To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam.

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	OF HEALTH CHECK UP BENEFICIARY
NAME	NEELAM NANGIA
DATE OF BIRTH	10-07-1973
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	09-07-2022
BOOKING REFERENCE NO.	22S50717100021596S
	SPOUSE DETAILS
EMPLOYEE NAME	MR. NANGIA NARINDER KUMAR
EMPLOYEE EC NO.	50717
EMPLOYEE DESIGNATION	BRANCH OPERATIONS
EMPLOYEE PLACE OF WORK	CHAZIABAD,G T ROAD
EMPLOYEE BIRTHDATE	07-09-1963

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 07-07-2022 till 31-03-2023. The fist of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcolemn Healthcare Limited))





भारत सरकार

नामांकन क्रम / Enrollment No 1047/90375/00676

नीत्मम मांगिया

Neelam Nangia

W/O: Narindra Kumar Nangia

RAZAPUR FLY OVER JEEVAN VIHAR SHASTRI NAGAR SECTOR-18

Ghaziabad

Kavi Nagar Ghaziabad Ghaziabad

Ultar Pradesh 201002 7599245445

Ref: 15 / 245 / 28710 / 28824 / P

SE142517836FT



आपका आधार क्रमांक / Your Aadhaar No. :

4577 9323 5944

आधार - आम आदमी का अधिकार



भारत सरकार

Government of India



नीतम नांगिया Neelam Nangia

जन्म तिथि। DOB: 10/07/1973

महिला / Female



4577 9323 5944

आधार - आम आदमी का अधिकार

Human Care Medical Charitable Trust



Registered Office: Sector-6, Dwarka, New Delhi- 110075

HCMCT

ManipalHospitals

LIFE'S ON

Name

: MRS NEELAM NANGIA

Registration No

: MH008904306 RefHosp No. :

ghzb-0000128392

Patient Episode

: R03000040062

Referred By Receiving Date : MANIPAL HOSPITALS GHAZIABAD

: 09 Jul 2022 22:01

Age

48 Yr(s) Sex :Female

Lab No

32220703172

Collection Date:

09 Jul 2022 21:22

Reporting Date:

10 Jul 2022 08:29

BIOCHEMISTRY

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)

T4 - Thyroxine (ECLIA)

Thyroid Stimulating Hormone (ECLIA)

1.21 9.10

2.940

ng/ml micg/dl µIU/mL

[0.70-2.04] [4.60-12.00]

[0.340-4.250]

Non Pregnant Adult

Pregnancy TSH:1st Trimester:0.6 - 3.4 micIU/mL Pregnancy TSH:2nd Trimester:0.37 - 3.6 micIU/mL Pregnancy TSH:3rd Trimester:0.38 - 4.04 micIU/mL

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- * References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT-

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

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Awarded Nursing Excellence Services

Awarded Clean & Green Hospital N-2019-0113/27/07/2019-26/07/2021 IND18.6278/05/12/2018- 04/12/2019

Website: www.hcmct.in, delhi.manipalhospitals.com | Email: mailus@manipalhospitals.com | Phone: 011-49674967

medical Laboratory Report

220108000008539

NEELAM NANGIA

PID NO: P1082200012548 Age: 49.0 Year(s) Sex: Female



Reference:

Sample Collected At: Manipal Hospital NH-24, HAPUR ROAD, OPP. BAHMETA, GHAZIABAD 201002 201002 VID: 220108000008539

Registered On: 09/07/2022 12:26 PM Collected On: 09/07/2022 12:26PM Reported On: 09/07/2022 02:00 PM

HbA1c Glycated Haemoglobin

(EDTA Whole Blood)

Investigation	Observed Value	<u>Unit</u>	Biological Reference Interval
HbA1C- Glycated Haemoglobin (HPLC)	5	%	Non-diabetic: <= 5.6 Pre-diabetic: 5.7-6.4 Diabetic: >= 6.5
Estimated Average Glucose (eAG) \$	96.8	mg/dL	

Interpretation & Remark:

1. HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).

 HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.

3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.

 Low glycated haemoglobin(below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia(especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.

5. To estimate the eAG from the HbA1C value, the following equation is used: eAG(mg/dl) = 28.7*A1c-46.7

Interference of Haemoglobinopathies in HbA1c estimation.

A. For HbF'> 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.

B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status

C. Heterozygous state detected (D10/ turbo is corrected for HbS and HbC trait).

7. In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control. Excellent Control - 6 to 7 %, Fair to Good Control - 7 to 8 %, Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 %.

Note: Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

-- End of Report --









Human Care Medical Charitable Trust



28 Yr(s) Sex :Male

Registered Office: Sector-6, Dwarka, New Delhi- 110075

HCMCT

ManipalHospitals

LIFE'S ON E

Name

: MR SUMIT KUMAR

ghzb-0000175737

Registration No : MH010246404 RefHosp No.:

: R03000040134 Patient Episode

Referred By Receiving Date

: 11 Jul 2022 21:16

: MANIPAL HOSPITALS GHAZIABAD

BIOCHEMISTRY

32220703797 Lab No

Collection Date: 11 Jul 2022 21:09

Reporting Date: 12 Jul 2022 09:32

Glycosylated Hemoglobin

Specimen: EDTA Whole blood

Age

HbA1c (Glycosylated Hemoglobin)

5 B

As per American Diabetes Association (ADA) [4.0-6.5] HbAlc in %

Non diabetic adults >= 18years <5.7

Prediabetes (At Risk)5.7-6.4 Diagnosing Diabetes >= 6.5

Methodology

Turbidimetric inhibition immunoassay (TINIA)

Estimated Average Glucose (eAG)

120

mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past

8-12 weeks and is a much better indicator of long term glycemic control.

Pagel of 1

-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neelan Lugar

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Awarded Clean & Green Hospital IND18.6278/05/12/2018- 04/12/2019

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Age



HCMCT

Registration No

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LIFE'S ON TH

Name : MR SUMIT KUMAR

: MH010246404 RefHosp No.:

ghzb-0000175737

: R03000040134 Patient Episode

: MANIPAL HOSPITALS GHAZIABAD Referred By

Receiving Date : 11 Jul 2022 21:16

28 Yr(s) Sex :Male

Lab No 32220703797

Collection Date: 11 Jul 2022 21:09

Reporting Date: 12 Jul 2022 09:32

BIOCHEMISTRY

THYROID PROFILE, Serum

Adult > 20 yrs T3 - Triiodothyronine (ECLIA) 1.42 ng/ml [0.70 - 2.04][4.60-12.00] T4 - Thyroxine (ECLIA) 8.58 micg/dl Thyroid Stimulating Hormone (ECLIA) 1.930 µIU/mL [0.340-4.250]

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128

2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Page 1 of 1

-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neelan Lugar

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www.hcmct.in Awarded Emergency Excellence Services H-2019-0640/09/06/2019-08/06/2022 MC/3228/04/09/2019-03/09/2021 E-2019-0026/27/07/2019-26/07/2021

Awarded Nursing Excellence Services



Awarded Clean & Green Hospital N-2019-0113/27/07/2019-26/07/2021 IND18.6278/05/12/2018- 04/12/2019



RADIOLOGY REPORT

Name	NEELAM NANGIA	Modality	US
Patient ID	GHZB-0000128392	Accession No	1115408
Gender/Age	F / 48Y 11M	Scan Date	09-07-2022 11:02:37
Ref. Phys	Dr. Deepak Verma	Report Date	09-07-2022 11:42:58

USG ABDOMEN & PELVIS FINDINGS

LIVER: appears normal in size (measures 132 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 83 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.2 mm.

COMMON BILE DUCT: Appears normal in size and measures 2.9 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended, Wall thickness is normal and lumen is echofree, Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 92 x 40 mm. Left Kidney: measures 93 x 48 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

Uterus is anteverted and measures 69 x 41 x 25 mm. It shows postmenopausal atrophic changes.

Endometrial thickness measures 2.2 mm.

Cervix appears normal.

Both ovaries are not seen probably atrophied. Bilateral adnexa is clear.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.

(Marica)

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887



RADIOLOGY REPORT

08
2022 11:02:37
-2022 11:42:58



RADIOLOGY REPORT

Name	NEELAM NANGIA	Modality	DX
Patient ID	GHZB-0000128392	Accession No	1115409
Gender/Age	F / 48Y 11M	Scan Date	09-07-2022 10:35:54
Ref. Phys	Dr. Deepak Verma	Report Date	09-07-2022 15:39:00

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Bilateral upper zone fibrotic opacities seen. Otherwise normal

TRACHEA: Normal. PLEURA: Normal. HEART: Normal.

PULMONARY HILA: Normal.

AORTA: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal.

IMPRESSION:

XR- CHEST PA VIEW

Bilateral upper zone fibrotic opacities seen

Clinical correlation is recommended and further evaluation, as clinically indicated.

Dr. Prakash Naik, MBBS, DMRD, FRCR [UK],

Consultant Radiologist, Reg No 63755



Name	NEELAM NANGIA	Age	48y 11m 30d	Gender	FEMALE
MRN	GHZB-0000128392	Visit No	V0000000004-GHZB		
Lab No	G000322166	Collected On	09/07/2022 10:12AM	Received On	09/07/2022 10:19AM
Referred By	Deepak Verma		09/07/2022 12:49PM		13.13/1/1

Test Name

Result

Criticality

Biological Factor Reference Interval

Test Method

GLUCOSE, FASTING (F) (Serum Fasting)

92 mg/dl

70 - 110 mg/dl

****** END OF REPORT *******

Processed by :- SHAHRUKH KHAN

Regionaros no: 40422

DR CHARU AGARWAL CONSULTANT PATHOLOGIST Pathologist

Report Printed On:

12/7/2022

12:25PM



Name	NEELAM NANGIA	Age	48y 11m 30d	Gender	FEMALE
MRN	GHZB-0000128392	Visit No	V0000000004-GHZB	Activities the	
Lab No	G000322194			Received On	09/07/2022 11:19AM
Referred By	Deepak Verma	Reported On	09/07/2022 3:08PM	Necerved on	03/07/2022 11:19AM

Test Name Result Criticality Biological Factor Reference Interval

URINE EXAMINATION, ROUTINE (Urine)

PHYSICAL EXAMINATION

Colour P.YELLOW
Appearance CLEAR
pH 5.0
Specific gravity 1.005

CHEMICAL EXAMINATION

Glucose Nil
Protein Absent
Ketone bodies Absent
Urobilinogen Absent

MICROSCOPIC EXAMINATION

Leukocytes 4-6/HPF
Erythrocytes NIL
Epithelial Cells 6-8/HPF
Casts NIL
Crystals NIL
Others NIL

..... END OF REPORT

Processed by :- robin DHIRANIYA

DR ALKA DIXIT VATS
CONSULANT PATHOLOGIST
PATHOLOGIST

Report Printed On:

12/7/2022

12:26PM



Name	NEELAM NANGIA	Age	48y 11m 30d	Gender	FEMALE
MRN	GHZB-0000128392	Visit No	V0000000004-GHZB		
Lab No	G000322224	Collected On	09/07/2022 2:37PM	Received On	09/07/2022 2:38PM
Referred By	Deepak Verma		09/07/2022 4:36PM		2.30

Test Name

Result

Criticality

Biological Factor Reference Interval

Test Method

GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)

107 mg/dl

80 -140 mg/dl

****** END OF REPORT *******

Processed by :- SHAHRUKH KHAN

mcy-39093

DR ALKA DIXIT VATS CONSULANT PATHOLOGIST **PATHOLOGIST**

Report Printed On:

12/7/2022

12:26PM



Name NEELAM NANGIA				1	
	THE TANKSTA	Age	48y 11m 30d	Gender	FEMALE .
MRN	GHZB-0000128392	Visit No	V0000000004-GHZB		
Lab No	G000322167	Collected On	09/07/2022 10:12AM	Received On	09/07/2022 10:19AM
Referred By	Deepak Verma		09/07/2022 5:28PM		30.13/11

Test Name

Result

Criticality

Biological Reference Interval

Factor BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)

BLOOD GROUPING

"B"

RH TYPING

POSITIVE

****** END OF REPORT *******

Processed by :- SHAHRUKH KHAN

DR ALKA DIXIT VATS CONSULANT PATHOLOGIST **PATHOLOGIST**

Report Printed On: 12/7/2022

12:26PM



Name	NEELAM NANGIA	Age	49y	Gender	FEMALE
MRN	GHZB-0000128392	Visit No	V0000000004-GHZB	1,000	
Lab No	G000322290	Collected On	10/07/2022 11:42AM	Received On	10/07/2022 11:50AM
Referred By	Deepak Verma	Reported On	11/07/2022 5:58PM	isserted on	10/07/2022 11.50AM

Test Name

Result

Criticality Factor

Biological Reference Interval

STOOL EXAMINATION, ROUTINE, STOOL, R/E (Stool)

PHYSICAL EXAMINATION

Colour

BROWNISH

Consistency

SEMI SOLID

Mucus

NEGATIVE

CHEMICAL EXAMINATION

Occult Blood

NEGATIVE

MICROSCOPIC EXAMINATION

Cyst

NOT SEEN

Erythrocytes

NOT SEEN

Pus cells

NOT SEEN

Ova

NOT SEEN

..... END OF REPORT

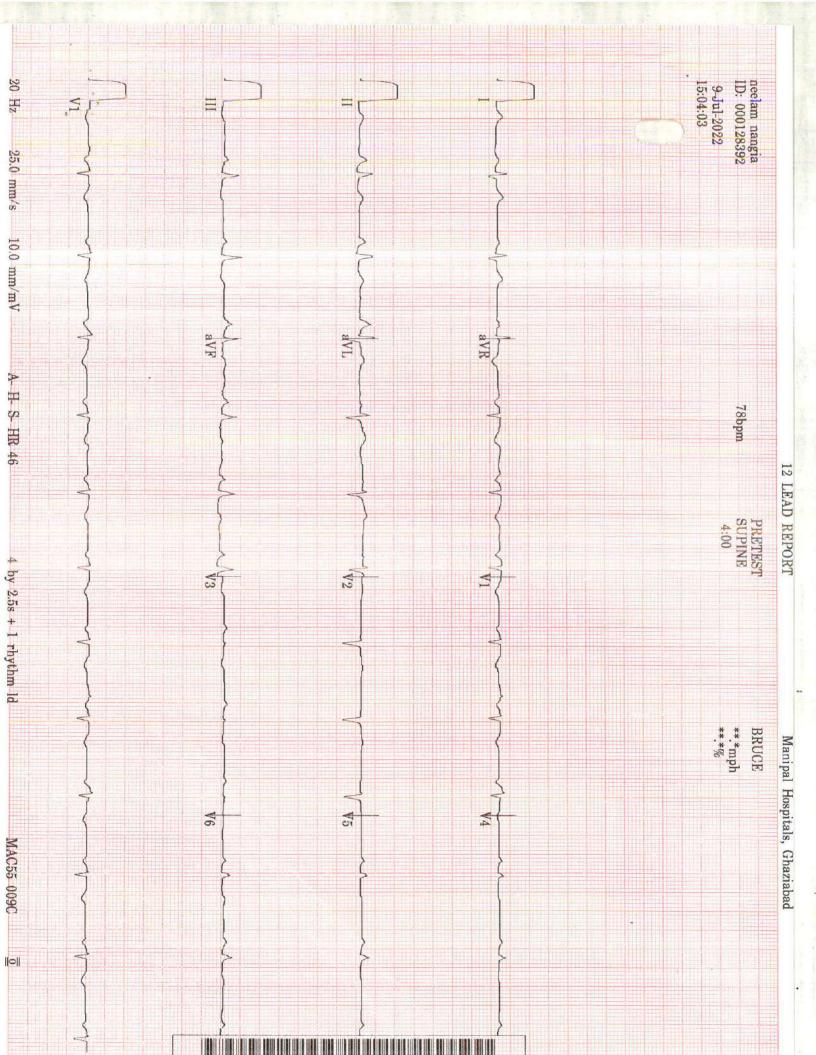
Processed by :- robin DHIRANIYA

DR ALKA DIXIT VATS CONSULANT PATHOLOGIST **PATHOLOGIST**

Report Printed On:

12/7/2022

12:26PM









TMT INVESTIGATION REPORT

Patient Name: Mrs. NEELAM NANGIA

Location

: Ghaziabad

Age/Sex

: 49Year(s)/Female

Visit No

: V0000000001-GHZB

MRN No

: GHZB-0000128392

Order Date

: 09/7/2022

Ref. Doctor : HCP

Report Date

: 09/7/2022

Protocol

: Bruce

MPHR

: 171BPM

Duration of exercise

: 6min 27sec

85% of MPHR

: 145BPM

Reason for termination : THR achieved

Peak HR Achieved : 171BPM

: 100%

Blood Pressure (mmHg): Baseline BP: 128/82mmHg

% Target HR METS

Peak BP

: 144/88mmHg

: 7.6METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	82	128/82	Nil	No ST changes seen	Nil
STAGE 1	3:00	112	134/82	Nil	No ST changes seen	Nil
STAGE 2	3:00	125	140/82	Nil	No ST changes seen	Nil
STAGE 3	0:27	171	144/88	Nil	No ST changes seen	Nil
RECOVERY	2:05	78	130/84	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC Sr. Consultant Cardiology

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Cardiology Registrar

Page 1 of 2

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

: 0120-616 5666

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017