

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD
MAHAVEER NAGAR KANDIVALI (W) MUM 400067

TREADMILL TEST REPORT

MR DEVESH PATHAK
ID : 582
DATE : 07/09/2024
AGE/SEX : 34 / M
HT/WT : 167 / 72
REF. BY : MEDIMHEEL

PROTOCOL : Bruce
HISTORY : Checkup/Physical fitness,
INDICATION : HEALTH CHECKUP
MEDICATION : NO MEDICINE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					80	120 / 90	96	-0.1	0.1	0.3	
STANDING					82	120 / 90	98	-0.2	0.2	0.2	
HYPERVENT					82	120 / 90	98	-0.1	0.2	0.2	
Stage 1	2:55	0:15	2.7	10	107	120 / 90	128	-0.1	0.3	0.4	4.67
Stage 2	5:55	2:55	4	12	121	130 / 90	157	0.7	0.2	0.2	7.04
Stage 3	8:55	2:55	5.4	14	153	140 / 90	214	0	0.7	0.5	9.92
PK-EXERCISE	9:45	0:45	6.7	16	165	140 / 90	231	0.1	0.2	1.8	11.00
RECOVERY	10:56	1:11			124	140 / 90	173	2	0.3	3.5	
RECOVERY	11:57	2:2			96	130 / 90	124	0.8	0.3	1.4	
RECOVERY	12:50	2:55			94	130 / 90	122	0	0.3	0.4	
RECOVERY	13:57	4:2			96	120 / 90	115	-0.3	0.3	-0.1	

RESULTS

EXERCISE DURATION : 9:45
MAX HEART RATE : 165 bpm
MAX BLOOD PRESSURE : 140 / 90 mm Hg
REASON OF TERMINATION : Achieved THR,
BP RESPONSE : Normal,
ARRHYTHMIA : None,
H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS :
GOOD EFFORT TOLERANCE,
NO ANGINA, NO ARRHYTHMIA,
NORMAL HR, BP RESPONSE,
NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,
STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 11.00 METS

Healthcare
Mahavir Suryadarsan Soc,
Satya Nagar Road, Mahavir Nagar
Kandivali (W), Mumbai - 400 067
Tel. No. 2869 7808

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Reg. No. 2018115643

Technician : 1

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATHAK
 I.D. 582
 Age 34/M
 Date 07/09/2024

RATE 80bpm
 B.P. 120/90

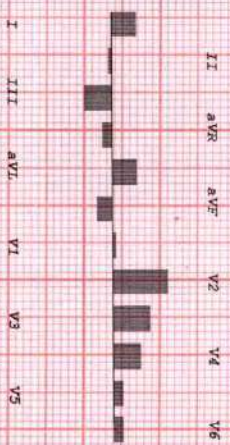
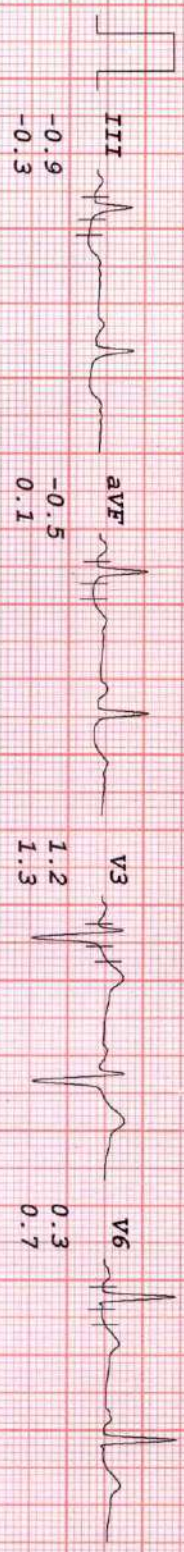
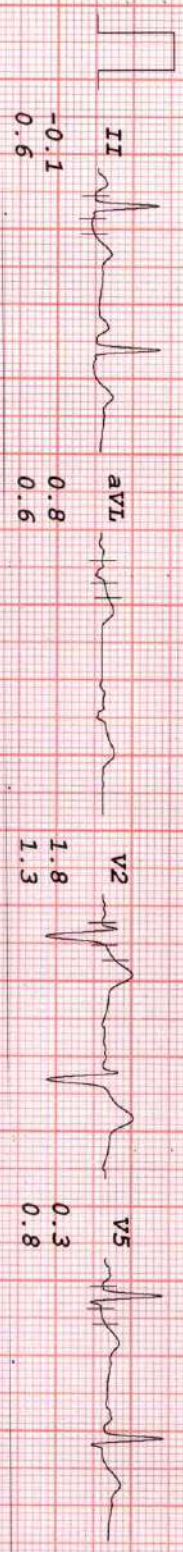
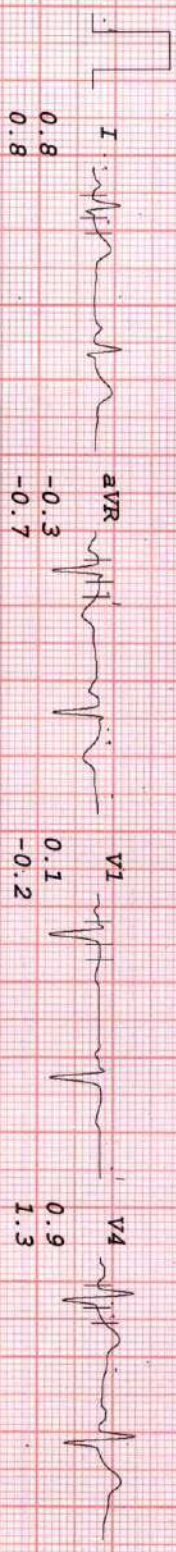
PRETEST
 SUPINE

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATHAK

I.D. 582

Age 34/M

Date 07/09/2024

RATE 82bpm
B.P. 120/90

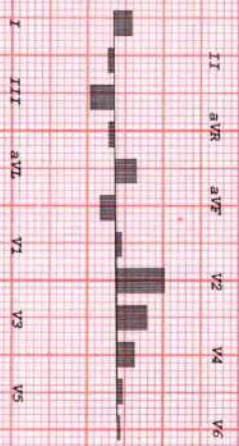
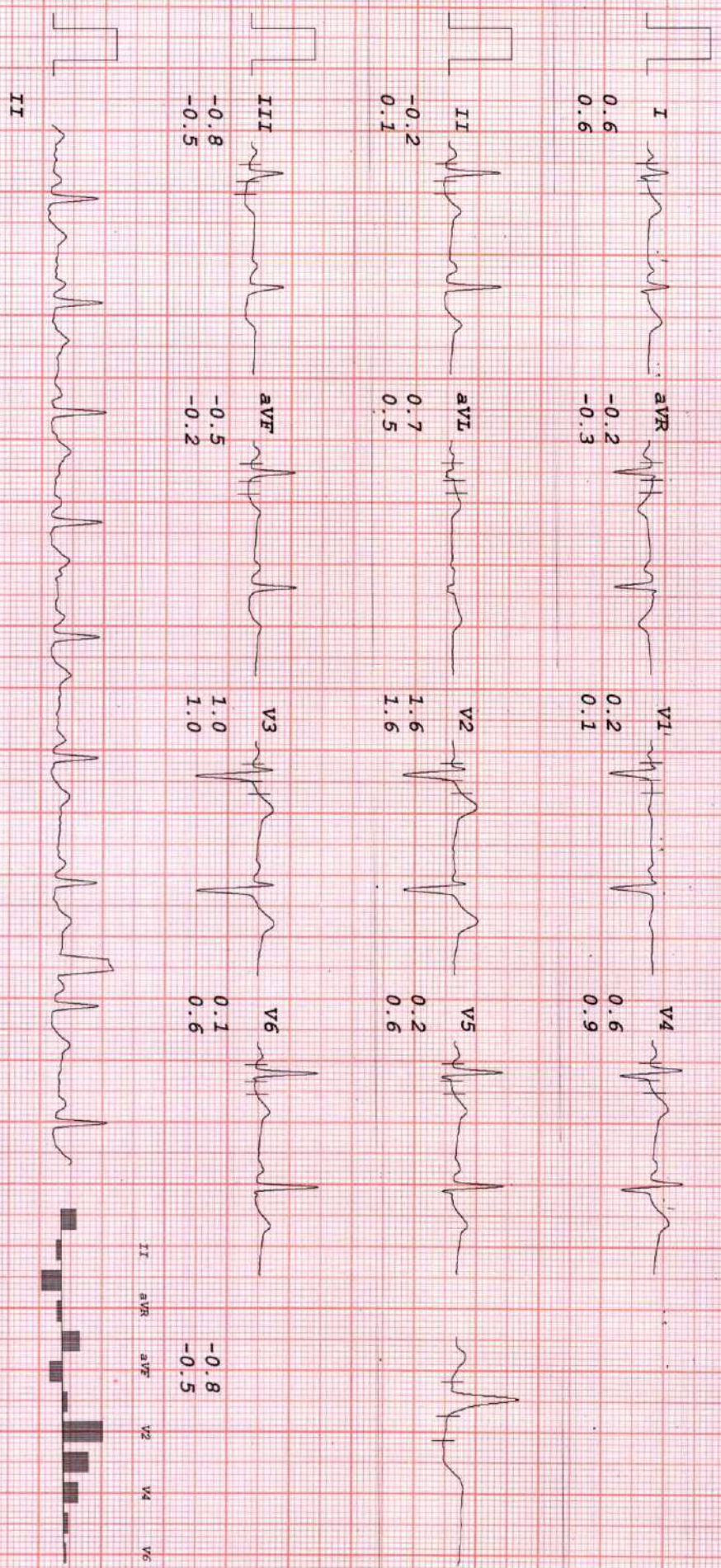
PRETEST
STANDING

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATHAK
 I. D. 582
 Age 34/M
 Date 07/09/2024

RATE 82bpm
 B.P. 120/90

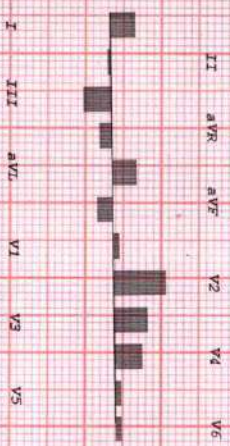
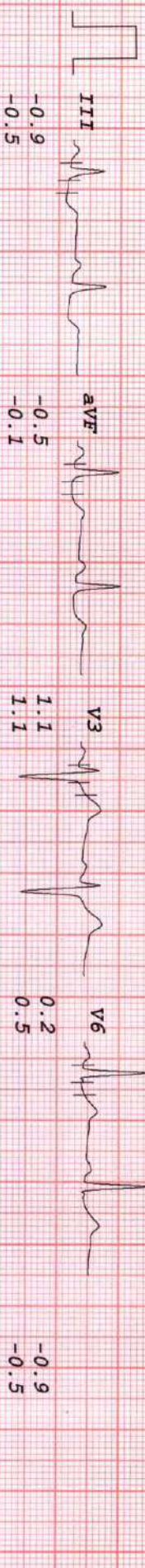
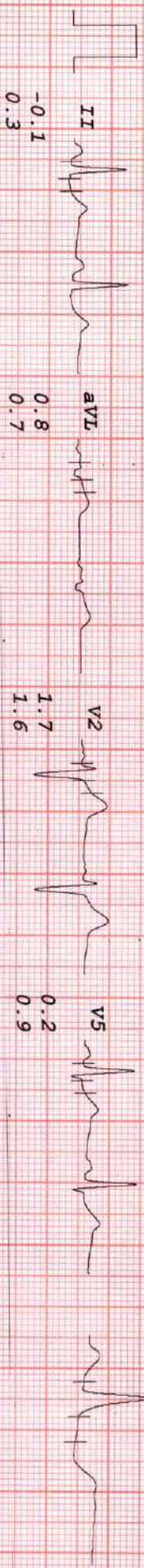
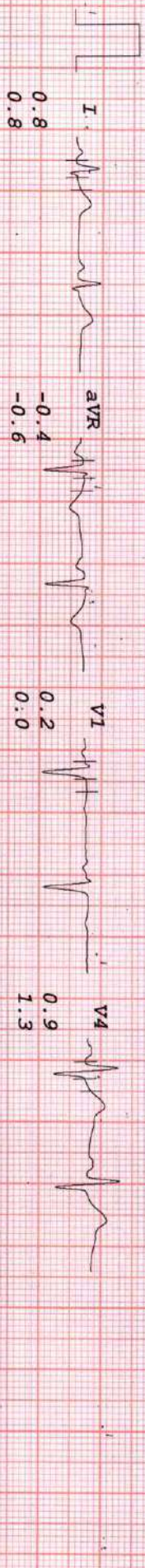
PRETEST
 HYPERVENT
 PHASE TIME 0:15

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

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HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATIL
 I.D. 582
 Age 34/M
 Date 07/09/2024

RATE 107bpm
 B.P. 120/90

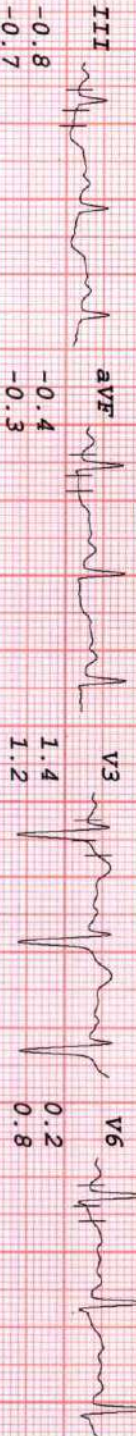
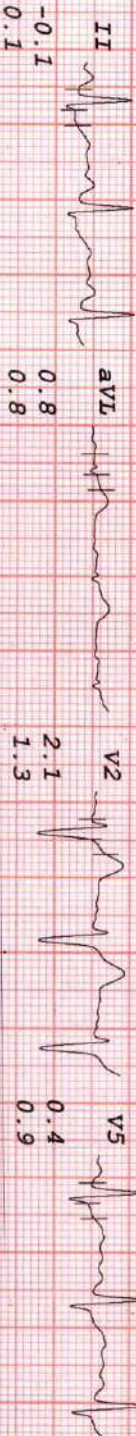
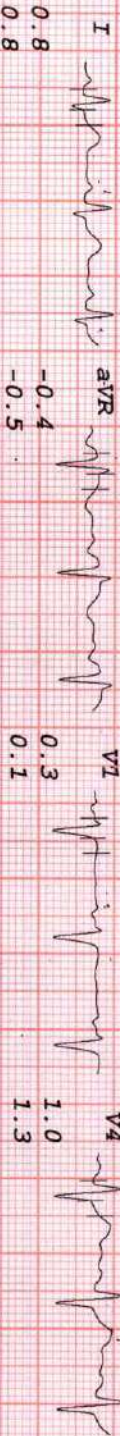
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATIL
 I.D. 582
 Age 34/M
 Date 07/09/2024

RATE 121bpm
 B.P. 130/90

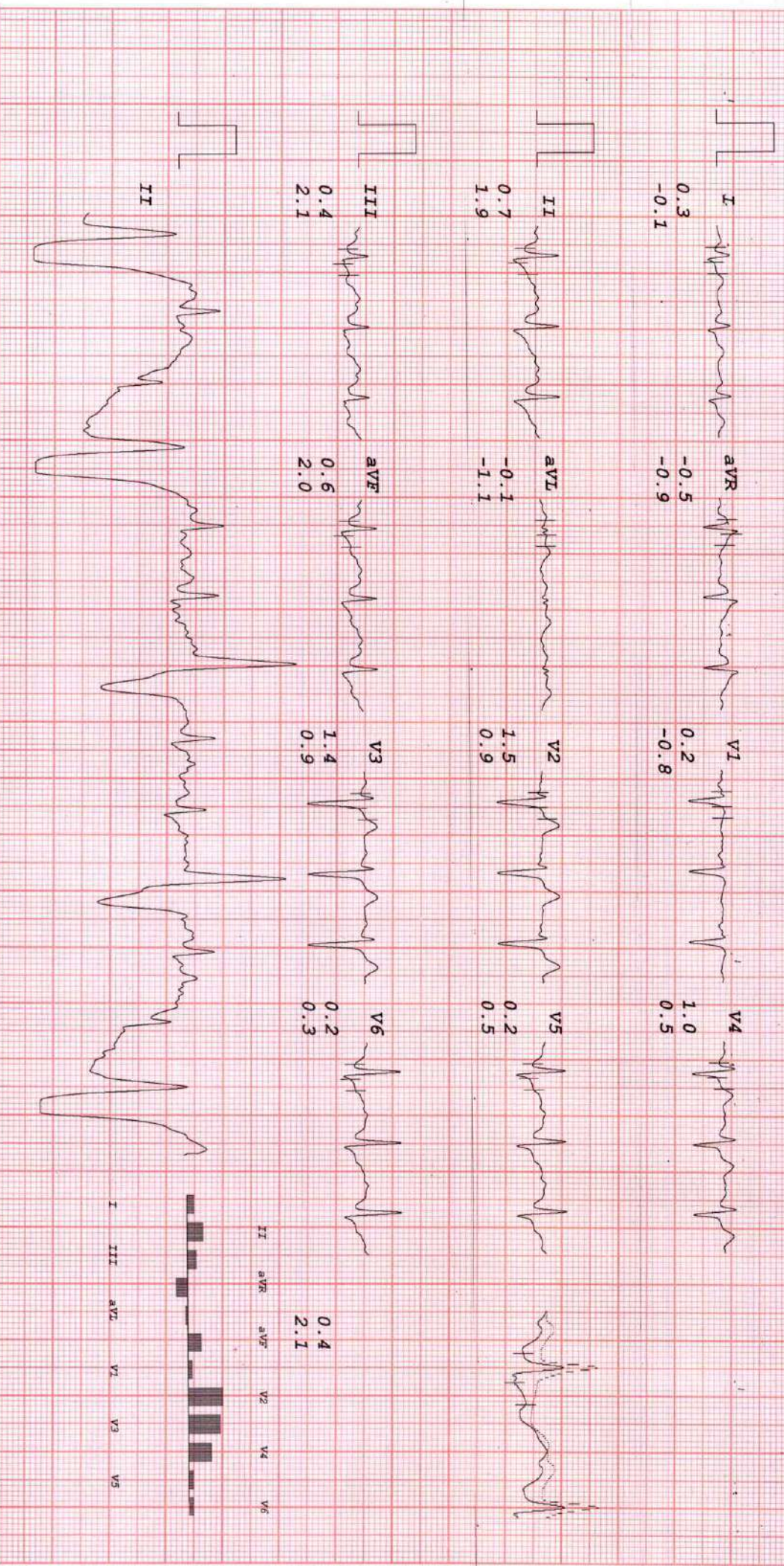
Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATHAK
 I.D. 582
 Age 34/M
 Date 07/09/2024

RATE 153bpm
 B.P. 140/90

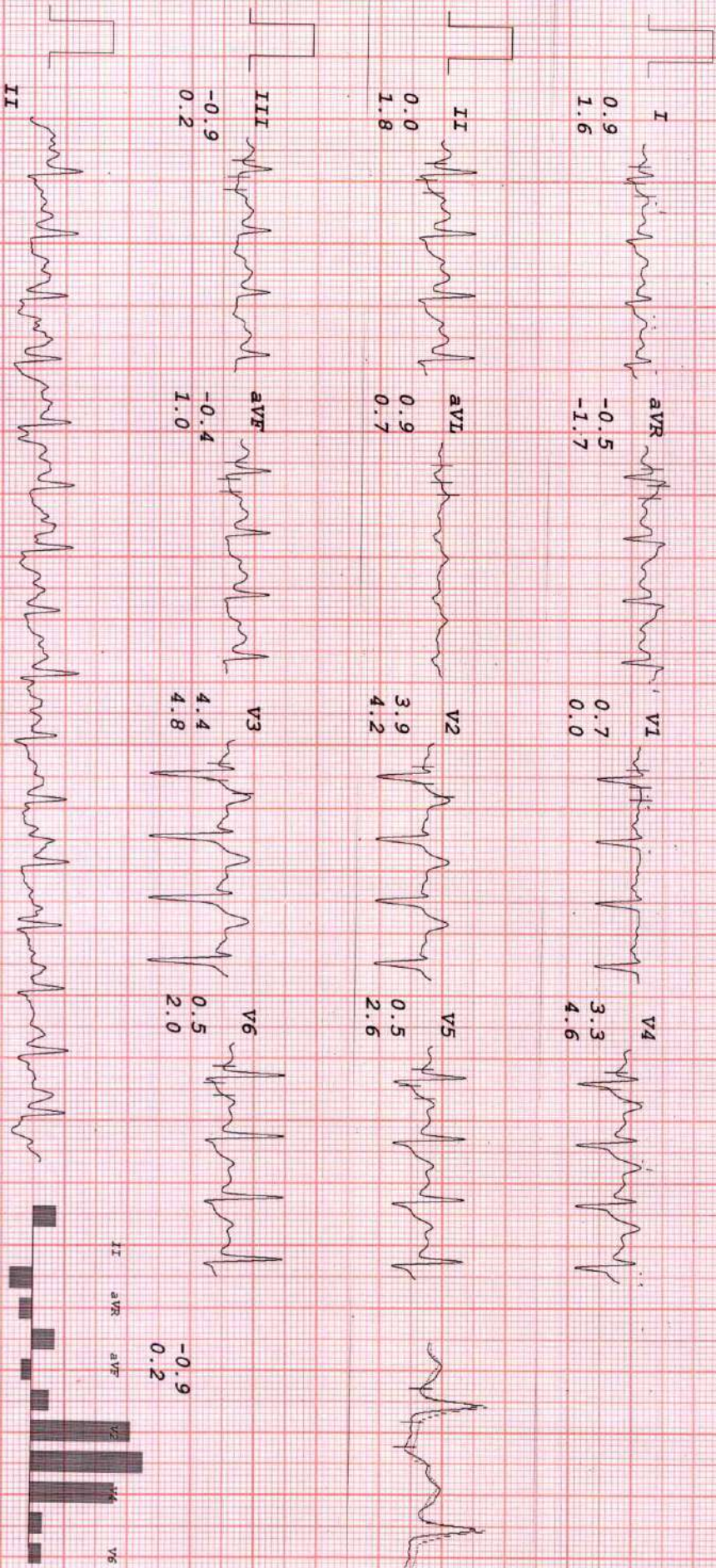
Bruce
 Stage 3
 TOTAL TIME 8:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III



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MR DEVESH PATHAK
 I.D. 582
 Age 34/M
 Date 07/09/2024

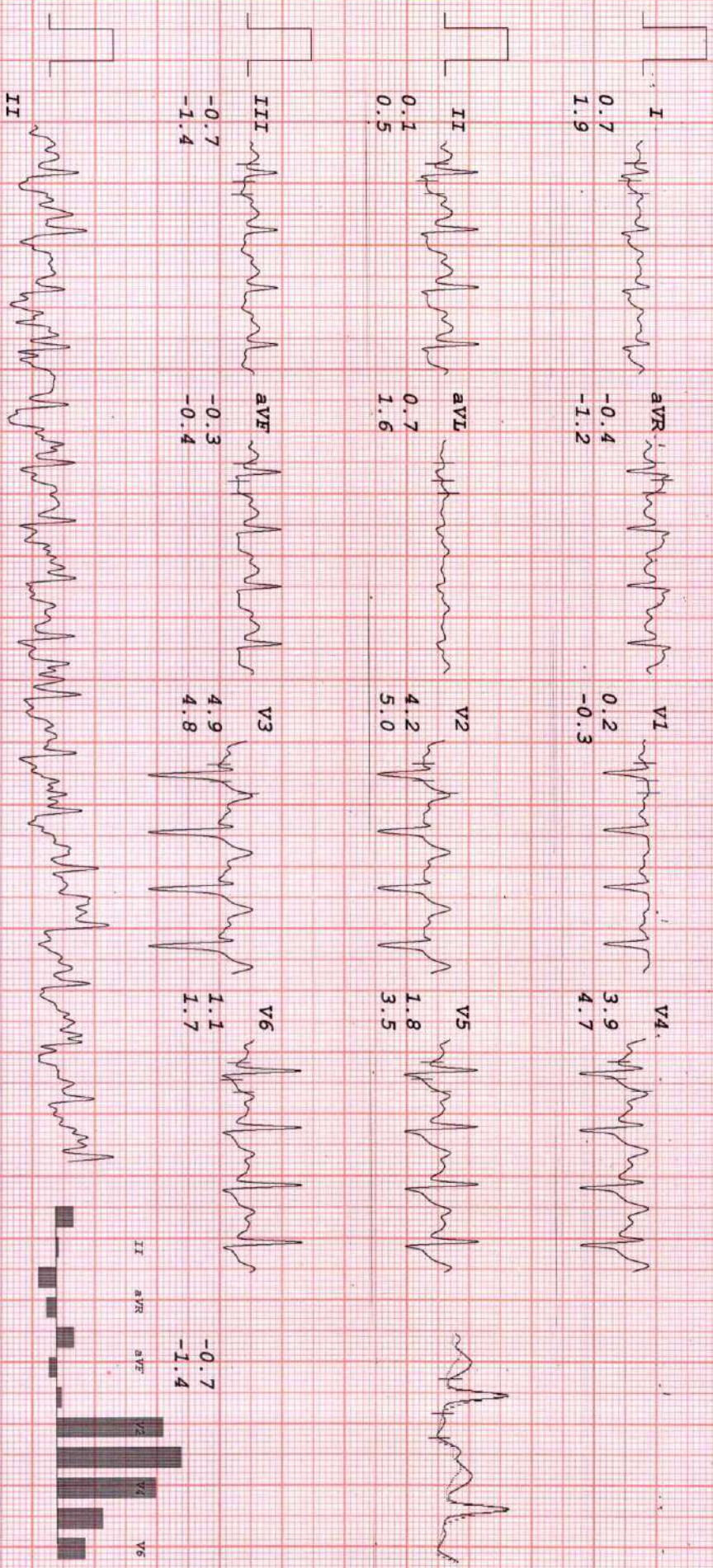
RATE 165bpm
 B.P. 140/90

Bruce
 PK-EXERCISE
 TOTAL TIME 9:45
 PHASE TIME 0:45

ST @ 10mm/mV
 80ms PostJ
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATHAK
 I.D. 582
 Age 34/M
 Date 07/09/2024

RATE 124bpm
 B.P. 140/90

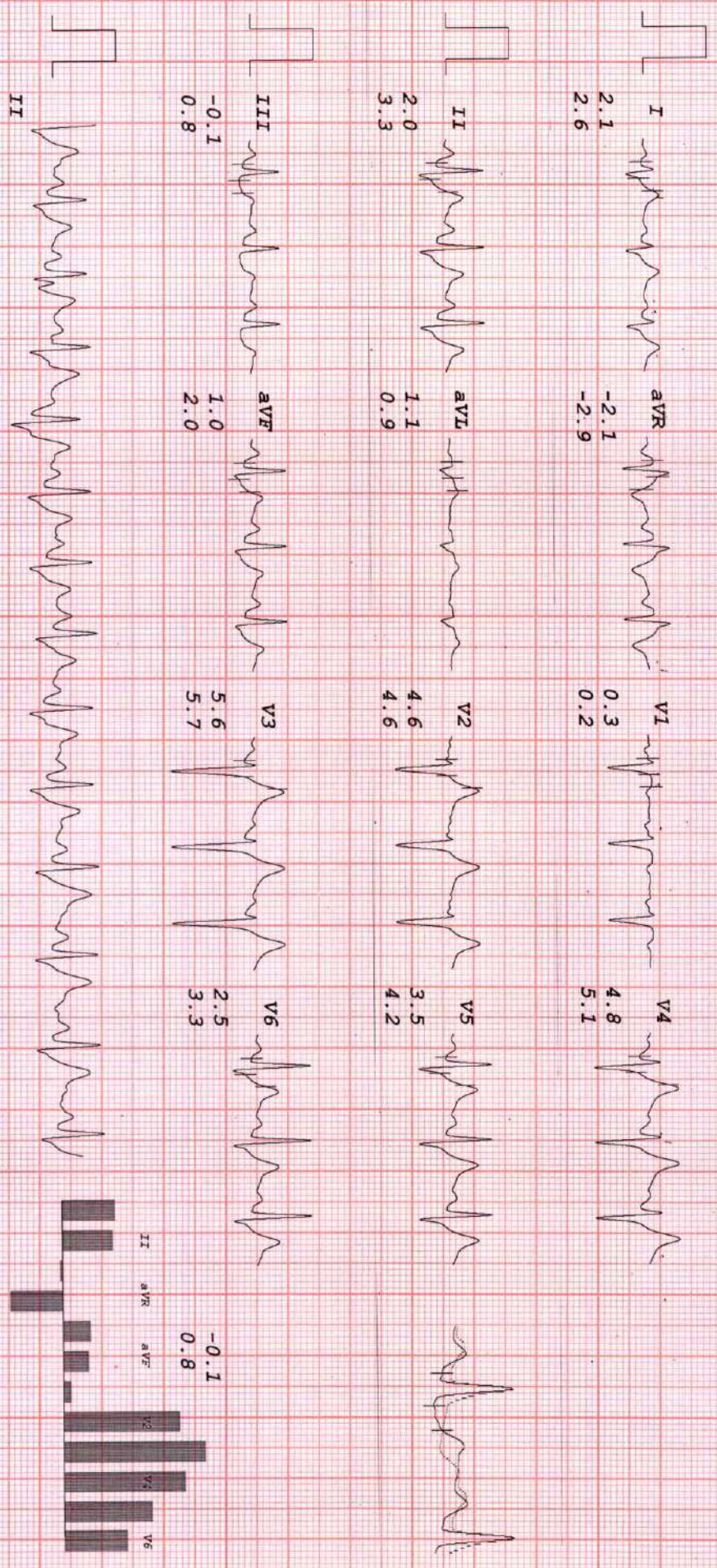
Bruce
 RECOVERY
 TOTAL TIME 10:56
 PHASE TIME 1:01

SP @ 10mm/mv
 80ms PostU

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATHAK
 I.D. 582
 Age 34/M
 Date 07/09/2024

RATE 96bpm
 B.P. 130/90

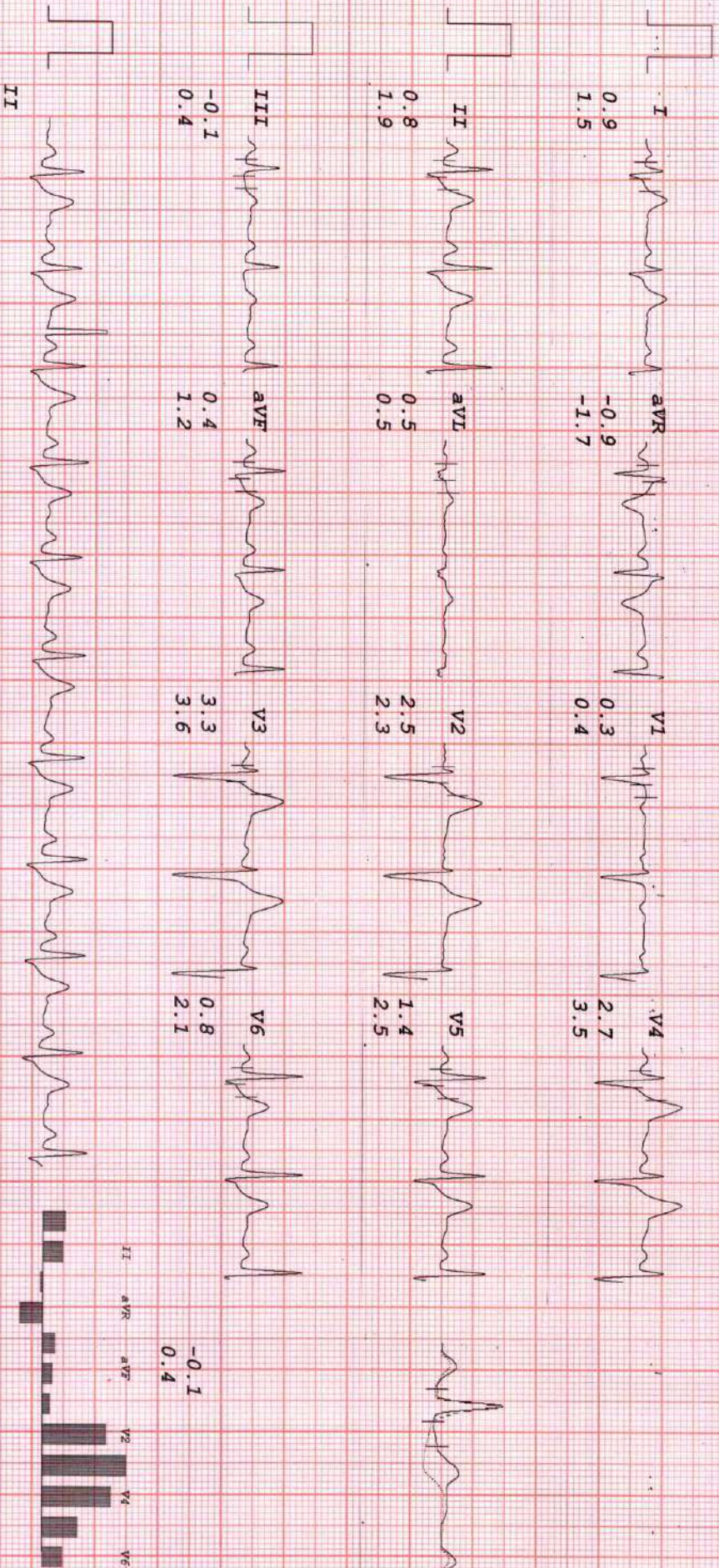
Bruce
 RECOVERY
 TOTAL TIME 11:57
 PHASE TIME 2:02

ST @ 10mm/mV
 80ms Post J

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATHAK
 I.D. 582
 Age 34/M
 Date 07/09/2024

RATE 94bpm
 B.P. 130/90

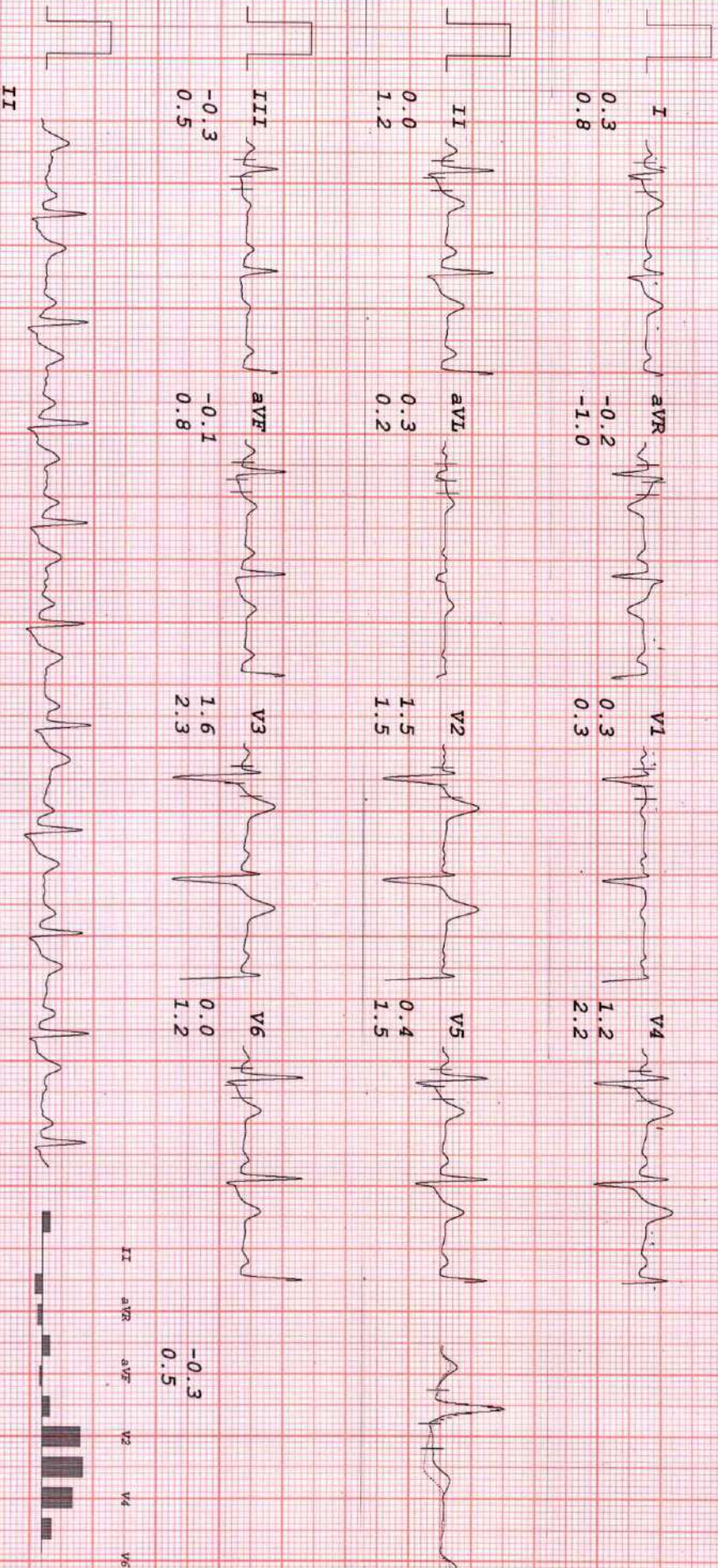
Bruce
 RECOVERY
 TOTAL TIME 12:50
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR DEVESH PATHAK
 I.D. 582
 Age 34/M
 Date 07/09/2024

Rate 96bpm
 B.P. 120/90
 Bruce
 RECOVERY
 TOTAL TIME 13:57
 PHASE TIME 4:02

ST @ 10mm/mv
 80ms Post J

LINKED MEDIAN

Mag. X 2

III

