



**Health Check up Booking Confirmed Request(bobS4586),Package Code-
PKG10000251, Beneficiary Code-52389**

Mon, Nov 8, 2021 at 2:54 PM

Mediwheel <santosh@policywheel.com>

To: "info@aakashhospital.com" <info@aakashhospital.com>

Cc: Mediwheel CC <customercare@mediwheel.in>, Mediwheel CC <mediwheelwellness@gmail.com>

011-41195959

Email:wellness@mediwheel.in

Hi **Aakash Hospital**,

Diagnostic/Hospital Location :**90/43 Malviya Nagar New Delhi**.City:Delhi

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000251

Beneficiary Name : Ishrat Sultana

Member Age : 48

Member Gender : Female

Member Relation : Spouse

Package Name : Mediwheel Metro Bob Full Body Health Checkup Female Above 40

Location : DHRANGADHRA,Gujarat-363310

Contact Details : 8340445203

Booking Date : 04-11-2021

Appointment Date : 13-11-2021

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

Name of Diagnostic/Hospital : Aakash Hospital Delhi
Address of Diagnostic/Hospital- : 90/43 Malviya Nagar New Delhi
Appointment Date : 13-11-2021
Preferred Time : 09:00:AM


Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
Ishrat Sultana	48	Female	Cashless
Total amount to be paid			Cashless


We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Mediwheel Metro Bob Full Body Health Checkup Female Above 40 - Includes (42)Tests

Tests included in this Package : Ecg, Blood Group & Rh Factor, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Gynec Consultation, Blood Sugar Postprandial, Dental Consultation, Blood Urea Nitrogen (bun), Serum, Total Cholesterol, Triglycerides, Pap Smear, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Mammography, Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, Stool Routine, Skin/ENT consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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[Redacted]
[Redacted]
ઇશરત સુલ્તાના
Ishrat Sultana
જન્મ તારીખ / DOB : 02/04/1972
સ્ત્રી / Female



9065 9817 9371

આધાર - સામાન્ય માણસનો અધિકાર


Ishrat Sultana



આધાર
[Redacted] યુનિવર્સિટી-પાઠિકરણ
[Redacted] University of India


સરનામું:
પતિનું નામ: મોહમદ અહમેદ હુસૈન,
બ્લોક નં.એ-1 અર્થ અપાર્ટમેન્ટ,
ઇનોવટીવ વિદ્યાલય પાસે, યુનિવર્સિટી
રોડ, રાજકોટ, રાજકોટ સી ઊની
એરિયા, ગુજરાત, 360005

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DR. AMODITA AHUJA
MBBS, MS (Obs), DNB, FMAS
Consultant Gynaecologist
DMC No. - 86620



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OPHTHAL
DR. KRITIKA SINGH
DR. SEEMA GUPTA

PSYCHIATRIST
DR. JATEEN UKHAN
DR. ANKIT GUPTA

DENTAL
DR. RICHA VATS
DR. SAI SHUBHAM
DR. KALPANA

DERMATOLOGY
DR. MANISHA CHANDE

ANESTHESIOLOGY
DR. SAURABH MOHAN
DR. P. S. BEDI

PLASTIC SURGERY
DR. ANSHUMALI MISHRA

GASTRO
DR. B. P. SINGH

NEPHROLOGIST
DR. RA

ENDO
DR. SH

ONCO
DR. SUR

CARD
DR. MO

HEMA
DR. ME

CHEST
DR. AN

PAEDI
DR. HAN

PSYCHOLOGIST
DR. PRIYANKA ATR

DIETICIAN
DR. RASHMI SRIVASTAVA
DR. NARMADA

PHYSIOTHERAPY
DR. MEENU

DR. MEENU

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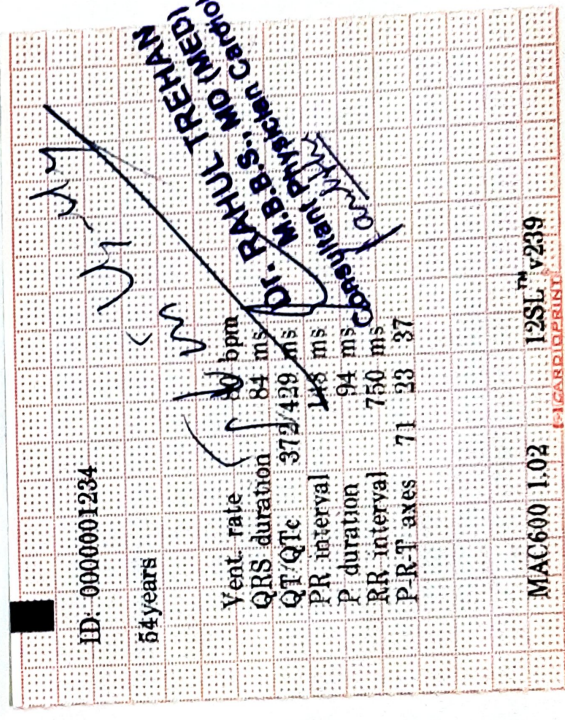
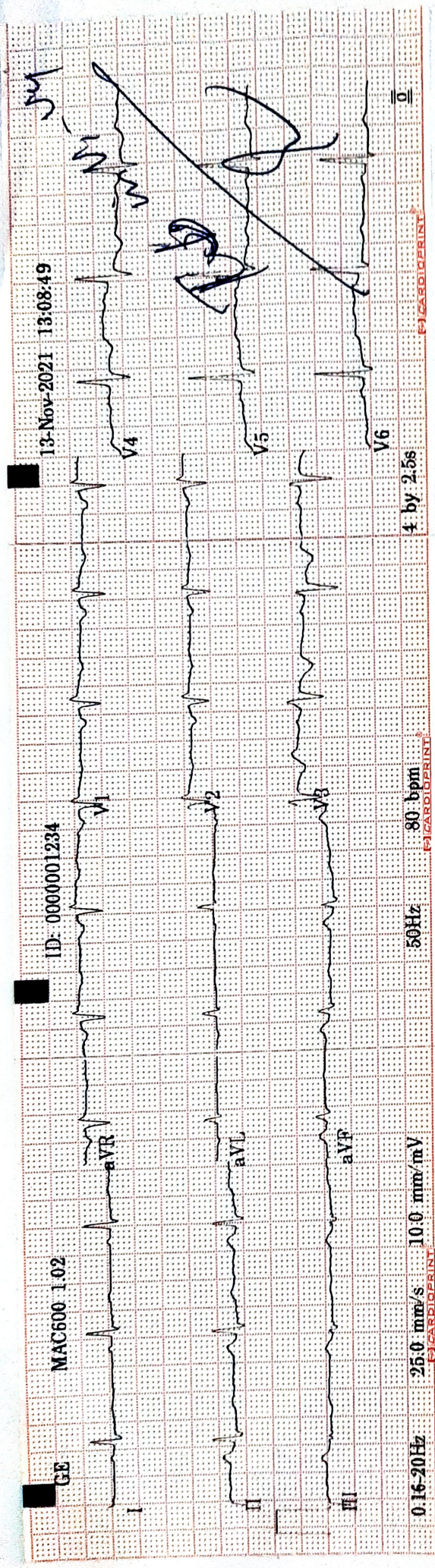
DR. MEENU

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DR. AMODITA AHUJA
MBBS, MD (Obs), DNB, FMAS
Consultant Gynaecologist
DMC No. - 86620

13/11/21 at 02:21 PM





Aakash Hospital™

Care with Concern

(A unit of Dr. Gaba & Associates Medicare Pvt. Ltd.)



90/43, Malviya Nagar, New Delhi-110017 #011 40501000 (100 Lines), 9871027922
info@aakashhospital.com, www.aakashhospital.com

Name of patient : <i>ISHRAT SULTANA</i>		Age : <i>48</i>	M/F <i>f</i>
Address : <i>Mediowheel.</i>			
Consultant :	Speciality :	Date : <i>13/11/21</i>	

Investigations :	Presenting Complaints:	Provisional Diagnosis
<p>Systemic Examination :</p> <ul style="list-style-type: none"> • Followup/Next visit • Diet / Nutrition Explained • Preventive Steps Explained • Prognosis Explained 	<p>Present History :</p> <p>Past History :</p> <p>Family History :</p> <p>H/o any Allergy :</p> <p>Vitals :</p> <p>BP :</p> <p>Pulse :</p> <p>Temp :</p> <p>Pain Scale (0-10)</p> <p>Wt/Ht (if required)</p> <p>Immunization</p>	<p>Rx</p> <p><i>for medical</i></p> <p><i>clo dr for near.</i></p> <p><i>Vh 6/6</i></p> <p><i>1 6/6.</i></p> <p><i>h/o dm ↓ R_o °°</i></p> <p><i>3mo.</i></p> <hr/> <p><i>Ref. Near + 2.0 D_{pr} BE</i></p> <p><i>→ M.</i></p> <hr/> <p><i>funder - wnc.</i></p> <p><i>Mez_{o2} e/d 3rd.</i></p> <p><i>Signature: [Signature]</i></p> <p>Date/Time</p>

Dr. Seema Gupta
MBBS, DOMS
Sr. Consultant Eye Surgeon
Dy. Dir. No. - 45002
9818293677



90/43, Malviya Nagar, New Delhi-110017
#011 40501000 (100 Lines), 9871027922
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Name	Mr. ISHRAT SULTANA	Srl No.	14	Sample Coll.	13/11/202100:49:16
Ref. By	SELF	Age	48 Yrs. Male	Report printing	14/11/202123:15:00
UHID		Dep.	BANK OF BARODA	Patient Id	2111130014

STOOL EXAMINATION

STOOL ROUTINE & MICROSCOPY

PHYSICAL EXAMINATION

COLOUR/ APPEARANCE	BROWNISH
CONSISTENCY	SEMI-FORMED
PUS	NIL
MUCUS	NIL
BLOOD	NIL

CHEMICAL REACTION

REACTION	7.0
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MICROSCOPY EXAMINATION

PUS CELLS	2-3/HPF
RBC'S	NIL/HPE
OVA	NOT SEEN
CYST	NOT SEEN
VEG. MATTER	ABSENT
OTHERS	NIL

**** End Of Report ****



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Name	Mr. ISHRAT SULTANA	Srl No.	14	Sample Coll.	13/11/202100:49:16
Ref. By	SELF	Age	48 Yrs. Male	Report printing	14/11/202100:56:14
UHID		Dep.	BANK OF BAROD	Patient Id	2111130014

Test Name	Result	Unit	Normal Value
<u>COMPLETE HAEMOGRAM</u>			
HAEMOGLOBIN (Hb)	14.2	gm/dl	13.5 - 18.0
TOTAL LEUCOCYTE COUNT (TLC)	6,500	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	58	%	40 - 75
LYMPHOCYTE	36	%	20 - 45
EOSINOPHIL	04	%	01 - 06
MONOCYTE	02	%	02 - 10
BASOPHIL	00	%	0.0 - 1.0
ESR (WESTEGREN's METHOD)	23	mm/1st hr.	0 - 15
R B C COUNT	4.67	Millions/cmm	4.5 - 5.5
P.C.V / HAEMATOCRIT	42.5	%	40 - 54
M C V	90.9	fl.	80 - 100
M C H	30.3	Picogram	27.0 - 31.0
M C H C	33.4	gm/dl	33 - 37
PLATELET COUNT	2.41	Lakh/cmm	1.50 - 4.00
RDW	12.3	FL	11.6 - 14.0

**** End Of Report ****

Page 1

Dr. MEENA METRE
MBBS, MD
CONSULTANT PATHOLOGIST



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Test Name	Result	Unit	Normal Value
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HAEMATOLOGY

BLOOD GROUP ABO	"B"		
RH TYPING	POSITIVE		
<u>LIPID PROFILE</u>			
TRIGLYCERIDES GPO-Method	210.7	mg/dL	40.0 - 165.0
TOTAL CHOLESTEROL	267	mg/dL	123.0 - 199.0
H D L CHOLESTEROL DIRECT	73.2	mg/dL	40.0 - 79.4
V L D L	42.1	mg/dL	4.7 - 22.1
L D L CHOLESTEROL CALCULATED	151.7	mg/dL	63.0 - 129.0
TOTAL CHOLESTEROL/HDL RATIO	3.64		0.0 - 4.97
LDL / HDL CHOLESTEROL RATIO	2.07		0.00 - 3.55

INTERPRETATION

TRIGLYCERIDE:- Level > 250mg/dL is associated with an approximately 2-fold greater risk of coronary vascular disease. Elevation of triglycerides can be seen with obesity, medication, fast less than 12 hrs., alcohol intake, diabetes melitus, and pancreatitis.

CHOLESTEROL:- Its fractions and triglycerides are the important plasma lipids in defining cardiovascular risk factors and in the management of cardiovascular disease. Highest acceptable and optimum values of cholesterol vary with age. Values above 220 mgm/dl are associated with increased risk of CHD regardless of HDL & LDL values.

HDL-CHOLESTEROL:- Level <35 mg/dL is associated with an increased risk of coronary vascular disease even in the face of desirable levels of cholesterol and LDL - cholesterol.



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Test Name	Result	Unit	Normal Value
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LDL - CHOLESTEROL & TOTAL CHOLESTEROL:- Levels can be strikingly altered by thyroid, renal and liver disease as well as hereditary factors. Based on total cholesterol, LDL- cholesterol, and total cholesterol/HDL - cholesterol ratio, patients may be divided into the three risk categories :-

	<u>CHOLESTEROL</u>	<u>LDL-CHOLESTEROL</u>	<u>CHO/HDL RATIO</u>
Acceptable/Low Risk	: < 200 mg/dL	: <130 mg/dL	: < 4.5
Borderline High Risk	: 200-239 mg/dL	: 130-159 mg/dl	: 4.5 - 6.0
High Risk	: > 240 mg /dL	: > 160 mg/dL	: > 6.0

APO A1 & APO B:- Recent studies have shown that Apolipoproteins A1 & B might be the best indicators of Coronary Artery Disease risk in an individual. Patients who have normal lipid profile ma have abnormal Apo A1 & Apo B values. Ratio of Apo B : Apo A1 is >1 in cases of increased CHD risk.

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL Diazo Method	0.3	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin) Diazo Method	0.1	mg/dl	0.00 - 0.25
UNCONJUGATED (I.D. Bilirubin)	0.2	mg/dl	0.00 - 0.70
TOTAL PROTEIN Biuret Method	7.2	gm/dl	6.6 - 8.3
ALBUMIN BCG Method	4.2	gm/dl	3.4 - 4.8
GLOBULIN	3.0	gm/dl	2.3 - 3.5
A/G RATIO	1.4		
SGOT IFCC Method	26	IU/L	0 - 40



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Test Name	Result	Unit	Normal Value
SGPT IFCC Method	23	IU/L	0.0 - 41.0
ALKALINE PHOSPHATASE IFCC Method	79	U/L	40.0 - 130.0
GAMMA GT Glupa C Method	19	IU/L	8.0 - 71.0

**** End Of Report ****

Dr. MEENA METRE
MBBS, MD
CONSULTANT PATHOLOGIST



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Test Name	Result	Unit	Normal Value
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BIOCHEMISTRY

BLOOD UREA Urease GLDH Method	21.7	mg /dl	15.0 - 45.0
SERUM CREATININE ENZYMATIC Method	0.7	mg%	0.7 - 1.2
SERUM URIC ACID Uricase-POD Method	4.9	mg%	3.4 - 7.0
BLOOD UREA NITROGEN (BUN)	10.1	mg%	6.0 - 20.0
BLOOD SUGAR FASTING GOD-POD Method	140	mg/dl	70 - 110
BLOOD SUGAR PP GOD-POD Method	176	mg/dl	80 - 140

URINE EXAMINATION TEST

URINE EXAMINATION

PHYSICAL EXAMINATION

QUANTITY	430	ml.	
COLOUR	PALE YELLOW		Pale yellow
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	1.015		1.005-1.030
PH	6.0		6.0-7.5

CHEMICAL EXAMINATION

ALBUMIN	NIL		Nil
REDUCING SUGAR	NIL		Nil



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Ref. By	SELF	Age 48 Yrs. Male	Report printing	14/11/202100:56:16
UHID		Dep. BANK OF BAROD	Patient Id	2111130014

Test Name	Result	Unit	Normal Value
KETON	NIL		
LEUCOCYTE	TRACE		
NITRITES	NEGATIVE		
BLOOD	NIL		
MICROSCOPIC EXAMINATION			
PUS CELLS	8-10	/HPF	0-5
RBC'S	NIL	/HPF	0-2
CASTS	NIL		Occasional
CRYSTALS	NIL		
EPITHELIAL CELLS	4-6	/HPF	0-3
BACTERIA	NIL		Nil
OTHERS	NIL		
URINE SUGAR FASTING	NIL		NIL
URINE SUGAR PP	NIL		

**** End Of Report ****

Dr. MEENA METRE
MBBS, MD
CONSULTANT PATHOLOGIST



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PATIENT NAME : MRS. ISHRAT SULTANA AGE / SEX : 48 Years / F
REG No : 3413 REG.DATE/TIME : 13/11/2021
UID No : 101471700 PRINT DATE : 14/11/2021
REF. BY Dr. : SELF AREA : SAKET



BIOCHEMISTRY

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1c WHOLE BLOOD (HPLC)	7.80	%	4.8 - 5.9

CLINICAL EVALUATION:

RECOMMENDED DCCT NGSP GUIDELINES FOR HbA1C LEVELS :

Normal 4.8 % - 5.9%
Target for diabetics : < 7 %
Therapeutic action required > 8 %

.....END OF REPORT.....



Sherry Khanna

Dr. Sherry Khanna
DNB(Pathology)
Head-Lab



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PATIENT NAME : MRS. ISHRAT SULTANA
REG No : 3413
UID No : 101471700
REF. BY Dr. : SELF

AGE / SEX : 48 Years / F
REG.DATE/TIME : 13/11/2021
PRINT DATE : 14/11/2021
AREA : SAKET



HORMONE

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
T3 SERUM (CLIA)	2.01	nmol/L	0.92 - 2.79
T4 SERUM (CLIA)	95.30	nmol/L	58.1 - 140.6
TSH SERUM(CLIA)	3.09	uIU/ml	0.35 - 5.5

REFERANCE RANGE FOR Children

1-4 days : 1.00-39.00
5 days-5 months : 1.7 - 9.1
5 months - 20 years : 0.70 - 6.40

Remarks :

(1) 4.2 to 15 μ IU/mL - Correlate clinically as physiological and other factors may falsely elevate TSH level. (2) TSH Values may be transiently altered because of non thyroidal illness. (3) Some drugs may decrease TSH values, e.g., L-dopa, Glucocorticoids. (4) Some drugs may increase TSH values, e.g., Iodine, Lithium, Amiodarone. Abbreviations.

.....END OF REPORT.....



N. Magoon

Dr.N.Magoon
MD(Pathology)
Consultant



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PATIENT NAME : MRS. ISHRAT SULTANA

AGE / SEX : 48 Years / F

REG No : 3413

REG.DATE/TIME : 13/11/2021

UID No : 101471700

PRINT DATE : 14/11/2021

REF. BY Dr. : SELF

AREA : SAKET



Investigation

Result

Unit

Biological Reference Interval

Rheumatoid Factor

<10

IU/mL

< 10

COMMENT: In rheumatoid arthritis, diagnostically useful autoantibodies termed as "Rheumatoid factors" (RF) can be detected which are immunoglobulins of the class IgM, IgG, IgA and IgE. Practically, IgM class RF with specificity to human IgG (Fc) is the most useful prognostic marker of RA. Rheumatoid factors are not exclusively found in rheumatoid arthritis but sometimes in normal healthy individuals, chronic infections, syphilis, systemic lupus erythematosus, hepatitis, hypergammaglobulinemia also. Some people who have rheumatoid arthritis may have negative rheumatoid factor in their blood. Therefore, it is recommended that results of the test should be correlated with clinical findings to arrive at the final diagnosis.

.....END OF REPORT.....



Siddharth Sagar
Dr. Siddharth Sagar
MD(Micro Biology)
Consultant



Aakash HospitalTM

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CIN No. U85110DL2004PTC125538

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+91-11-40501000 (100 Lines), 9871027922
info@aakashhospital.com, www.aakashhospital.com

ECHOCARDIOGRAM REPORT

NAME : MRS ISHRAT SULTANA
AGE/SEX : 48 /M
DATE : 13.11.21

ECHOCARDIOGRAPHY & COLOR DOPPLER REPORT

MEASUREMENT	VALUE	NORMAL RANGE
AORTIC ROOT DIAMETER	27	20 - 37 mm
AORTIC VALVE OPENING	16	15 - 26 mm
LEFT ATRIAL DIMENSION	32	19 - 40 mm
RV DIMENSION	N	07 - 26 mm
RV THICKNESS	N	03 - 09 mm
LV ED DIMENSION	35	37 - 56 mm
LV ES DIMENSION	22	22 - 40 mm
IVS THICKNESS	ED - 07 ES - 12	06 - 12 mm
LVPW THICKNESS	ED - 06 ES - 10	05 - 11 mm
IVS/LVPW RATION	N	
MITRAL VALVE	DE-N EF - N	
INDICES OF LV FUNCTION		
LVEF	60%	60 +/- 5 %
FS	32%	24 - 42 %

AREA OF EXPERTISE

- Interventions (Vascular & Nonvascular)
- FNAC
- Biopsy
- Drainages
- Doppler Scans
- 3D & 4D Scans
- Varicose Vein Laser Treatment





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IMAGING

- ❖ LV normal size. Good contractility. RWMA absent. No thrombus.
- ❖ LA normal in size. No clot.
- ❖ RV & RA normal size. RV contractility.
- ❖ Mitral valve leaflets normal. PML motion normal. No annular calcification present.
- ❖ Normal tricuspid & pulmonic valves.
- ❖ Aortic valve- tricuspid.
- ❖ Pericardium normal.

RWMA: ABSENT

DOPPLER:-

MV	E 0.95 m/sec	A 0.91 m/sec	MR	0/4
TV	0.40 m/sec		TR	0/4
AV	1.10 m/sec		AR	0/4
PV	0.85 m/sec		PR	0/4

COLOUR FLOW MAPPING: NORMAL.

FINAL IMPRESSION:-

- ❖ Normal LV wall motion and systolic function.
- ❖ Normal flow across valves.
- ❖ No LV clot, Vegetation, pericardial effusion.

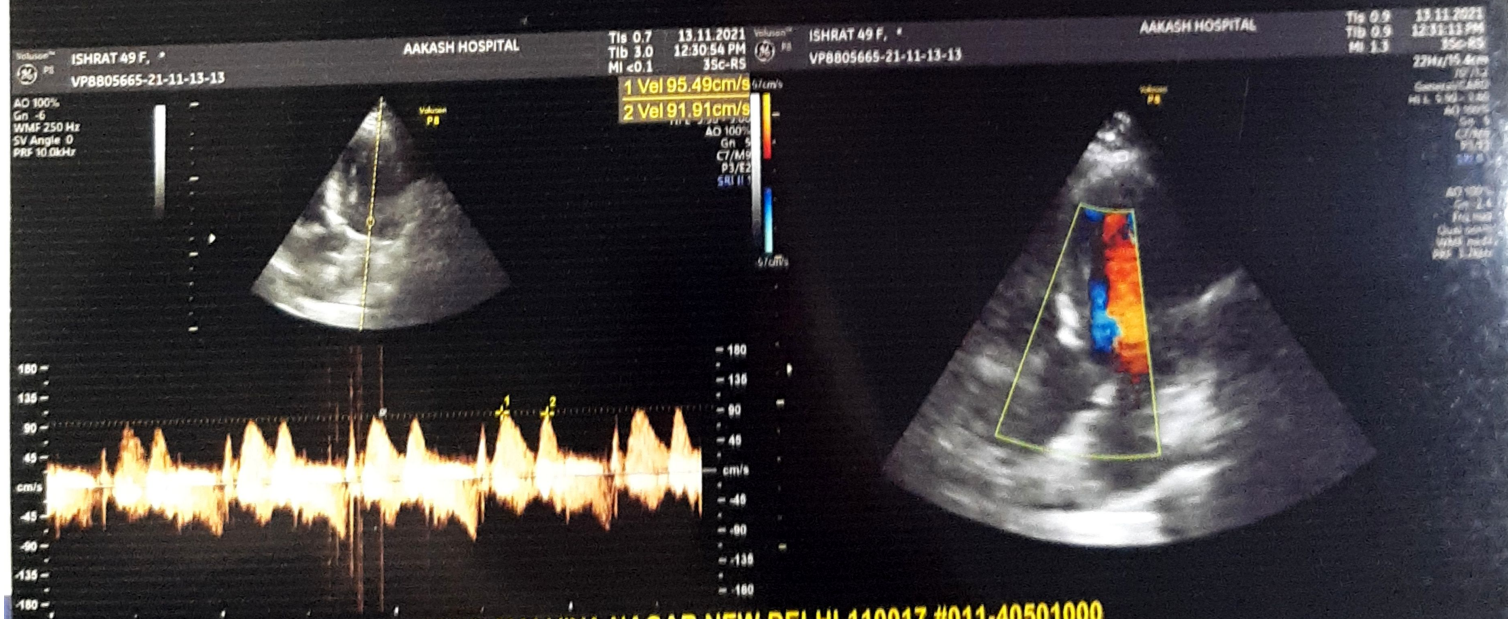
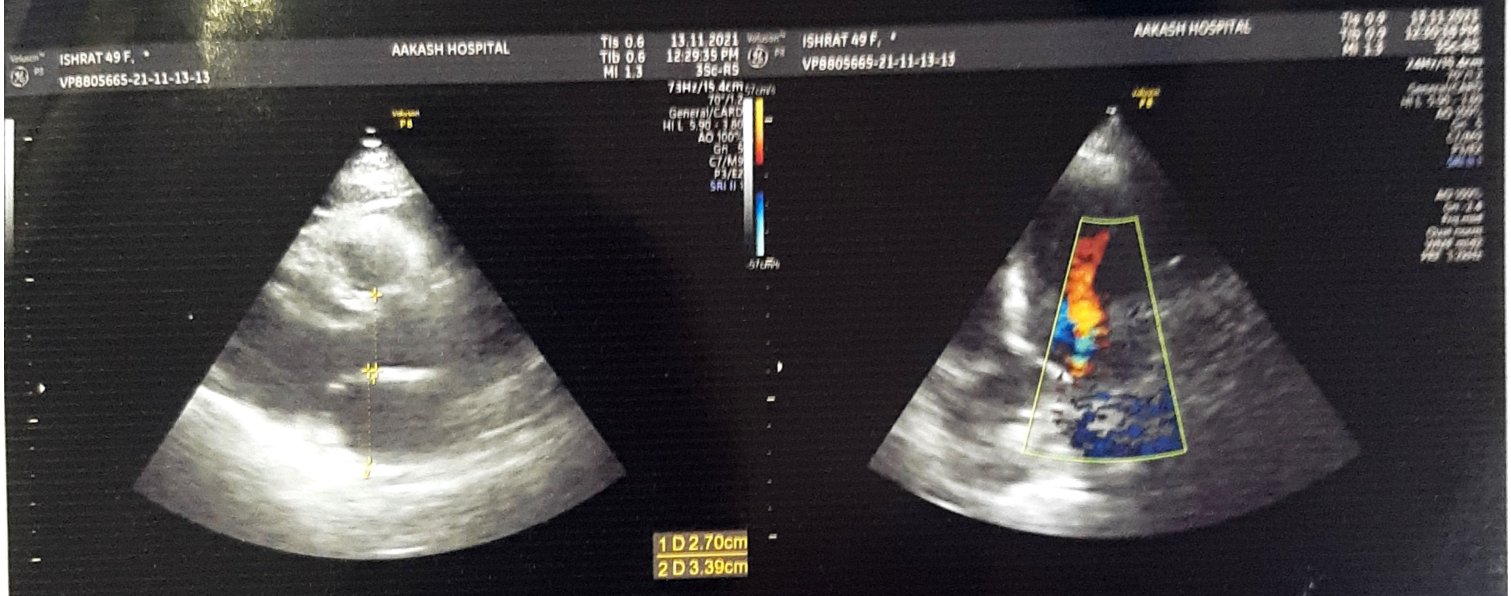
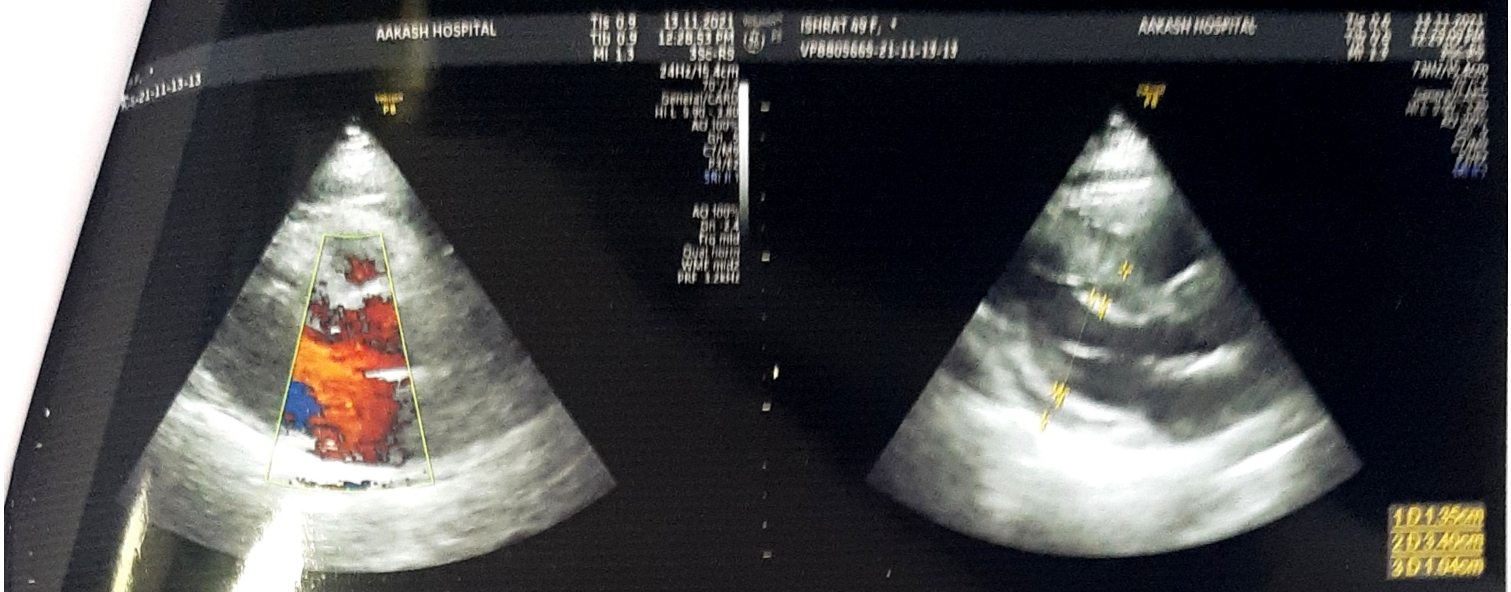
DR. Rahul Trehan
MD, Medicine
Consultant Physician & Cardiologist

AREA OF EXPERTISE

- Interventions (Vascular & Nonvascular)
- FNAC
- Biopsy
- Drainages
- Doppler Scans
- 3D & 4D Scans
- Varicose Vein Laser Treatment



AAKASH HOSPITAL, MALVIYA NAGAR



90/43, MALVIYA NAGAR, NEW DELHI-110017 #011-40501000

Aakash Hospital™

Care with concern

(A unit of Dr. Gaba & Associates Medicare Pvt. Ltd.)

CIN No. U85110DL2004PTC125538

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#+91-11-40501000 (100 Lines), 9871027922

info@aakashhospital.com, www.aakashhospital.com

NAME: MRS ISHRAT

AGE: 49YRS

SEX: FEMALE

REF.BY: MEDICAL

DATE: 13.11.21

ULTRASOUND WHOLE ABDOMEN

LIVER: - Normal sized, with homogenous echotexture. No focal lesion seen. Intra hepatic biliary system not dilated. Intra hepatic veins radicles are normal.

GALL BLADDER: - Partial distention. No mass lesion or calculus seen in the lumen. Extra hepatic biliary system is not dilated.

PANCREAS: - Normal size and echotexture. No focal lesion seen. Pancreatic duct not dilated.

SPLEEN: - Normal size and echotexture. No focal lesion seen. Spleno-portal axis is normal.

KIDNEYS: - Both kidneys normally identified in the respective renal fossae. They demonstrate normal size, contour and echo pattern with no evidence of hydronephrosis or calculus seen on either side.
Right kidney measures approx. 9.8 cm in the long axis.
Left kidney measures approx. 10.8 cm in the long axis.


URINARY BLADDER: - Moderately distended. No calculus or diverticulum's seen. Walls are normal. Both UV Junctions are normal.

UTERUS: - Normal sized (46 X 32 mm), demonstrating normal endometrial echo complex (3.6 mm) and even echo-textured myometrium.

Retroperitoneum does not show any abnormally enlarged lymph nodes. No pleural effusion or ascites seen. Bowel loops are unremarkable. Both iliac fossae are normal.
Colon is fecal loaded.

IMPRESSION:- No significant abnormality detected.

Kindly correlate clinically.


DR. SALSABEEL S
DMRD.DNB(RADIOLOGY)
DMC-35954

AREA OF EXPERTISE

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NAME: MRS ISHRAT SULTANA

AGE: 49 Y

SEX: FEMALE

REF.BY: MEDICAL

DATE: 13.11.21

X RAY NO:24339

CHEST (PA VIEW)

The diaphragmatic domes have smooth contours, a normal arched shape and occupy a normal position.

The costophrenic angles are clear.

Both lungs are normally aerated and are applied to the chest wall on all sides.


The mediastinum is centered and of normal width.

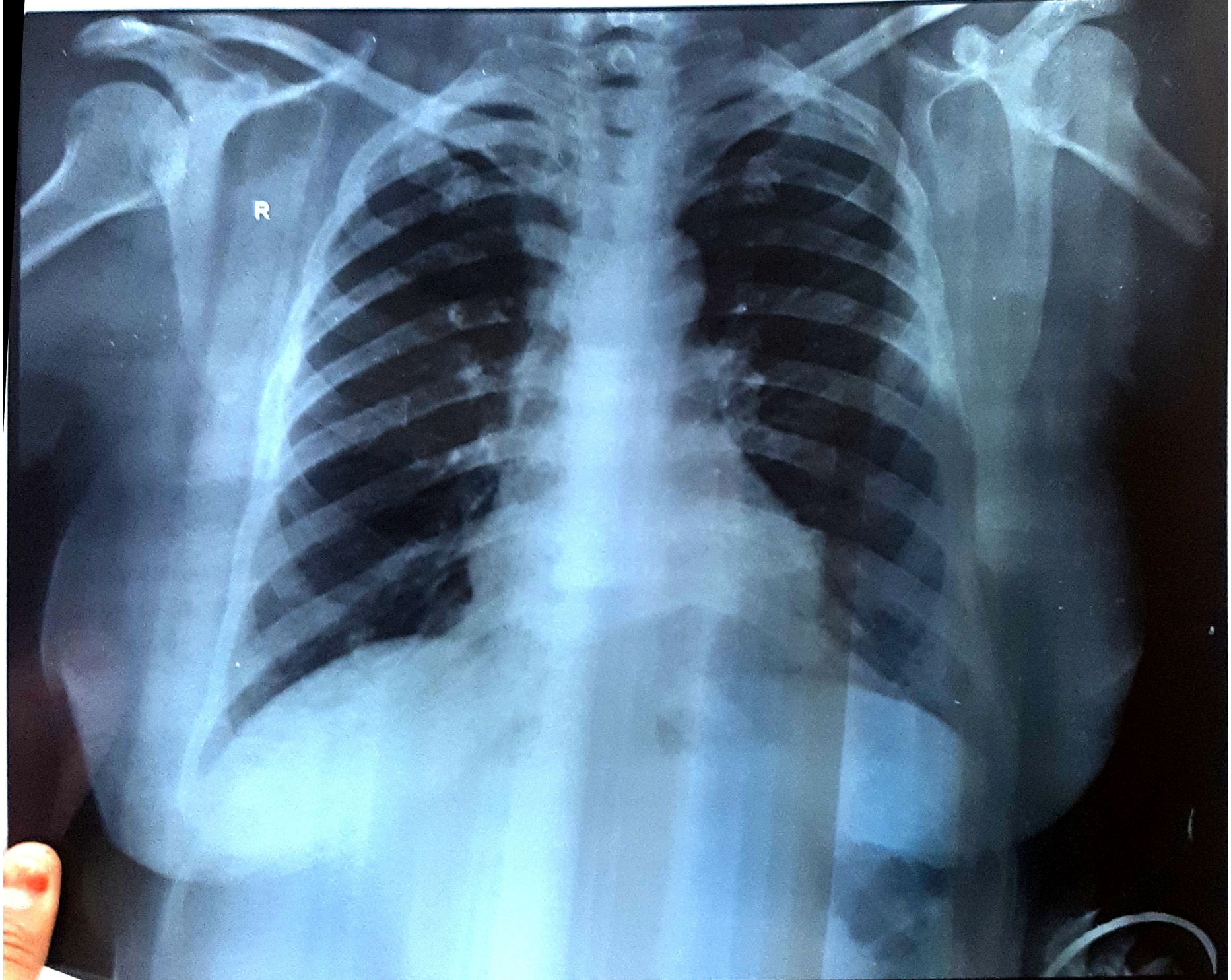
The cardiac and vascular shadows show a normal configuration.

The thoracic skeleton is symmetrically shaped and the spine is unremarkable.

The soft tissue envelope of chest shows no abnormalities.

IMP: NORMAL STUDY


**DR.R.DUGGAL
MD(RADIOLOGY)
DMC-2595**



RAT SULTANA 49YRS AKH 24339 F CHEST PA 2021-11-13
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