VID
 :- E/13268

 PID No.
 :- 202410217127098

 Name
 :- Mr. SAMEER XALXO



Reported on/at

10/02/2024 7:31PM

Sample Received on/at :

10/02/2024 11:41AM

Age/Sex :- 39 Y / M

Ref. By. :- ARCOFEMI HEALTHCARE LIMITED

	BIOCHEMISTRY		
Investigation	Observed Value	Unit	Biological Reference Range
GGT/GammaGT			
Gamma GT	24.0	U/L	11 - 34
Szasz method			
BLOOD SUGAR F			
Glucose Fasting	77	mg/dl	60 - 110
BLOOD SUGAR PP			
Glucose PP	106	mg/dl	70 - 140
LFT (LIVER FUNCTION TEST)			
Bilirubin (Total)	0.81	mg/dL	<1.0
(Serum,Diazo)			
Bilirubin (Direct)	0.17	mg/dL	0 - 0.3
(Serum,Diazo)			
Bilirubin (Indirect)	0.64	mg/dL	UPTO 1.0
(Serum,Calculated)			
SGOT (AST)	26	U/L	5 - 37
(Serum,Enzymatic)	40		10 10
SGPT (ALT) (Serum,Enzymatic	18	U/L	10 - 40
Alkaline Phosphatase	194	U/L	80 - 290
(Serum,pNPP)	104	UIL	00 200
Total Proteins	7.05	g/dL	6.4 - 8.3
(Serum,Biuret)			
Albumin	4.12	g/dL	3.7 - 5.6
Globulin	2.93	g/dL	1.8 - 3.6
(Serum)			
A/G Ratio	1.41	g/dl	1.1 - 2.2
(Serum)			
Gamma GT	24.0	U/L	11 - 34
Szasz method			

----- End Of Report ------

Dr. Avishesh Kumar Singh M.D. (Pathologist)
 VID
 :- E/13268

 PID No.
 :- 202410217127098

 Name
 :- Mr. SAMEER XALXO



Age/Sex :- 39 Y / M		Sample Received on/at :	Reported on/at
Ref. By. :- ARCOFEMI HEALTHCARE LIMITED		10/02/2024 11:41AM	10/02/2024 7:31PM
Lipid Profile (Fasting Sample Required)			
Cholesterol - Total	182	mg/dL	Desirable <200 Borderline High : 200-239 High :>=240
Triglycerides Level	144	mg/dL	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500
HDL Cholesterol	43	mg/dl	Major risk factor for heart Disease :<40 Negative risk factor for heart Disease:>=60
LDL Cholesterol	110.20	mg/dL	Optimal : <100 Near Optimal : 100-129 Borderline High : 130 - 159 High :160 - 189 Very High : >190
VLDL Cholesterol	28.80	mg/dL	6-38
LDL/HDL RATIO	2.56		2.5-3.5
CHOL/HDL RATIO	4.23		3.5 - 5
Note : Reference Interval as per National Cholesterol RFT (RENAL FUNCTION TEST) Renal (Kidney) Function Test	Education P	rogram (NCEP) Adult Treatmen	t Panel III Report.
Urea (Serum)	30.1	mg/dL	15 - 43

(eerain)			
Creatinine	1.06	mg/dL	0.57 - 1.4
(Serum,Jaffe)			
Sodium	141	mmol/L	135 - 145
Potassium	4.22	mmol/L	3.5 - 5.1
Uric Acid	4.14	mg/dL	2.6 - 6
(Serum,Uricase)			
Chlorides	102	mmol/L	98 - 107

The performance of the Roche cobas c 111 was evaluated using sigma metrics. The calculations were performed using James O. Westgard methodology.[2] This approach uses an assays total allowable error (TEa), accuracy (bias), and precision (SD) to calculate a Sigma metric to characterize the performance of that assay.

----- End Of Report ------

Dr. Avishesh Kumar Singh M.D. (Pathologist)

VID :- E/13268 PID No. :- 202410217127098 Name :- Mr. SAMEER XALXO		Dr. Rupre NN "अबुक निदान" स्वास	IS Diagnos	tics & Imagin
Age/Sex :- 39 Y / M		Sample Received on/at :	Reported o	
Ref. By. :- ARCOFEMI HEALTHCARE LIMITED		10/02/2024 11:41AM	10/02/2024	7:31PM
HBA1C				
HbA1c Value	5.22	%	4-6=Normal Control Control 8-10=Unsatisfacto >10%=Poor Contro	

Glycosylated Hemoglobin/Glycated Hemoglobin/GlycoHemoglobin/HbA1c. [1]

Its primary use is to monitor diabetic patient's compliance and long term blood glucose level control. It is an index of diabetic control (direct relationship between poor control and development of complications). It predicts development and progression of diabetic microvascular complications.

----- End Of Report ------

Dr. Avishesh Kumar Singh

M.D. (Pathologist)

 VID
 :- E/13268

 PID No.
 :- 202410217127098

 Name
 :- Mr. SAMEER XALXO

 Age/Sex
 :- 39 Y / M

 Ref. By.
 :- ARCOFEMI HEALTHCARE LIMITED



Sample Received on/at : 10/02/2024 11:41AM

Reported on/at 10/02/2024 7:31PM

CLINICAL PATHOLOGY Investigation **Observed Value** Unit **Biological Reference Range URINE R/M Physical Examination** Specific Gravity 1.030 1.003-1.030 Appearance Clear Clear Pale Yellow Colour Pale Yellow Acidic pH (Reaction) Acidic **Chemical Examination** NIL NIL Protein Glucose NIL NIL **Microscopic Examination** PUS CELLS 2-4 /hpf 0-5 0-5 **Epithelial Cells** 1-2 /hpf RBC Absent Absent /hpf Bacteria Absent Absent Crystals Absent Absent Absent Absent Casts

Test Done by Urisys 1100 (ROCHE) Fully Automatic.

----- End Of Report ------

Dr. Avishesh Kumar Singh

r. Avishesh Kumar Sing M.D. (Pathologist)
 VID
 :- E/13268

 PID No.
 :- 202410217127098

 Name
 :- Mr. SAMEER XALXO

Ref. By. :- ARCOFEMI HEALTHCARE LIMITED

Age/Sex :- 39 Y / M



Sample Received on/at : 10/02/2024 11:41AM

Reported on/at 10/02/2024 7:31PM

Comple	ete Blood Count (Hae	emogram)	
Investigation	Observed Value	Unit	Biological Reference Range
CBC			
<u>Erythrocytes</u>			
Haemoglobin (Hb)	12.0	gm/dL	12.5 - 16.5
Erythrocyte (RBC) Count	5.34	mill/cu.mm	4.2 - 5.6
PCV (Packed Cell Volume)	39.4	%	36 - 47
MCV (Mean Corpusculer Volume)	74	fl	78 - 95
MCH (Mean Corpusculer Hb)	22.4	pg	26 - 32
MCHC (Mean Corpuscular Hb Concn.)	30.4	g/dL	32 - 36
RDW (Red Cell Distribution Width)	14.7	%	11.5 - 14
Leucocytes			
Total Leucocytes (WBC) Count	7300	cells/cu.mm	4000 - 11000
Neutrophils	66	%	40 - 75
Lymphocytes.	27	%	20 - 40
Monocytes	06	%	2-10
Eosinophils	01	%	1-6
Basophils	00	%	0 - 1
Platelets-			
Platelet count	204	x10^9/L	150 - 450
MPV (Mean Platelet Volume)	9.5	fL.	6 - 9.5
PCT (Platelet Haematocrit)	0.193	%	0.15 - 0500
PDW (Platelet Distribution Width)	17.0	%	11 - 18

EDTA Whole Blood - Tests done on Automated ABX Micros ES60(HORIBA) Cell Counter. WBC, RBC & Platelet count by impedance method, WBC differential by VCS technology & other parameters calculated) All abnormal Haemograms are reviewed & confirmed microscopically. Differential count is based on approximately 10,000 cells.

----- End Of Report ------

Dr. Avishesh Kumar Singh

r. Avisnesn Kumar Sing M.D. (Pathologist)

Dr. Ruprela's VID :- E/13268 Diagnostics & Imagin PID No. :- 202410217127098 न की ओर... :- Mr. SAMEER XALXO Name Age/Sex :- 39 Y / M Sample Received on/at : Reported on/at 10/02/2024 7:31PM 10/02/2024 11:41AM Ref. By. :- ARCOFEMI HEALTHCARE LIMITED Hematology Investigation **Observed Value** Unit **Biological Reference Range Blood Group & RH Type Screening** ABO Group "A" "POSITIVE" Rh Type Method: Column agglutination technology (CAT) is an automated. System for blood grouping which is superior in sensitivity to conventional tube method. ESR ESR - Erythrocyte Sedimentation Rate 40 mm at 1hr 0 - 15 (Citrate Blood)

Method: Westergren

Interpretation:

1. It indicates presence and intensity of an inflammatory process, never diagnostic of a specific disease. Changes are more significant than a single abnormal test.

2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia rheumatica.

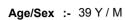
3. It is also increased in pregnancy, multiple myeloma.

----- End Of Report ------

Dr. Avishesh Kumar Singh

r. Avishesh Kumar Singl M.D. (Pathologist) VID :- E/13268 PID No. :- 202410217127098

Name :- Mr. SAMEER XALXO





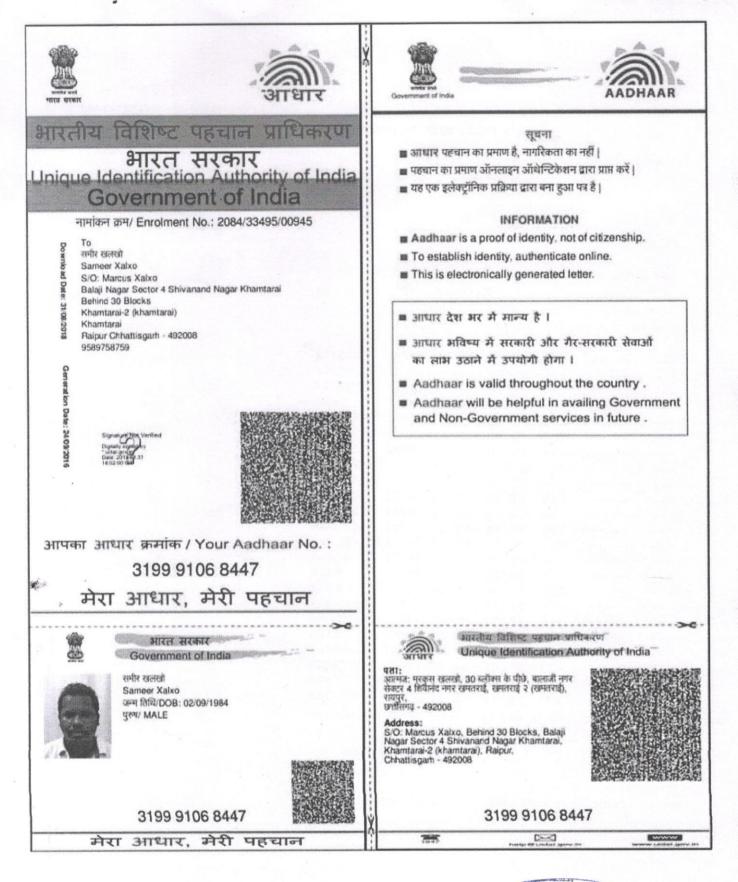
Age/Sex :- 39 Y / M	Sample Rec	eived on/at :	Reported on/at
Ref. By. :- ARCOFEMI HEALTHCARE LIMITED	10/02/2024	11:41AM	10/02/2024 7:31PM
	PATHOLOGY		
Investigation	Observed Value	Unit	Biological Reference Range
Urine Sugar Fasting			
Urine Sugar (Fasting)	Absent		Absent
Thyroid Panel 1 (T3, T4, TSH)			
ТЗ	1.00	ng/dl	0.6-1.8
diagnosis of hypothyroidism 2. Total T3 and T4 values proteins or binding sites Pregnancy,Drugs (Androgens T3 and Free T4 give corrected values. T4 Remark:1.Total T3 and T4 values may also be altered	s,Estrogens,O C pills,Phen 6.89	ytoin),Nephrosi ug/dl	s etc. In such cases Free 4.5-12.6
Pregnancy,Drugs (Androgens,Estrogens,O C pills, Ph corrected values.		•	
TSH	2.44	ulU/ml	0.25-5.5
Remarks : 1.4.51 to 15 µIU/mL - Suggested clinical co can give falsely high TSH. 2.TSH values may be transiently altered because of ne heart failure,severe burns, trauma and surgery etc 3.Drugs that decrease TSH values e.g:L-dopa,Glucoc lodine,Lithium,Amiodarone	on thyroidal illness like sev	ere infections,li	ver disease, renal and

Remark

Method Used : ELFA (Enzyme Linked Fluorescence Assay) on Mini Vidas most Efficient Analyzer Internationally accepted most advanced technology with high quality result.

----- End Of Report ------

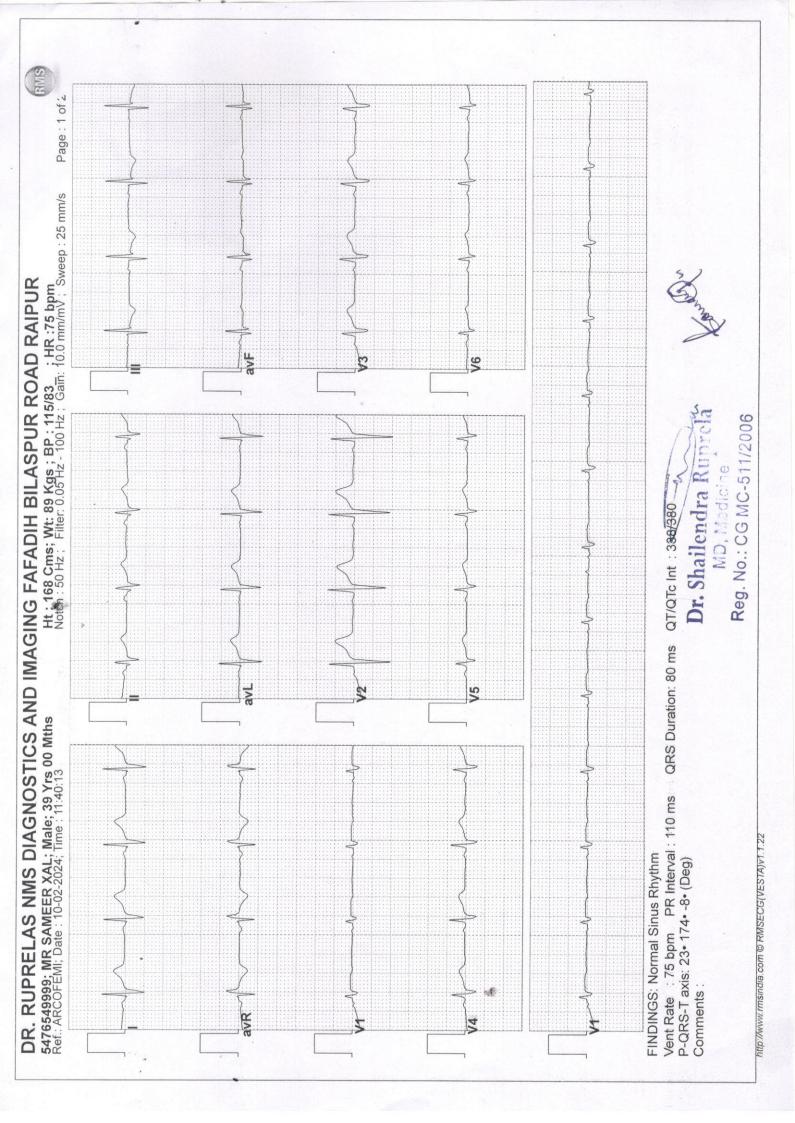
Dr. Avishesh Kumar Singh M.D. (Pathologist)





Kan

Dr. Shailendra Ruprela MD, Medicine Reg. No.: CG MC-511/2006





TO WHOM SO EVER IT MAY CONCERN

THIS IS TO DECLARE THAT MR. SAMEER XALXO AGE 39 Y/F HAS UNDERGONE DENTAL EXAMINATION ON 10.02.2024.

DURING HIS INTRAORAL EXAMINATION NO HARD AND SOFT TISSUE ABNORMALITIES WERE DETECTED.

NO CAVITIES DETECTED.

CALCULUS +

STAINS +

HER EXTRAORAL EXAMINATION REVEALS NO ABNORMALITY.

ADVISE: ORAL PROPHYLAXIS,

MAINTAIN GOOD ORAL HYGIENE,

FOLLOW UP,

BRUSH TWICE DAILY.

uprela Dr. Pad Consultant Dental Surgeon CGDC/15/G/2169

FAFADIH, NEAR OVER BRIDGE, RUPRELA MARG (SINGE 1937), RAIPUR (C.G.) Ph.: 0771-4048886, 2888800, Mob.: 9406396296, Email : nmsdiagnostic.service@gmail.com, Website : www.nmsdiagnostics.co.in



 \swarrow "Health" + χ " "Human" + \bigcirc "Complete solution"



TO WHOM SO EVER IT MAY CONCERN

THIS IS TO DECLARE THAT MR. SAMEER XALXO AGE-39/M HE UNDERGONE <u>ENT</u> <u>EXAMINATION</u> ON 10/02/2024. DURING HIS EXAMINATION NO SOFT AND HARD TISSUE ABNORMALITIES WERE DETECTED IN THE EAR, NOSE AND THROAT. NO DISCHARGE FOUND. NO SIGNIFICANT HISTORY.

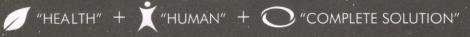
NO LYMPH NODES WERE TENDER AND PALPABLE.

AIR AND BONE CONDUCTION TEST WERE NEGATIVE.

ADVISE: MAINTAIN GOOD HYGIENE AND FOLLOW UP

ha Mudgal Dr. Angen **MS. ENT** Reg. No.: CGMC- 5083/2014

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TO WHOM SO EVER IT MAY CONCERN

THIS IS TO DECLARE THAT MR. SAMEER XALXO AGE 39 YEAR/MALE HAS UNDERGONE MEDICAL EXAMINATION ON 10.02.2024 DURING HIS GENERAL EXAMINATION NO ABNORMALITIES WERE DETECTED.

HE WAS FULLY ORIENTED , NO DISABILITY WITH NORMAL GAIT.

NO SIGNS OF PALPABLE OR ENLARGED LYMPH NODES.

NO GROWTH / SWELLING OBSERVED.

HIS VITALS PARAMETERS ARE HEIGHT: 168 cms, WEIGHT:89kg, BP:115/83 mmhg, HR: 75 bpm, BMI: 31.5

HIS BOWEL HABITS ARE REGULAR. NO BURNING DURING MICTURITION.

ALL REFLEXES WERE NORMAL.

NO ABNORMALITIES WERE DETECTED DURING PALPATION, PERCUSSION AND AUSCULTATION OF VISCERA.

HE DOES NOT CARRY ANY COMMUNICABLE/TRANSFERRABLE DISEASE.

HE APPEARS TO BE **PHYSICALLY FIT** AND WE WISH HIM ALL THE BEST.

Dr. Sha end Reg. No.: CG MC-511/2006

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1 "Health" + 1 "Human" + 1 "Complete solution" =



MR. SAMEER XALXO

DATE : 10.02.2024

AGE : 39

SEX : MALE

HEIGHT : 168 cms

WEIGHT : 89 kgs

BMI: 31.5

BLOOD PRESSURE : 115/83 mmhg

MEDICAL HISTORY : NOT SIGNIFICANT

ADVICE :

100

- 1. DRINK MINIMUM 10 GLASSES OF WATER.
- 2. EXERCISE/BRISK WALK FOR MINIMUM 50 MINS DAILY.
- 3. INCREASE INTAKE OF FIBRE LIKE SALAD, FRUIT, SPROUTS.
- 4. TAKE GOOD SLEEP FOR 7-8 HOURS DAILY.
- 5. AVOID SPICY AND DEEP FRIED FOOD.
- 6. AVOID ALCOHOL, SMOKING, NICOTINE.
- 7. AVOID STRESS.
- 8. RELAX AND BE HAPPY.

DR. RASHI SALUJA CONSULTANT DIETICIAN

1

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 \mathcal{J} "Health" + $\dot{\mathbf{X}}$ "Human" + \mathbf{O} "Complete solution" =



Drug Allergy (If Any): Not Aware

6/6

N/6

NAME : MR. SAMEER XALXO

AGE: 39 Y/SEX/M

DATE: 10.02.2024

Ref. By : ARCOFEMI HEALTHCARE LTD.

Complain Of: No Complaints

Ocular H/O: Nil

Family Ocular H/O:	Nil	

DISTANCE VISION: (With / without PGP

NEAR VISION: (With / without PGP)

REFRACTION

EYE	SPH	CYL	AXIS	ADD	VISION
RE		PLAIN		6/6	N/6
LE		PLAIN		6/6	N/6

RE

RE

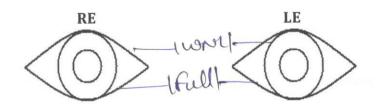
6/6

N/6

LE

LE

EXTERNAL EYE EXAMINATION:



EOM: NAD

SQUINT EVALUATION: ABSENT

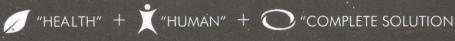
NYSTAGMUS: ABSENT

COLOR VISION TEST: NORMAL

NYCTALOPIA (Night Blindness): ABSENT

Schav Sharma Dr. Ophthalmologist Reg. No. MCI/10-37,782

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NAME : MR. SAMEER XALXO AGE/SEX: 39 Y/M **REF.BY: ARCOFEMI HEALTHCARE LTD.** DATE: 10.02.2024 **ECHO - CARDIOGRAPHY** M-MODE MEASUREMENTS: Patient value (cm) normal value (cm) **Aortic Root** 3.1 2.0-3.7 Left Atrial Dimension 3.8 1.9-4.0 Left Ventricular ED 4.3 3.7-5.6 Left Ventricular ES 3.9 2.2-4.0 Intervenrticular Septal ED:0.8 ES:0.9 0.6-1.2 **LEFT VENT PW** ED:0.8 ES:0.9 0.6-1.2 2 D ECHO **CHAMBERS** All cardiac chambers normal. VALVE NORMAL SEPTAE **IVS/IAS INTACT** RWMA NO EF (OVARALL)(LV) 60 % **CLOT/ VEGETATION** NIL PER. EFFUSION NIL **CONTINUOUS WAVE & PULSE WAVE DOPPLER** Valve Regurgitation Gradient(mm Hg) Mitral Valve NIL **Not Significant Aortic Valve** NIL **Not Significant Tricuspid Valve** NIL PASP= **Pulmonary Valve** Nil **Not Significant** PULSE WAVE DOPPLER MITRAL VALVE INFLOW Waves DT m sec

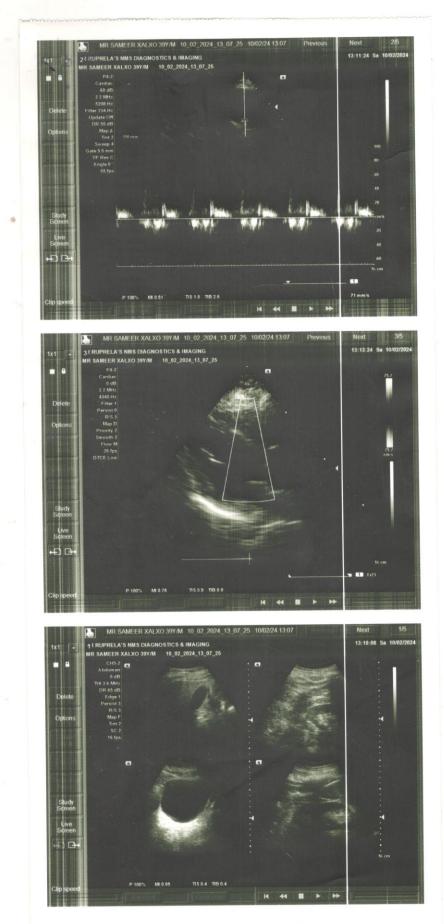
IMPRESSION -

- NO RWMA AT REST, LVEF=60%
- NORMAL BIVENTRICULAR FUNCTION
- NORMAL CHAMBERS DIMENSION.
- NO CLOT/VEGETATION/PERICARDIAL EFFUSION.
- **NORMAL VALVES**

DR AJAY HALWAI MBBS, MD, PGDCC

FAFADIH, NEAR OVER BRIDGE, RUPRELA MARG (SINGE 1937), RAIPUR (C.G.) Ph.: 0771-4048886, 2888800, Mob.: 9406396296, Email : nmsdiagnostic.service@gmail.com, Website : www.nmsdiagnostics.co.in

 \mathcal{I} "Health" + \mathbf{X} "Human" + \mathbf{O} "Complete solution"



A.

A



NAME : MR. SAMEER XALXO REF. BY: ARCOFEMI HEALTHCARE LTD.

AGE : 39 Y/M DATE: 10.02.2024

SONOGRAPHY OF WHOLE ABDOMEN

The Real time, B mode, gray scale sonography was performed.

LIVER : The liver is normal in size, shape and has smooth margins. It has uniform echotexture, has normally distributed and normal size biliary and portal radicles and is without solid or cystic mass lesion or calcification. GALL BLADDER : The gall bladder is seen as a well distended, pear shaped bag with uniformly thin and regular walls, without, gall stones or mass lesions. COMMON BILE DUCT : The common bile duct is normal in caliber. No evidence of calculus is noted in common bile duct. **PANCREAS**: The pancreas is normal in size, shape, contours and echotexture. No evidence of solid or cystic mass lesion is noted. **KIDNEYS** : The kidneys are normal in size and have smooth renal margins. Cortical echotexture is normal The central echocomplex does not show evidence of calculus. SPLEEN : The spleen is normal in size and shape. Its echotexture is homogeneous. No evidence of focal lesion is noted. URINARY BLADDER : The urinary bladder is well distended. No evidence of calculus is seen. No evidence of mass or diverticulum is noted. **PROSTATE**: The prostate shows well defined and sharp marains. The prostatic echotexture is normal and homogenous.

IMPRESSION:

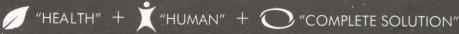
The Sonography Of Whole Abdomen Is Within Normal Limits

As with any other investigations the results obtained serve as an aid to diagnosis and should be interpreted in relation to any other clinical and diagnostic findings.

Thanks for referal with regards

Dr. Chhavi Jangde

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NAME : MR. SAMEER XALXO REF. BY: ARCOFEMI HEALTHCARE LTD.

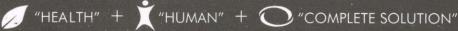
AGE : 39 Y/M DATE : 10.02.2024

X-RAY CHEST PA VIEW

- The lungs on the either side show equal translucency.
- The peripheral pulmonary vasculature is normal.
- No focal lung lesion is seen.
- The pleural spaces are normal.
- The cardiac size is normal.
- The domes of the diaphragms are normal in position, and show smooth outline.
- Both hila are normal in size, have equal density and bear normal relationship.
- The heart and trachea are central in position and no mediastinal abnormality is visible.
 - <u>IMPRESSION</u> : No evidence of pulmonary, pleural or cardiac pathology is noted. Radiograph of chest is within normal limits.



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NAME:MR. SAMEER XALXOAGE/SEX:39 Y/MREFERRED BY:ARCOFEMI HEALTHCARE LTD.DATE:10.02.2024

PERIPHERAL SMEAR EXAMINATION

RBC: Macrocytic normochromic.

WBC: Total counts within normal range. No toxic granulation seen. Band cells-9%, Neutrophils-46%, Lymphocytes-43%, Monocytes-2%.

Platelets: Appears adequate on smear.

Haemoparasite: No haemoparasite seen.

Dr. Avishesh Kumar Singh **MD** (Pathologist)

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