



**ZENA**  
Healthcare Services  
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-SUDHANSU SEKHAR DASH  
AGE:-42YRS  
Patient ID:-1

REFERRAL:-MEDI-WHEEL  
DATE:-01.07.2022  
SEX:-MALE

**CHEST X-RAY PA VIEW SHOWS.**

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

**IMPRESSION:-NORMAL STUDY.**

*B. Pradhan*

**Dr. Bhagaban Pradhan  
M.D. (Radio diagnosis)  
Consultant Radiologist**

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Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**



Patient Name : MR. SUDHANSU SEKHAR DASH

Age / Gender : 42 years / Male

Patient ID : 12195

Referral : MEDI WHEEL

Collection Time : 01/07/2022, 12:33 PM

Reporting Time : 01/07/2022, 05:31 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<b>Glucose, Fasting (FBS)</b>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	218	75 - 115	mg/dL
<b>BUN, Serum</b>			
BUN-Blood Urea Nitroge Method : Serum, Urease	24.1	10 - 50	mg/dL
<b>Creatinine</b>			
Creatinine Method : Serum, Jaffe	0.95	0.60 - 1.30	mg/dL
<b>Uric acid, Serum</b>			
Uric Acid Method : Uricase, Colorimetric	3.95	3.4 - 7.0	mg/dL

\*\*END OF REPORT\*\*

Lab technician

Dr.Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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Wishing Good Health



EYE REPORT

NAME : SUDHANSU SEKHAR DASH

DATE : 1.07.2022

AGE : 42 YRS

SEX : MALE

WITH GLASSES

	RT EYE	LT EYE
COLOUR	NORMAL	NORMAL
NEAR	6/6	6/6
FAR	6/6	6/6

Dr. M.K. HOTA  
M.B.B.S./M.S. (E.N.T)  
REGD No.-6993

SIGNATURE

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**MEDICAL CERTIFICATE**

Date :- 01.07.2022

NAME

SUDHANSU SEKHAR DASH

MEDICAL INFORMATION

Height:- 171 cm	Age:- 42 yrs
Weight:- 76 kg	Sex:- Male
Blood Pressure:- 105/78 mmhg	Pulse:-88/min

Body Mass Index(BMI)

70.7

**Physical Fitness certificate**

This is to certify that Mr. SUDHANSU SEKHAR DASH Dhal, aged 42 yrs, reports is Normal and I have found his FIT.

Signature



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**Age / Gender :** 42 years / Male

**Patient ID :** 12195

**Referral :** MEDI WHEEL

**Collection Time :** 01/07/2022, 12:33 PM

**Reporting Time :** 01/07/2022, 05:31 PM

**Sample ID :**



13968

Test Description	Value(s)	Reference Range	Unit
<b>Complete Blood Count</b>			
Hemoglobin (Hb)	14.2	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	<b>4.65</b>	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.5	42 - 52	%
Mean Cell Volume (MCV)	91.40	78 - 100	fL
Mean Cell Haemoglobin (MCH)	30.54	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	33.41	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.3	11.5 - 14.0	%
Total Leucocytes (WBC) Count	5600	4000-10000	cell/cu.mm
Neutrophils	65	40 - 80	%
Lymphocytes	30	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	03	1 - 6	%
Basophils	<b>0</b>	1-2	%
Platelet Count	210	150 - 450	10 <sup>3</sup> /ul
Mean Platelet Volume (MPV)	9.2	7.2 - 11.7	fL
PCT	<b>0.198</b>	0.2 - 0.5	%
PDW	15.7	9.0 - 17.0	%

\*\*END OF REPORT\*\*

Lab Technician

**Dr. Kundan Kumar Sahoo**  
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MICROBIOLOGIST

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Age / Gender : 42 years / Male

Patient ID : 12195

Referral : MEDI WHEEL

Collection Time : 01/07/2022, 12:33 PM

Reporting Time : 01/07/2022, 05:24 PM

Sample ID :



13968

Test Description	Value(s)	Reference Range	Unit
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**ESR, Erythrocyte Sedimentation Rate**

<b>ESR - Erythrocyte Sedimentation Rate</b>	10	0 - 15	mm/hr
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Method : EDTA Whole Blood, Manual Westergren

**Interpretation:**

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

**Blood Group ABO & Rh Typing, Blood**

Blood Group (ABO typing)	"B"
Method : Manual-Hemagglutination	
RhD Factor (Rh Typing)	Positive
Method : Manual hemagglutination	

\*\*END OF REPORT\*\*

Lab technician

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**Wishing Good Health**

Patient Name : MR. SUDHANSU SEKHAR DASH

Age / Gender : 42 years / Male

Patient ID : 12195

Referral : MEDI WHEEL

Collection Time : 01/07/2022, 12:33 PM

Reporting Time : 01/07/2022, 05:27 PM

Sample ID :



13968

Test Description	Value(s)	Reference Range	Unit
<b>LFT, Liver Function Test</b>			
Total Protein Method : Serum, Biuret, reagent blank end point	6.85	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.68	3.50 - 5.30	g/dL
Globulin Method : Serum, ELA	3.17	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.16	1.2 - 2.2	
Bilirubin - Total Method : Serum, Jendrassik Graf	0.64	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.18	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.46	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	15.9	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	27.1	3 - 35	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	215.3	80 - 306	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	11.2	< 55	U/L

\*\*END OF REPORT\*\*

Lab technician

  
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Wishing Good Health

Patient Name : MR. SUDHANSU SEKHAR DASH

Age / Gender : 42 years / Male

Patient ID : 12195

Referral : MEDI WHEEL

Collection Time : 01/07/2022, 12:33 PM

Reporting Time : 01/07/2022, 05:28 PM

Sample ID :



13968

Test Description	Value(s)	Reference Range	Unit
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**HbA1c, Glycosylated Hemoglobin**

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	6.35		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	135.54	-	mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

**Note:**

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Referral : MEDI WHEEL

Collection Time : 01/07/2022, 12:33 PM

Reporting Time : 01/07/2022, 05:28 PM

Sample ID :



13968

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

\*\*END OF REPORT\*\*

Lab Technician

*K. Sahoo*  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

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**Age / Gender :** 42 years / Male  
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**Referral :** MEDI WHEEL  
**Collection Time :** 01/07/2022, 12:33 PM  
**Reporting Time :** 01/07/2022, 05:28 PM  
**Sample ID :** 


Test Description	Value(s)	Reference Range	Unit
<b>Thyroid Profile ( T3, T4, TSH )</b>			
T3-Total Method : CLIA	0.89	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	6.81	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.56	0.45 - 4.50	uIU/mL

**Interpretation**

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy. Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxic ingestion"
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

\*\*END OF REPORT\*\*

Lab technician 

  
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Collection Time : 01/07/2022, 12:33 PM

Reporting Time : 01/07/2022, 05:29 PM

Sample ID :



13968

Test Description	Value(s)	Reference Range	Unit
<b>Lipid Profile</b>			
Cholesterol-Total Method : Spectrophotometry	165.2	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	123.4	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42.1	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	98.42	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	24.68	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	3.92	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.34	2.5 - 3.5	

**Note:**

8-10 hours fasting sample is required.

\*\*END OF REPORT\*\*

Lab Technician

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Age / Gender : 42 years / Male

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Referral : MEDI WHEEL

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Reporting Time : 01/07/2022, 05:30 PM

Sample ID :



13968

Test Description	Value(s)	Reference Range	Unit
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**Urine(R/M) Routine Examination of Urine**

**General Examination**

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.5	4.5 - 7.0	

**Chemical Examination**

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

**Microscopic Examination**

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	
Trichomonas Vaginalis	Absent	Absent	
Yeast cells	Absent	Absent	

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Wishing Good Health

JAN. SUGIYASU SEKINAR  
D. 8  
42y, Male

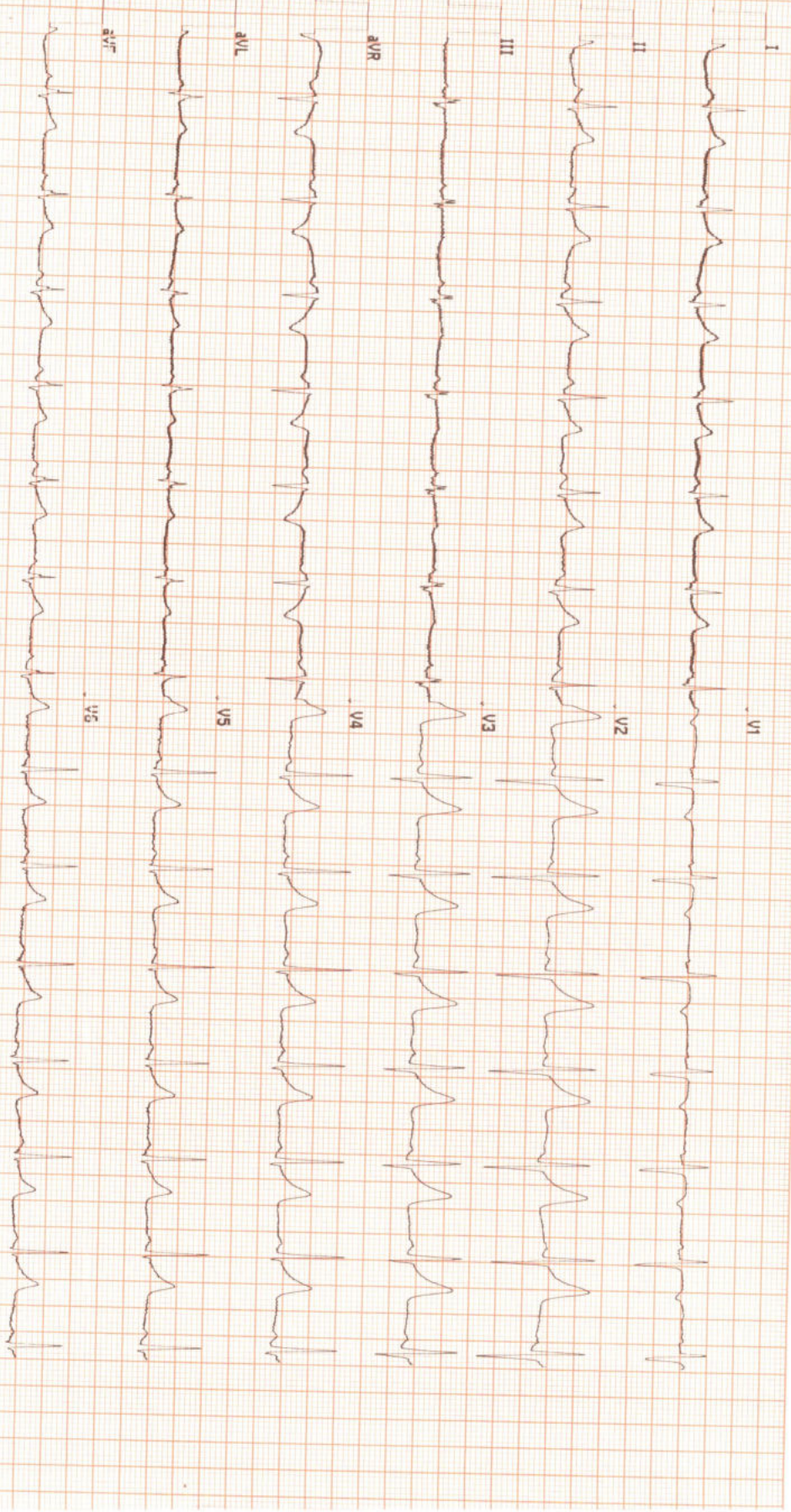
13-Jun-2022 10:41:42

Vent. rate: 82 BPM  
PR Int.: 125 ms  
QRS dur: 84 ms  
QT/QTc: 352/391 ms  
P-R-T axes: 54 42 42

SINUS RHYTHM  
NORMAL ECG


Reviewed by -----

*Sigmon Euel* *SK*



113450183951 ZEMA HEALTHCARE 889R

Site # 0 Cart # 0 Version 2.00.10 Sequence #04525 25mm/s 10mm/mV 0.05-150 Hz

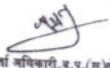
 बैंक ऑफ बड़ोदा  
Bank of Baroda

नाम : SUDHANSU SEKHAR DASH  
Name:

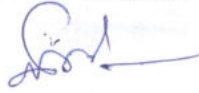
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E.C. No 159695



  
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Issuing Authority SM(S)RO.  
Bhubaneswar

  
शुभंशु सेखर दश  
Signature of Holder



Sudhansu Sekhar Dash

Sudhansu

# MATERNITY CARE HOSPITAL

NAME :Sudhansu Dash

DATE : 01/07/2022

AGE-42Y/M

SONOGRAPHER BY : DR. SAUDAMINI MOHAPATRA

## USG OF WHOLE ABDOMEN

**LIVER:** Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic billiary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 9.0 mm,

**GALL BLADDER:** normal in shape and size no sol ,no calculi seen **C.B.D.:** Common duct bile normal in calibre (3.0 mms).

**SPLEEN :** Normal in size, shape and parenchymal echotexture.

**PANCREAS:** Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.


**KIDNEYS:** Both the kidneys are normal in size, shape and position. Rental cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Right kidney measures : 9.9 x 3.9cms.
- Left kidney measures: 9.8 x 3.9cms.

**URETERS:** Both ureters not visualized (normal).

**URINARY BLADDER:** Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

**Prostrate-**Prostate is borderline enlargedl in size shape and echosructure .

  
DR. SAUDAMINI MOHAPATRA  
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Maternity Care Hospital  
A-142/143, Sahid Nagar  
Bhubaneswar-751007