



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342008

Tel. : 0291-2752601, Fax : 2752603

E-mail : hospitalloksewa@gmail.com

Fitness Certificate

It is certified that Mr. Dilip Tak examined by me and was found medically, Physically and Mentally FIT.

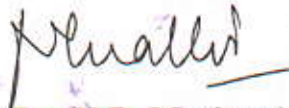
Height : 175 cm.
Weight : 75 Kgs.

Chest
Inspiration : 92 cm.
Expiration : 97 cm.
B.P. : 132/82 mmHg
Heart : NAD
Lungs : NAD

Hernia, Hydrocele, Piles etc : NO

Vision : Normal
Hearing : Normal
Speech : Normal

Dated : 23/03/2024


(Dr. N.P. Mathur)
M.B.B.S., F.I.C.A.

Reg. No. 11238 [R.M.C.]

DR. N. P. MATHUR
M. B. B. S., F. I. C. A.
RMC-11238
Lok Sewa Hospital, & M. R. C.
JODHPUR-09

Feedback – Pre Policy Life Insurance Medical Checks

This is to confirm & certify that I have gone through the medical examination through Medical Center L.S. Hospital situated at Jodhpur / Home Visit on 23.3.24 to complete the requisite medical formalities towards my application for life insurance from Mediworld Insurance Company vide Proposal Form bearing no _____ dated

I do confirm specifically that the following medical activities have been performed for me:

- | | | |
|--|---|--|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection | | |
| a. Blood | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT) | Yes <input type="checkbox"/> | No <input checked="" type="checkbox"/> |
| | <i>(As client refused)</i> | |
| 5. Others _____ | | |

I have furnished my ID Proof VID bearing ID No. _____ at the time of my medical.

Feedback Form

- Behavior and cooperation of staff
 - Reception/ Clinic/ Hospital Good Average Poor
 - Technician/ Doctors Good Average Poor
- Time Management Good Average Poor
- Upkeep of hospital Good Average Poor
- Technology & Skills Good Average Poor
- Please remark if the medical check procedure was satisfactory Yes No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

- If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions *I am unable to do TMT because in March 2024 I had seizures and now suffering from backache. I can in place go for 2D ECHO.*

<p style="text-align: center;"><i>(Signature)</i></p> <p>Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <p><u>(Deleip Tak)</u></p> <p>Name of the Life to be Insured with date (Proposer (in case of Life insured being minor))</p>	<p style="text-align: center;"><i>(Signature)</i> <i>(Deleip Tak)</i></p> <p>Signature of Visiting/Attending Doctor</p> <p>Name of Visiting/Attending Doctor</p> <p>MC Registration No: <u>RMC/11238</u></p> <p><u>23.03.2024</u></p> <p>Doctor Stamp with date</p>
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Dr. N. P. MATHUR
 M. B. B.S., F.I.C.
 RMC-11238
 Lak Sawa Hospital, & M
 JODHPUR-60



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Tel. : 0291-2752601, Fax : 2752603

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Pt Name : Mr Dilip Tak
Ref By. : Dr. N.P.Mathur
Serial No : 36882

Age : 38 Yrs.
Sex : Male
Date : 23/03/2024

HAEMOGRAM COMPLETE

TEST	RESULT	NORMAL VALUE
W.B.C (WHITE BLOOD CELL COUNT)	7,500	4000 - 11000 /CUMM
DLC (DIFFERENTIAL LEUCOCYTE COUNT)		
NEUTROPHILS	66	40 -70 %
LYMPHOCYTES	26	20 - 40 %
EOSINOPHILS	04	00 - 06 %
MONOCYTES	04	00 - 10 %
BASOPHILS	00	1 %
HB (HEMOGLOBIN)	16.2	12-18 GM%
PLATELET COUNT	4.81	1.5 - 4.5 LACS/CUMM
R.B.C (RED BLOOD CELL COUNT)	5.37	3.5-5.5 MILL./CUMM
H.C.T. (HEMATOCRIT)	47.3	34-48 %
M.C.V(MEAN CORPUSCULAR VOLUME)	88.08	80 - 100fl
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.17	27 - 32pg
MCHC (MEAN CORP.Hb CONCENTRATION)	34.25	32-36g/dl
ERYTHROCYTE SEDIMENTATION RATE	08	02-20 MM FALL 1ST HOUR.

THANKS FOR REFERING CASE.

[TECHNICIAN]

DR. S. K. LODHA MD. [Patho.]

[PATHOLOGIST]



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BIO - CHEMISTRY EXAMINATION REPORT

Test	Result	Normal Value
BLOOD SUGAR - (F)	: 82.0	70-110 mg/dl
BLOOD SUGAR - (PP)	: 122.0	< 140 mg/dl
BLOOD UREA	: 20.0	12-50 mg/dl
S.CREATININE	: 1.20	0.6-1.60 mg/dl
S.URIC ACID	: 4.8	3.5-7.2 mg/dl
S.CHOLESTEROL	: 162.0	130-250 mg/dl
S.TRIGLYCERIDES.	: 118.0	60-170 mg.dl
S.HDL CHOLESTEROL [DIRECT]	: 38.0	35-65 mg/dl
S.LDL CHOLESTEROL [DIRECT]	: 101.0	65-160 mg/dl
S.VLDL CHOLESTEROL	: 23.00	up to 35 mg/dl
CHOLESTEROL\HDL RATIO	: 4.26 :1	LESS THEN 4.5
LDL/HDL RATIO	: 2.66 :1	1.5 - 3.5
S.BILIRUBIN TOTAL	: 0.67	0-1.2 mg/dl
S.BILIRUBIN DIRECT	: 0.33	0-0.4 mg/dl
S.BILIRUBIN INDIRECT	: 0.34	0-0.9 mg/dl
S.GOT	: 24.0	0-40 U/L
S.GPT	: 22.0	0-40 U/L
S.ALKALINE PHOSPHATASE	: 106.0	65-306 (adult) 37 c IU/L
S.TOTAL PROTEIN	: 7.2	6-8 gm/dl
S.ALBUMIN	: 4.1	3.7-5.3 gm/dl
S.GLOBULIN	: 3.10	2.5-3.5 gm/dl
S.A/G RATIO	: 1.32 :1	1-2.3

LIVER FUNCTION TEST

S.G.G.T 37.0 4 - 54 IU/L

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HAEMATOLOGY EXAMINATION REPORT

BLOOD GROUP (ABO) "O"
(RH) POSITIVE

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HbA1C EXAMINATION REPORT


TEST	RESULT
HbA1C :-	5.4 %
eAG :-	000.0 mg/dl

NORMAL REFERENCE VALUE

NORMAL	:- 4.8 %	- 5.9 %
PREDIABETIC	:- 6.0 %	- 6.4 %
GOOD CONTROL	:- 6.5 %	- 7.2 %
FAIR CONTROL	:- 7.3 %	- 7.8 %
POOR CONTROL	:- > 7.9 %	

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Age : 38 Yrs.
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Date : 23/03/2024

THYROID Function Test

Methodology & Other Information

Method : Chemiluminescence
Type of Specimen : Serum

Investigation	Result	Biological Reference
T3	1.72 ng/ml	0.5-2.0 ng/ml
T4	6.43 ug/dl	4.4-11.5 ug/dl
TSH	1.86 uIU/ml	0.35 - 5.50 uIU/ml

Biological reference range:

Children:	Pregnancy
1-2 days 3.20-34.6 uIU/ml	1 st Trimester : 0.30 -- 4.50
3-4 days 0.70-15.4 uIU/ml	2 nd Trimester : 0.50 -- 4.60
15 days-5month 1.70-9.10 uIU/ml	3 rd Trimester : 0.90 -- 5.20
5 months-20 years 0.70-6.40 uIU/ml	

Clinical Information:

Primary malfunction of the thyroid gland may result in excessive(hyper)or low (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity. Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 or T4 in the blood, in Primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary Hypothyroidism, TSH levels may be low. In addition, in Euthyroid sick Syndrome, Multiple alterations in serum thyroid function test findings have been recognized.

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Age : 38 Yrs.
Sex : Male
Date : 23/03/2024

URINE EXAMINATION REPORT

Test	Result(s)
PHYSICAL	
COLOUR	PALE
APPEARANCE	CLEAR
CHEMICAL	
REACTION pH	5.0
SPECIFIC GRAVITY	1.010
ALBUMIN	NIL
SUGAR - (F)	NIL
SUGAR - (PP)	NIL
MICROSCOPIC	
PUS CELLS	0-1 /HPF
RED BLOOD CELLS	NIL
EPITHELIAL CELLS	0-2 /HPF
CASTS	Nil
CRYSTALS	Nil
BACTERIA	Nil

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NAME :- Dilip Tak
CONS.DR.: - N.P.Mathur

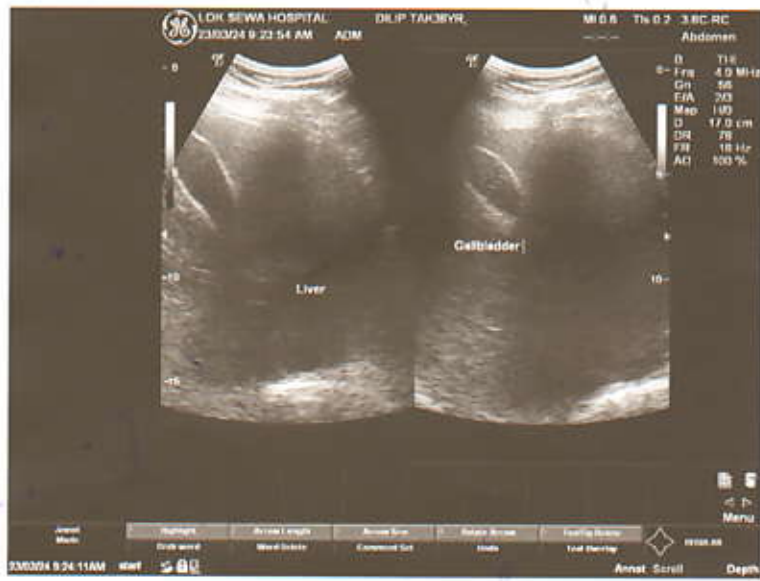
AGE: - 38/MALE
DATE :- 23.03.2024
PART OF X-RAY: - CHEST P.A.

X-RAY CHEST (P.A. VIEW)

- Trachea is centrally placed.
- Cardiac shadow is within normal limit.
- Both lung fields are clear.
- Both C. P. angles are clear.
- Soft tissue shadow and bony cage are normal.
- No B. V. marking present in both lung fields.

Impression: - Normal Study.

(RADIOLOGIST)







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Name : Mr.Dilip Tak
Ref. by Dr. : Dr. N.P.Mathur

Age: 38HM
Date : 23.03.2024

ABDOMINAL SONOGRAPHY (MALE)

LIVER –

LIVER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL DESTRUCTION OR MASS IS PRESENT. NO I.H.B.D. DILATATION IS PRESENT. HEPATIC AND PORTAL VEINS NORMAL. DIAPHRAGM SHOWS NORMAL.

GALL BLADDER –

GALL BLADDER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. C.B.D. IS NORMAL

PANCREAS –

PANCREAS IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.

KIDNEYS –

RT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFRENTATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.

LT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFRNTATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN .

SPLEEN –

SPLEEN IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.



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Pt. Name : Dilip Tak

Age : 38/Male

Date : 23.03.2024

NODES –

NO PARA AORTIC NODAL ENLARGMENT IS SEEN.
NO ASCITES.

URINARY BLADDER -

URINARY BLADDER IS WELL DISTENDED. WALL THICKNESS IS
NORMAL. NO STONE OR MASS IS PRESENT.

PROSTATE –

PROSTATE IS NORMAL IN SHAPE AND SIZE WITH NORMAL
ECHOTEXTURE.

IMPRESSION -

- LIVER, SPLEEN, PANCREAS, GALL BLADDER AND BOTH KIDNEY ARE NORMAL.
- NO ASCITES. NO PARA AORTIC LYMPHEDENOPATHY.
- URINARY BLADDER AND PROSTATE ARE NORMAL.

SONOLOGIST



LOK SEWA HOSPITAL & Medical Research Centre

Phone : 2752601
Fax : 2752603

SECTOR - B, KAMLA NEHRU NAGAR EXTN.-I,
JODHPUR - 342 009

ELECTROCARDIOGRAM

Shri/Smt. DIP Lak

Age _____ Sex M Const. Dr. _____

O.P.D./Bed No. _____ Dated 23/03/2024

E.C.G. REPORT

1. Rate
2. Rhythm
3. Mechanism
4. Extrasystoles
5. P. Wave
6. PR-interval
7. QRS Complex
8. ST Segment
9. T. Waves
10. Others
11. Remarks

TWML
permalu

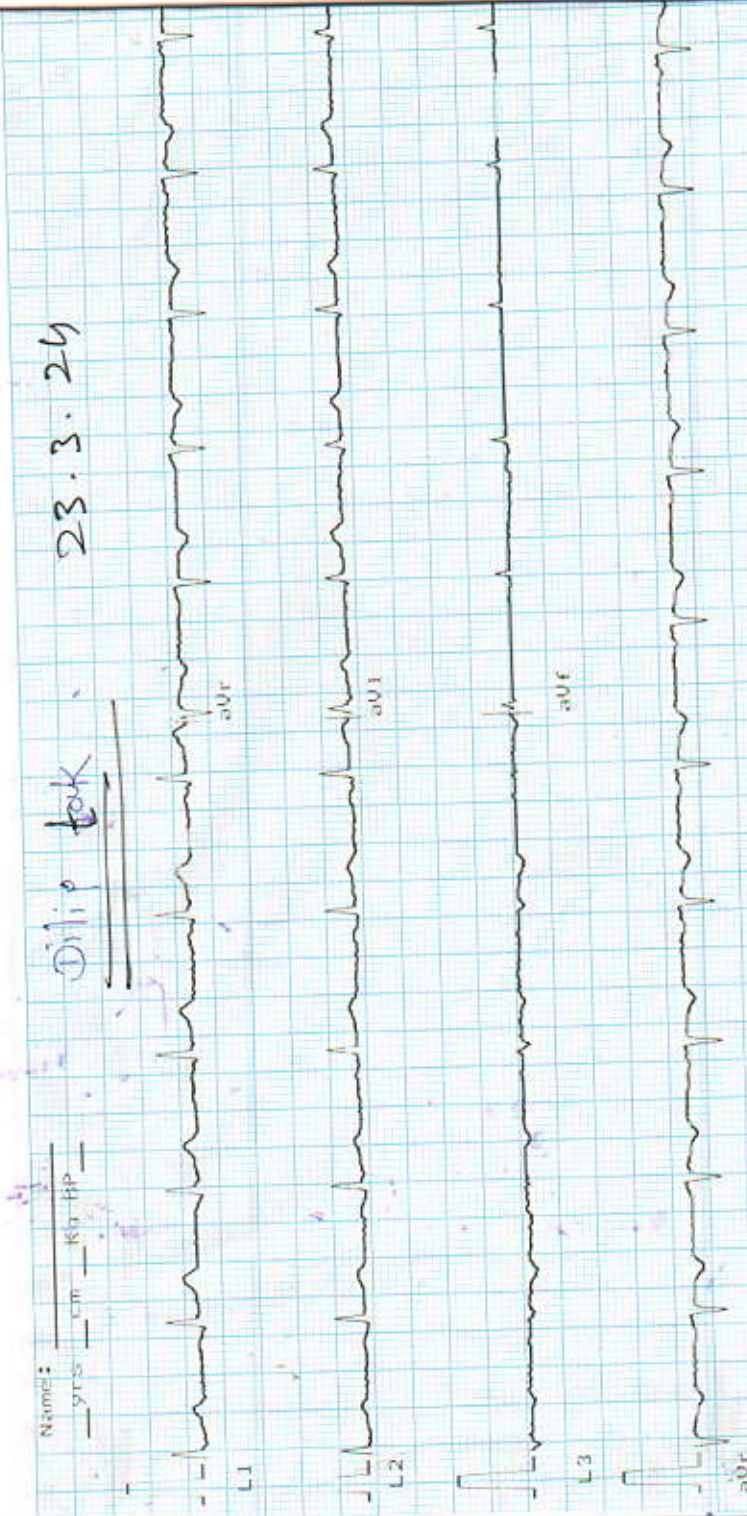
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(DR. _____)

Name: _____
yrs cm Kg Hp

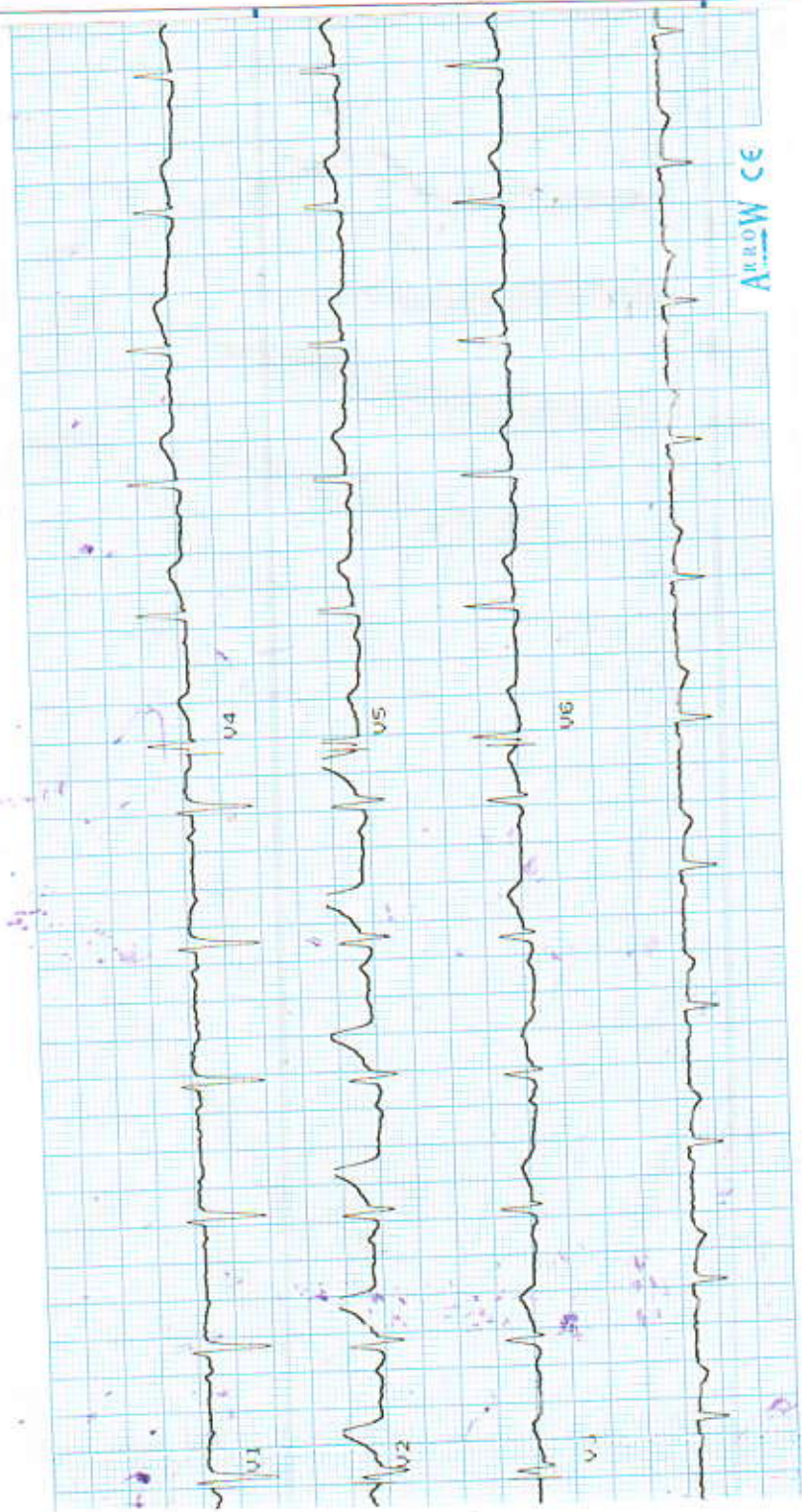
Dilip tok

23.3.24



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