

Name : Mrs. SOFIA ALAM (33 /F)

Date : 10/06/2023

Address : FLAT-802,BLOCK-1, SBI OFFICERS RESIDENTIAL COMPLEX,SALT LAKE,SECTOR-3, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by :

UHID : AMHL.0002157714

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176177



## CHIEF COMPLAINTS

For corporate health checkup  
Weight gain

## PRESENT KNOWN ILLNESS

Thyroid disease - hypothyroidism;  
Medication - regular; -  
THYRONORM 25mcg



## DRUG ALLERGY

NO KNOWN ALLERGY

:10/06/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 15/5/23; Periods - regular;  
No of Children - 1; Last child birth - 1.5 years;  
Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant

### Weight

- has gained weight; Number of kgs - 20 kg in 3 months



## Past medical history

Past medical history - nil significant



## Surgical history

Caesarian section - 2021



## Personal history

Marital status - Married  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild  
- level ground walking



## Family history

Father - has expired  
Mother - alive  
Brothers - 1  
Sisters - 1  
Coronary artery disease - father  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - obese  
Height - 152  
Weight - 84  
BMI - 36.36

Name : Mrs. SOFIA ALAM (33 /F)

UHID : AMHL.0002157714

Date : 10/06/2023

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176177

---

Pallor - No

Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 84

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 100

Diastolic(mm of Hg) - 80

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No

Tenderness - No



### Central nervous system

- No neurological deficit

Printed By : Benazir Begaum

Name : Mrs. SOFIA ALAM (33 /F)

UHID : AMHL.0002157714

Date : 10/06/2023

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176177

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.6 *	g/dl	●	12.0-15.0
RBC COUNT	4.52	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.7	%	●	36-46
MCV	81.3 *	fl	●	83-101
MCH	25.8 *	pg	●	27-32
MCHC	31.7	%	●	31.5-34.5
RDW	17.7 *	%	●	11.8-14.0
WBC Count	7700	/cu mm	●	4000-10000
Platelet Count	2.61	lacs/cu mm	●	1.5-4.0
Neutrophils	74	%	●	40-80
Lymphocytes	19 *	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Predominantly Normocytic Normochromic			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	51 *	mm/1st hr	●	0-20

Epithelial Cells	1-3
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	37	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	76	U/L	●	42-98
AST (SGOT) - SERUM	29	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-2	/hpf		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	167	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	29	U/L	●	7-64

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

Name : Mrs. SOFIA ALAM (33 /F)

UHID : AMHL.0002157714

Date : 10/06/2023

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176177

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	77	mg/dL	●	70-99

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.2	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	41	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	112 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	14	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.3	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	11.4	µg/dL	●	5.1-14.1

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

TRIGLYCERIDES - SERUM 117 mg/dL ● 0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.000	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.8	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.2 *	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3		●	1.0-2.0

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Hepatomegaly with grade-I fatty liver.

DR. ATREYEE GHOSH  
MBBS. MD (RADIODIAGNOSIS)  
CONSULTANT RADIOLOGIST  
Reg. No. 69755 (WBMC)

**X-RAY CHEST PA**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

**Name** : Mrs. SOFIA ALAM (33 /F)

**UHID** : AMHL.0002157714

**Date** : 10/06/2023

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH176177

---

No significant abnormality detected.

Dr. GAURAV JAIN  
DNB RESIDENT  
Seen in consultation with

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)**

**Haematology**

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE

**Biochemistry**

GLUCOSE - PLASMA (POST PRANDIAL)

**Histopathology**

PAP SMEAR /CERVICAL SMEAR

 Within Normal Range     Borderline High/Low     Out of Range

**Name** : Mrs. SOFIA ALAM (33 /F)

**UHID** : AMHL.0002157714

**Date** : 10/06/2023

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH176177

---

**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.