



भारत सरकार
GOVERNMENT OF INDIA



विकाश मालिक
Vikash Malik
जन्म तिथि/ DOB: 30/07/1987
पुरुष / MALE



9026 1897 0696

आधार-आम आदमी का अधिकार



भारतीय विधिपत्र पहचान प्राधिकरण
MINISTRY OF INFORMATION TECHNOLOGY, GOVERNMENT OF INDIA

पता:
संबोधित: जयपाल सिंह, पटी
भीतरवाल, लाक, लाक,
शामली,
उत्तर प्रदेश - 247776

Address:
S/O: Jai Pal Singh, PATTI
BHITARWALL, LANK, Lak, Shamli,
Uttar Pradesh - 247776

9026 1897 0696

Aadhaar-Aam Admi ka Adhikar



बैंक ऑफ बड़ोदा
Bank of Baroda



नाम
Name **VIKASH MALIK**

कार्डिनरी नंबर
E. C. No. **90055**



जारीकर्ता प्राधिकारण (अप. अ.प.)
Issuing Authority

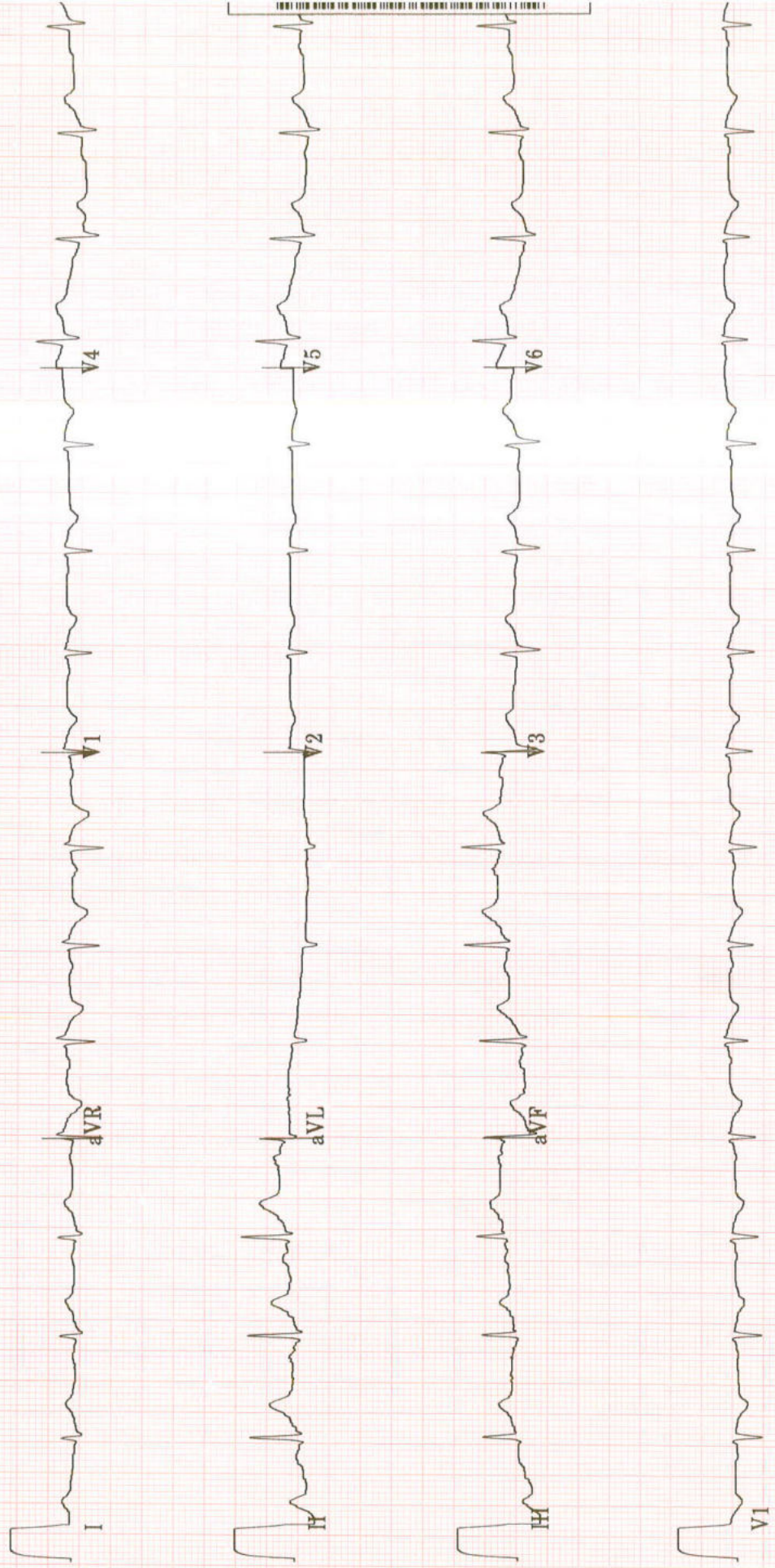
कार्ड के हस्ताक्षर
Signature of Holder

vikash malik
ID:
7-Dec-2022
11:54:50

91bpm
BP: 150/6

PRETEST
SUPINE
1:54

BRUCE
***mph
***%





TMT INVESTIGATION REPORT

Patient Name : Mr. Vikash MALIK	Location : Ghaziabad
Age/Sex : 35Year(s)/male	Visit No : V0000000001-GHZB
MRN No : MH010626568	Order Date : 07/12/2022
Ref. Doctor : HCP	Report Date : 07/12/2022

Protocol	: Bruce	MPHR	: 185BPM
Duration of exercise	: 3min 03sec	85% of MPHR	: 157BPM
Reason for termination	: Patient Fatigue	Peak HR Achieved	: 166BPM
Blood Pressure (mmHg)	: Baseline BP : 140/96mmHg Peak BP : 150/96mmHg	% Target HR	: 89%
		METS	: 4.6METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	103	140/96	Nil	No ST changes seen	Nil
STAGE 1	3:00	163	150/96	Nil	No ST changes seen	Nil
STAGE 2	0:03	163	150/96	Nil	No ST changes seen	Nil
RECOVERY	4:47	106	140/96	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Poor effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY),MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P: 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

LABORATORY REPORT

Name	: MR VIKASH MALIK	Age	: 35 Yr(s) Sex :Male
Registration No	: MH010626568	Lab No	: 202212000279
Patient Episode	: O18000000568	Collection Date	: 07 Dec 2022 10:43
Referred By	: DR.SHISHIR NARAIN	Reporting Date	: 07 Dec 2022 11:56
Receiving Date	: 07 Dec 2022 11:41		

HAEMATOTOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	4.88	millions/cu mm	[4.50-5.50]
HEMOGLOBIN	14.8	g/dl	[13.0-17.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	44.9	%	[40.0-50.0]
MCV (DERIVED)	92.0	fL	[83.0-101.0]
MCH (CALCULATED)	30.3	pg	[27.0-32.0]
MCHC (CALCULATED)	33.0	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	14.2 #	%	[11.6-14.0]
PLATELET COUNT (IMPEDENCE)	252	x 10 ³ cells/cumm	
WBC COUNT (TC) (IMPEDENCE)	9.95	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	48.0	%	[40.0-80.0]
Lymphocytes	40.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	6.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]

Page 1 of 8

LABORATORY REPORT

Name	: MR VIKASH MALIK	Age	: 35 Yr(s) Sex :Male
Registration No	: MH010626568	Lab No	: 202212000279
Patient Episode	: O18000000568	Collection Date	: 07 Dec 2022 10:43
Referred By	: DR.SHISHIR NARAIN	Reporting Date	: 07 Dec 2022 17:53
Receiving Date	: 07 Dec 2022 11:41		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.8 #	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association(ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk)5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	120	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	6.0	(4.6-8.0)
Specific Gravity	1.020	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	PRESENT 1+	(NOT DETECTED)
Glucose	NOT DETECTED	(NOT DETECTED)
Ketone Bodies	NOT DETECTED	(NOT DETECTED)
Urobilinogen	NORMAL	(NORMAL)
Bilirubin	DETECTED TRACE	(NOT DETECTED)
Nitrites	NOT DETECTED	(NEGATIVE)
		(NEGATIVE)

LABORATORY REPORT

Name	: MR VIKASH MALIK	Age	: 35 Yr(s) Sex :Male
Registration No	: MH010626568	Lab No	: 202212000279
Patient Episode	: O18000000568	Collection Date	: 07 Dec 2022 11:41
Referred By	: DR.SHISHIR NARAIN	Reporting Date	: 07 Dec 2022 18:21
Receiving Date	: 07 Dec 2022 11:41		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	0-1/hpf	(0-2/hpf)
Epithelial Cells	0-1 /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	183	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	108	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	32.0 #	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	22	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	129.0 #	mg/dl	[<120.0]
Above optimal-100-129			
Near/			
Borderline High:130-159			
T.Chol/HDL.Chol ratio(Calculated)	5.7		High Risk:160-189 <4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Calculated)	4.0		<3 Optimal 3-4 Borderline >6 High Risk

Note:

Reference ranges based on ATP III Classifications.

LABORATORY REPORT

Name	: MR VIKASH MALIK	Age	: 35 Yr(s) Sex :Male
Registration No	: MH010626568	Lab No	: 202212000279
Patient Episode	: O18000000568	Collection Date	: 07 Dec 2022 10:43
Referred By	: DR.SHISHIR NARAIN	Reporting Date	: 07 Dec 2022 17:48
Receiving Date	: 07 Dec 2022 11:41		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
KIDNEY PROFILE			
Specimen: Serum			
UREA	16.0	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			
BUN, BLOOD UREA NITROGEN	7.5 #	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.65 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization			
URIC ACID	6.2	mg/dl	[4.0-8.5]
Method:uricase PAP			
SODIUM, SERUM	138.2	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.23	mmol/L	[3.60-5.10]
SERUM CHLORIDE	104.8	mmol/l	[101.0-111.0]
Method: ISE Indirect			
eGFR (calculated)	126.0	ml/min/1.73sq.m	[>60.0]
Technical Note			

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name : MR VIKASH MALIK	Age : 35 Yr(s) Sex :Male
Registration No : MH010626568	Lab No : 202212000279
Patient Episode : O18000000568	Collection Date : 07 Dec 2022 10:43
Referred By : DR.SHISHIR NARAIN	Reporting Date : 07 Dec 2022 17:50
Receiving Date : 07 Dec 2022 11:41	

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL <i>Method: D P D</i>	0.65	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT <i>Method: DPD</i>	0.14	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) <i>Method: Calculation</i>	0.51 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) <i>Method: BIURET</i>	7.30	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) <i>Method: BCG</i>	3.96	g/dl	[3.50-5.20]
GLOBULINS (SERUM) <i>Method: Calculation</i>	3.30	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO <i>Method: Calculation</i>	1.19		[1.00-2.50]
AST (SGOT) (SERUM) <i>Method: IFCC W/O P5P</i>	37.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) <i>Method: IFCC W/O P5P</i>	63.00	U/L	[17.00-63.00]
Serum Alkaline Phosphatase <i>Method: AMP BUFFER IFCC</i>	66.0	IU/L	[32.0-91.0]
GGT	31.0		[7.0-50.0]

Page 5 of 8

-----END OF REPORT-----

Dr. Charu Agarwal

LABORATORY REPORT

Name : MR VIKASH MALIK Age : 35 Yr(s) Sex :Male
Registration No : MH010626568 Lab No : 202212000280
Patient Episode : O18000000568 Collection Date : 07 Dec 2022 10:41
Referred By : DR.SHISHIR NARAIN Reporting Date : 07 Dec 2022 15:14
Receiving Date : 07 Dec 2022 10:41

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	107.0	mg/dl	[70.0-110.0]

Page 6 of 8

-----END OF REPORT-----

Alka

Dr. Alka Dixit Vats

LABORATORY REPORT

Name : MR VIKASH MALIK Age : 35 Yr(s) Sex :Male
Registration No : MH010626568 Lab No : 202212000281
Patient Episode : O18000000568 Collection Date : 07 Dec 2022 15:09
Referred By : DR.SHISHIR NARAIN Reporting Date : 07 Dec 2022 17:45
Receiving Date : 07 Dec 2022 15:09

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
------	--------	------	-------------------------------

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS	97.0	mg/dl	[80.0-140.0]
--------------------------------------	------	-------	--------------

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

Page 7 of 8

-----END OF REPORT-----

Dr. Alka Dixit Vats

LABORATORY REPORT

Name : MR VIKASH MALIK Age : 35 Yr(s) Sex : Male
Registration No : MH010626568 Lab No : 202212000321
Patient Episode : O18000000568 Collection Date : 07 Dec 2022 16:00
Referred By : DR.SHISHIR NARAIN Reporting Date : 08 Dec 2022 10:28
Receiving Date : 07 Dec 2022 16:00

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	O Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 8 of 8

-----END OF REPORT-----



Dr. Charu Agarwal

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. MALIK VIKASH
EC NO.	90055
DESIGNATION	INTERNAL AUDIT
PLACE OF WORK	BAREILLY,ZIAD BAREILLY
BIRTHDATE	30-07-1987
PROPOSED DATE OF HEALTH CHECKUP	07-12-2022
BOOKING REFERENCE NO.	22D90055100032688E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **05-12-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation