



OPD ASSESSMENT FORM



Name Mrs. Harshy Giruse Age.Sex 37/F MR.No. _____

Doctor Dr Shailaja Desai Date 2/3/24

Ht : _____ Wt. : _____ Temp : _____ Pulse : _____ BP : _____

SPO2 : _____ Post of walk SPO2 : _____

Chief Complaints :

Drug / Food Allergy :

- Routine dental check up

Prior Medication Reviewed : Yes No

On examination :

Past History :

- healthy

Provisional Diagnosis :

Nutritional Assessment :

- Obese
- Well nourished
- Mild- moderate nourished
- Severely mal-nourished

**Treatment and further Advices :
(Write in Capital Letters)**

Investigation advised :

R_x

1) Sealing

Shailaja Desai

Dr. Shailaja Desai

B.D.S. (Dental Surgeon)

A-3703

Dental Surgeon

Sunshine Global Hospital, Palya

Signature

Follow Up : _____ Date : _____



PAT. NAME: Mrs. Harsha Girase	Date : 0/06/2016
REF. DOCTOR : Hosp. Dr.	AGE : 43 Yrs / F
INV. : USG Whole Abdomen	MR NO. : S150407

Findings:

Liver is normal in size, shape and shows normal echopattern. No e/o any focal or diffuse lesion noted. Intrahepatic biliary radicals are normal.

Gall bladder is distended and appears normal. No e/o calculus, sludge or mass lesion is seen. CBD and Portal Vein appears normal is size and calibre.

Pancreas appears normal in size and shows normal echopattern to the extent assessed. Spleen appears normal in size, shape and homogenous echopattern.

Both kidneys appear normal in size, shape and echopattern. The corticomedullary differentiation is well maintained. No e/o any calculus or hydronephrosis is seen.

Aorta and para-aortic regions appears normal. No e/o any lymphadenopathy.


Urinary bladder appears well distended and normal.

No e/o free fluid in abdomen.

Incidentally noted two small fibroids (~10 mm each) are noted in anterior sub-serosal area of uterus.

IMPRESSION:

- No significant abnormality seen in abdomen.
- Two small uterine fibroids.


Dr. Sneha Dumaswala
MBBS, DNB-Radiodiagnosis
Consultant Radiologist
G-21796

Transcribed By: Fenali

Page: 1 out of 1
Date & Time of report: 03/02/2024 - 12:18 PM

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PAT. NAME: Mrs. Harsha Girase	Date : 0/06/2016
REF. DOCTOR : Hosp. Dr.	AGE : 43 Yrs / F
INV. : Radiograph of Chest PA	MR NO. : S150407

Clinical Details: HC.

Observation:

- > Both the lung fields appears normal.
- > Both costophrenic angles appear clear.
- > Both the hila appears normal.
- > Trachea appears in midline.
- > Cardiac size and other mediastinal shadows appears normal.
- > Both domes of diaphragm appear normal.
- > Bony thorax appears normal.


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Consultant Radiologist
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Date & Time of report: 02/03/2024 – 12:30 PM

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MR No. : S150405	Collection Date : 02/03/2024 10:16AM
Patient Name : Mrs. Harsha Rahul Girase	Age : 37 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 02/03/2024 11:18AM

HAEMATOLOGY

Parameter	Result	Units	Normal Range
CBC with ESR			
HAEMOGLOBIN	11.5	gm/dl	12.0 - 15.0
PCV	35.5	%	36 - 46
RBC COUNT	4.18	mill/cmm	4.0 - 5.0
ICV	84.9	fl	76 - 96
MCH	27.5	pg	26 - 32
MCHC	32.4	%	32 - 36
RDW	12.9	%	11 - 15
PLATELET COUNT	2.59	lacs/cmm	1.5 - 4.5
WBC COUNT	5330	/cmm	4000 - 11000
ESR	32	mm/hr	0 - 15
DIFFERENTIAL WBC COUNT			
NEUTROPHIL	58	%	40 - 70
LYMPHOCYTES	34	%	20 - 40
EOSINOPHILS	01	%	1 - 6
MONOCYTES	07	%	2 - 11
BASOPHILS	00	%	0 - 2
PERIPHERAL SMEAR			
RBC MORPHOLOGY	Normochromic Normocytic, Anisocytosis(+)		
WBC MORPHOLOGY	Within Normal Range		
PLATELET ON SMÉAR	Adequate		
HEMOPARASITEŞ	Not Seen		

SYSTEMX XN-550

***** End Report *****

Dr. Shobha Choksi
MD, DCP (Pathology)

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MR No. : S150405	Collection Date : 02/03/2024 10:16AM
Patient Name : Mrs. Harsha Rahul Girase	Age : 37 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 02/03/2024 11:14AM

HAEMATOLOGY

<u>Parameter</u>	<u>Result</u>	<u>Normal Range</u>
BLOOD GROUP & RH FACTOR		
BLOOD GROUP	"AB"	
RH FACTOR	POSITIVE	

BIOCHEMISTRY

SERUM URIC ACID		
SERUM URIC ACID (Uricase)	4.3	mg/dl 2.4 - 5.7
FASTING BLOOD SUGAR (FBS)		
FASTING BLOOD GLUCOSE (Hexokinase)	85	mg/dl 74 - 110
FASTING URINE GLUCOSE	Absent	
FASTING URINE KETONE	Absent	

***** End Report *****

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Patient Name : Mrs. Harsha Rahul Girase	Age : 37 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 02/03/2024 11:15AM

BIOCHEMISTRY

Parameter	Result	Units	Normal Range
HBA1C [GLYCOSYLATED HEAMOGLOBIN]			
HbA1C	5.1	%	Non-Diabetic level: <6 Good Control: 6 - 7 Poor Control: 7 - 8 Action Suggested > 8
MEAN BLOOD GLUCOSE	99.67	mg/dl	

The test is done on Cobas Integra 400plus-Turbidimetric Inhibition ImmunoAssay

Note:- Criteria for the diagnosis of diabetes HbA1c \geq 6.5*

- HbA1c is important test for the assessment of long term blood glucose control (also called glycemic control).
- HbA1C reflects mean glucose concentration over pas 6-8 weeks and provides a much better indication of long term glycemic control than blood glucose determination.
- HbA1C is formed by non-enzymatic reaction between glucose and Hb. This reaction is irreversible and therefor remains unaffected by short term fluctuations in blood glucose levels.
- Long term complications of diabetes such as retinopathy, nephropathy, and neuropathy are potentially serious and can lead to blindness kidney failure etc.
- Genetic Variants (Hb-S trait, Hb-C trait) elevated fetal haemoglobin & chemically modified derivatives of haemoglobin (eg carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1C measurement.

***** End Report *****

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BIOCHEMISTRY

Parameter	Result	Units	Normal Range
LIPID PROFILE			
SERUM CHOLESTEROL CHOD PAP	128	mg/dl	50 - 200
HDL CHOLESTEROL Direct	42	mg/dl	40 - 60
LDL CHOLESTEROL Direct	77.8	mg/dl	0 - 100
SERUM TRIGLYCERIDE GPO PAP	43	mg/dl	50 - 150
VLDL Calc	8.6	mg/dl	0 - 30
CHOLESTEROL / HDL RATIO	3.05		0 - 5
LDL / HDL RATIO	1.85		0 - 3

- LDL Cholesterol level is primary goal for treatment and varies with risk category and assessment.
- Risk assessment from HDL and Triglyceride has been revised. Also LDL goals have changed.
- Details on test interpretation available from the lab.

TEST	NEAR OPTIMAL (Moderate Risk)	BORDER LINE (Risk)	HIGH (Risk)	VERY HIGH
CHOLESTROL	160-199	200-239	240-279	280
HDL	50-59	40-49	< 40	
LDL	100-129	130-159	160-190	>190
TRIGLYCERIDES	150-169	170-199	240-499	>500
CHO/HDL RATIO	3.3-4.4	4.4-11.0	>11.0	
LDL/HDL RATIO	0.5-3.0	3.0-6.0	>6.0	

***** End Report *****

SC
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Ref By : Dr. Hospital A Doctor	Report Date : 02/03/2024 11:17AM

BIOCHEMISTRY

<u>Parameter</u>	<u>Result</u>	<u>Units</u>	<u>Normal Range</u>
LIVER FUNCTION TEST			
ALKALINE PHOSPHATASE (IFCC)	81	U/L	35 - 130
BILIRUBIN TOTAL Diazo	0.2	mg/dl	0.0 - 1.2
BILIRUBIN DIRECT Diazo	0.1	mg/dl	0.0 - 0.4
BILIRUBIN INDIRECT (Calc)	0.1	mg/dl	0.0 - 0.8
SGPT (IFCC)	15	U/L	5 - 41
SGOT (IFCC)	14	U/L	5 - 40
SERUM TOTAL PROTEIN Biuret	7.4	gm/dl	6.6 - 8.7
SERUM ALBUMIN BCG	4.6	gm/dl	3.5 - 5.2
SERUM GLOBULIN Calc	2.8	gm/dl	1.5 - 3.5
SERUM A/G RATIO Calc	1.64	gm/dl	1.5 - 2.5
SERUM CREATININE			
SERUM CREATININE (JAFPE)	0.5	mg/dl	0.5 - 1.2
BUN [BLOOD UREA NITROGEN]			
BUN	8.4	mg/dl	8 - 23
ALBUMIN-CREATININE RATIO			
URINE ALBUMIN/MICROALBUMIN (Immunoturbidimetry)	3.8	mg/L	
URINE CREATININE (JAFPE)	32.2	mg/dl	
ALBUMIN-CREATININE RATIO (Calculated)	11.80	mg/gm	Normal: <30; Microalbuminuria: 30-299; Clinical Albuminuria: >300

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Ref By : Dr. Hospital A Doctor	Report Date : 02/03/2024 11:14AM

CLINICAL CHEMISTRY

Parameter	Result	Units	Normal Range
THYROID FUNCTION TEST [TFT]			
TOTAL T3 (CLIA)	1.20	ng/ml	0.846 - 2.02
TOTAL T4 (CLIA)	6.60	ug/dl	5.1 - 14.0
TSH (CLIA)	2.01	uIU/ml	0.2 - 4.5

Note:-

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (freeT4). Additionally the hypothalamic tripeptide, thyrotropin releasing hormone (TSH) directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy also stimulate the thyroid gland to synthesize and secrete T3 and T4.

Quantification of TSH significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated while in secondary and tertiary hypothyroidism, TSH levels are low.

***** End Report *****

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Patient Name : Mrs. Harsha Rahul Girase	Age : 37 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 02/03/2024 11:19AM

CLINICAL PATHOLOGY

<u>Parameter</u>	<u>Result</u>	<u>Normal Range</u>
URINE ROUTINE & MICROSCOPIC EXAMINATION		
TYPE OF SPECIMEN - URINE	Random	
PHYSICAL EXAMINATION		
QUANTITY	50	ml
COLOUR	Pale Yellow	
APPEARANCE	Clear	
REACTION (pH)	6.0	
SPECIFIC GRAVITY	1.020	
CHEMICAL EXAMINATION		
PROTEIN	Absent	
GLUCOSE	Absent	
KETONE	Absent	
BILE SALT	Absent	
BILE PIGMENT	Absent	
OCCULT BLOOD	Absent	
NITRITE	Absent	
MICROSCOPIC EXAMINATION		
PUŞ CELLS	2-3	/hpf
EPITHELIAL CELLS	6-8	/hpf
RBC	Absent	/hpf
CASTS	Absent	
CRYSTALS	Absent	
BACTERIA	Absent	
YEAST CELLS	Absent	

***** End Report *****

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Page 1 of 1

ID: S150405
Visit:
2-Mar-2024
11:33:02

37 years Caucasian Female

Referred by:
Test ind:

BRUCE
Max HR: 159bpm 86% of max predicted 183bpm
Max BP: 160/84
Reason for Termination: 7.9METS
Comments:

Total Exercise time: 6:37

25.0 mm/s
10.0 mm/mV
100hz

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	2:25	0.7	0.0	1.5	93	120/72	112
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	126	120/72	151
	STAGE 2	3:00	2.5	12.0	7.0	155	130/80	202
	STAGE 3	0:37	3.4	14.0	7.9	143	130/80	186
RECOVERY	RECOVERY	4:34	** *	** *	1.0	96	144/95	141

Test is negative for myocardial ischemia P

Technician:

Unconfirmed

MAC55-010B

ID: S150405

- Visit:

2-Mar-2024

11:35:13

93bpm

BP: 120/72

ST @ 10mm/mV

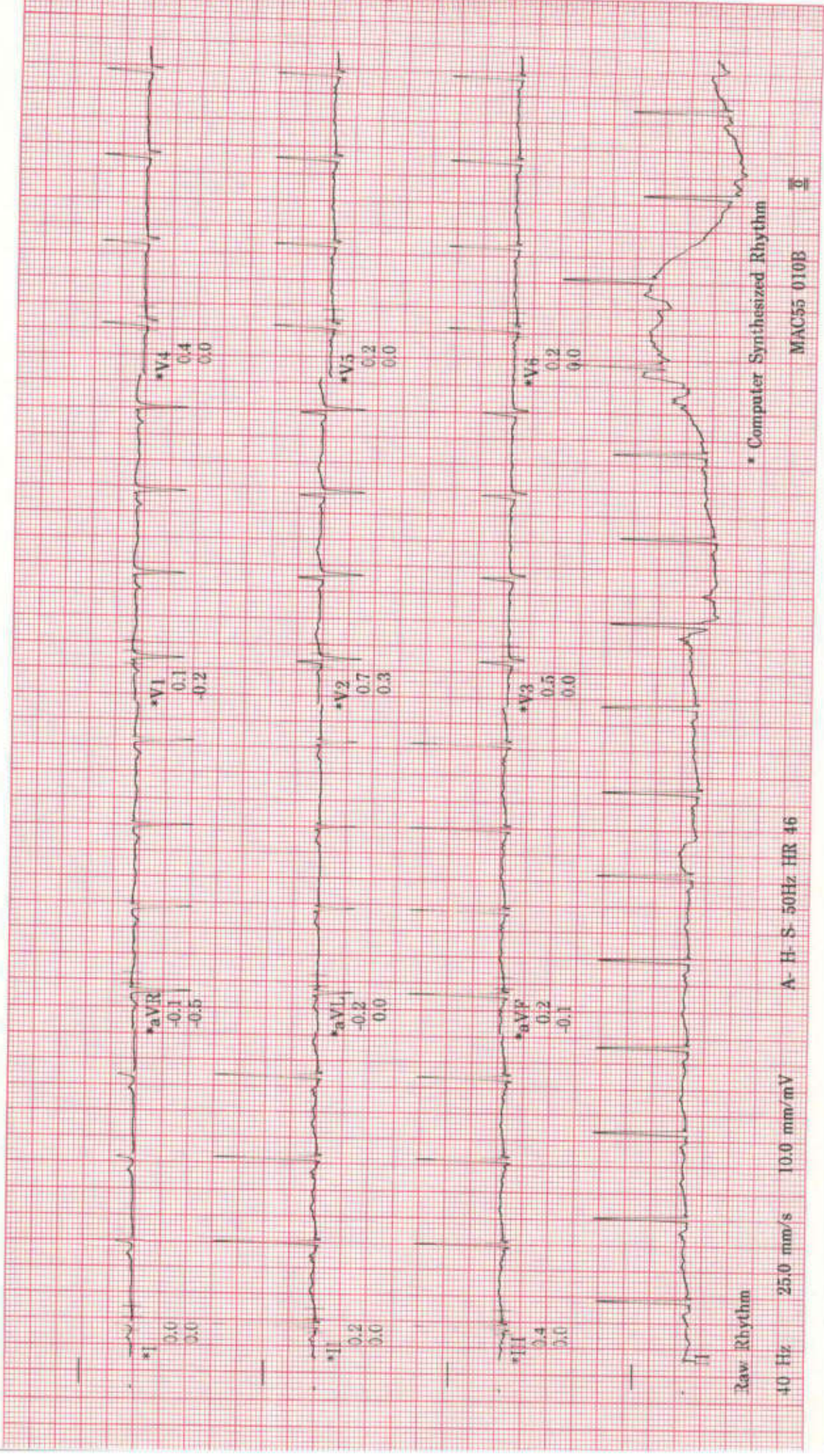
80ms postJ

BRUCE

** *mph

** *%

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

40 Hz 25.0 mm/s 10.0 mm/mV

A-H-S-50Hz HR 46

* Computer Synthesized Rhythm

MAC55 010B

II

ID: S150405

Visit:

2-Mar-2024

11:38:26

126bpm

BP: 120/72

ST @ 10mm/mV

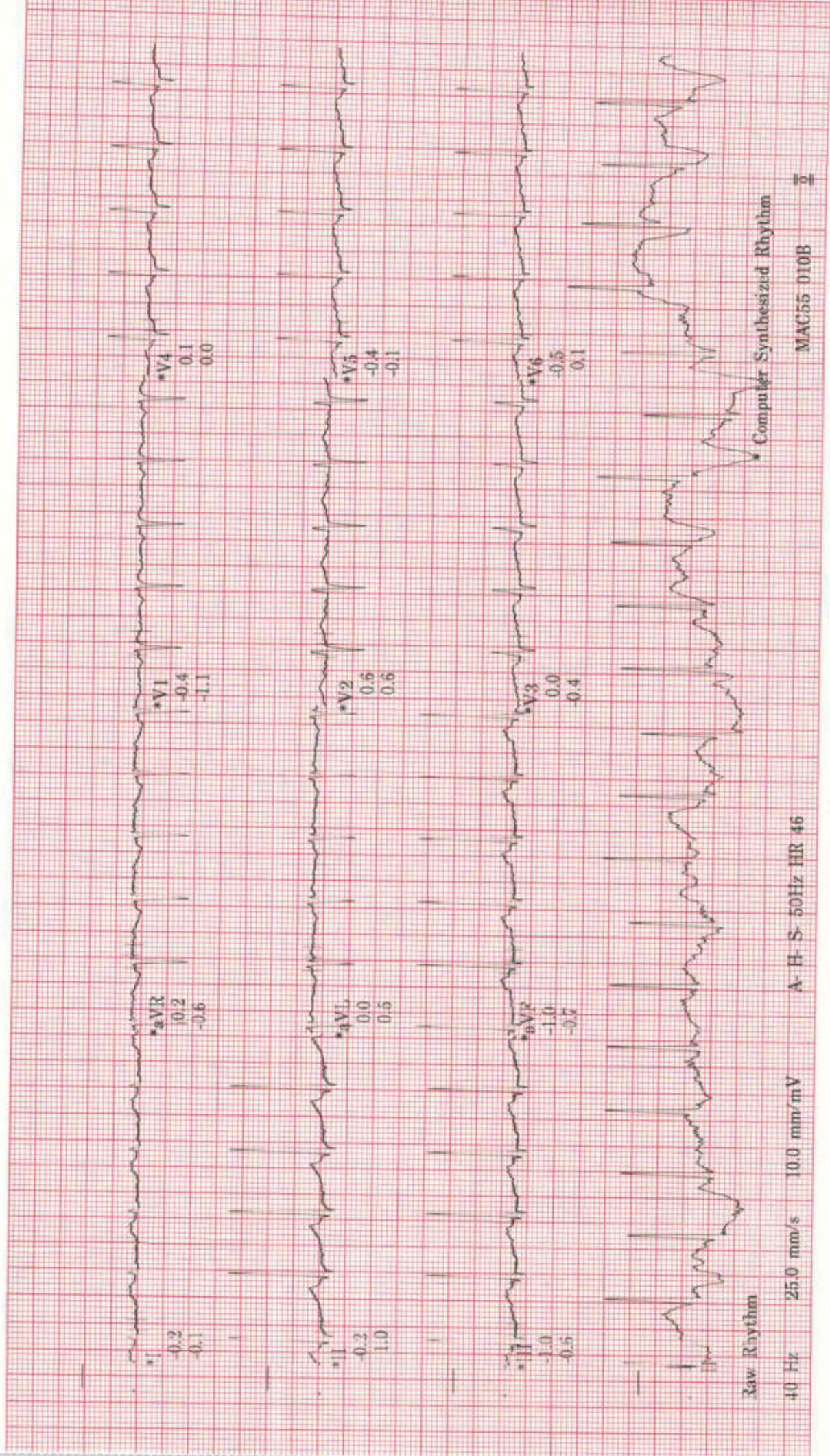
80ms post

BRUCE

1.7mph

10.0%

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

40 Hz 25.0 mm/s 10.0 mm/mV

A-H-S-50Hz HR 46

Computer Synthesized Rhythm

MAC55 010B

II

ID: S150405

Visit:

2-Mar-2024

11:41:27

155bpm

BP: 130/80

ST @ 10mm/mV
80ms post

EXERCISE
STAGE 2

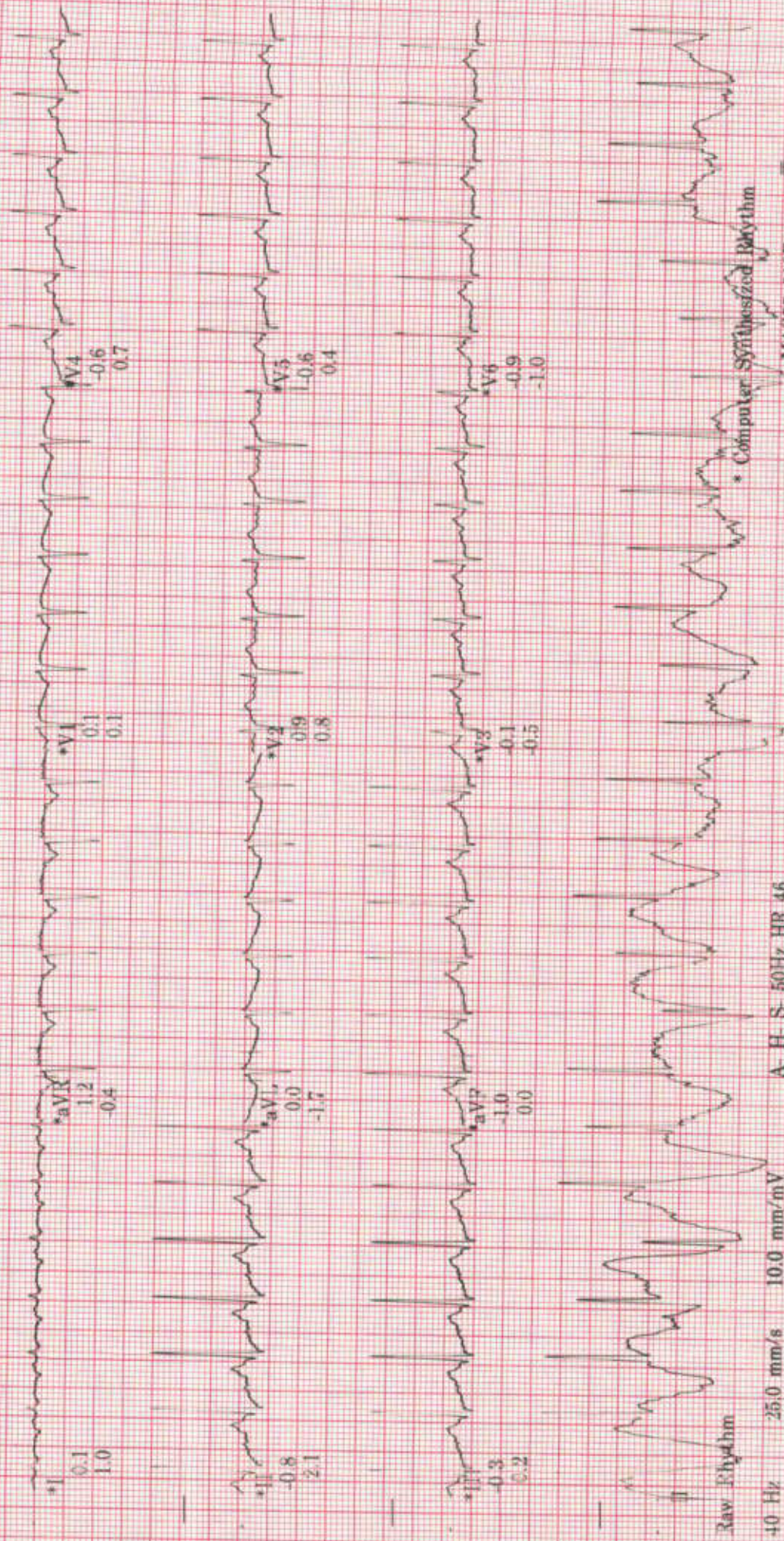
6:00

BRUCE

2.5mph

12.0%

Lead
ST(mm)
Slope(mV/s)



Raw Ecg.htm

40 Hz

25.0 mm/s

10.0 mm/mV

A H S 50Hz HR 46

Computer Synthesized Rhythm

MAC55 010B

II

ID: S150405

Visit:

2-Mar-2024

11:42:04

146bpm

BP: 130/80

ST @ 10mm/mV

80ms postJ

EXERCISE

STAGE 3

6:37

BRUCE

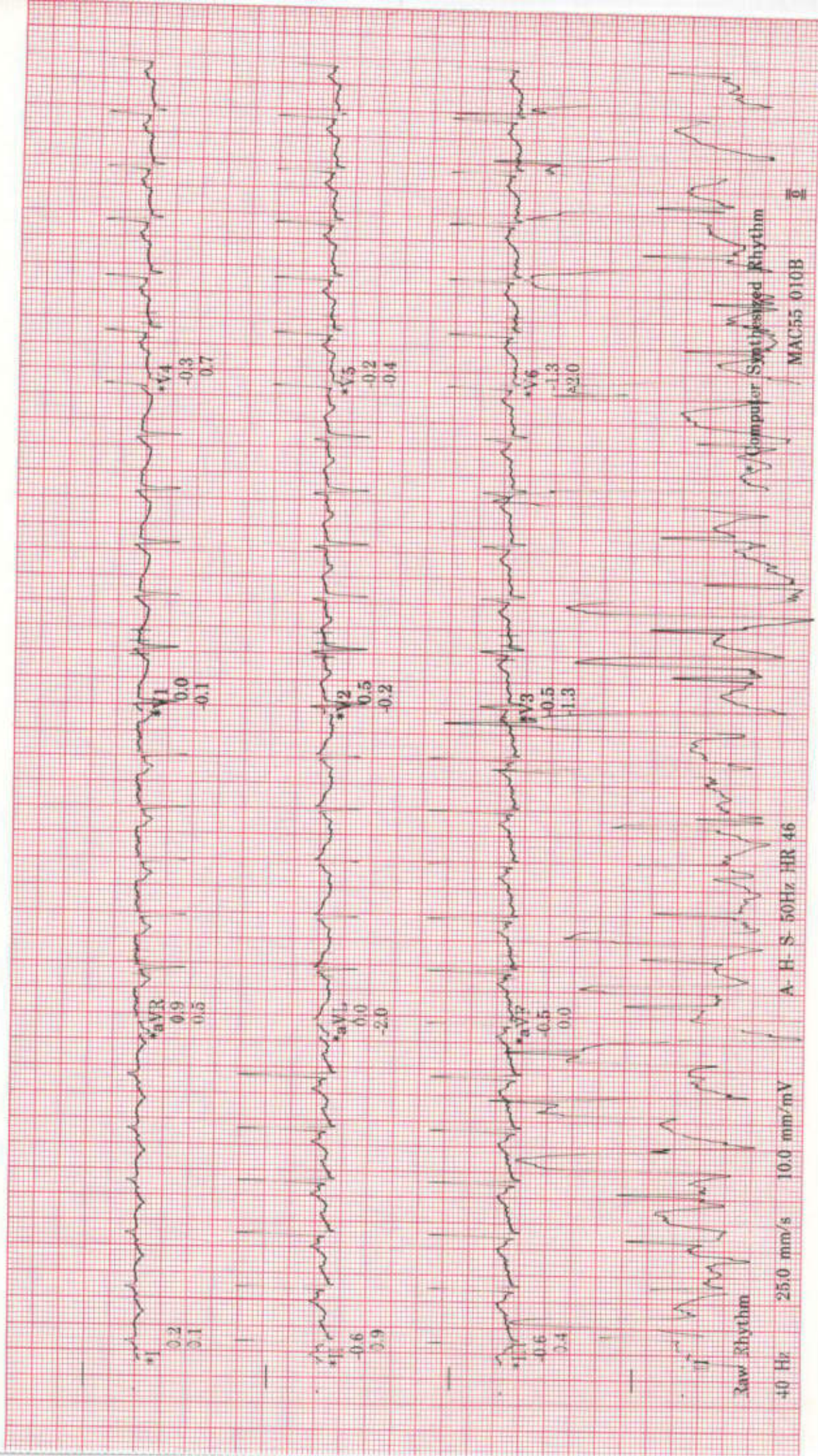
3.4mph

14.0%

Lead

ST(mm)

Slope(mV/s)



ID: S150405

Visit:

2-Mar-2024

11:44:04

109bpm

BP: 160/84

ST @ 10mm/mV

80ms postJ

RECOVERY
RECOVERY

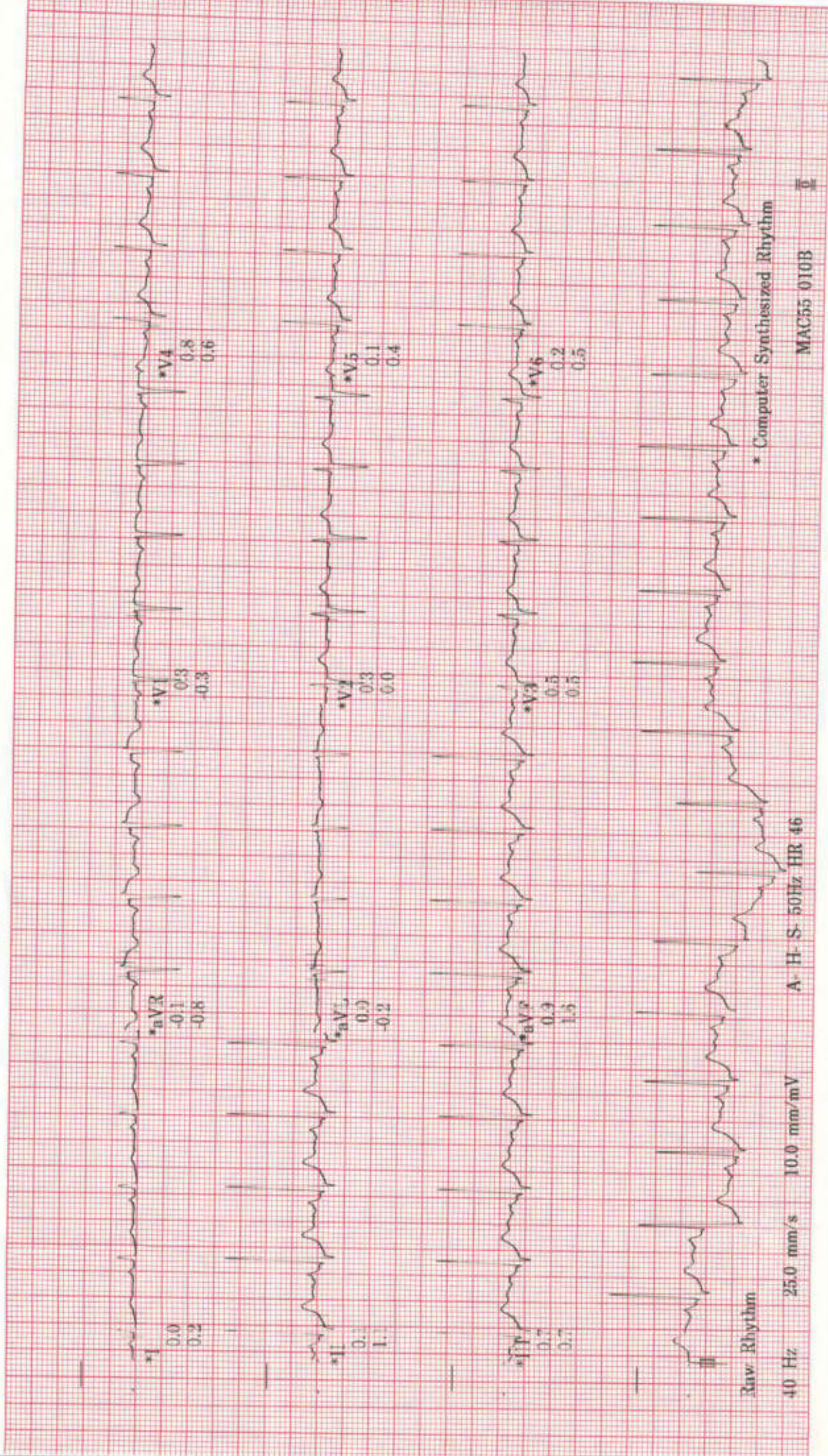
2:00

BRUCE

** *mph

** *%

Lead
ST(mm)
Slope(mV/s)



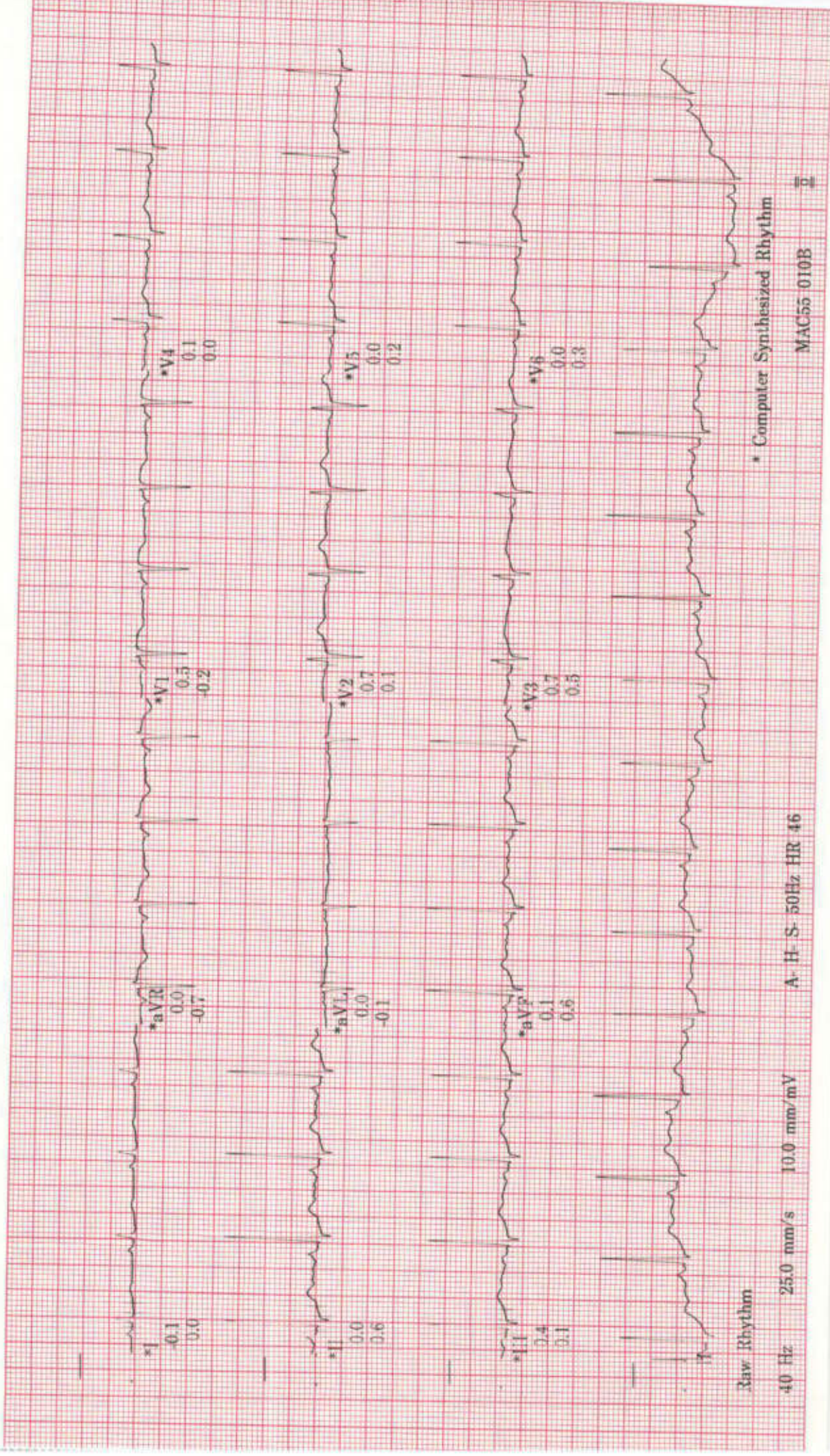
ID: S150405
Visit:
2-Mar-2024
11:46:03

RECOVERY RECOVERY
RECOVERY
4:00
94bpm
BP: 160/84

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)

BRUCE
** *mph
** *%



ID: S150405

V. #1:

2-Mar-2024

11:33:02

37 years

Caucasian

Female

Total Exercise time: 6:37

Max HR: 159bpm 86% of max predicted 183bpm

Max EP: 160/84

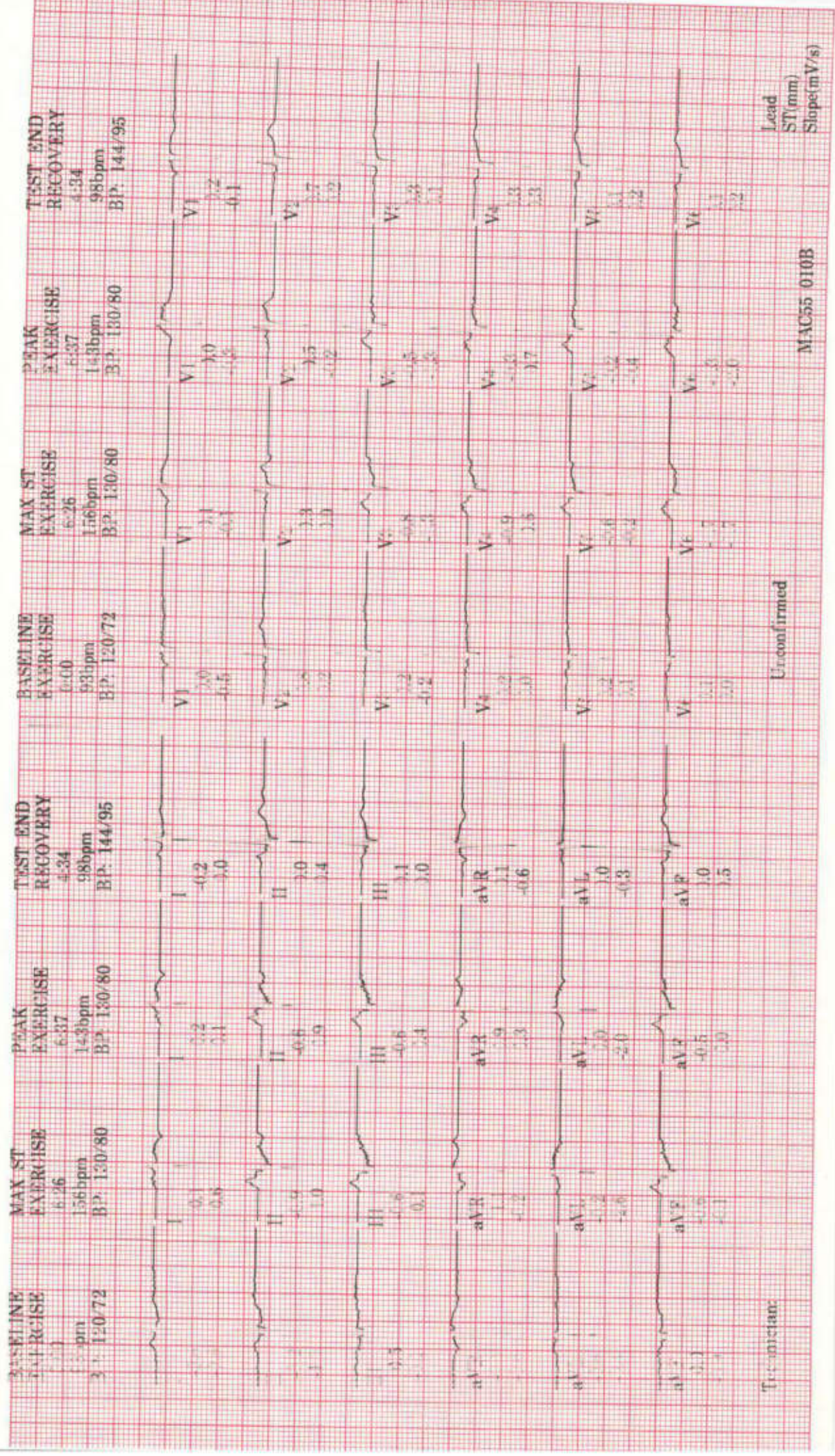
Maximum workload: 7.9METS

25.0 mm/s

10.0 mm/mV

100hz

Referred by:
Test ind:



Technician:

Unconfirmed

MAC55 010B

Lead
ST (mm)
Slope (mV/s)

ID: S150405

Visit:

2-Mar-2024

11:33:02

37years

Caucasian

Female

Total Exercise time: 6:37

Max HR: 159bpm 86% of max predicted 183bpm

Max BP: 160/84

Maximum workload: 7.9METS

25.0 mm/s

10.0 mm/mV

100hz

Reason for Termination:

Comments:

Referred by:

Test ind:

BASELINE

EXERCISE STAGE 1

0:00 1.5METS

93bpm

BP: 120/72

Lead ST(mm)

Slope(mV/s)

EXERCISE STAGE 3

6:26 7.7METS

MAX ST

156bpm

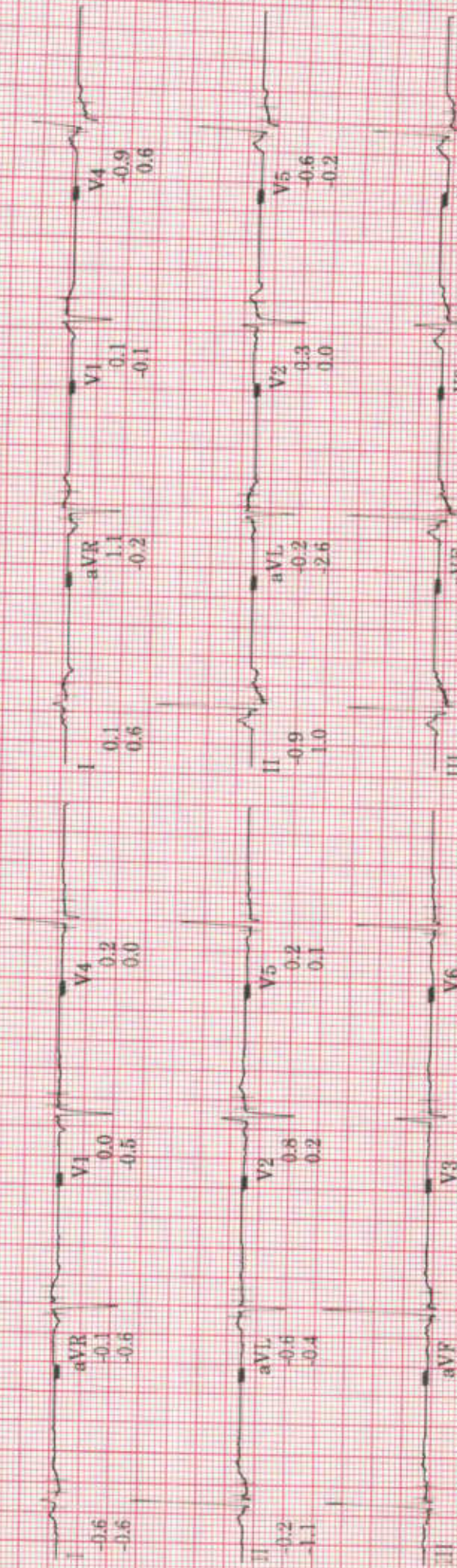
BP: 130/80

Lead ST(mm)

Slope(mV/s)

Lead ST(mm)

Slope(mV/s)



Technician:

Unconfirmed

MAC55 010B

ID: S150405

2-Mar-2024
11:33:02

PRETEST
SUPINE
2:12
94bpm
BP: 120/72
1.0METS

EXERCISE
STAGE 1
0:00
93bpm
BP: 120/72
1.5METS
BASELINE

EXERCISE
STAGE 1
1:00
121bpm
BP: 120/72
3.0METS

EXERCISE
STAGE 1
2:00
121bpm
BP: 120/72
4.6METS

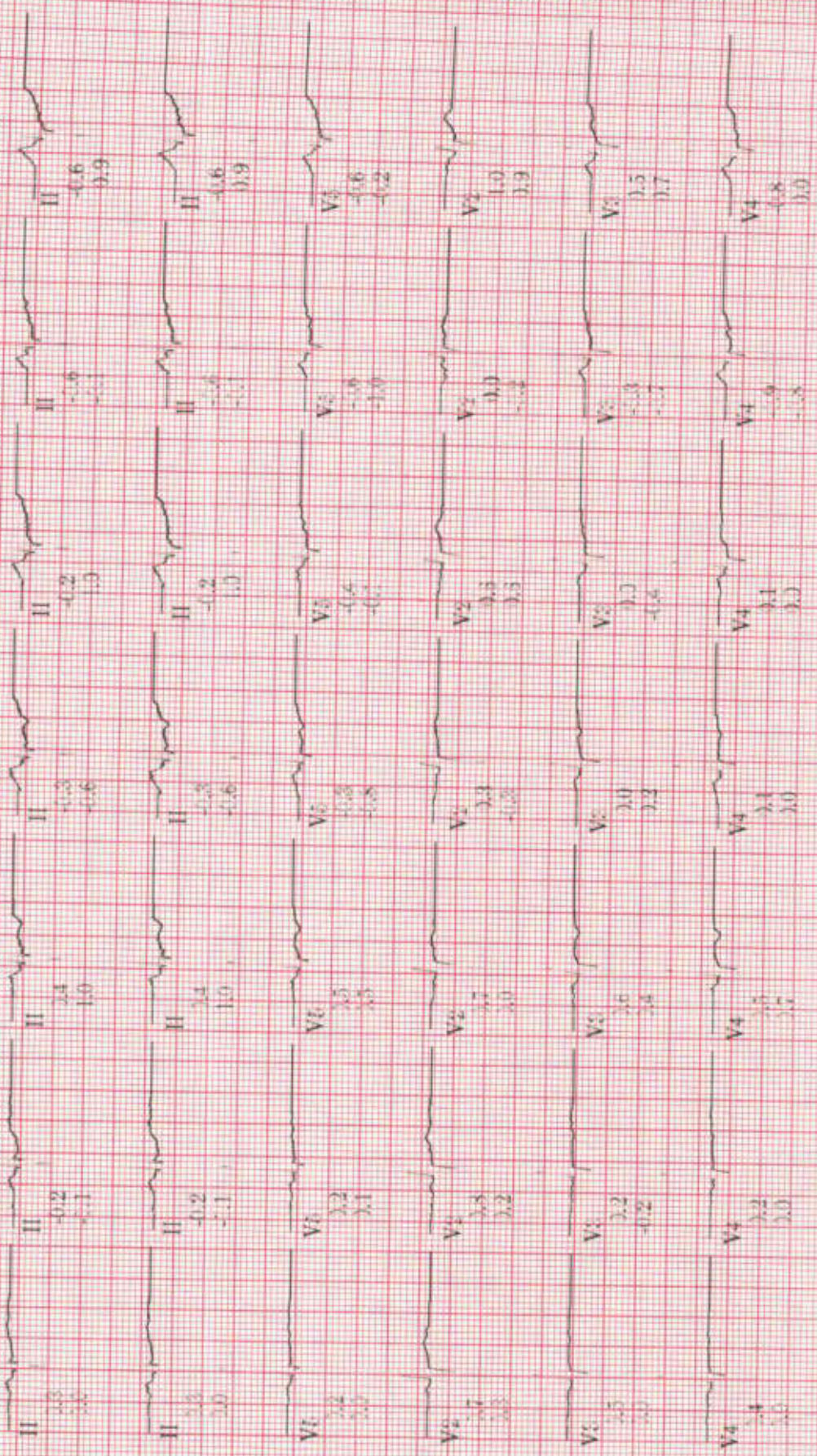
EXERCISE
STAGE 1
3:00
126bpm
BP: 120/72
4.6METS

EXERCISE
STAGE 2
4:00
144bpm
BP: 130/80
5.8METS

EXERCISE
STAGE 2
5:00
149bpm
BP: 130/80
7.0METS

BRUCE

ST @ 10mm/mV
50ms post
25.0 mm/s
10.0 mm/mV
100hz



Lead
ST(mm)
Slope(mV/s)

MAC55 010B

ID: S130405

2-Mar-2024
11:33:02

EXERCISE STAGE 2
6:00
155bpm
BP: 130/80
7.0METS

EXERCISE STAGE 3
6:26
156bpm
BP: 130/80
7.7METS

EXERCISE STAGE 3
6:37
143bpm
BP: 130/80
7.9METS

RECOVERY
1:00
122bpm
BP: 130/80
4.5METS

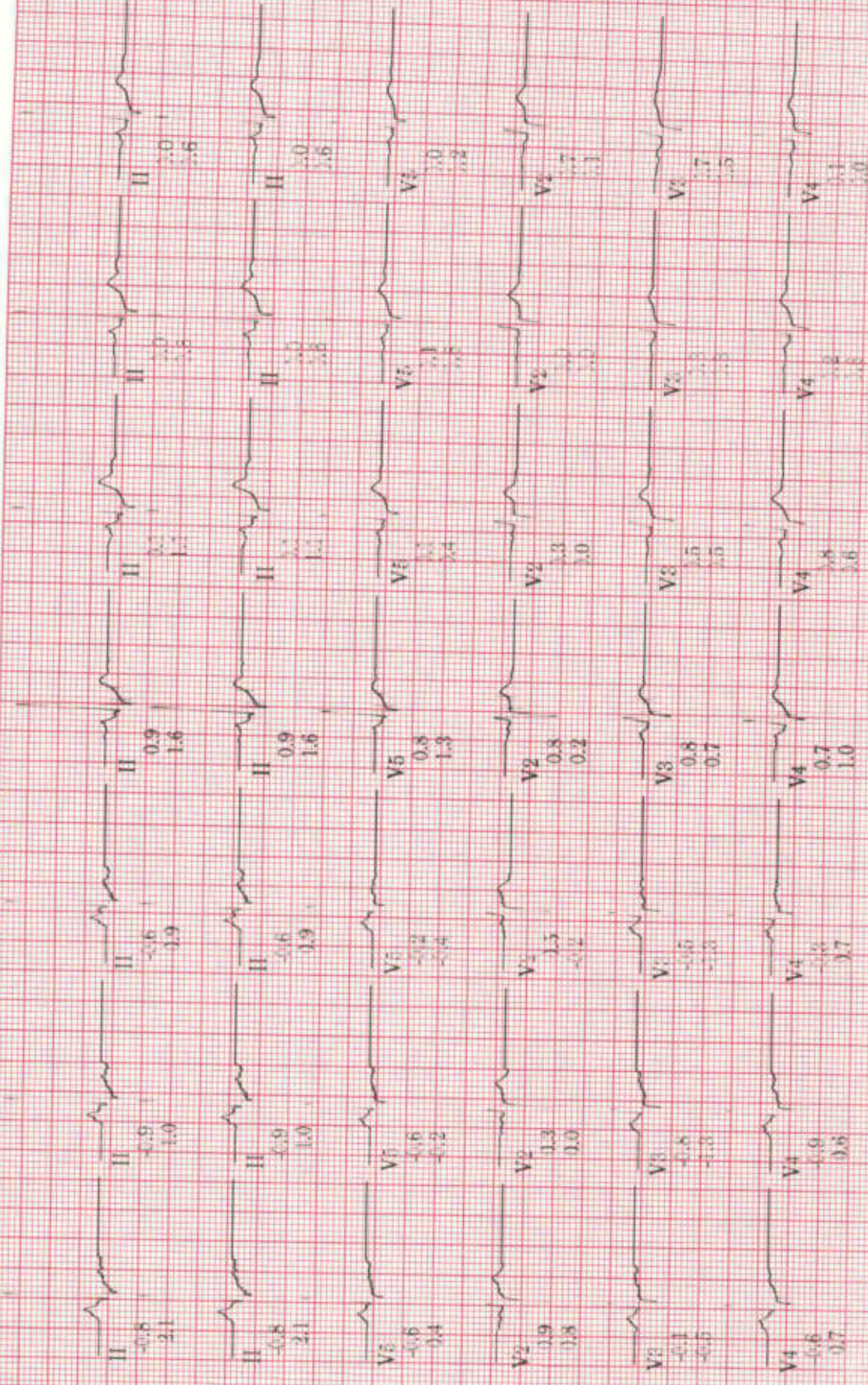
RECOVERY
2:00
109bpm
BP: 160/84
1.0METS

RECOVERY
3:00
102bpm
BP: 160/84
1.0METS

RECOVERY
4:00
94bpm
BP: 160/84
1.0METS

BRUCE

ST @ 10mm/mV
80ms postJ
25.0 mm/s
10.0 mm/mV
100hz



Lead
ST(m)
Slope(mV/s)

MAC55 010B

ID: S150405

Visit:

2-Mar-2024

BRUCE

11:33:02

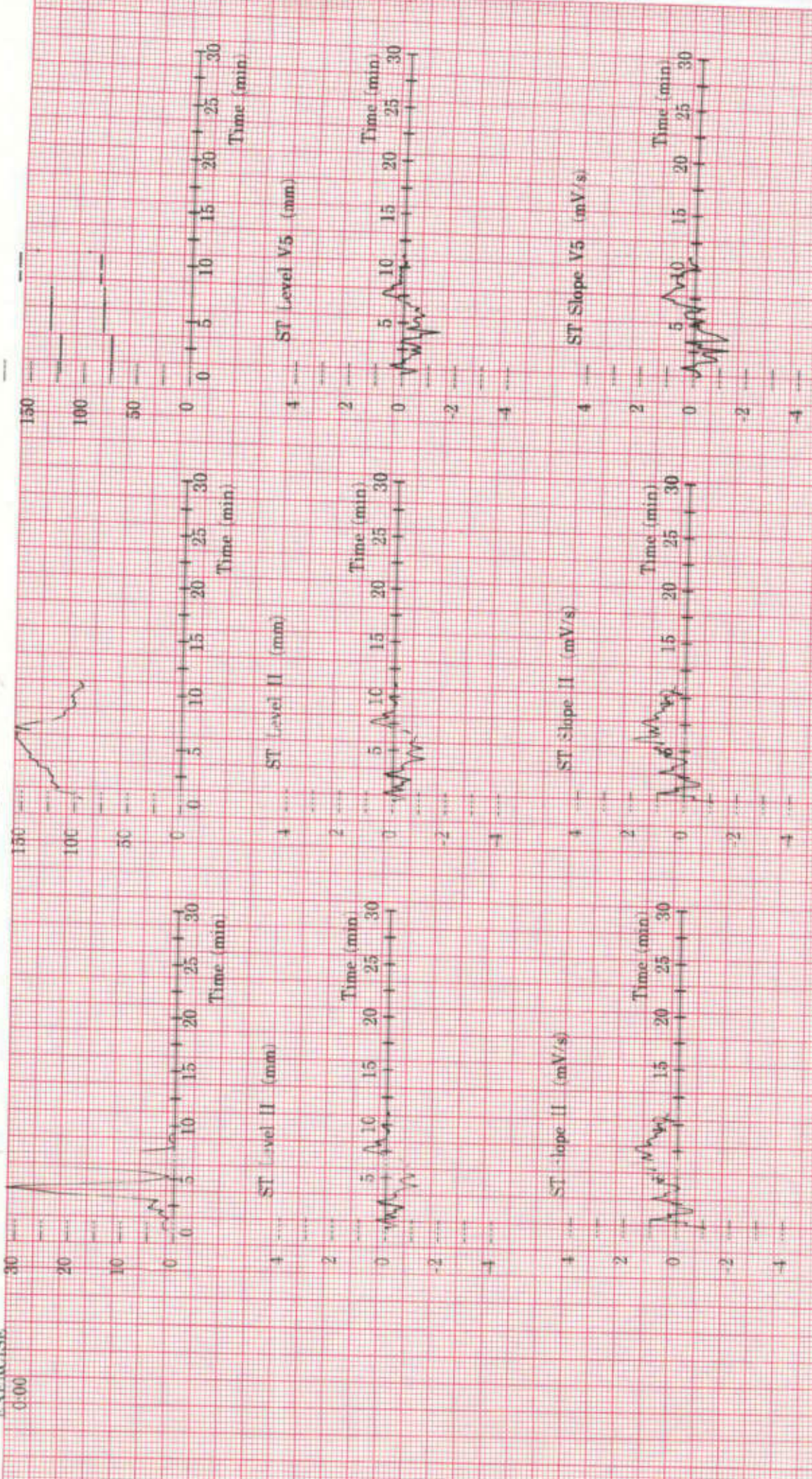
Heart Rate (bpm)

BP (mmHg)

ST @ 10mm/mV 40 PVC/m

80ms post J

EXERCISE



MAC55 010B

DOB: 3/15

yr. FEMALE

SINUS RHYTHM
NONSPECIFIC T-WAVE ABNORMALITY
BORDERLINE ECG
INTERPRETATION BASED ON A DEFAULT AGE OF 40 YEARS
Reviewed by -----

Vent rate: 72 BPM
PR int: 132 ms
QRS dur: 80 ms
QT/QTc: 370/394 ms
P-R-T axes: -6 67 42

