

HEALTH CHECK UP

Name : Meena Devi

Date : 24/2/24

Age : 54

Sex : Male / Female

Marital status : Married / Single

PERSONAL HISTORY

Habits : Smoking / Tobacco & Snuff / Alcohol NO

Drug allergy if any : Nil

Medical : Takes HTN Medicines

Surgical : Hysterectomy in 12 years ago

Height 155 cm Weight 84 Kg. BP 140/90mmHg Pulse 70/min

Vision : Rt 6/26 Lt 6/60 With Spectacles Rt 6/9 Lt 6/9

Colour Vision : Normal / Abnormal Near Vision N/G/B/E

FAMILY HISTORY

Father Mother Siblings

CVS : Heart Sound Normal Murmurs Absent Thrills Absent

RS : Rate /mt Breath sounds Normal Adventitious Absent

ABDOMEN : Tenderness Absent Rigidity Absent Bowel sound Normal

Liver NAD Kidney NAD Hernia Absent

CNS : Cranial Nerves NAD Sensory System NAD Motor System NAD

ENT NAD

Remarks

Dr. Bharti Jeswani
MBBS

Dr. Seema Kale
MBBS, MD

Dr. S. K. Suri
MBBS

Dr. Meenakshi
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Human Resource Administration Division,
Human Resource Department, Central Office, Mumbai

Staff Circular No. 7750

Date: August 18th, 2022

Annual Health Check-up Scheme

Union Bank of India is having schemes for reimbursement of Health Check-up expenses for Award Staff/Officers in Scale I to Scale III (above the age of 35), Executive Health Check-up scheme for Executives and Antenatal Health Check-up under Staff Welfare. In keeping up with the changing scenario and to increase the awareness among Staff members regarding their Health, a revamped Scheme of 'Annual Health Check-up' under Prerna Suraksha has been approved by the Board of the Bank with effect from the financial year 2022-23.

With the introduction of the new scheme, existing Health Check-up Schemes under Staff Welfare except Antenatal Health Check-up will be discontinued.

a) Details of the revamped Annual Health Check-up scheme are as under.

SALIENT FEATURES OF REVAMPED ANNUAL HEALTH CHECKUP SCHEME																
Eligibility	Employees who completes 35 years of age & above. Spouse is also eligible under the scheme to avail the facility of Health Checkup within the overall eligibility criteria of the staff, as such staff and his/her spouse may jointly get the benefits of the scheme.															
Eligible Amount for reimbursement	<u>For Award Staff & scale I to III</u>															
	Age Group	Eligibility														
		Male Female														
	35 & upto 40	2200 3000														
	Above 40 & upto 50	3500 4500														
	Above 50 & upto 60	4000 5000														
	<u>For Executives (Scale IV and above)</u>															
	35 and above	4000 5000														
Mandatory Tests	Following tests will be mandatory for the employees/officers (award staff and Scale I to III) aged 40 years & above and for all Executives (Scale 4 & above) for claiming the reimbursement under Annual Health Checkup Scheme.															
	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 10%;">Sr. no.</th> <th>Mandatory Test</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td>Complete CBC Profile</td> </tr> <tr> <td style="text-align: center;">2</td> <td>Diabetic Profile Test</td> </tr> <tr> <td style="text-align: center;">3</td> <td>Lipid Profile Test</td> </tr> <tr> <td style="text-align: center;">4</td> <td>Urine Analysis</td> </tr> <tr> <td style="text-align: center;">5</td> <td>Chest X-ray</td> </tr> <tr> <td style="text-align: center;">6</td> <td>ECG (2D or TMT)</td> </tr> </tbody> </table>		Sr. no.	Mandatory Test	1	Complete CBC Profile	2	Diabetic Profile Test	3	Lipid Profile Test	4	Urine Analysis	5	Chest X-ray	6	ECG (2D or TMT)
Sr. no.	Mandatory Test															
1	Complete CBC Profile															
2	Diabetic Profile Test															
3	Lipid Profile Test															
4	Urine Analysis															
5	Chest X-ray															
6	ECG (2D or TMT)															

Other indicative tests

For ensuring the overall health of the employees, an indicative list of test mentioned below is also suggested:

Sr. No.	Other Indicative Tests
1	Liver Function Test
2	Kidney Profile Test
3	Thyroid Profile Test
4	Mammography
5	Pap Smear
6	Ultrasound - Whole abdomen
7	Sonography
8	2 D Echo / Stress Test

Sanctioning Authority

HR Suvidha

Documents to be uploaded

For claiming the reimbursement, self attested invoice/bills along with test reports are required to be uploaded with the application.

Procedure

The facility of Annual Health Checkup can be availed either through Reimbursement or Tie up.

Due to revision in rates, existing tie-ups arrangements with various reputed diagnostic centers/labs needs to be revisited and the same is under process. Once the revised tie-ups are finalized, employees may book their annual health check-up at any of the diagnostic centers/labs having revised tie-up with the Bank through Union Parivar. The enablement of these revised tie-ups are being carried out in Union Parivar and the same will be informed in due course.

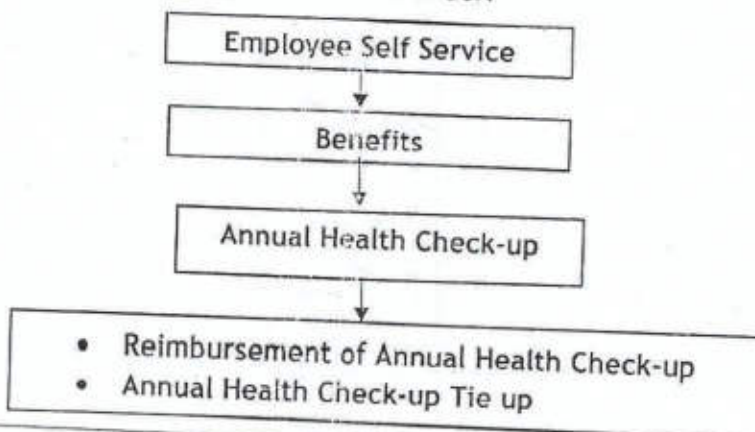
Alternatively, eligible Staff members may undergo their Annual Health Check-up at any diagnostic center/lab of their choice and can apply for reimbursement as per their eligibility through Union Parivar.

Mode of Payment

Once the application of Annual Health Checkup reimbursement is sanctioned, the sanctioned amount will be auto credited in the salary account of the employee. However, for tie ups the Bank will make the payment directly to the Tie up Hospital/center/Pathology.

Navigation for Annual Health Checkup reimbursement

The navigation for the Scheme is as under:



NAME: MS MEENA DEVI
REF

AGE: 54 / Sex / F
DATE 24/02/2024

ECHO ADULT (COLOUR DOPPLER)

DIMENSIONS			NORMAL	DIMENSIONS			NORMAL
Ao (ed)	31.0 mm		(1.5 cm/m ²)	IVS (Ed)	11.5 mm		(0.6-1.2cm)
LA (es)	35.0 mm		(1.5 cm/m ²)	LVPW (Ed)	10.0 mm		(.6-1.1cm)10
LVID (ed)	Normal		(0.9cm/m ²)	EF	65.0 %		(0.62-0.85)
LVID (ed)	47.0 mm		(2.6-3.4 cm/m ²)	FS	30.0		
LVID (es)	27.0 mm						

MORPHOLOGICAL DATA

Mitral Valve Normal

Interatrial Septum Normal

Aortic Valve Normal

Interventricular Septum Normal

Tricuspid Valve Normal

Pulmonary Artery Normal

Pulmonary Valve Normal

Aorta Normal

Right Ventricle Normal

Right Atrium Normal

Left Ventricle Normal

Left Atrium Normal

Pericardium Normal

Colour Doppler NORMAL, NO PAH, IVC NORMAL, LV DIASTOLIC FUNCTION NORMAL.

Wall motion Normal

IMPRESSION : NORMAL STUDY

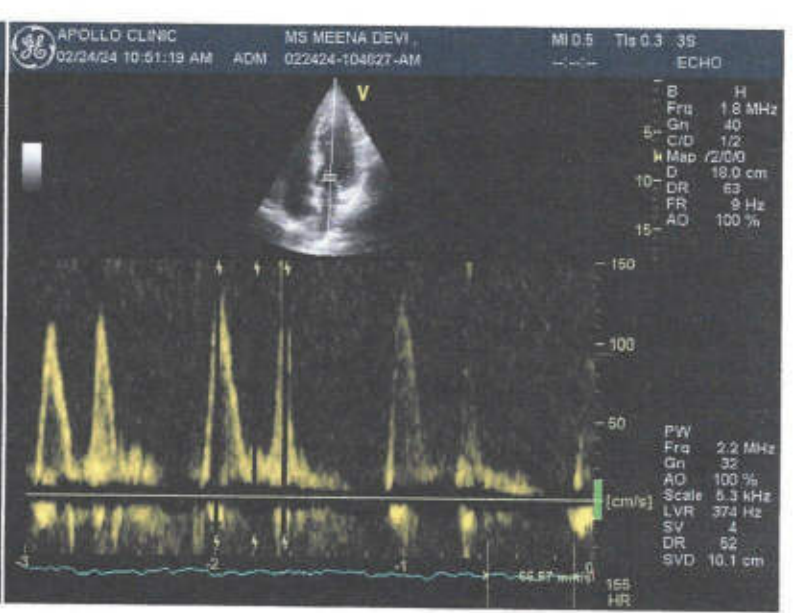
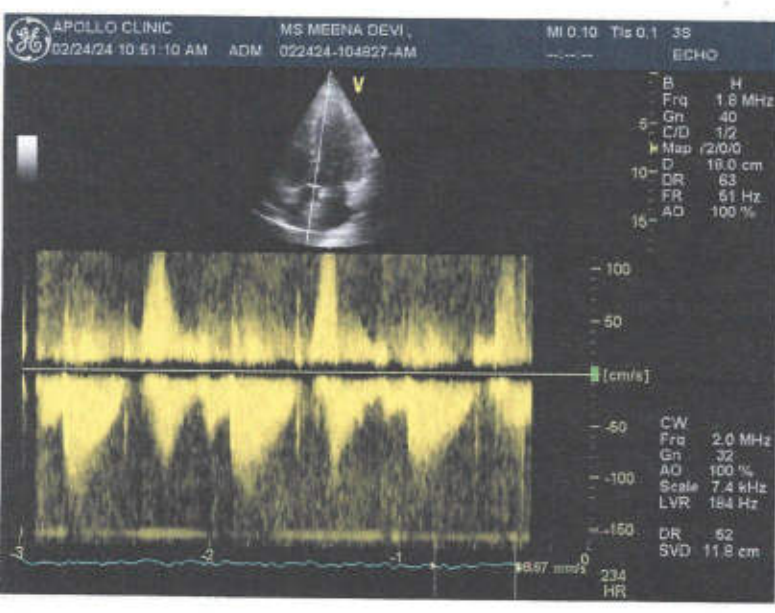
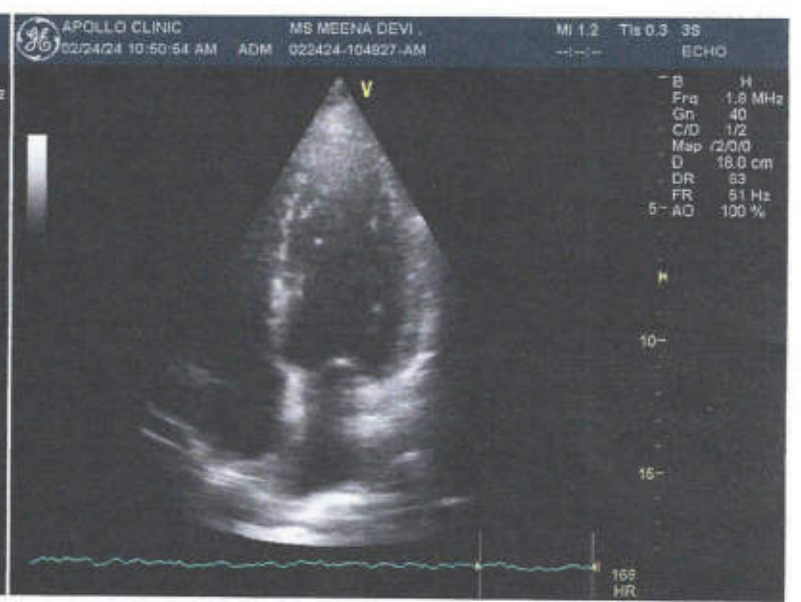
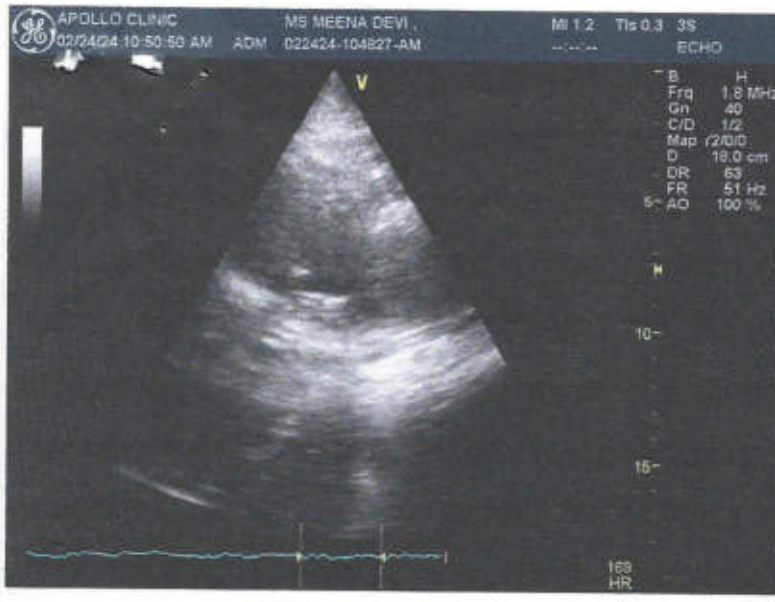


DR SEEMA KALE MD
SEN. (PHYSICIAN)

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
• ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

Licensee : Bharti Medicare Pvt. Ltd. The Apollo Clinic, C-70, Major Sudesh Kumar Marg, Opp. Madhav Park, Near Main Market, Rajouri Garden, New Delhi-110 027
Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclicin.com, Website : www.apolloclicinrajourigarden.com

MSME UAM NO. : DL11E0021531



Patient Name	: Mrs. Meena Devi	MR No	: FRAJ.0000242691
Age/Sex	: 54 Y/F	Visit No	: FRAJOPV118246
Pres Doctor	:	Bill Date	: 24-02-2024 11:28
Ref.by	: SELF	Report Date	: 24-02-2024 16:57

ULTRASOUND WHOLE ABDOMEN

LIVER: Liver is normal in size with increased echogenicity s/o grade I fatty liver. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

GALL BLADDER: Gall bladder shows a calculus measuring ~ 8.3 mm. Wall thickness appears normal. Common bile duct is normal (not dilated).

PANCREAS: Pancreas appears normal in size and echopattern.

SPLEEN: Spleen appears normal in size and echopattern.

KIDNEYS: Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis is noted. Visualized parts of retroperitoneum do not show any lymphadenopathy.

URINARY BLADDER: Urinary bladder is well distended and shows clear contents.

UTERUS : Uterus not visualized (Post hysterectomy status).

No free fluid is seen in pelvis.

**IMPRESSION: - GRADE I FATTY LIVER.
CHOLELITHIASIS
POST HYSTERECTOMY STATUS.**

To be correlate clinically. *dhanya*

Disclaimer: Renal calculi less than 5mm could be missed on an Ultrasound. NCCT KUB is the modality of choice for the same.

Patient Name : Mrs. Meena Devi
UHID/MR No. : FRAJ.0000242691
Visit Date : 24-02-2024 11:23
Sample Collected on : 24-02-2024 11:31
Ref Doctor : SELF
Emp/Auth/TPA ID : gftH6989+jfdf
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 54Y/Female
OP Visit No : FRAJOPV118246
Reported on : 24-02-2024 13:34
Specimen : Whole Blood (Edta)
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
COMPLETE BLOOD COUNT			
Hb (Haemoglobin) Method: Non Cyanide	10.5*	11 - 15	gm/dl
PCV/Haematocrit Method: RBC pulse height detect	33.5*	36 - 46	%
ESR Method: Westergren's Method	20	0 - 20	mm/1st Hr
TLC Method: DC Detection Method	9400	4000 - 10000	/cumm.
RBC COUNT Method: DC Detection Method	4.2	3.8 - 4.8	Million/cmm
PLATELET COUNT Method: DC Detection Method	1.95	1.5 - 4.1	lakh/cumm.
MCV Method: Derived	78.9	77 - 98	fL
MCH Method: Derived	24.8*	27 - 32	pg
MCHC Method: Derived	31.4*	31.5 - 34.5	gm/dl
NEUTROPHIL Method: Microscopy	76*	40 - 70	%
LYMPHOCYTE Method: Microscopy	21	20 - 40	%
EOSINOPHIL Method: Microscopy	01	1.0 - 6.0	%
MONOCYTE Method: Microscopy	02	2.0 - 10.0	%
BLOOD GROUP AND RH TYPE			
ABO Group	O		
RH	Positive		

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Yogita

Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
 • ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

Licensee : Bharti Medicare Pvt. Ltd. The Apollo Clinic, C-70, Major Sudesh Kumar Marg, Opp. Madhav Park, Near Main Market, Rajouri Garden, New Delhi-110 027
 Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com

Patient Name : Mrs. Meena Devi
UHID/MR No. : FRAJ.0000242691
Visit Date : 24-02-2024 11:23
Sample Collected on : 24-02-2024 11:31
Ref Doctor : SELF
Emp/Auth/TPA ID : gftth6989+dfdf
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 54Y/Female
OP Visit No : FRAJOPV118246
Reported on : 24-02-2024 15:41
Specimen : Plasma(Fluoride)
Pres Doctor:


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - (FASTING)			
GLUCOSE - (FASTING) Method: (GOD-POD)	88	70 - 110	mg/dL
GLUCOSE - (POST PRANDIAL)			
GLUCOSE - (POST PRANDIAL) Method: (GOD-POD)	138	70-140	mg/dl
GLYCOSYLATED HEMOGLOBIN (HBA1C)			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.7	4.2 - 6.0	%
LIPID PROFILE TEST (PACKAGE)			
CHOLESTEROL Method: CHOD - PAP	198	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	126		
HDL Method: DIRECT	56.1	50-200	mg/dl
LDL Method: DIRECT	116.7*	30 - 70	mg/dl
VLDL Method: Calculated	25.2	60 - 100	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated	3.5	<40	mg/dl
Thyroid Profile 2(Free T4, Free T3 And TSH)		0 - 4.5	
Serum FT3	3.9	3.2 - 5.9	pmol/l
Serum FT4	12.1	10.6 - 21.0	pmol/l
Serum TSH	2.0	0.38 - 5.0	uIU/ml

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Yogita


 Dr. Prashant Purwar
 MBBS, DCP
 Consultant Pathologist

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
 • ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

Patient Name : Mrs. Meena Devi
 UHID/MR No. : FRAJ.0000242691
 Visit Date : 24-02-2024 11:23
 Sample Collected on : 24-02-2024 11:31
 Ref Doctor : SELF
 Emp/Auth/TPA ID : gfh6989+dfdf
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 54Y/Female
 OP Visit No : FRAJOPV118246
 Reported on : 24-02-2024 15:42
 Specimen : Serum
 Pres Doctor:


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIVER FUNCTION TEST (PACKAGE)			
BILIRUBIN - TOTAL Method: Jendrassik	0.58	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.17	0 - 0.3	mg/dl
A/G Method: Calculated	1.3	1.0 - 2.0	
BILIRUBIN - INDIRECT Method: Calculated.	0.41	<1.1	
SGOT /AST Method: IFCC (With P5P)	19.2	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	28.1	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	69.2	30 - 117	U/L
GGT Method: SZAZ	27.7	10 - 50	U/L
TOTAL PROTEIN Method: Biuret.	7.2	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.1	3.7-5.2	g/dl
GLOBULIN Method: Calculated	3.1	2.5 - 3.5	mg/dL

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Yogita


 Dr. Prashant Purwar
 MBBS, DCP
 Consultant Pathologist

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
 • ALL THE CONGENITAL ANOMALIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

Licensee : Bharti Medicare Pvt. Ltd. The Apollo Clinic, C-70, Major Sudesh Kumar Marg, Opp. Madhav Park, Near Main Market, Rajouri Garden, New Delhi-110 027
 Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com

Patient Name : Mrs. Meena Devi
UHID/MR No. : FRAJ.0000242691
Visit Date : 24-02-2024 11:23
Sample Collected on : 24-02-2024 11:31
Ref Doctor : SELF
Emp/Auth/TPA ID : gftth6989+dfdf
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 54Y/Female
OP Visit No : FRAJOPV118246
Reported on : 24-02-2024 15:43
Specimen : Serum
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
KFT - RENAL PROFILE-SERUM			
UREA Method: Urease	27.2	10-50	mg/dl
Creatinine Method: Jaffe	0.97	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	3.1	2.6 - 6	mg/dl
Sodium(Na) Method: ISE	137.2	136 - 142	mmol/L
Potassium(K) Method: ISE	4.1	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	101.1	95 - 103	mmol/L
Calcium Method: OCPC	9.2	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	3.1	2.3 - 4.7	mg/dl

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Yogita


 Dr. Prashant Purwar
 MBBS, DCP
 Consultant Pathologist

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
 • ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

Licensee : Bharti Medicare Pvt. Ltd. The Apollo Clinic, C-70, Major Sudesh Kumar Marg, Opp. Madhav Park, Near Main Market, Rajouri Garden, New Delhi-110 027
 Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com



Patient Name : Mrs. Meena Devi
UHID/MR No. : FRAJ.0000242691
Visit Date : 24-02-2024 11:23
Sample Collected on : 24-02-2024 11:31
Ref Doctor : SELF
Emp/Auth/TPA ID : gfth6989+dfdf
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 54Y/Female
OP Visit No : FRAJOPV118246
Reported on : 24-02-2024 15:17
Specimen : Urine
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
Urine R/M Examination			
Quantity	30	ml.	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Urine Specific Gravity	1.020		1.005 - 1.030
Dipstick pH	6.0		5.5 - 7.5
Dipstick / pH paper			
Chemical Examination			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			
Microscopic Examination			
Pus Cells	1-2	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil		Nil
Epithelial Cells	2-4	/HPF	1-2
Bacteria	Nil	/HPF	Nil

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
AMAN (LAB/RJG)

Dr. Prashant Purwar
 MBBS, DCP
 Consultant Pathologist

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
 • ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

Patient Name : MEENA DEVI	MR No	: FRAJ0000
Age/Sex : 54 Y/F	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 24.02.2024
Ref.by :	Report Date	: 24.02.2024

X-RAY CHEST PA VIEW

- Both lungs fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

IMPRESSION:- NORMAL STUDY.

To be correlate clinically.



Dr. Rahul Gera
Consultant Radiologist.