

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SHARMA UDDHAVKUMAR MADHAVPRASAD
EC NO.	167724
DESIGNATION	PREMISES EQUIPMENT
PLACE OF WORK	BANASKANTHA,RO BANASKANTHA
BIRTHDATE	30-05-1984
PROPOSED DATE OF HEALTH CHECKUP	16-10-2021
BOOKING REFERENCE NO.	21D167724100005316E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **07-10-2021** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

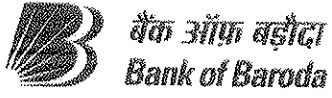
We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



बैंक ऑफ़ बड़ोदा
Bank of Baroda

नाम
Name Uddhavkumar Sharma

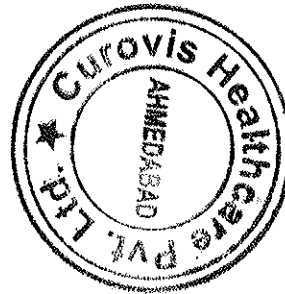
कर्मचारी कूट क. 167724
Employee Code No.

जारीकर्ता प्राधिकारी
Issuing Authority



धारक के हस्ताक्षर
Signature of Holder

Dr. Jitendra M. Shah
DNB (Medicine) FCCS (USA)
Reg. No.: G-20693



Patient's name : UDDHAVKUMAR SHARMA	Age/Sex : 37 Years/Male
Referred by : Self	Reg. No : 4664
Date : 16/10/2021	Mobile : 9913484838
Patient's Id : US43	Ref ID. :

Fitness Certificate

GENERAL EXAMINATION

Height (cms) : 176

Weight (kgs) : 79.0

Blood Pressure : 120/70 mmHg

Pulse : 66/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

Central Nervous System - No FND

Abdomen - Soft, Non Tender, No Organomegaly

Comments : He is clinically fit on examination

----- End of Report -----

This is an electronically authenticated report.
Note:((LL-Very Low, L-Low, HH-Very High)


Dr Jinen M Shah
DNB (Medicine)FCCS (USA)

Approved On : 16/10/2021 3:04:00 PM
Generated On : 16/10/2021 15:14



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Referred by : Self
Date : 16/10/2021
Patient's Id : US43

Age/Sex : 37 Years/Male
Reg. No : 4664
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Ref ID. :

HEMOGRAM REPORT

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

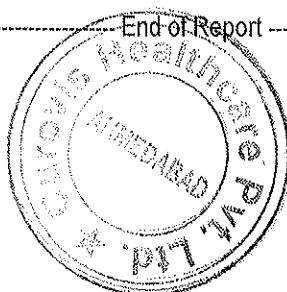
Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
Haemoglobin:	13.7	gm/dL	13.5 - 18.0
Total WBC Count:	5400	/microlitre	4000 - 10500
Platelets Count:	112000	/microlitre	1,50,000 - 4,50,000
Differential Count:			
Neutrophils:	55	%	40-80
Lymphocytes:	41	%	20-40
Eosinophils:	02	%	Upto 6
Monocytes:	02	%	2-10
Basophils:	00	%	<1-2
RBC indices:			
RBC Count:	4.66	*10 ⁶ /microL	4.5 - 5.5
HCT:	42.2	%	40 - 50
MCV:	90.6	fL	83-101
MCH:	29.4	pg	27-32
MCHC:	32.5	%	31.5-34.5
RDW:	13.6	%	11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA)			
ESR 1st Hr:	05	mm	2 - 15 mm in 1Hr.
Thick Smear Preparation:			
Haemoparasite:	Malarial parasites are not seen.		
Peripheral Smear Examination:			
RBCs:	Normocytic & Normochromic.		
Platelet:	Platelet decreased on smear.		

End of Report

Dr. KEYUR Patel
M.B.DCP

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Approved On : 16/10/2021 17:13:00
Generated On : 18/10/2021 13:12



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Referred by : Self	Reg. No : 4664
Date : 16/10/2021	Mobile : 9913484838
Patient's Id : US43	Ref ID. :

GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
Glycosylated Haemoglobin (HbA1C)	5.00	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level (An average of 2 -3 Months)	96.8		

Method : HPLC on D-10, Bio-Rad,USA

INTERPRETATION:

- * Blood sample can be drawn at any time. Fasting is not required.
- * Reflects average blood sugar levels for the 2 to 3 months period before the test.
- * Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.
- * High value in poorly controlled DM and moves towards normal in patients with optimal control.

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BLOOD GROUP

Sample Type: EDTA
ABO Group : "AB"
Rh Type : Positive

BLOOD GLUCOSE LEVEL

Test	Result	Unit	Biological Reference Interval
Sample Type:	Flouride		
Fasting Blood Glucose (Hexokinase) Collection Time:	98.2	mg/dl	70-110
Collection Time: Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	100.1	mg/dl	80-140

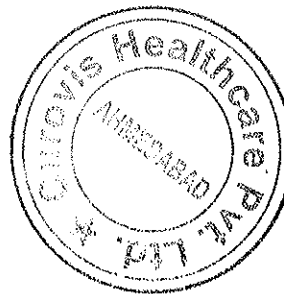
Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

----- End of Report -----

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M.B.DCP

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LIPID PROFILE

(Performed on Semi Auto Chemistry Analyzer BeneSphera)

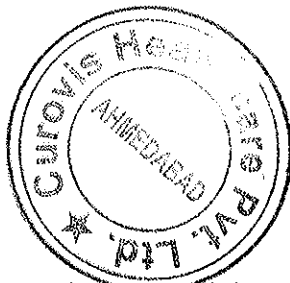
Test	Result	Unit	Biological Reference Interval
Sample Type: Fasting Serum			
S.Cholesterol (Oxidase Peroxidase)	194	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High
S.HDLC (Direct) (Phosphotungsstic Acid)	69.0	mg/dL	< 40 Low > 60 High
S.Triglyceride (GPO-POD)	57.8	mg/dL	< 150 mg/dl Normal 150-199 Boderline High 200-499 High > 500 Very High
S.VLDL (Calculated)	11.56	mg/dL	10-40 Normal
S.LDLC (Calculated)	113.44	mg/dL	< 100 Optimal 100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High
S.Cholesterol / HDLC Ratio (Calculated)	2.81		< 4 Normal 4-6 Borderline 6-8 Risklevel > 8 High Risk
S.LDLC / HDLC Ratio (Calculated)	1.64		< 3 Normal 3-4 Borderline 4-6 Risk Level > 6 High Risk
Cholesterol / HDLC Ratio (Calculated)	2.81		< 3.5 Normal
Triglyceride / HDLC Ratio (Calculated)	0.84		< 2 Normal > 4 Risk Level > 6 High Risk
Non HDLC (Calculated)	125		< 130 Normal 130 - 159 Near Normal 160 - 189 Borderline 190 - 219 Risklevel > 220 High Risk

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'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.G. Highway, Ahmedabad-380054, Gujarat.

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Age/Sex : 37 Years/Male
 Reg. No : 4664
 Mobile : 9913484838
 Ref ID. :

LIVER FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Bilirubin			
Total Bilirubin (Azobilirubin)	0.49	mg/dl	0 - 1.2
Conjugated Bilirubin (Dual Wavelength spectrophotometric)	0.16	mg/dl	0 - 0.4
Unconjugated Bilirubin (Dual Wavelength spectrophotometric)	0.33	mg/dl	0.0 - 1.1
S.G.P.T. (ALT) (Kinetic with Pyridoxal 5-Phosphate)	35.0	IU/L	0 - 49
S.G.O.T. (AST) (Kinetic with Pyridoxal 5-Phosphate)	28.0	IU/L	Up to 46
S.ALP (Alkaline Phosphatase) (4-Nitrophenyl phosphate)	147.6	U/L	80 - 306
S.Protein			
Total Protein (Biuret)	7.59	gm/dl	6.3 - 8.2
Albumin (BCG)	4.74	gm/dl	3.5 - 5.2
Globulin (Calculated)	2.85	gm/dl	1.9 - 3.5
Albumin Globulin Ratio	1.66		
S.GammaGT (L-Gamma Glutamyl-4-Nitroanalide)	38.0	IU/L	15-73

SERUM LDH LEVEL

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
LDH Activity (Lactate Dehydrogenase): Pyruvate to lactate Kinetic Method	161.85	U/L	120 - 246

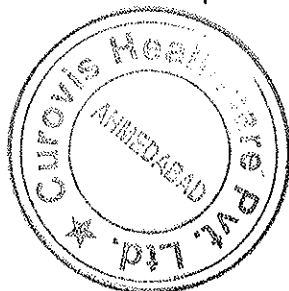
#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

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Ref ID. :

RENAL FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with indicator dye)	25.7	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
S.Creatinine (Enzymatic)	0.99	mg/dL	0.55 - 1.30
S.Uric Acid (Uricase)	4.60	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2

Prostate Specific Antigen

(Carried out on miniVIDAS, Biomerieux)

Test	Result	Unit	Reference Interval
S.PSA : (Prostate Specific Antigen)	0.490	ng/ml	M : Healthy Male upto 4.00

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THYROID FUNCTION TEST
(by CLIA on SIEMENS ADVIA Centaur XP)

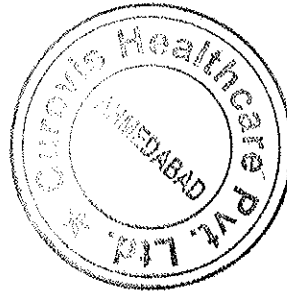
Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triiodothyronine by CLIA)	1.16	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	10.90	mcg/dL	3.2 - 12.6
S.TSH (Thyroid Stimulating Hormone by CLIA)	4.283	microU/mL	0 -12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50

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Patient's Id : US43

Age/Sex : 37 Years/Male
Reg. No : 4664
Mobile : 9913484838
Ref ID. :

URINE ROUTINE ANALYSIS

Sample Type: Fresh Urine

Physical Examination

(Naked Eye Observation)

	Result	Biological Ref. Value
Amount	30 ml	>10 ml
Colour	Pale Yellow	Pale Yellow
Appearance	Clear	Clear

Chemical Examination


pH (Dip stick)	7.5	4.5-8.0
Specific Gravity (Bromothymol Blue)	1.010	1.002-1.030
Albumin (Tetrabromophenol)	Absent	Absent
Glucose (Specific Glucose Oxidase/Peroxidase)	Absent	Absent
Bilirubin (Azo-coupling reaction)	Absent	Absent
Acetone (Sodium Nitroprusside Reaction)	Absent	Absent
Urobilinogen (Modified Ehrlich Reaction)	Absent	Absent
Nitrites (Diazolization Reaction)	Absent	Absent

Microscopic Examination

(After centrifugation at 1500 RPM for 10min./hpf)

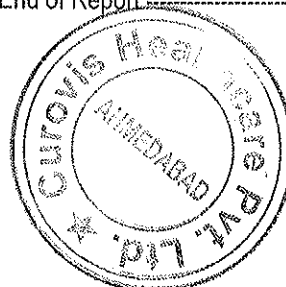
Pus Cells(WBCs)	Absent	Absent
Red Blood Cells(RBCs)	Absent	Absent
Epithelial cells	Absent	
T.Vaginals	Absent	Absent
Spermatozoa	Absent	Absent
Casts	Absent	Absent
Crystals	Absent	Absent
Amorphous Material	Absent	Absent

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M.B.DCP

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Electrocardiogram

Findings

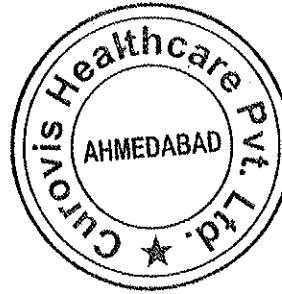
Normal Sinus Rhythm.

Within Normal Limit.

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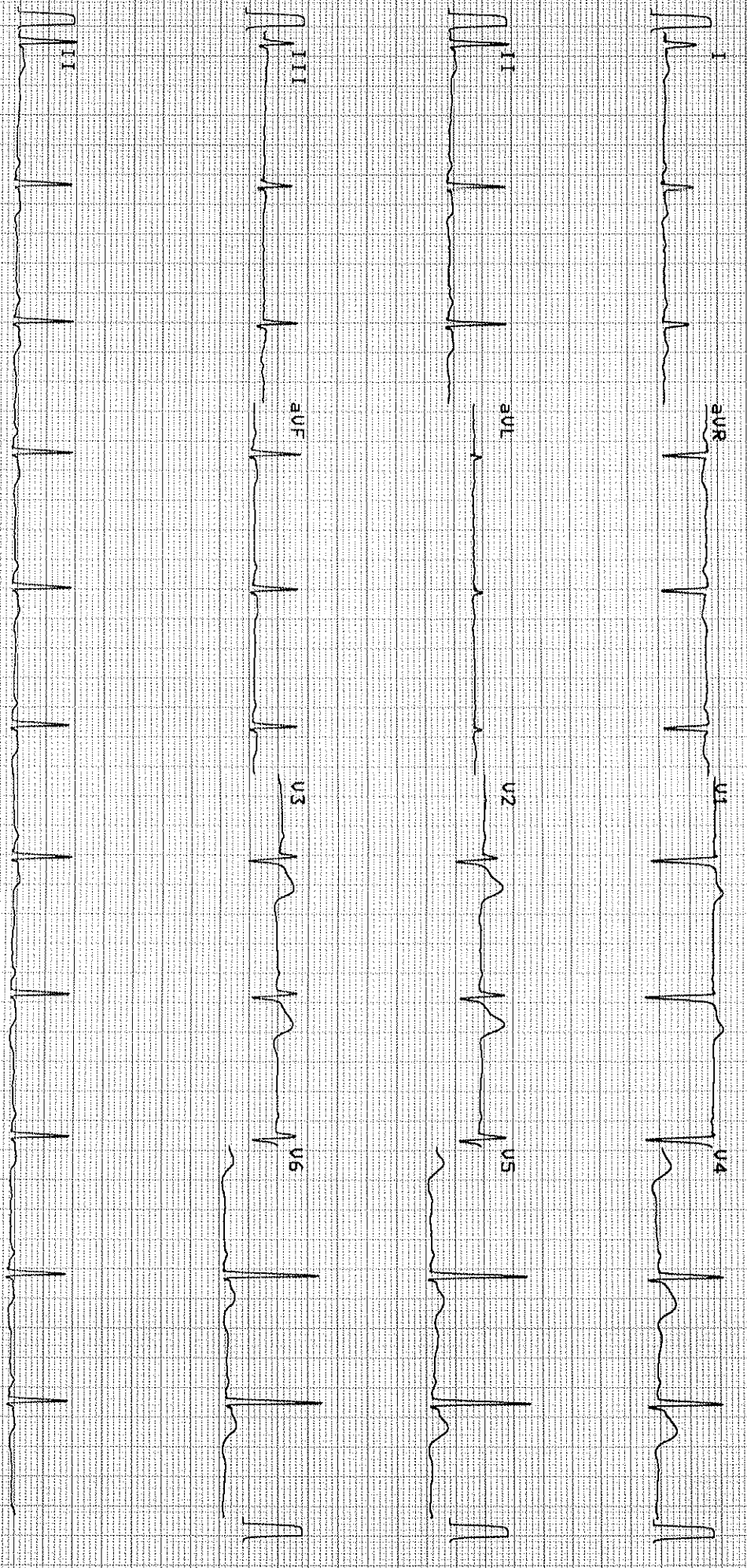
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Dr Jinen M Shah
DNB (Medicine) CCS (USA)

Uddhakkumar
Sharma
20
37 years / 79 kg
Male

HR 66/min
Axis: P 39°
 QRS 57°
 T 4°
Intervals:
RR 909 ms
P 60 ms
PR 142 ms
QRS 76 ms
QT 330 ms
QTc 347 ms
(Bazett)
10 mm/mV



10 mm/mV
25 mm/s
0.05-25 Hz
F50 SSF 585
15.10.2021
10:47:04
CURIOUS HEALTHCARE
RT-10261US 1.24.C

Patient's name : UDDHAVKUMAR SHARMA
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Age/Sex : 37 Years/Male
Reg. No : 4664
Mobile : 9913484838
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2D Echo Colour Doppler

OBSERVATION:

2 D Echo and color flow studies were done in long and short axis, apical and Sub costal views.

1. Normal LV size. No RWMA at rest.
2. Normal RV and RA. Mild Concentric LVH.
3. All Four valves are structurally normal.
4. Good LV systolic function. LVEF = 60%.
5. Reduced LV Compliance.
6. Trivial TR. Mild MR. No AR.
7. Mild PAH. RVSP = 36 mmHG.
8. Intact IAS and IVS.
9. No Clot, No Vegetation.
10. No pericardial effusion.

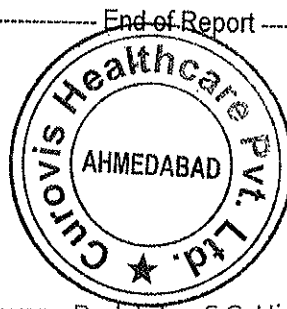
CONCLUSION

1. Normal LV size with Good LV systolic function.
2. Mild Concentric LVH . Reduced LV Compliance
3. Trivial TR with Mild PAH. Mild MR. No AR
4. No RWMA at rest.

This echo doesn't rule out any kind of congenital cardiac anomalies.

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Dr Jinen M Shah
DNB (Medicine) FCCS (USA)

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X RAY CHEST PA

Both lung fields appear clear.

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

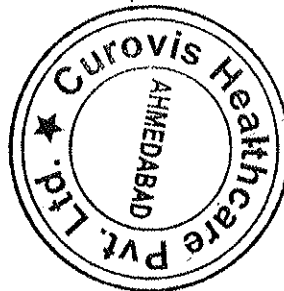
Bony thorax appears normal.

COMMENT: No significant abnormality is detected.

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Jain
Dr. Jain Shah
DMRD
Consultant Radiologist

Patient's name : UDDHAVKUMAR SHARMA
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Age/Sex : 37 Years/Male
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USG ABDOMEN

Liver appears normal in size & echogenicity. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic biliary or portal radicals. PV is normal in caliber.

Gall bladder is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

Pancreas visualized portion appears normal in size and echopattern. No evidence of focal lesions.

Spleen appears normal in size & echopattern. No evidence of focal lesions.

Both kidneys are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass on either side.

Urinary bladder is partially distended. No evidence of calculus or mass.

Prostate appears normal in size and echopattern. No evidence of focal lesions.

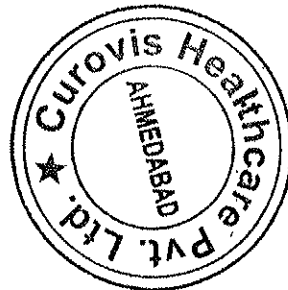
No evidence of free fluid in peritoneal cavity.
No evidence of para-aortic lymph adenopathy.
No evidence of dilated small bowel loops.

COMMENTS : NO SIGNIFICANT ABNORMALITY DETECTED.

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Jays
Dr. Jaimin Shah
DMRD
Consultant Radiologist

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Eye Check - Up

RIGHT EYE

SP: -0.25
CY: -0.50
AX: 176

LEFT EYE

SP: -0.25
CY: -0.25
AX: 03

	Without Glasses	With Glasses
Right Eye	6/5	N.A
Left Eye	6/5	N.A

Near Vision: Right Eye -N/6, Left Eye - N/6

Fundus Examination: Within Normal Limits.

Colour Vision: Normal

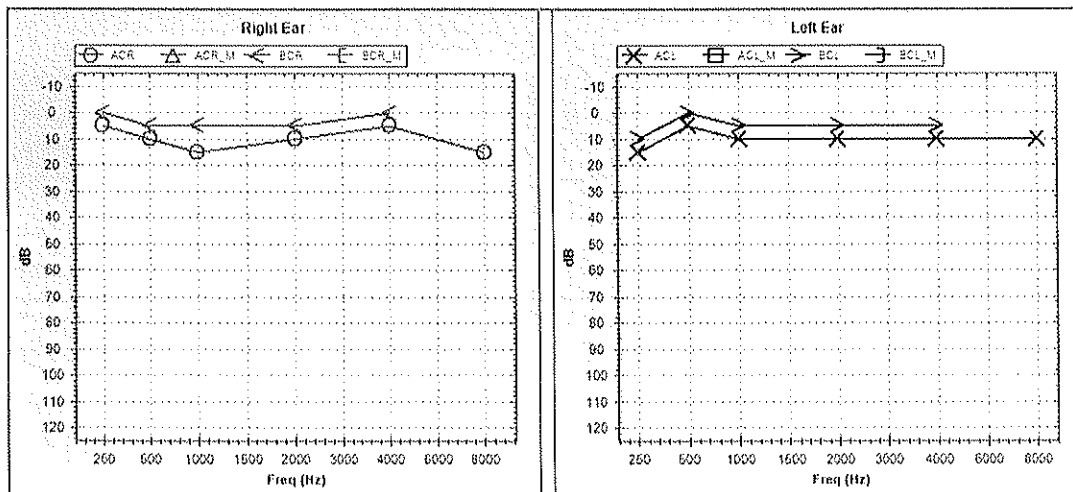
Comments: Normal

Dr.Kejal Patel
MB,DO(Ophth)

Approved On : 16/10/2021 3:07:00 PM
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AUDIOGRAM



EAR	MODE	Air Conduction		Bone Conduction		Colour Code	Threshold In dB	RIGHT	LEFT
		Masked	UnMasked	Masked	UnMasked				
LEFT		<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Blue	AIR CONDUCTION	10	10
RIGHT		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Red	BONE CONDUCTION		
NO RESPONSE : Add ↓ below the respective symbols							SPEECH		

Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

