



**History and Complaints** 

# PHYSICAL EXAMINATION REPORT

E

					-
Patient Name	Ankit Vijayan	Sex/Age	M	30425	
Date	2/0/2/	Location	T	rane.	

EXAMINATION FINDINGS:  Height (cms):  Weight (kg):  Skin:  Roshes Over Show.
Weight (kg):  Skin: Roshes Overher
Notice A lo
Notice A lo
Blood Pressure 200. Nails:
Pulse Zeller Lymph Node:
Systems:
Cardiovascular:
Respiratory:
Genitourinary:
GI System:
CNS:
Impression: Low HDL, Feitty Liver.

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343

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Advice:

- Wt. Reduction
- Low Fest, Low sugar Diet
- Regular Exercise.

1)	Hypertension:	
2)	IHD	
3)	Arrhythmia	
4)	Diabetes Mellitus	
5)	Tuberculosis	
6)	Asthama	
7)	Pulmonary Disease	· ·
8)	Thyroid/ Endocrine disorders	
9)	Nervous disorders	
10)	GI system	1/2
11)	Genital urinary disorder	
12)	Rheumatic joint diseases or symptoms	
13)	Blood disease or disorder	
14)	Cancer/lump growth/cyst	
15)	Congenital disease	
16)	Surgeries	
17)	Musculoskeletal System	

PERSONAL HISTORY:

1)	Alcohol	Occassione
2)	Smoking	(00)
3)	Diet	Muxee
4)	Medication	- No

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R E

Name:

Anket Vijagan 2/10/2/

Date

# **ENT Examination**

History:

Examination:

Left:-

External Ear: -

Middle Ear: TM - Twite Ct

(Tympanic Membrance Eustachean Tube, Mastoid)

Rinnes, Webers :-

Nose and Paranasal sinuses :-

Throat:-

Speech:-

Dr. Manasee Kulkarni M.B.B.S 2005/09/3439

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E



Use a QR Code Scanner Application To Scan the Code

CID : 2127553205

Name : MR.ANKIT VIJAYAN

Age / Gender

: 30 Years / Male

Consulting Dr. Reg. Location

. .

: G B Road, Thane West (Main Centre)

Collected Reported :02-Oct-2021 / 09:16 :02-Oct-2021 / 12:27

# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

CBC (Complete Blood Count), Blood

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
RBC PARAMETERS			
Haemoglobin	14.3	13.0-17.0 g/dL	Spectrophotometric
RBC	5.27	4.5-5.5 mil/cmm	Elect. Impedance
PCV	42.4	40-50 %	Measured
MCV	80	80-100 fl	Calculated
мсн	27.1	27-32 pg	Calculated
MCHC	33.6	31.5-34.5 g/dL	Calculated
RDW	14.6	11.6-14.0 %	Calculated
WBC PARAMETERS			Later Vision Vision
WBC Total Count	7400	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND A	BSOLUTE COUNTS		
Lymphocytes	36.9	20-40 %	
Absolute Lymphocytes	2730.6	1000-3000 /cmm	Calculated
Monocytes	5.7	2-10 %	120 10 10 70 10
Absolute Monocytes	421.8	200-1000 /cmm	Calculated
Neutrophils	55.3	40-80 %	AND THE STATE OF THE STATE OF
Absolute Neutrophils	4092.2	2000-7000 /cmm	Calculated
Eosinophils	2.1	1-6 %	
Absolute Eosinophils	155.4	20-500 /cmm	Calculated
Basophils	0.0	0.1-2 %	NAMES OF THE PARTY
Absolute Basophils	0.0	20-100 /cmm	Calculated
Immature Leukocytes	*		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

### PLATELET PARAMETERS

LAILLITAMANETER	2		
Platelet Count	351000	150000-400000 /cmm	Elect. Impedance
MPV	7.4	6-11 fl	Calculated
PDW	11.3	11-18 %	Calculated

### **RBC MORPHOLOGY**

Hypochromia	
Microcytosis	150
Macrocytosis	

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Anisocytosis

Poikilocytosis

Polychromasia

Target Cells

Basophilic Stippling

Normoblasts

Others

Normocytic, Normochromic

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT

Specimen: EDTA Whole Blood

ESR. EDTA WB-ESR

2-15 mm at 1 hr.

Westergren

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West \*\*\* End Of Report \*\*\*







Sugar onal Dr.LYNDA RODRIGUES **MD** Pathology **Pathologist** 

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: 2127553205

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Consulting Dr.

GLUCOSE (SUGAR) PP, Fluoride 96.0

Reg. Location

Fluoride Plasma

Plasma - PP/R

SGPT (ALT), Serum

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	WETHOD
GLUCOSE (SUGAR) FASTING,	87.5	Non-Diabetic: < 100 mg/dl	Hexokinase

Impaired Fasting Glucose: 100-125 mg/dl

Diabetic: >/= 126 mg/dl

Non-Diabetic: < 140 mg/dl

Impaired Glucose Tolerance:

140-199 mg/dl Diabetic: >/= 200 mg/dl

Diazo BILIRUBIN (TOTAL), Serum 0.1-1.2 mg/dl 0.27 Diazo 0-0.3 mg/dl BILIRUBIN (DIRECT), Serum 0.15 Calculated 0.1-1.0 mg/dl BILIRUBIN (INDIRECT), Serum 0.12

5-40 U/L 23.4 SGOT (AST), Serum

> 5-45 U/L 40.0

ALKALINE PHOSPHATASE, 76.3

0.93

101

Serum 17.2 BLOOD UREA, Serum

8.0 BUN, Serum

CREATININE, Serum eGFR, Serum

URIC ACID, Serum

40-130 U/L

12.8-42.8 mg/dl 6-20 mg/dl

0.67-1.17 mg/dl >60 ml/min/1.73sqm

3.5-7.2 mg/dl

se

Hexokinase

IFCC without pyridoxal

phosphate activation

IFCC without pyridoxal phosphate activation

PNPP

Urease & GLDH Calculated

Enzymatic

Calculated

Uricase

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West \*\*\* End Of Report \*\*\*







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Consulting Dr. Reg. Location

\* 1

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: G B Road, Thane West (Main Centre)

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: 02-Oct-2021 / 09:16

:02-Oct-2021 / 15:21

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

**PARAMETER** 

**RESULTS** 

**BIOLOGICAL REF RANGE** 

Collected

Reported

**METHOD** 

Glycosylated Hemoglobin (HbA1c), EDTA WB - CC

5.7

Non-Diabetic Level: < 5.7 %

HPLC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

mg/dl

Calculated

Estimated Average Glucose (eAG), EDTA WB - CC

116.9

Intended use:

In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

 The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

 The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.

HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.

· To monitor compliance and long term blood glucose level control in patients with diabetes.

Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
\*\*\* End Of Report \*\*\*







Dr.LEENA SALUNKHE M.B.B.S, DPB (PATH) Pathologist

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.

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	ci la la disetor
Reaction (pH)	Acidic (5.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.025	1.010-1.030	Chemical Indicator
Transparency	Clear	Clear	*
Volume (ml)	20		•
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION	ON		
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	1-2		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	2-3	Less than 20/hpf	

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
\*\*\* End Of Report \*\*\*







Dr.LYNDA RODRIGUES MD Pathology Pathologist

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HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



: 2127553205

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Age / Gender

: 30 Years / Male

Consulting Dr.

Reg. Location

: G B Road, Thane West (Main Centre)

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:02-Oct-2021 / 09:16 :02-Oct-2021 / 14:44

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **BLOOD GROUPING & Rh TYPING**

PARAMETER

**RESULTS** 

**ABO GROUP** 

Rh TYPING

**Positive** 

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Note: This Sample has also been tested for Bombay group/Bombay phenotype /Oh using anti-H lectin.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

### Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West \*\*\* End Of Report \*\*\*







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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	107.5	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	50.1	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	38.3	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	69.2	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	59.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Homogeneous enzymatic colorimetric assay
VLDL CHOLESTEROL, Serum	10.2	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	2.8	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	1.5	0-3.5 Ratio	Calculated

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West \*\*\* End Of Report \*\*\*







Programmy & Dr.LYNDA RODRIGUES **MD Pathology Pathologist** 

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: 2127553205

Name

. MR. ANKIT VIJAYAN

Age / Gender

: 30 Years / Male

Consulting Dr. Reg. Location

: G B Road, Thane West (Main Centre)



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Collected

:02-Oct-2021 / 09:16

:02-Oct-2021 / 13:06 Reported

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

PARAMETER	<b>RESULTS</b>	<b>BIOLOGICAL REF RANGE</b>	METHOD
Free T3, Serum	5.7	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	15.5	11.5-22.7 pmol/L	ECLIA
sensitiveTSH Serum	3.2	0.35-5.5 microIU/ml	ECLIA

Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.

2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns.

trauma and surgery etc.

FT4/T4	FT3/T3	Interpretation
Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.
	Normal  Low  High  Normal  Low	Normal Normal  Low Low  High High  Normal Normal  Low Low

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4. Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West \*\*\* End Of Report \*\*\*







Salar Barrell Dr.LYNDA RODRIGUES **MD Pathology Pathologist** 

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2127553205

Name

: MR.ANKIT VIJAYAN

Age / Gender

: 30 Years/Male

Ref. Dr

Reg.Location : G B Road, Thane West (Main Centre)

SID

: 177804263889

Registered

: 02-Oct-2021 / 09:15

Collected

: 02-Oct-2021 / 09:15

Reported

: 02-Oct-2021 / 13:42

Printed

: 02-Oct-2021 / 14:58

# USG WHOLE ABDOMEN

LIVER: Liver appears enlarged in size (17.2 cm) and shows increased echoreflectivity. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is contracted. (Not evaluated)

PORTAL VEIN: Portal vein is normal. CBD: CBD is normal.

PANCREAS: Visualised head of pancreas appears normal in size & echotexture. Rest is obscured by excessive bowel gas.

KIDNEYS: Right kidney measures 9.8 x 4.1 cm. Left kidney measures 9.9 x 4.9 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size and echotexture and measures 3.1 x 3.4 x 4.0 cm in dimension and 22.7 cc in volume. No evidence of any focal lesion. Median lobe does not show significant hypertrophy.

No free fluid or significant lymphadenopathy is seen. Bowel gas++

### IMPRESSION:

MILD HEPATOMEGALY WITH GRADE I FATTY INFILTRATION.

Advice: Clinical co-relation and further evaluation.

\*\*\* End Of Report \*\*\*

Dr.DEVENDRA PATIL M.D(RADIO DIAGNOSIS) RADIOLOGIST



: 2127553205

SID

: 177804263889

Name

: MR.ANKIT VIJAYAN

Registered

: 02-Oct-2021 / 09:15

Age / Gender : 30 Years/Male

Collected Reported

: 02-Oct-2021 / 09:15 : 02-Oct-2021 / 13:42

Ref. Dr Reg.Location : G B Road, Thane West (Main Centre)

Printed

: 02-Oct-2021 / 14:59

# X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

No hilar abnormality is seen.

The cardiac size and shape are within normal limits.

The aorta shows normal radiological features.

The trachea is central.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

## **IMPRESSION:**

NO SIGNIFICANT ABNORMALITY IS DETECTED.

\*\*\* End Of Report \*\*\*

Dr.DEVENDRA PATIL M.D(RADIO DIAGNOSIS) RADIOLOGIST

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# SUBURBAN DIAGNOSTICS - G B ROAD, THANE WEST

Patient ID: Patient Name: ANKIT VIJAYAN 2127553205

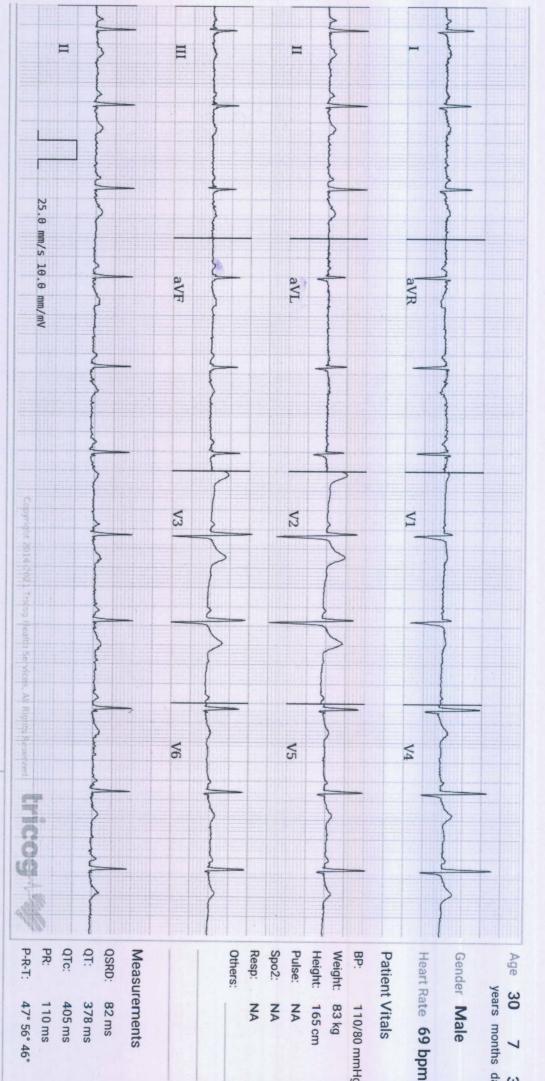
Date and Time: 2nd Oct 21 11:08 AM

years months days

83 kg 165 cm

110/80 mmHg

ZA NA 30



Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.

ECG Within Normal Limits: Sinus Rhythm, Normal Axis.Please correlate clinically.

REPORTED BY

47° 56° 46°

405 ms 110 ms

82 ms 378 ms

DR SHAILAJA PILLAI MBBS, MD Physican MD Physican

# SUBURBAN DIAGNOSTICS GB RD THANE

**Patient Details** 

Clinical History:

Date: 02-Oct-21

Time: 11:36:56 AM

Name: ANKIT VIJAYAN ID: 2127552956

Age: 35 y

NIL

Sex: M

Height: 165 cms

Weight: 83 Kgs

Medications:

NIL

**Test Details** 

Protocol: Bruce

Pr.MHR: 185 bpm

THR: 166 (90 % of Pr.MHR) bpm

**Total Exec. Time:** 

5 m 5 s

Max. HR: 158 (85% of Pr.MHR)bpm

Max. Mets: 7.00

Max. BP: 160 / 80 mmHg

Max. BP x HR:

25280 mmHg/min

Min. BP x HR:

7600 mmHg/min

**Test Termination Criteria:** 

Fatigue, Target HR attained

### **Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0:20	1.0	0	0	95	140 / 80	-0.21 aVR	2.12 V2
Standing	0:3	1.0	0	0	95	140 / 80	-0.21 aVR	1.77 V2
Hyperventilation	0:2	1.0	0	0	97	140 / 80	-0.21 aVR	1.77 V2
1	3:0	4.6	1.7	10	151	150 / 80	-0.64 111	3.89 V2
Peak Ex	2:5	7.0	2.5	12	158	160 / 80	-0.21 aVR	4.60 V2
Recovery(1)	2:0	1.8	1	0	111	140 / 80	-0.85 III	5.66 V2
Recovery(2)	2:0	1.0	0	0	109	140 / 80	-0.42 III	3.18 V2
Recovery(3)	0:6	1.0	0	0	108	140 / 80	0.001	1.42 V2

### Interpretation

The patient exercised according to the Bruce protocol for 5 m 5 s achieving a work level of Max. METS: 7.00. Resting heart rate initially 95 bpm, rose to a max. heart rate of 158 ( 85% of Pr.MHR ) bpm. Resting blood Pressure 140 / 80 mmHg, rose to a maximum blood pressure of 160 / 80 mmHg. FAIR EFFORT TOLERANCE, NORMAL CHRONOTROPIC RESPONSE, NORMAL INOTROPIC RESPONSE

NO ANGINA/ANGINA EQUIVALENTS, NO ARRHYTHMIAS, NO SIGNIFICANT ST-T CHANGES FROM BASELINE

REMARKS: Test is Negative for inducible ischemia

Disclaimer : Negative stress test does not rule out Coronary Artery Disease Positive stress test is suggestive of but not confirmatory of Coronary Artery Disease Hence overall Cardiological corelation is mandatory

Ref. Doctor: -

(Summary Report edited by user)

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