

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR HITESH VARYANI
Referred By Dr : MEDIWHEEL
Sex : MALE Age : 29 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LKD4086 *LKD4086*
Reg. Date : 09-Nov-2024 9:24 am
Report Date : 09-Nov-2024 2:46 pm
Print Date : 12-Nov-2024 10:56 am

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	15.90		5 - 20 mg/dl
CREATININE	1.26	mg/dl	0.7 - 1.3 mg/dl
Serum Uric Acid	7.0	mg%	Male 3.5 - 7.2 mg%
Age of the Patient	29		
eGFR	71.91	ml/min	

eGFR calculation based on MDRD guideline 2012
 More than 90 ml / min / 1.73 Sqm - Normal eGFR
 60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .
 Suggest reapt testing in 6 to 12 months.
 Exclude kidney disease in those at high risk (Diabetes & Hypertension
 30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .
 Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.
 15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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DR. BHAVINI KAMDAR
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- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	77	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	89.6	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	14.5	gm %	Male : 13 - 17.0 gm%
Erythrocytes (Total RBCs)	5.41	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	46.5	%	Male : 37 - 51 %
MCV	86.00	fl	80- 96 fl
MCH	26.90	pg	27 - 32 pg
MCHC	31.20	gm%	32 - 37 gm%
RDW	14.4	%	12 - 14.5

TOTAL WBC COUNT

TOTAL WBC COUNT 7100 / cumm 4,000 - 11,000

DIFFERENTIAL COUNT

Neutrophils	75	%	40 - 75
Lymphocytes	20	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	337000	Lacs/cmm	150000-450000

PERIPHERAL SMEAR

RBC Morphology Normocytic Normochromic
WBC Morphology Normal
Platelets Morphology Adequate

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ESR (westergren's method) 12 mm/hr Male: 0 - 10 mm
Female: 0 - 20 mm

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	96.80		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	186	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl -----
SR. TRIGLYCERIDES	136	mg / dl	--- Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl -----
HDL CHOLESTEROL	36.8	mg / dl	--- 35.3 - 79.5 mg / dl -----
VLDL	27.20	mg / dl	--- 6 - 38 mg / dl -----
LDL CHOLESTEROL	122.00	mg / dl	- Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl -----

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CHOLESTEROL / HDL **5.05** < 5

LDL / HDL **3.32** < 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

*Result rechecked.

----- End of Report -----

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.51	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.22	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.29	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	30.40	U / L	Up to 45 U / L
S.G.O.T.	25.80	U / L	Up to 46 U / L
Alkaline Phosphatase	112.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.23	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.33	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.90	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.49		1.0- 2.3
GGT	25.1	IU/L	55 IU/L

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR HITESH VARYANI
Referred By Dr : MEDIWHEEL
Sex : MALE Age : 29 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LKD4086 *LKD4086*
Reg. Date : 09-Nov-2024 9:24 am
Report Date : 09-Nov-2024 9:18 pm
Print Date : 12-Nov-2024 10:56 am

T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	192.891	ng/dl	91.14 - 237.61 ng/dl
T4 [Thyroxine]	7.809	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	2.090	uIU/mL	HYPOTHYROID : Less than 4.71 µg/dl Hypothyroid > 15.0 Hyperthyroid < 0.3 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

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Checked By
DHARAM

DR. BHAVINI KAMDAR
MD (PATH) MUM

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR HITESH VARYANI
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 29 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LKD4086 *LKD4086*
Reg. Date : 09-Nov-2024 9:24 am
Report Date : 09-Nov-2024 3:31 pm
Print Date : 12-Nov-2024 10:56 am

URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf

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HEALTHCARE

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Patient's Name : MR HITESH VARYANI
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Sex : MALE Age : 29 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LKD4086 *LKD4086*
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Report Date : 09-Nov-2024 3:31 pm
Print Date : 12-Nov-2024 10:56 am

Casts Not seen
Crystals Not seen /hpf
Yeast Not seen
Bacteria Absent

----- End of Report -----

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Health Check up Booking Request(22E35890)

1 message

Mediwheel <wellness@mediwheel.in>
To: healthcare.medicals@gmail.com
Cc: customercare@mediwheel.in

Wed, Oct 16, 2024 at 6:22 PM

**011-41195959****Dear Healthcare Medical Centre and Diagnostics**

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

You confirm this booking? Yes No

Name : Mr VARYANI HITESH
Contact Details : 9977664311
Hospital Package Name : Mediwheel Full Body Health Checkup Male Below 40
Location : 1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute, Borivali (W)
Appointment Date : 09-11-2024

Member Information		
Booked Member Name	Age	Gender
MR. VARYANI HITESH	29 year	Male

Tests included in this Package

- Thyroid Profile
- Liver Profile
- Kidney Profile
- Lipid Profile
- HbA1c
- CBC
- Urine Sugar PP
- Urine Sugar Fasting
- Blood Glucose (Post Prandial)
- Blood Group
- Blood Glucose (Fasting)
- ESR
- Stool Test
- Chest X-ray
- ECG
- USG Whole Abdomen
- TMT OR 2D ECHO (Any 1) Chosen By Candidate
- Eye Check-up Consultation
- Dental Consultation
- General Physician Consultation

आयकर विभाग
INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA



व्यक्तिगत आयकर
Personal Income Tax

प्रमाणित आयकर विवरण
Income Tax Return

आयकर विवरण संख्या
Income Tax Return Number

AWPPP V 1280A



आयकर विभाग
Income Tax Department

भारत सरकार
Govt. of India

आयकर विवरण संख्या
Income Tax Return Number

AWPPP V 1280A

आयकर विभाग
Income Tax Department

भारत सरकार
Govt. of India

आयकर विवरण संख्या
Income Tax Return Number

AWPPP V 1280A

Handwritten signature

DR. NUPUR RAI
MBSBS, DIPLOMA (MBSBS) (2012/20000)
Reg. No. 2816116643

HEALTHCARE
Medical Management & Diagnostics
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DATE: 09/11/24

TO,
Medicoheel

This is regarding your client Miss/Mrs/MR HITESH VARYANI

Visited to our centre on 09/11/2024 for her/his

proposed tests. All tests are done as scheduled except

Pending/skipped tests: stool stopped

Reason: do not want to do

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign

Medical Examiner
Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCO)
Reg. No. 2018173343

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NAME	MR HITESH VARYANI	DATE	09-11-24
HEIGHT-173CM	WEIGHT- 91.3KG	AGE	29YRS
REFERRED BY	MEDIWHEEL	SEX	MALE
PRESENT COMPLAINT: NIL			
PAST HISTORY: SINUSITIS / ALLERGIC RHINITIS SINCE 4-5YRS. STAMMERING + SINCE CHILDHOOD.			
ALLERGY: DUST	HABIT- NIL	APPETITE: GOOD	
BLADDER: NAD	BOWEL: NAD		
FAMILY HISTORY: FATHER 64YRS HEALTHY. MOTHER 62YRS K/C/O IHD/ANGIOPLASTY DONE.			
GENERAL EXAMINATION: ADVICE-			
P-86/ MIN	BP-130/80MMHG	<i>fit for employment</i>	
PALLOR: NIL	ICTERUS: NIL	<i>feature of anxiety disorder</i>	
OEDEMA: NIL	OTHERS: NAD	<i>↑ fluid intake</i>	
RS: AEBE	CVS: NAD	<i>T-cystone 1-1 x 2mm</i>	
PA: SOFT	CNS: CONSCIOUS	<i>like USG- ure 3mm</i>	
INVESTIGATION:			

DR. NUPUR DAI
MBBS, DIPLOMA CARDIOLOGY (GDCC)
Reg. No.: 2018115643

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

OPHTHALMIC REPORT

NAME <i>Mr. Hitesh Vanyania</i>	DATE
R- NO	AGE
REF. BY DR.	SEX

RIGHT EYE

LEFT EYE

V.A. WITHOUT GLASSES:

dsr Ng

ds Ng

V.A. WITH GLASSES:

SLIT LAMP EXAMINATION:

IOP - SCHIOTZ TONOMETER:

FUNDUS:

COLOUR VISION:
(ISHIHARA CHART)

WNL

WNL

OCULAR MOVEMENTS:

FFM

FFM

RETINOSCOPY:

Prescription:

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE <i>ds</i>	<i>-0.50</i>			<i>+0.00</i>		
NEAR <i>Ng</i>						

CLINICAL IMPRESSION:
ADVICE:

DR

Chhange

HEALTHCARE
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Yogi Ashram, Yogi Nagar,
Borivali (W), Mumbai - 400 092.
Tel.: 2866666 / 2866665



NAME	MR HITESH VARYANI	DATE	09.11.2024
		AGE	29 YRS
REF. BY DR	MEDIWHEEL	SEX	MALE

REAL TIME ABDOMINAL SONOGRAPHY SHOWS,

LIVER :

Liver is normal in size showing bright parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

Gall bladder :

The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

PANCREAS :

Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No focal lesion seen.

KIDNEYS :

Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis.

A calculus of size 3.2 mm is seen in mid pole of left kidney.

(a) Right kidney measures: 9.7 x 3.2 cms

(b) Left kidney measures: 11.8 x 4.4 cms.

SPLEEN :

The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

AORTA :

The upper aorta and para aortic regions appear normal.

URINARY BLADDER :

Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

PROSTATE:

is normal in size and shape (vol- 14.2 gms)

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR HITESH VARYANI	DATE	09.11.2024
		AGE	29 YRS
REF. BY DR	MEDIWHEEL	SEX	MALE

IMPRESSION :

- **GRADE I FATTY LIVER.**
- **LEFT RENAL CALCULUS.**

SUGGEST: CLINICAL CORRELATION.

DR.SUDHANSHU SAXENA
CONS.RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR HITESH VARYANI

Lab No. : LKD4086*LKD4086*

Referred By Dr : MEDIWHEEL

Reg. Date : 09-Nov-2024 9:24 am

Sex : MALE Age : 29 Years

Report Date: 11-Nov-2024 9:26 am

Collected At : YOGI NAGAR MAIN BRANCH

Print Date : 11-Nov-2024 9:30 am

X-RAY CHEST P. A. VIEW

The lungs on the either side show equal translucency.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The heart and trachea are central in position.

No mediastinal abnormality is visible.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.

CLINICAL CORELATION WITH NECESSARY INVESTIGATIONS.

DR. SHAILESH SANGALE
CONS. RADIOLOGIST

DR. SHRIKANT BODKE
CONS. RADIOLOGIST

DR. NIKUNJ KOTHIA
CONS. RADIOLOGIST

DR. BHAGYA SANNANANJA
CONS. RADIOLOGIST

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- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPUT. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



ELECTROCARDIOGRAM (ECG)

MR HITESH VARYANI
 ELKD4086 09-Nov-2024
 ECG

PATIENT MR HITESH VARYANI AGE 29 SEX M

REF. BY DR. MEDIWHEEL DATE 09/11/2024

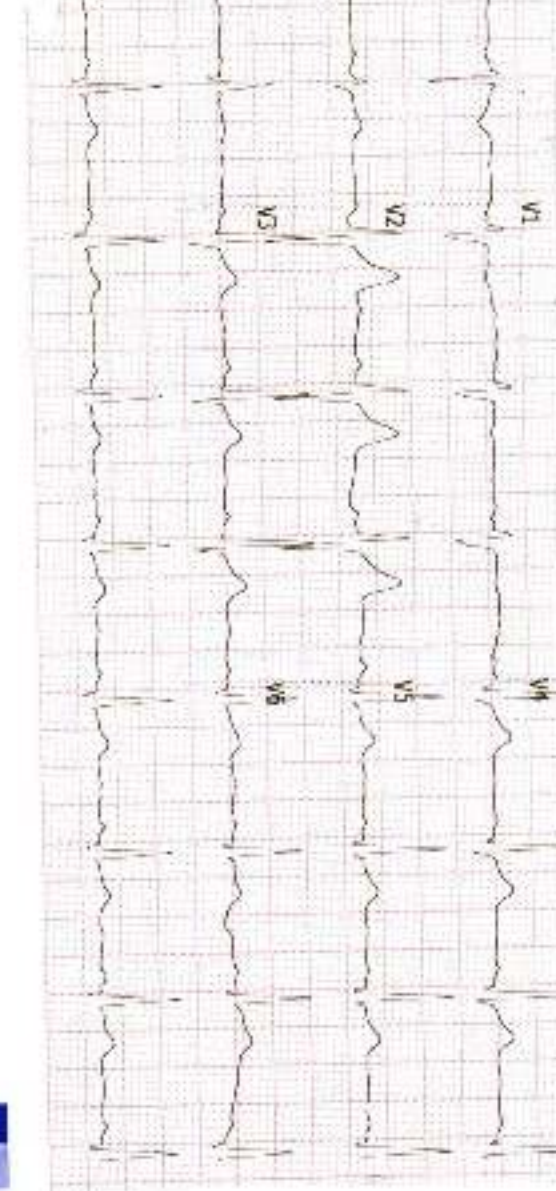
INTERPRETATION : Low

Dr. [Signature]
 Kbps Reg. No.: 2018113643
 Dr. NURJIT SAI
 Kbps Reg. No.: 2018113643

HEALTHCARE
 Medical Centre And Diagnostics
 09/ Avenue-108/109/110/111/112/113/114/115/116/117/118/119/120/121/122/123/124/125/126/127/128/129/130/131/132/133/134/135/136/137/138/139/140/141/142/143/144/145/146/147/148/149/150/151/152/153/154/155/156/157/158/159/160/161/162/163/164/165/166/167/168/169/170/171/172/173/174/175/176/177/178/179/180/181/182/183/184/185/186/187/188/189/190/191/192/193/194/195/196/197/198/199/200/201/202/203/204/205/206/207/208/209/210/211/212/213/214/215/216/217/218/219/220/221/222/223/224/225/226/227/228/229/230/231/232/233/234/235/236/237/238/239/240/241/242/243/244/245/246/247/248/249/250/251/252/253/254/255/256/257/258/259/260/261/262/263/264/265/266/267/268/269/270/271/272/273/274/275/276/277/278/279/280/281/282/283/284/285/286/287/288/289/290/291/292/293/294/295/296/297/298/299/300/301/302/303/304/305/306/307/308/309/310/311/312/313/314/315/316/317/318/319/320/321/322/323/324/325/326/327/328/329/330/331/332/333/334/335/336/337/338/339/340/341/342/343/344/345/346/347/348/349/350/351/352/353/354/355/356/357/358/359/360/361/362/363/364/365/366/367/368/369/370/371/372/373/374/375/376/377/378/379/380/381/382/383/384/385/386/387/388/389/390/391/392/393/394/395/396/397/398/399/400/401/402/403/404/405/406/407/408/409/410/411/412/413/414/415/416/417/418/419/420/421/422/423/424/425/426/427/428/429/430/431/432/433/434/435/436/437/438/439/440/441/442/443/444/445/446/447/448/449/450/451/452/453/454/455/456/457/458/459/460/461/462/463/464/465/466/467/468/469/470/471/472/473/474/475/476/477/478/479/480/481/482/483/484/485/486/487/488/489/490/491/492/493/494/495/496/497/498/499/500/501/502/503/504/505/506/507/508/509/510/511/512/513/514/515/516/517/518/519/520/521/522/523/524/525/526/527/528/529/530/531/532/533/534/535/536/537/538/539/540/541/542/543/544/545/546/547/548/549/550/551/552/553/554/555/556/557/558/559/560/561/562/563/564/565/566/567/568/569/570/571/572/573/574/575/576/577/578/579/580/581/582/583/584/585/586/587/588/589/590/591/592/593/594/595/596/597/598/599/600/601/602/603/604/605/606/607/608/609/610/611/612/613/614/615/616/617/618/619/620/621/622/623/624/625/626/627/628/629/630/631/632/633/634/635/636/637/638/639/640/641/642/643/644/645/646/647/648/649/650/651/652/653/654/655/656/657/658/659/660/661/662/663/664/665/666/667/668/669/670/671/672/673/674/675/676/677/678/679/680/681/682/683/684/685/686/687/688/689/690/691/692/693/694/695/696/697/698/699/700/701/702/703/704/705/706/707/708/709/710/711/712/713/714/715/716/717/718/719/720/721/722/723/724/725/726/727/728/729/730/731/732/733/734/735/736/737/738/739/740/741/742/743/744/745/746/747/748/749/750/751/752/753/754/755/756/757/758/759/760/761/762/763/764/765/766/767/768/769/770/771/772/773/774/775/776/777/778/779/780/781/782/783/784/785/786/787/788/789/790/791/792/793/794/795/796/797/798/799/800/801/802/803/804/805/806/807/808/809/810/811/812/813/814/815/816/817/818/819/820/821/822/823/824/825/826/827/828/829/830/831/832/833/834/835/836/837/838/839/840/841/842/843/844/845/846/847/848/849/850/851/852/853/854/855/856/857/858/859/860/861/862/863/864/865/866/867/868/869/870/871/872/873/874/875/876/877/878/879/880/881/882/883/884/885/886/887/888/889/890/891/892/893/894/895/896/897/898/899/900/901/902/903/904/905/906/907/908/909/910/911/912/913/914/915/916/917/918/919/920/921/922/923/924/925/926/927/928/929/930/931/932/933/934/935/936/937/938/939/940/941/942/943/944/945/946/947/948/949/950/951/952/953/954/955/956/957/958/959/960/961/962/963/964/965/966/967/968/969/970/971/972/973/974/975/976/977/978/979/980/981/982/983/984/985/986/987/988/989/990/991/992/993/994/995/996/997/998/999/1000

p: 67Hz 35Hz AC 60Hz 25 mm/s 10 mm/div

HEALTHCARE
UNI W03.3.04(2017)3315



K. S. Kumar



History :

B.P. :

Drugs :

Standard :

Auncular Rate :

Ventricular Rate :

Rhythm :

Mechanism :

Voltage :

Axis :

P Waves :

PR Interval :

Q Waves :

QRS Interval :

ST Segment :

T Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS : *LSNL*

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HEALTHCARE BORIVALI

MR HITESH VARYANI
 ID : 1749
 DATE : 09/11/2024
 AGE/SEX : 29 / M
 HT/WT : 173 / 93
 REF. BY : MRDIWHEEL

TREADMILL TEST REPORT

PROTOCOL : Bruce
 HISTORY : Checkup/Physical fitness,
 INDICATION : CARDIAC EVALUATION
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			MET.
								I	II	III	
SUPINE					89	130 / 80	115	0.9	1.2	0.4	
STANDING					85	130 / 80	110	0.5	0.9	0.4	
HYPERVENT		0:18			85	130 / 80	110	1.7	1.9	0.2	
Stage 1	2:55	2:55	2.7	10	113	130 / 80	146	0.8	1	0.1	4.6
Stage 2	5:55	2:55	4	12	129	140 / 80	180	1.2	1	-0.3	7.0
Stage 3	8:55	2:55	5.4	14	153	150 / 80	229	1.4	0.6	-0.8	9.9
PK-EXERCISE	9:55	0:55	6.7	16	169	160 / 80	270	1.6	1.3	-0.3	11.
RECOVERY	11:13	1:0			116	160 / 70	185	2.4	3.1	0.8	
RECOVERY	12:0	2:3			105	150 / 70	157	1.6	2.7	1.1	
RECOVERY	13:0	2:55			103	140 / 70	144	1.6	2.8	1.2	

RESULTS

EXERCISE DURATION : 9:55
 MAX HEART RATE : 176 bpm 92 % of target heart rate 191 bpm
 MAX BLOOD PRESSURE : 160 / 80 mm Hg
 REASON OF TERMINATION : Achieved THR,,
 MAX WORK LOAD : 11.22 METS

BP RESPONSE : Normal,
 ARRYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,

IMPRESSIONS

Good effort tolerance,
 No angina , No arrythmia ,
 No significant ST change noted ,
 Normal HR , Normal BP response ,
 Stress test negative for inducible ischemia ..

HEALTHCARE
 Medical Centre And Diagnostics
 Yogi Avenue, Yogi Nagar,
 Borivali (West), Mumbai - 400 092.
 Tel.: 28936565 / 28936535

Reg. No.: 2018115643
 MBBS, DIPLOMA CARDIOLOGY (PGCC)
DR. NUPUR RAI


DR. NUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PGCC)
 Reg. No.: 2018115643
 - (MD)

Technician : 1

HEALTHCARE BORIVALI

MR HITESH VARYANI
I.D. 1749
Age 29/M
Date 09/11/2024

RATE 89bpm
B.P. 130/80

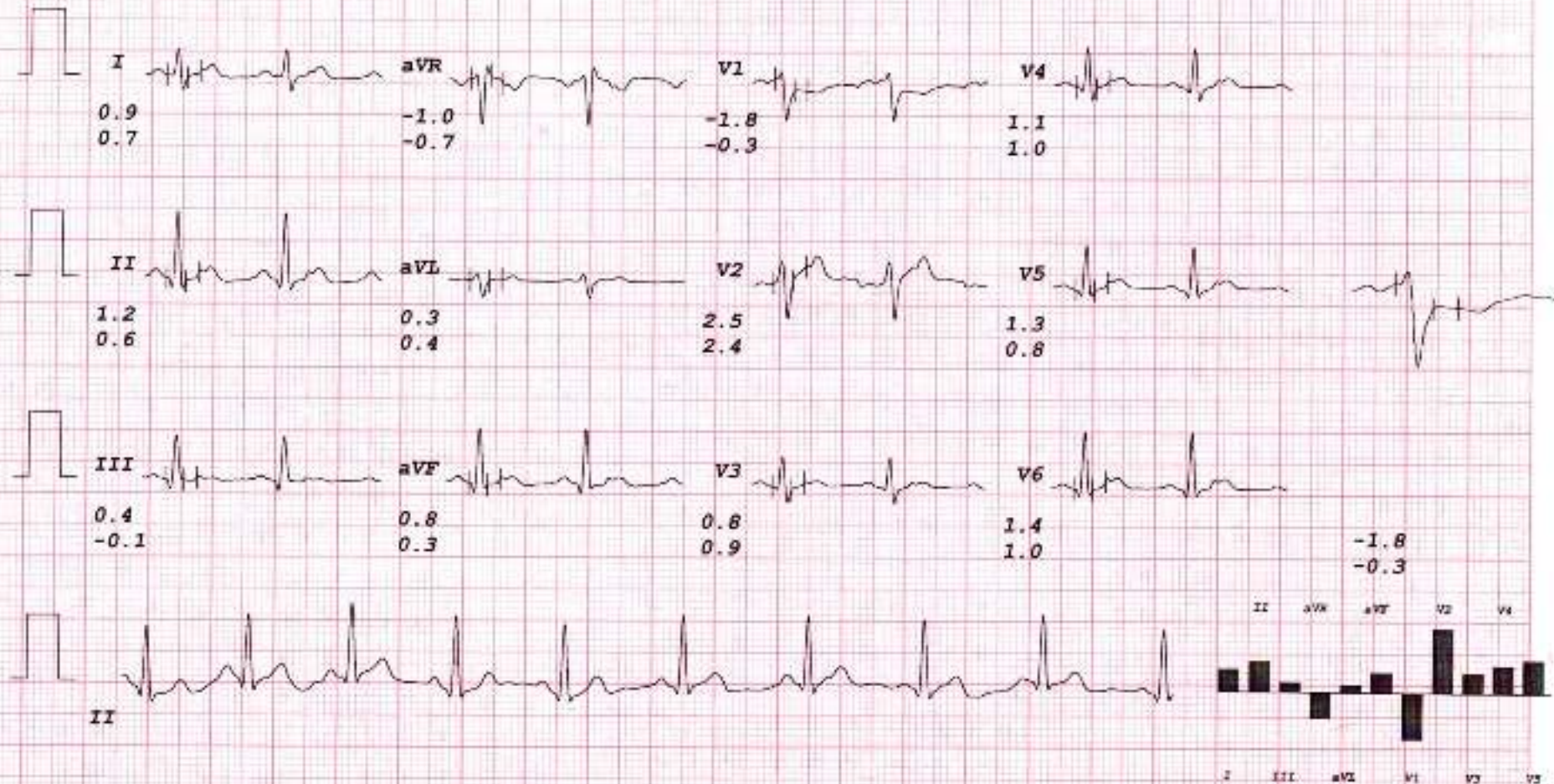
PRETEST
SUPINE

ST @ 10mm/mV
80ms PostJ

LINKED MEDIA

Mag. X 2

V1



HEALTHCARE BORIVALI

MR HITESH VARYANI
 I.D. 1749
 Age 29/M
 Date 09/11/2024

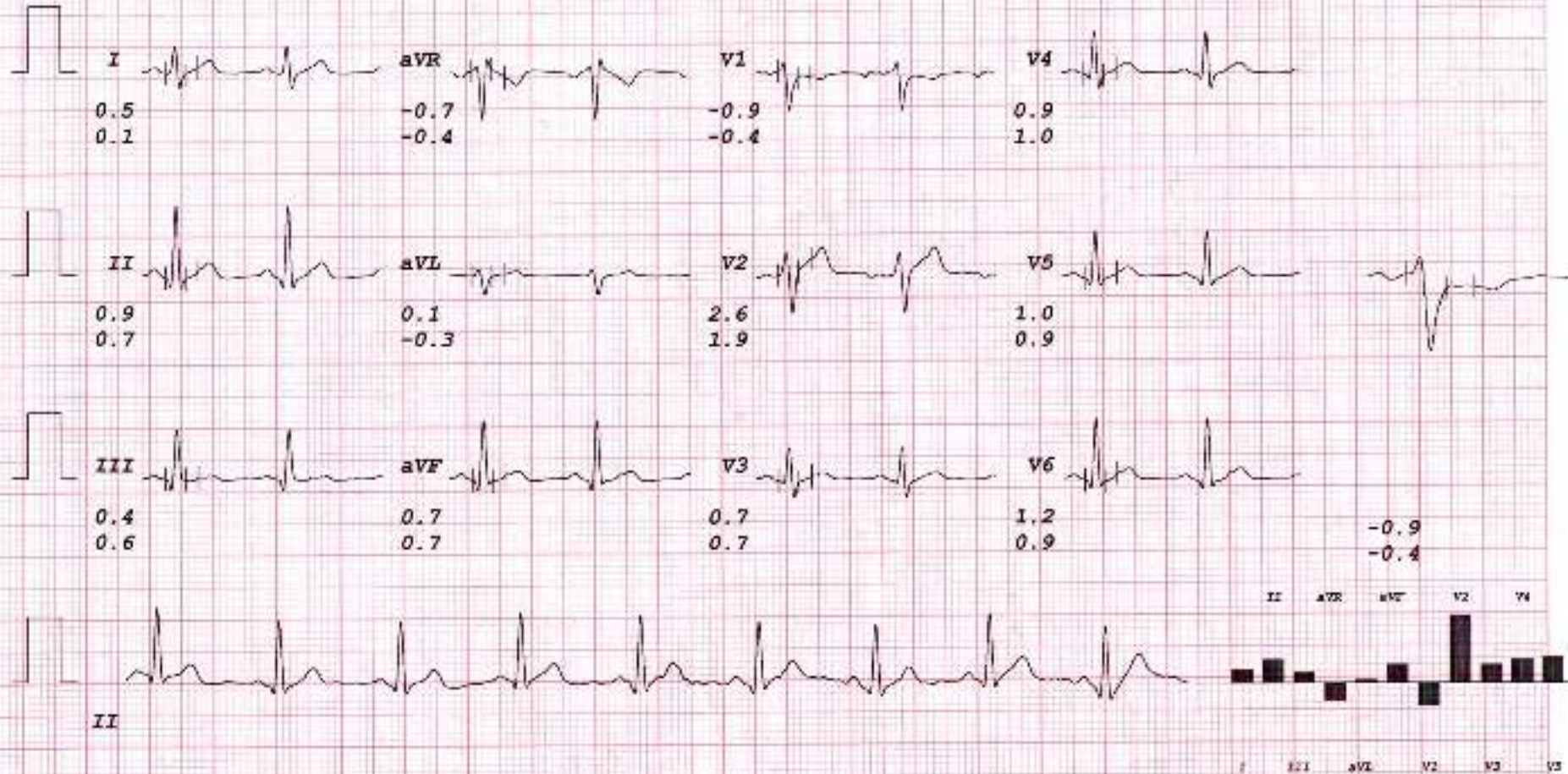
RATE 85bpm
 B.P. 130/80

PRETEST
 STANDING

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIA

Mag. X 2
 V1



HEALTHCARE BORIVALI

MR HITESH VARYANI
I.D. 1749
Age 29/M
Date 09/11/2024

RATE 85bpm
B.P. 130/80

PRETEST
HYPERVENT

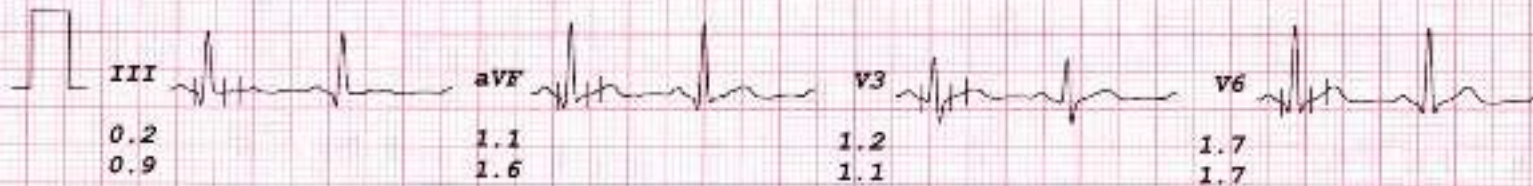
ST @ 10mm/mV
80ms PostJ

PHASE TIME 0:18

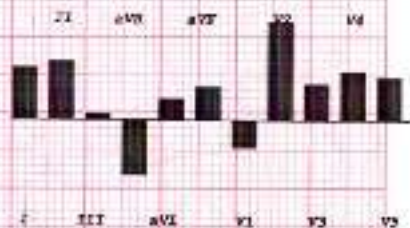
LINKED MEDIA

Mag. X 2

V1



-0.9
-0.6



HEALTHCARE BORIVALI

MR HITESH VARYANI
I.D. 1749
Age 29/M
Date 09/11/2024

RATE 113bpm
B.P. 130/80

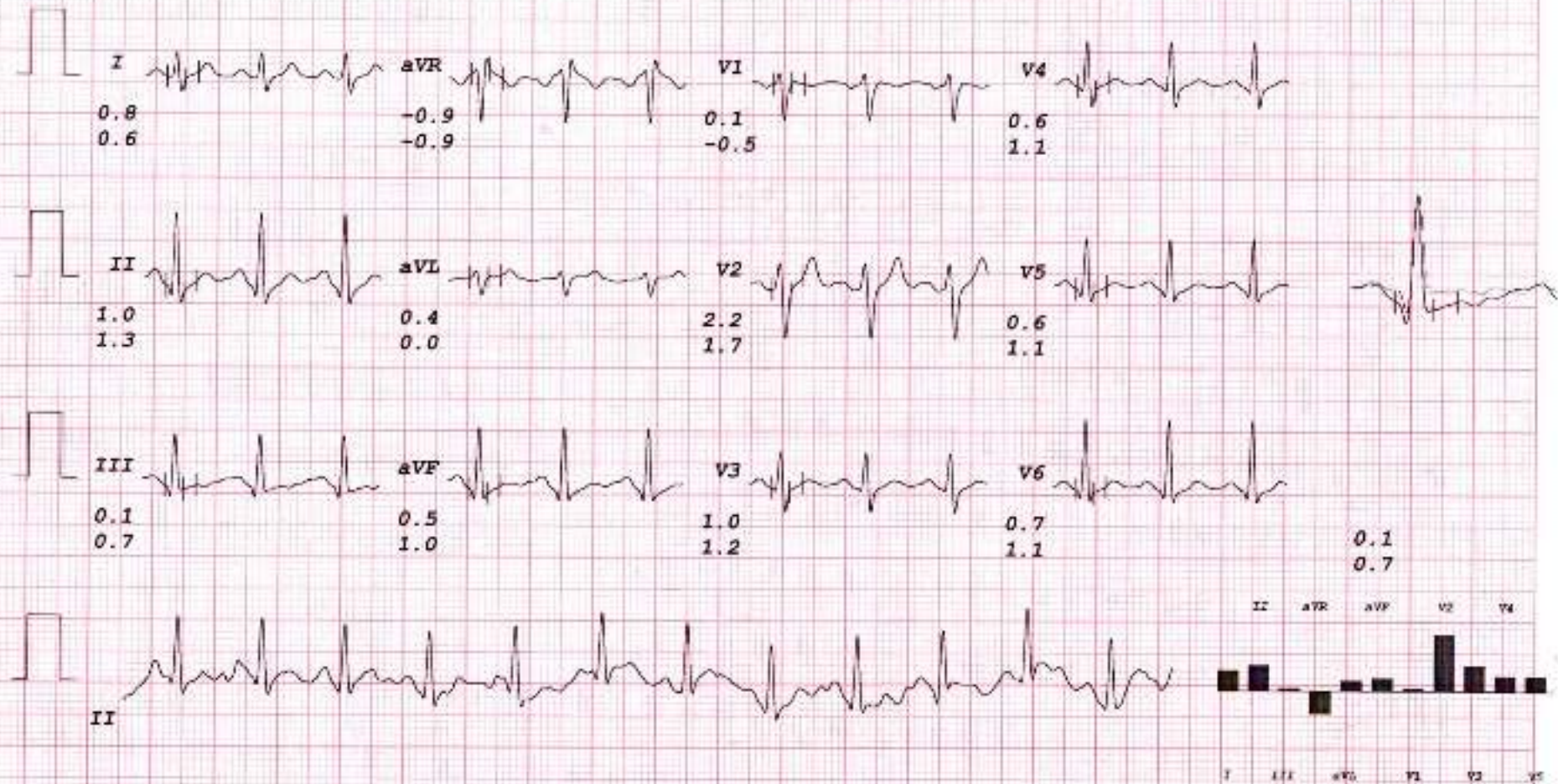
Bruce
Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ
Speed 2.7 km/hr
SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE BORIVALI

MR HITESH VARYANI
I.D. 1749
Age 29/M
Date 09/11/2024

RATE 129bpm
B.P. 140/80

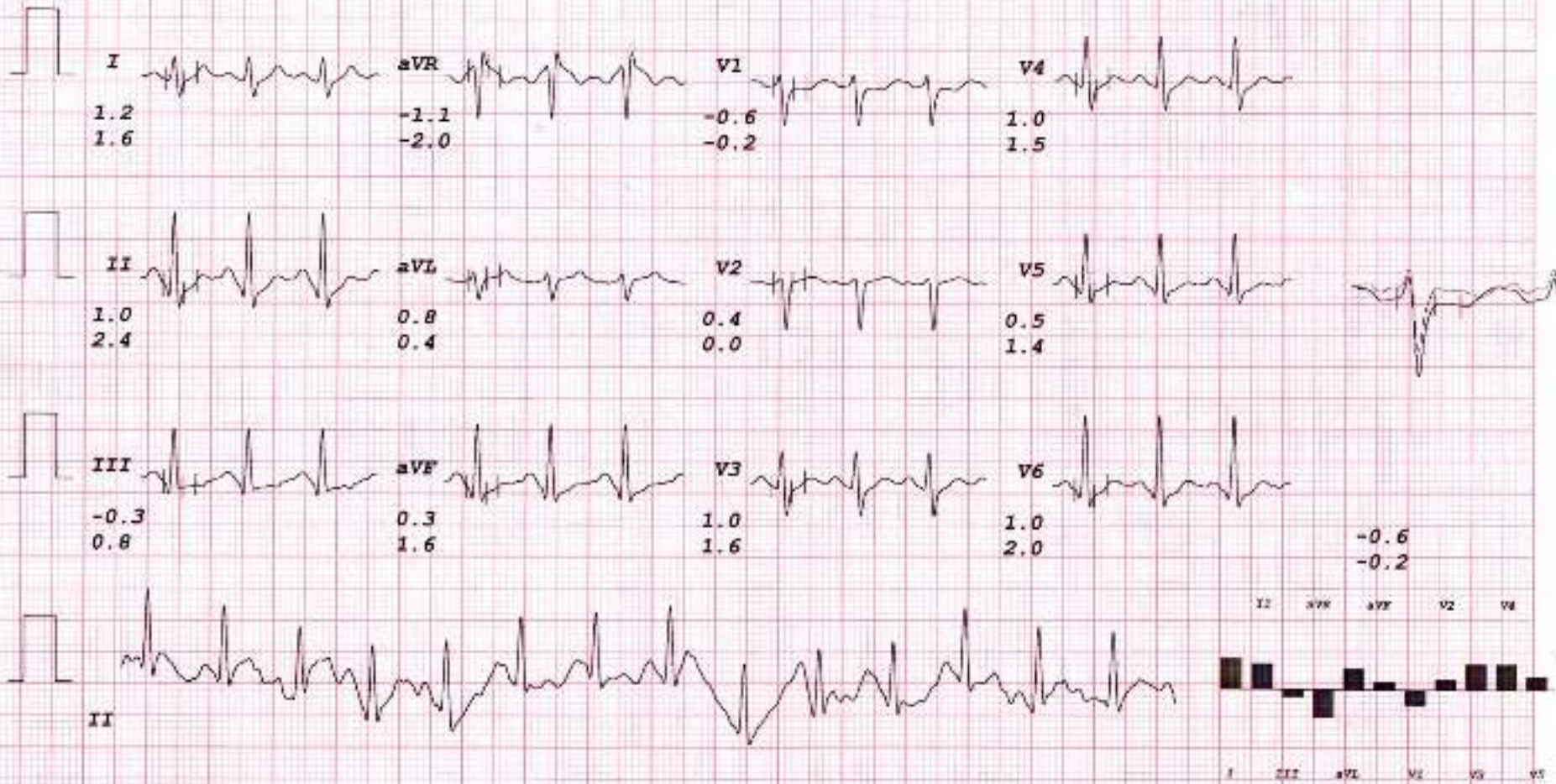
Bruce
Stage 2
TOTAL TIME 5:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ
Speed 4 km/hr
SLOPE 12 %

LINKED MEDIA

Mag. X 2

V1



HEALTHCARE BORIVALI

MR HITESH VARYANI
I.D. 1749
Age 29/M
Date 09/11/2024

RATE 153bpm
B.P. 150/80

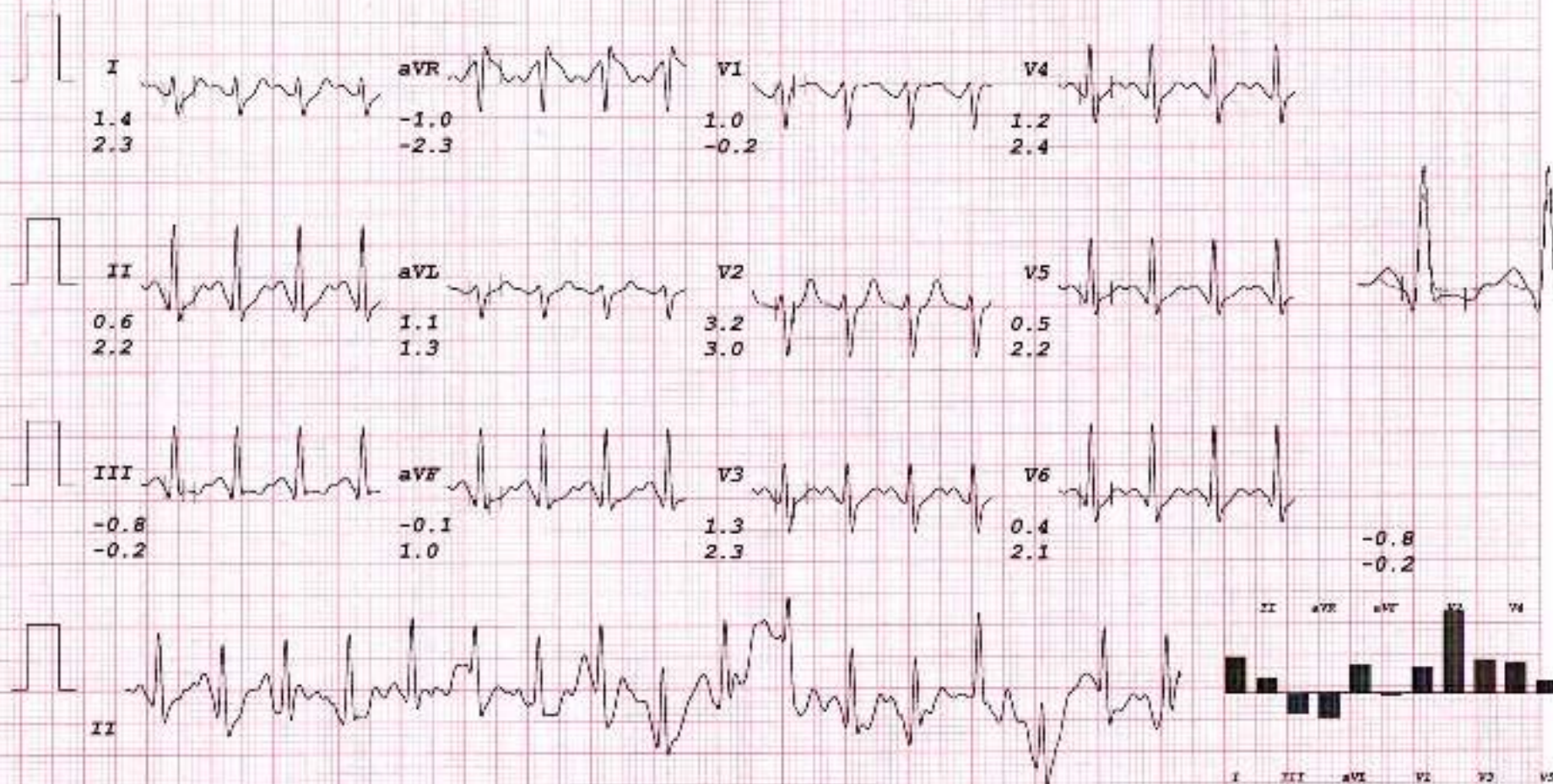
Bruce
Stage 3
TOTAL TIME 8:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ
Speed 5.4 km/hr
SLOPE 14 t

LINKED MEDIA

Mag. X 2

III



HEALTHCARE BORIVALI

MR HITESH VARYANI
 I.D. 1749
 Age 29/M
 Date 09/11/2024

RATE 169bpm
 B.P. 160/80

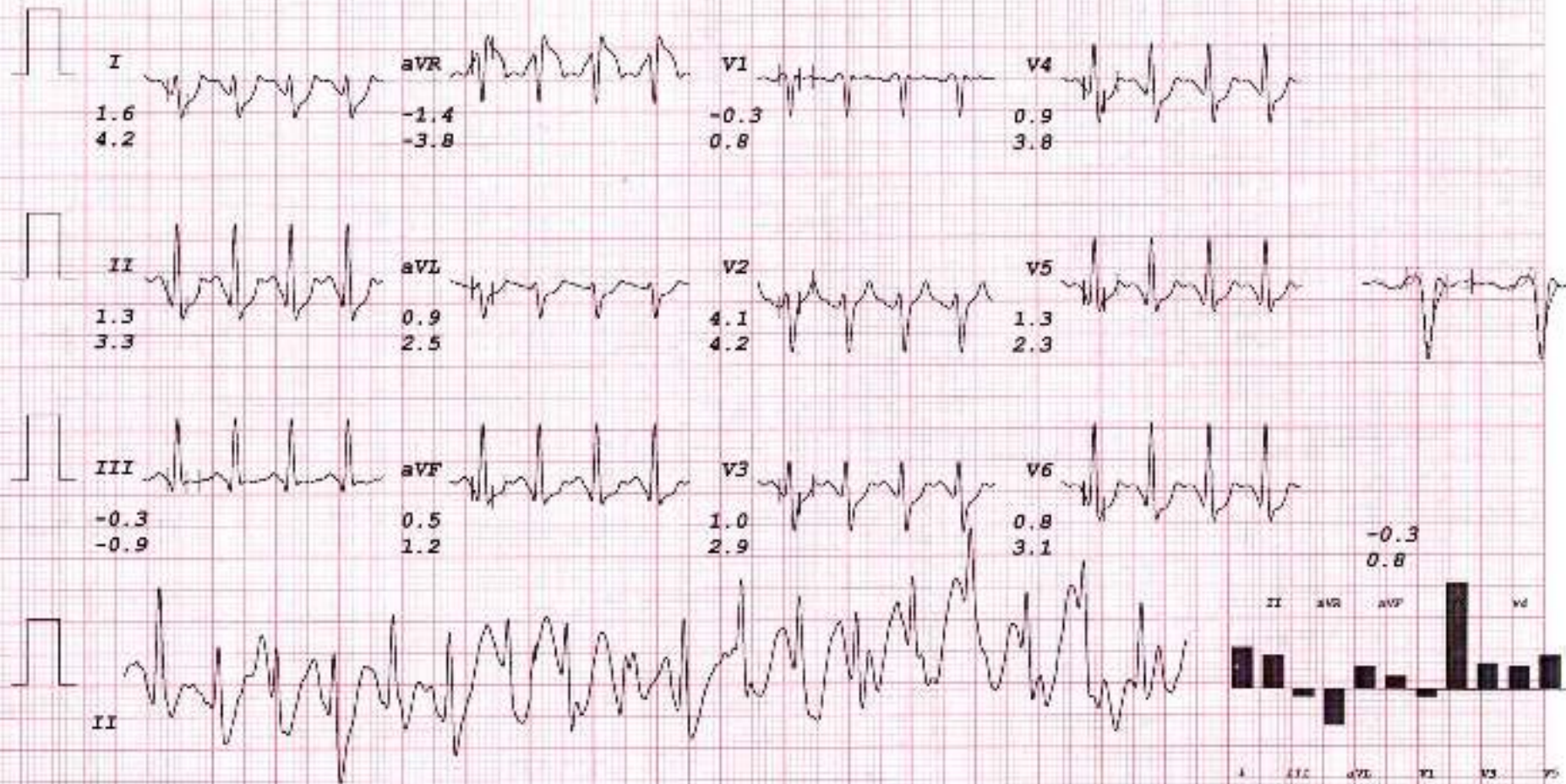
Bruce
 PK-EXERCISE
 TOTAL TIME 9:55
 PHASE TIME 0:55

ST @ 10mm/mV
 80ms PostJ
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIA

Mag. X 2

V1



HEALTHCARE BORIVALI

MR HITESH VARYANI
I.D. 1749
Age 29/M
Date 09/11/2024

RATE 116bpm
B.P. 160/70

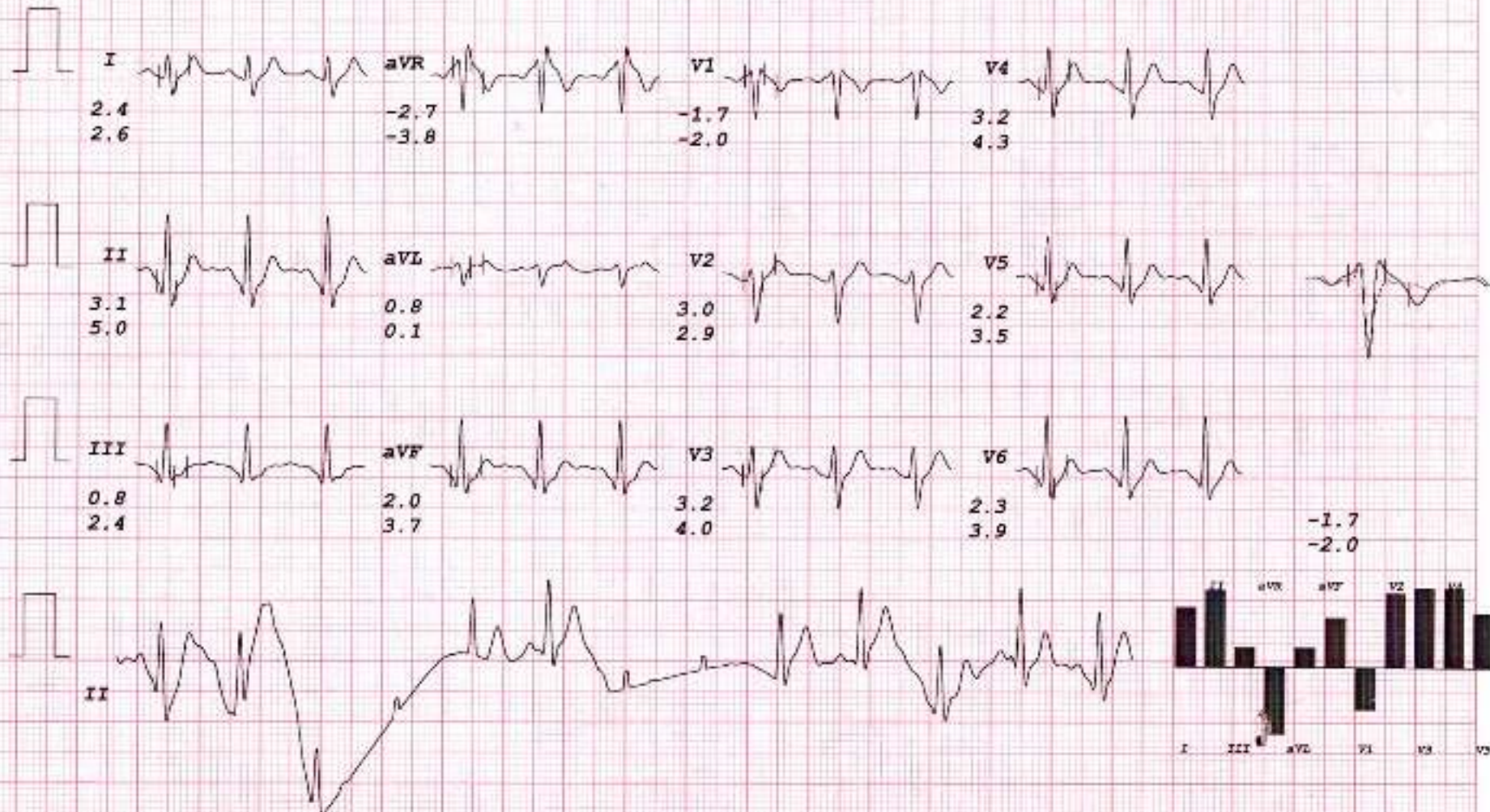
Bruce
RECOVERY
TOTAL TIME 11:13
PHASE TIME 1:08

ST @ 10mm/mV
80ms PostJ

LINKED MEDIA

Mag. X 2

V1



HEALTHCARE BORIVALI

MR HITESH VARYANI
I.D. 1749
Age 29/M
Date 09/11/2024

RATE 105bpm
B.P. 150/70

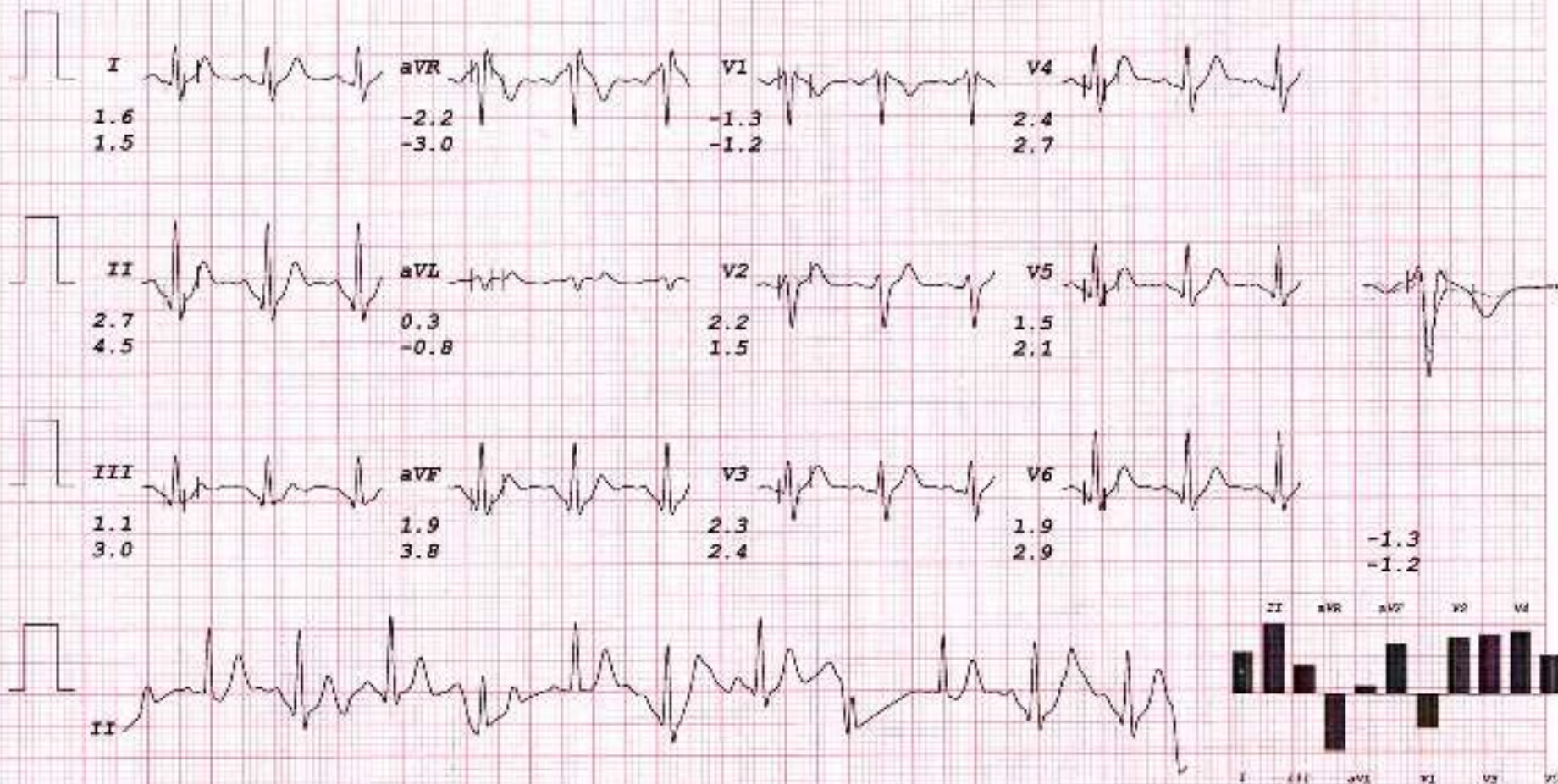
Bruce
RECOVERY
TOTAL TIME 12:08
PHASE TIME 2:03

ST @ 10mm/mV
80ms PostJ

LINKED MEDIA

Mag. X 2

V1



HEALTHCARE BORIVALI

MR HITESH VARYANI
I.D. 1749
Age 29/M
Date 09/11/2024

RATE 103bpm
B.P. 140/70

Bruce
RECOVERY
TOTAL TIME 13:00
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIA

Mag. X 2

VI

