



Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

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iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
<input checked="" type="checkbox"/>		Epilepsy, Fits, Fainting or Dizziness -		<input checked="" type="checkbox"/>	Mental disorder of any kind
		Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes" C-sec

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. 18/2/24

iv) Immunization:

	Yes	No
Tetanus Toxoid	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input type="checkbox"/>
Others	<input type="checkbox"/>	<input type="checkbox"/>

**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	NO	NO
Heart Disease	NO	NO
Cancer	NO	NO
Diabetes	NO	NO
Tuberculosis	NO	NO
Epilepsy	NO	NO
Any other Disease	NO	NO

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	52	Good	/	
Mother	49	Good		
Spouse	32	Good		
Children-1	6	Good		
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 10/08/2024

  
 (Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

Date of Examination	10/08/2024		
NAME	Pinky		
AGE	33	Gender	Female
HEIGHT(cm)	165	WEIGHT (kg)	71 kg
B.P.	110 / 80 mmHg		
ECG	WNL		
X Ray	WNL		
Vision Checkup	Color Vision : N		
	Far Vision Ratio : 6/6 N		
	Near Vision Ratio : N6 N		
Present Ailments	Anemia		
Details of Past ailments (If Any)	— C-section in 2018.		
Comments / Advice : She / <del>He</del> is Physically Fit			

*(Handwritten signature)*

Signature with Stamp of Medical Examiner

Dr. Mrinalini Singh  
 Consultant Physician  
 MBBS, DNB, MRCP (UK), EDIC  
 Reg. No. 2019/02/0392

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Pinky on 10/8/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"><li>• Medically Fit</li></ul>	<input type="checkbox"/>
<ul style="list-style-type: none"><li>• Fit with restrictions/recommendations</li></ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Anemia</u>.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"><li>• Currently Unfit.</li></ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"><li>• Unfit</li></ul>	<input type="checkbox"/>

Dr. \_\_\_\_\_  
Medical Officer  
The Apollo Clinic, (Location)



Dr. Mrinalini Singh  
Consultant Physician  
MBBS, DNB, MRCP (UK), EDIC  
Reg. No. 2019/02/0392

*This certificate is not meant for medico-legal purposes*





भारत सरकार

Government of India



Pinky

DOB : 18/04/1991

Female



5479 4823 9657

मेरा आधार, मेरी पहचान



PINKY  
33/F Years ( / / )

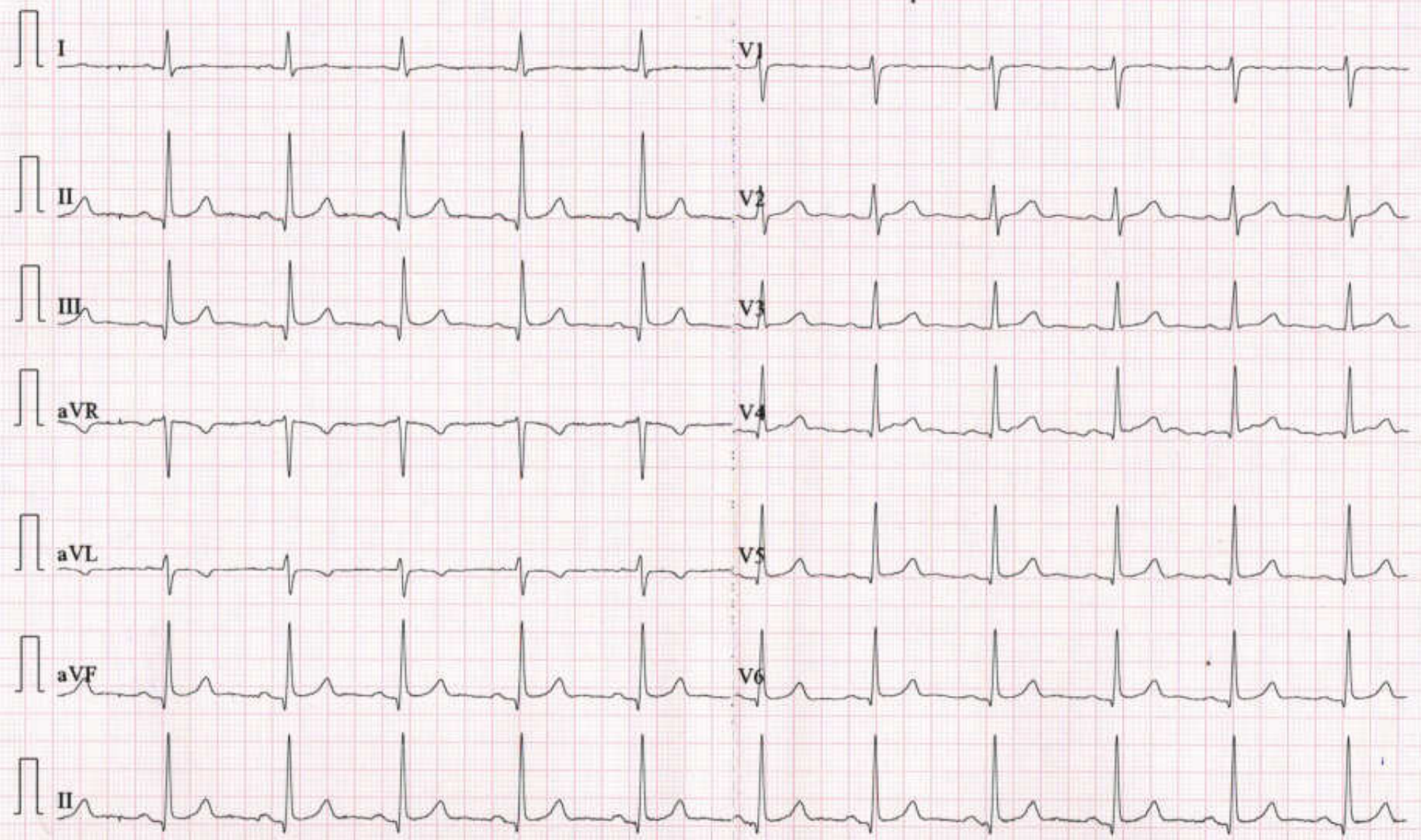
HR : 68 bpm  
P : 112 ms  
PR : 180 ms  
QRS : 96 ms  
QT/QTcBz : 416/443 ms  
P/QRS/T : 61/70/79 °  
RV5/SV1 : 1.337/0.673 mV

Diagnosis Information:

WNL

Dr. Minakshi Singh  
Consultant Cardiologist  
MBBS, DNB, MRCP (UK), EDIC  
Reg. No. 2019/02/0392

Unconfirmed Report.







PID NO. : CHA0228

Name : PINKY

Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

10-Aug-2024 / 12:34 pm

Coll Date

10-Aug-2024 / 12:31 pm

Report Date

10-Aug-2024 / 4:55 pm

**REPORT**

**BLOOD GLUCOSE**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	95.39	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	111.81	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispas CXL PRO PLUS Biochemistry Analyser.

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200603168C

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## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
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A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

[www.seabirdhf.com](http://www.seabirdhf.com)



PID NO. : CHAD228

Name : PINKY

Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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**REPORT**

**BLOOD GLUCOSE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.200603168C

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704  
Powai: 022-25701053 / 25704157



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[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

- C. Sea Bird Medicare services are also available at:  
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





PID NO. : CHA0228

Name : PINKY

Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

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Reg. Date

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Coll Date

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10-Aug-2024 / 4:55 pm

## REPORT

### Blood Group

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
<b>BLOOD GROUP</b>			
ABO Group	"A"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

*Dhanawade*

Pritam Dhanawade  
Lab Technician



*Ritesh Kharche*

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200603168C

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#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CHA0228

Name : PINKY

Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Reg. Date

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10-Aug-2024 / 4:55 pm

## REPORT

### Complete Blood Count

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Hemoglobin	9.8	gm/dl	12.0 - 15
<b>RED BLOOD CELLS</b>			
R.B.C. Count	5.22	million / cumm	3.8 - 4.8
PCV	31.8	%	35-48
MCV	60.9	fL	83 - 101
MCH	18.7	pg	27 - 32
MCHC	30.7	gm / dl	31.5 - 34.5
RDW (CV)	13.4	%	11.6- 14.0
Total W.B.C. Count	7680	/cu.mm.	4000-10000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	62	%	40 - 80
Lymphocytes	31	%	20 - 40
Eosinophils	05	%	1 - 6

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200603168C

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



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[www.seabirdhf.com](http://www.seabirdhf.com)



PID NO. : CHAD22B

Name : PINKY

Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
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10-Aug-2024 / 12:31 pm

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10-Aug-2024 / 4:55 pm

**REPORT**

**Complete Blood Count**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	369000	/cumm	150000 - 410000

**MORPHOLOGY**

RBC Morphology	Mild Anisocytosis with Microcytic and Hypochromic Cells.
WBC Morphology	Normal Morphology.
Platelets on Smear	Adequate on smear
Advice	Serum Iron Studies profile

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.200603168C



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*Sea Bird*  
Sea Bird Medicare Centre



PID NO. : CHA0228

Name : PINKY

Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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10-Aug-2024 / 12:34 pm

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10-Aug-2024 / 12:31 pm

Report Date

10-Aug-2024 / 5:05 pm

## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	12	mm at 1hr	0 - 20

Method: Westergren.  
Sample: Whole Blood (EDTA)

— End of Report —

*Dhanawade*

Pritam Dhanawade  
Lab Technician



*Ritesh Kharche*

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200603168C

Page 6 of 15

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Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)

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PID NO. : CHA0228

Name : PINKY

Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

10-Aug-2024 / 12:25 pm

Coll Date

10-Aug-2024 / 12:30 pm

Report Date

10-Aug-2024 / 4:55 pm

## REPORT

### Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c Non-diabetic : $\leq 5.7$ % Pre-Diabetic : 5.7 - 6.4 % Diabetic : $\geq 6.5$ (EDTA Whole Blood, Turbidimetric)	5.7	%	< 5.7
Mean Blood Glucose (MBG)	125.62	mg/dl	

#### Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used :  $eAG(mg/dl) = 28.7 * A1c - 46.7$ .
- Interference of Haemoglobinopathies in HbA1c estimation.
  - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %
- Test done on Mispal i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200603168C

Page 7 of 15

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



## CONDITIONS OF REPORTING

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Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Reg. Date

10-Aug-2024 / 12:34 pm

Coll Date

10-Aug-2024 / 12:31 pm

Report Date

10-Aug-2024 / 4:55 pm

**REPORT**

**LIPID PROFILE**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	152.7	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	68.35	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	65.95	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	73.08	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	13.67	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	2.32		Acceptable for Male : < 5.00 Acceptable for Female : <4.50

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.200603168C



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**REPORT**

**LIPID PROFILE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	1.11		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

**NOTE:**

1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.

2) Tests done on Fully Automated Mispac CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200603168C

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Reg. Date

10-Aug-2024 / 12:34 pm

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Report Date

10-Aug-2024 / 4:55 pm

**REPORT**

**LIVER FUNCTION TEST**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	32.19	U/L	0 - 32
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	67.14	U/L	35 - 104
S.G.P.T. (Serum, Method-IFCC / UV without P5P)	37.53	U/L	0 - 33
GGT (Serum, Method-IFCC Method)	22.88	U/L	5 - 36
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.61	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.25	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.36	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	7.07	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.35	g/dl	3.5 - 5.2
Globulin Calculated	2.72	g/dl	1.90 - 3.70
A/G ratio Calculated	1.60		

Test Done on Fully Automated Mspa CXL PRO PLUS Biochemistry Analyser.

LATHA SONAWANE  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200603168C



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Report Date

10-Aug-2024 / 4:55 pm

**REPORT**

**LIVER FUNCTION TEST**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
-------------	---------------	--------------	--------------------------------------

———— End of Report ————

LATHA SONAWANE  
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10-Aug-2024 / 12:31 pm

Report Date

10-Aug-2024 / 4:55 pm

**REPORT**

**RENAL PROFILE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	17.7	mg/dl	16.6 - 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	8.27	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.73	mg/dL	0.5 - 0.95 mg/dl
Uric Acid Serum, Method: Uricase-POD	5.92	mg/dl	2.4 - 5.7

Test Done on Fully Automated Mispal CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

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Coll Date

10-Aug-2024 / 12:31 pm

Report Date

10-Aug-2024 / 5:05 pm

## REPORT

### THYROID FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	2.45	µIU/ml	0.25-5 µIU/ml
T3	1.83	nmol/l	0.92-2.33 nmol/l
T4	89.34	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

#### INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4: Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroglobulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.200603168C



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Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

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[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

C. Sea Bird Medicare services are also available at:  
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CHA0228

Name : PINKY

Sex / Age : Female / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

10-Aug-2024 / 12:34 pm

Coll Date

10-Aug-2024 / 12:31 pm

Report Date

10-Aug-2024 / 4:55 pm

## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b>PHYSICAL EXAMINATION</b>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.0		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



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## REPORT

### URINE ANALYSIS

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
<b>MICROSCOPIC EXAMINATION</b>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	2 - 3 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothers's test), Leukocytes(Reflectance Photometer/Leucocyte esterase), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

Pritam Dhanawade  
Lab Technician



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# SEA BIRD MEDICARE CENTRE

Report ID : **PM108132132** Reg. : **10-Aug-2024**  
Patient Name : **Ms. PINKY** Report Date : **10-Aug-2024**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **33 Year / Female**

## CHEST X RAY REPORT

X-Ray No : 4867

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

### Impression :

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD



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Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



Name: Mrs PINKY	Age : 33 Y	Sex : FEMALE
Date : 10/08/2024	Ref Dr : SELF	

**USG ABDOMEN AND PELVIS**

**LIVER:** Liver appears normal in size 13.4cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**KIDNEYS:** Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 9.8 x 3.6cm. Left kidney measures 9.3 x 5.4cm.

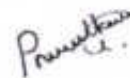
**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**UTERUS:** Uterus is normal in size and shows normal echotexture. No focal lesion is seen. Uterus measures 6.7 x 3.7 x 6.1cm. Endometrial thickness is normal (6.7mm). Right ovary is normal measures 2.8 x 1.5cm. Left ovary is normal measures 2.7 x 1.5cm. No free fluid or significant lymphadenopathy is seen.

**IMPRESSION:** Fatty liver grade I.

*Advice: Clinical co-relation and further evaluation.*



**DR. PRIYANKA NERULKAR**  
**CONSULTANT RADIOLOGIST**

**Thanks For Reference:** Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

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## 2D ECHO AND COLOR DOPPLER

Name: MRS PINKY	Age :33Y	Sex :FEMALE
Date-10/08/2024	ECHOCARDIOGRAM DONE BY:DR NADEEM MOTLEKAR	

**INDICATION:** Annual Medical Health check-up package to assess Cardiac function

**ATTENDING STAFF:** SUSHMITA

**INTERPRETING PHYSICIAN:** DR NADEEM MOTLEKAR

**MACHINE:** GE Ultrasound Machine LOGIQ F6 Images saved: Server

**IMAGE QUALITY:** OPTIMAL

### DESCRIPTIONS

1. Left ventricle: normal cavity size, normal wall thickness, normal systolic and diastolic function
2. Right ventricle: normal size, normal wall thickness, normal systolic function
3. Ventricular septum: normal
4. Left atrium: normal size
5. Right atrium: normal size
6. Atrial septum: normal
7. Inferior vena cava: normal diameter, normal response during respiration
8. Aortic valve: normal structure and function
9. Mitral valve: normal structure and function
10. Tricuspid valve: normal structure and function
11. Pulmonary valve: normal structure and function
12. Pulmonary artery: normal diameter
13. Pericardium: no thickening, no effusion
14. Aorta: normal diameter of root and ascending aorta

### MEASUREMENTS

1. Left ventricle LVIDd-3.39cm, LVIDs-2.07cm, IVS-0.93cm LVEF at rest visually 70%
2. Right ventricle RVIDd -2 cm
3. Left atrium LA diameter -2.5cm
4. Right atrium —
5. Inferior vena cava —
6. Aortic valve peak velocity -0.70m/s
7. Mitral valve E: A ratio -2.69 D-E Excursion-1.23cm MV Dec T-255m/sec EF- Slope- 9cm/s

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Name: MRS PINKY	Age :33Y	Sex :FEMALE
Date-10/08/2024	ECHOCARDIOGRAM DONE BY:DR NADEEM MOTLEKAR	

8. Tricuspid valve TR maximum velocity – 1m/s
9. Pulmonary valve PW peak velocity –0.51 m/s
10. Pulmonary artery Root diameter – 0.84cm PASP-
11. Pericardium- Normal, no pericardial effusion.
12. Aorta Root diameter –2.1cm

### CONCLUSIONS

Normal echocardiogram. Normal left ventricle size. Normal left ventricle systolic and diastolic function.

### DISCLAIMER

This diagnostic test has its limitations, correlate clinically & interpret accordingly.

DR Nadeem Motlekar

Consulting Physician and Echocardiographer

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