



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

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CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Tejas Wadke** aged, **34yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: **Mumbai**

Date: 20/07/2024

Nitesh Kumar
MBA
BCMR 47048

Name & Signature of

Medical officer

Reg. No. _____
 Date: 20/7/24

Blood
 Urine
 Stool
 Vaccine
 ECG
 2D Echo
 TMT
 X-Ray
 PFT
 Audio
 USG
 OPT
 Dr.

Employee's Name : Tejas Wadke
 Blood Group : B+ve
 Age/Sex : 34 M
 Contact No. : 9769385687

With Glass / Without Glasses

	Rt.	Lt.
NEAR	NIG	NIG
DISTANT	6/6	6/6
COLOUR VISION	(N)	(N)

PHYSIOLOGIC PARAMETERS :
 Ht. (Cms.) Wt. (Kgs.) BMI
162 cm 69.70 kg _____

GENERAL EXAMINATION SpO2: 99%
 Pulse (Min): 63/min BP (mm Hg): 130/80
 R.R. (Min): 24/min Temp.: Afebr
 Pallor: NO Icterus: NO
 Clubbing: NO

COMPLAINTS : (Specify if any)
NO any from cough
NO H/O DYSPNOEA

ENT EXAMINATION (Specify if Abnormal)
 Ear Nose Tongue
 Teeth Tonsils Gums

PAST HISTORY :
NOT SPECIFIC

SYSTEMIC EXAMINATION
 LOCOMOTOR SYSTEM _____
 RESPIRATORY SYSTEM ARBF, UCAV
 CARDIOVASCULAR SYSTEM S/S2 (+)
 CENTRAL NERVOUS SYSTEM CONCISE
 ABDOMEN SUSA.
 GENITAL SYSTEM _____
 MUSCULOSKELETAL SYSTEM _____

FAMILY HISTORY :
MOTHER : HTN + DM
FATHER : DM

SURGICAL HISTORY :
NO.

PERSONAL HISTORY (Addiction if any)
 Chronic / Frequent / Occasional : _____
 Smoker / Tobacco Chewer / Alcoholic : _____

PFT	MEANS	PRED	% PRED
SVC			
FVC			
FEV1 / FVC			
Remark			

Audiometry

	500	1000	2000	4000	6000	8000
Right Ear						
Left Ear						
Remark						

DOCTOR SIGNATURE [Signature]



ID: 1574

20-07-2024 09:46:28 AM

Name - Tejas

Ward - 34 Yrs

Sex - Male

Years - 34 Yrs

Req. No. :

SPO2 - 99%

Ht (cm) - 162 cm

HR : 62 bpm

Wt (kg) - 69.70 kg

P : 99 ms

PR : 158 ms

QRS : 91 ms

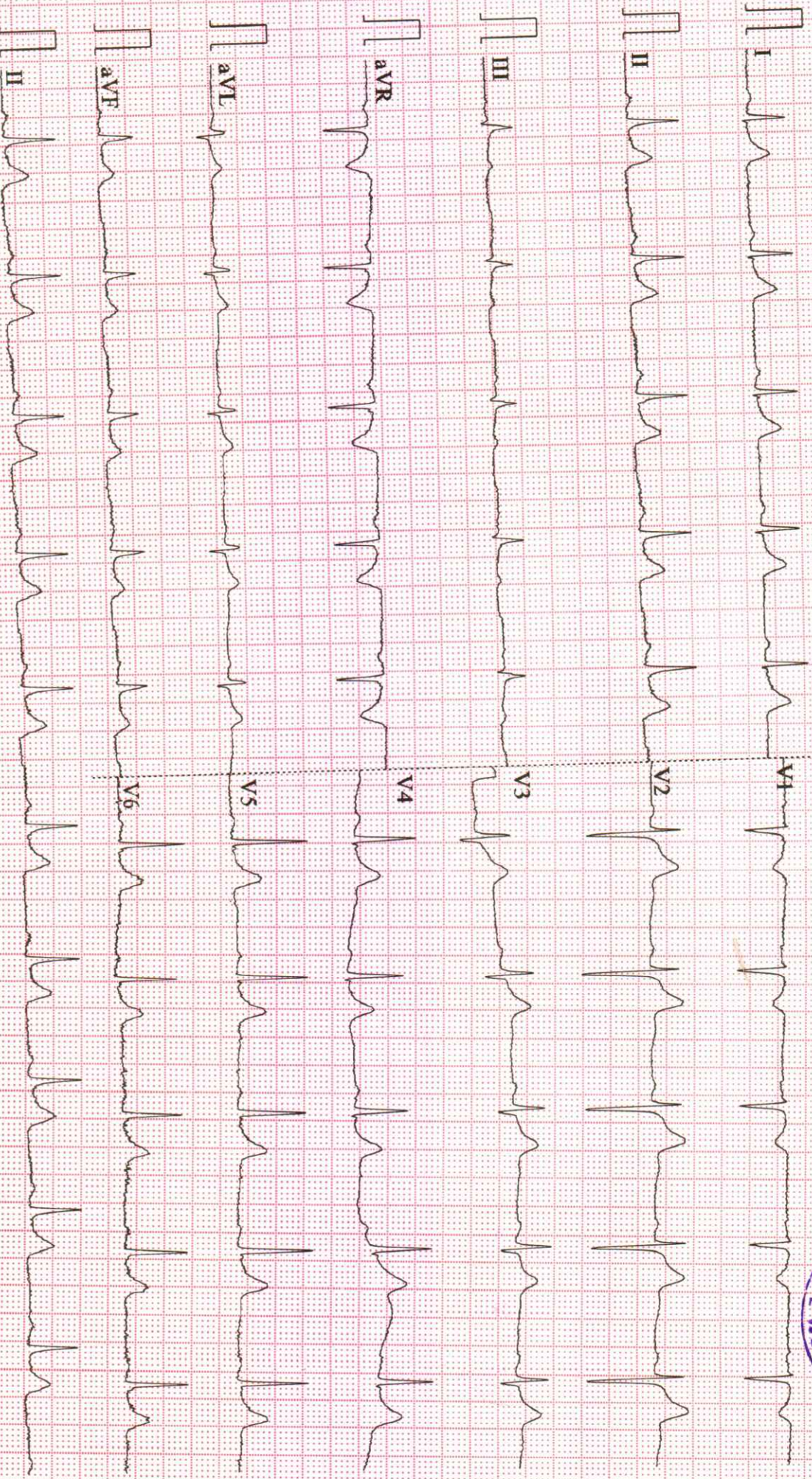
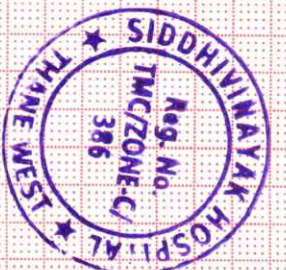
QT/QTcBz : 387/395 ms

P/QRS/T : 34/47/133 ms

RV5/SVI : 1.28/0.742 mV

Diagnosis Information:
Sinus Rhythm
Normal ECG

Report Confirmed by:



0.15~45Hz AC50 25mm/s 10mm/mV 2*5.0s+1r V2.21 SEMIP V1.92 Siddhivinayak Hospital



Patient ID.	PAT000130	Name	TEJAS WADKE	Sex/Age	M/034Y
Date	20-07-2024	Ref by	SIDDHIVINAYAK HOSPITAL	CHEST PA,	

X-RAY CHEST PA VIEW

FINDINGS :-

The lungs on either side show equal translucency.
The peripheral pulmonary vasculature is normal.
No focal lung lesion is seen.
Bilateral CP angles are normal.
Both hila are normal in size, have equal density and bear normal relationship.
The heart and trachea are central in position and no mediastinal abnormality is visible.
The cardiac size is normal.

The domes of the diaphragms are normal in position and show smooth outline.

IMPRESSION :-

- No significant abnormality detected.

ADVICE :- Clinical correlation and follow up.

Dr. NITISH NARAYAN AVDHUT
MBBS, DMRE
CONSULTANT RADIOLOGIST

Disclaimer : It is an online interpretation of medical imaging based on clinical data. All modern machines/procedures have their own limitation. If there is any clinical discrepancy, this investigation may be repeated or reassessed by other tests. Patients identification in online reporting is not established, so in no way can this report be utilized for any medico legal purpose. Any error in typing should be corrected immediately.



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



10391 200724

Name : MR. TEJAS WADKE

LABID : 10391

Sample Collection : 20/07/2024 16:23

Age : 34 Yrs. Sex : M

Sample Received : 20/07/2024 16:23

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 20/07/2024 21:15

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

FASTING AND POSTPRANDIAL PLASMA GLUCOSE

Test	Result	Unit	Biological Ref. Range
Fasting Plasma Glucose Method: Hexokinase	: 72.28	mg/dl	70-110 mg/dl
Fasting Urine Glucose	: Absent		Absent
Fasting Urine Ketone	: Absent		Absent
Post Prandial Plasma Glucose (2 Hrs.after lunch)	: 101.20	mg/dl	70 to 140 mg/dl
PP Urine Glucose	: Absent		
PP Urine Ketone	: Absent		
Method : Glucose Oxidase Peroxidase (GOD/POD)			

AS PER AMERICAN DIABETES ASSOCIATION 2010 UPDATE

FASTING GLUCOSE LEVEL-

- Normal glucose tolerance : 70-110 mg/dl
- Impaired Fasting glucose (IFG) : 110-125 mg/dl
- Diabetes mellitus : ≥ 126 mg/dl POSTPRANDIAL/POST GLUCOSE (75 grams)
- Normal glucose tolerance : 70-139 mg/dl - Impaired glucose tolerance : 140-199 mg/dl
- Diabetes mellitus : ≥ 200 mg/dl CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS - Fasting plasma glucose ≥ 126 mg/dl - Classical symptoms +Random plasma glucose ≥ 200 mg/dl
- Plasma glucose ≥ 200 mg/dl (2 hrs after 75 grams of glucose)
- Glycosylated haemoglobin $> 6.5\%$ ***Any positive criteria should be tested on subsequent day with same or other criteria.

BIOCHEMISRTY TEST DONE ON MERILYZER CLINIQUANT BIOCHEMISRTY ANALYZER

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 21:15:31)



Checked By -

Preeti Jaiswar
Senior Technician
ADMLT

Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

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COMPLETE BLOOD COUNT

Test	Result	Unit	Reference Range
Haemoglobin	16.2	gm/dl	14.0-18.0 gm/dl

RBC PARAMETERS

Total R.B.C. Count	5.59	mill/cumm	4.5-6.5 mill/cumm
PCV	45.4	%	40-54 %
MCV	81.2	fl	76-90 fl
MCH	29.0	Pg	27-32 Pg
MCHC	35.7	gm/dl	30-35 gm/dl
RDW	11.6	%	11-14.5 %

WBC PARAMETERS

Total W.B.C. Count	6200	per cumm	4000-11000 per cumm
Neutrophils	54	%	40-75 %
Lymphocytes	35	%	20-40 %
Monocytes	06	%	0 - 10 %
Eosoniphils	05	%	0 - 6 %
Basophils	0	%	0-1 %
Band Forms	0	%	0 - 0 %

PLATELET PARAMETERS

Platelet Count	225000	per cu.mm.	150000 - 450000 per cu.mm.
MPV	9.9	fL	3-12 fL

PERIPHERIAL SMEAR FINDINGS:

WBC Morphology	Normal
RBC Morphology	Normocytic, Normochromic
Platelets on Smear	Adequate on smear.

EDTA Sample Procesed On a Fully Automated 3-Part Analyzer H-360

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 21:16:19)



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Report Released : 20/07/2024 21:15

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

UREA CREAT RATIO (UCR)

Test	Result	Unit	Biological Ref. Range
Blood Urea Method: Urease UV/GLDH	: 32.30	mg/dl	10-50 mg/dl
Blood Urea Nitrogen	: 15.09	mg/dl	6-21 mg/dl
S. Creatinine Method: Modified Jaffe's	: 1.09	mg/dl	0.7-1.3 mg/dl
UREA / CREATININE RATIO	: 29.63		8.56 to 50.10

INTERPRETATION:

The principle behind this ratio is the fact that both urea (BUN) and creatinine are freely filtered by the glomerulus; however, urea reabsorbed by the tubules can be regulated (increased or decreased) whereas creatinine reabsorption remains the same (minimal reabsorption).

> **50.10 (Pre renal causes)** : BUN reabsorption is increased. Urea is disproportionately elevated relative to creatinine in serum. This may be indicative of hypoperfusion of the kidneys due to heart failure or dehydration. Gastrointestinal bleeding or increased dietary protein can also increase the ratio.


8.56 - 50.10 (Post Renal causes or Normal) : Normal range. Can also be postrenal disease. BUN reabsorption is within normal limits.

< **8.56 (Intra Renal)** : Renal damage causes reduced reabsorption of BUN, therefore lowering the Urea:Cr ratio. Decreased ratio indicates liver disease (due to decreased urea formation) or malnutrition.

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 21:16:16)



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Report Released : 20/07/2024 21:15

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SERUM BILIRUBIN

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Range</u>
S. Bilirubin (Total)	: 0.53	mg/dl	0-1.2 mg/dl
S. Bilirubin (Direct)	: 0.23	mg/dl	0-0.40 mg/dl
S. Bilirubin (Indirect)	: 0.30	mg/dl	0-0.55 mg/dl

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 21:17:12)

----- End Of Report -----



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Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 20/07/2024 21:18

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

EXAMINATION OF URINE

Test	Result	Biological Ref. Range
PHYSICAL EXAMINATION		
QUANTITY (URINE)	30 ML	
Colour	Pale Yellow	
Appearance	Clear	
Reaction (pH)	7.0	4.5 - 8.0
Specific Gravity	1.020	1.010 - 1.030
CHEMICAL EXAMINATION		
Protein	Absent	Absent
Glucose	Absent	Absent
Ketone	Absent	Absent
Occult Blood	Absent	Absent
Bilirubin	Absent	Absent
Urobilinogen	Absent	Normal
MICROSCOPIC EXAMINATION		
Epithelial Cells	0 - 1 / hpf	
Pus cells	2 - 3 / hpf	
Red Blood Cells	Absent / hpf	
Casts	Absent / lpf	Absent / lpf
Crystals	Absent	Absent
OTHER FINDINGS		
Amorphous Deposits	Absent	Absent
Yeast Cells	Absent	Absent
Bacteria	Absent	Absent
Mucus Threads	Absent	
Spermatozoa	Absent	

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 21:18:27)

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BLOOD GROUP

Test	Result	Unit	Biological Ref. Range
ABO Group	: B		
RH Factor	: POSITIVE		

Slide agglutination test

Slide Agglutination Test

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 21:18:29)

SERUM CREATININE

Test	Result	Unit	Biological Ref. Range
S. Creatinine	: 1.09	mg/dl	0.7-1.3 mg/dl
Method: Modified Jaffe's			

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 20:58:37)

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Report Released : 20/07/2024 21:18

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ERYTHROCYTE SEDIMENTATION RATE (WESTERGREN'S)

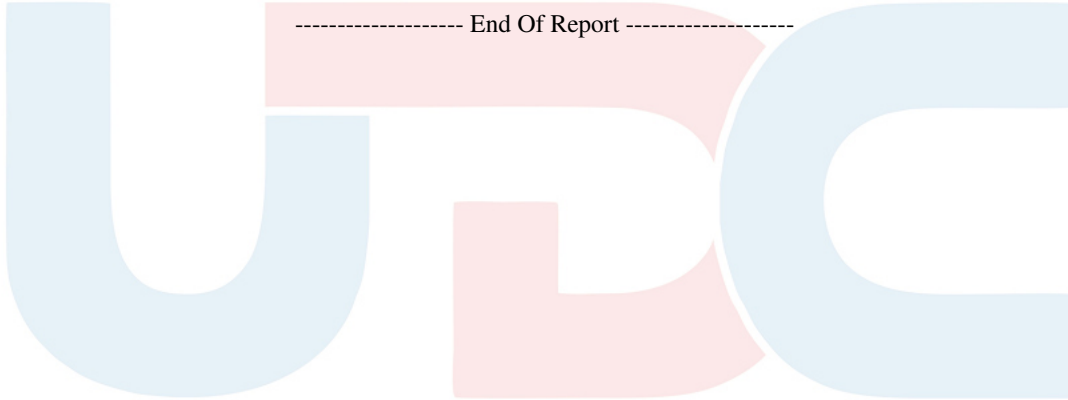
<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Range</u>
E.S.R (Westergren)	: 15	mm at 1hr	0-20 mm at 1hr

Method : Westergren`s

Done with: ErySed Random Access ESR analyzer

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 21:18:40)

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Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 20/07/2024 21:18

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SGPT

Test	Result	Unit	Biological Ref. Range
S. G. P. T	: 35.69	IU/L	0-42 IU/L

(Collected At: 20/07/2024 16:23:14, Received At: 20/07/2024 16:23:14, Reported At: 20/07/2024 21:18:55)

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