

MER- MEDICAL EXAMINATION REPORT

Date of Examination	10/11/23		
NAME	ANUBHUTI YADAV		
AGE	27	Gender	P.
HEIGHT(cm)	164	WEIGHT (kg)	46
B.P.	100/60		
ECG	normal		
X Ray	normal		
Vision Checkup	normal.		
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	MEDICALLY FIT		




 Dr. Shikha Pathogi
 MBBS, D.C.P.
 Signature with Stamp of Medical Examiner


भारत सरकार
Government of India


व्यक्ति का नाम
Arubhuti Yadav
जन्म तिथि/DOB: 12/12/1985
लिंग / GENDER: FEMALE



4934 1499 6292

मेरा आधार, मेरी पहचान



Arubhuti
10/11/23


एन.ए.आई.
Unique Identification Authority of India

पता:
अरुभुती विष्णु यादव, बी
4/183, विहार कान्त, गुमनागर,
लुकरा,
उत्तर प्रदेश - 226010

Address:
WO: Jyotsu Yadav, B 4/183,
Vijay Khand, Gumnaagar,
Lucknow,
Uttar Pradesh - 226010

4934 1499 6292





you have been informed that 2 echo test not available facility .

if you ready than tmt test can be start



You have been informed that ent ~~██████~~ gynac, othal diet consultation facility is not available at our centre. If you are ready then your test can be start.

Ok





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 10-Nov-2023		
Name	: Mrs. ANUBHUTI YADAV	Age	: 37 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

Haemoglobin	12.9	gm%	11 - 14
-------------	------	-----	---------

Total Leucocyte Count	4800	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

Differential Leucocyte Count			
Polymorphs	64	%	45 - 70
Lymphocytes	22	%	20 - 45
Ecsinophils	06	%	0 - 6
Monocytes	08	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	12	mm in 1st Hr.	0 - 19
PCV	39.5	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19

Platelet Count	0.66	lakh/cumm.	1.5 - 4.0
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Red Cells Count	4.34	million/cmm	3.90 to 4.60
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Absolute values			
MCV	91.1	fL	77 - 97
MCH	29.9	pg	27 - 31
MCHC	31.8	gm /dl	31 - 34

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
Contd.. M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date	: 10-Nov-2023	Age	: 37 Yrs.
Name	: Mrs. ANUBHUTI YADAV	Sex	: Female
Ref.By	: APOLLO HEALTH		

General Blood Picture

RBCs RBCs are Normocytic & Normochromic.
No Normoblasts are seen.

WBCs TLC is within normal range.
DLC shows normal counts.
No immature cells of WBC seen.

PLATELETS Platelets are reduced in number and morphology.

OTHERS No haemoparasites are seen.

IMPRESSION THROMBOCYTOPENIA

Plasma Glucose - F GOD-POD Method	79	mg/dl	70 - 110
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Plasma Glucose - PP GOD POD Method	105	mg/dl	110 - 170
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Urine Sugar (Fasting)	NIL
-----------------------	-----

Urine Sugar (PP)	NIL
------------------	-----

KFT			
UREA	16.4	mg %	15 - 50
CREATININE	0.91	mg %	0.5 - 1.5
URIC ACID	5.0	mg %	2 - 6
CALCIUM	9.1	mg %	8.8 - 10.0

Blood Group & Rh	"AB" Positive
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Date : 10-Nov-2023

Name : **Mrs. ANUBHUTI YADAV**

Ref.By : APOLLO HEALTH

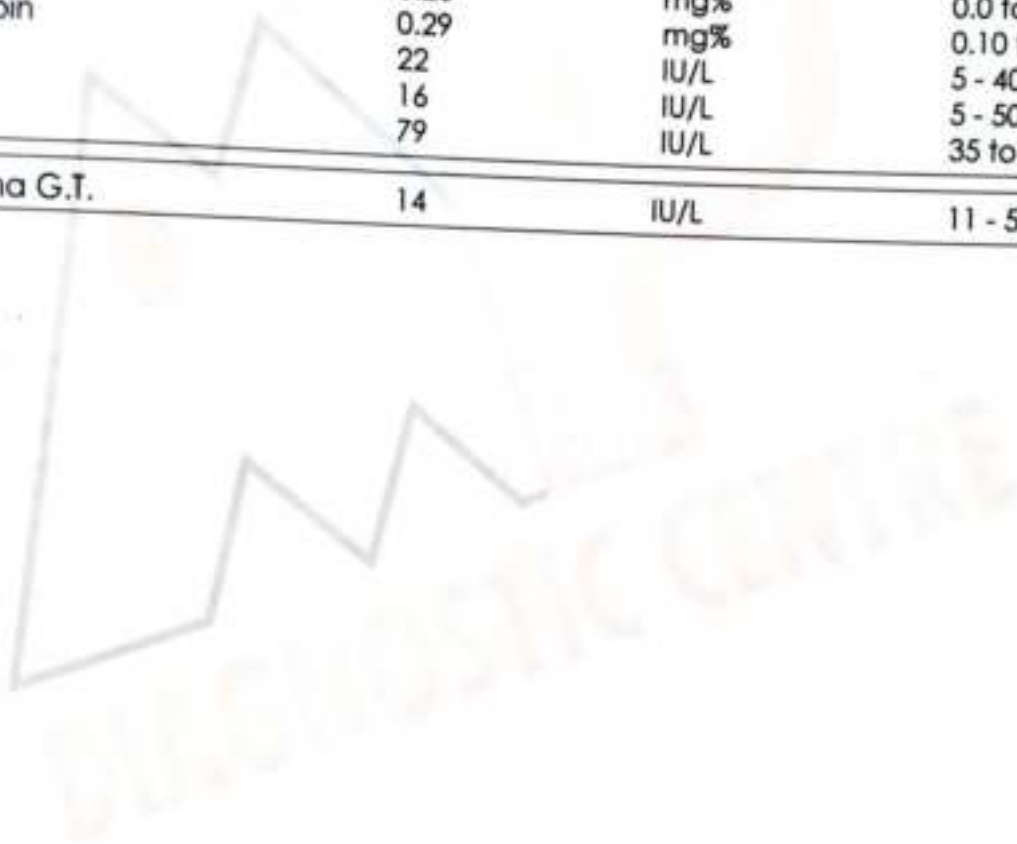
Age : 37 Yrs.

Sex : Female

LFT T&D

Total Bilirubin	0.49	mg%	0.2 - 1.0
Direct Bilirubin	0.20	mg%	0.0 to 0.40
Indirect Bilirubin	0.29	mg%	0.10 to 0.90
S.G.P.T	22	IU/L	5 - 40
S.G.O.T	16	IU/L	5 - 50
ALP	79	IU/L	35 to 104

Serum Gamma G.T.	14	IU/L	11 - 50
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Page 3
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Date	: 10-Nov-2023	
Name	: Mrs. ANUBHUTI YADAV	Age : 37 Yrs.
Ref.By	: APOLLO HEALTH	Sex : Female

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.3	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

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Date : 10-Nov-2023

Name : Mrs. ANUBHUTI YADAV

Age : 37 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

LIPID PROFILE

Triglycerids	56	mg%	70 - 190
S. Cholestrol S.	143	mg%	130 - 230
S. HDL Cholestrol	39.1	mg%	35 - 75
S. LDL Cholestrol	92.7	mg%	75 - 150
VLDL	11.2	mg%	0 - 34
Chol / HDL factor	3.66		
LDL / HDL Factor	2.37		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 10-Nov-2023	Age : 37 Yrs.
Name : Mrs. ANUBHUTI YADAV	Sex : Female
Ref.By : APOLLO HEALTH	

THYROID TEST

Tri-iodothyronine (T3)	1.60	nmol/L	0.50 to 2.50
Thyroxine (T4)	7.48	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.38	mlU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propanolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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TEST REQUEST ID :012311100005	SAMPLE DATE	:10/Nov/2023 08:30AM
NAME :Mrs. ANUBHUTI YADAV	SAMPLE REC. DATE	:10/Nov/2023 08:30AM
AGE/SEX :37 YRS/FEMALE	REPORTED DATE	:10/Nov/2023 12:47PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01100005

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
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DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
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DMRD Consultant Radiologist FACILITY AVAILABLE

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Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Patient name: MrS Anubhuti Yadav
Ref By. Apollo Health

Age/Sex 37/F
10/11/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	76/mt
3. Ventricular Rate	:	76/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.

AMIT MOHAN MD
Reg. No. 44559
Signature of Doctor

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

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Name Anurhathi Yadav

Age Yrs M/F

10mm/mV

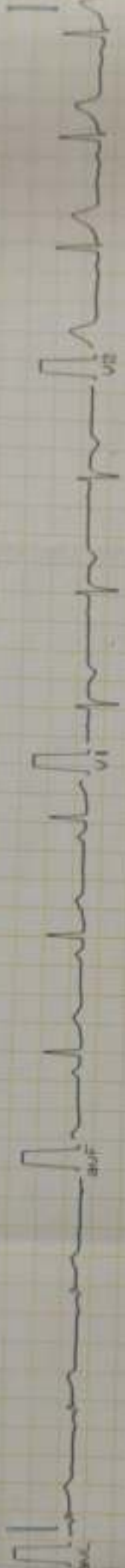
25mm/s

0.1-35 Hz R.C



LaculvMedi ECGSD-1CH

Dr.



DR. AMIT MISHRA
 MD
 Reg. No. 44659



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NAME	:Mrs. ANUBHUTI YADAV	SAMPLE REC. DATE	:10/Nov/2023 08:30AM
AGE/SEX	:37 YRS/FEMALE	REPORTED DATE	:10/Nov/2023 12:01PM
REFERRED BY	: Apollo Health and Lifestyle Limited,	BARCODE NO	:01100005

USG WHOLE ABDOMEN-FEMALE

Liver: is normal in size (122 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (85 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 87 x 32 mm & LK – 91 x 50 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Uterus is normal in size (70 x 38 x 33 mms), shape and echotexture. It is anteverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal.

DR. PANKAJ UPADHYAYA
Consultant Radiologist

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M.B.B.S., DCP

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Cervix shows nabothian cyst of 3.7 x 3.3 x 2.0 mm, with normal shape and echotexture. No evidence of collection in cervical canal.

Bilateral Ovaries and adnexae A simple anechoic cyst of size 27 x 25 mm is seen in left ovary, no internal vascularity / septation is seen. Right ovary is normal 27 x 25 mm in size, shape and echotexture. No other abnormal adnexal solid or cystic mass lesion is seen in contra lateral ovary.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION:

- SIMPLE LEFT OVARIAN CYST (FUNCTIONAL)
- NABOTHIAN CYST IN CERVIX

*** End Of Report ***

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Gomti Nagar Lucknow

Report



ANUBHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg

Date: 10 - 11 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	093	51 %	100/60	093	00	
Standing	00:07	0:04	00.0	00.0	01.0	093	51 %	100/60	093	00	
HV	00:11	0:04	00.0	00.0	01.0	094	51 %	100/60	094	00	
ExStart	00:35	0:24	00.0	00.0	01.0	106	58 %	100/60	105	00	
BRUCE Stage 1	03:35	3:00	02.7	10.0	04.7	115	63 %	122/82	140	00	
BRUCE Stage 2	06:35	3:00	04.0	12.0	07.1	132	72 %	132/88	174	00	
PeakEx	07:13	0:38	05.5	14.0	07.8	160	87 %	144/92	230	00	
Recovery	08:13	1:00	00.0	00.0	01.2	123	67 %	142/90	174	00	
Recovery	09:13	2:00	00.0	00.0	01.0	105	57 %	138/86	144	00	
Recovery	10:13	3:00	00.0	00.0	01.0	093	51 %	134/84	124	00	
Recovery	10:36	3:23	00.0	00.0	01.0	098	54 %	126/80	123	00	

FINDINGS :

Exercise Time : 06:38
Max HR Attained : 160 bpm 87% of Target 183
Max BP Attained : 144/92 (mm/Hg)
Max WorkLoad Attained : 7.8 Fair response to induced stress
Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.


 DR. AMIT MOHAN
 M.D.
 Reg. No. A-14559

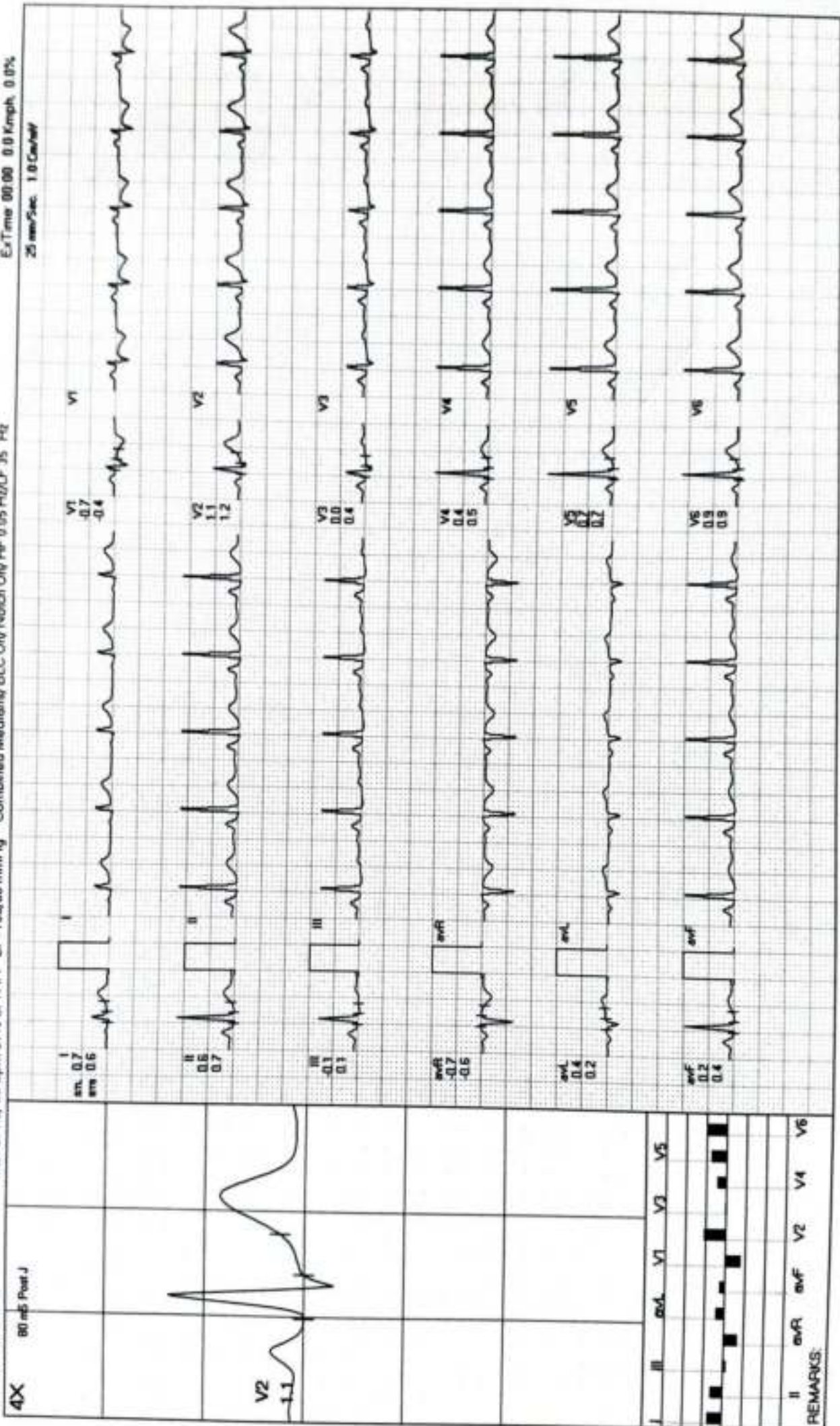
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ANUBHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 93

BRUCE:Supine(0:05)



Date: 10-11-2023 METS: 1.0/93 bpm 51% of THR BP: 100/60 mmHg Combined Meds/BLC On/Noch On/HF 0.95 Hz/AF 35 Hz ExTime 00:00 0.0 Kmph 0.0%





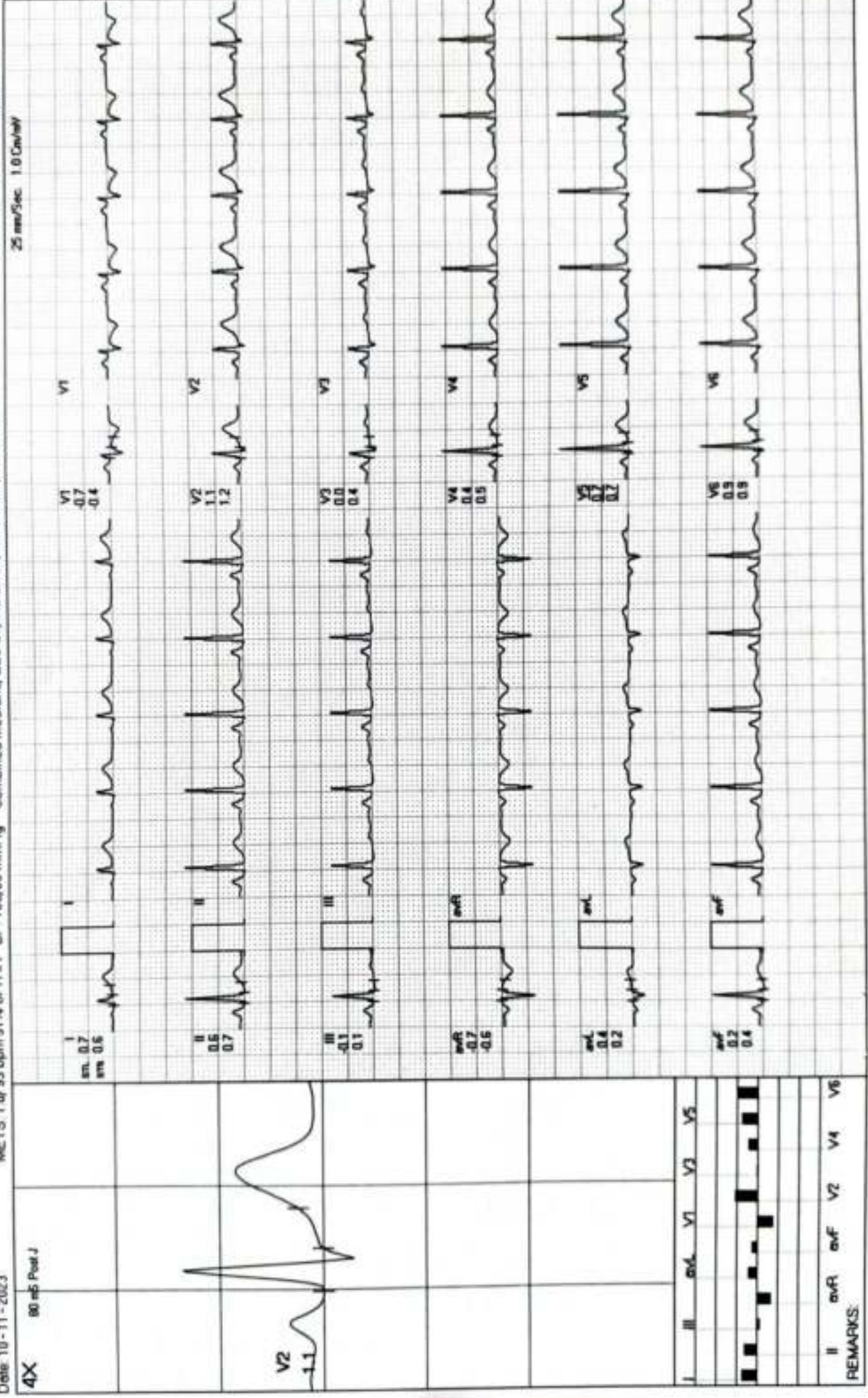
BRUCE: Standing(0:04)

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ANUBHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 93

ExTime 00:00 0.0 Kmph. 0.0%

MEETS: 1.0/ 93 bpm 51% of Th-R BP: 100/60 mmHg Combined Medians/BLC On/ Match Ov/ HF 0.05 Hz/LF 35 Hz



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ANUBHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 94

BRUCE:HV(0:06)

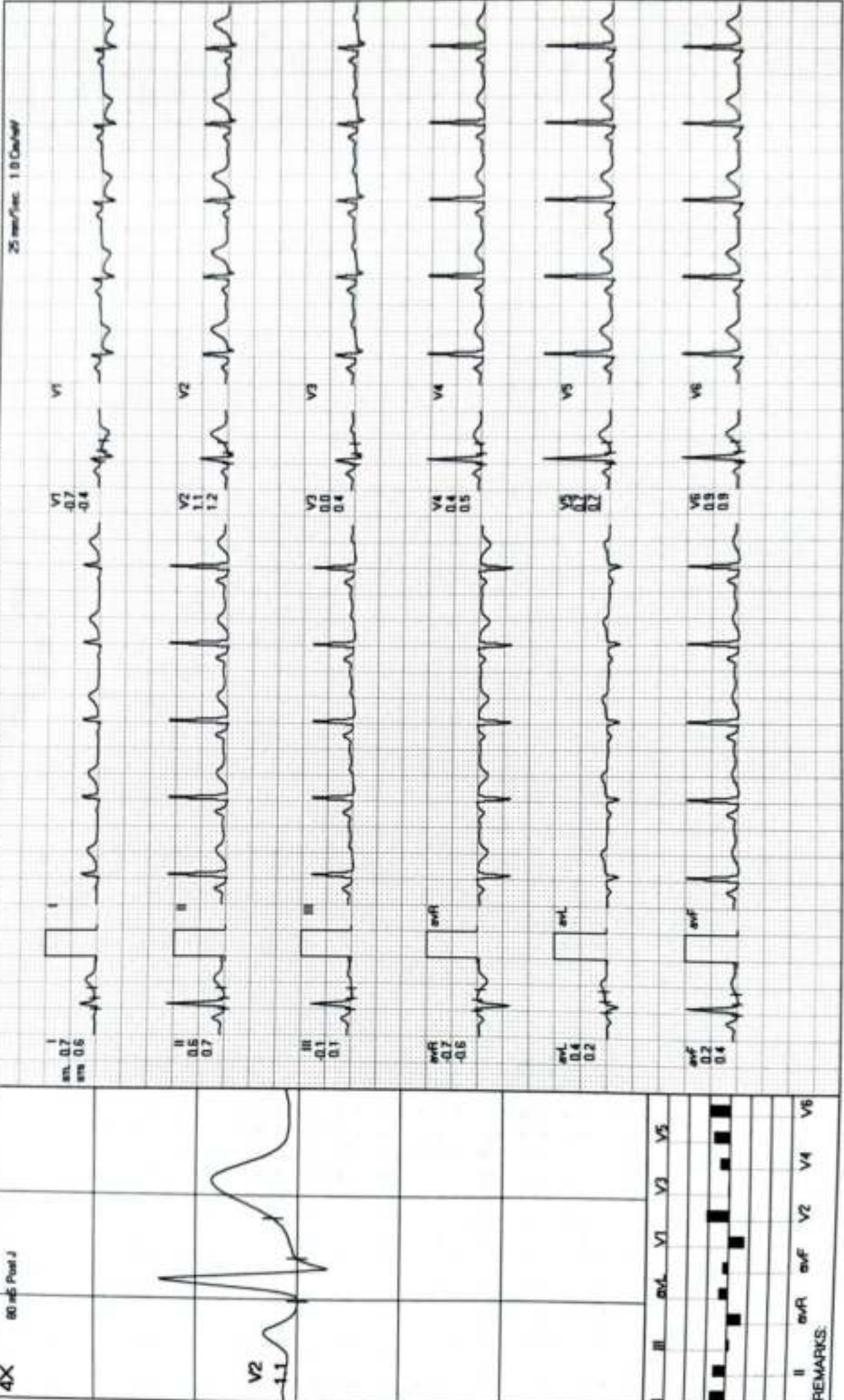


Date: 10-11-2023

METS 1.0/94 bpm 51% of THR BP: 100/60 mmHg Combined Medians/BLC On/Notch On/FF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmpt. 0.0%

4X 60 s Post J



Lead	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
ST-T												
Q												
R												
S												
T												
U												
REMARKS	<p>II avR avF V2 V4 V6</p>											

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANUSHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 106



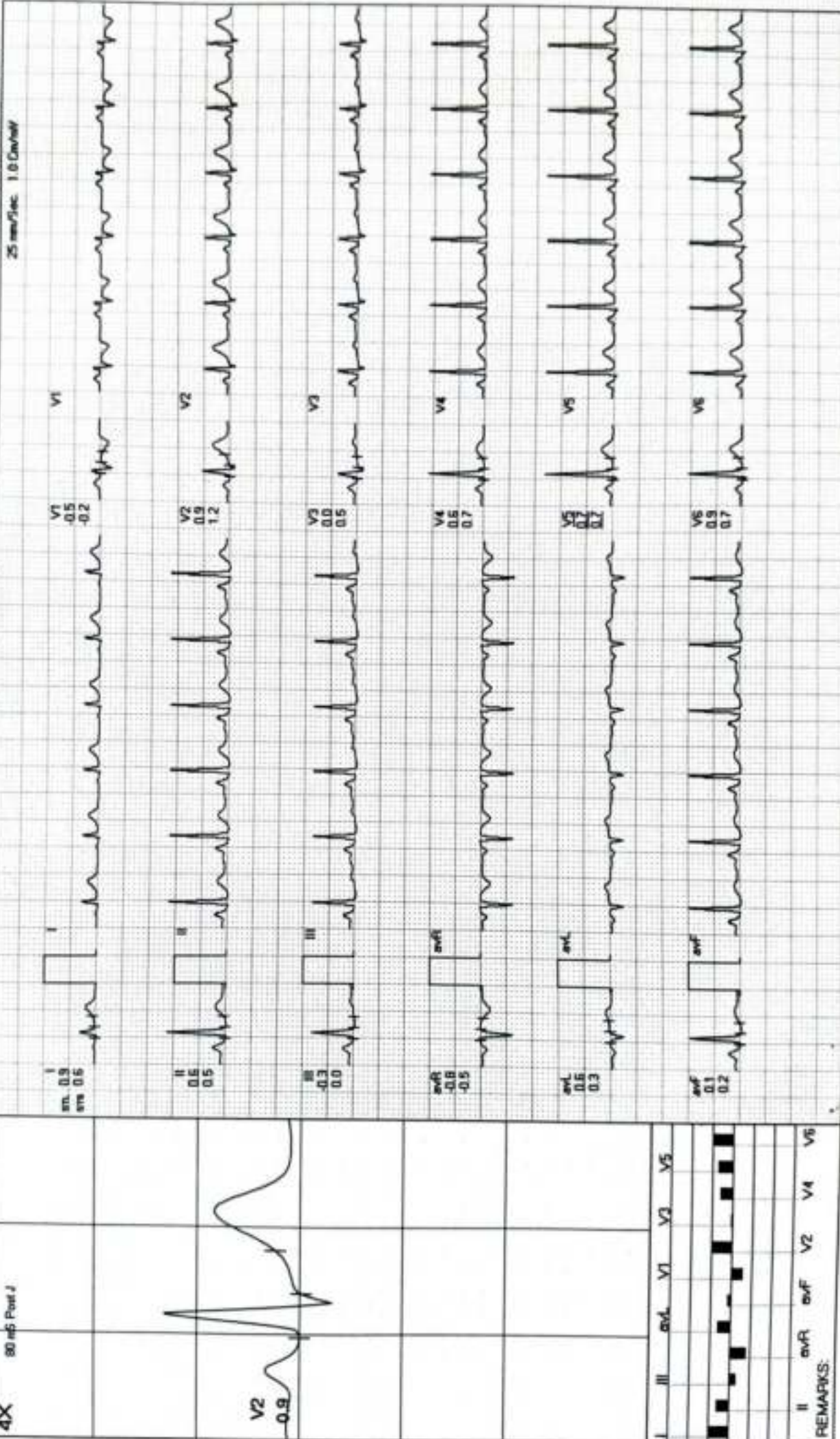
ExStart

Date: 10-11-2023

METS: 1.0/106 bpm 58% of TH-R BP: 100/60 mmHg Combined Mediana/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%

4X 90 mS Post J



REMARKS: II aVR aVL V2 V4 V6

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANUSHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 115

BRUCE: Stage 1(3:00)

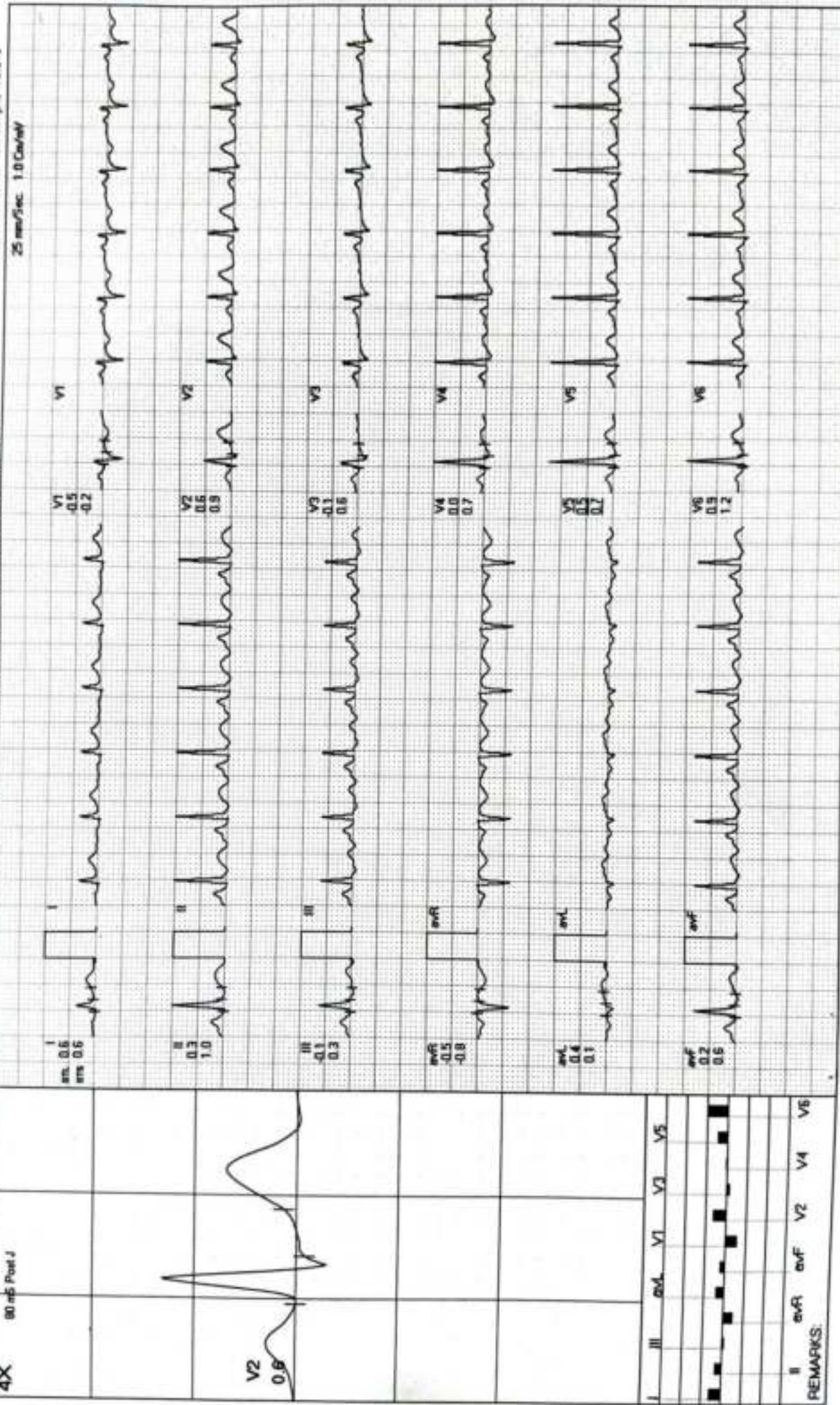


Date: 10-11-2023

MEETS: 4.7/115 bpm 63% of THR BP: 122/82 mmHg Combined Medians/ ELC On/ HF 0.05 Hz/ LF 35 Hz

ExTime 03:00 2.7 Kmph. 10.0%

4X 80 mV Post J



REMARKS:

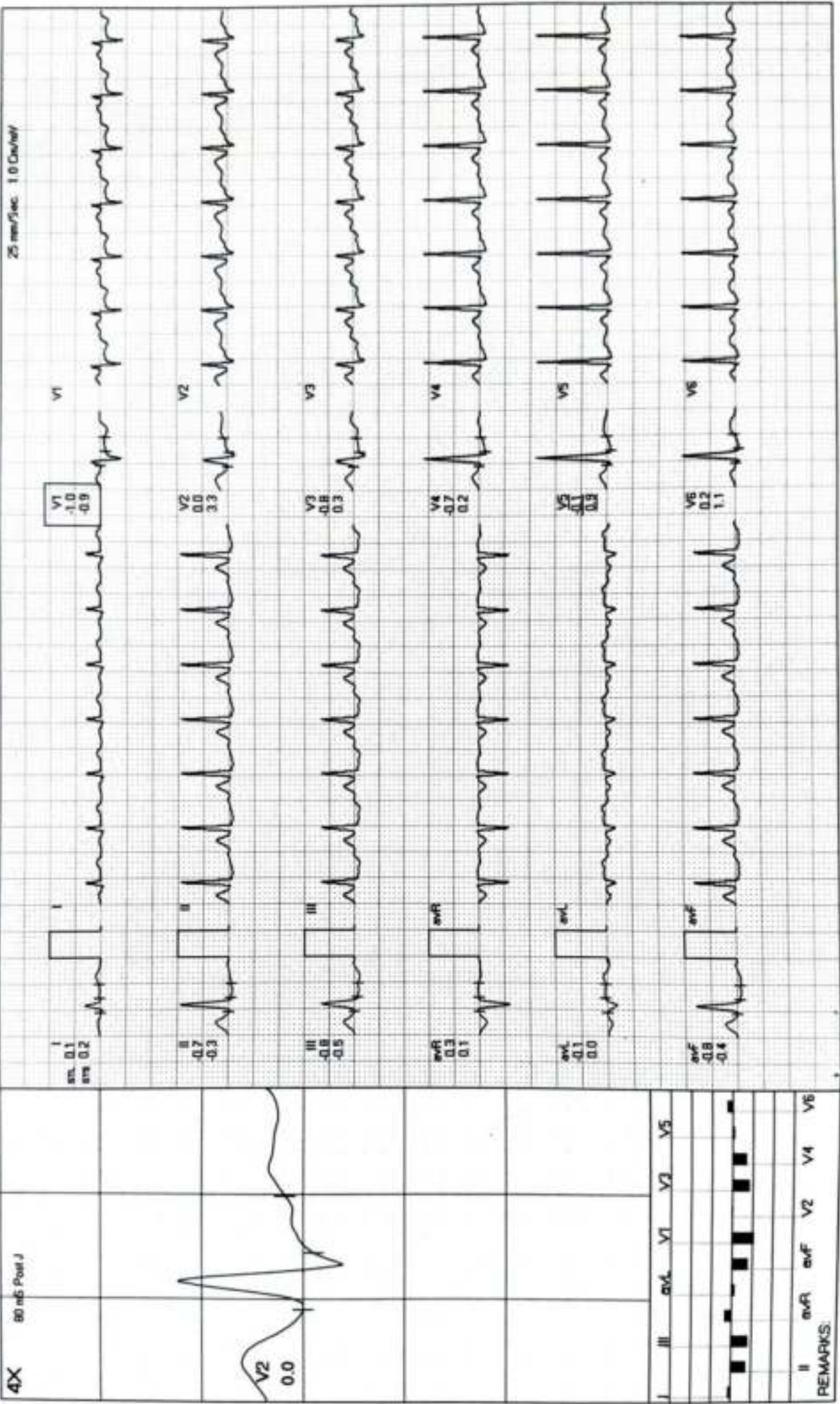


BRUCE: Stage 2(3:00)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANUSHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 132

Date: 10-11-2023 METS: 7.1/132 bpm 72% of THR BP: 132/88 mmHg Combined Mediens/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 4.0 Kmph, 12.0%



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANUSHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 160

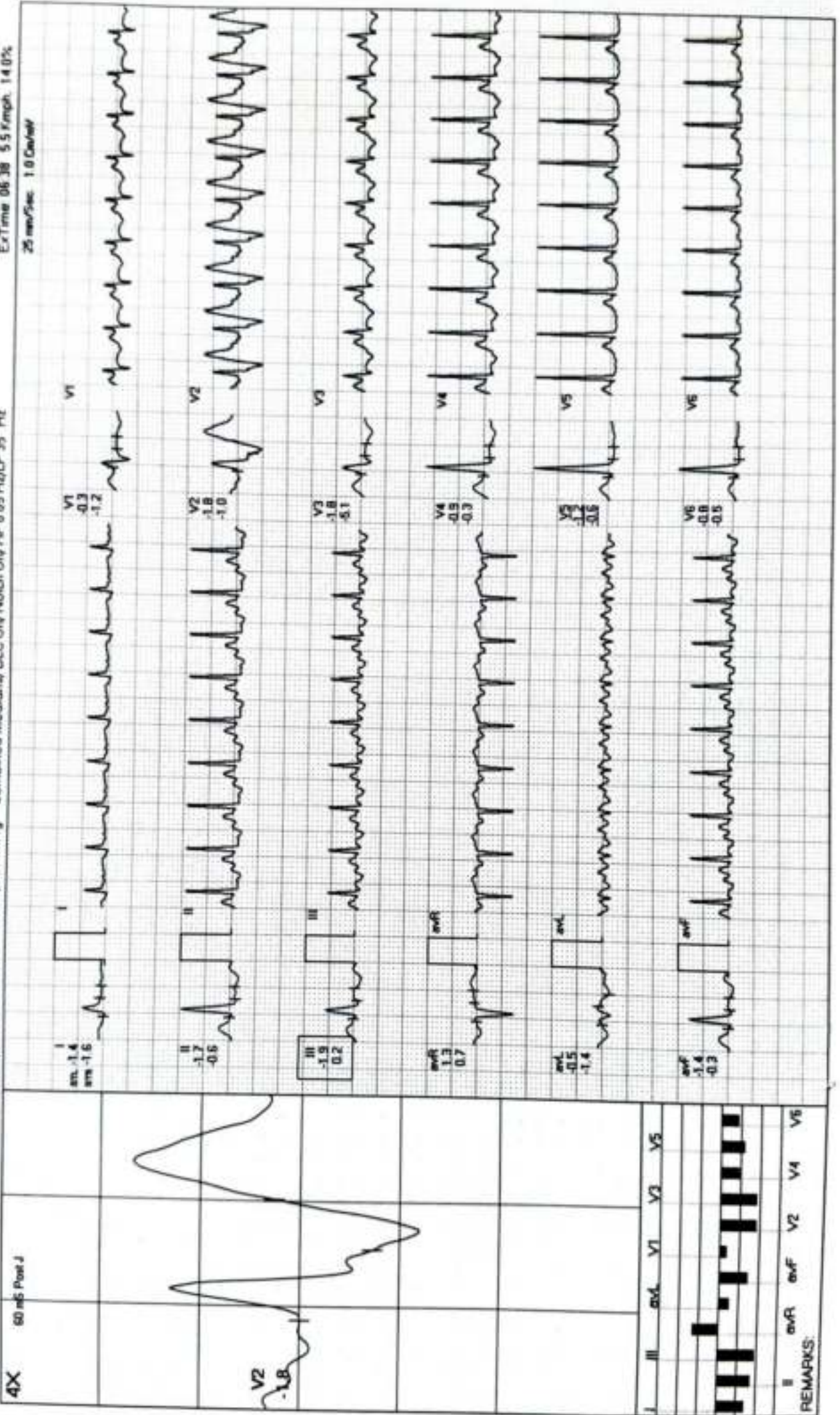
PeakEx



Date: 10-11-2023

METS: 7.8 / 160 bpm 87% of THR BP: 144/92 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 06:38 5.5 Kmph 14.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANUBHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 123

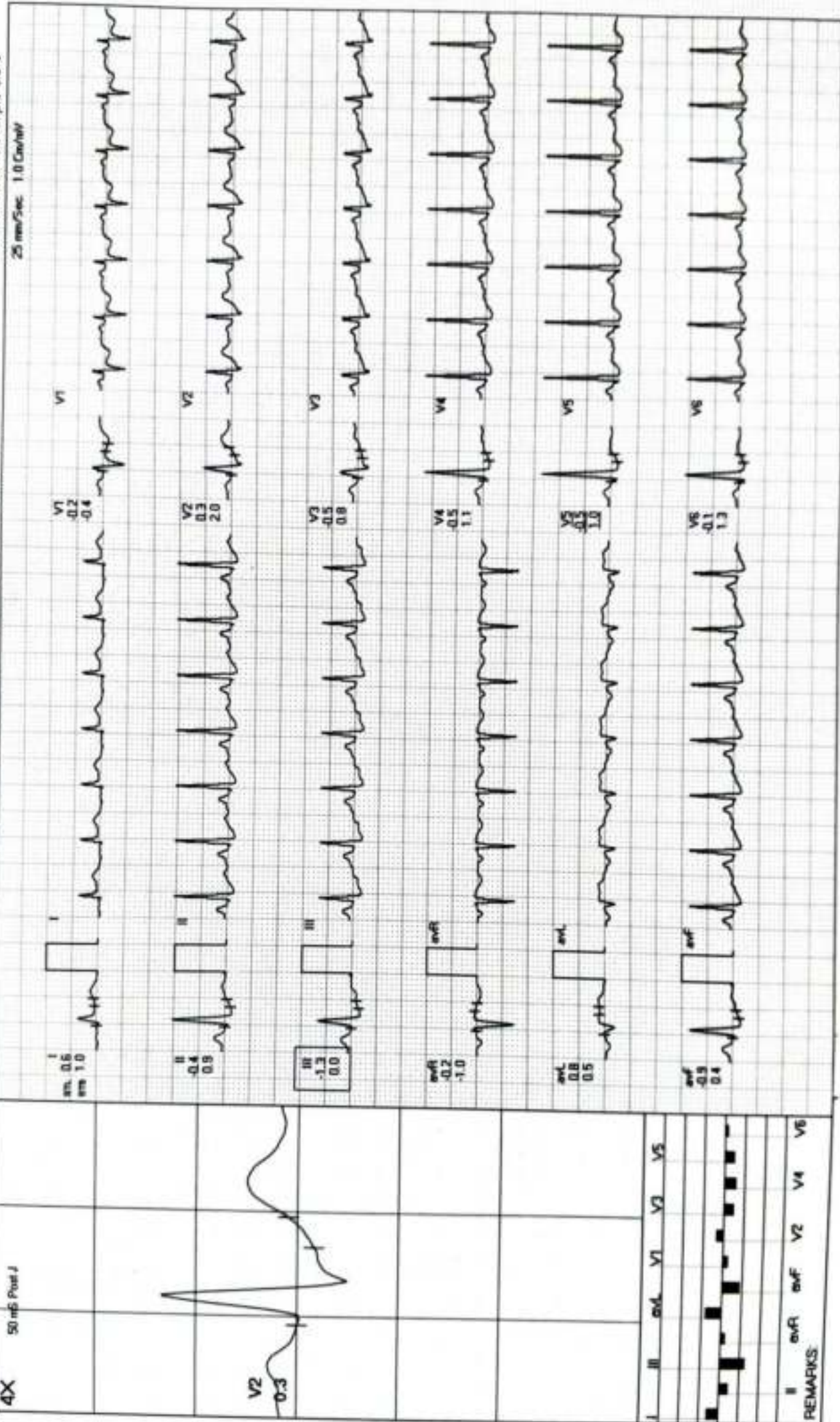
Recovery(1:00)



Date: 10-11-2023

METS: 1.2/123 bpm 67% of THR BP: 142/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:38 0.0 Km/h 0.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANUSHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HFR : 105

Recovery(2:00)

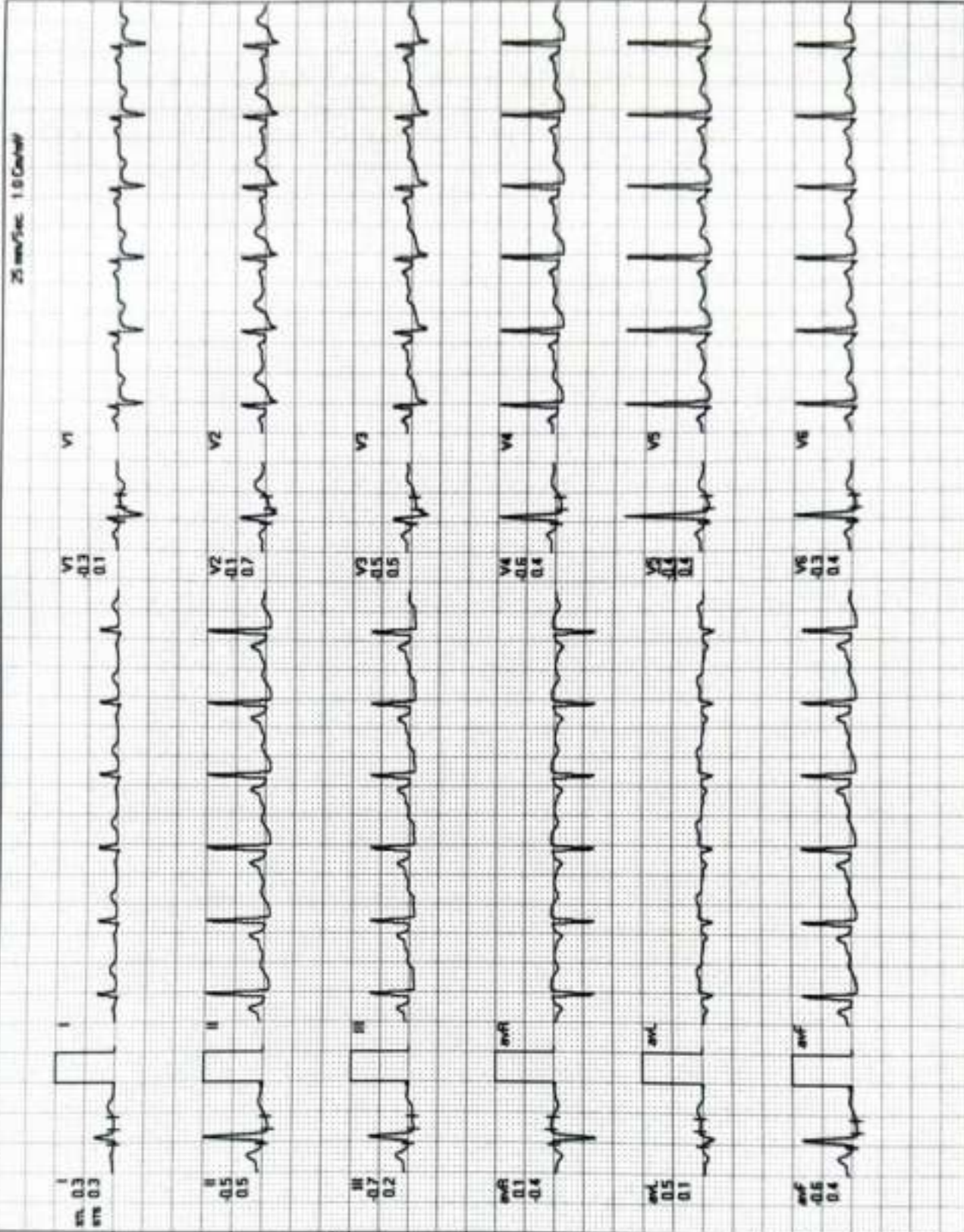
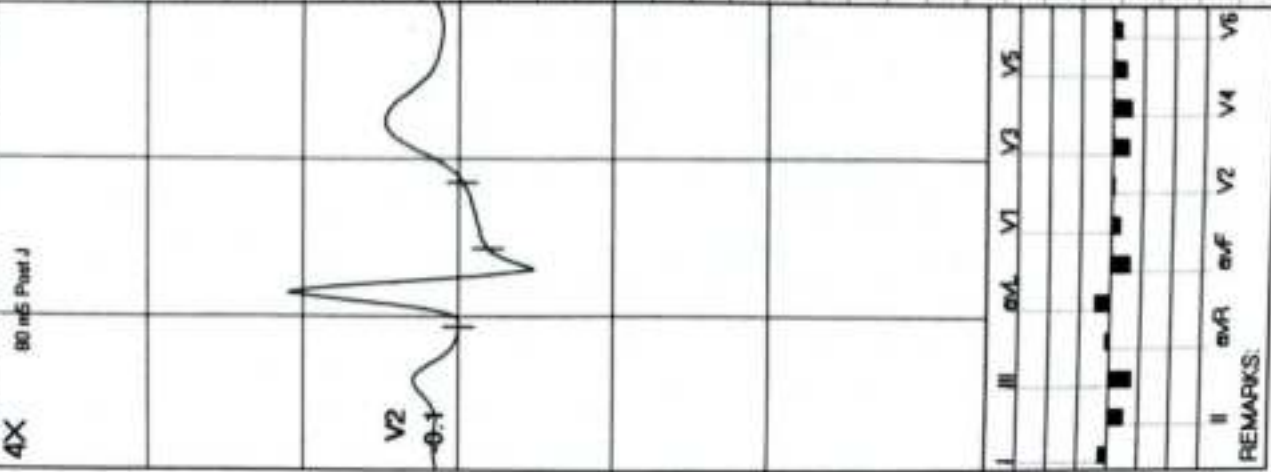


Date: 10 - 11 - 2023

METS: 1.0 / 105 bpm 57% of THR BP: 130/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:38 0.0 Kmph 0.0%

4X 90 mS Print J



REMARKS:

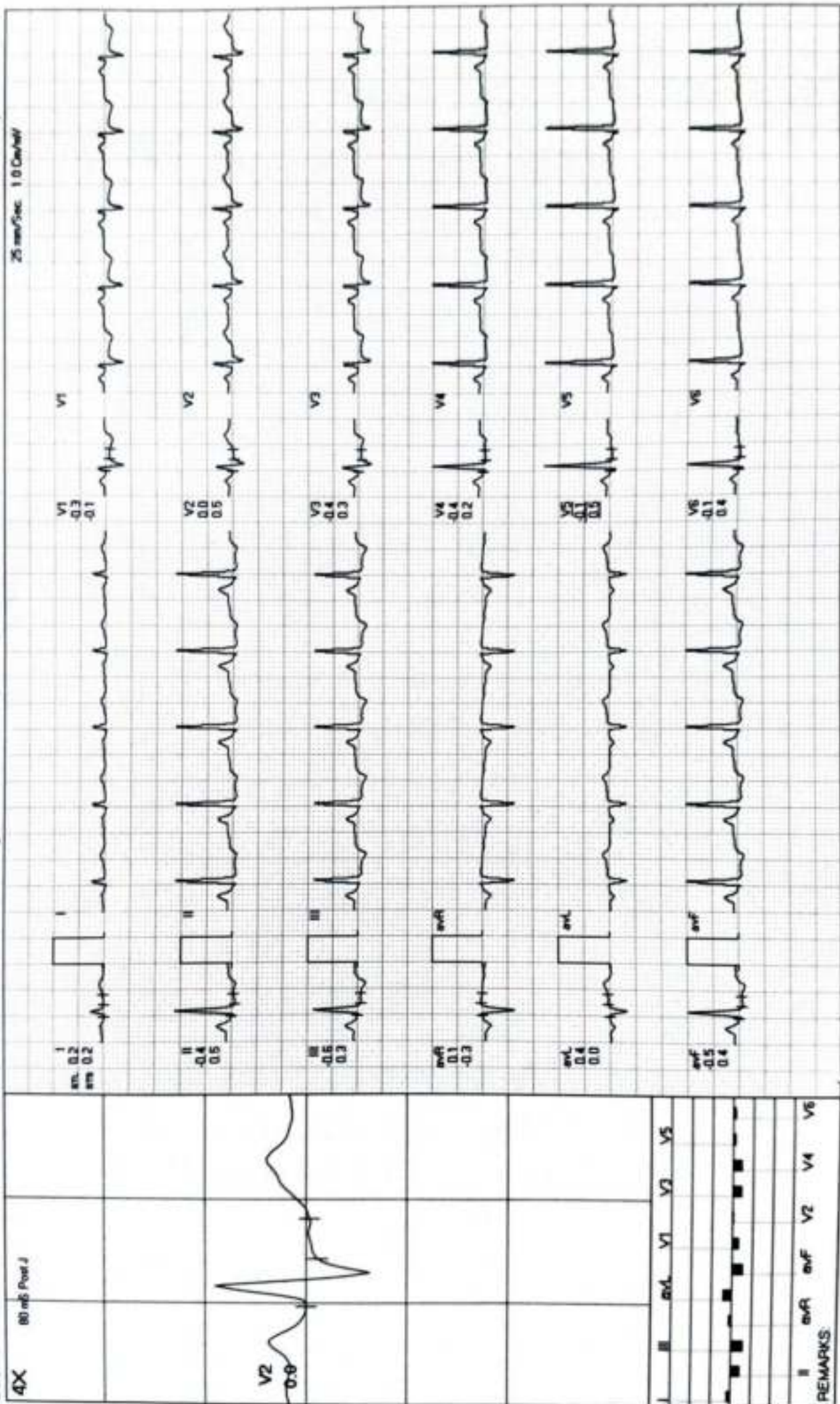
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANUBHUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR : 93

Recovery(3:00)



Date: 10-11-2023 METS: 1.0/93 bpm 51% of Ther BP 134/84 mmHg Combined Medians/ BLC On/ Notch On/ MF 0.05 Hz/LF 35 Hz ExTime 06:38 0.0 Kmph 0.0%



REMARKS

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANUSHUUTI YADAV / 37 Yrs / F / 164 Cms / 46 Kg / HR . 98

Recovery(3:23)

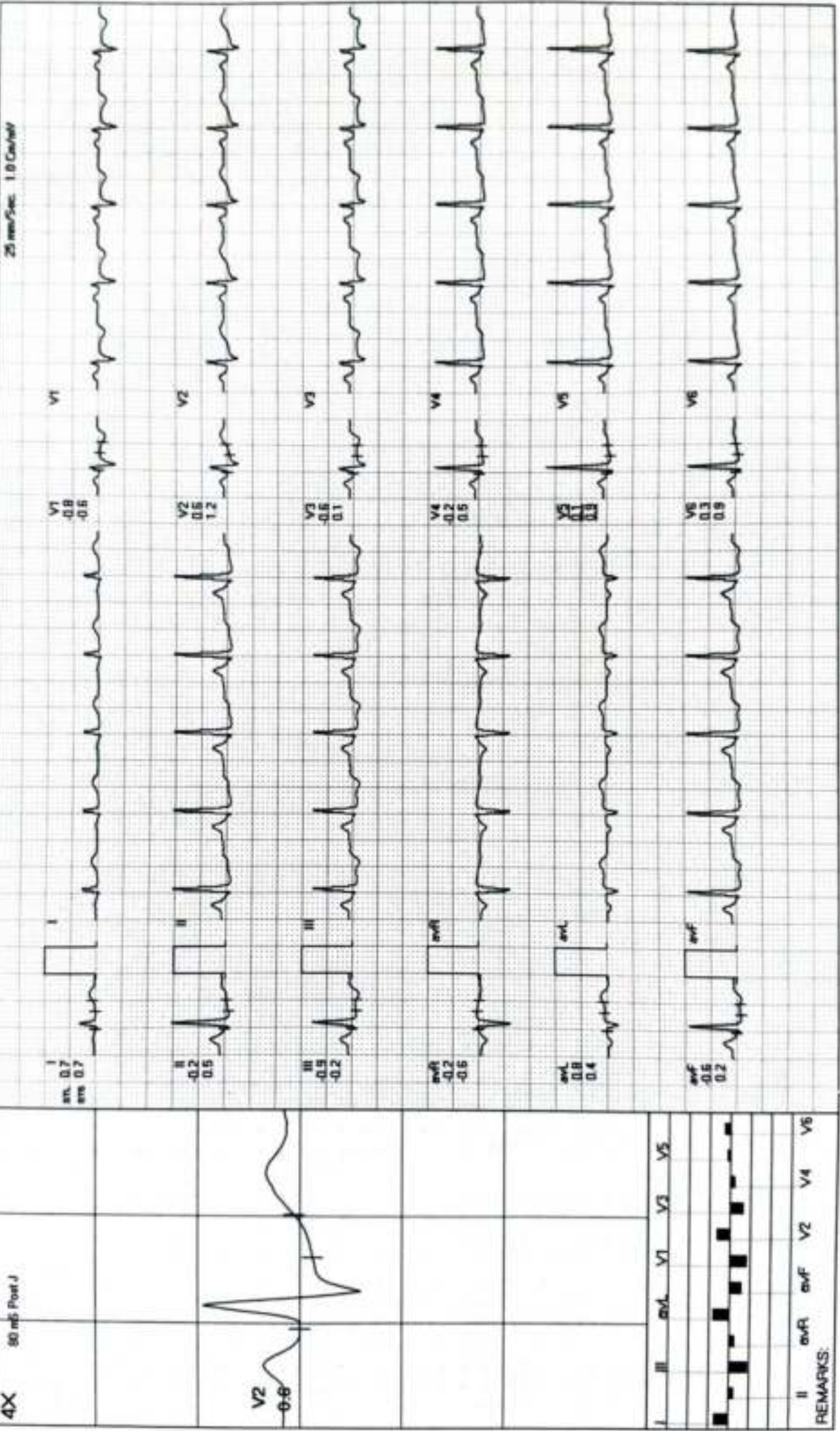


Date: 10-11-2023

METS: 1.0/ 98 bpm 54% of THR BP: 126/80 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/ F 35 Hz

ExTime 06:38 0.0 Km/h, 0.0%

4X 80 mS Post J



REMARKS:
 I II aVR aVL V1 V2 V3 V4 V5 V6

Registration Date 10/11/2023

Age : 37 Sex: F

Name : Mrs Anubhuti Yadav

Ref By: Apollo Health

Dr. H. S. Kholia
M.B.B.S., D.O.M.S.
Consultant Ophthalmologist
Registration No.: 34062 (M.C.I., U.P.)

EYES EXAMINATION REPORT

EYE SIGHT	DISTANT VISION		NEAR VISION	
	RIGHT	LEFT	RIGHT	LEFT
WITHOUT GLASSES	6/6	6/6	N-6	N-6
WITH GLASSES				
POWER OF GLASSES IF USED				
FUNDUS	NORMAL			
COLOR VISION	Present Normal according to ISHIHARA'S CHART			
PUPILS	Normally reacting to light and accommodation			



Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

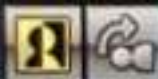
Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

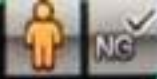
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NEW!



23111002517 MRS ANUBHUTI YADAV 37 YRS F DR SELF CHEST PA
11/10/2023 MODERN PATHOLOGY & DIAGNOSTIC CENTRE GOMTI NAGAR LUCKNOW