



BHAILAL AMIN  
GENERAL HOSPITAL



### CONCLUSION OF HEALTH CHECKUP

ECU Number	: 2432	MR Number	: 23202569	Patient Name	: RAJESHWARI DEY
Age	: 27	Sex	: Female	Height	: 156
Weight	: 72	Ideal Weight	: 56	BMI	: 29.59
Date	: 21/03/2023				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 2432                      MR Number : 23202569                      Patient Name: RAJESHWARI DEY  
Age : 27                                      Sex : Female                                      Height : 156  
Weight : 72                                      Ideal Weight : 56                                      BMI : 29.59  
Date : 21/03/2023

Past H/O : H/O: CHOLECYSTECTOMY :--->2020

Present H/O : NO MEDICAL COMPLAIN AT PRESENT

Family H/O : NO F/H/O ANY MAJOR ILLNESS

Habits : NO HABITS  
Gen.Exam. : G.C.GOOD  
B.P : 120/90 mm Hg  
Pulse : 105/MIN REG  
Others : SPO2-97%  
C.V.S : NAD  
R.S. : NAD  
Abdomen : NP  
Spleen : NP  
Skin : NAD  
C.N.S : NAD  
Advice :

ECU Number : 2432  
Age : 27  
Weight : 72  
Date : 21/03/2023

MR Number : 23202569  
Sex : Female  
Ideal Weight : 56

Patient Name : RAJESHWARI DEY  
Height : 156  
BMI : 29.59

**Ophthalmic Check Up :**

**Right**

**Left**

Ext Exam

NIL

Vision Without Glasses

6/6 N.5

6/6 N.5

Vision With Glasses

SAME AS PATIENT S OWN

NA

Final Correction

NA

NA

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

**Orthopeadic Check Up :**

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

**General Surgery Check Up :**

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



ECU Number : 2432      MR Number : 23202569      Patient Name: RAJESHWARI DEY  
Age : 27      Sex : Female      Height : 156  
Weight : 72      Ideal Weight : 56      BMI : 29.59  
Date : 21/03/2023

Gynaec Check Up :

OBSTETRIC HISTORY      FTLSCS -M- 5 YRS  
MENSTRUAL HISTORY  
PRESENT MENSTRUAL CYCLE      LMP=01-03-2023      IRREGULAR CYCLE  
PAST MENSTRUAL CYCLE

CHIEF COMPLAINTS

PA      SOFT  
PS      Cx-HYPERTROPHIC Vg- CLEAR DISCHARGE  
PV      UT NS Fx CLEAR  
BREAST EXAMINATION RIGHT      NORMAL  
BREAST EXAMINATION LEFT      NORMAL  
PAPSMEAR      TAKEN  
BMD  
MAMMOGRAPHY  
ADVICE

Dietary Assesment

ECU Number : 2432 MR Number : 23202569 Patient Name: RAJESHWARI DEY  
Age : 27 Sex : Female Height : 156  
Weight : 72 Ideal Weight : 56 BMI : 29.59  
Date : 21/03/2023

Body Type : Normal / Underweight / Overweight  
Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional  
Frequency of consuming Sweets : / Day / or occasional  
Frequency of consuming outside food : / Day / Week or occasional

Amount of water consumed / day : Glasses / liters

Life style assessment :

Physical activity : Active / moderate / Sedentary / Nil

Alcohol intake : Yes / No

Smoking : Yes / No

Allergic to any food : Yes / No

Are you stressed out ? : Yes / No

Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 seervings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.



Patient Name : Mrs. RAJESHWARI DEY  
 Gender / Age : Female / 27 Years 2 Months 25 Days  
 MR No / Bill No. : 23202569 / 231073524  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 114324  
 Request Date : 21/03/2023 08:52 AM  
 Collection Date : 21/03/2023 08:42 AM  
 Approval Date : 21/03/2023 01:31 PM

**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	<b>11.6</b>	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.38	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	37.2	%	36 - 46
Mean Corpuscular Volume (MCV)	84.9	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	<b>26.5</b>	pg	27 - 32
MCH Concentration (MCHC)	<b>31.2</b>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	<b>14.8</b>	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	<b>47.3</b>	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	7.16	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	74	%	40 - 80
Lymphocytes	<b>18</b>	%	20 - 40
Eosinophils	2	%	1 - 6
Monocytes	6	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	5.26	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.26	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.17</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.44	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.1	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	<b>96</b>	thou/cmm	150 - 410
Smear evaluation	Adequate		
Estimated Platelet count (Smear evaluation)	120	thou/cmm	
PBS Overview	on smear . few large platelets seen.		

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / repeat may be requested.



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**CBC + ESR**

Test	Result	Units	Biological Ref. Range
ESR	10	mm/1 hr	0 - 12

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological, except in pregnancy and neonates of < 7 days.

Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



Patient Name : Mrs. RAJESHWARI DEY Type : OPD  
 Gender / Age : Female / 27 Years 2 Months 25 Days Request No. : 114324  
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**Haematology**

Test	Result	Units	Biological Ref. Range
<b>Blood Group</b>			
ABO system	O		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check's group both on Red blood cells and in Serum for "ABO" group.

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**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<b>Fasting Plasma Glucose</b>			
Fasting Plasma Glucose	87	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	105	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

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**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Heamoglobin (HbA1c)	5.2	%	
estimated Average Glucose (e AG) *	102.54	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	128	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension &lt; 150 Normal 150-199 Borderline High 200-499 High &gt; 499 Very High)</i>			
Total Cholesterol	189	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension &lt;200 mg/dL - Desirable 200-239 mg/dL - Borderline High &gt; 239 mg/dL - High)</i>			
HDL Cholesterol	54	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension &lt; 40 Low &gt; 60 High)</i>			
Non HDL Cholesterol (calculated)	135	mg/dL	1 - 130
<i>(Non- HDL Cholesterol &lt; 130 Desirable 139-159 Borderline High 160-189 High &gt; 191 Very High)</i>			
LDL Cholesterol	<b>111</b>	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension &lt; 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High &gt; 189 Very High)</i>			
VLDL Cholesterol (calculated)	25.6	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.06		2.1 - 3.5
T. Ch./HDL Ch. Ratio	3.5		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

--- End of Report ---

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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.55	mg/dL	0 - 1
Bilirubin - Direct	0.11	mg/dL	0 - 0.3
Bilirubin - Indirect	0.44	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	24	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	45	U/L	14 - 59
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	92	U/L	42 - 98
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	19	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
<b>Total Protein</b>			
Total Proteins	8.10	gm/dL	6.4 - 8.2
Albumin	3.78	gm/dL	3.4 - 5
Globulin	4.32	gm/dL	3 - 3.2
A : G Ratio	0.87		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

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## Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	14	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.75	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	4.9	mg/dL	2.2 - 5.8

— End of Report —

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 Approval Date : 21/03/2023 12:21 PM

## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
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Triiodothyronine (T3)	1.31	ng/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4  
 1-11 months : 0.1 - 2.45  
 1-5 years : 0.1 - 2.7  
 6-10 years : 0.9 - 2.4  
 11-15 years : 0.8 - 2.1  
 16-20 years : 0.8 - 2.1  
 Adults (20 - 50 years) : 0.7 - 2.0  
 Adults (> 50 years) : 0.4 - 1.8  
 Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroxine (T4)	8.34	mcg/dL	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6  
 1 - 2 weeks : 9.8 - 16.6  
 1 - 4 months : 7.2 - 14.4  
 4 - 12 months : 7.8 - 16.5  
 1-5 years : 7.3 - 15.0  
 5 - 10 years : 6.4 - 13.3  
 10 - 20 years : 5.6 - 11.7  
 Adults / male : 4.6 - 10.5  
 Adults / female : 5.5 - 11.0  
 Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroid Stimulating Hormone (US-TSH)	1.81	microIU/ml	
--------------------------------------	------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39  
 2-20 weeks : 1.7 - 9.1  
 5 months - 20 years : 0.7 - 6.4  
 Adults (21 - 54 years) : 0.4 - 4.2  
 Adults (> 55 years) : 0.5 - 8.9  
 Pregnancy :  
 1st trimester : 0.3 - 4.5  
 2nd trimester : 0.5 - 4.6  
 3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

— End of Report —

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**Urine routine analysis (Auto)**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	20	mL	
Colour	Pale Yellow		
Appearance	Turbid (Slight)		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	6.0		
Specific Gravity	<=1.005		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	1+		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	5 - 10	/hpf	0 - 5
Epithelial Cells	10 - 20	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

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BHAILAL AMIN  
GENERAL HOSPITAL

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**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23202569      Report Date : 21/03/2023  
Request No. : 190057756      21/03/2023 8.52 AM  
Patient Name : Mrs. RAJESHWARI DEY  
Gender / Age : Female / 27 Years 2 Months 25 Days

**ADVANCED DIGITAL SOLUTIONS**

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

**X-Ray Chest AP**

Both lung fields are clear.  
Both costophrenic sinuses appear clear.  
Heart size is normal.  
Hilar shadows show no obvious abnormality.  
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD**  
Consultant Radiologist







**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23202569      Report Date : 21/03/2023  
Request No. : 190057721      21/03/2023 8.52 AM  
Patient Name : Mrs. RAJESHWARI DEY  
Gender / Age : Female / 27 Years 2 Months 25 Days

**ADVANCED DIGITAL SOLUTIONS**

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

**USG : Abdomen (Excluding Pelvis) Or Upper Abdomen**

**Liver is normal in size and echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.**

Gall bladder is not seen h/o cholecystectomy. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Uterus is anteverted, normal in size and echo pattern. Endometrium thickness is about mm. No obvious mass lesion seen.

Uterine length :            70 mm.  
A.P.                            :        32 mm.

**Both ovaries are normal and show multiple small follicles.**  
Right ovary measures 27mm x 18mm x 22mm and volume is 5.8 cc.  
Left ovary measures 18mm x 25mm x 25mm and volume is 5.4 cc.

Urinary bladder is moderately distended and appears normal. No free fluid seen.

**COMMENT:**

**Polycystic ovaries.**

*Kindly correlate clinically*

*Prerna C*

**Dr.Prerna C Hasani, MD**  
Consultant Radiologist



• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
 • NOT VALID FOR MEDICO-LEGAL PURPOSES  
 • CLINICAL CORRELATION RECOMMENDED


Patient No. : 23202569      Report Date : 21/03/2023  
Request No. : 190057781      21/03/2023 8.52 AM  
Patient Name : Mrs. RAJESHWARI DEY  
Gender / Age : Female / 27 Years 2 Months 25 Days

**Echo Color Doppler**

MITRAL VALVE : NORMAL  
AORTIC VALVE : TRILEAFLET, NORMAL  
TRICUSPID VALVE : NORMAL, TRACE TR, PASP BY TR JET=11 MMHG  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL, NO REGIONAL WALL MOTION ABNORMALITY,  
LVEF=60%  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
COLOUR/DOPPLER FLOW MAPPING : No diastolic dysfunction

**FINAL CONCLUSION:**

1. ALL CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS
2. NO REGIONAL WALL MOTION ABNORMALITY AT REST
3. NORMAL LV SYSTOLIC FUNCTION, LVEF=60%
4. NORMAL VALVES
5. NO DIASTOLIC DYSFUNCTION
6. TRACE TR, NO PULMONARY HYPERTENSION , ( IVC COLLAPSING )
7. NO PERICARDIAL EFFUSION, CLOT VEGETATION.

  
Dr. V C CHAUHAN  
Consultant Cardiologist

Name: Rajeshwari dey  
Patient ID: 23202569

21.03.2023 09:15:31  
Standard 12-Lead

Date of birth: 25.12.1995  
Gender: Female  
Height:   
Weight:   
Ethnicity: Undefined  
Facemaker: Unknown  
Indication:   
Remark:

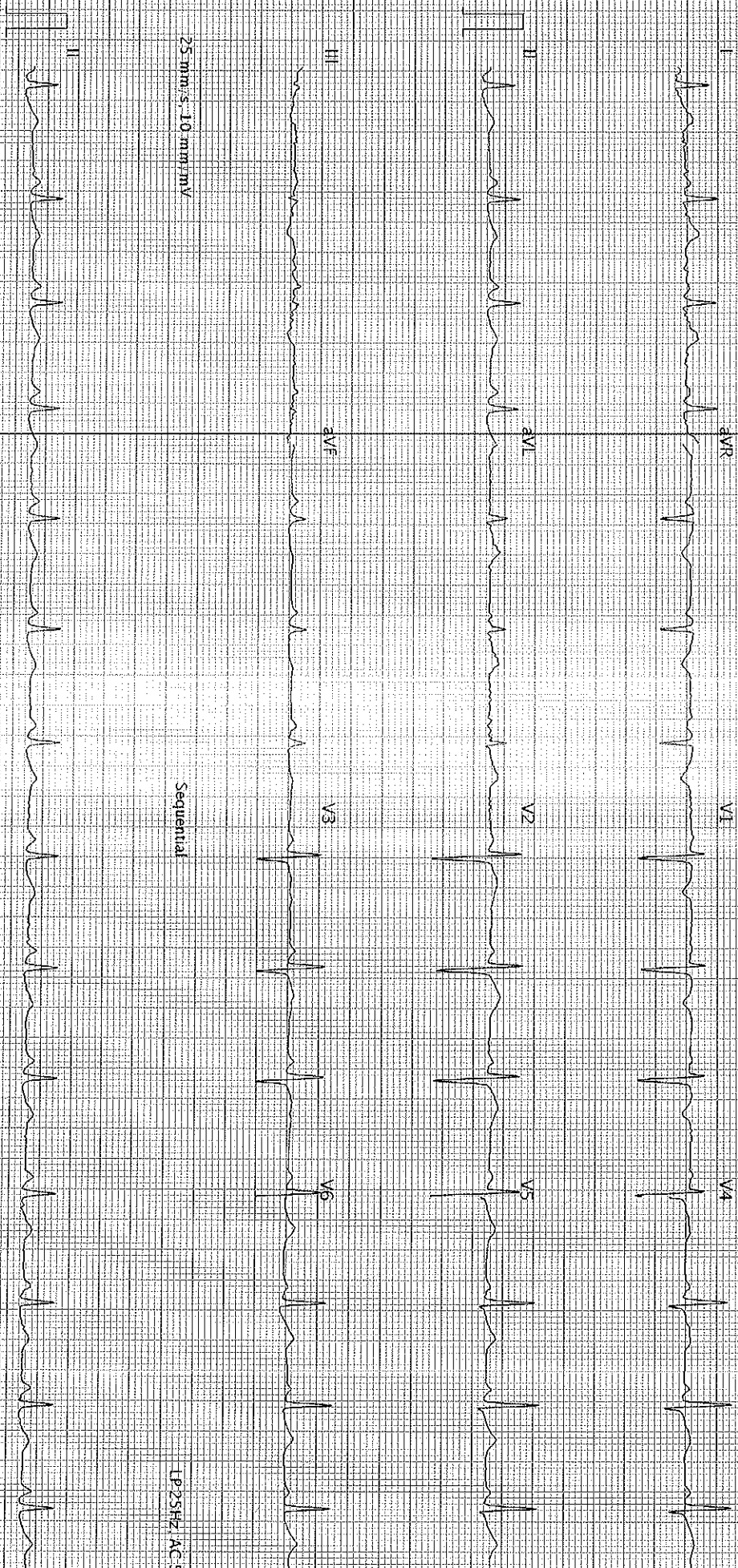
Visit ID:   
Room:   
Medication:   
Order ID:   
Ord. prov.:   
Ord. prot.:

HR: 82 bpm  
P axis: 53°  
QRS axis: 29°  
T axis: 12°  
RR: 729 ms  
P: 93 ms  
FR: 124 ms  
QRS: 73 ms  
QT: 346 ms  
QTcB: 405 ms

Sinus rhythm  
Normal electrical axis  
Nonspecific T abnormality  
Borderline ECG  
Unconfirmed report

Borderline

*ECG*



25 mm/s, 10 mm/mV

Sequential

LP25Hz AC 50Hz

25 mm/s, 10 mm/mV

LP25Hz AC 50Hz

AI-107-G2.1-Z-0 (080-011030)

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Page 1 of 1

SCHILLER

Part No.2.157048M

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# Dr. Sonica Peshin

Cosmetic Dentist & Implantologist

Reg. No. : 6966-A

M. : 9586867301



BHAILAL AMIN  
GENERAL HOSPITAL

## Dental assessment form

21/03/2023

Name: Rajeshwari Dey

Age/ Sex: 27 years/Female

Patient has come for an oral hygiene check up

### On Examination:

- Stains+ Calculus+
- History of horizontal brushing
- Mild attrition, recession
- Bulbous marginal and papillary gingiva
- Bleeding on probing present

### Provisional diagnosis:

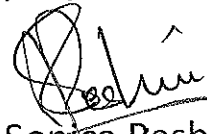
- Chronic generalised gingivitis

### Treatment plan:

- Recalled after an year for an oral hygiene check up

### Advised:

- Brush your teeth twice daily
- Salt water rinses atleast once a day.
- Clean your tongue and floss in between everyday.
- Follow vertical brushing technique.

  
Dr. Sonica Peshin

ITEM CODE:SMD066

HEART CARE | BRAIN & SPINE | BONE & JOINT | MINIMAL ACCESS SURGERY  
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