

**CONCLUSION OF HEALTH CHECKUP**


ECU Number : 8832	MR Number : 23226883	Patient Name: ARUN PRAFULCHANDRA
Age : 35	Sex : Male	Height : 179
Weight : 84.3	Ideal Weight : 74	BMI : 26.31
Date : 27/01/2024		

*Grade I Fatty Liver*

*D*

*Eye Sight  
medication*

*Fibroses*

  
Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 8832                      MR Number : 23226883                      Patient Name: ARUN PRAFULCHANDRA  
Age : 35                                      Sex : Male                                      Height : 179  
Weight : 84.3                              Ideal Weight : 74                              BMI : 26.31  
Date : 27/01/2024

Past H/O : NO P/H/O ANY MAJOR ILLNESS

Present H/O : NO MEDICAL COMPLAIN AT PRESENT

( ) Family H/O : NO F/H/O ANY MAJOR ILLNESS

Habits : NO  
Gen.Exam. : G.C.GOOD  
B.P : 140/90  
Pulse : 88  
Others : SPO2 98 %  
C.V.S : NAD  
R.S. : NAD  
Abdomen : NP  
Spleen : NP  
Skin : NAD  
C.N.S : NAD  
Advice :



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ESTD. 1964



ECU Number : 8832  
Age : 35  
Weight : 84.3  
Date : 27/01/2024

MR Number : 23226883  
Sex : Male  
Ideal Weight : 74

Patient Name: ARUN PRAFULCHANDRA  
Height : 179  
BMI : 26.31

## Ophthalmic Check Up :

Right

Left

Ext Exam

NORMAL

Vision Without Glasses

-

-

Vision With Glasses

6/6 N.5

6/6 N.5

Final Correction

SAME AS OWN

SAME AS OWN

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

## Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

## ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

## General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. ARUN PRAFULCHANDRA PARMAR  
Gender / Age : Male / 35 Years 7 Months 17 Days  
MR No / Bill No. : 23226883 / 242077885  
Consultant : Dr. Manish Mittal  
Location : OPD

Type : OPD  
Request No. : 194435  
Request Date : 27/01/2024 08:46 AM  
Collection Date : 27/01/2024 08:59 AM  
Approval Date : 27/01/2024 02:01 PM

CBC + ESR

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	14.4	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	<b>4.22</b>	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	41.5	%	40 - 50
Mean Corpuscular Volume (MCV)	98.3	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	<b>34.1</b>	pg	27 - 32
MCH Concentration (MCHC)	<b>34.7</b>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	<b>18.7</b>	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	<b>68.7</b>	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	6.67	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	55	%	40 - 80
Lymphocytes	29	%	20 - 40
Eosinophils	<b>9</b>	%	1 - 6
Monocytes	7	%	2 - 10
Basophils	0	%	0 - 2
<b>Polymorphs (Abs. Value)</b>			
Polymorphs (Abs. Value)	3.67	thou/cmm	2 - 7
<b>Lymphocytes (Abs. Value)</b>			
Lymphocytes (Abs. Value)	1.92	thou/cmm	1 - 3
<b>Eosinophils (Abs. Value)</b>			
Eosinophils (Abs. Value)	<b>0.60</b>	thou/cmm	0.2 - 0.5
<b>Monocytes (Abs. Value)</b>			
Monocytes (Abs. Value)	0.45	thou/cmm	0.2 - 1
<b>Basophils (Abs. Value)</b>			
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
<b>Immature Granulocytes</b>			
Immature Granulocytes	0.1	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	294	thou/cmm	150 - 410
Remarks	This is counter generated CBC Report, smear review is not done		
<b>ESR</b>			
ESR	6	mm/1 hr	0 - 10

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. ARUN PRAFULCHANDRA PARMAR	Type	: OPD
Gender / Age	: Male / 35 Years 7 Months 17 Days	Request No.	: 194435
MR No / Bill No.	: 23226883 / 242077885	Request Date	: 27/01/2024 08:46 AM
Consultant	: Dr. Manish Mittal	Collection Date	: 27/01/2024 08:59 AM
Location	: OPD	Approval Date	: 27/01/2024 02:01 PM

**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path). DCP.

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**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : **Mr. ARUN PRAFULCHANDRA PARMAR**  
Gender / Age : Male / 35 Years 7 Months 17 Days  
MR No / Bill No. : **23226883 / 242077885**  
Consultant : Dr. Manish Mittal  
Location : **OPD**

Type : OPD  
Request No. : **194435**  
Request Date : 27/01/2024 08:46 AM  
Collection Date : 27/01/2024 08:59 AM  
Approval Date : 27/01/2024 03:36 PM

**Haematology**

Test	Result	Units	Biological Ref. Range
<b>Blood Group</b>			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method  
Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check's group both on Red blood cells and in Serum for "ABO" group.

--- End of Report ---

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**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<b>Fasting Plasma Glucose</b>			
Fasting Plasma Glucose	97	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	108	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

— End of Report —

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Approval Date : 27/01/2024 01:07 PM

**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Hemoglobin (HbA1c)	5.9	%	
estimated Average Glucose (e AG) *	122.63	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

**Guidelines for Interpretation:**

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.93	mg/dL	0 - 1
Bilirubin - Direct	0.21	mg/dL	0 - 0.3
Bilirubin - Indirect	0.72	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	24	U/L	15 - 40
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	18	U/L	16 - 63
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	69	U/L	53 - 128
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	15	U/L	15 - 85
<i>(Done by Multipoint Rate - L-γ<sup>3</sup>-glutamyl-p-nitroanilide on Vitros 5600)</i>			
<b>Total Protein</b>			
Total Proteins	7.76	gm/dL	6.4 - 8.2
Albumin	4.47	gm/dL	3.4 - 5
Globulin	3.29	gm/dL	3 - 3.2
A : G Ratio	1.36		1.1 - 1.6
<i>(Done by Biuret endpoint and-Bromocresol green method on vitros 5600.)</i>			

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**Complete Lipid Profile**

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides <i>(Done by Lipase /Glycerol kinase on Vitros 5600 &lt; 150 Normal 150-199 Borderline High 200-499 High &gt; 499 Very High)</i>	109	mg/dL	1 - 150
Total Cholesterol <i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600. &lt;200 mg/dL - Desirable 200-239 mg/dL - Borderline High &gt; 239 mg/dL - High)</i>	149	mg/dL	1 - 200
HDL Cholesterol <i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600 &lt; 40 Low &gt; 60 High)</i>	41	mg/dL	40 - 60
Non HDL Cholesterol (calculated) <i>(Non- HDL Cholesterol &lt; 130 Desirable 139-159 Borderline High 160-189 High &gt; 191 Very High)</i>	108	mg/dL	1 - 130
LDL Cholesterol <i>(Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600 &lt; 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High &gt; 189 Very High)</i>	93	mg/dL	1 - 100
VLDL Cholesterol (calculated)	21.8	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.27		2.1 - 3.5
T. Ch./HDL Ch. Ratio <i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>	3.63		3.5 - 5

--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path). DCP.



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👤 Patient Name : **MR. ARUN PRAFULCHANDRA PARMAR**  
 Gender / Age : Male / 35 Years 7 Months 17 Days  
 MR No / Bill No. : **23226883 / 242077885**  
 Consultant : Dr. Manish Mittal  
 Location : **OPD**

Type : **DEPARTMENT OF LABORATORY MEDICINE**  
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 Approval Date : **27/01/2024 01:07 PM**

**Thyroid Hormone Study**

Test	Result	Units	Biological Ref. Range
<b>Triiodothyronine (T3)</b> (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (ng/ml) 1 - 3 days : 0.1 - 7.4 1-11 months : 0.1 - 2.45 1-5 years : 0.1 - 2.7 6-10 years : 0.9 - 2.4 11-15 years : 0.8 - 2.1 16-20 years : 0.8 - 2.1 Adults (20 - 50 years) : 0.7 - 2.0 Adults (> 50 years) : 0.4 - 1.8 Pregnancy (in last 5 months) : 1.2 - 2.5 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	1.38	ng/ml	
<b>Thyroxine (T4)</b> (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (mcg/dL) 1 - 3 days : 11.8 - 22.6 1-2 weeks : 9.8 - 16.6 1 - 4 months : 7.2 - 14.4 4 - 12 months : 7.8 - 16.5 1-5 years : 7.3 - 15.0 5 - 10 years : 6.4 - 13.3 10 - 20 years : 5.6 - 11.7 Adults / male : 4.6 - 10.5 Adults / female : 5.5 - 11.0 Adults (> 60 years) : 5.0 - 10.7 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	9.63	mcg/dL	
<b>Thyroid Stimulating Hormone (US-TSH)</b> (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (microlU/ml) Infants (1-4 days) : 1.0 - 39 2-20 weeks : 1.7 - 9.1 5 months - 20 years : 0.7 - 6.4 Adults (21 - 54 years) : 0.4 - 4.2 Adults (> 55 years) : 0.5 - 8.9 Pregnancy : 1st trimester : 0.3 - 4.5 2nd trimester : 0.5 - 4.6 3rd trimester : 0.8 - 5.2 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	3.71	microlU/ml	

— End of Report —

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👤 Location : **OPD**

🏥 DEPARTMENT OF LABORATORY MEDICINE  
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Approval Date : **27/01/2024 12:02 PM**

### Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i>	15	mg/dL	10 - 45
BUN	7.01	mg/dL	5 - 21
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	<b>0.67</b>	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate <i>(Ref. range : &gt; 60 ml/min for adults between age group of 18 to 70 yrs. eGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i>	5.8	mg/dL	3.4 - 7.2

— End of Report —

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MD (Path). DCP.

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Consultant : Dr. Manish Mittal  
Location : OPD

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Approval Date : 27/01/2024 11:33 AM

## Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	6.0		
Specific Gravity	1.018		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

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Dr. Ameer Soni  
MD (Path)



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Foetal Echocardiography

Echocardiography

4D USG & Doppler

## DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23226883 Report Date : 27/01/2024

Request No. : 190099527 27/01/2024 8.46 AM

Patient Name : Mr. ARUN PRAFULCHANDRA PARMAR

Gender / Age : Male / 35 Years 7 Months 17 Days

### X-Ray Chest AP

Both lung fields are clear.

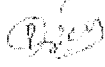
Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

  
Dr. Priyanka Patel, MD.

Consultant Radiologist



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**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23226883      Report Date : 27/01/2024  
Request No. : 190099569      27/01/2024 8.46 AM  
Patient Name : **Mr. ARUN PRAFULCHANDRA PARMAR**  
Gender / Age : Male / 35 Years 7 Months 17 Days

**USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen**

**Liver is normal in size and increased in echopattern.** No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct is not dilated.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

**COMMENT:**

- **Grade I fatty liver.**

*Kindly correlate clinically*

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**

Consultant Radiologist



Patient No. : 23226883      Report Date : 27/01/2024  
Request No. : 190099572      27/01/2024 8.46 AM  
Patient Name : **Mr. ARUN PRAFULCHANDRA PARMAR**  
Gender / Age : Male / 35 Years 7 Months 17 Days

### Echo Doppler Screening

MITRAL VALVE : NORMAL, NO MR, NO MS  
AORTIC VALVE : NORMAL, NO AR, NO AS  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 65%, NO  
REGIONAL WALL MOTION ABNORMALITY  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
COLOUR/DOPPLER  
FLOW MAPPING : NO MR, NO AR // TR, NO PAH

### FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 65%
3. NO REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SINUS TACHYCARDIA+.

  
Dr. KILLOOL KANERIA, D.M., CARD.



Name: Mr. Arun P. Parmar -  
Patient ID: ECU/23226883

27.01.2024 09:39:41  
Standard 12-Lead

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Age: 035Y  
Gender: Male

Ref. phys.

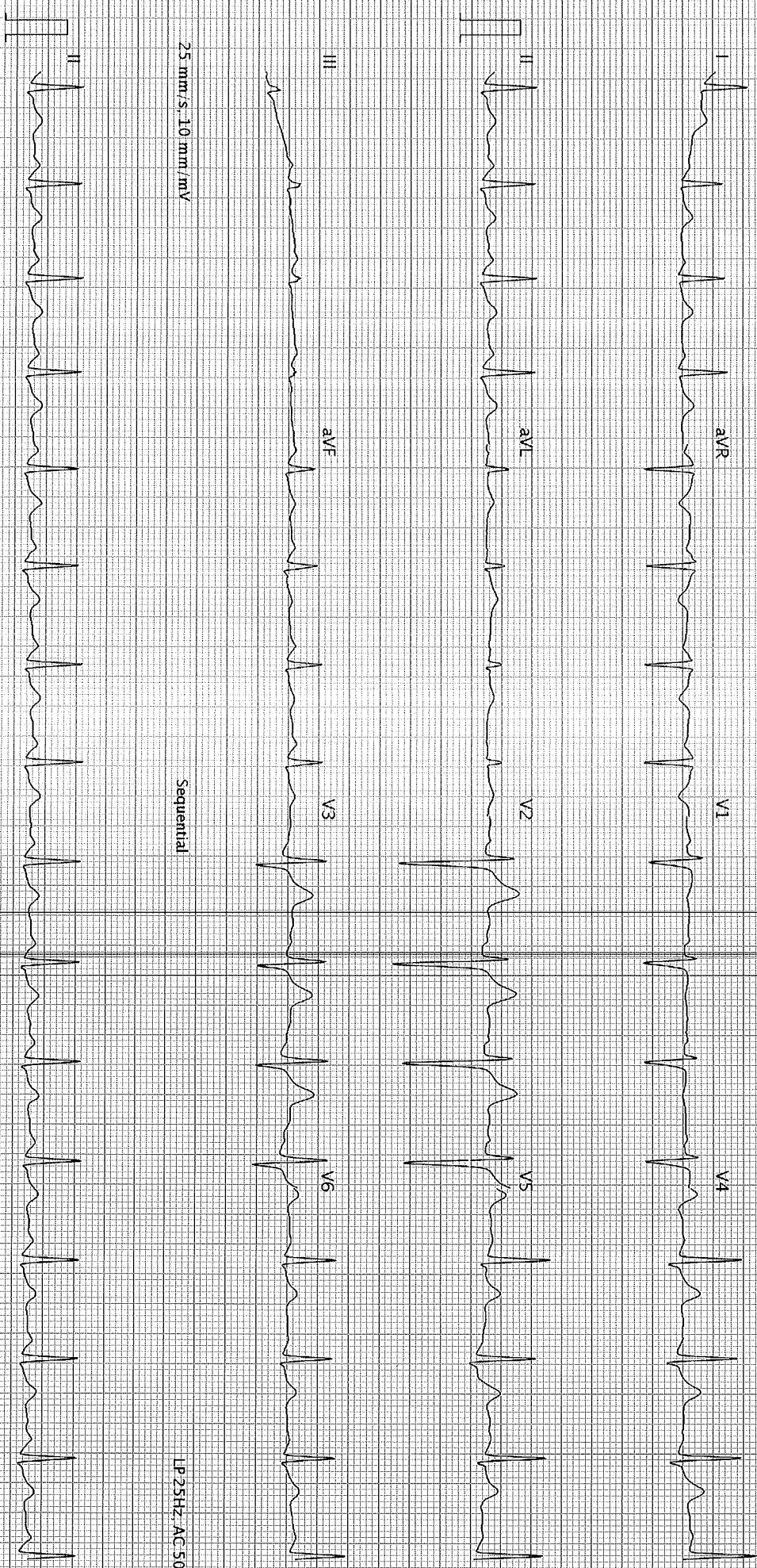
Pacemaker: Unknown

Remark:

HR 91 bpm  
RR 65.9 ms  
PR 111 ms  
P axis 61°  
QRS axis 47°  
T axis 31°  
QR 95 ms  
QT 334 ms  
QTcB 436 ms

Unconfirmed report

*Prw*



25 mm/s, 10 mm/mV

Sequential

LP 25HZ, AC 50HZ

25 mm/s, 10 mm/mV

LP 25HZ, AC 50HZ

AT-102-G2-I-2-0 (1080-011030)

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