Name : Mr. PRAMOD PAGAR (36 /M) Date : 30/11/2023

Address: YEOLA, NASHIK., NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: UHID : MHN1.0000156170

Package: MediWheel Full Body Health Checkup Male Below 40 Package AHC No: NSKAH36292



For corporate health checkup No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,

Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma, COPD,

Cancer



NO KNOWN ALLERGY :02/12/2023



## Cardiovascular system

- Nil Significant



Do you have any - No allergies?

Surgical history

Surgical history - Nil

# Immunization history

- Covid Dose1, Covid Dose2



Marital status - Married

No. of children - 2

Diet - Mixed Diet

Alcohol - does not consume alcohol

Smoking - No E-cigarettes, vaping, - No

hookah or water-pipe?

Chews tobacco - No
Physical activity - Active

# Family history

Coronary artery - none

disease

Cancer - None Liver problems - None

## PHYSICAL EXAMINATION

# General

General appearance - normal Build - normal - 188 Height Weight - 91 BMI - 25.75 Pallor - No Oedema - no - 96 SpO2

# Cardiovascular system

Heart rate (Per minute) - 78
Rhythm - Regular
- B.P. Supine

Systolic(mm of Hg) - 150
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

# Respiratory system

Breath sounds - Normal vesicular breath sounds

# Abdomen

Organomegaly - No Tenderness - No

Printed By: Leena Ganpat Wakare

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C B C WITH ESR (AUTOMATION + STANDARD METHOD)					ALKALINE PHOSPHATASE -	89	U/L	•	0-100
Test Name	Result	Unit	Level	Range	SERUM/PLASMA				
Hemoglobin	15.5	g/dl		13.0-18.0	AST (SGOT) - SERUM	78 *	U/L	•	15-37
Haematocrit	45.2	%		39.0-54.0					-
RBC COUNT	5.42	Millio ul	n/ •	4.2-6.5	BILIRUBIN, TOTAL - SERUM	8.0	mg/dL	•	0.0-1.0
MCV	87.1	fl		75.0-95.0	LIDID DDOEILE TEST	/DACK	(CE)		
MCH	28.7	pg		26.0-32.0	LIPID PROFILE TEST  Test Name	Result	•	Lovol	Range
MCHC	33.0	g/dl		31.0-36.0	Total Cholesterol	198	mg/dL		0-200
RDW	14.8	%		11-16	Total Offolostorol	190	mg/ac		0-200
Platelet	230	10³/n	n •	140-440	CREATININE - SERUM / PLASMA				
Count(Optical/Impedanc		m³			Test Name	Result	Unit	Level	Range
e)					CREATININE - SERUM / PLASMA	8.0	mg/dL	•	0.8-1.3
TLC Count	7.67	10³/n m³	n •	4.0-11.0	/ FLAGIVIA				
Neutrophils	65	%		45-75	LIVER FUNCTION TEST (PACKAGE)				
Lymphocytes	25	%		20-45	Test Name	Result		Level	
Eosinophils	03	%		1-6	GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	89 *	U/L		0-50
Monocytes	07	%		1-10					
Basophils	00	%	•	0-1					
·	03	mm/1st •		0-10	GLUCOSE - SERUM /	PLASM	A (FAS	TING	)
ERYTHROCYTE SEDIMENTATION			151		Test Name		•		, Range
RATE (ESR)					Glucose - Plasma	97	mg/dL	•	70-100
BLOOD GROUPING A	ND TYP	PING (	ABO a	nd Rh)	(Fasting)				
Test Name	Result	•		Range	GLUCOSE - SERUM /	PLASM	A (POS	ST.	
ABO Group:	В				PRANDIAL) Test Name		,		
Rh (D) Type:	POSITI	VE				Result	Unit	Level	Range
					Glucose - Plasma	95	mg/dL		70-140
LIVER FUNCTION TES	•		•	_	(POST PRANDIAL)				
Test Name	Result		Level	Range	LIPID PROFILE TEST	(PACKA	(GE)		
ALT(SGPT) - SERUM / PLASMA	73 * U/L		30-65	Test Name	Result	Unit	Level	Range	
ALBUMIN - SERUM	4.6	g/dL	•	3.5-5	HDL CHOLESTEROL - SERUM / PLASMA	38 *	mg/dL	•	40-60
		g/dL		TOTAL		5.2 *			0.0-4.5
GLOBULIN - SERUM: (Calculated)	3.0	y/uL	_	1.0-3.0	CHOLESTEROL/HDL CHOLESTEROL				
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.5		•	1.1-1.8	RATIO(Calculated)				
					LDL Cholesterol (Direct LDL)	180	mg/dL	-	

Borderline High/Low

**Out of Range** 

Within Normal Range

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#### LIVER FUNCTION TEST (PACKAGE)

Test NameResultUnitLevelRangePROTEIN, TOTAL -<br/>SERUM / PLASMA7.6g/dL6.4-8.2PROTEIN, TOTAL -7.6g/dL6.4-8.2

SERUM / PLASMA

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

**Ultrasound Radiology** 

**ULTRASOUND - WHOLE ABDOMEN** 

X Ray

X-RAY CHEST PA

#### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

TOTAL T3: TRI 154 ng/dL ● Healthy Adults: 10DOTHYRONINE - 69 - 215

SERUM

TOTAL T4:

10.3 μg/dL Healthy

THYROXINE - SERUM Adults:5.2-12.7

## LIPID PROFILE TEST (PACKAGE)

Test NameResultUnitLevelRangeTriglycerides - Serum99mg/dL●0-150

# THYROID PROFILE - I(T3,T4 AND TSH)

Test NameResultUnitLevelRangeTSH: THYROID1.1uIU/mL■Euthyroid: 0.3 -STIMULATING4.5HORMONE - SERUMHypothyroid: 7.1 - >75

#### **URIC ACID - SERUM**

Test NameResultUnitLevelRangeURIC ACID - SERUM6.5mg/dL●3.5-7.2

#### LIVER FUNCTION TEST (PACKAGE)

Test NameResultUnitLevelRangeBILIRUBIN<br/>CONJUGATED<br/>(DIRECT) - SERUM0.2mg/dL●0.0-0.3BILIRUBIN<br/>UNCONJUGATED -<br/>SERUM(Calculated)0.6mg/dL●0.0-0.7

# CARDIAC STRESS TEST - (TMT)

ECG



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Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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# **AICVD RISK SCORE REPORT**

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE			
Low Risk	3	4			

#### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

#### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment

#### **DISCLAIMER**

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515