







Patient Name : SOUMEN SARKAR

Age : 36 Y 7 M 9 D

Gender : M

Lab Add. : Newtown, Kolkata-700156

Ref Dr. : Dr.MEDICAL OFFICER
Collection Date: 12/Jan/2023 08:44AM

Report Date : 12/Jan/2023 04:33PM

Test Name Result Unit Bio Ref. Interval Method

 ${\bf PHOSPHORUS\text{-}INORGANIC,\,BLOOD}\;,\;\mathsf{GEL}\;\mathsf{SERUM}$

PHOSPHORUS-INORGANIC, BLOOD

3 4

mg/dL

2.4-5.1 mg/dL

Phosphomolybdate/UV

Dr NEEPA CHOWDHURY MBBS MD (Biochemistry) Consultant Biochemist









Lab No. : SR7170082 Name : SOUMEN SARKAR Age/G : 36 Y 7 M 9 D / M Date : 12-01-2023

PDF Attached

GLYCATED HAEMOGLOBIN (HBA1C), EDTA WHOLE BLOOD

GLYCATED HEMOGLOBIN (HBA1C) 5.2

***FOR BIOLOGICAL REFERENCE INTERVAL DETAILS , PLEASE REFER TO THE BELOW MENTIONED REMARKS/NOTE WITH ADDITIONAL CLINICAL INFORMATION ***

HbA1c (IFCC) 33.0 mmol/mol HPLC

Clinical Information and Laboratory clinical interpretation on Biological Reference Interval:

Analyzer used: Bio-Rad-VARIANT TURBO 2.0

Method: HPLC Cation Exchange

Recommendations for glycemic targets

Ø Patients should use self-monitoring of blood glucose (SMBG) and HbA1c levels to assess glycemic control.

Ø The timing and frequency of SMBG should be tailored based on patients' individual treatment, needs, and goals.

Ø Patients should undergo HbA1c testing at least twice a year if they are meeting treatment goals and have stable glycemic control.

Ø If a patient changes treatment plans or does not meet his or her glycemic goals, HbA1c testing should be done quarterly.

 \varnothing For most adults who are not pregnant, HbA1c levels should be <7% to help reduce microvascular complications and macrovascular disease . Action suggested >8% as it indicates poor control.

Ø Some patients may benefit from HbA1c goals that are stringent.

Result alterations in the estimation has been established in many circumstances, such as after acute/ chronic blood loss, for example, after surgery, blood transfusions, hemolytic anemia, or high erythrocyte turnover; vitamin B₁₂/ folate deficiency, presence of chronic renal or liver disease; after administration of high-dose vitamin E / C; or erythropoietin treatment.

Reference: Glycated hemoglobin monitoring BMJ 2006; 333;586-8

References:

1. Chamberlain JJ, Rhinehart AS, Shaefer CF, et al. Diagnosis and management of diabetes: synopsis of the 2016 American Diabetes Association Standards of Medical Care in Diabetes. Ann Intern Med. Published online 1 March 2016. doi:10.7326/M15-3016.

Dr. SUPARBA CHAKRABARTI MBBS, MD(BIOCHEMISTRY) Consultant Biochemist

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^{2.} Mosca A, Goodall I, Hoshino T, Jeppsson JO, John WG, Little RR, Miedema K, Myers GL, Reinauer H, Sacks DB, Weykamp CW. International Federation of Clinical Chemistry and Laboratory Medicine, IFCC Scientific Division. Global standardization of glycated hemoglobin measurement: the position of the IFCC Working Group. Clin Chem Lab Med. 2007;45(8):1077-1080.



Lab No. : SR7170082 Na	me : SOUMEN SARKAR		Age/G: 36 Y 7 M 9 D / M	Date: 12-01-2023
*SGPT/ALT , GEL SERUM				
SGPT/ALT	84.00	U/L	7-40 U/L	IFCC KINETIC METHOD
*POTASSIUM, BLOOD , GEL SE	ERUM			
POTASSIUM,BLOOD	4.20	mEq/L	3.5 - 5.5 mEq/L	ISE DIRECT
*CALCIUM, BLOOD				
CALCIUM,BLOOD	8.80	mg/dL	8.7-10.4 mg/dL	Modified OCPC
*GLUCOSE, PP , BLOOD, NAF P	LASMA			
GLUCOSE,PP	147	mg/dL	Impaired Glucose Tolerance mg/dL to 199 mg/dL. Diabetes>= 200 mg/dL.	-140 Hexokinase Method
*BLOOD GROUP ABO+RH [GE	L METHOD] , EDTA WHOLE	BLOOD		
ABO	В			Gel Card
RH	POSITIVE			Gel Card

TECHNOLOGY USED: GEL METHOD

ADVANTAGES:

- · Gel card allows simultaneous forward and reverse grouping.
- · Card is scanned and record is preserved for future reference.
- Allows identification of Bombay blood group.
- Daily quality controls are run allowing accurate monitoring.

Historical records check not performed.

*BILIRUBIN (TOTAL), GEL SERUM					
BILIRUBIN (TOTAL)	0.88	mg/dL	0.3-1.2 mg/dL	DIAZOTIZED DCA	
OLLOGO FACTINO DI COD NAS DI ACM	•				
GLUCOSE, FASTING, BLOOD, NAF PLASM	A				
GLUCOSE,FASTING	105	mg/dL	Impaired Fasting-100-125 mg/dl Diabetes- >= 126 mg/dL. Fasting is defined as no caloric intake for at least 8 hours.	Hexokinase Method	
*ALKALINE PHOSPHATASE, GEL SERUM					
ALKALINE PHOSPHATASE	90.00	U/L	46-116 U/L	PNPP- AMP	
*SGOT/AST , GEL SERUM					
SGOT/AST	37.00	U/L	13-40 U/L	IFCC Kinetic Method	
*SODIUM, BLOOD , GEL SERUM					
SODIUM,BLOOD	139.00	mEq/L	136 - 145 mEq/L	ISE DIRECT	
*CHLORIDE, BLOOD , .					
CHLORIDE,BLOOD	100.00	mEq/L	98 - 107 mEq/L	ISE DIRECT	
CREATININE, BLOOD , GEL SERUM	0.86	mg/dL	0.7-1.3 mg/dL	Jaffe, alkaline picrate, kinetic	
*ESR (ERYTHROCYTE SEDIMENTATION RATE) , EDTA WHOLE BLOOD					
1stHour	05	mm/hr	0.00 - 20.00 mm/hr	Westergren	
*TOTAL PROTEIN [BLOOD] ALB:GLO RATIO , .					

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Lab No. : SR7170082	Name: SOUMEN SARKAR		Age/G: 36 Y 7 M 9 D / M	Date: 12-01-2023
TOTAL PROTEIN	7.70	g/dL	5.7-8.2 g/dL	BIURET METHOD
ALBUMIN	4.4	g/dL	3.2-4.8 g/dL	BCG Dye Binding
GLOBULIN	3.30	g/dl	1.8-3.2 g/dl	Calculated
AG Ratio	1.33		1.0 - 2.5	Calculated
*URINE ROUTINE ALL, AL	.L , URINE			
PHYSICAL EXAMINATION	<u>ON</u>			
COLOUR	PALE YELLOW			
APPEARANCE	SLIGHTLY HAZY			
CHEMICAL EXAMINATION	<u>ON</u>			
рН	6		4.8 - 7.4	DIPSTICK
SPECIFIC GRAVITY	1.015		1.016-1.022	DIPSTICK
PROTEIN	NOT DETECTED		NOT DETECTED	DIPSTICK(Protein Error Principle)/MANUAL
GLUCOSE	NOT DETECTED		NOT DETECTED	DIPSTICK (Glucose Oxidase - peroxidase)/ MANUAL
KETONES (ACETOACETIC ACETONE)	ACID, NOT DETECTED		NOT DETECTED	Dipstick (Legals test)/Manual
BLOOD	NEGATIVE		NOT DETECTED	DIPSTICK(Pseudo Peroxidase Method)
BILIRUBIN	ABSENT		NEGATIVE	DIPSTICK(Azo-Diazo Reaction)/MANUAL
UROBILINOGEN	NORMAL		NORMAL	DIPSTICK(Diazonium Ion Reaction)/MANUAL
NITRITE	NEGATIVE		NEGATIVE	DIPSTICK(GRIESS TEST)
LEUCOCYTE ESTERASE	PRESENT(++)		NEGATIVE	DIPSTICK
MICROSCOPIC EXAMIN	<u>ATION</u>			
LEUKOCYTES (PUS CELLS) 20 - 25	/hpf	0-5	Microscopy
EPITHELIAL CELLS	4 - 5	/hpf	0-5	Microscopy
RED BLOOD CELLS	NOT DETECTED	/hpf	0-2	Microscopy
CAST	NOT DETECTED		NOT DETECTED	Microscopy
CRYSTALS	NOT DETECTED		NOT DETECTED	Microscopy
BACTERIA	NOT DETECTED		NOT DETECTED	Microscopy
YEAST	NOT DETECTED		NOT DETECTED	Microscopy
OTHERS	NIL			

Note:

- 1. All urine samples are checked for adequacy and suitability before examination.
- 2. Analysis by urine analyzer of dipstick is based on reflectance photometry principle. Abnormal results of chemical examinations are confirmed by manual methods.
- 3. The first voided morning clean-catch midstream urine sample is the specimen of choice for chemical and microscopic analysis.
- 4. Negative nitrite test does not exclude urinary tract infections.
- 5. Trace proteinuria can be seen in many physiological conditions like exercise, pregnancy, prolonged recumbency etc.
- 6. False positive results for glucose, protein, nitrite, urobilinogen, bilirubin can occur due to use of certain drugs, therapeutic dyes, ascorbic acid, cleaning agents used in urine collection container.
- 7. Discrepancy between results of leukocyte esterase and blood obtained by chemical methods with corresponding pus cell and red blood cell count by microscopy can occur due to cell lysis.
- 8. Contamination from perineum and vaginal discharge should be avoided during collection, which may falsely elevate epithelial cell count and show presence of bacteria and/or yeast in the urine.

*URIC ACID, URINE, SPOT URINE

URIC ACID, SPOT URINE

19.70

mg/dL

37-92 mg/dL

URICASE

*BILIRUBIN (DIRECT), GEL SERUM

BILIRUBIN (DIRECT)

0.16

mg/dL

<0.2 mg/dL

DIAZOTIZED DCA

*CBC WITH PLATELET (THROMBOCYTE) COUNT, EDTA WHOLE BLOOD

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Lab No. : SR7170082 Name :	SOUMEN SARKAR		Age/G: 36 Y 7 M 9 D / M	Date : 12-01-2023
HEMOGLOBIN	14.6	g/dL	13 - 17	PHOTOMETRIC
WBC	6.9	*10^3/µL	4 - 10	DC detection method
RBC	4.82	*10^6/µL	4.5 - 5.5	DC detection method
PLATELET (THROMBOCYTE) COUN	NT 150	*10^3/µL	150 - 450*10^3/µL	DC detection method/Microscopy
DIFFERENTIAL COUNT				
NEUTROPHILS	66	%	40 - 80 %	Flowcytometry/Microscopy
LYMPHOCYTES	25	%	20 - 40 %	Flowcytometry/Microscopy
MONOCYTES	06	%	2 - 10 %	Flowcytometry/Microscopy
EOSINOPHILS	03	%	1 - 6 %	Flowcytometry/Microscopy
BASOPHILS	00	%	0-0.9%	Flowcytometry/Microscopy
CBC SUBGROUP				
HEMATOCRIT / PCV	43.7	%	40 - 50 %	Calculated
MCV	90.7	fl	83 - 101 fl	Calculated
MCH	30.3	pg	27 - 32 pg	Calculated
MCHC	33.4	gm/dl	31.5-34.5 gm/dl	Calculated
RDW - RED CELL DISTRIBUTION W	/IDTH 15.2	%	11.6-14%	Calculated
PDW-PLATELET DISTRIBUTION W	IDTH 24.8	fL	8.3 - 25 fL	Calculated
MPV-MEAN PLATELET VOLUME	11.6		7.5 - 11.5 fl	Calculated
*LIPID PROFILE , GEL SERUM				
CHOLESTEROL-TOTAL	184.00	mg/dL	Desirable: < 200 mg/dL Borderline high: 200-239 mg/dL High: > or =240 mg/dL	CHOD – PAP
TRIGLYCERIDES	214.00	mg/dL	Normal:: < 150, BorderlineHigh::150-199, High: 200-499, VeryHigh::>500	ENZYMATIC (END POINT) :
HDL CHOLESTEROL	41.00	mg/dl	< 40 - Low 40-59- Optimum 60 - High	ENZYMATIC (PEG)
LDL CHOLESTEROL DIRECT	119.0	mg/dL	OPTIMAL: <100 mg/dL, Near optimal/ above optimal: 100-12 mg/dL, Borderline high: 130-15 mg/dL, High: 160-189 mg/dL, Very hig: >=190 mg/dL	59
VLDL	24	mg/dl	< 40 mg/dl	Calculated
CHOL HDL Ratio	4.5		LOW RISK 3.3-4.4 AVERAGE RISK 4.47-7.1 MODERATE RISK 7.1-11.0 HIGH RISK >11.0	Calculated
UREA,BLOOD	16.0	mg/dL	19 - 49 mg/dL	Urease with GLDH
THYROID PANEL (T3, T4, TSH),	GEL SERUM			
T3-TOTAL (TRI IODOTHYRONINE)	0.99	ng/ml	0.60-1.81 ng/ml	CLIA
T4-TOTAL (THYROXINE)	7.2	μg/dL	3.2-12.6 μg/dL	CLIA
TSH (THYROID STIMULATING HOR		μIU/mL	0.35-5.5 μIU/mL	CLIA

BIOLOGICAL REFERENCE INTERVAL: [ONLY FOR PREGNANT MOTHERS]

Trimester specific TSH LEVELS during pregnancy:

FIRST TRIMESTER : 0.10 2.50 μ IU/mL SECOND TRIMESTER : 0.20 3.00 μ IU/mL THIRD TRIMESTER : 0.30 3.00 μ IU/mL

References:

1.Indian Thyroid Society guidelines for management of thyroid dysfunction during pregnancy. Clinical Practice Guidelines, New Delhi: Elsevier; 2012.

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Lab No. : SR7170082 Name : SOUMEN SARKAR Age/G : 36 Y 7 M 9 D / M Date : 12-01-2023

2. Stagnaro-Green A, Abalovich M, Alexander E, Azizi F, Mestman J, Negro R, et al. Guidelines of the American Thyroid Association for the Diagnosis and Management of Thyroid Disease During Pregnancy and Postpartum. Thyroid 2011; 21:1081-25.

3. Dave A, Maru L, Tripathi M. Importance of Universal screening for thyroid disorders in first trimester of pregnancy. Indian J Endocr Metab [serial online] 2014 [cited 2014 Sep 25]; 18: 735-8. Available from: http://www.ijem.in/text.asp? 2014/18/5/735/139221.

*URIC ACID, BLOOD, GEL SERUM

URIC ACID,BLOOD 7.50 mg/dL 3.7-9.2 mg/dL Uricase/Peroxidase

DR. SHABNAM PARVIN MD (Pathology) Consultant Pathologist

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Lab No. : SR7170082 Nan	ne : SOUMEN SARKAR		Age/G: 36 Y 7 M 9 D / M	Date: 12-01-2023
CBC WITH PLATELET & RETICU	LOCYTE COUNT , EDTA WH	OLE BLOOD		
HEMOGLOBIN	14.2	g/dL	13 - 17	PHOTOMETRIC
WBC	7.0	*10^3/µL	4 - 10	DC detection method
RBC	4.80	*10^6/µL	4.5 - 5.5	DC detection method
PLATELET (THROMBOCYTE) CO	OUNT 160	*10^3/µL	150 - 450*10^3/μL	DC detection method/Microscopy
DIFFERENTIAL COUNT				
NEUTROPHILS	65	%	40 - 80 %	Flowcytometry/Microscopy
LYMPHOCYTES	27	%	20 - 40 %	Flowcytometry/Microscopy
MONOCYTES	06	%	2 - 10 %	Flowcytometry/Microscopy
EOSINOPHILS	02	%	1-6%	Flowcytometry/Microscopy
BASOPHILS	00	%	0-0.9%	Flowcytometry/Microscopy
CBC SUBGROUP 1				
HEMATOCRIT / PCV	43.6	%	40 - 50 %	Calculated
MCV	90.7	fl	83 - 101 fl	Calculated
MCH	29.6	pg	27 - 32 pg	Calculated
MCHC	32.7	gm/dl	31.5-34.5 gm/dl	Calculated
RDW - RED CELL DISTRIBUTION	N WIDTH 15.9	%	11.6-14%	Calculated
RETICULOCYTE COUNT- AUTOMATED,BLOOD	6.0	%	0.5-2.5%	Cell Counter/Microscopy

Dr. PANKTI PATEL
MBBS , MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Lab No. : KNK/12-01-2023/SR7170082



Patient Name : SOUMEN SARKAR Ref Dr. : Dr.MEDICAL OFFICER

Age : 36 Y 7 M 9 D

Gender: M **Report Date**: 12/Jan/2023 02:50PM



DEPARTMENT OF CARDIOLOGY REPORT OF E.C.G.

Lab Add.

Collection Date:

DATA HEART RATE	70	Bpm
PR INTERVAL	128	Ms
QRS DURATION	80	Ms
QT INTERVAL	344	Ms
QTC INTERVAL	374	Ms
AXIS P WAVE	43	Degree
QRS WAVE	22	Degree
T WAVE IMPRESSION	45 : r	Degree Normal sinus rhythm, within normal limits.

Dr. A C RAY

Department of Non-invasive Cardiology

Lab No. : KNK/12-01-2023/SR7170082



Patient Name : SOUMEN SARKAR

Age : 36 Y 7 M 9 D

Gender : M

Lab Add. :

Ref Dr. : Dr.MEDICAL OFFICER

Collection Date:

Report Date : 12/Jan/2023 12:47PM



X-RAY REPORT OF CHEST (PA) VIEW

FINDINGS:

No active lung parenchymal lesion is seen.

Both the hila are normal in size, density and position.

Mediastinum is in central position. Trachea is in midline.

Domes of diaphragm are smoothly outlined. Position is within normal limits.

Lateral costo-phrenic angles are clear.

The cardio-thoracic ratio is increased --- Suggested echocardiography.

Bony thorax reveals no definite abnormality.

DR. VIMLESH JI VIMAL MBBS (Cal) MD, DMRD(IPGME & R) Consultant Radiologist Reg No 61436

Lab No. : KNK/12-01-2023/SR7170082



Patient Name : SOUMEN SARKAR Ref Dr. : Dr.MEDICAL OFFICER

Age : 36 Y 7 M 9 D

Gender : M Report Date : 12/Jan/2023 01:53PM



ULTRASONOGRAPHY OF WHOLE ABDOMEN

Lab Add.

Collection Date:

<u>LIVER</u>: **Enlarged in size and parenchyma shows grade "II" fatty changes.** No focal lesion of altered echogenecity is seen. Intrahepatic biliary radicles are not dilated. The portal vein branches and hepatic veins are normal.

GALL BLADDER: Well distended; wall thickness is normal. Gall Bladder lumen shows no intraluminal calculus or mass. No pericholecystic collection or mass formation is noted.

PORTA HEPATIS: The portal vein (1.04 cm) is normal in caliber with clear lumen. The common bile duct is normal in caliber. Visualized lumen is clear. Common bile duct measures approx 0.49 cm in diameter.

PANCREAS: It is normal in shape, size and echopattern. Main pancreatic duct is not dilated. No focal lesion of altered echogenecity is seen. The peripancreatic region shows no abnormal fluid collection.

SPLEEN: It is normal in shape, size (11.85 cm) and shows homogeneous echopattern. No focal lesion is seen. No abnormal venous dilatation is seen in the splenic hilum.

KIDNEYS: Both Kidneys are normal in shape, size and position. Cortical echogenecity and thickness are normal with normal cortico-medullary differentiation in both kidneys. No calculus, hydronephrosis or mass is noted. The perinephric region shows no abnormal fluid collection.

Right Kidney measure: 10.07 cm, Left Kidney measure: 10.35 cm.

URETER: Both ureters are not dilated. No calculus is noted in either side.

URINARY BLADDER: It is adequately distended providing optimum scanning window. The lumen is clear and wall thickness is normal. Post void residual urine volume is insignificant.

<u>PROSTATE</u>: **It is grade "II" enlarged in size** and normal echopattern. No focal lesion is seen. Capsule is smooth.

Prostate volume: 42.54 cc.

IMPRESSION:

- · Hepatomegaly with grade "II" fatty changes.
- Grade "II" prostatomegaly.

Kindly note

- Ø Ultrasound is not the modality of choice to rule out subtle bowel lesion.
- Ø Please Intimate us for any typing mistakes and send the report for correction within 7 days.
- Ø The science of Radiological diagnosis is based on the interpretation of various shadows produced by both the normal and abnormal tissues and are not always conclusive. Further biochemical and radiological investigation & clinical correlation is required to enable the clinician to reach the final diagnosis.

The report and films are not valid for medico-legal purpose.

Patient Identity not verified.

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Patient Name : SOUMEN SARKAR

Age : 36 Y 7 M 9 D

Gender : M

Lab Add.

Ref Dr. : Dr.MEDICAL OFFICER

Collection Date:

Report Date : 12/Jan/2023 01:53PM



Dr. NISHAN GHOSH

MBBS, CBET Reg. NO: 67862

SURAKSHA DIAGNOSTIC,RAJARHAT,KOLKATA BIO-RAD VARIANT-II TURBO CDM5.4. SN-16122

PATIENT REPORT V2TURBO A1c 2.0

Patient Data Analysis Data

Sample ID: C02135052440 Analysis Performed: 12/JAN/2023 17:00:25

 Patient ID:
 SR7170082
 Injection Number:
 5442U

 Name:
 Run Number:
 142

 Physician:
 Rack ID:
 0007

 Sex:
 Tube Number:
 5

DOB: Report Generated: 12/JAN/2023 17:21:28

Operator ID: ANAMIKA

Comments:

	NGSP		Retention	Peak
Peak Name	%	Area %	Time (min)	Area
Unknown		0.2	0.112	2596
A1a		0.8	0.161	12301
A1b		1.0	0.223	14180
F		0.7	0.273	9874
LA1c		1.6	0.403	23770
A1c	5.2		0.513	60529
P3		3.2	0.788	46144
P4		1.1	0.870	16547
Ao		87.3	0.996	1277515

Total Area: 1,463,457

HbA1c (NGSP) = 5.2 % HbA1c (IFCC) = 33 mmol/mol

