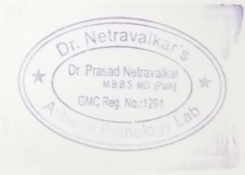


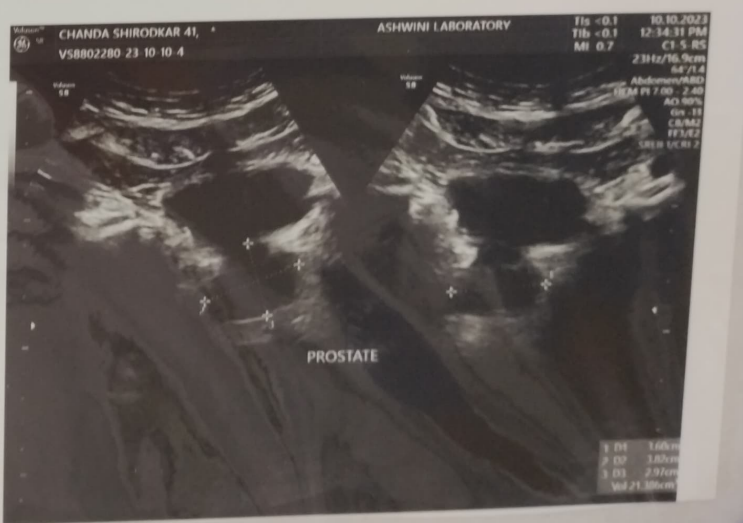
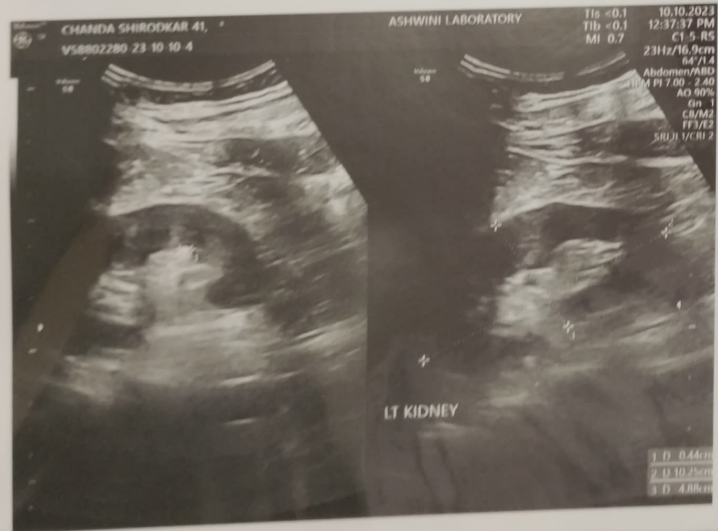
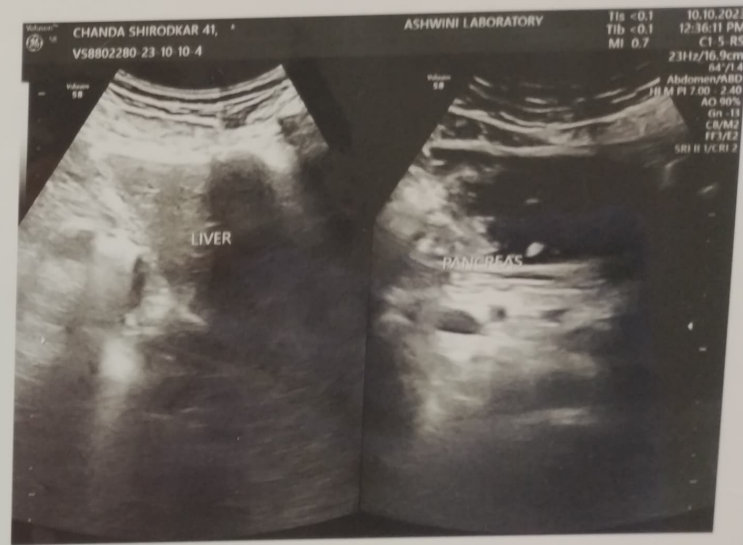
ID: 3674  
Male / mmHg  
41Years /  
cm / kg  
*Dr. Netra*  
HR 52 bpm  
P 116 ms  
PR 164 ms  
QRS 87 ms  
QT/QTc 431/403 ms  
P:QRS:T 60/10/10  
RV5:SV1 1.042/0.553 mV

*ECG shows Sinus bradycardia*

*(Signature)*



DR. SIGN.





CHANDA SHIRODKAR 41, \*  
VSBB02280-23-10-10-4

ASHWINI LABORATORY

TIs <0.1  
Tib <0.1  
MI 0.7

10.10.2023  
12:42:21 PM  
CI-5-RS

23Hz/16.9cm  
64°/1.4  
Abdomen/RBD  
HLM PI 7.00 - 2.40  
AO 90%  
Gr -12  
CB/M2  
FF3/E2  
SRY B 1/CRI 2



RT KIDNEY



AORTA

1 D.91cm  
2 D.42cm

201,202,203, Rizvi Sadan, 2nd Floor, Near Municipal Market, Next to Vaidya Hospital, Panaji - Goa.  
Tel.: 0832 2238122 | Email : drashanetravalkar@gmail.com

NAME: MR.CHANDA SHIRODKAR  
AGE: 41/YRS  
REF BY: DR.SELF

DATE: 10/10/2023  
SEX:M

**ULTRASONOGRAPHY OF ABDOMEN AND PELVIS**

**LIVER** – It shows normal echotexture and size. No focal lesions are seen. Intrahepatic biliary and portal radicals appear normal. Length of liver is 11.5cm.PV -9mm.

**PANCREAS**— It shows normal echotexture and size. No focal lesions are seen.

**GALL BLADDER**---It is moderately distended. No calculus is seen. Pericholecystic space is normal.CBD is normal.

**SPLEEN**----- It shows normal echotexture and size. Length of spleen is 8.9cm.

**BOTH KIDNEYS** Both kidneys show normal echotexture and size. Perirenal space is normal. Corticomedullary differentiation is seen well .

Right kidney--measures 9.1cm x 4.2cms .

No calculus or hydronephrosis is seen .

Left kidney—measures 10.2cm x 4.8cms .

A calculus measuring 4mm is seen in mid pole. No hydronephrosis is seen.

**Urinary Bladder** is moderately distended . No calculus or mass is seen .Perivesical space is normal.

**Prostate** measures 3.8cms x3.6cmsx 2.9cms Weight is 21gms.

No calcification or mass is seen.

No free fluid is seen in pelvis.

**Impression** : LEFT RENAL CALCULUS.

With regards,



DR.ASHADEVI NETRAVALKAR,MD  
RADIOLOGIST

DR. ASHADEVI NETRAVALKAR  
MBBS, MD, AFIH  
Consultant Radiologist  
2nd Floor, Rizvi Sadan Panaji  
Tel: 0832-2238122 / 9822125224



201,202,203, Rizvi Sadan, 2nd Floor, Near Municipal Market, Next to Vaidya Hospital, Panaji - Goa.  
Tel.: 0832 2238122 | Email : drashanetravalkar@gmail.com

NAME: **MRS. CHANDA SHIRODKAR**  
AGE: 41/YRS  
REF BY: DR.SELF

DATE: 10/10/2023  
SEX: M

**X-RAY CHEST--- PA VIEW**

*Lung fields are clear.*

*Both costophrenic angles are clear.*

*Cardiac size is normal.*

*Both domes of diaphragm are normal.*

*Rib cage is normal.*

**IMPRESSION :** Normal study

*With regards,*



RADIOLOGIST  
DR.ASHADEVI NETRAVALKAR,MD  
K. ASHADEVI NETRAVALKAR  
MBBS, MD, AFIH,  
Consultant Radiologist  
2nd Floor, Rizvi Sadan Panaji  
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Tel.: 0832 2238122 | Email : drashanetravalkar@gmail.com

## Cardiology Report

Page 1/2

**ASHWINI LABORATORY**

Patient / Exam Information

Date of Exam: **10.10.2023**

Patient ID: VS8802280-23-10-10-4  
Name: CHANDA SHIRODKAR 41  
DOB, Age:   
Sex: Other  
Height:   
Weight:   
BSA:   
HR:

Perf. Phys. Ref. Phys. Sonographer  
Comment Indication

| M-Mode Measurements   | Value      | m1      | m2 | m3 | m4 | m5 | m6 | Meth. |
|-----------------------|------------|---------|----|----|----|----|----|-------|
| <b>AVILA</b>          |            |         |    |    |    |    |    |       |
| Ao Root Diam.         | 3.14 cm    | 3.14    |    |    |    |    |    | avg.  |
| LA Diam.              | 2.99 cm    | 2.99    |    |    |    |    |    | avg.  |
| <b>Left Ventricle</b> |            |         |    |    |    |    |    |       |
| IVSd                  | 0.80 cm    | 0.80    |    |    |    |    |    | avg.  |
| LVDd                  | 5.04 cm    | 5.04    |    |    |    |    |    | avg.  |
| LVPWd                 | 0.75 cm    | 0.75    |    |    |    |    |    | avg.  |
| IVSs                  | 1.20 cm    | 1.20    |    |    |    |    |    | avg.  |
| LVDs                  | 3.24 cm    | 3.24    |    |    |    |    |    | avg.  |
| LVPWs                 | 1.40 cm    | 1.40    |    |    |    |    |    | avg.  |
| EDV (Teich)           | 120.453 ml | 120.453 |    |    |    |    |    |       |
| EDV (Cubed)           | 128.024 ml | 128.024 |    |    |    |    |    |       |
| ESV (Teich)           | 42.214 ml  | 42.214  |    |    |    |    |    |       |
| ESV (Cubed)           | 34.012 ml  | 34.012  |    |    |    |    |    |       |
| SV (Teich)            | 78.239 ml  | 78.239  |    |    |    |    |    |       |
| SV (Cube)             | 94.012 ml  | 94.012  |    |    |    |    |    |       |
| EF (Teich)            | 64.95 %    | 64.95   |    |    |    |    |    |       |
| EF (Cube)             | 73.43 %    | 73.43   |    |    |    |    |    |       |
| Fract. Short.         | 35.71 %    | 35.71   |    |    |    |    |    |       |
| LV Mass               | 150.89 g   | 150.89  |    |    |    |    |    |       |

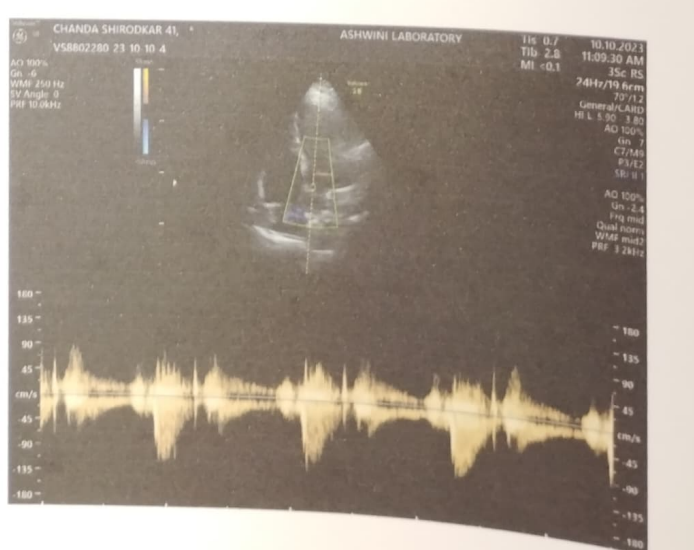
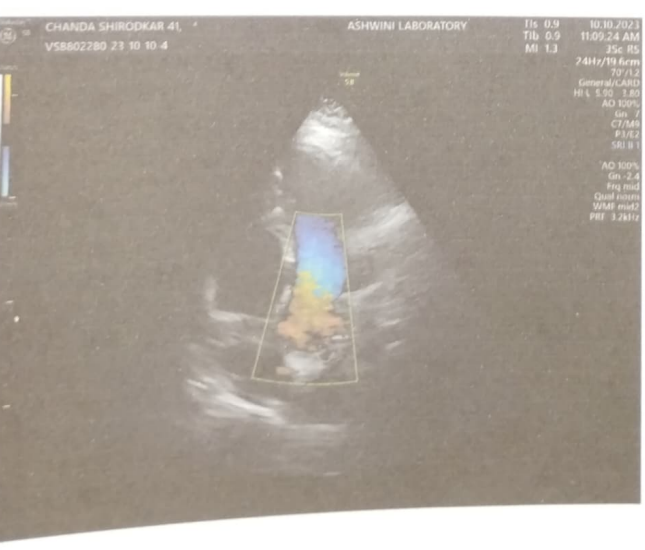
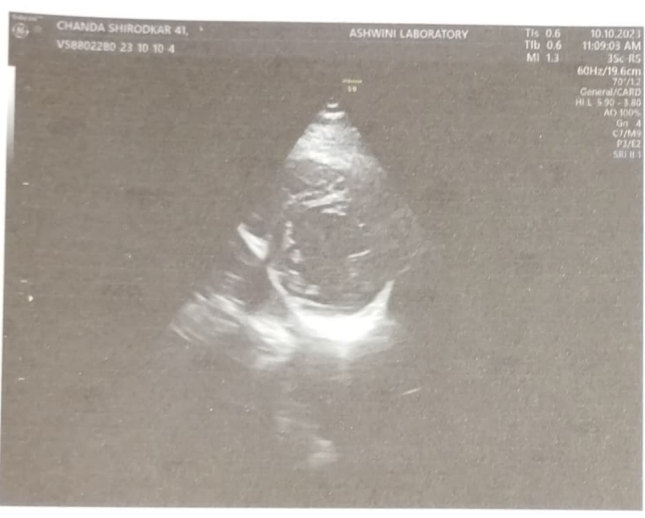
### Comment

NORMAL CARDIAC CHAMBERS DIMENSIONS. NORMAL BI VENTRICLE SYSTOLIC FUNCTION. NO REGIONAL WALL MOTION ABNORMALITIES. VALVES ARE NORMAL. AORTIC ROOT IS NORMAL. PERICARDIUM IS NORMAL.

*Ana Karina*

10.10.2023 11:11:29 AM

**Dr. ANA KARINA**  
MD, CARDIOLOGY, (LISBON UNIV.)





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Consultant Pathologist : **Dr. Prasad Netravalkar** MBBS, MD. (Path) BOM.

(HOME COLLECTION FACILITY AVAILABLE)

**Panaji** : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.

Ph.: 2229142, 8407912840, 8390242524

E-mail: ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

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**Sanquelim** : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9119574524

Pt.No. : 86 101023

Pt.Name : Mr. Shirodkar Chanda Dharma

Age : 41 Yrs. Sex : M

Ref. By : -

Date : 10-10-2023

Normal Range

## COMPLETE HEMOGRAM

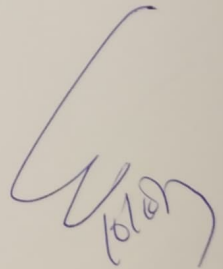
|                    |        |                  |                            |
|--------------------|--------|------------------|----------------------------|
| Haemoglobin        | : 15.4 | g/dl             | 13.5 - 18 g/dl             |
| W.B.C Count        | : 7100 | cells/ cu-mm     | 4000 - 11000 cells/ cu-mm  |
| R.B.C Count        | : 4.48 | millions / cu-mm | 4.5 - 6.5 millions / cu-mm |
| MCV                | : 84.9 | fl               | 80 - 96 fl                 |
| MCH                | : 34.4 | Pg               | 27 - 33 Pg                 |
| MCHC               | : 40.5 | %                | 32 - 37 %                  |
| PCV                | : 38.0 | %                | 40 - 54 %                  |
| Platelet Count     | : 2.28 | lakhs /cu mm     | 1.5 - 4.5 lakhs /cu mm     |
| E.S.R (Westergren) | : 11   | mm/hr            | 0 - 20 mm/hr               |

## DIFFERENTIAL COUNT

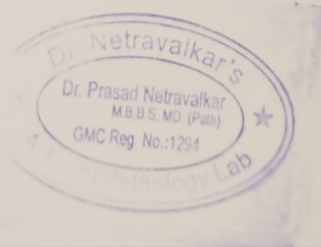
|                |       |   |           |
|----------------|-------|---|-----------|
| Stab Cells     | : 04  | % | 1-5 %     |
| Neutrophils    | : 44  | % | 40 - 60 % |
| Lymphocytes    | : 42  | % | 20 - 45 % |
| Eosinophils    | : 04  | % | 1 - 6 %   |
| Monocytes      | : 06  | % | 0 - 10 %  |
| Basophils      | : 00  | % | 0 - 1 %   |
| Abnormal Cells | : Nil |   |           |

## SMEAR EXAMINATION

|                    |                             |
|--------------------|-----------------------------|
| RBC Morphology     | : Normocytic , Normochromic |
| W.B.C Morphology   | : Within Normal Limits      |
| Platelets on Smear | : Adequate                  |
| Parasites          | : Absent                    |



Pathologist



**Dr. Prasad Netravalkar**  
MBBS, MD (Bom)  
GMC Reg. No. 1294

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Pt.No. : 86 101023

Pt.Name : Mr. Shirodkar Chanda Dharma

Age : 41 Yrs. Sex : M

Ref. By : -

Date : 10-10-2023

## Normal Range

Fasting Blood Sugar : 99.0 mg/dl

70 - 110 mg/dl

2 Hrs. Blood Sugar : 122.0 mg/dl

110 - 140 mg/dl

## GLYCOSYLATED HAEMOGLOBIN IN BLOOD ( HPLC METHOD )

HbA1C : 5.10 %

Mean Blood Glucose : 99 mg %

### INTERPRETATION:

HbA1c %

NORMAL

Below 6.5 %

GOOD DIABETIC CONTROL

6.5 % - 7.5 %

FAIR CONTROL

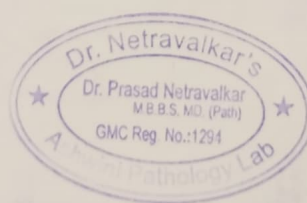
7.5 % - 8.0 %

UNSATISFACTORY CONTROL

8.0 % - 10.0 %

POOR CONTROL

Above 10.0 %



Pathologist

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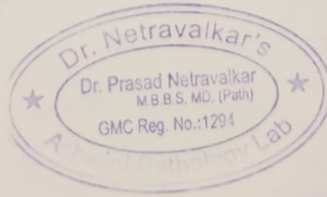
Ref. By : -

Date : 10-10-2023

## BIOCHEMISTRY REPORTS

Fasting Urine Glucose : Absent

2 Hrs. Urine Glucose : Absent



Pathologist

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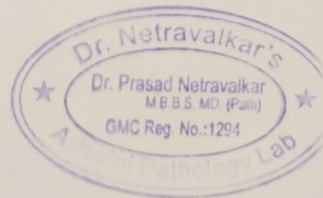
Ref. By : -

Date : 10-10-2023

Normal Range

## LIPID PROFILE

|                   |               |                 |
|-------------------|---------------|-----------------|
| Total Cholesterol | : 196.0 mg/dl | 130 - 220 mg/dl |
| S. Triglycerides  | : 101.0 mg/dl | 35 - 170 mg/dl  |
| HDL Cholesterol   | : 51.0 mg/dl  | > 35 mg/dl      |
| LDL Cholesterol   | : 125 mg/dl   | < 130 mg/dl     |
| VLDL Cholesterol  | : 20 mg/dl    | Upto 35 mg/dl   |
| TC/HDL Ratio      | : 3.8         | < 4.5           |
| LDLC/HDL Ratio    | : 2.5         | 2.5 - 3.5       |



*[Signature]*  
Pathologist

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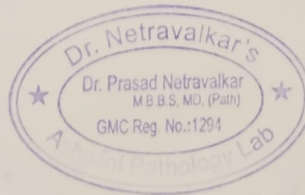
Ref. By : -

Date : 10-10-2023

Normal Range

## LIVER FUNCTION TEST

|                         |        |       |                 |
|-------------------------|--------|-------|-----------------|
| S. Bilirubin (Total)    | : 0.97 | mg/dl | 0 - 1 mg/dl     |
| S. Bilirubin (Direct)   | : 0.20 | mg/dl | 0 - 0.25 mg/dl  |
| S. Bilirubin (Indirect) | : 0.77 | mg/dl | 0 - 0.75 mg/dl  |
| S.G.O.T                 | : 22.0 | U/L   | 0 - 42 U/L      |
| S.G.P.T                 | : 29.0 | U/L   | 0 - 42 U/L      |
| S. Alkaline Phosphatase | : 52.0 | IU/L  | 15 - 112 IU/L   |
| GGTP                    | : 23.0 | U/L   | 11-43 U/L       |
| Total Proteins          | : 7.01 | g/dl  | 6.0 - 10.0 g/dl |
| S. Albumin              | : 4.86 | gm%   | 3.2 - 5.5 gm%   |
| S. Globulin             | : 2.1  | g/dl  | 2.3 - 3.5 g/dl  |
| A/G Ratio               | : 2.3  | : 1   |                 |



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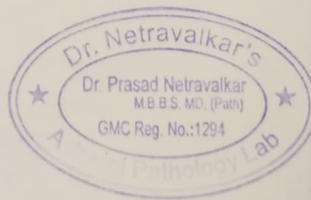
Age : 41 Yrs. Sex : M

Date : 10-10-2023

Normal Range

## KIDNEY FUNCTION TESTS

|               |               |                 |
|---------------|---------------|-----------------|
| Blood Urea    | : 28.0 mg/dl  | 15 - 40 mg/dl   |
| S. Creatinine | : 0.91 mg/dl  | 0.7 - 1.4 mg/dl |
| S. Uric Acid. | : 7.0 mg/dl   | 2.5-7.5 mg/dl   |
| S. Sodium     | : 141.8 mEq/L | 135 - 155 mEq/L |
| S. Potassium  | : 3.96 mEq/L  | 3.5 - 5.5 mEq/L |
| S. Chlorides  | : 100.2 mEq/L | 99 - 108 mEq/L  |



Pathologist

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Pt.No. : 86 101023

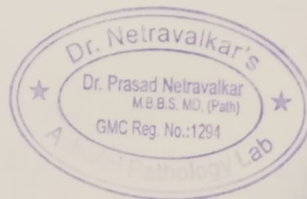
Pt.Name : Mr. Shirodkar Chanda Dharma

Age : 41 Yrs. Sex : M

Ref. By : -

Date : 10-10-2023

Blood Group : 'O' Rh Positive



*(Signature)*  
Pathologist

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Pt.No. : 86 101023

Pt.Name : Mr. Shirodkar Chanda Dharma

Age : 41 Yrs. Sex : M

Ref. By : -

Date : 10-10-2023

## EXAMINATION OF URINE

### PHYSICAL EXAMINATION

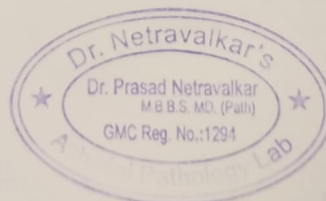
Quantity : 20 ml  
Colour : Pale Yellow  
Appearance : Slightly Hazy  
pH : 6.5  
Specific Gravity : 1.010

### CHEMICAL EXAMINATION

Proteins : Absent  
Glucose : Absent  
Ketone Bodies : Absent  
Bile Salts : Absent  
Bile Pigments : Absent  
Occult Blood : Negative  
Urobilinogen : Normal

### MICROSCOPIC EXAMINATION [As per hpf]

Epithelial Cells : 0 - 1 /hpf  
Pus Cells : 6 - 8 /hpf  
Red Blood Cells : Absent  
Casts : Absent  
Crystals : Absent



Pathologist

**Dr. Prasad Netravalkar**  
MBBS, MD (Bom)  
GMC Reg. No. 1294

*We Care*

*All Diagnostic facilities under one roof in Panaji centre - Lab, ultrasound, X ray, ECG, TMT, ECHO*

# DR. NETRAVALKAR'S ASHWINI PATHOLOGY LABORATORY

(For all Investigation in Histopathology, Cytopathology, Haematology, Clinical Pathology, Microbiology & Hormonal Chemistry)

Consultant Pathologist : **Dr. Prasad Netravalkar** MBBS, MD. (Path) BOM.

(HOME COLLECTION FACILITY AVAILABLE)

Panaji : 1st, Floor, Rizvi Sadan, Above Saroj Emporium, Near Inox Theatre, Opp. Municipal Market, Panaji.  
Ph.: 2229142, 8407912840, 8390242524

E-mail: ashwinilabpanaji@gmail.com, drprasadnetravalkar@gmail.com

Mapusa : F8, Ramchandra Chambers, 1st Floor, Mapusa Clinic Road, Mapusa - Bardez, Goa. Ph.: 2252320, 2250709

Sanquelim : 1st floor, Shanta Commercial Complex, Sanquelim - Goa. Ph.: 2364524, 9119574524

Patient Name : MR. SHIRODKAR CHANDA DHARMA

Age / Gender : 41 / Male

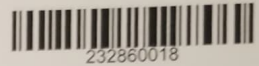
Patient ID : 28289

Source : DIRECT

Referral : SELF

Reporting Time : Oct 13, 2023, 12:28 p.m.

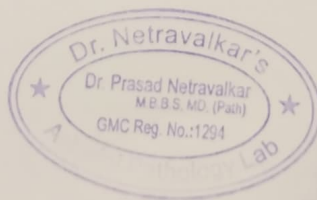
Sample ID :



232860018

| Test Description                           | Value(s) | Reference Range | Unit   |
|--|----------|-----------------|--------|
| <b>Thyroid Profile</b>                     |          |                 |        |
| T3 (Total)<br>Method : Serum ECL           | 1.40     | 1.30 - 3.10     | nmol/l |
| T4 (Total)*<br>Method : Serum ECL          | 136.1    | 66.0 - 181.0    | nmol/l |
| TSH(Ultrasensitive)*<br>Method : Serum ECL | 2.22     | 0.270 - 4.20    | uIU/ml |

\*\*END OF REPORT\*\*



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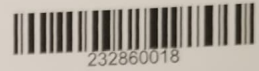
Patient ID : 28289

Source : DIRECT

Referral : SELF

Reporting Time : Oct 13, 2023, 12:28 p.m.

Sample ID :



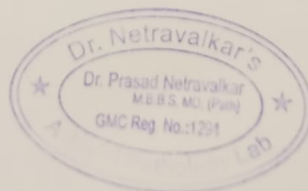
| Test Description                             | Value(s) | Reference Range | Unit  |
|--|----------|-----------------|-------|
| <b>PSA (Prostate Specific Antigen)-Total</b> |          |                 |       |
| PSA- Prostate Specific Antigen*              | 0.664    | 0 - 4           | ng/mL |

### INTERPRETATION :

Prostate-specific antigen (PSA) is a glycoprotein that is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. PSA exists in serum mainly in two forms, complexed to alpha-1-anti-chymotrypsin (PSA-ACT complex) and unbound (free PSA). Increases in prostatic glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. Transient increase in PSA can also be seen following per rectal digital or sonological examinations.

**Note:** Patients on Biotin supplement may have interference in some immunoassays. With individuals taking high dose Biotin (more than 5 mg per day) supplements, at least 8-hour wait time before blood draw is recommended.

\*\*END OF REPORT\*\*



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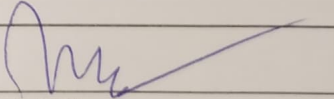
## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

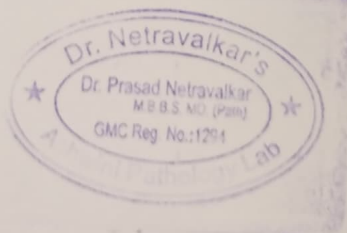
of Shirodhan Chanda Phanna on 10/oct/2023

After reviewing the medical history and on clinical examination it has been found that he/she is

|  | Tick |
|--|------|
| <ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>  | ✓    |
| <ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p> |      |
| <ul style="list-style-type: none"> <li>• Currently Unfit.<br/>Review after _____ recommended</li> </ul>  |      |
| <ul style="list-style-type: none"> <li>• Unfit</li> </ul>  |      |

Dr.   
**Medical Officer**  
**The Apollo Clinic, (Location)**

*This certificate is not meant for medico-legal purposes*





GPS Map Camera



Google

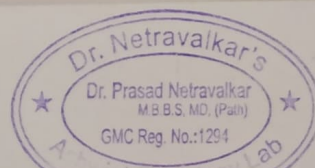
### Panaji, Goa, India

105, 1st floor, Rizvi Sadan, next to vaidya Hospital, opp. Municipal Market, Near Municipal Market, Panaji, Goa 403001, India

Lat 15.498439°

Long 73.822415°

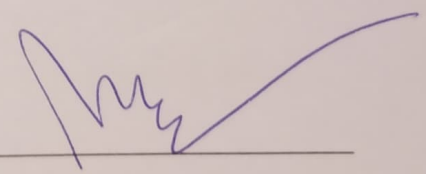
10/10/23 09:39 AM GMT +05:30



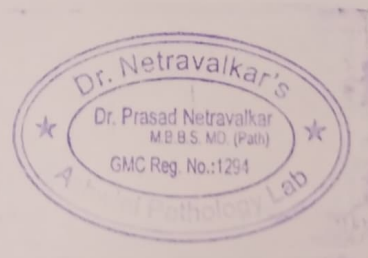


MER- MEDICAL EXAMINATION REPORT

|   |                                |             |      |
|---|--------------------------------|-------------|------|
| Date of Examination                           | 9th Oct 2023                   |             |      |
| NAME  | Shrodkar chanda Dhama          |             |      |
| AGE   | 41                             | Gender      | male |
| HEIGHT(cm)                                    | 170                            | WEIGHT (kg) | 72   |
| B.P.  | 120 / 78 mmHg                  |             |      |
| ECG   | Normal                         |             |      |
| X Ray   | Normal                         |             |      |
| Vision Checkup                                | Color Vision : Normal          |             |      |
|   | Far Vision Ratio : 6/6 normal  |             |      |
|   | Near Vision Ratio : 6/6 normal |             |      |
| Present Ailments                              | No                             |             |      |
| Details of Past ailments (If Any)             | NO                             |             |      |
| Comments / Advice : She /He is Physically Fit | He is medically fit            |             |      |
|   |                                |             |      |



Signature with Stamp of Medical Examiner





R

PA

