

Name : Mr. VELMURUGAN S (30 /M)

Date : 25/02/2023

Address : 10/2 VALLALAR STREET, POOLAMBADI, PERAMBALUR(PERAMBALUR),
PERAMBALUR, TAMIL NADU, INDIA

Examined by: Dr .AHC DOCTOR TRICHY

UHID : ASM2.0000006982

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW
40YRS

AHC No : TRYMH44110



CHIEF COMPLAINTS

For general health checkup
Itching

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



SYSTEMIC REVIEW

Gastrointestinal system

Appetite - normal; Bowel habits - regular

Genitourinary system

Frequency - normal

Central nervous system

Sleep - adequate

Eyes

Vision - defective with glasses; Glasses - yes

ENT

- Normal hearing

Skin

- itching; - BURNING SENSATION - 10 MONTHS



Past medical history

Do you have any - No
allergies?

Do you have any drug - No
allergies?

Covid 19 - Yes
- 2021

Hospitalization for - No
Covid 19



Surgical history

Inguinal hernia repair - 2012
Right

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Marital status - Married
No. of children - 1
Male - 1
Profession - government employee
Diet - Mixed Diet
Alcohol - consumes alcohol
occasionally

Frequency - yearly
Consuming alcohol for - 7 YEARS
Smoking - No
Chews tobacco - No
Physical activity - Moderate



Family history

Father - alive
Aged - 64 YEARS
Mother - alive
Aged - 56 YEARS
Sisters - 3
Diabetes - father
Hypertension - father, mother
Coronary artery - none
disease
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal

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Height - 162
Weight - 58.45
BMI - 22.27
Pallor - No
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 80
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 60
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance - Normal

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ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-15

Blood Group	A
Rh (D) Type:	POSITIVE

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.010 *		●	1.016 - 1.026
Colour:	Pale Straw			
Transparency:	Clear			
pH	6.5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	Nil	/hpf		0-5
Pus Cells	2-4 /h.p.f			
Epithelial Cells	1-2 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Negative			

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
ALT(SGPT)	23	U/L	●	Adult Male : < 45
Globulin - Serum: (Calculated)	3.0	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	45	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	20	U/L	●	Adult Male: <35
Bilirubin, Total - Serum	0.6	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	192	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CBC

Test Name	Result	Unit	Level	Range
Hemoglobin	15.6	gm%	●	13.0-18.0
Packed cell volume(Calculated)	44.4	%	●	40-54
WBC Count	4.59	10 ⁹ /m ³	●	4-11
Platelet Count	254	10 ⁹ /m ³	●	150-450
Neutrophils	52	%	●	40-80
Lymphocytes	37	%	●	20-40
Eosinophils	06	%	●	01-06
Monocytes	05	%	●	2-10

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	1.1	mg/dL	●	Male: 0.9 - 1.3

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	20	U/L	●	Male: < 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	92	mg/dL	●	70 - 100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
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BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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Glucose - Serum / Plasma (Post Prandial) 73 mg/dL ● < 140

Total Cholesterol / HDL Cholesterol Ratio (Calculated) 3.8 ● < 4.5

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.0	%	●	4 - 6 % (NGSP)

TOTAL T3 T4 TSH

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	1.20	µIU/mL	●	Adults(21 - 54 Years): 0.5 - 5.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL Cholesterol	51	mg/dL	●	Low: <40 High: >=60
LDL Cholesterol (Direct LDL)	127	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Urea	18	mg/dL	●	Adult: 13 - 43

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	4.6	mg/dL	●	Adult Male: 3.5 - 7.2

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.6	g/dL	●	>2 Year: 6.0 - 8.0
Albumin - Serum	4.6	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.2	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.4	mg/dL	●	0.0-1.0

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.4	mg/dL	●	Adult : 6 - 20

TOTAL T3 T4 TSH

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	104.87	ng/dL	●	Adults(20-50 Yrs Male): 70 - 204
TOTAL T4: THYROXINE - SERUM	8.7	µg/dL	●	Adults(15-60 Yrs Male): 4.6 - 10.5

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES/HDL CHOLESTROL	1.3			

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	68	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

2D-ECHO WITH COLOUR DOPPLER

NO REGIONAL WALL MOTION ABNORMALITY
LEFT VENTRICLE NORMAL IN SIZE
NORMAL LEFT VENTRICULAR FUNCTION
NO LV CLOT
TRIVIAL MITRAL REGURGITATION
TRIVIAL TRICUSPID REGURGITATION
NO PULMONARY ARTERY HYPERTENSION
NO PERICARDIAL EFFUSION
IAS/IVS INTACT

● Within Normal Range ● Borderline High/Low ● Out of Range

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ULTRASOUND - WHOLE ABDOMEN

NO SIGNIFICANT ABNORMALITY DETECTED.

Suggested Clinical Correlation and Further Evaluation.

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA



Within Normal Range




Borderline High/Low




Out of Range

Executive Summary


 Physical examination and tests in the package do not reveal any significant abnormality

Wellness Prescription


Advice On Diet :-

 Well-balanced diet

Advice On Physical Activity :-

 30 minutes brisk walk 5 days a week

Follow-up and Review Plan

 Annual health check



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Printed By : Elvis Matthew Gomes

Dr.AHC DOCTOR TRICHY
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.