



**Dr. MEHTA .Y**  
 MBBS, DNB (Family Medicine)  
 Senior Consultant  
 Reg. No. : ANP20010000845KTK

AUB - 669850  
 Place Label Here  
 MRS. JHATHA S  
 Age: 37  
 IF label not available, write Pt. Name, UHID No.,  
 Age, Sex, Date, Name of Treating Physician

Allergies :  <u>NIL</u>	<b>Fall Risk Assessment</b>		Wt: <u>62</u>	Ht: <u>153.5</u>	T: _____	P: <u>90</u>	BP: <u>116/69</u>
	H/o fall (within 1 year)	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Mobility Aid		Dep. <input checked="" type="checkbox"/> Indep. <input type="checkbox"/>		Pain <u>0</u> /10
Gait		<u>(2)</u>					

① ? UTI - Asymptomatic.

Adv

Plenty of oral fluids  
 and Hydration

Medication Recommendation, Dose & Frequency  
 Advice & Plan

Urmie Ys - Review in the report

Kindly get this document scanned at the counter for the record purpose

*thy*  
 Signature and Date

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

<b>Name :</b> MRS. SHWETHA S Age: 37 Year(s) Year(s)/Female 18 Mar 2023 9:05:02 AM	<b>Age :</b>	<b>Sex :</b> M/F
<b>Age :</b>		<b>UHID :</b>



Physical Examination

<b>General :</b>	<b>Build</b>	<b>Height</b> 153.5 cm	<b>Weight</b> 62 kg	<b>BMI :</b>
	<b>Anaemia</b>	<b>Icterus</b>	<b>Cyanosis</b>	<b>Clubbing</b>
		<b>Oedema</b>	<b>Glands</b>	

HEAD & NECK :

ENT :

<b>CVS :</b>	<b>Heart Rate &amp; Rhythm</b> 90 bpm
	<b>B.P. :</b> Supine 116/69 mmHg Sitting Standing SpO2 100%
	<b>Chest shape</b> Echo & cine report.
	<b>Heart Sounds</b> - Normal LV function.
	<b>Murmurs</b> - No RUMA.
	<b>Thrills</b> - LVEF - 60%.

RS :

<b>Rate &amp; Type</b>
<b>Breath Sounds</b>

CPD-119502

7829669287

QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK



GYNAECOLOGY CONSULT

Name	AHB.0000888850 MRS. SHWETHA S Age: 37 Year(s) Year(s)/Female 18 Mar 2023 9:06:03 AM	UHID:	Date: 16-3-23
	Age	Consultant Gynaecologist: Dr. Beley Andoy	



DRUG ALLERGIES: Penicillins

Complaints (related to Gynaec) - NIL SPECIFIC / YES

H/o Icos

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others NIL

Past Medical / Surgical History: NIL

Family History: NIL

OTHER SYSTEMS: WNL

GYNAEC HISTORY :

- Marital Status - SM/Others
- Children - 2
- Deliveries - BOK NVDS
- L.C.B. - 4 1/2 yrs
- Abortion - -
- Periods - Regular 1-2/28-30 days
- L.M.P. - 18-2-23
- Menopause - -
- Contraception - -

Present Medication: NIL

GYNAEC EXAMINATION :

- P/A - soft
- P/V - ut bulky
- S/E - Vagina - normal
- P/R - cervix - retroflect

GENERAL EXAMINATION :

- Weight: \_\_\_\_\_ Kgs, Height: \_\_\_\_\_ cm
- General Condition :
- Blood Pressure :
- Thyroid: - NAD
- Others :

PAP SMEAR: Taken / Not Taken (Reason)

OPINION & ADVICE :

Urine CA  
 \* CANDID - CR vaginal swab  
 Pap - Trichomonads  
 Wb - NAD  
 Vaginal swab  
 Hx 3 days  
 16-3-23  
 10:50 AM

BREASTS: No obvious masses/palpable (2) retracted nipple (old)

REVIEW DETAILS: (with date) With Patient / With reports only

→ Pap smear - 3 yrs  
→ b/h sonography per year

P.T.O. For more space



MC-2647

## DEPARTMENT OF CYTOLOGY



Name : Mrs. SHWETHA S Age : 37Yr Gender : Female  
UHID : AHB 0000669850 / AHBHC119502 W/BNo/RefNo : AHC  
Lab No : AHB C2301008 LRN : 3753464  
Ref Doctor : Dr MHC



Collected on : 16-MAR-2023 10 56 22 AM Received on : 16-MAR-2023 11 24 41 AM Reported on : 16-MAR-2023 11 41 45 AM

## 2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

PAP SMEAR (CONVENTIONAL METHOD)

## PAP SMEAR

Specimen Source.

CERVICAL SMEAR

C2301008.

Clinical Information.

Provided.

Patient and Specimen Identification :

Identified.

Test Method.

Conventional.

Endocervical/Transformation zone component

Sampled.

Specimen adequacy.

Satisfactory for evaluation.

Interpretation.

Negative for intraepithelial lesion/malignancy.

6366901707  
080-41103111

Form # 8301

Place Label Here  
Name : Mrs. Shwetha S  
AHB.0000669850  
Age : 37 Y/F

If label not available write Pt Name UHID No  
Age, Sex, Date Name of Treating Physician

## DENTAL CASE SHEET



16.03.2023

CHIEF COMPLAINT : *AHC*

MEDICAL HISTORY : *NRH*

FINDINGS :

Drug Allergy : *Not known*

Caries :

Abrasion :

Missing Teeth :

Calculus : *Ca<sup>++</sup> Sn<sup>+++</sup>*

Impactions :

Mobility :

Attrition :

Restored teeth :

Root Stumps :

Others : 

87654321	12345678
87654321	12345678

DIAGNOSIS : *CGG*

X-rays :

IOPA :

OPG

Treatment Plan :

*Adv.  
Deal periodontitis*

*Dr. Shwetha  
16/3/23*



**Dr. Shalini Shetty**  
 MBBS, MS (Oph), FRCS (UK)  
 Sr. Consultant - Ophthalmology

Place Label Here  
**Mrs. Shwetha. S**  
**37/F 669850**  
 If label not available, write Pt. Name, UHID No.,  
 Age, Sex, Date, Name of Treating Physician

Allergies :	<b>Fall Risk Assessment</b>		Wt: _____	Ht: _____	T: _____	P: _____	BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____ /10		<input type="checkbox"/> Psychological & Social Assessment done		
	Mobility Aid	Yes No					
	Gait	Dep. Indep					

*Routine Eye Test*

*R L*  
*6/6 6/6*

*without glass*

*N6 N6*

Medicine Reconciliation Dose & Frequency  
 Advice & Plan

*colour vision*  
*17/17 17/17*

*Clinically Normal.*

Kindly get this document scanned at the counter for the record purpose

Signature and Date

*16/03/23*

## YOUR CLINICAL TEST RESULTS

**Mrs. SHWETHA S**

FEMALE / 37 Yrs / AHB.0000669850 / AHBHC119502

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 16/03/2023

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	13.5	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.67	x(10) <sup>12</sup> /l	●	3.7 - 4.8
Packed cell volume (Calculated)	39	%	●	34 - 46
MCV (Derived from RBC histogram)	84	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
RDW (Calculated)	13.4	%	●	11.60-14.00
MCHC (Calculated)	35 *	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	191	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	6.7	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	57	%	●	40 - 80
Lymphocytes	34	%	●	8.6 -23.8
Monocytes	8	%	●	2 - 10
Monocytes	8	%	●	2 - 10
Eosinophils	1	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	12	mm/1st hr	●	Adult Female- 0 - 20

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Turbid			Clear
Volume :	30	ml		
pH	5.5			

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. SHWETHA S**

FEMALE / 37 Yrs / AHB.0000669850 / AHBHC119502

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 16/03/2023

Specific Gravity	<=1.005			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	2+			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	4-6 /h.p.f	/HPF		0 - 5
Epithelial Cells	1-2 /h.p.f			Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	B			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	13	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	2.7	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.0	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE -	67	U/L	●	Adult: 30 - 120

Within Normal Range
  Boderline High/Low
  Outside Range



## YOUR CLINICAL TEST RESULTS

**Mrs. SHWETHA S**

FEMALE / 37 Yrs / AHB.0000669850 / AHBHC119502

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 16/03/2023

### SERUM

AST (SGOT) - SERUM	18	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.53	mg/dL	●	0.30-1.20

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	104	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	169	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.73	mg/dL	●	Female: 0.6 -1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	<= 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	85	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126"

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.4	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

### LIPID PROFILE TEST (PACKAGE)

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. SHWETHA S**

FEMALE / 37 Yrs / AHB.0000669850 / AHBHC119502

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 16/03/2023

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	54	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	105 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.1	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.7	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	142	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	121.27	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	8.8	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	97	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.1		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING	1.44	µIU/mL	●	0.34 - 5.6

● Within Normal Range      ● Boderline High/Low      ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. SHWETHA S**

FEMALE / 37 Yrs / AHB.0000669850 / AHBHC119502

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 16/03/2023

### HORMONE [TSH]

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	22	mg/dL	●	15 - 45
URIC ACID - SERUM	4.3	mg/dL	●	Adult Female: 2.5 - 6.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	19	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.11	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.42	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	28		●	Healthy Adults: 22 - 29



Within Normal Range

Boderline High/Low



Outside Range

## YOUR CLINICAL TEST RESULTS

**Mrs. SHWETHA S**

FEMALE / 37 Yrs / AHB.0000669850 / AHBHC119502

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 16/03/2023

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

PAP SMEAR (CONVENTIONAL METHOD)

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA



Within Normal Range

Boderline High/Low



Outside Range



DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. SHWETHA S  
 UHID : AHB.0000669850 / AHBHC119502 Age : 37Yr 9Mth 6Days Gender : Female  
 SIN \ LRN : 8600594 \ 3753464 W/BNo/RefNo : AHC  
 Specimen : Plasma  
 Ref Doctor : Dr. MHC



Collected on : 16-MAR-2023 12:09:13 PM Received on : 16-MAR-2023 12:57:01 PM Reported on : 16-MAR-2023 01:21:31 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)	75	Non-Diabetic : <=140	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL)		Impaired Glucose	
	Tolerance : 140-199		
	Diabetic : >=200		

Report Status: Final  
 \* - Abnormal Value

\* END OF REPORT \*

CHECKED BY 143621  
 723076

Printed On : 16-MAR-2023 01:31:51 PM

*Govindaraju N L*

GOVINDARAJU N L Dr.SABHARI PRIYA S  
 Clinical Biochemist Registrar

APOLLO HOSPITALS  
BANNERGHATTA ROAD  
BANGALORE 560076

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: SHWETHA S,  
Patient ID: AHB/669850  
Height: 153 cm  
Weight: 62 kg

DOB: 10.06.1985  
Age: 37yrs  
Gender: Female  
Race: Indian

Study Date: 16.03.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: Suramy

Medications:  
NONE

Medical History:  
NONE

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:14	0.00	0.00	93	120/80	
	STANDING	00:02	0.00	0.00	93	120/80	
	HYPERV.	00:02	0.00	0.00	91	120/80	
	WARM-UP	00:10	0.60	0.00	92	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	127	120/80	
	STAGE 2	03:00	2.50	12.00	148	130/80	
	STAGE 3	01:03	3.40	14.00	160	140/80	
RECOVERY		03:17	0.00	0.00	115	130/80	

The patient exercised according to the BRUCE for 7:02 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 101 bpm rose to a maximal heart rate of 160 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

### Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician

Technician

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Mrs. SHWETHA S		F		037Y
<b>UHID</b> :	AHB.0000669850	<b>Ward/Bed No.</b> :			AHC / AHC
<b>I.P.No./Bill No.</b> :	AHBHC119502	<b>Scanned on</b> :			16-Mar-2023 10:27
<b>Accession Number</b> :	10601.123031127	<b>Reported On</b> :			16-Mar-2023 12:08:22
<b>Referring Doctor</b> :	null				

**X-RAY CHEST PA VIEW**

*Clinical indication: General health checkup.*

Lung fields appear clear bilaterally with normal bronchovascular markings.  
 Cardiac silhouette and cardiothoracic ratio appear normal.  
 Costophrenic angles appear normal on both sides.  
 Domes of the diaphragm appear normal.  
 Underlying bony and soft tissue shadows appear normal.

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.*

*(Enclosed report) Mn*

**DR. SHADAB ALAM**  
**ASSOCIATE CONSULTANT**  
**RADIOLOGIST**

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> : Mrs. SHWETHA S	F   037Y
<b>UHID</b> : AHB.0000669850	<b>Ward/Bed No.</b> : AHC / AHC
<b>I.P.No./Bill No.</b> : AHBHC119502	<b>Scanned on</b> : 16-Mar-2023 11:05
<b>Accession Number</b> : 10601.223024301	<b>Reported On</b> :
<b>Referring Doctor</b> : null	

**ULTRASOUND WHOLE ABDOMEN SCREENING**

**Clinical Information:** - General health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is partially distended (post prandial status), appears grossly normal.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

*Pancreas: Head appears normal. Rest obscured by bowel gas shadows.*

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi on either side. No evidence of hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 7.5 mm. Both ovaries appear normal in size and echopattern.

No evidence of ascites or pleural effusion seen.

=====

**IMPRESSION:**

*USG study of the abdomen shows no definite abnormality.*

- *Suggested clinical correlation.*

=====

*(Enclosed report) Mn*

  
**DR. SHADAB ALAM**  
**ASSOCIATE CONSULTANT**  
**RADIOLOGIST**

**N.B. :** This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



SHWETHA S  
Female

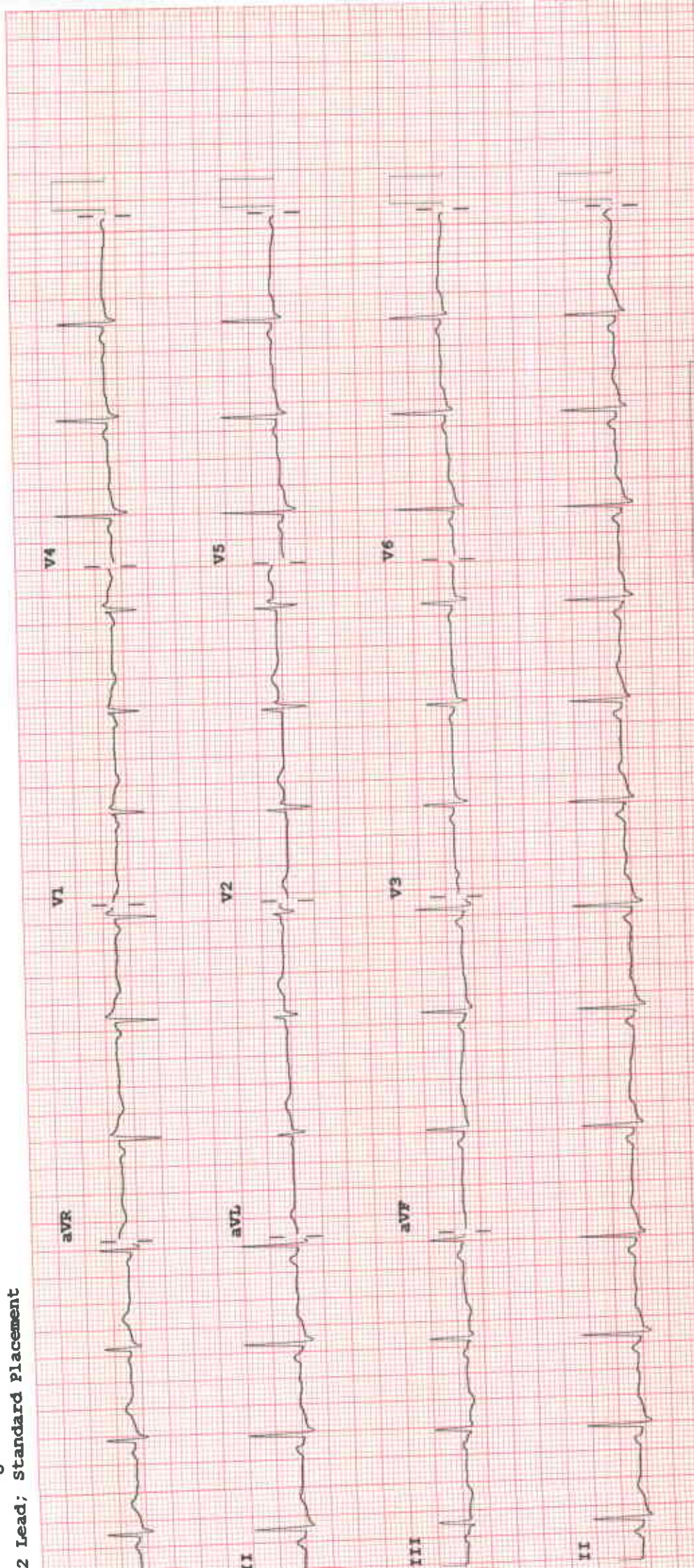
IB.0000669850  
Years

ate 79  
124  
87  
343  
394  
-AXIS-- 63  
64  
-8

AHE.0000669850  
MRS. SHWETHA S  
Age: 37 Year(s) Female  
16 Mar 2023 9:06:01 AM



2 Lead; Standard Placement



P 50~ 0.15-1.00 Bz 100B CL P?

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

Device: