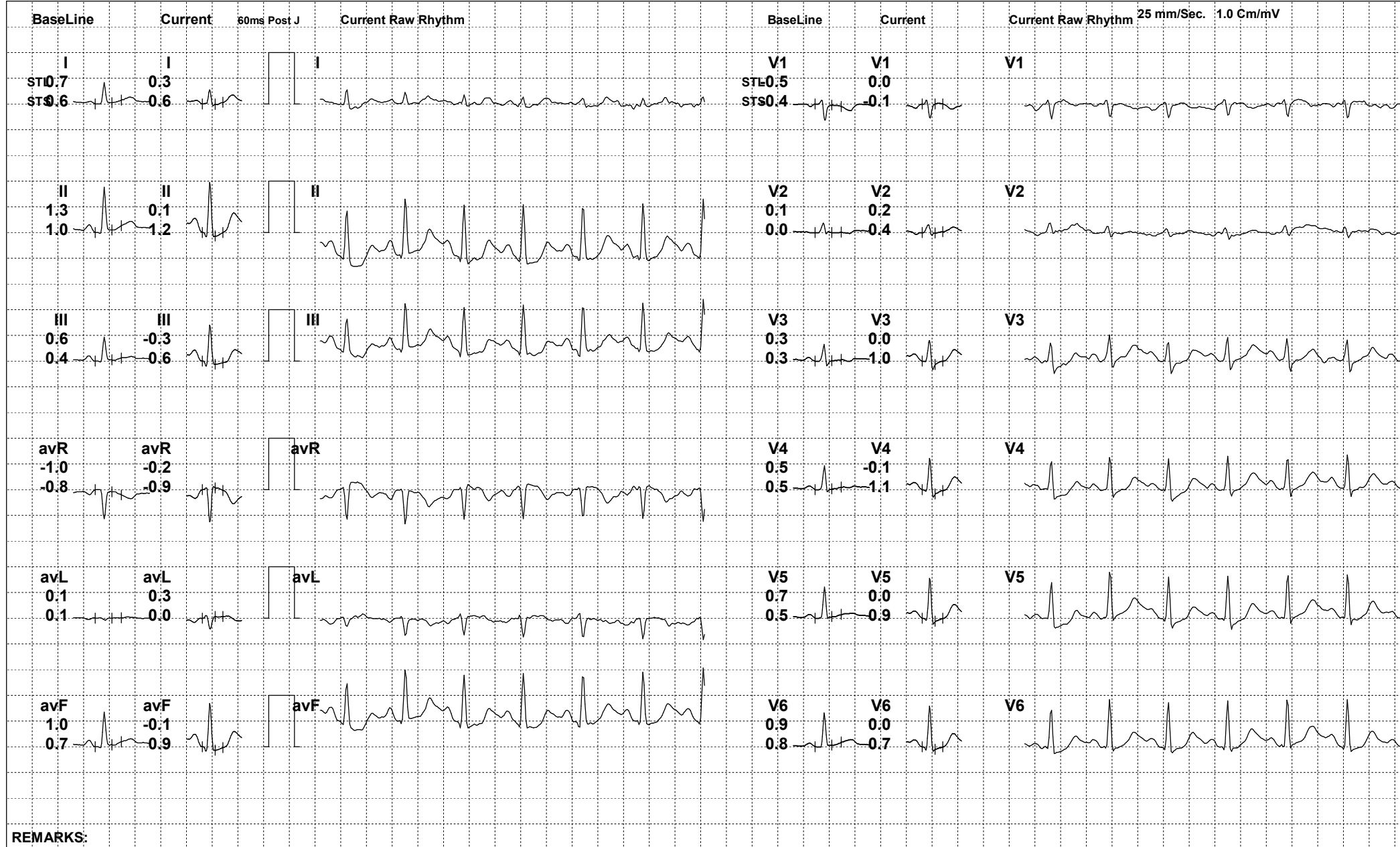




171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 1.0/ 130 bpm 69% of THR BP: 126/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%



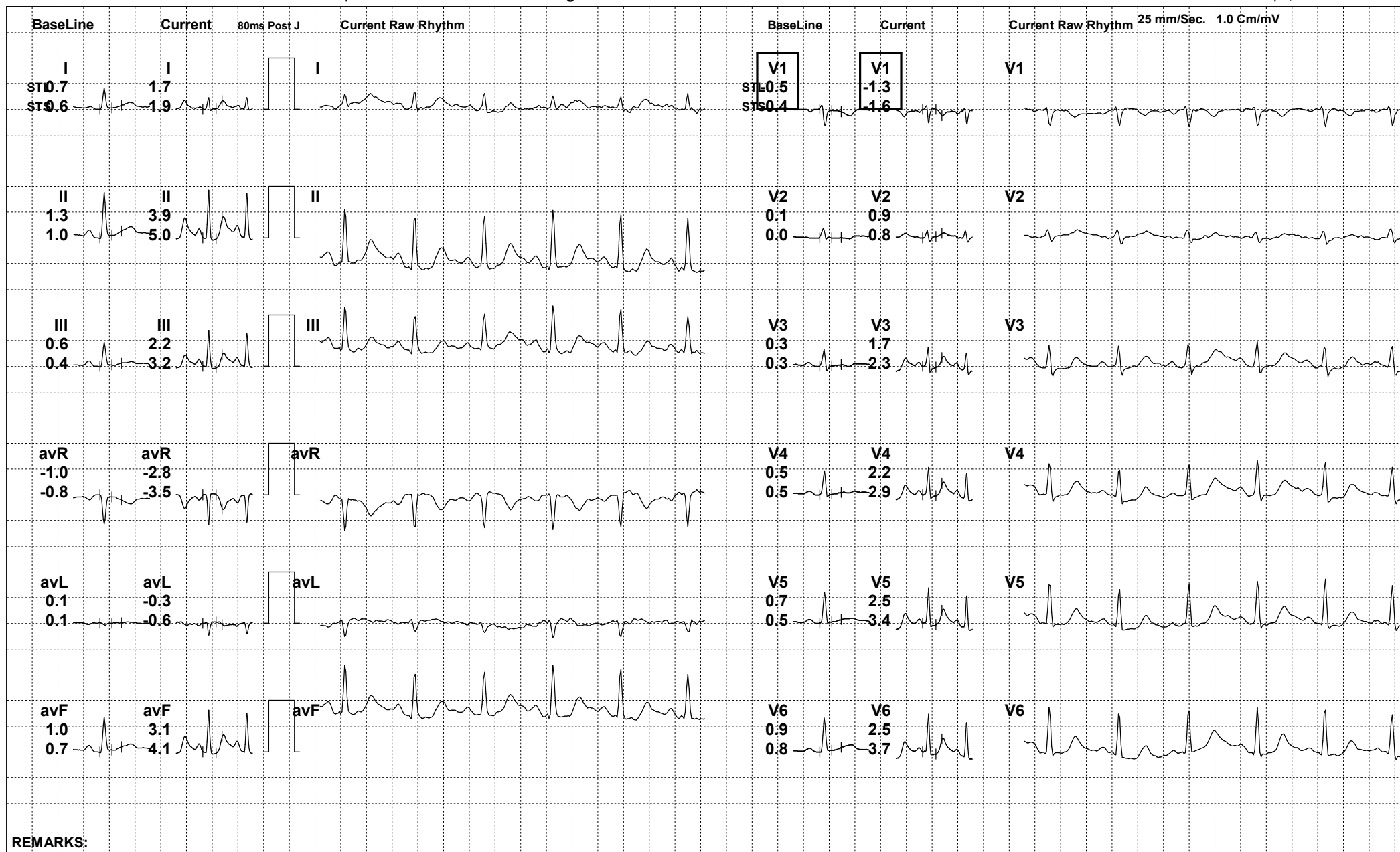
REMARKS:



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 1.0/ 111 bpm 59% of THR BP: 122/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%



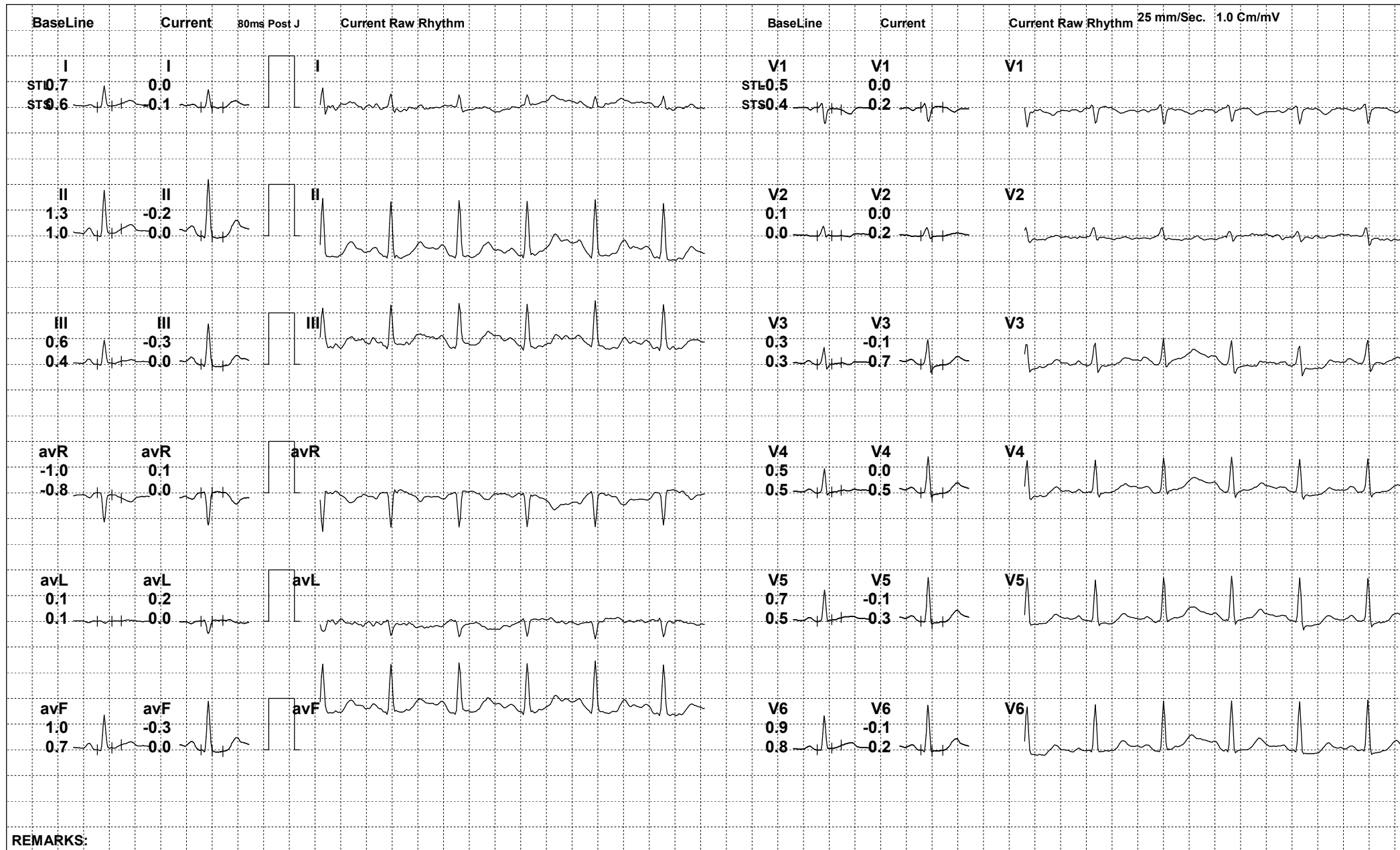
REMARKS:



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM METS: 1.0/ 112 bpm 59% of THR BP: 118/76 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%

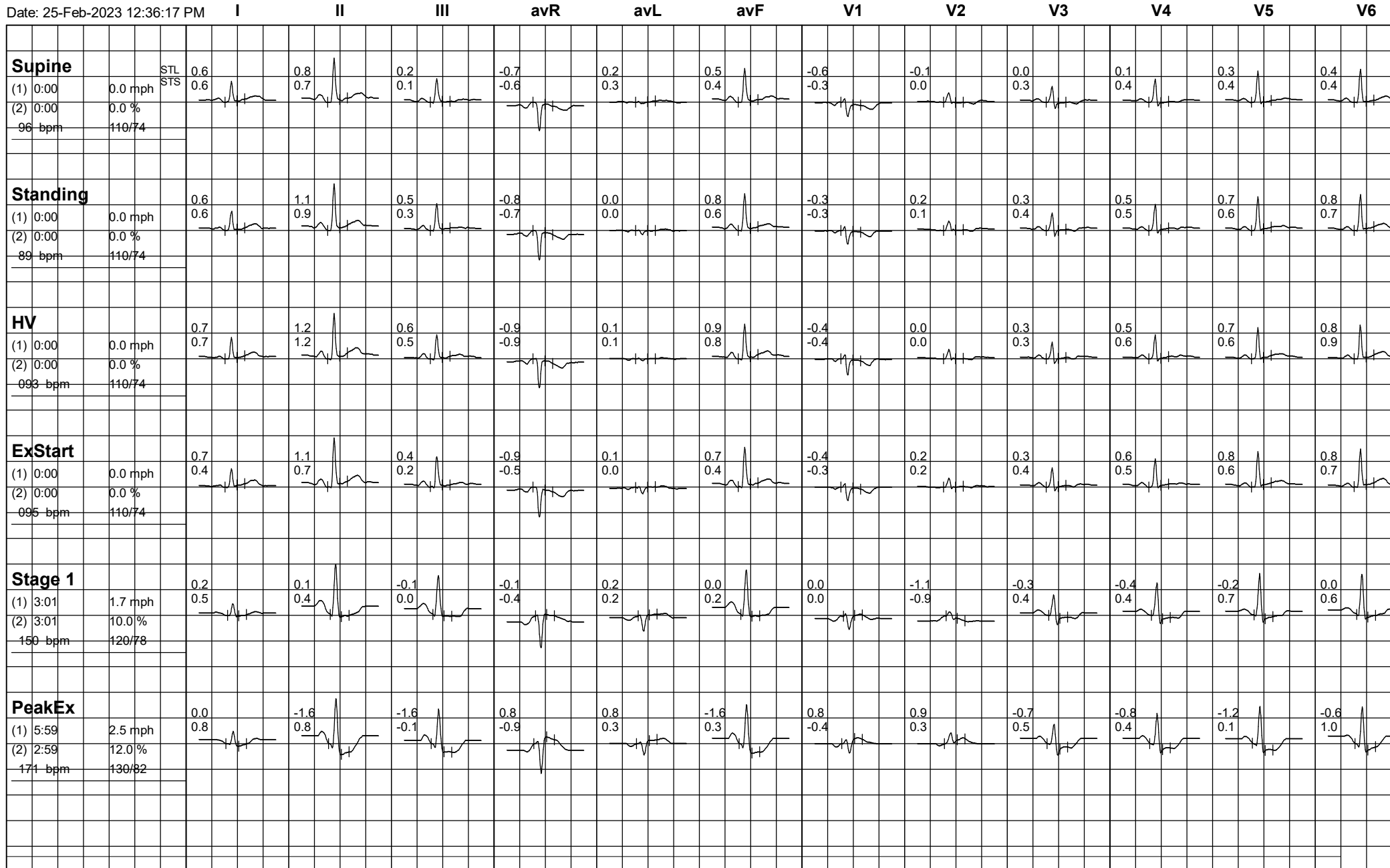


REMARKS:



171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM





171 (532084) / SHALINI CHOWDHARY / 33 Yrs / F

Date: 25-Feb-2023 12:36:17 PM

