

## HEALTH CHECK UP

Name : Neema Lal .....

Date : 29/3/24 .....

Age : 439 .....

Sex : Male / Female

Marital status : Married / Single

**PERSONAL HISTORY**

Habits : Smoking / Tobacco & Snuff / Alcohol No

Drug allergy if any : .....

Medical : ..... Nil

Surgical : .....

Height 158 cm Weigh 55 Kg. BP 110/70mmHg Pulse 80bnt

Vision : Rt 6/24 Lt. 6/24 With Spectacles ..... Rt. 6/18 Lt. 6/19

Colour Vision : Normal / Abnormal Near Vision NG. DE

**FAMILY HISTORY**

Father ..... Mother ..... Siblings .....

CVS : Heart Sound ..... Normal Murmurs ..... Absent Thrills ..... Absent

RS : Rate ..... /mt Breath sounds ..... Normal Adventitious ..... Absent

ABDOMEN : Tenderness ..... Absent Rigidity ..... Absent Bowel sound ..... Normal

Liver ..... NAD Kidney ..... NAD Hernia ..... Absent

CNS : Cranial Nerves ..... NAD Sensory System ..... NAD Motor System ..... NAD

ENT ..... NAD

Remarks

**Dr. Bharti Jeswani**  
MBBS

**Dr. Seema Kale**  
MBBS, MD

**Dr. S. K. Suri**  
MBBS

**Dr. Meenakshi**  
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Licensee : Bharti Medicare Pvt. Ltd. The Apollo Clinic, C-70, Major Sudesh Kumar Marg, Opp. Madhav Park, Near Main Market, Rajouri Garden, New Delhi-110 027  
Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com

**MSME UAM NO. : DL11E0021531**

# Health Check up Booking Request(UBOIE4585), Beneficiary Code-169350



Mediwheel  
to ms. customercare

Thu, Mar 21, 1:44 PM (8 days ago)

Reply



Mediwheel  
...Your wellness partner

011-41195959

Dear Apollo Bharti Apollo Bharti Medicare Pvt. Ltd.

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

**You confirm this booking?**  Yes  No

**Name** : NEEMA PAL

**Contact Details** : 7751958595

**Hospital Package Name** : Mediwheel Full Body Health Checkup Female Above 40

**Location** : C70, Opp. Madhav Park, Major Sudesh Kumar Marg  
-110027

**Appointment Date** : 29-03-2024

Member Information		
Booked Member Name	Age	Gender
NEEMA PAL	43 year	Female

## Tests included in this Package -

- Mammography
- Stool Test
- Gynae Consultation
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- Lipid Profile
- Kidney Profile
- Liver profile

This is to inform you that I do not want to  
get the stool test done which is in my  
package-

Neeraj  
7751958595

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.  
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MSME UAM NO. : DL11E0021531

neema pal  
Female 43Years  
158cm 55kg 110/70 mmHg  
Req. No. :  
Room No. : 5

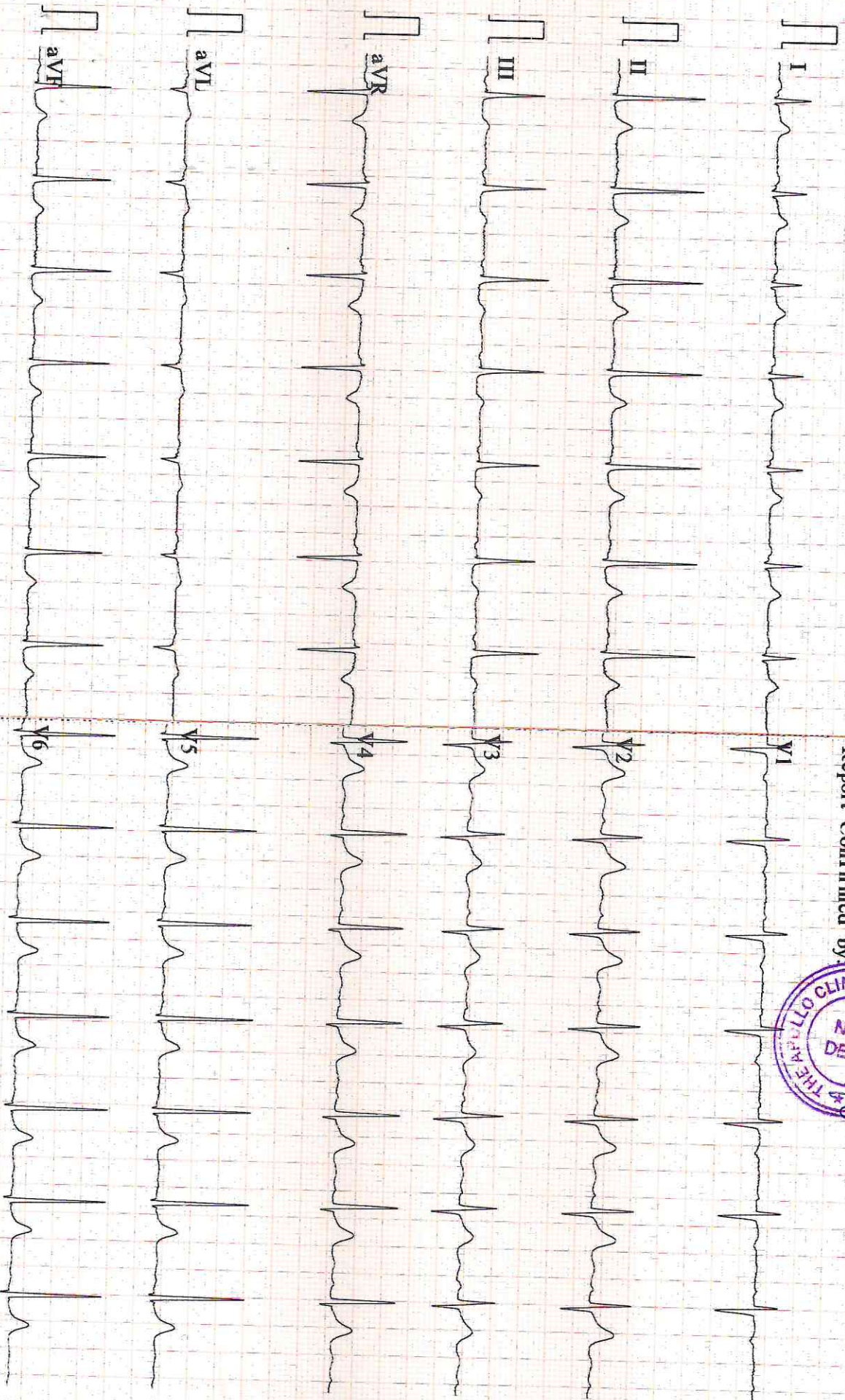
29-03-2024 09:29:08

HR	: 86	bpm
P	: 92	ms
PR	: 124	ms
QRS	: 76	ms
QT/QTcBz	: 342/409	ms
P/QRS/T	: 13/73/34	ms
RV5/SV1	: 1.650/0.659	mV

Diagnosis Information:

Sinus rhythm  
Inferior ST-T abnormality is nonspecific  
Borderline ECG

Report Confirmed by



NAME: MS NEEMA PAL  
REF

AGE: 43 / Sex / F  
DATE 29/03 /2024

**ECHO ADULT (COLOUR DOPPLER)**

DIMENSIONS		NORMAL	DIMENSIONS		NORMAL
Ao (ed)	27.0 mm	(1.5 cm/m <sup>2</sup> )	IVS (Ed)	08.1 mm	(0.6-1.2cm)
LA (es)	28.0 mm	(1.5 cm/m <sup>2</sup> )	LVPW (Ed)	08.0 mm	(.6-1.1cm)
RVID (ed)	Normal	(0.9cm/m <sup>2</sup> )	EF	65.0 %	(0.62-0.85)
LVID (ed)	39.0 mm	(2.6-3.4 cm/m <sup>2</sup> )	FS	30.0	
LVID (es)	24.0 mm				

**MORPHOLOGICAL DATA**

Mitral Valve	Normal	Interatrial Septum	Normal
Aortic Valve	Normal	Interventricular Septum	Normal
Tricuspid Valve	Normal	Pulmonary Artery	Normal
Pulmonary Valve	Normal	Aorta	Normal
Right Ventricle	Normal	Right Atrium	Normal
Left Ventricle	Normal	Left Atrium	Normal
Pericardium	Normal		

Colour Doppler TRACE MR, NO PAH, IVC NORMAL, LV DIASTOLIC FUNCTION NORMAL

Wall motion Normal

IMPRESSION : NORMAL STUDY

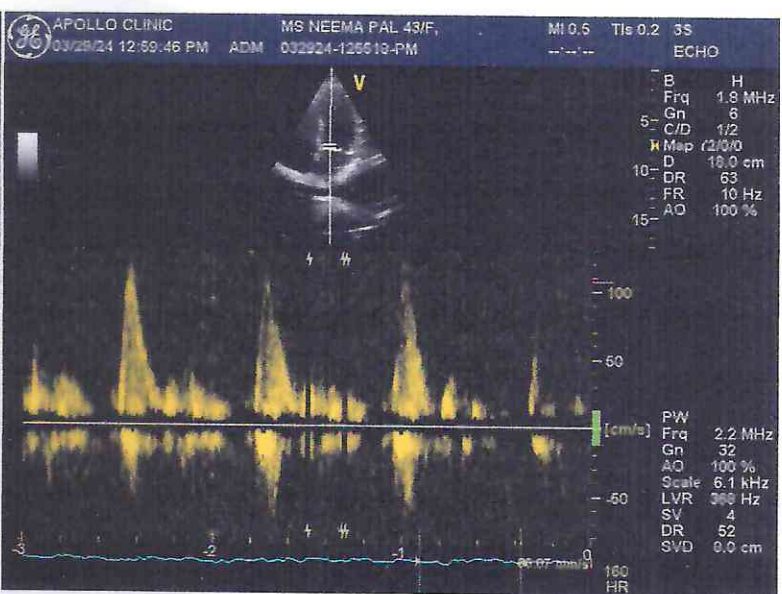
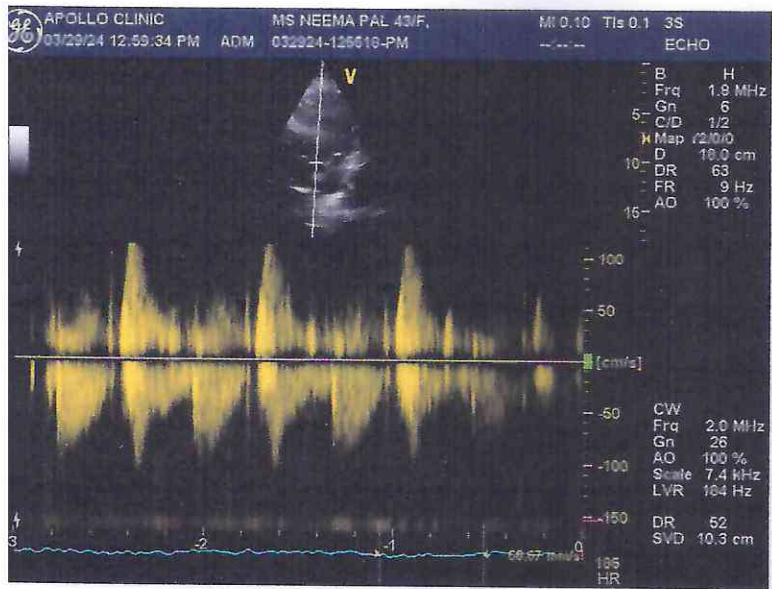
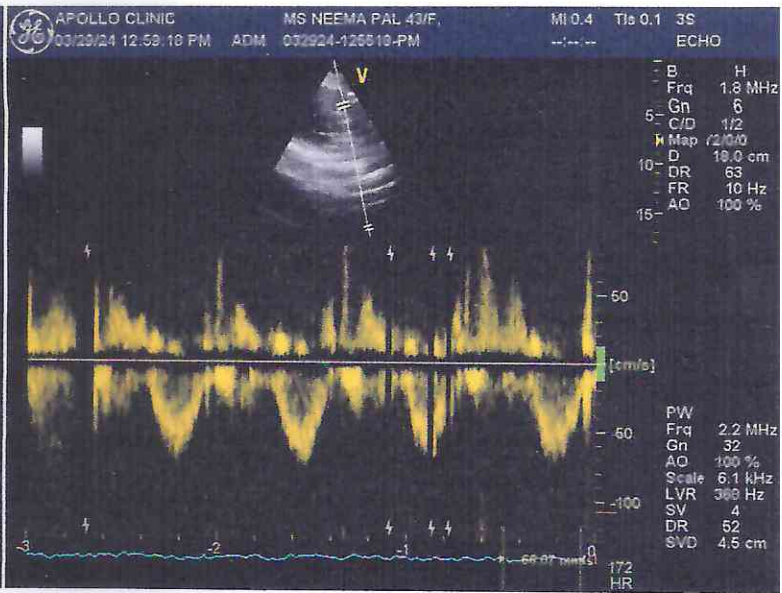
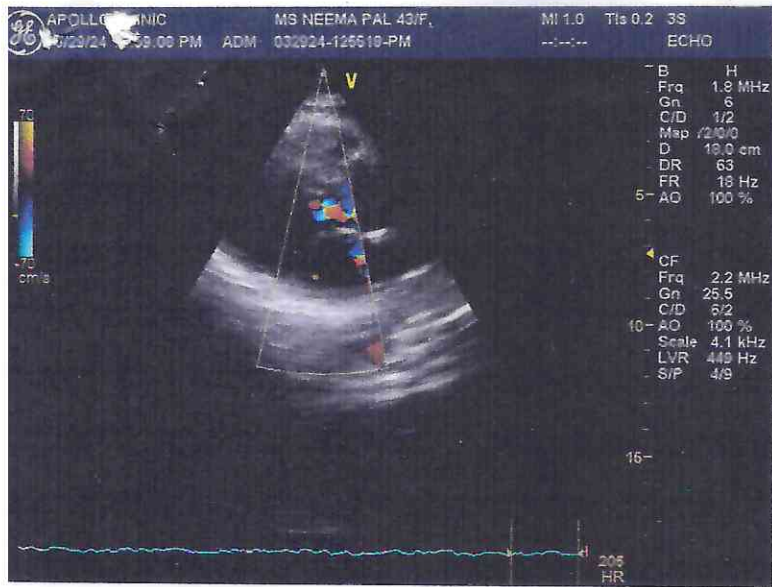


**DR SEEMA KALE MD**  
SEN. (PHYSICIAN)

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**MSME UAM NO. : DL11E0021531**



**Patient Name** : Mrs. Neema Pal  
**UHID/MR No.** : FRAJ.0000244813,  
**Visit Date** : 29-03-2024 10:06  
**Sample Collected on** : 29-03-2024 10:33  
**Sample No** : WHB1389265  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 5654  
**Sponsor Name** : MEDIWHEELS HEALTH CARE


**Age / Gender** : 43Y/Female  
**OP Visit No** : FRAJOPV120368  
**Reported on** : 29-03-2024 17:45  
**Specimen** : Whole Blood (Edta)  
**Pres Doctor:** :


## DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>COMPLETE BLOOD COUNT</b>			
Hb (Haemoglobin) Method: Non Cyanide	10.4*	11 - 15	gm/dl
PCV/Haematocrit Method: RBC pulse height detect	33.2*	36 - 46	%
ESR. Method: Westergren's Method	16	0 - 20	mm/1st Hr
TLC Method: DC Detection Method	5900	4000 - 10000	/cumm.
RBC COUNT. Method: DC Detection Method	3.82	3.8 - 4.8	Million/cmm
PLATELET COUNT Method: DC Detection Method	2.58	1.5 - 4.1	lakh/cumm.
MCV Method: Derived	86.9	77 - 98	fl
MCH Method: Derived	27.3	27 - 32	pg
MCHC Method: Derived	31.5	31.5 - 34.5	gm/dl
NEUTROPHIL Method: Microscopy	63	40 - 70	%
LYMPHOCYTE Method: Microscopy	27	20 - 40	%
EOSINOPHIL Method: Microscopy	08*	1.0 - 6.0	%
MONOCYTE Method: Microscopy	02	2.0 - 10.0	%
<b>BLOOD GROUP AND RH TYPE</b>			
ABO Group	A		
RH	Positive		

End of the report

Results are to be correlated clinically

  
 Lab Technician / Technologist  
 Dr\_Prashant

  
 Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist

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MSME UAM NO. : DL11E0021531

**Patient Name** : Mrs. Neema Pal  
**UHID/MR No.** : FRAJ.0000244813  
**Visit Date** : 29-03-2024 10:06  
**Sample Collected on** : 29-03-2024 12:01  
**Sample No** : PLF1329336  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 5654  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 43 / Female  
**OP Visit No** : FRAJOPV120368  
**Reported on** : 29-03-2024 18:37  
**Specimen** : Plasma(Fluoride)  
**Pres Doctor** :


**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>GLUCOSE - ( FASTING )</b>			
GLUCOSE - ( FASTING ) Method: (GOD-POD).	83	70 - 110	mg/dL
<b>GLUCOSE - ( POST PRANDIAL )</b>			
GLUCOSE - ( POST PRANDIAL ) Method: (GOD-POD)	100	70-140	mg/dl
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C)</b>			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.5	4.2 - 6.0	%
Note: Good Control : 6.0-7.0 Bad Control : 7.0-8.0 Poor Control : >8.0			
<b>LIPID PROFILE TEST (PACKAGE)</b>			
CHOLESTEROL Method: CHOD - PAP	210*	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	143	50-200	mg/dl
HDL Method: DIRECT	62.2	30 - 70	mg/dl
LDL Method: DIRECT	119.2*	60 - 100	mg/dl
VLDL Method: Calculated	28.6	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	3.3	0 - 4.5	

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
 Surinder

  
**Dr. Prashant Purwar**  
 MBBS, DCP  
 Consultant Pathologist

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**MSME UAM NO. : DL11E0021531**



**Patient Name** : Mrs. Neema Pal  
**UHID/MR No.** : FRAJ.0000244813  
**Visit Date** : 29-03-2024 10:06  
**Sample Collected on** : 29-03-2024 10:33  
**Sample No** : SR01890798  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 5654  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 43Y/Female  
**OP Visit No** : FRAJOPV120368  
**Reported on** : 29-03-2024 19:34  
**Specimen** : Serum

**Pres Doctor:** :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
BILIRUBIN - TOTAL. Method: Jendrassik	0.74	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.13	0 - 0.3	mg/dl
A/G Method: Calculated	1.4	1.0 - 2.0	
BILIRUBIN - INDIRECT. Method: Calculated.	0.61	<1.1	mg/dl
SGOT /AST Method: IFCC (With P5P)	24.9	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	13.8	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	95.1	30 - 117	U/L
GGT. Method: SZAZ	12.1	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	7.7	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.5	3.7-5.2	g/dl
GLOBULIN Method: Calculated	3.2	2.5 - 3.5	mg/dL

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**UHID/MR No.** : FRAJ.0000244813  
**Visit Date** : 29-03-2024 10:06  
**Sample Collected on** : 29-03-2024 10:33  
**Sample No** : SR01890798  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 5654  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 43Y/Female  
**OP Visit No** : FRAJOPV120368  
**Reported on** : 29-03-2024 18:39  
**Specimen** : Serum  
**Pres Doctor:** :


**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>KFT - RENAL PROFILE-SERUM</b>			
UREA Method: Urease	21.4	10-50	mg/dl
Creatinine Method: Jaffe	0.86	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	2.8	2.6 - 6	mg/dl
Sodium(Na) Method: ISE	141.2	136 - 142	mmol/L
Potassium(K) Method: ISE	4.4	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	101.8	95 - 103	mmol/L
Calcium Method: OCPC	9.4	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	3.5	2.3 - 4.7	mg/dl
<b>Thyroid Profile 2(Free T4, Free T3 And TSH)</b>			
Serum FT3	4.1	3.2 - 5.9	pmol/l
Serum FT4	12.8	10.6 - 21.0	pmol/l
Serum TSH	3.1	0.38 - 5.0	uIU/ml

**End of the report**

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Lab Technician / Technologist  
Surinder

  
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**MSME UAM NO. : DL11E0021531**

Patient Name : Miss Neema Pai  
 UH/D/MR No. : FRAJ.0000244841  
 Visit Date : 29-03-2024 13:01  
 Sample Collected on : 29-03-2024 14:55  
 Sample No : SS924394  
 Ref Doctor : SELF

Age / Gender : 43Y/Female  
 OP Visit No : FRAJOPV120396  
 Reported on : 29-03-2024 18:40  
 Specimen : Serum(Spl)  
 Pres Doctor: :

**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
VITAMIN B12 -SERUM			
Vitamin B 12 Method: Immunoflorance	206.1	Newborn 180-1300 Adult 200-835 Adult >60 yrs 110-800	pg/ml

Note: Vitamin B12 is a water soluble vitamin obtained form dietary sources like animal sources and milk. It is required for functioning of various systems in our body. Vitamin B12 deficiency may be due to lack of intrinsic factor deficiency or malabsorption form gut. Deficiency of cyanocobalmin thus results in macrocytic anemia, neuronal deficiencies etc.

**VITAMIN D -25 HYDROXY**

VITAMIN D -25 HYDROXY, Method: Immunofluorescence	18.2*	30 - 100	ng/ml
--	-------	----------	-------


Note: Biological reference range for 25(OH)-vitamin D3  
 Deficiency (seriously deficient) <12ng/ml.  
 Insufficiency (deficient) 12-30ng/ml.  
 Sufficiency(adequately supplied ) >30ng/ml.

Vitamin D is a steroid hormone involved in the intestinal absorption of calcium and the regulation of calcium hemostasis. Two forms Vit D2 & D3. the concentration of Vit D decreases with age and a deficiency is common among elderly persons. Estimation of vitamin D is useful in postmenopausal womens, renal osteodystrophy, pregnancy, neonatal hypocalcemia, rickets, osteomalacia & hyperparathyroidism.

**End of the report**

*Results are to be correlated clinically*

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 Surinder

  
 Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist

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**MSME UAM NO. : DL11E0021531**



**Patient Name** : Mrs. Neema Pal  
**UHID/MR No.** : FRAJ.0000244813  
**Visit Date** : 29-03-2024 10:06  
**Sample Collected on** : 29-03-2024 12:01  
**Sample No** : UR1043682  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 5654  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 43Y/Female  
**OP Visit No** : FRAJOPV120368  
**Reported on** : 29-03-2024 15:11  
**Specimen** : Urine  
  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

**URINE ROUTINE EXAMINATION**

**URINE EXAMINATION TEST REPORT**

Test Name	Observed Value	Unit	Reference Range
<b>Urine R/M Examination</b>			
Quantity	30	ml.	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Urine Specific Gravity	1.020		1.005 - 1.030
Dipstick pH	6.0		5.5 - 7.5
Dipstick / pH paper			
<b>Chemical Examination</b>			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			
<b>Microscopic Examination</b>			
Pus Cells	2-3	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil		Nil
Epithelial Cells	2-4	/HPF	1-2
Bacteria	Nil	/HPF	Nil

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
 Dr. Prashant

Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist

Patient Name : Mrs Neema Pal	MR No	: FRAJ0000
Age/Sex : 43Y/F	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 29.03.2024
Ref.by :	Report Date	: 29.03.2024

**ULTRASOUND WHOLE ABDOMEN**

**LIVER:** Liver is normal in shape, size and echotexture. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

**GALL BLADDER:** Gall bladder is well visualized. It is normal in size, shape & position. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder. Common bile duct is normal (not dilated).

**PANCREAS:** Pancreas appears normal in size and echopattern.

**SPLEEN:** Spleen appears normal in size and echopattern.

**KIDNEYS:** Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis seen. Visualised parts of retroperitoneum do not show any lymphadenopathy.

**URINARY BLADDER:** Urinary bladder is well distended and shows clear contents.

**UTERUS:** Uterus is anteverted and normal in size. Endometrium is central and appears normal in thickness. Myometrial echogenicity appears normal.

**OVARY:** B/L ovaries are normal in size, shape & echopattern. Both adnexal regions are normal. No free fluid is seen in cul-de-sac.

**IMPRESSION: - NORMAL STUDY.**

To be correlate clinically.

  
**Dr. Manish Kumar**  
Consultant Radiologist.

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**MSME UAM NO. : DL11E0021531**

Patient Name : Mrs Neelam Pal

MR No : FRAJ0000

Age/Sex : 43Y/F

Visit No : FRAJOPV

Pres Doctor :

Bill Date : 29.03.2024

Ref.by :

Report Date : 29.03.2024

### X-RAY CHEST PA VIEW

- Both lungs fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

**IMPRESSION:- NORMAL STUDY.**

To be correlate clinically.

**Dr. Rahul Gera**  
Consultant Radiologist.

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**MSME UAM NO. : DL11E0021531**

Patient Name : Neema Pal	MR No	: FRAJ0000
Age/Sex : 55Y/F	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 29.03.2024
Ref.by :	Report Date	: 29.03.2024

**MAMMOGRAPHY**

(Craniocaudal and mediolateral oblique views were taken for bilateral breasts with optimal compression technique.)

Bilateral breasts show heterogenously dense fibroglandular tissue obscuring the underlying parenchyma(ACR TYPE C).

No definite space occupying lesion is noted in either breast.

No microcalcification is seen in either breast.

No architectural distortion is noted.

Nipples are normal in position and no nipple retraction is noted.

No definite skin thickening is noted on either side.

**IMPRESSION : No definite space occupying lesion is noted in either breast. In view of dense fibroglandular tissue, correlation with sonomammogram can be done in case of obscured lesions.**

To be correlate clinically.

**BIRADS-0**

  
**Dr. Manish Kumar**  
Consultant Radiologist.

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.  
• ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

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Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com

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