

Form No : 03

PERIODIC MEDICAL EXAMINATION REPORT

Name	: Sunita Upadhyay	Test Code	: AHC-3
Emp Code	:	Test Date	: 20-09-2021
Age	: 43 Years	Sex	: Female
Contact No	: 8169449459	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

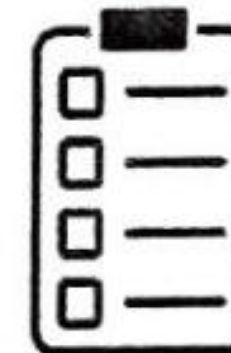
PHYSIOLOGICAL DATA

Height	: 151 Cms	Weight	: 72 Kgs	Expected Weight	: 51 Kgs
B.P	: 130/90 mmHg	PULSE	: 80 /min	Body Mass Index	: 31.58



MEDICAL HISTORY

<input checked="" type="checkbox"/> Frequent Cold	<input checked="" type="checkbox"/> Frequent Sneezing	<input checked="" type="checkbox"/> Joint Pain
<input checked="" type="checkbox"/> Shortness of breath	<input checked="" type="checkbox"/> Frequent Headache	<input checked="" type="checkbox"/> Chronic Cough
<input checked="" type="checkbox"/> Backache	<input checked="" type="checkbox"/> Intestinal trouble	<input checked="" type="checkbox"/> Ear Discharge
<input checked="" type="checkbox"/> Impaired Hearing	<input checked="" type="checkbox"/> Chest Pain Or Pressure	<input checked="" type="checkbox"/> Diabetes
<input checked="" type="checkbox"/> Recent Loss Of Weight	<input checked="" type="checkbox"/> Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> High BP



PAST OPERATIVE HISTORY

<input checked="" type="checkbox"/> Hydrocele	<input checked="" type="checkbox"/> Renal Calculus	<input checked="" type="checkbox"/> Duodenal Ulcer
<input checked="" type="checkbox"/> Hernia	<input checked="" type="checkbox"/> Tonsillitis	<input checked="" type="checkbox"/> Appendicitis
<input checked="" type="checkbox"/> Cataract	<input checked="" type="checkbox"/> DNS	<input checked="" type="checkbox"/> Piles



OTHER PAST OPERATIVE HISTORY : No

OTHER COMPLAINTS : G. Weakness

PAST HISTORY : Family planing Abortion, Gall Bladder Abortion

FAMILY HISTORY : High BP to Mother,

ADDICTIONS : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

VISION

WITHOUT GLASSES		WITH GLASSES		COLOUR BLINDNESS
NEAR	R N-12 L N-10	NEAR	R N-6 L N-6	NO
FAR	R 6/6 L 6/9	FAR	R 6/6 L 6/6	



VISION REMARK : NORMAL WITH GLASS

Medical Test Date : 20-09-2021

Test Code : AHC-3

Name : Sunita Upadhyay

Emp Code :

CLINICAL EXAMINATION**GENERAL & DERMATOLOGY EXAMINATION**

General Condition : Good

Nails : NAD

Oedema Feet : Absent

Skin : Fungal infection

Temperature : Normal

Deformities : None

CARDIOVASCULAR

Heart Sound : Normal

ABDOMEN

Liver : Not Palpable

Spleen : Not Palpable

Other Masses : NAD

GENITO URINARY

Ext. Genitalia : Normal

Discharge : No

Hydrocele : Normal

LYMPHATIC AND ENDOCRINE

Lymph Nodes : Not Palpable

Thyroid : Not Palpable

MUSCULO SKETAL

Bones : NAD

Joints : NAD

Posture Spine : Normal

NERVOUS SYSTEM

Sensory System : Normal

Reflexes : Normal

Motor System : Normal

EYE CHECKUP

Conjunctiva : Normal

Cornea : Normal

Pupil : Normal

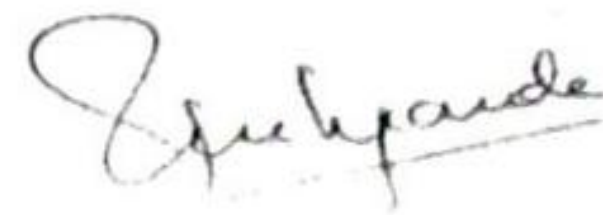
Fundus : NAD

SPO2 : 98 %

E.C.G : Within Normal Limits

PFT : NA

ADVICE : Normal Health.

RESULT : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.*NAD - No Abnormality Ditected
NA - Not ApplicableDr. Rahul Deshpande
M.B.B.S., ORTHO, A.F.I.H. (C.L.I)
Industrial Health Consultant**Dr. Rahul S Deshpande**

M.B.B.S. D. Ortho A.F.I.H (Mumbai)

Regd. No. 081019

HARDEV. HEALTH. CARE

Medical Test Date : 20-09-2021 Test Code : AHC-3
 Name : Sunita Upadhyay Emp Code :

BLOOD GROUP & RH FACTOR Blood Group : 'O' Rh Typing : 'Positive'

EXAMINATION OF HEMATOLOGY

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	12.5	mg/dl	12 - 15
RBC	4.44	mill/cumm	4.3 - 5.3
PCV / HCT	36.8	%	36 - 46
MCV	82.9*	fl	83 - 101
MCH	28.2	pj	27 - 32
MCHC	34.0	g/dl	31.5 - 34.5
RDW	13.1	%	11.6 - 14
Total WBC Count	12600*	mill/cumm	4000 - 10000
Neutrophils	71	%	40 - 80
Lymphocytes	25	%	20 - 40
Monocytes	02	%	2 - 10
Eosinophils	02	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	398000	per cu. mm.	150000 - 410000
ESR	19	mm	0 - 20
DIABETIC PROFILE	RESULT	UNITS	NORMAL RANGE
HbA1c	5.9	mgdl	4 - 6.5
Blood sugar fasting	86.05	mg/dl	70 - 120
Blood sugar post lunch	110.9	mg/dl	80 - 160
KIDNEY FUNCTION TEST			
S. creatinine	1.13	mg/dl	0.5 - 1.5
Uric acid	3.6*	mg/dl	4.5 - 6.7
Urea	26.3	mg/dl	14 - 40
Blood urea nitrogen	12.282	mg/dl	6 - 21
Bun/Creatinine Ratio	23.27	-NA-	10 - 30

EXAMINATION OF URINE

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 20ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 1-2 hpf
Appearance : Clear	Specific Gravity : 1.015	Pus Cell : 4-5 hpf
Deposite : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Material : Not seen

N.B. : Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.

S. N. Tripathi

Dr. Surya N. Tripathi
 Consulting Pathologist
 info@hardevhealthcare.com
 Reg No - 2000/04/1994

REGN.NO.	: 06346	REGN. DATE	: 20-Sep-2021
PATIENT NAME	: Mrs. Sunita Upadhaya	CENTER	: Hardev Health Care
AGE/SEX	: 43 Years /Female	BARCODE	
REFERRED BY	: Hardev Hospital (Opd)		

BIOCHEMISTRY

PARAMETER	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
BLOOD GLUCOSE FASTING			
GLUCOSE- FASTING	: 86.05	mg/dL	60-100
URINE SUGAR	: Absent		
URINE KETONE	: Absent		
BLOOD GLUCOSE POST MEAL			
BLOOD GLUCOSE PP	: 110.90	mg/dL	65-140
URINE GLUCOSE	: Absent		
URINE KETONE	: Absent		

INTERPRETATION

AS PER AMERICAN DIABETES ASSOCIATION 2015 UPDATE FASTING GLUCOSE LEVEL-

Normal glucose tolerance : 70-110 mg/dl

Impaired Fasting glucose (IFG) : 110-125 mg/dl

Diabetes mellitus : ≥ 126 mg/dl

POSTPRANDIAL/POST GLUCOSE (75 grams)

Normal glucose tolerance : 70-139 mg/dl

Impaired glucose tolerance : 140-199 mg/dl

Diabetes mellitus : ≥ 200 mg/dl

CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS

Fasting plasma glucose ≥ 126 mg/dl

Classical symptoms + Random plasma glucose ≥ 200 mg/dl

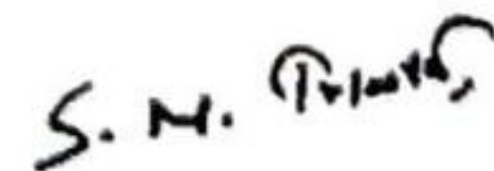
Plasma glucose ≥ 200 mg/dl (2 hrs after 75 grams of glucose)

Glycosylated haemoglobin $> 6.5\%$

***Any positive criteria should be tested on subsequent day with same or other criteria.

Test Done On Fully Automated ERBA EM200 Biochemistry Analyser

----- END OF REPORT -----



Dr Surya N. Tripathi
Reg No- 2000/04/1994

Medical Test Date : 20-09-2021

Test Code : AHC-3

Name : Sunita Upadhyay

Emp No :

BIOCHEMICAL EXAMINATION

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	139.8	mg/dl	130 - 200
Hdl cholestrol	48	mg/dl	40 - 60
Ldl cholestrol	70.90*	mg/dl	95 - 145
VLDL	20.90	mg/dL	2 - 30
LDL/HDL RATIO	1.48	--NA--	0.5 - 3.5
Triglycerides	104.5	mg/dl	70 - 140
Cholesterol/HDL Ratio	2.91	mg/dl	0 - 4.5
LIVER FUNCTIN TEST			
Total bilirubin	0.4	mg/dl	0.2 - 1.2
Direct bilirubin	0.3	mg/dl	0 - 0.5
Indirect bilirubin	0.1	mg/dl	0 - 0.3
SGOT	21.63	/ml	0 - 40
SGPT	14.14	/ml	0 - 40
Protein	7.2	g/dl	6 - 8
Albumin	4.1	g/dl	3.5 - 5.5
S. Globulin	3.1	g/dl	2.5 - 3.5
Alkaline phosphatase	72.90	u/l	50 - 150
GGT	15.8	u/l	10 - 50
A/G Ratio	0.8*	--NA--	1 - 2.3

S. N. Tripathi

Dr. Surya N. Tripathi
Consulting Pathologist
Reg No - 2000/04/1994

TEST DATE : 20-09-2021
REF. BY : HARDEV HEALTH CARE
EMP CODE :
NAME : Sunita Upadhyay
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	116.83	ng/dl	60 - 200
T4	C.L.I.A.	8.60	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	2.22	µIU/mL	0.3 - 5.5

Comments : ***

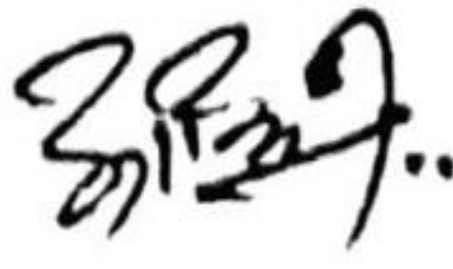
Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

~~End Of Report~~

Sample Collected on (SCT) : 20-09-2021
Sample Received on (SRT) : 21.09.2021
Report Released on (RRT) : 22 September 2021
Sample Type : SERUM
Labcode : 110741711/AND45
Test Code : AHC-3


Dr. Durgaprasad N Agrawal MD


Dr. Caesar Sengupta MD

Medical Test Date : 20-09-2021

Test Code : AHC-3

Name : Sunita Upadhyay

Emp Code :

X-RAY OF THE CHEST P.A. VIEW

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

IMPRESSION : Normal Study**SUGGEST** : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI,
MBBS., DMRE, AFIH
TMC/MOH/PNDT/234

Medical Test Date : 20-09-2021

Test Code : AHC-3

Name : Sunita Upadhyay

Emp Code :

3ch x 4 + (1ch)

Name:

ID: 20210920120213

Sex:

Hospital:

Date of Birth:

Department:

Check Time: 2021-09-20 12:02:31

0.5Hz - 40Hz AC 50Hz 25mm/s 10mm/mV



[Measurement]			
HR: 78 bpm	P' Width:	74 ms	RV5/SV1: 1.094/0.855 mV
P Axis: 27 deg.	PR Interval:	140 ms	RV5+SV1: 1.949 mV
QRS Axis: 48 deg.	QRS Duration:	90 ms	
T Axis: 6 deg.	QT/QTc Interval:	361/414 ms	

[Analysis Result]
 ** normal ECG **
 Sinus rhythm

within normal limits

Reporter:

Notice: All the parameters and conclusions should be confirmed by doctor

Dr. Kailash Changani
 M.D.(Med)
 Reg No - 58574

DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

RADIANCE SONOGRAPHY CENTRE



RADIANCE DIAGNOSTIC CENTRE

19, Shree Mangal Karyalay,
Opp. Shree Nagar Vidya Mandir, Shree Nagar,
Wagle Estate, Thane - 400 604 • Tel.: 7208542237

..... *Experience the Difference*

3, Durvankur, Near Panch Parmeshwar Mandir,
Kishan Nagar I, Wagle Estate, Thane - 400 604.
Tel.: 7208542237

NAME : SUNITA UPADHYAY	AGE/SEX : 43 Y/F
REF BY : HARDEV HEALTH CARE	DATE: 20/09/2021

REAL TIME ABDOMINAL ULTRASOUND REPORT

LIVER :

Normal size liver with mildly raised parenchymal echo pattern. No evidence of any solid or cystic intra-hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

GALL-BLADDER:

Post- cholecystectomy status

PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

KIDNEYS :

No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal.

The right kidney measures 9.8 x 3.3 cms.

The left kidney measures 9.8 x 4.6 cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated .

Mild bowel gas seen in lower abdomen.

Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.

Normal retroverted uterus measuring 6.8 x 3.8 x 3.3 cms. Myometrial echotexture is smooth and homogenous. No focal lesion is seen. The endometrium is homogenous and measures 5 mm.

Both the ovaries are well visualized and appear normal. No evidence of any ovarian or adenexal mass noted. The right ovary measures 2.1 x 2.0 cms. The left ovary measures 2.3 x 1.9 cms.

CONCLUSION :

- Fatty liver grade I

DR. RAJAT BALIGA
MBBS, MD (Radiology), DNB
FMF (Fetal Medical Foundation) ID- 176269

DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

RADIANCE SONOGRAPHY CENTRE



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..... *Experience the Difference*

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Kishan Nagar I, Wagle Estate, Thane - 400 604.
Tel.: 7208542237

NAME : SUNITA UPADHYAY	AGE/SEX : 43 Y /F
REF BY : HARDEV HEALTH CARE	DATE: 20/09/2021

SONOGRAPHY BOTH BREASTS

Both breasts reveal predominance of glandular tissue.

No focal solid or cystic mass lesion is seen. Breast axillary tail appears normal.

No dilated ducts / intraductal lesion is noted.

No e/o any abscess or radiological signs of mastitis.

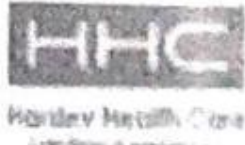
No e/o any skin thickening .

Both axillae are normal. No e/o significant axillary lymphadenopathy.

CONCLUSION:

No significant abnormality is seen.

DR. RAJAT BALIGA
MBBS, MD (Radiology), DNB



Summary

Hardev Health Care LLP

112/sunita 43 Yrs/Female 72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

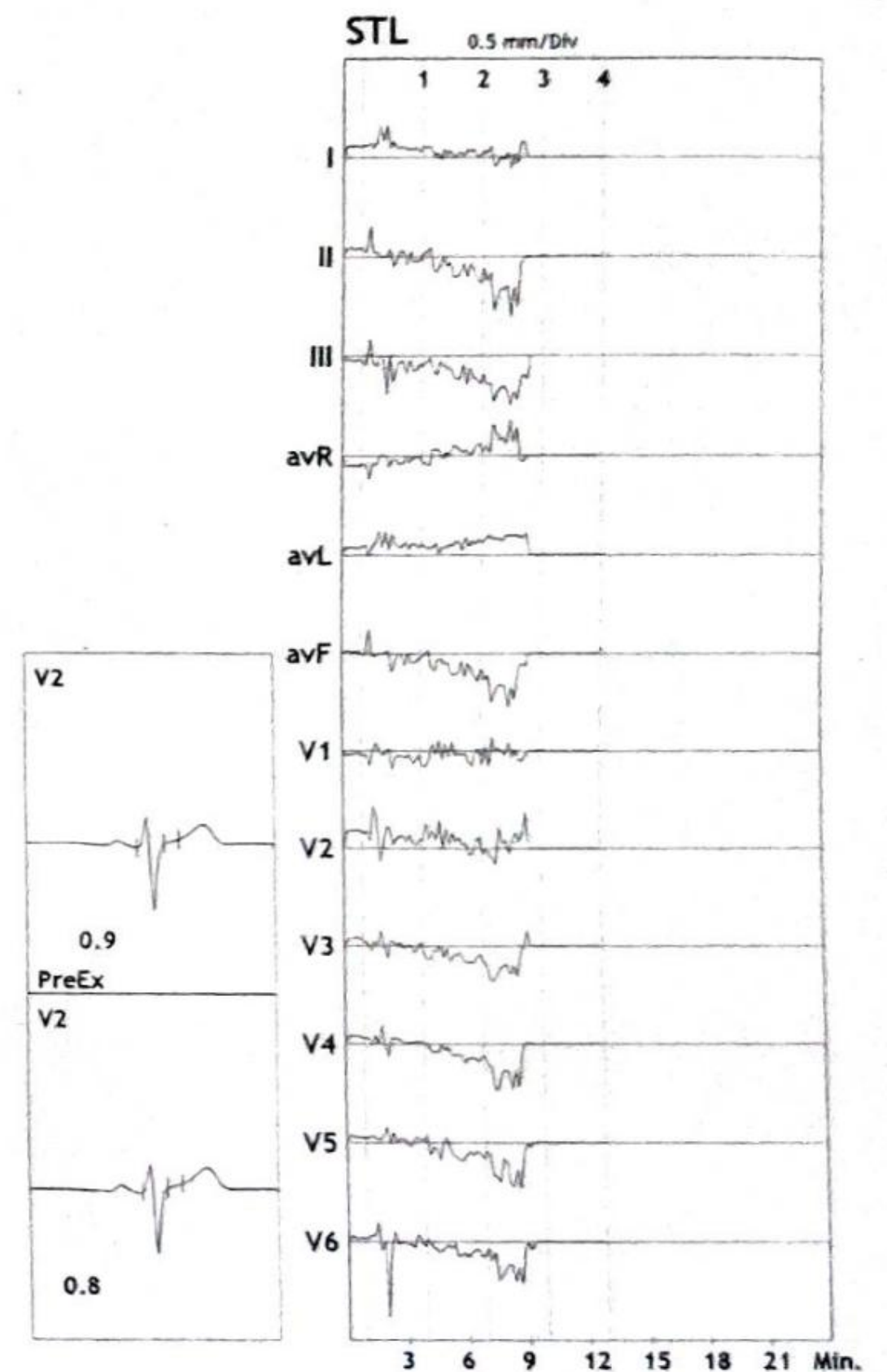
Ref. By :
Medication : NIL
Objective : FOR TESTING PURPOSE ONLY.

Protocol : BRUCE
History : NIL

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	87	---/---	0	-	
Standing					1.0	84	---/---	0	-	
HV					1.0	88	---/---	0	-	
ExStart					1.0	82	---/---	0	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	126	---/---	0	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	156	---/---	0	-	
Stage 3	3:01	9:02	0.0	0.0	8.7	154	---/---	0	-	
Stage 4	3:01	12:02	0.0	0.0	9.0	154	---/---	0	-	

Findings :

Exercise Time :00:00
Max HR Attained :156 bpm 78% of Max Predictable HR 200
Max BP : 0/0(mmHg)
Max WorkLoad attained :9(Good Effort Tolerance)



Advice/Comments:

(Signature)
Dr. Ameya S. Chavan (M, DM, Cardiology)



12 Lead + Median

Hardev Health Care LLP

112/sunita
43 Yrs/Female
72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

HR: 87 bpm
METS: 1.0
BP: ---/---

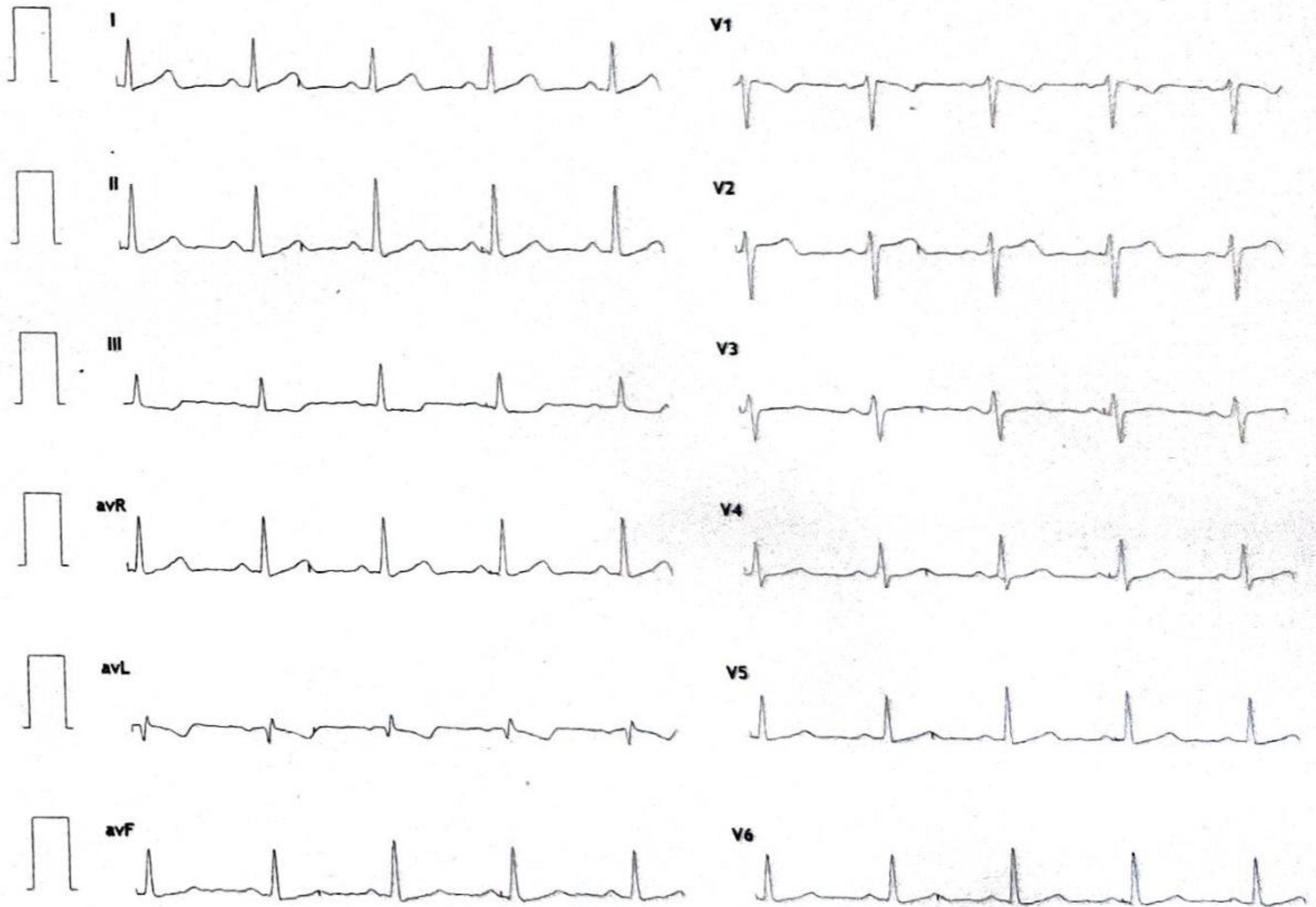
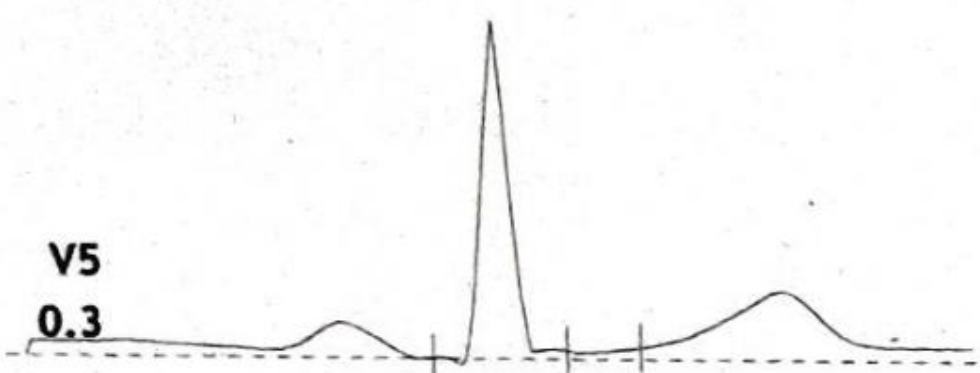
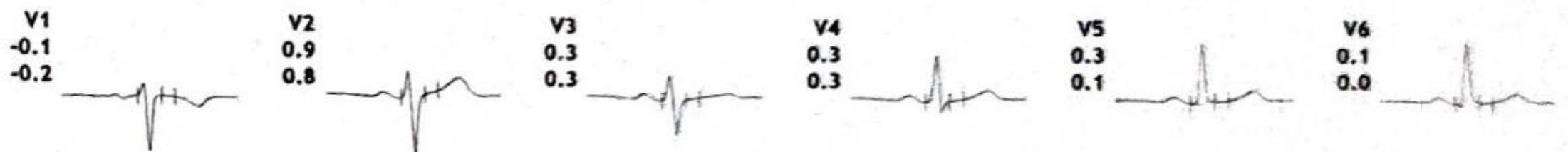
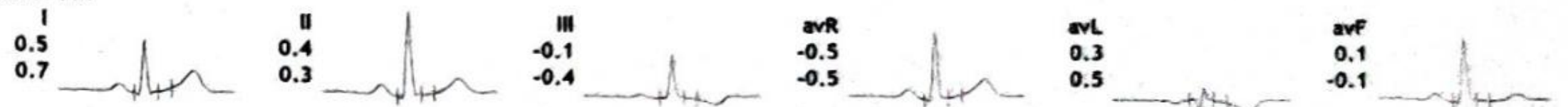
MPHR: 43% of 200
Speed: 0.0 mph
Grade: 0.0%

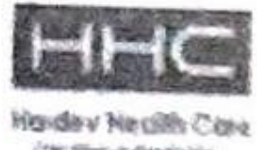
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:49
BLC : On
Notch : On

HV
10.0 mm/mV
25 mm/Sec.

4X 73 mS Post J





12 Lead + Median

Hardev Health Care LLP

112/sunita
43 Yrs/Female
72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

HR: 156 bpm
METS: 7.1
BP: ---/---

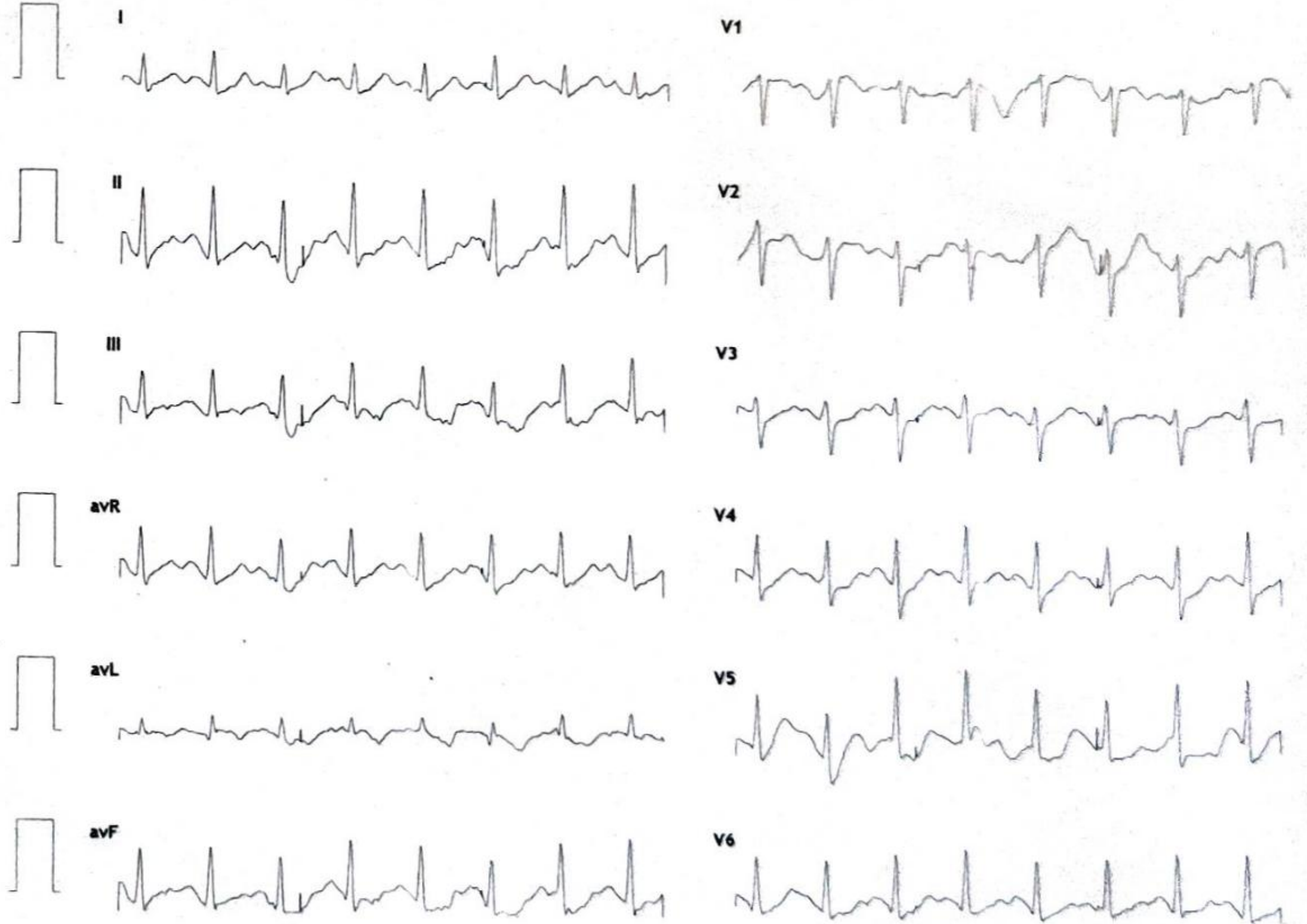
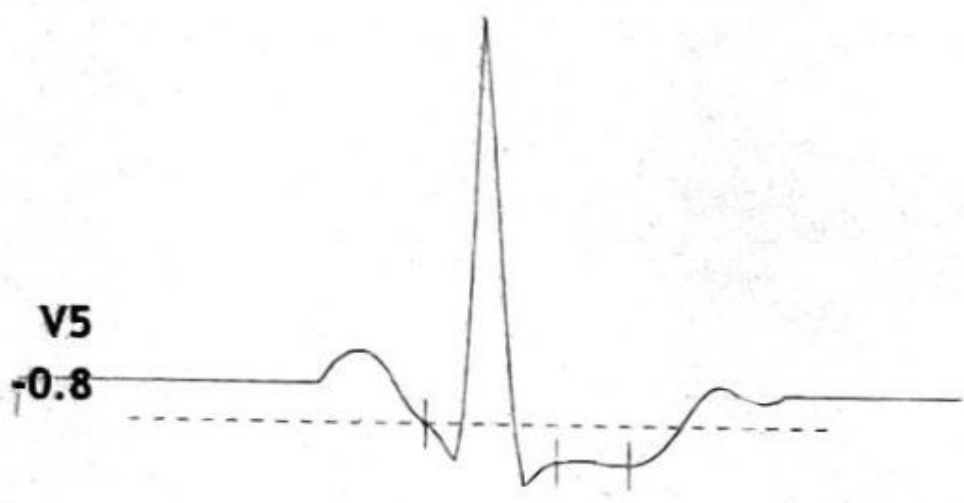
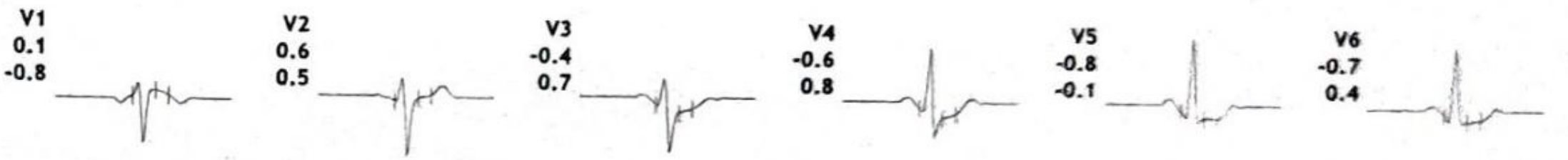
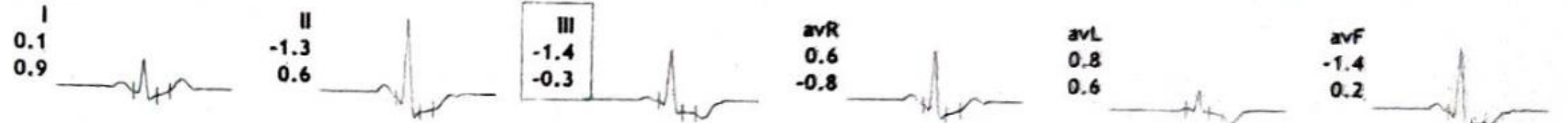
MPHR: 78% of 200
Speed: 2.5 mph
Grade: 12.0%

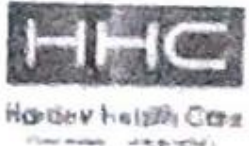
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 06:00
BLC : On
Notch : On

BRUCE: Stage 2(3:00)
10.0 mm/mV
25 mm/Sec.

4X 73 mS Post J





12 Lead + Median

Hardev Health Care LLP

112/sunita
43 Yrs/Female
72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

HR: 86 bpm
METS: 1.0
BP: ---/---

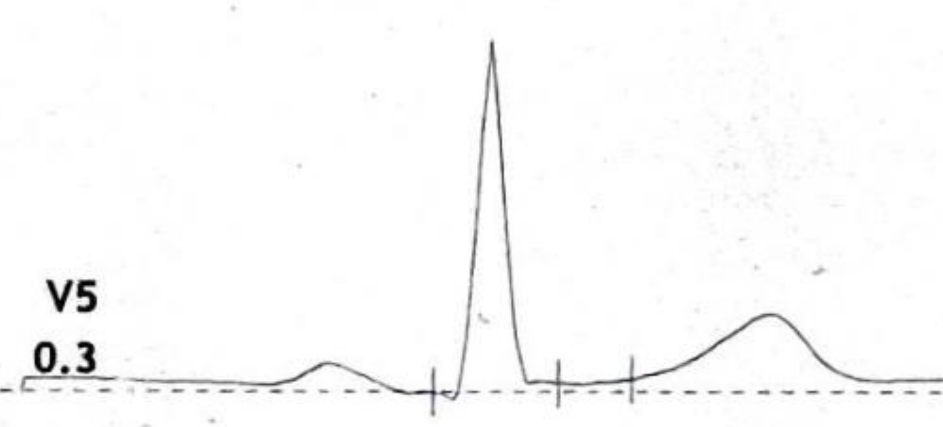
MpHR: 43% of 200
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:31
BLC :On
Notch :On

Supine
10.0 mm/mV
25 mm/Sec.

4X 73 mS Post J





12 Lead + Median

Hardev Health Care LLP

112/sunita
43 Yrs/Female
72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

HR: 84 bpm
METS: 1.0
BP: ---/---

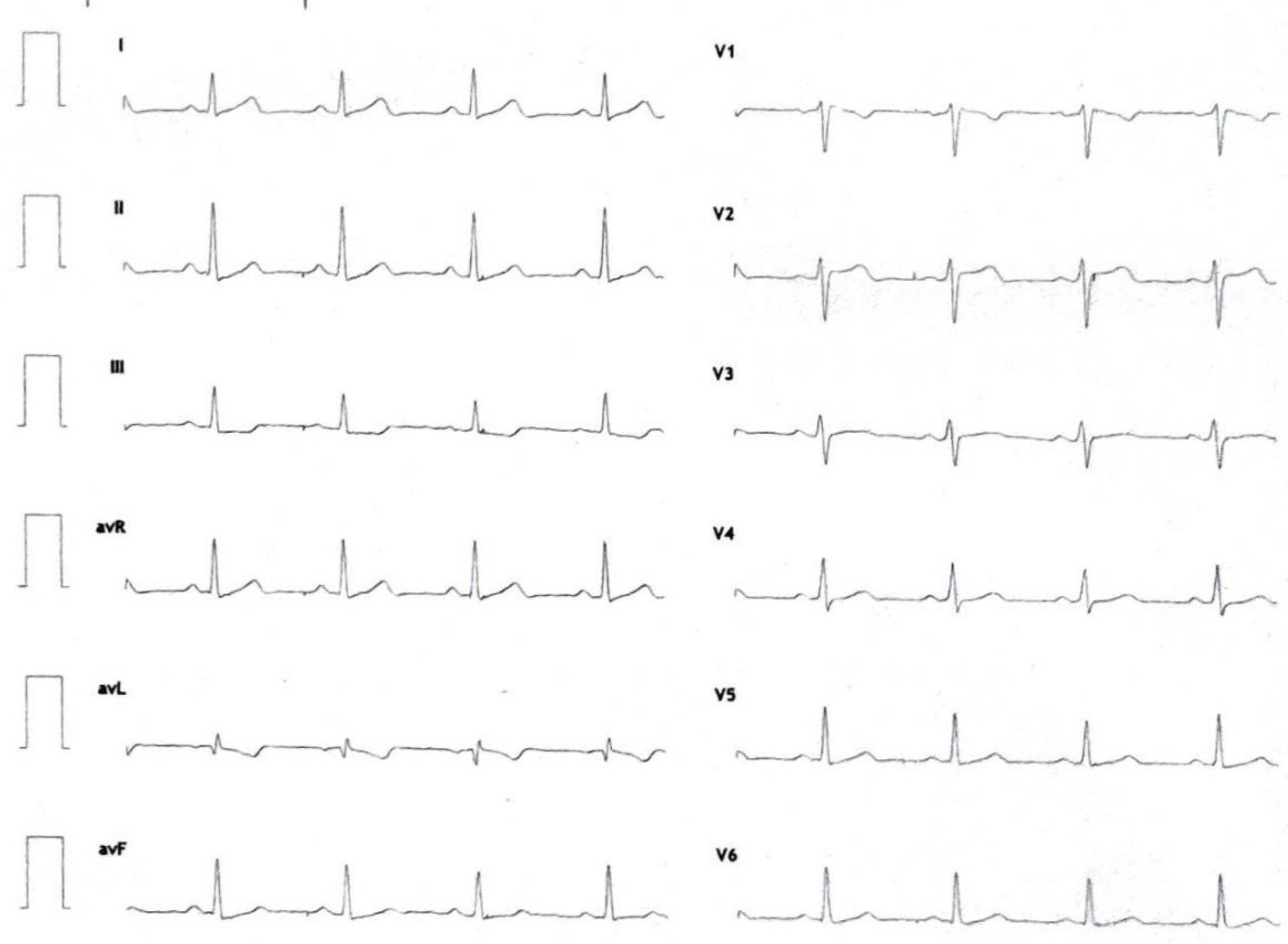
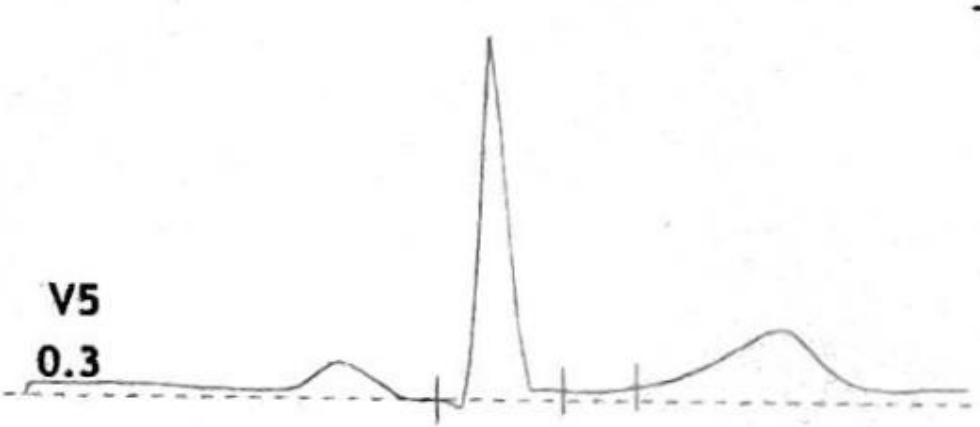
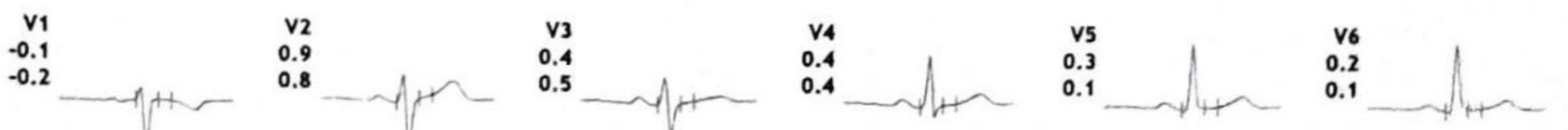
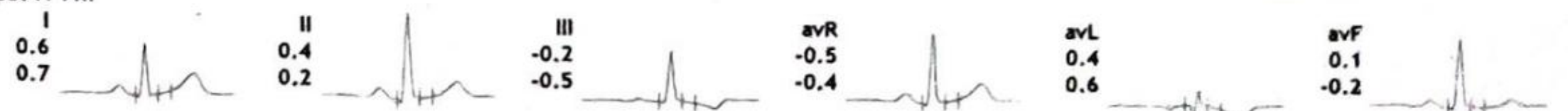
MPHR: 42% of 200
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:45
BLC :On
Notch :On

Standing
10.0 mm/mV
25 mm/Sec.

4X 73 mS Post J





12 Lead + Median

Hardev Health Care LLP

112/sunita
43 Yrs/Female
72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

HR: 126 bpm
METS: 4.7
BP: ---/---

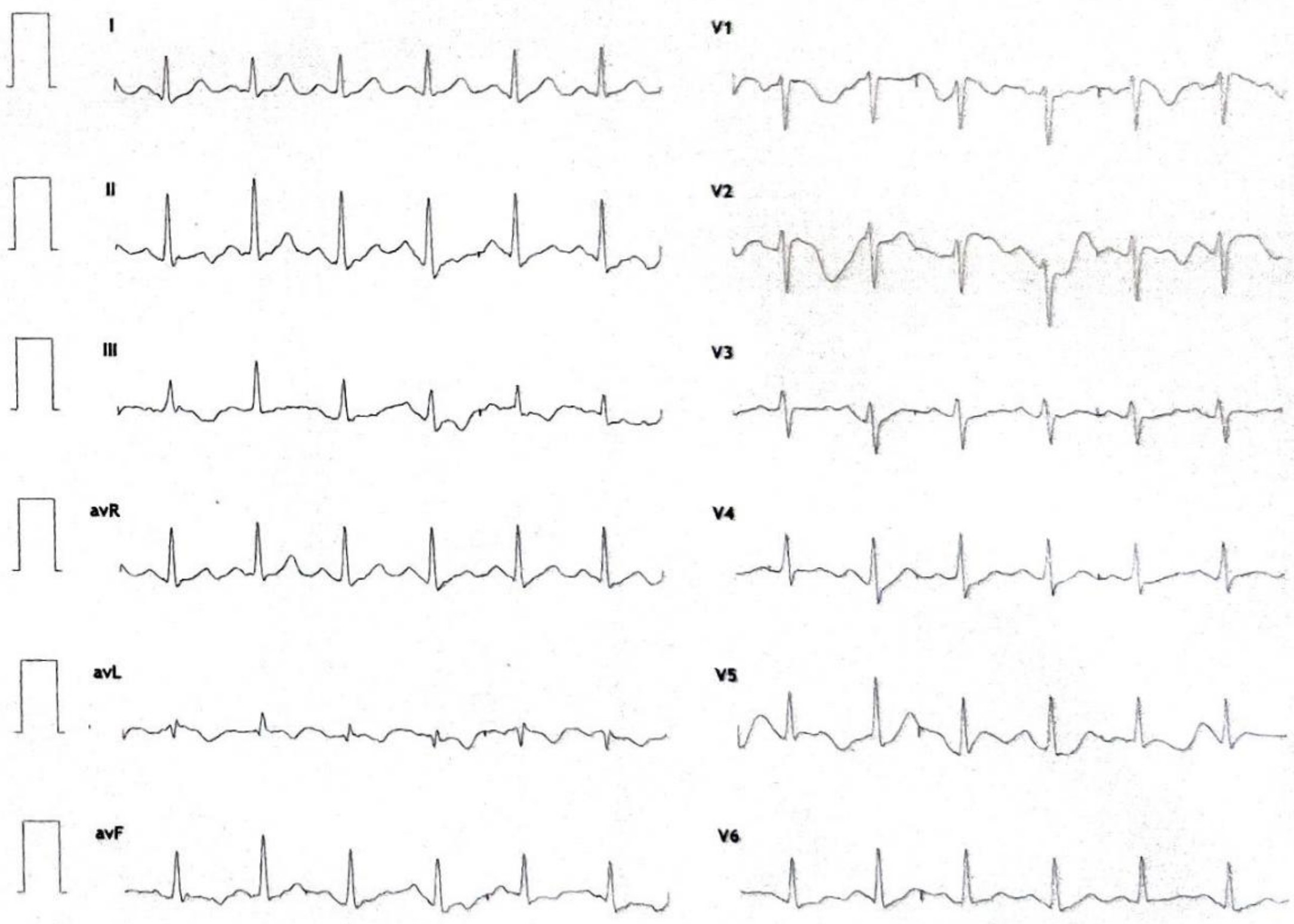
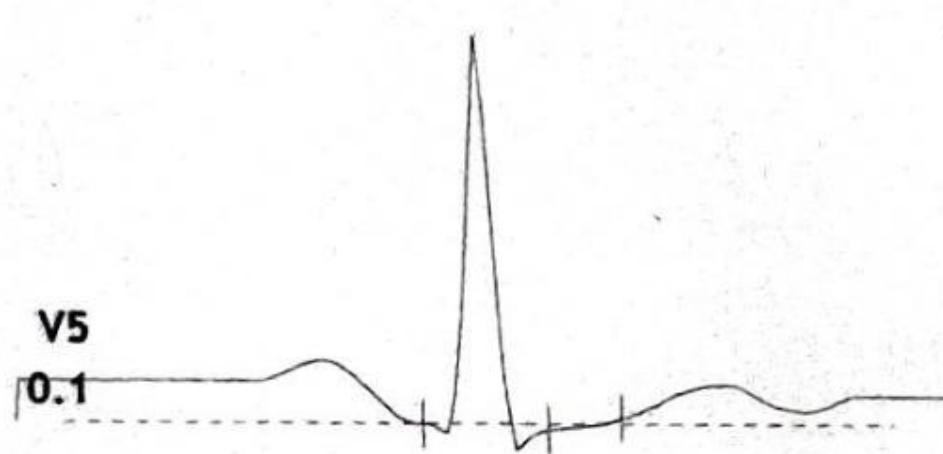
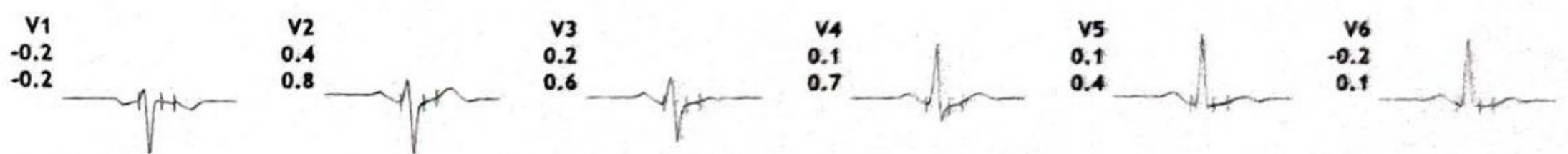
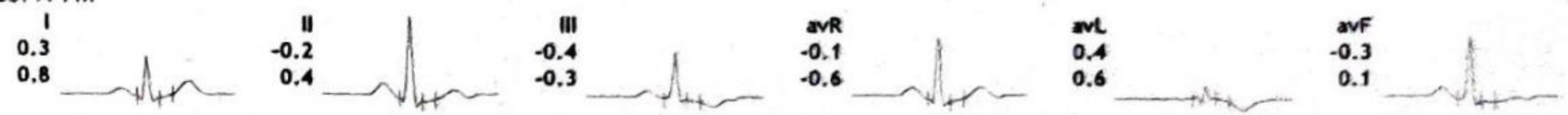
MPHR: 63% of 200
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 03:00
BLC :On
Notch :On

BRUCE:Stage 1(3:00)
10.0 mm/mV
25 mm/Sec.

4X 73 mS Post J





12 Lead + Median

Hardev Health Care LLP

112/sunita
43 Yrs/Female
72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

HR: 154 bpm
METS: 8.7
BP: ---/---

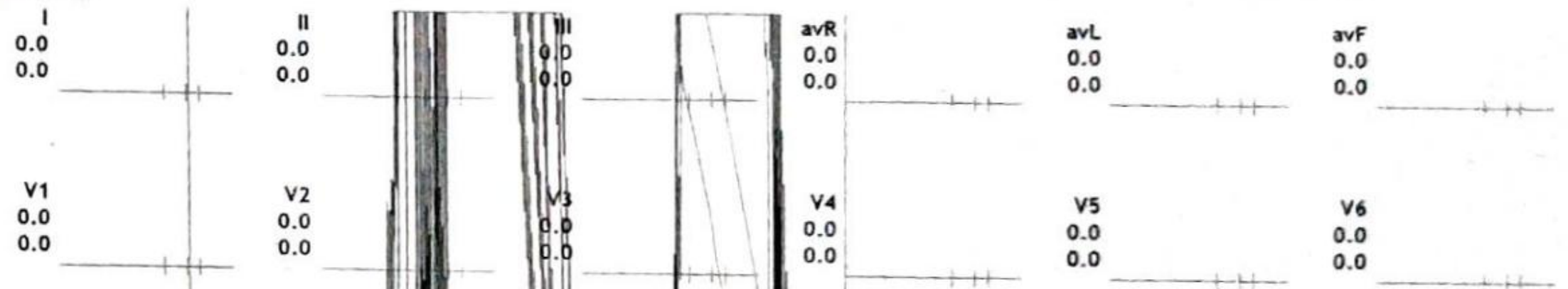
MPHR: 77% of 200
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

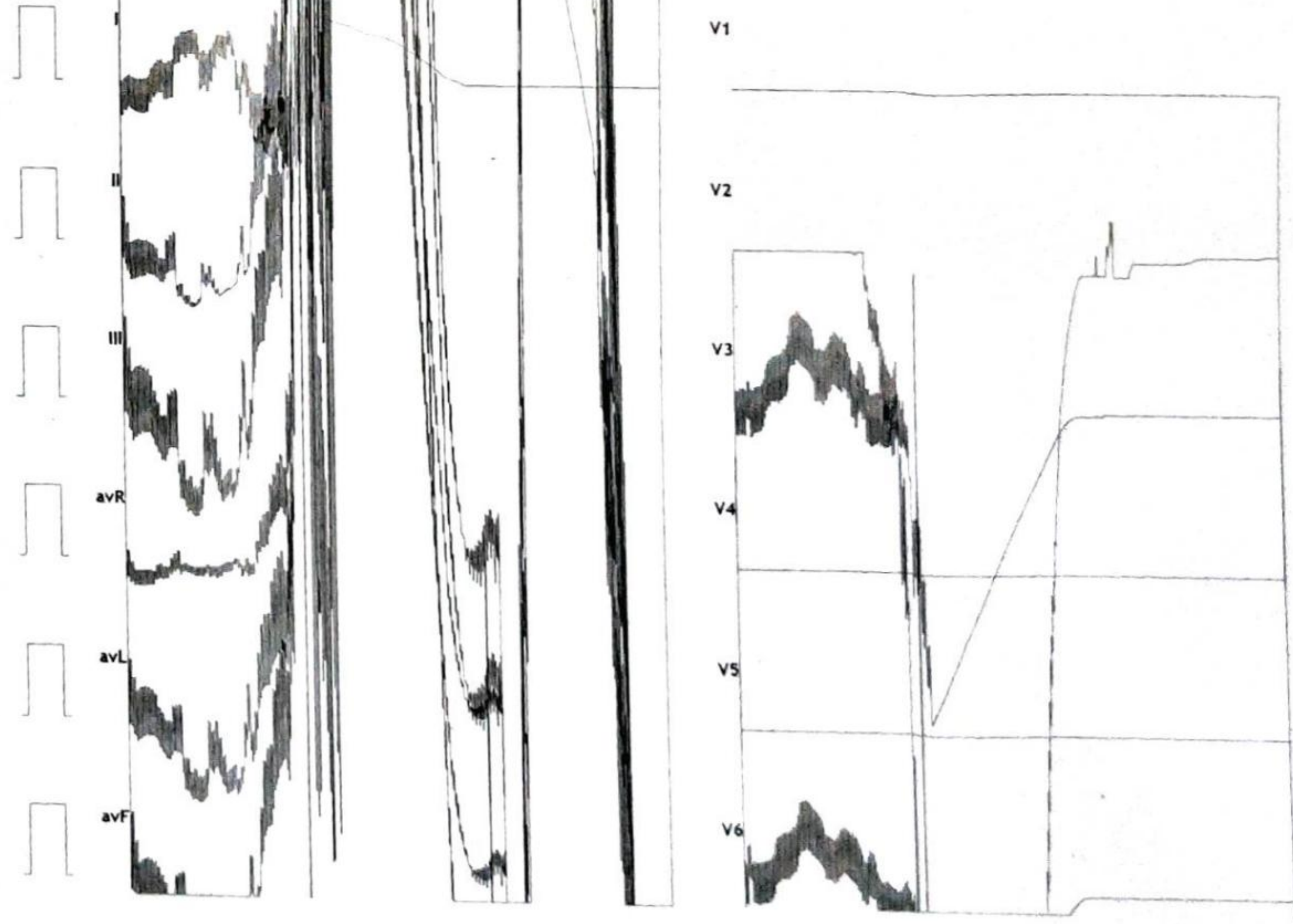
Ex Time 09:00
BLC : On
Notch : On

BRUCE: Stage 3 (3:00)
10.0 mm/mV
25 mm/Sec.

4X 73 mS Post J



V5
0.0





12 Lead + Median

Hardev Health Care LLP

112/sunita
43 Yrs/Female
72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

HR: 154 bpm
METS: 9.0
BP: ---/---

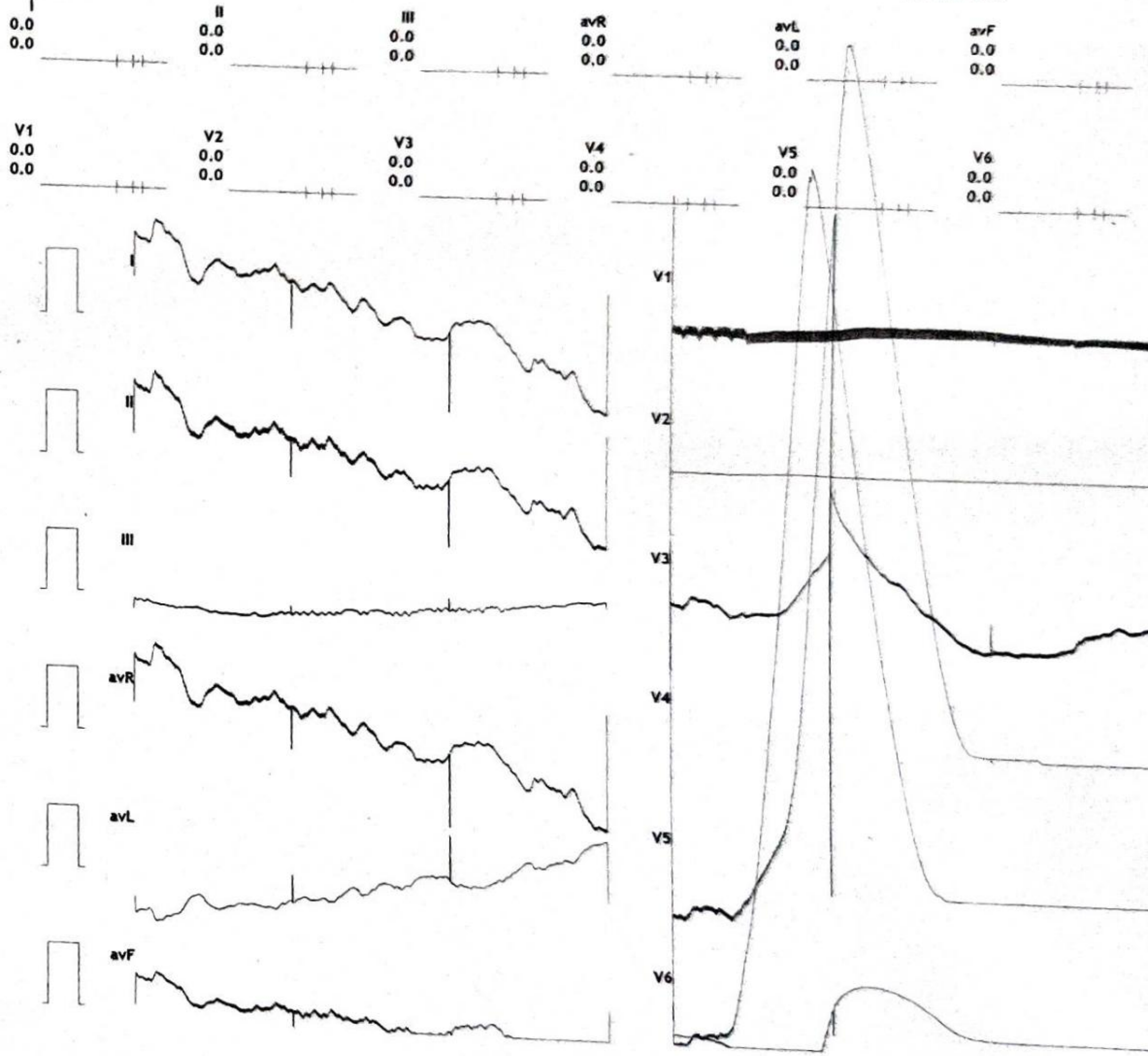
MPHR: 77% of 200
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 12:00
BLC :On
Notch :On

BRUCE:Stage 4(3:00)
10.0 mm/mV
25 mm/Sec.

4X 73 mS Post J



V5
0.0



Average

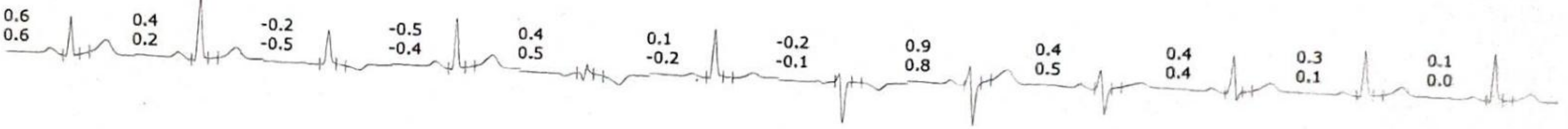
Hardev Health Care LLP

112/sunita 43 Yrs/Female 72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

I II III avR avL avF V1 V2 V3 V4 V5 V6

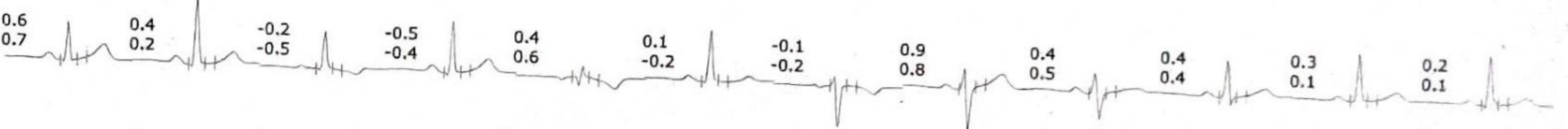
Supine

(1) 0:00 0.0 mph
(2) 0:00 0.0 %
87 bpm ---/---



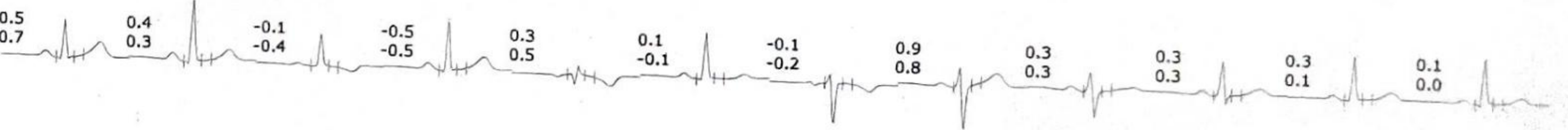
Standing

(1) 0:00 0.0 mph
(2) 0:00 0.0 %
84 bpm ---/---



HV

(1) 0:00 0.0 mph
(2) 0:00 0.0 %
88 bpm ---/---



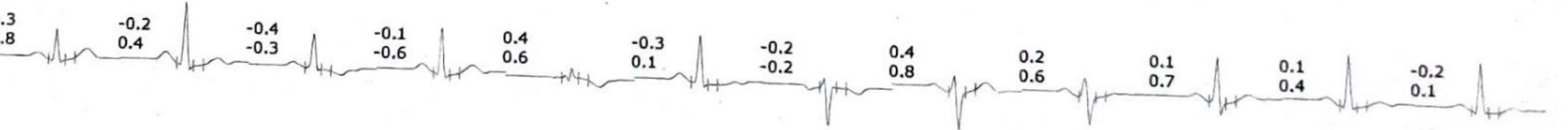
ExStart

(1) 0:00 0.0 mph
(2) 0:00 0.0 %
82 bpm ---/---



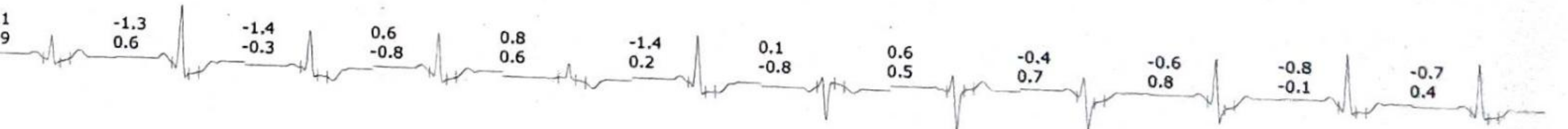
Stage 1

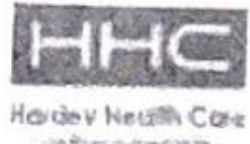
(1) 3:01 1.7 mph
(2) 3:01 10.0 %
126 bpm ---/---



Stage 2

(1) 6:01 2.5 mph
(2) 3:01 12.0 %
156 bpm ---/---





ST Summary

Hardev Health Care LLP

112/sunita 43 Yrs/Female 72 Kg/151 Cms
Date: 20-Sep-2021 01:35:41 PM

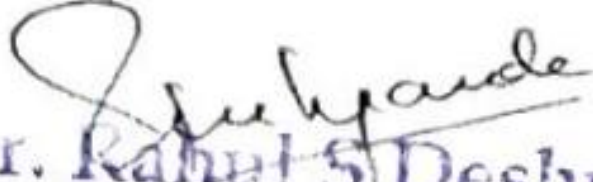
Protocol : BRUCE

		I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STL (mm) 73 mSecs Post J	Supine	0.6	0.4	-0.2	-0.5	0.4	0.1	-0.2	0.9	0.4	0.4	0.3	0.1
	Standing	0.6	0.4	-0.2	-0.5	0.4	0.1	-0.1	0.9	0.4	0.4	0.3	0.2
	HV	0.6	0.4	-0.2	-0.5	0.4	0.1	-0.1	0.9	0.4	0.4	0.3	0.2
	ExStart	0.5	0.4	-0.1	-0.5	0.3	0.1	-0.1	0.9	0.3	0.3	0.3	0.1
	Stage 1	0.3	-0.2	-0.4	-0.1	0.4	-0.3	-0.2	0.4	0.2	0.1	0.1	-0.2
	Stage 2	0.1	-1.3	-1.4	0.6	0.8	-1.4	0.1	0.6	-0.4	-0.6	-0.8	-0.7
	Stage 3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Stage 4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
STS mV/Sec.	Supine	0.6	0.2	-0.5	-0.4	0.5	-0.2	-0.1	0.8	0.5	0.4	0.1	0.0
	Standing	0.7	0.2	-0.5	-0.4	0.6	-0.2	-0.2	0.8	0.5	0.4	0.1	0.1
	HV	0.7	0.2	-0.5	-0.4	0.6	-0.2	-0.2	0.8	0.5	0.4	0.1	0.1
	ExStart	0.7	0.3	-0.4	-0.5	0.5	-0.1	-0.2	0.8	0.3	0.3	0.1	0.0
	Stage 1	0.8	0.4	-0.3	-0.6	0.6	0.1	-0.2	0.8	0.6	0.7	0.4	0.1
	Stage 2	0.9	0.6	-0.3	-0.8	0.6	0.2	-0.8	0.5	0.7	0.8	-0.1	0.4
	Stage 3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Stage 4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
STI μVs	Supine	2.2	1.8	-0.4	-1.9	1.3	0.7	-0.6	3.8	1.5	1.5	1.2	0.6
	Standing	2.1	1.5	-0.6	-1.8	1.3	0.4	-0.2	3.8	1.7	1.5	1.2	1.1
	HV	2.1	1.5	-0.6	-1.8	1.3	0.4	-0.2	3.8	1.7	1.5	1.2	1.1
	ExStart	1.9	1.8	-0.2	-1.9	1.0	0.8	0.0	3.7	1.4	1.2	1.1	0.6
	Stage 1	-0.2	-2.0	-1.8	1.1	0.9	-1.9	-1.0	0.9	0.1	-0.7	-0.2	-1.8
	Stage 2	-1.5	-9.3	-7.7	5.4	3.2	-8.5	2.7	2.6	-4.0	-5.5	-4.5	-4.9
	Stage 3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Stage 4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Date : 20-09-2021

FITNESS CERTIFICATE

This is to certify that **Ms. Sunita Upadhyay** Emp. No. age **43** Yrs. has undergone the medical examination with us on **20-09-2021**. based on examination and investigation results she is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and She is medically fit to continue her duties.


Dr. Rahul S. Deshpande
M.B.B.S. D. Ortho A.F.I.H (Mumbai)
Regd. No. 081019
HARDEV HEALTH CARE
Authorised Medical Practitioner