



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012301140019	Reg No/BarcodeNo	: 514039/01472578
Patient Name	: Mr..ROHIT KUMAR RANA	Reg. Date	: 14/Jan/2023 08:58AM
Age/Sex	: 29 Y / Male	Sample Taken Date	: 14/Jan/2023 10:31AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Jan/2023 11:30AM
Referred By Doctor	: Dr. B O B		

**BIOCHEMISTRY**

**Blood Sugar (Fasting)**

Blood Sugar Fasting 105 mg/dl 70 - 100  
Glucose Oxidase Peroxidase

Sample Type:Plasma

**Blood Sugar (PP)**

Blood Sugar PP (2 Hr.) 110 mg/dl 70-140  
Glucose Oxidase Peroxidase

Sample Type:Plasma

**GAMMA GT/GGT**

GAMMA GT / GGT 25 IU/l 15 - 73

\*Not in NABL Scope\*

Sample Type:Serum

**BUN / BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN 19 mg/dl 8.4 - 21.0  
Urease

Sample Type:Serum

**CREATININE SERUM**

CREATININE, Serum 0.92 mg/dl 0.66 - 1.25  
Aminohydrolyase

Sample Type:Serum

**URIC ACID**

URIC ACID, Serum 8.1 mg/dl 3.5 - 8.5  
Uricase Peroxidase

Sample Type:Serum



*A Gupta*

**Dr. Arun Kumar Gupta**  
M.D. Chief Pathologist  
(Reg No. 34930)



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**BIOCHEMISTRY**

**LFT/LIVER FUNCTION TESTS**

BILIRUBIN TOTAL Reflectance spectrophotometry	0.63	mg/dl	0.20 - 1.30
BILIRUBIN DIRECT Reflectance Spectrophotometry	0.24	mg/dl	0.0 - 0.3
BILIRUBIN INDIRECT Reflectance Spectrophotometry	0.39	mg/dl	0.10 - 1.1
SGOT /AST Mutipoint Rate with P-5-P	22	U/L	15 - 46
SGPT /ALT UV with P5P	34	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP BUFFER	104	U/L	38 - 126
PROTEIN TOTAL Biuret	7.7	g/dl	6.4 - 8.3
ALBUMIN BCP	4.7	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.0	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.57	Ratio	1.5 - 2.5

Sample Type:Serum



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: BODY CHECKUP  
Referred By Doctor : Dr. B O B

**BIOCHEMISTRY**

**Lipid Profile**

CHOLESTEROL TOTAL Cholesterol Oxidase	207	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES Lip/Gluceron Kinase	136	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Non HDL Precopitation	42	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	137.8	mg/dl	70 - 130
VLDL CALCULATED Calculated	27.2	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	4.93	Ratio	Less than 4.0
LDL / HDL RATIO	3.28		

**Ratio of LDL to HDL**

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

**HDL** levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

**Preparation:**

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

**Sample Type:Serum**



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**BIOCHEMISTRY**

**BUN/CREATININE RATIO**

BLOOD UREA NITROGEN Urease	19	mg/dl	8.4 - 21.0
CREATININE, Serum Aminohydrolaase Ratio	0.92	mg/dl	0.66 - 1.25
	<b>40.66</b>	mg/dl	5 - 20

Sample Type:Serum



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Client Code/Name	: <b>MEDIWHEEL FULL</b> <b>BODY CHECKUP</b>	Report Date	: 14/Jan/2023 04:09PM
Referred By Doctor	: Dr. B O B		

**CLINICAL PATHOLOGY**

**MEDIWHEEL MALE BELOW 40**

**URINE SUGAR (F)**

URINE SUGAR (F) NIL

(\*Not in NABL Scope\*)





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**CLINICAL PATHOLOGY**

**URINE ROUTINE EXAMINATION**

**Method -Dipstick And Microscopy**

**PHYSICAL EXAMINATION**

COLOUR	PALE YELLOW	
SPECIFIC GRAVITY (Based on pka change)	1.025	1.001-1.030
pH ( methylred/Bromothymol blue method )	<b>6.0</b>	7.50 - 8.0
TURBIDITY	ABSENT	
Deposit (UR)	ABSENT	

**Chemical**

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	TRACE	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria )	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

**After Centrifugation at 2500 R.P.M. For 5 Minutes**

**MICROSCOPIC EXAMINATION**

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	WBC (5-8)	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

**URINE SUGAR (PP)**

URINE SUGAR (PP) NIL

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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	14.3	g/dl	13.5-17.5
TLC Impedence	6700	/cumm	4000-11000
<b>DLC (%)</b>			
NEUTROPHIL DHSS/Microscopic	56	%	40-80
LYMPHOCYTE DHSS/Microscopic	35	%	24-44
EOSINOPHIL DHSS/Microscopic	3	%	01-06
MONOCYTE DHSS/Microscopic	6	%	3-6
Platelet Impedance/Microscopic	190	10 <sup>3</sup> /μL	140 - 440
RBC COUNT Impedance	5.4	10 <sup>6</sup> /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	43.6	%	41-53
MCV Calculated	81.2	fL	83-91
MCH Calculated	26.7	pg	26-34
MCHC Calculated	32.9	g/dL	31-37
RDW-CV Calculated	14.2	%	11.6 - 14.0
MPV	10.9	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.7	10 <sup>3</sup> /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.3	10 <sup>3</sup> /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.4	10 <sup>3</sup> /μL	0.02-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.2	10 <sup>3</sup> /μL	0.02 - 0.50

Sample Type Whole Blood EDTA



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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

ESR WESTERGREN (Automated)

ESR WESTERGREN ( Automated) 8 mm 0 - 14  
WESTERGREN

\*Not in NABL Scope\*

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO O  
Reverse & Forward  
Rh POSITIVE  
Reverse & Forward

Sample Type:EDTA Blood



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HAEMATOLOGY

**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HBA1C/GLYCATED HEMOGLOBIN	5.9	%
Average of Glucose Level	123	mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:  
eAG(mg/dl) = (28.7 X HbA1c) - 46.7

\*Not in NABL Scope\*

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL CLIA	1.15	ng/mL	0.35 - 1.93
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Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL CLIA	9.47	µg/dl	4.50 - 10.9
------------------	------	-------	-------------

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) CLIA	1.81	µIU/ml	0.35 - 5.50
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NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
-----	--------	--------	----------------

High	Normal	Normal	Mild(subclinical) Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal	Normal	Mild (subclinical) Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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**X-RAY**

**MEDIWHEEL MALE BELOW 40**

**X RAY CHEST PA VIEW**

DIAPHRAGMS ARE NORMAL.  
COSTOPHRENIC ANGLES ARE CLEAR.  
CARDIAC SHADOW IS NORMAL.  
**HILAR SHADOWS ARE HEAVY.**  
**ACCENTUATED MARKINGS SEEN.**  
NO PARENCHYMAL LESION IS NOTED.  
ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

**DR. S. KHURANA**  
**M.B.B.S.,D.M.R.E.**

\*\*\* End Of Report \*\*\*





Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:53	0:01	00.0	00.0	01.0	77	130/84	100	00	
Standing	01:03	0:01	00.0	00.0	01.0	71	130/84	092	00	
HV	01:09	0:01	00.0	00.0	01.0	079	130/84	102	00	
ExStart	01:13	0:01	00.0	00.0	01.0	75	130/84	102	00	
BRUCE Stage 1	04:13	3:00	01.7	10.0	04.7	162	140/88	226	16	
BRUCE Stage 2	07:13	3:00	02.5	12.0	07.1	168	150/92	251	13	
PeakEx	08:17	1:04	03.4	14.0	08.2	189	150/92	283	00	
Recovery	09:16	1:00	00.0	00.0	01.2	175	144/90	252	00	
Recovery	10:16	2:00	00.0	00.0	01.0	148	138/88	204	00	
Recovery	11:28	3:11	00.0	00.0	01.0	134	134/86	179	00	

**Findings :**

Exercise Time : 07:05  
Max HR Attained : 189 bpm 99% of Target 191  
Max BP Attained : 150/92  
Max WorkLoad Attained : 8.2 Fair response to induced stress  
Max ST Dep Lead & Value : V6 & -3.7 mm  
Duke Treadmill Score : 11.2  
Test Objective : For Testing  
History : Nil  
Test End Reasons : Fatigue

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

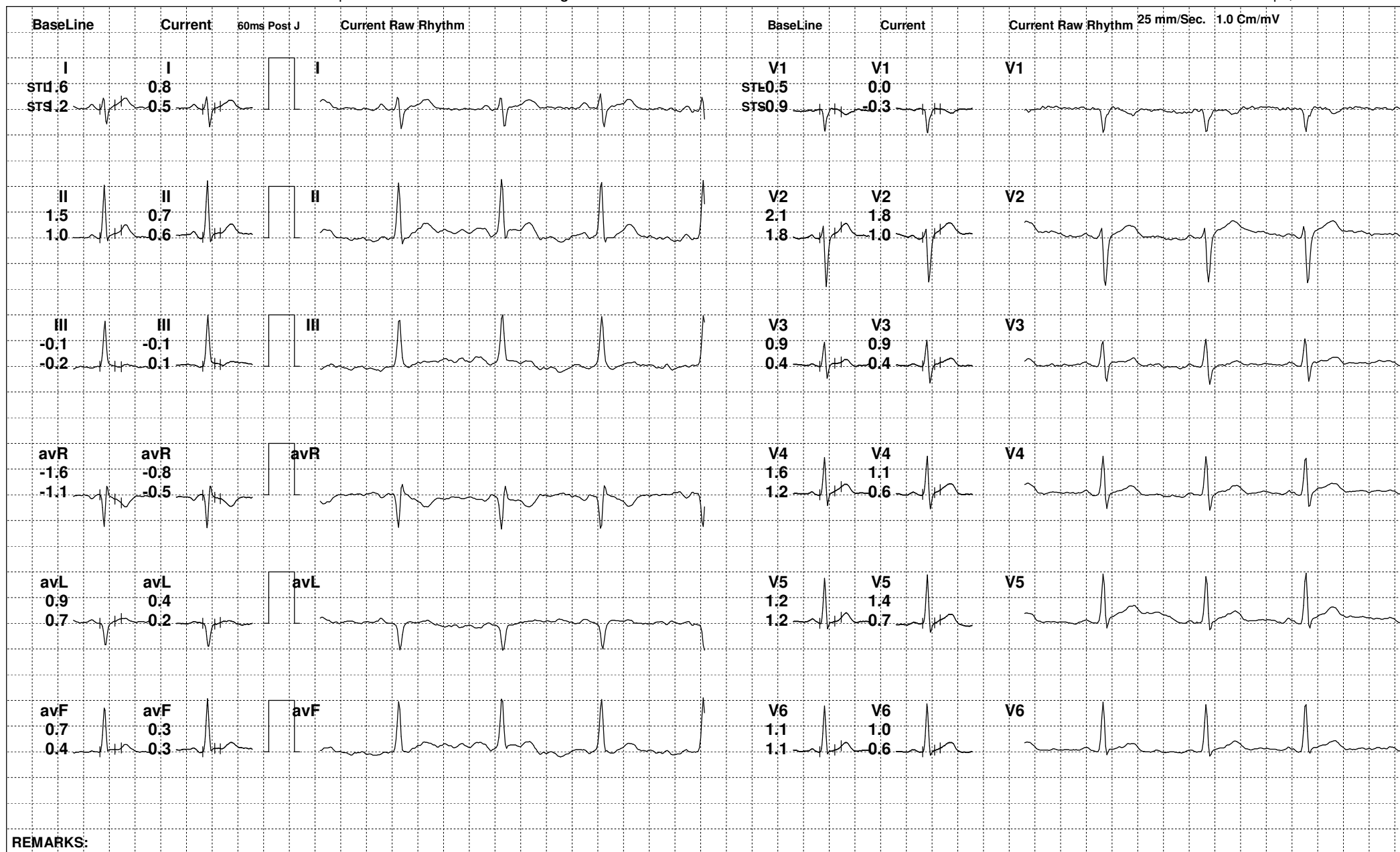
STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 96% ACHIEVED,  
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE  
AND RECOVERY. NO ARRHYTHAEMIA.

\*\*\*\*\*

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



REMARKS:

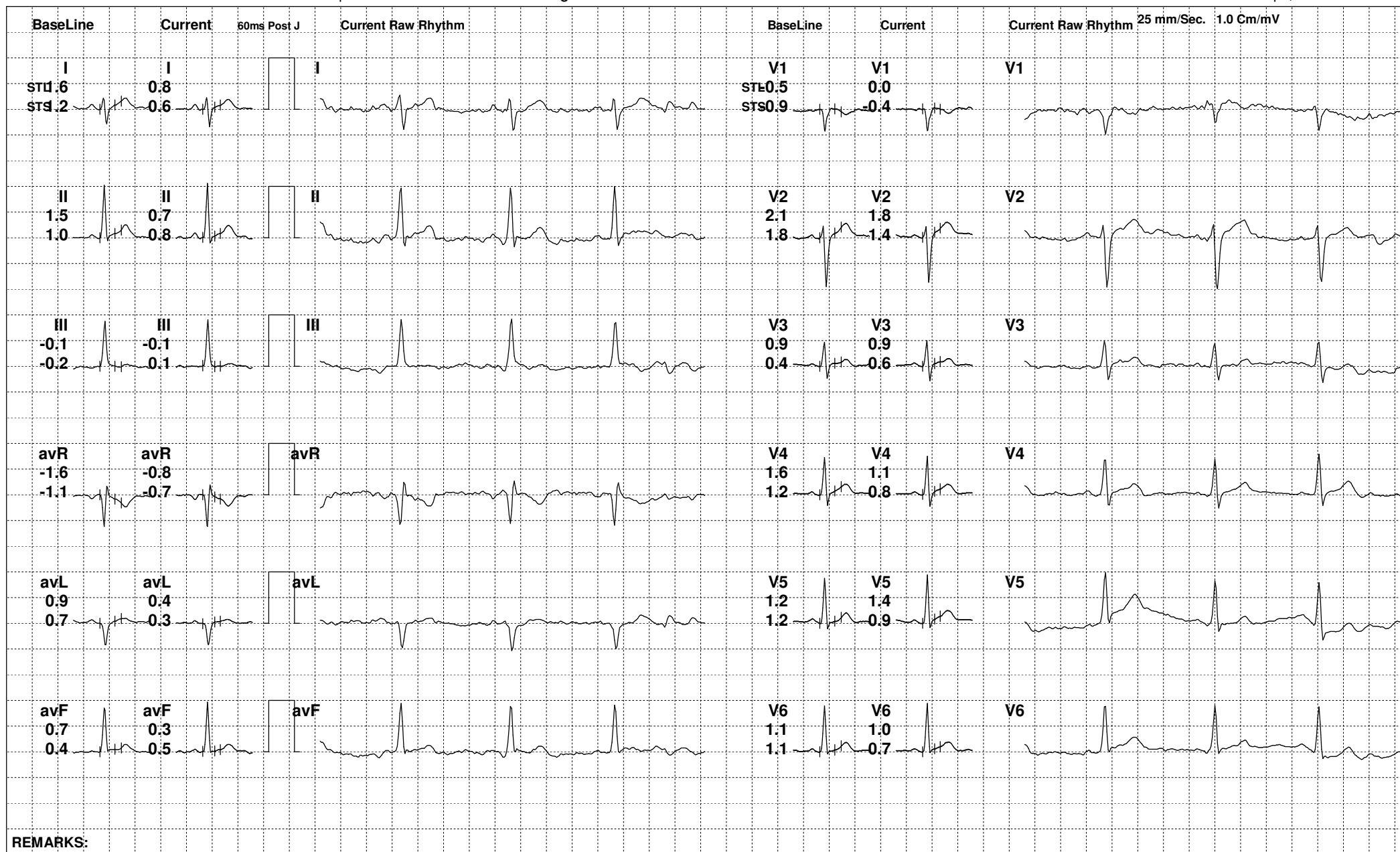




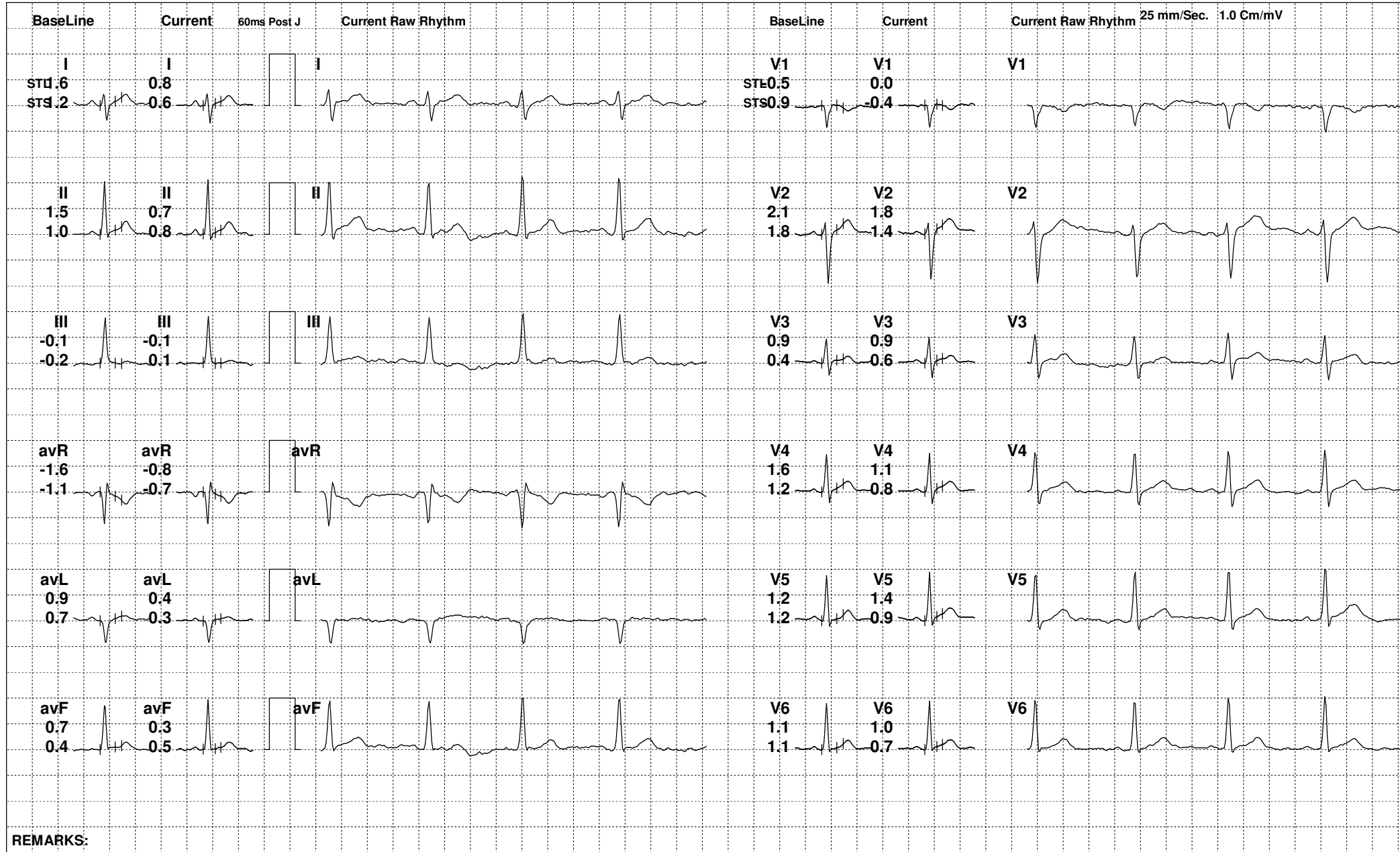
142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM METS: 1.0/ 71 bpm 37% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

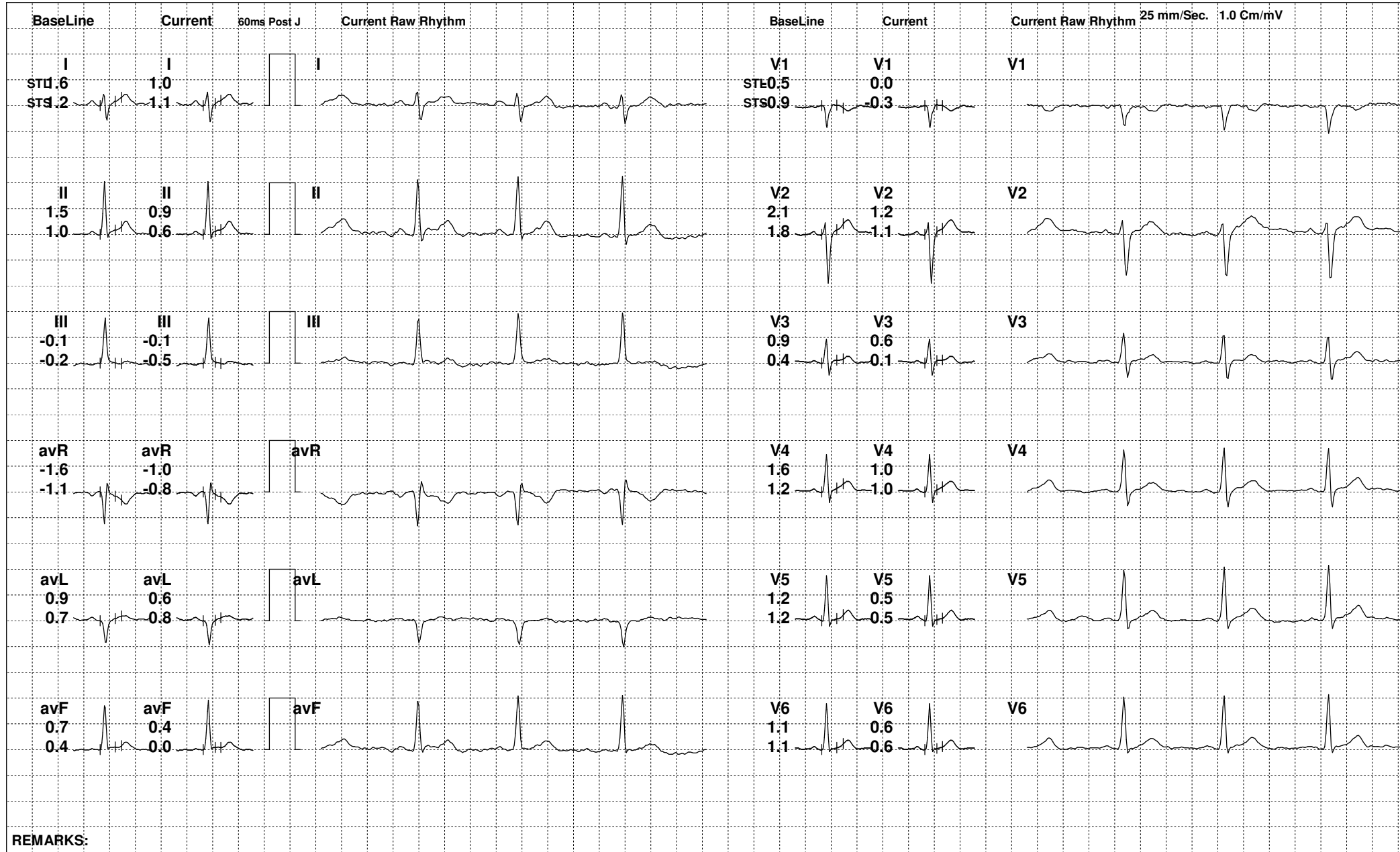
ExTime: 01:01 0.0 mph, 0.0%



REMARKS:



REMARKS:



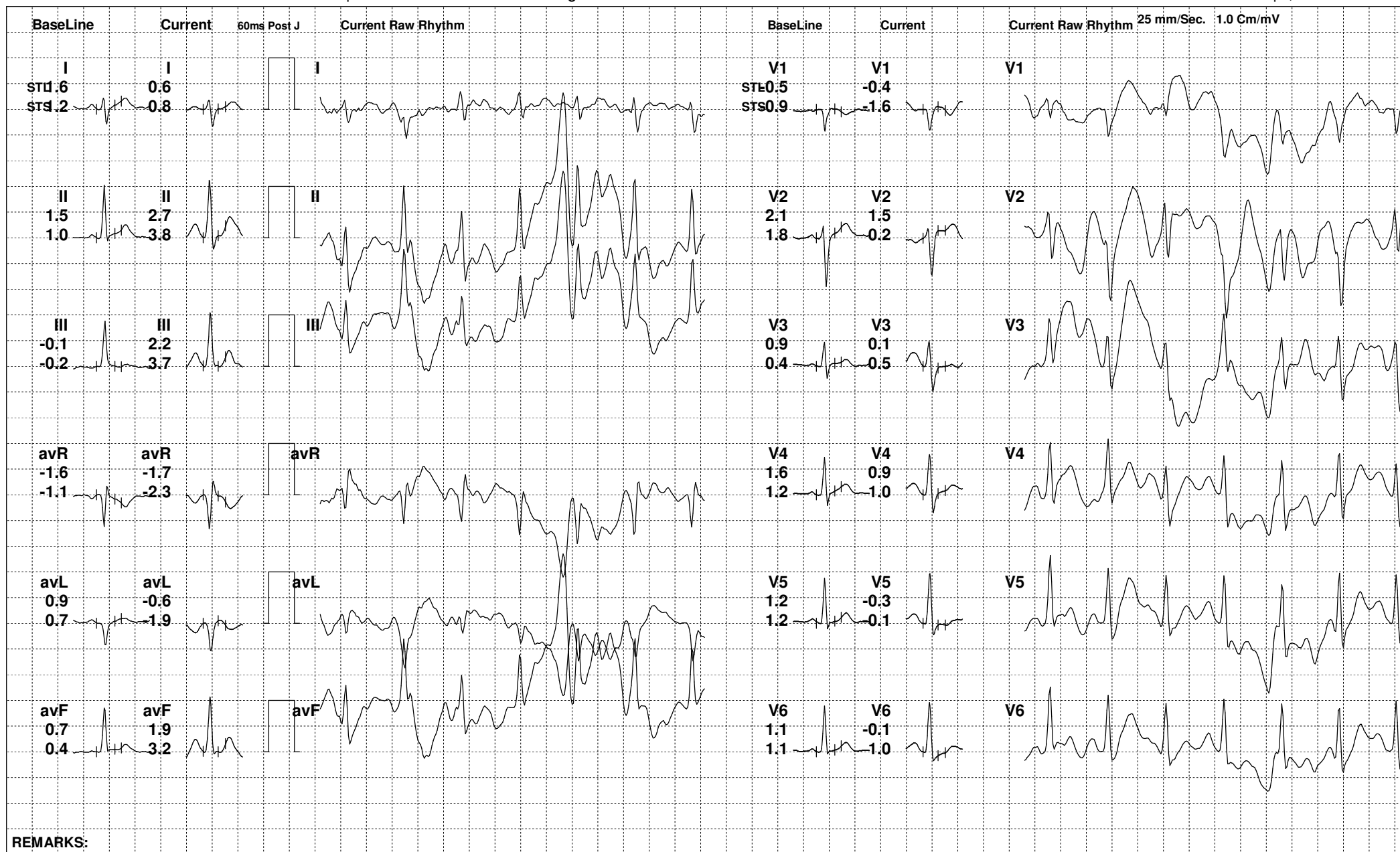
REMARKS:



142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM METS: 4.7/ 134 bpm 70% of THR BP: 140/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



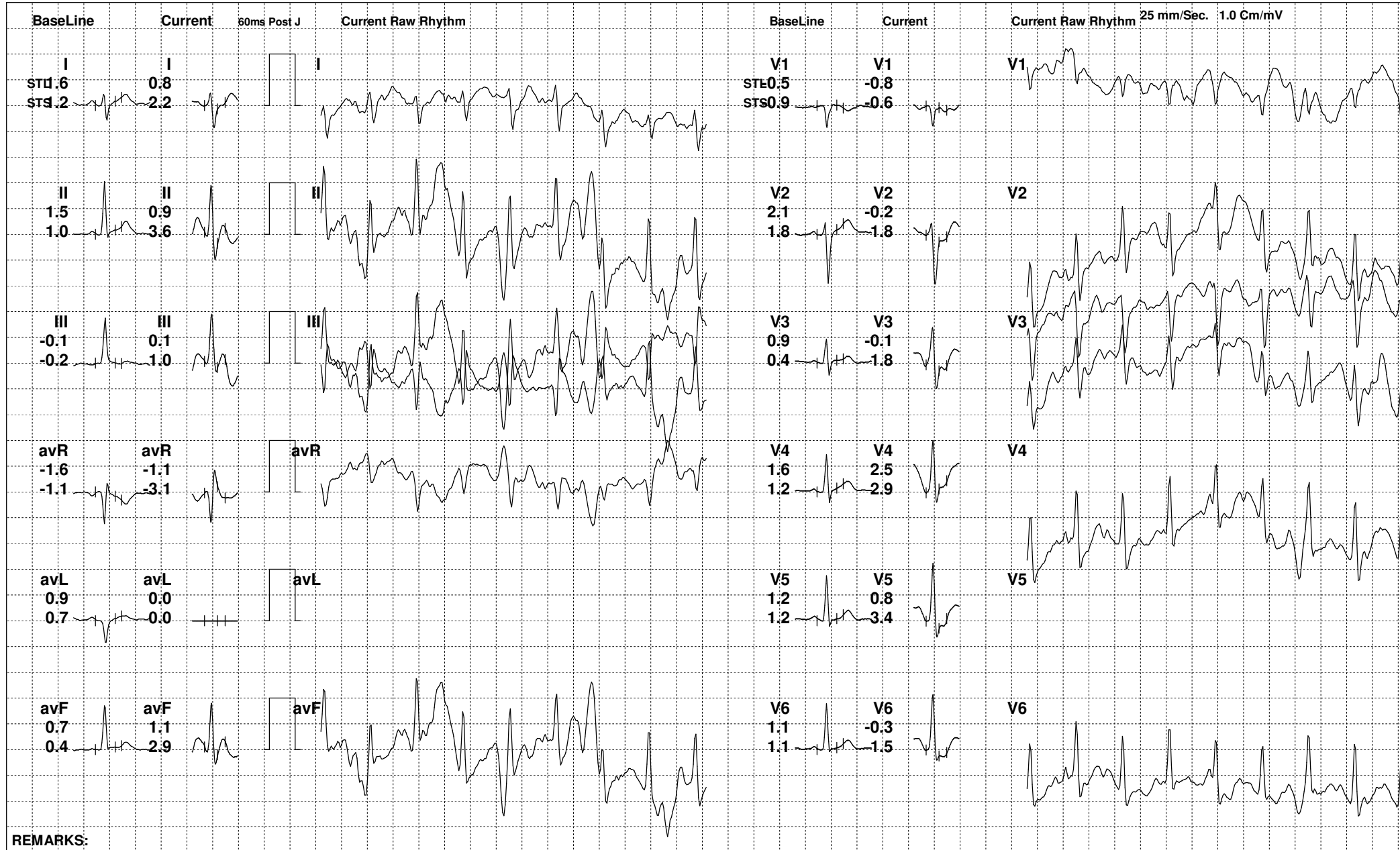
REMARKS:



142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM METS: 7.1/ 168 bpm 87% of THR BP: 150/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%

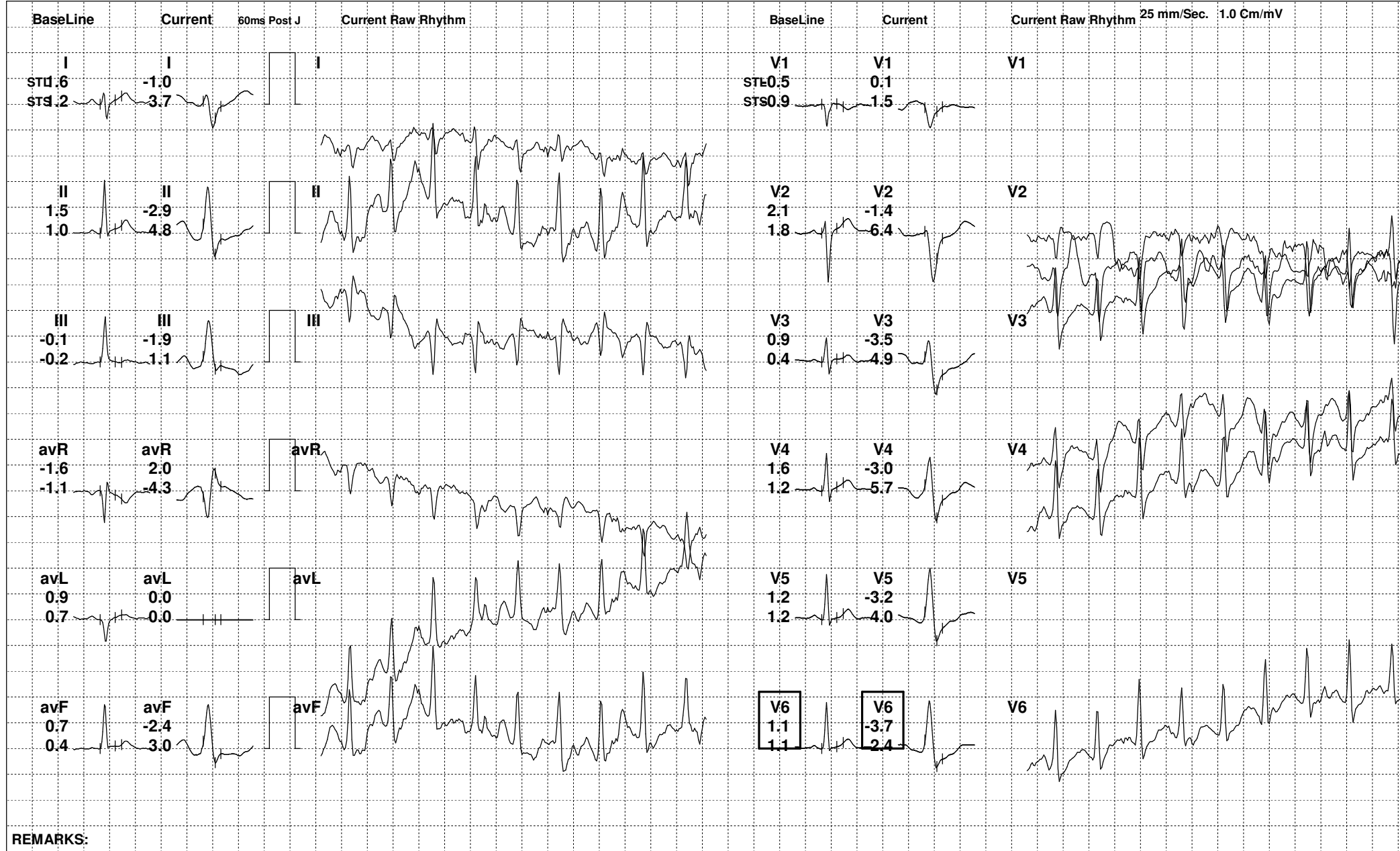




142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM METS: 8.2/ 91 bpm 47% of THR BP: 150/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:04 3.4 mph, 14.0%

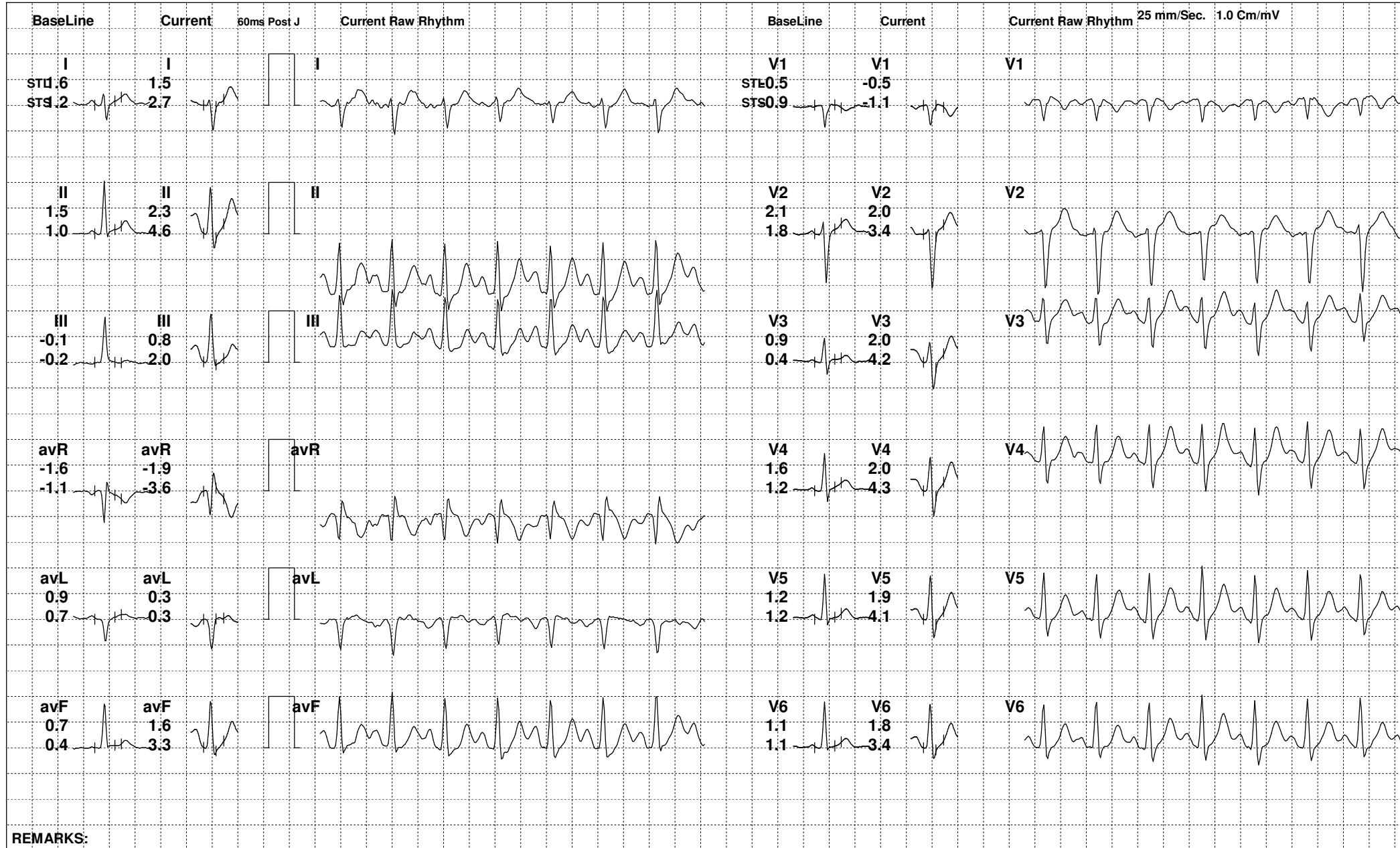




142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM METS: 1.2/ 146 bpm 76% of THR BP: 144/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:05 0.0 mph, 0.0%

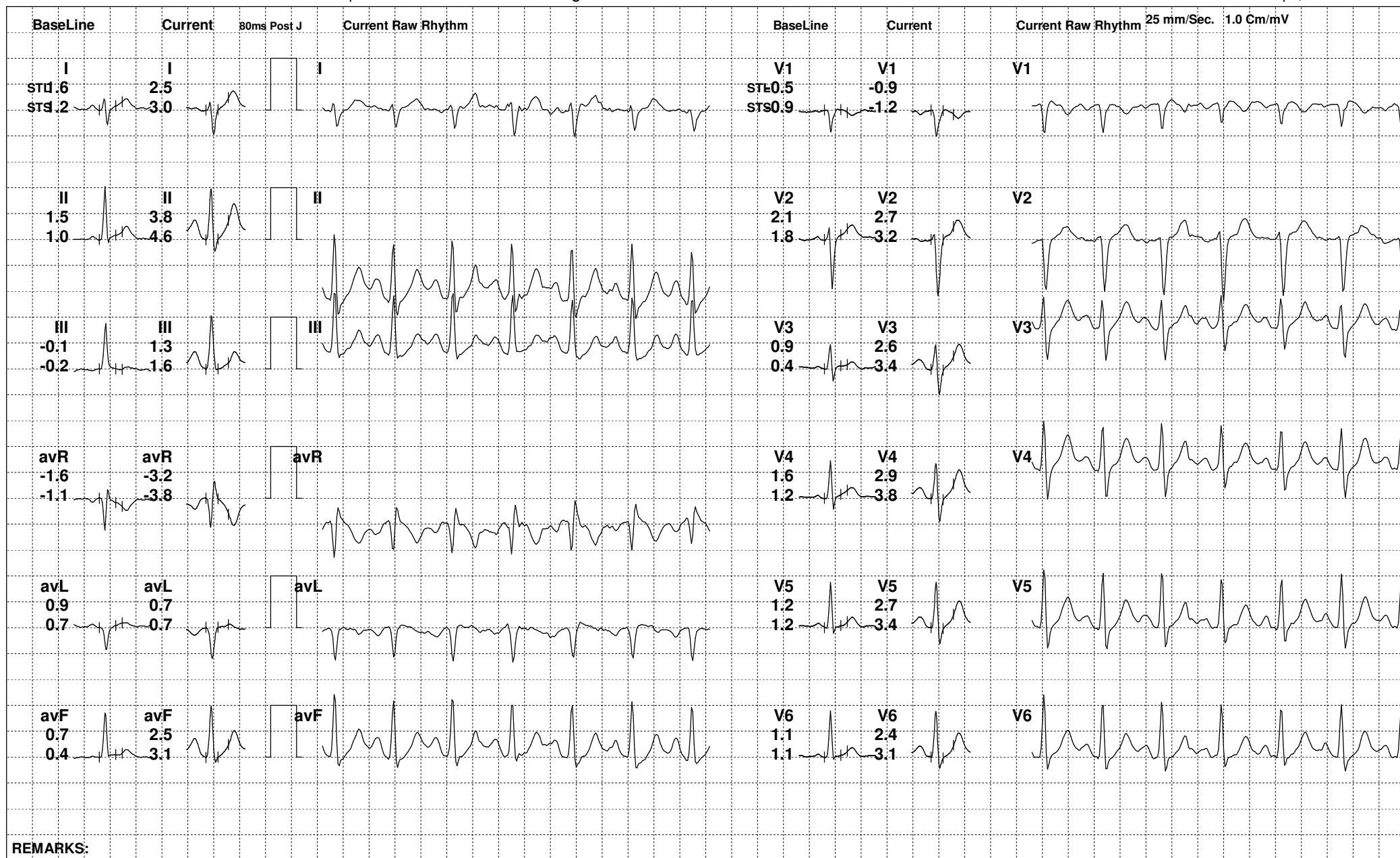




142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM METS: 1.0/ 130 bpm 68% of THR BP: 138/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:05 0.0 mph, 0.0%



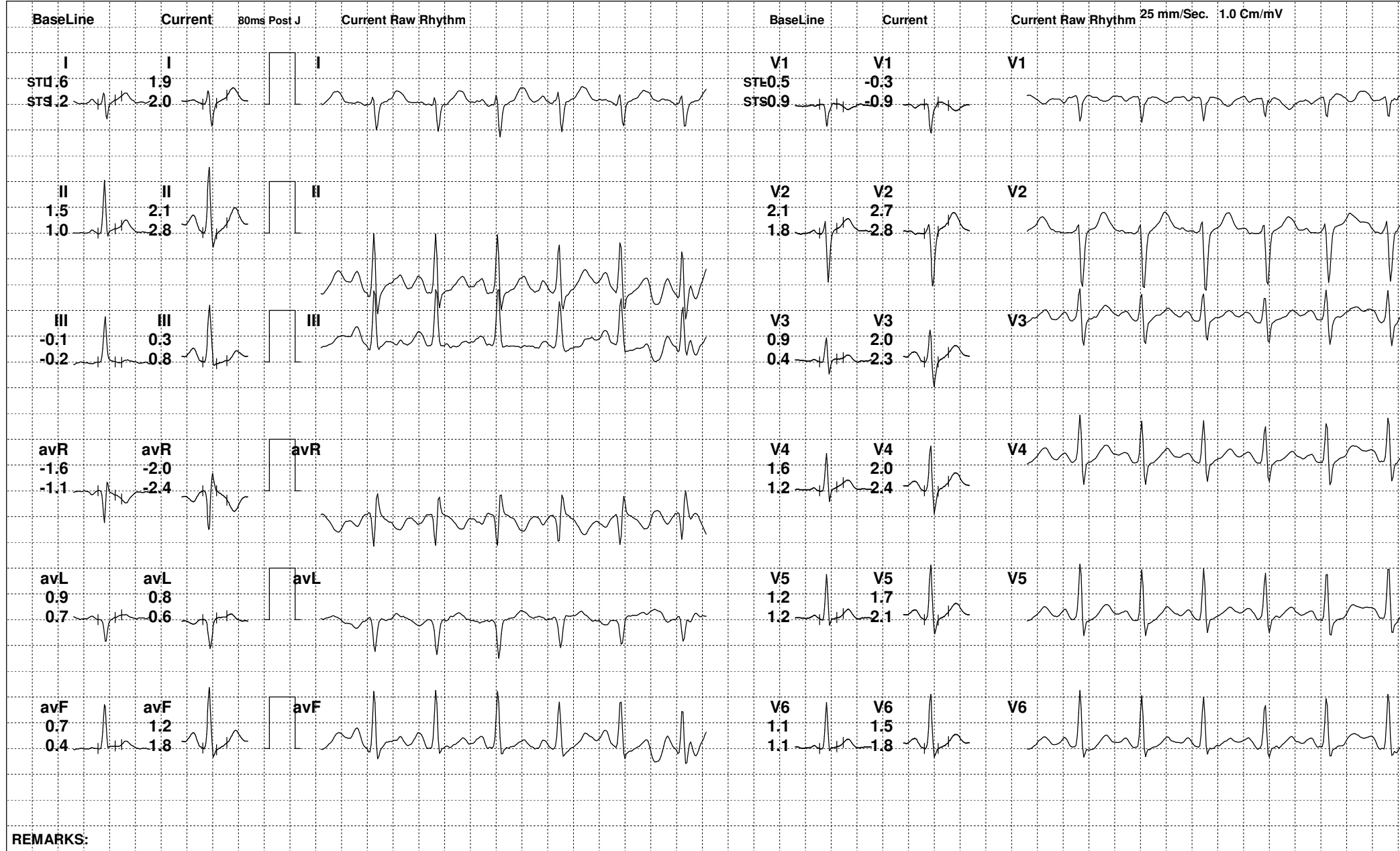




142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM METS: 1.0/ 125 bpm 65% of THR BP: 134/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:05 0.0 mph, 0.0%

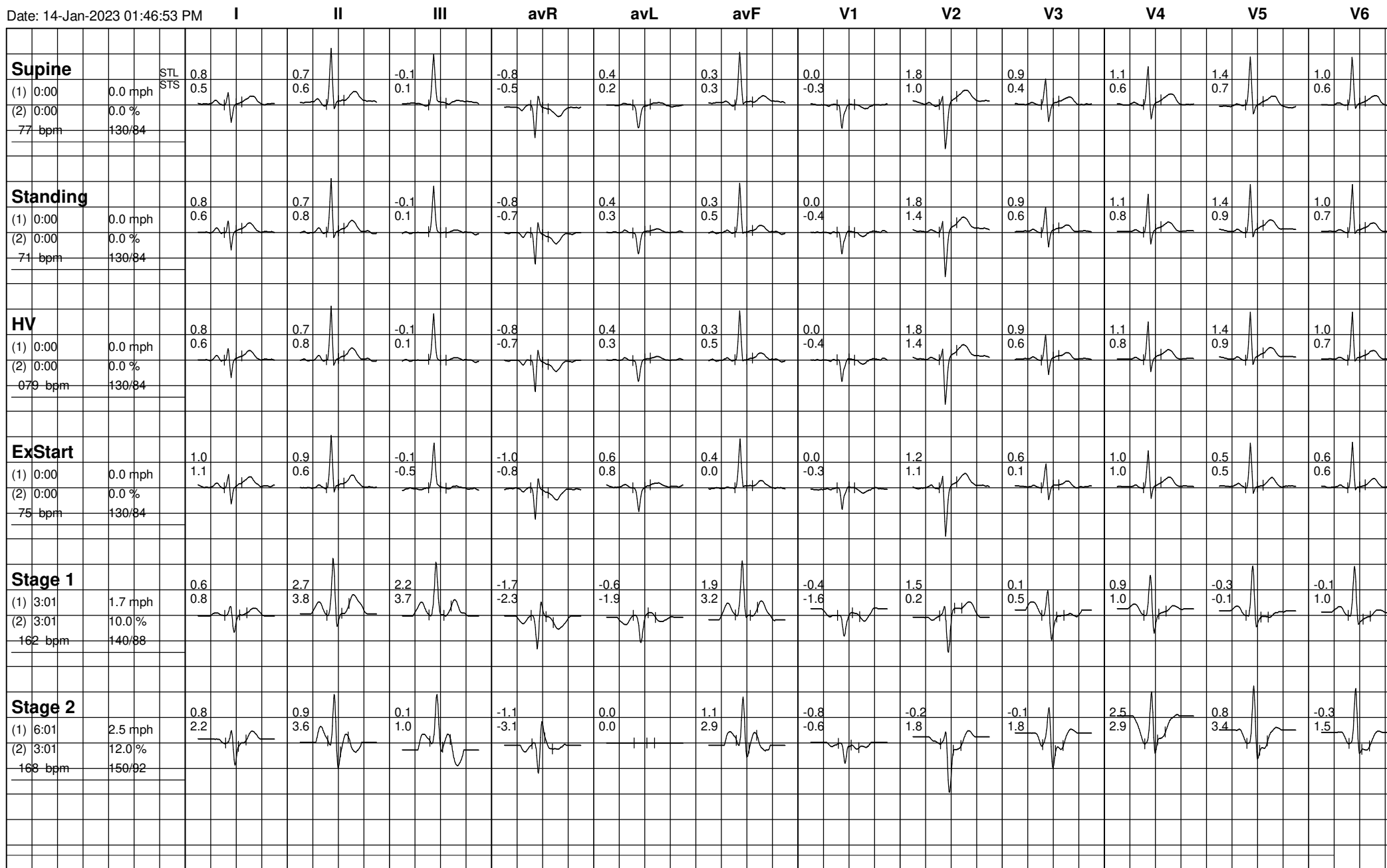


REMARKS:



142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM





142 (514039) / ROHIT KUMAR RANA / 29 Yrs / M

Date: 14-Jan-2023 01:46:53 PM

