

Name : Mr. PRANAV T (32 /M)

Date : 29/03/2024

Address : 6/27, EAST CAR STREET, SIRKALI, NAGAPATTINAM, TAMIL NADU, INDIA

Examined by: Dr .AHC DOCTOR TRICHY

UHID : AT01.0000206873

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW 40YRS

AHC No : TRYMH59180



## CHIEF COMPLAINTS

For Annual health checkup  
Dyspepsia  
Deviated nasal septum

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer, Impaired Glycemia



## DRUG ALLERGY

NO KNOWN ALLERGY

:17/08/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Caries tooth

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant

### General symptoms

- Nil Significant



### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - No



### Surgical history

Appendectomy - 2012



### Personal history

Marital status - Married

Profession - government employee

Diet - Mixed Diet

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



### Family history

Father - alive

Mother - alive

Brothers - 1

Diabetes - father,mother,paternal  
grandmother,maternal  
grandmother,paternal  
grandfather,maternal  
grandfather

Hypertension - father

Coronary artery  
disease - none

Cancer - None

---

## PHYSICAL EXAMINATION



### General

General appearance	- normal
Build	- normal
Height	- 162
Weight	- 70.65
BMI	- 26.92
Pallor	- No
Oedema	- no
SpO2	- 99%



### Cardiovascular system

Heart rate (Per minute)	- 88
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 120
Diastolic(mm of Hg)	- 80
Heart sounds	- S1S2+

### Respiratory system

Breath sounds	- Normal vesicular breath sounds
---------------	----------------------------------



### Abdomen

Organomegaly	- No
Tenderness	- No

Name : Mr. PRANAV T (32 /M)

UHID : AT01.0000206873

Date : 29/03/2024

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW 40YRS

AHC No : TRYMH59180

**STOOL ROUTINE**

Test Name	Result	Unit	Level	Range
Colour:	Yellow Brown			
Consistency :	Semi Solid			
Mucus:	Negative			
Blood:	Negative			
Ova:	Nil			
Cysts:	Nil			

Eosinophils	06	%	●	01-06
Monocytes	07	%	●	2-10

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
Blood Group	O			
Rh (D) Type:	POSITIVE			

**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016 - 1.026
Colour:	Pale Straw			
Transparency:	Clear			
pH	5.5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	Nil	/hpf		0-5
Pus Cells	1-2 /h.p.f			
Epithelial Cells	1-2 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Negative			

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
ALT(SGPT)	70 *	U/L	●	Adult Male : < 45
Globulin - Serum: (Calculated)	3.4	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	74	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	49 *	U/L	●	Adult Male: <35
Bilirubin, Total - Serum	1.1	mg/dL		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	233 *	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

**CBC**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.4	gm%	●	13.0-18.0
Packed cell volume(Calculated)	44.7	%	●	40-54
WBC Count	7.14	10 <sup>9</sup> /m <sup>3</sup>	●	4-11
Platelet Count	256	10 <sup>9</sup> /m <sup>3</sup>	●	150-450
ESR	02	mm/hr	●	0-15
Neutrophils	55	%	●	40-80
Lymphocytes	32	%	●	20-40

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Creatinine - Serum	1.1	mg/dL	●	Male: 0.9 - 1.3

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	55	U/L	●	Male: < 55

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mr. PRANAV T (32 /M)

UHID : AT01.0000206873

Date : 29/03/2024

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW 40YRS

AHC No : TRYMH59180

Glucose - Serum / Plasma (Fasting) 144 \* mg/dL ● 70 - 100

Triglycerides - Serum 136 mg/dL ● Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
Glucose - Serum / Plasma (Post Prandial) 228 \* mg/dL ● < 140

Total Cholesterol / HDL Cholesterol Ratio (Calculated) 4.1 ● < 4.5

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name Result Unit Level Range
Glycosylated Hemoglobin (HbA1c) 7.0 \* % ● 4 - 6 % (NGSP)

TOTAL T3 T4 TSH

Test Name Result Unit Level Range
TSH: Thyroid Stimulating Hormone 2.4 µIU/mL ● Adults(21 - 54 Years): 0.5 - 5.0

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL Cholesterol 57 mg/dL ● Low: <40 High: >=60
LDL Cholesterol (Direct LDL) 134 \* mg/dL ● Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

UREA - SERUM / PLASMA

Test Name Result Unit Level Range
Urea 23 mg/dL ● Adult: 13 - 43

URIC ACID - SERUM

Test Name Result Unit Level Range
Uric Acid - Serum 5.2 mg/dL ● Adult Male: 3.5 - 7.2

LIVER FUNCTION TEST WITH GGTP

Test Name Result Unit Level Range
Protein Total - Serum 7.8 g/dL ● >2 Year: 6.0 - 8.0
Albumin - Serum 4.4 g/dL ● Adult(20 - 60 Yr): 3.5 - 5.2

LIVER FUNCTION TEST WITH GGTP

Test Name Result Unit Level Range
Bilirubin Conjugated - Serum 0.3 \* mg/dL ● 0.0-0.2
Bilirubin Unconjugated - Serum (Calculated) 0.8 mg/dL ● 0.0-1.0

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 11 mg/dL ● Adult : 6 - 20

TOTAL T3 T4 TSH

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 111 ng/dL ● Adults(20-50 Yrs Male): 70 - 204
TOTAL T4: THYROXINE - SERUM 9.8 µg/dL ● Adults(15-60 Yrs Male): 4.6 - 10.5

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES/HDL CHOLESTROL 2.3

2D-ECHO WITH COLOUR DOPPLER

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. PRANAV T (32 /M)

UHID : AT01.0000206873

Date : 29/03/2024

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW 40YRS

AHC No : TRYMH59180

---

NO REGIONAL WALL MOTION ABNORMALITY  
LEFT VENTRICLE NORMAL IN SIZE  
NORMAL LEFT VENTRICULAR FUNCTION  
NO LV CLOT  
TRIVIAL MITRAL REGURGITATION  
TRIVIAL TRICUSPID REGURGITATION  
NO PULMONARY ARTERY HYPERTENSION  
NO PERICARDIAL EFFUSION  
IAS/IVS INTACT

#### ULTRASOUND - WHOLE ABDOMEN

- Hepatomegaly with grade II fatty liver.

Suggested Clinical Correlation and Further Evaluation.

Reported by,  
DR. ZAKIR HUSSAIN, MDRD.  
CONSULTANT RADIOLOGIST

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

#### CARDIOLOGY

ECG

#### X Ray

X-RAY CHEST PA



Within Normal Range



Borderline High/Low



Out of Range

Name : Mr. PRANAV T (32 /M)


UHID : AT01.0000206873

Date : 29/03/2024

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW 40YRS


AHC No : TRYMH59180

## Executive Summary


 Newly detected DM

## Wellness Prescription


### Advice On Diet :-

 Diabetic diet

### Advice On Physical Activity :-

 Regular walking

## Follow-up and Review Plan

 Review with HbA1c after 3 months  
To do FBS/PPBS after 3 months



Scan the QR code  
in AskApollo App  
to book your  
follow-up  
appointments and  
investigations

Printed By : Sankar S

**Dr.AHC DOCTOR TRICHY**  
AHC Physician / Consultant Internal Medicine

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

3

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**