

## Exercise Stress Test Report (TMT)

Name	: Mr. JOGINDER BEWAL	UHID	: 400214618
Age/Sex	: 36 Years / Male		
Referring Physician	: SELF		
Indication	: R/o CAD	Date	: 05.09.2024

Baseline ECG	Normal sinus rhythm
Prior Medications	

Protocol	Bruce	MPHR	184
Duration of exercise	10 min 44 sec	85% of MPHR	156
Reasons for termination	THR achieved	Peak HR Achieved	162
Blood Pressure (mmHg)	Baseline BP : 120/80	% MPHR	88%
	Peak BP : 160/90	METS	13.50

### Results:

- Normal Heart Rate and BP response.
- ECG
- Developed asymptomatic~ 1-2 mm ST-T changes seen in leads II,III,aVF~ V3-V6 at stage of peak exercise 162 bpm.
- No symptoms of angina/ chest pain during the test.
- No significant arrhythmia during the test.

### Final Impression:

- The Exercise Stress test is positive for provokable myocardial ischemia.

Please Correlate Clinically

Dr. Anshul Goyal  
MD, Medicine  
Attending Consultant- Cardiology

Dr. Yogendra Singh Rajput  
MD. DM Cardiology  
Consultant-Cardiology

Name	Mr. Joginder Bewal	Date	05-09-24
Age/Gender	36 years / M	UHID	400214618

**Presenting Complaints:** Burning sensation in R/E x 2 yrs.

**Past History:** DM | HT | CAD

⊖ ⊖ ⊖

No diabetes ⊖  
Hypertension ⊖

**IOP:** Right Eye: 14 mmHg    Left Eye: 16 mmHg

**POG RE:** Family eye glaucoma ⊕

**LE:**

UCVA < 6/6 N<sub>6</sub>  
6/6 N<sub>6</sub>

Spectacles	Sphere	Cylinder	Axis	Vision	Near add	Vision
Right Eye						
Left Eye						

**Clinical Features:**

color test WNL  
WNL

< 0.5-0.6:1  
base of lesion w

**Diagnosis:**

Atypical conjunctivitis; Disc suspect

**Advice:**

Eye Aupat 12ty    one drop eye  
x 4hr

PK 4.58 fars

family fold  
own

Dr

**Dr Shibal Bhartiya**

Clinical Director, Ophthalmology | Program Director, Community Outreach & Wellness  
HN-15650

**For Appointments: 8882638735 | For Clinical queries: +91 9818700269 | www.drshibalbhartiya.com**

**North East Health Care Pvt Ltd**

Registered Address: Plot No 67/1, Opposite Panchamrut Bunglows, Near Shukan Mall, OFF Science City Road,



H-2019-0615

400214618



5/9/24

Dental

Mr. Joginder Bawa

O/E . Pt c/o Dislodged Cap

usej 7

Dislodged Cap 6.7 (Dislodged cap)

Cavities 8 7

Cavities Abrasions 6543

Advised xray 6 7

id 34237 x 2

Dr. N. K.



Patient ID :	400214618	Patient Name :	JOGINDER BEWAL
Age :	36 Years	Sex :	M
Ref Physician :	DR. SELF	Modality/Study :	US
Study Date :	05-Sep-2024	Reported Date :	05-Sep-2024
Study :			

### ULTRASOUND WHOLE ABDOMEN

**LIVER** is normal in size (13.0 cm) and mildly raised echotexture. No evidence of any focal lesion or IHBR dilation is present. Portal vein and CBD are not dilated.

**GALL BLADDER** is well distended and lumen is echofree. Wall thickness is normal. No pericholecystic fluid is seen.

**SPLEEN** is normal in size (9.5 cm) and echotexture. No focal lesion is seen.

**PANCREAS** is normal in size and echotexture. Peripancreatic fat planes are clear.

**RIGHT KIDNEY:** is normal in size (10.6 x 5.2 cm) and position and outline corticomedullary differentiation is maintained. There is no evidence of any focal lesion / calculus / backpressure changes.

**LEFT KIDNEY:** is normal in size (10.6 x 5.6 cm) and position and outline corticomedullary differentiation is maintained. There is no evidence of any focal lesion / calculus / backpressure changes.

**URINARY BLADDER** is well distended and lumen is echofree. Wall thickness is normal. No evidence of any focal lesion.

**PROSTATE** is normal in size and measures ~ 2.8 x 2.7 x 2.4 cm (vol: 9.96 cc). It has normal echotexture and there is no evidence of focal lesion.

No free fluid is seen in the abdomen

#### IMPRESSION:

- Grade I fatty liver.

Please correlate clinically.

  
**DR. JASMINE KOKILOO**  
 MBBS, MD  
 Associate Consultant  
 MT-SJ

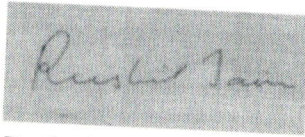
Patient ID :	400214618	Paient Name :	JOGINDER BEWAL
Age :	36 Years	Sex :	M
Ref Physician :		Modality/Study :	CR
Study Date :	05-Sep-2024	Reported Date :	05-Sep-2024
Study :	Chest		

**Investigation: Radiograph of Chest (PA View)**

**Result:**

Lung parenchyma is normal.  
Bilateral hilar shadow appear normal.  
Cardiomediastinal contour is maintained.  
Cardiophrenic & costophrenic angles are normal.  
Domes of diaphragm are normal.

Please correlate clinically.



**Dr. Rushil Jain**  
**Consultant**  
**Dept. of Radiology**  
MT-SJ





Rate 64 Sinus rhythm.....normal P axis, V-rate 50-99  
 ST elev, probable normal early repol pattern.....ST elevation, age<35

PR 145  
 QRSD 87  
 QT 395  
 QTc 408

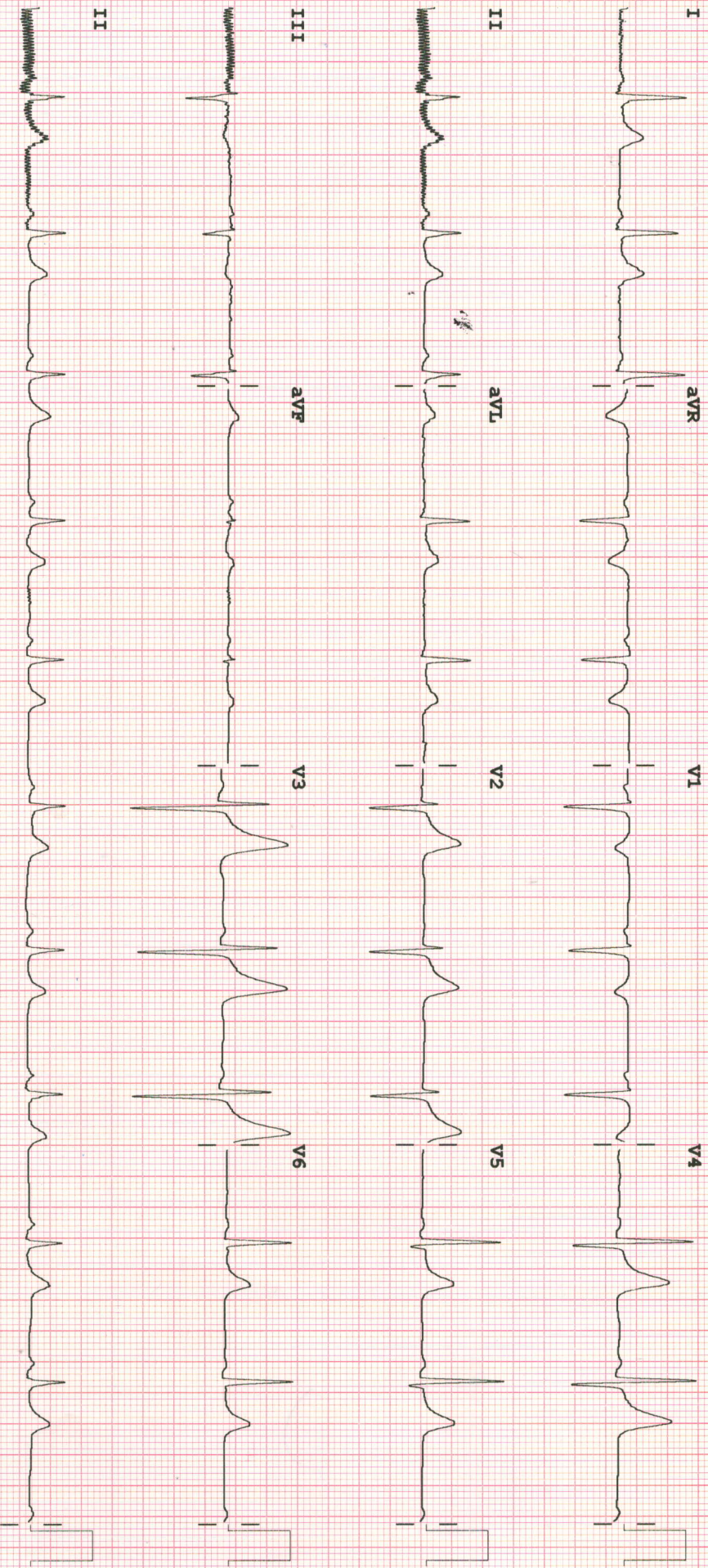
--AXIS--

P 54  
 QRS 9  
 T 19

12 Lead, Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50 - 40 Hz W

100B CL

P?