

CERTIFICATE OF MEDICAL FITNESS

NAME: Mr. Suresh Kumar R.

AGE/ GENDER: 44yrs / M.

HEIGHT: 174cm

WEIGHT: 65kg

IDENTIFICATION MARK: _____

BLOOD PRESSURE: 120/70mm/Hg.

PULSE: 46/min

CVS: } Normal
RS:P }

ANY OTHER DISEASE DIAGNOSED IN THE PAST: Nil

ALLERGIES, IF ANY: Nil

LIST OF PRESCRIBED MEDICINES: Nil

ANY OTHER REMARKS: Nil

I Certify that I have carefully examined Mr/Mrs. Suresh Kumar R. son/daughter of Mrs. V. Raju Gopal who has signed in my presence. He/ she has no physical disease and is fit for employment.

Dinesh Kumar
Signature of candidate

Dr. BINDURAJ. R
MBBS, MD
Internal Medicine
Signature of Medical Officer

Place: Spectrum diagnostic & health care.

Date: 25/11/23

Disclaimer: The patient has not been checked for COVID. This certificate does not relate to the covid status of the patient examined



Dr. Ashok S
Bsc., MBBS., D.O.M.S
Consultant Ophthalmologist
KMC No: 31827

DATE: 25/1/23

EYE EXAMINATION

NAME: Ms. Srikum Kumud.R AGE: _____ GENDER: F / M

	RIGHT EYE	LEFT EYE
Vision	<u>6/18 20/10</u>	<u>6/18 20/10</u>
Vision With glass	<u>6/6 20/20</u>	<u>6/6 20/20</u>
Color Vision	<u>Normal</u>	<u>Normal</u>
Anterior segment examination	<u>Normal</u>	<u>Normal</u>
Fundus Examination	<u>Normal</u>	<u>Normal</u>
Any other abnormality	<u>Nil</u>	<u>Nil</u>
Diagnosis/ impression	<u>Normal</u>	<u>Normal</u>

Dr. Ashok S. Sarode
DR. ASHOK SARODHE
B.Sc., M.B.B.S., D.O.M.S.
Eye Consultant & Surgeon
KMC 31827
Consultant (Ophthalmologist)

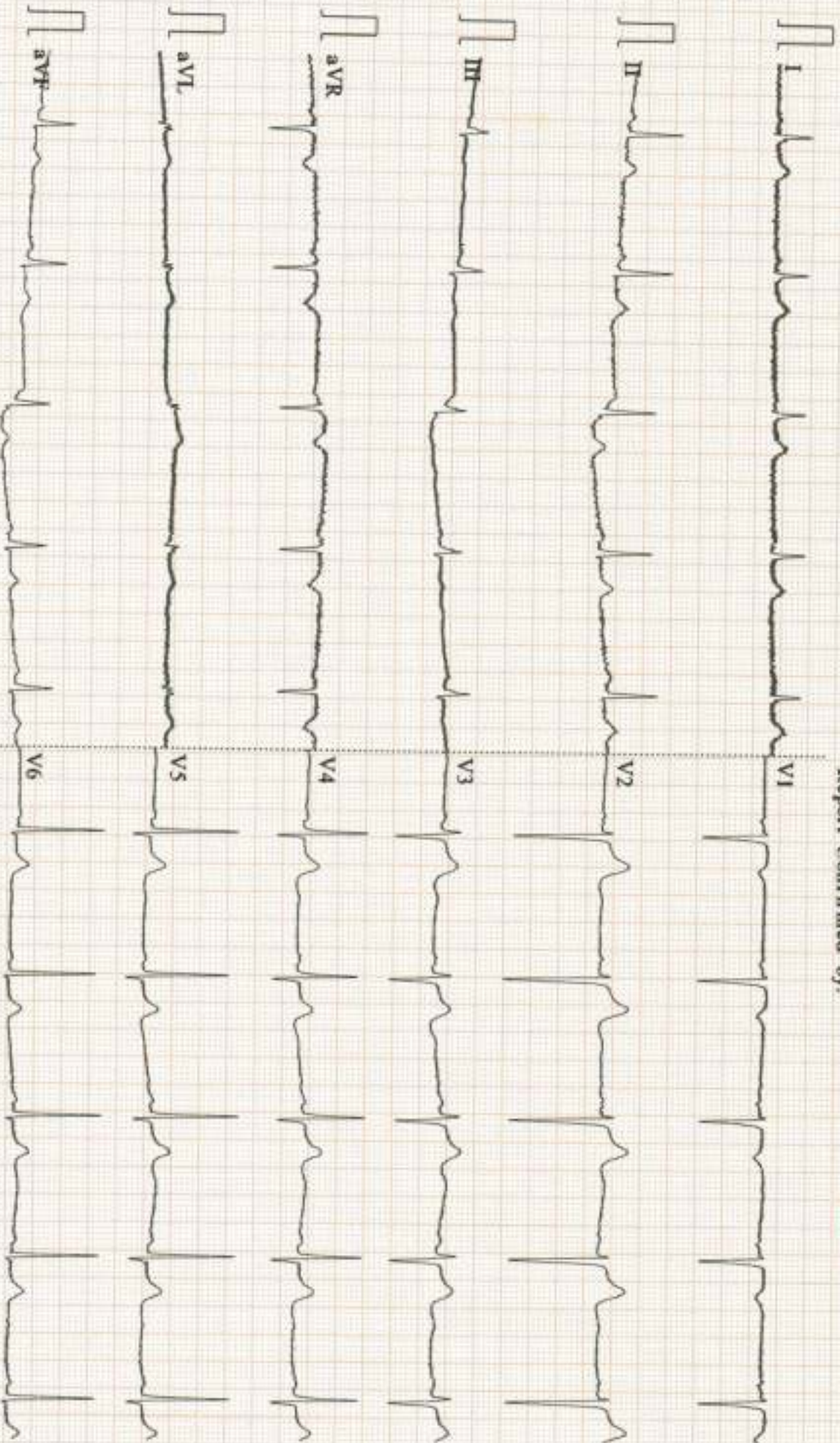


MR SURESH KUMAR
Male 44years

Diagnosis Information:
Sinus Bradycardia

HR	: 58	bpm
P	: 102	ms
PR	: 149	ms
QRS	: 83	ms
QT/QTc	: 381/377	ms
P/QRS/T	: 47/50/13	°
RV5/SV1	: 1.559/1.114	mV

Report Confirmed by:



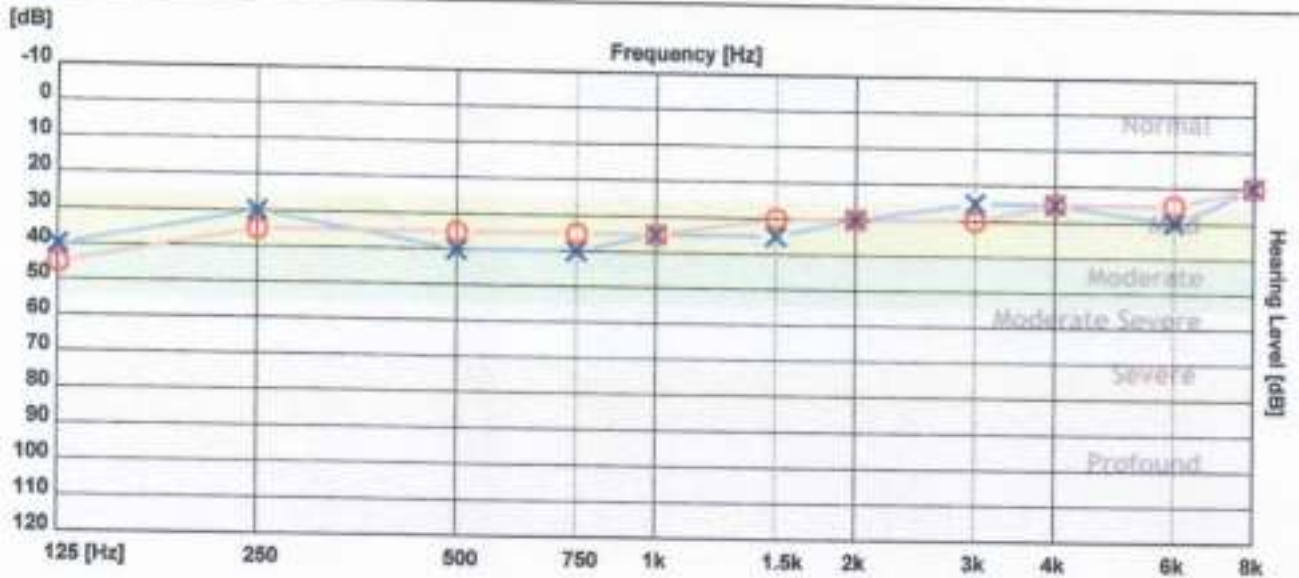
SPECTRUM DIAGNOSTICS & HEALTH CARE

#9/1 TEJAS ARCADE, DR. RAJKUMAR ROAD, RAJAJINAGAR-560010 AUDIOGRAM



Patient ID : 1002
 Name : SURESH KUMAR R
 CR Number : 20231125120452
 Registration Date : 25-Nov-2023

Age : 44
 Gender : Male
 Operator : spectrum diagnostics



	125 Hz	250 Hz	500 Hz	750 Hz	1000 Hz	1500 Hz	2000 Hz	3000 Hz	4000 Hz	6000 Hz	8000 Hz
X - Air Left	40	30	40	40	35	35	30	25	25	30	20
O - Air Right	45	35	35	35	35	30	30	30	25	25	20
> - Bone Left											
< - Bone Right											

Clinical Notes :

Right Ear: Normal
 Left Ear: Normal



NAME : MR.SURESH KUMAR	DATE : 25/11/2023
AGE/SEX : 44 YEARS /MALE	REG NO: 0040
REF BY : APOLO CLINIC	

CHEST PA VIEW

Lung fields are clear.

Cardiovascular shadows are within normal limits.

Both CP angles are free.

Domes of diaphragm and bony thoracic cage are normal.

IMPRESSION: NORMAL CHEST RADIOGRAPH.



Dr RIKHIT MAGANLAL
CONSULTANT RADIOLOGIST

Your suggestion / feedback is a valuable input for improving our services



Summary Report SPECTRUM DIAGNOSTICS & HEALTH CARE

Phone: 7760497644/ 08023371555

Name : MR SURESH KUMAR R

Doctor : Dr. APOLO CLINIC

ID : 2511230040

Tested on : 25-11-2023, 01:35 PM

Age, Wt, Ht : 44 years (Male), 65Kg, 174cm

BPL DYNATRAC NEO

Test Summary Report

Target HR = 176

Total time = 17:05

Protocol = BRUCE

HR achieved = 155 (88%)

Exercise time = 11:56

Max ST(mm) = 5.68 (Lead V2)

Peak Ex = Exercise 4

Recovery time = 03:03

Min ST(mm) = -3.85 (Lead III)

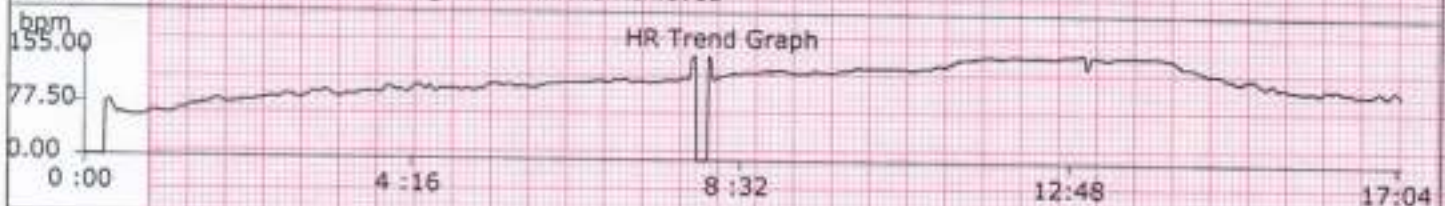
Stagewise Summary

Stage Name	Duration (mm:ss)	Max HR	Max ST (mm)	Min ST (mm)	Speed km/hr	Slope (%)	METS	sys/dia (map)
Supine	00:43	78	5.68(V2)	-3.85(III)	0.0	0.0	0.00	120/80(93)
Standing	00:25	64	1.83(V2)	-0.81(AVR)	0.0	0.0	0.00	120/80(93)
Hyperventilation	00:24	75	2.13(V2)	-1.15(AVR)	0.0	0.0	0.00	120/80(93)
Waiting for Exercise	00:34	83	2.98(V2)	-1.48(AVR)	0.0	0.0	0.00	120/80(93)
Exercise 1	03:00	105	3.42(V2)	-1.34(AVR)	2.7	10.0	5.10	120/80(93)
Exercise 2	03:00	148	3.20(III)	-2.23(AVL)	4.0	12.0	7.10	130/80(96)
Exercise 3	03:00	137	5.17(V2)	-3.34(III)	5.5	14.0	10.00	140/80(100)
Peak Exercise 4	02:56	155	5.34(V3)	-2.78(II)	6.8	16.0	14.00	150/80(103)
Recovery 1	01:00	148	5.68(V2)	-3.85(III)	0.0	0.0	0.00	150/90(110)
Recovery 2	01:00	121	4.98(V2)	-1.56(AVR)	0.0	0.0	0.00	140/90(106)
Recovery 3	01:00	107	3.04(V2)	-0.80(III)	0.0	0.0	0.00	130/90(103)
Recovery 4	00:03	102	1.50(V2)	-0.42(AVR)	0.0	0.0	0.00	---/---(---)

Rpp: 9360(Supine) , 7680(Standing) , 9000(Hyperventilation) , 9960(Waiting for Exercise) , 12600(Exercise 1) , 19240(Exercise 2) , 19180(Exercise 3) , 23250(Peak Exercise 4) , 22200(Recovery 1) , 16940(Recovery 2) , 13910(Recovery 3)

Stage comments: none

Object of test : IHD screening
 Risk factor : None
 Activity : Very active
 Other Investigation : Lab Investigation, ECG
 Ex tolerance : Good (> 10 mets)
 Ex Arrhythmia : No
 Hemo Response : Normal
 Chrono response : Normal
 Reason for Termination : Target Heart Rate Achieved



Medication: NIL

History:

Observations: TARGET HEART RATE ACHIEVED
 GOOD EFFORT TOLERANCE
 NO ANGINA/ NO ARRHYTHMIAS
 NO SIGNIFIICANT ST- TCHANGES DURING PEAK EXERCISE & RECOVERY

Final Impression: Stress test negative for inducible Ischemia

Technician: DURGA V Done By: Confirmed by -

Rhythm Report

SPECTRUM DIAGNOSTICS & HEALTH CARE

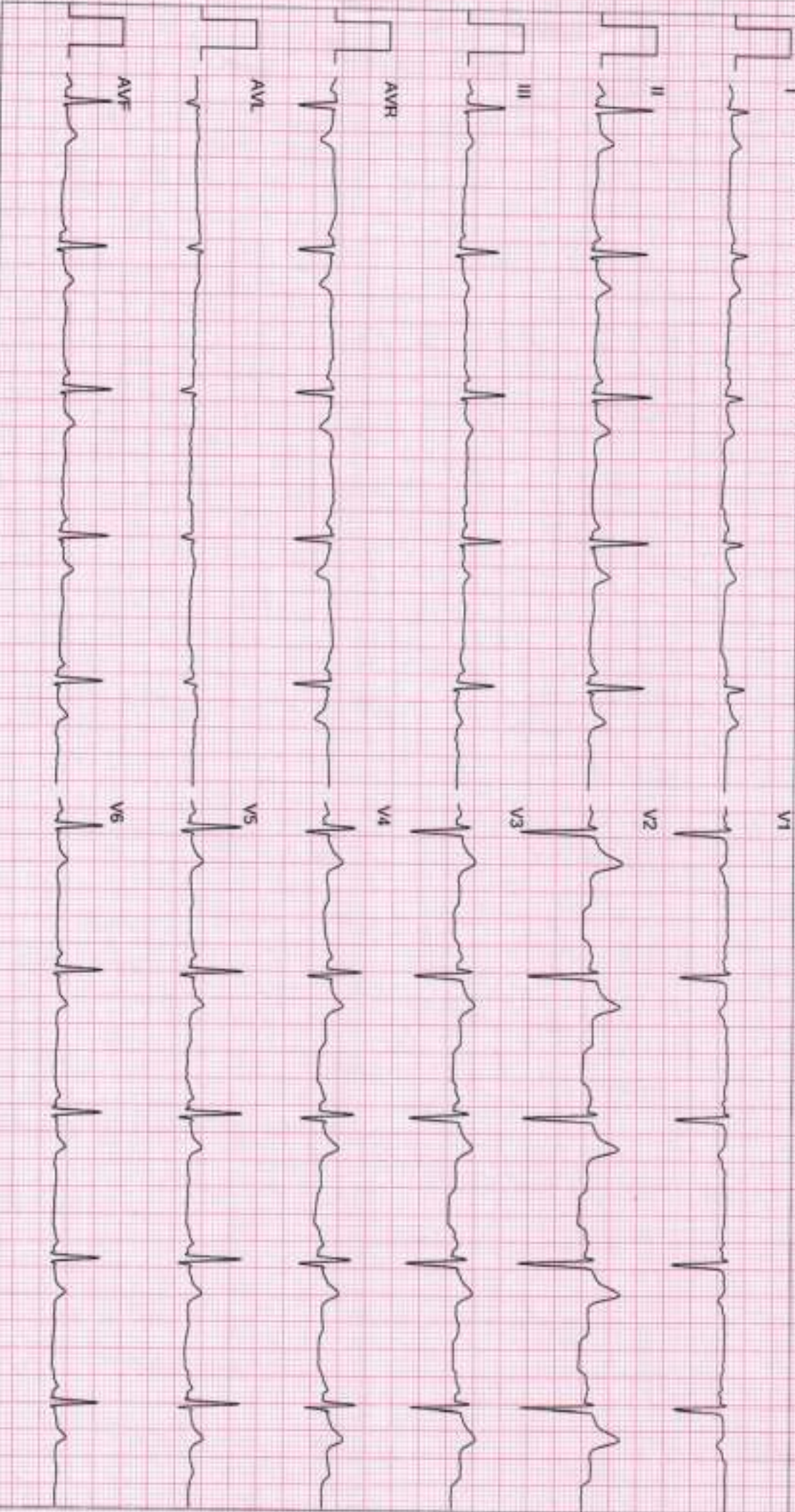
Phone: 7760497644 / 08023371555

ID : 2511230040 Stage : Supine Protocol : BRUCE
NAME : MR SURESH KUMAR R Pre Test Time : 00:42 Speed(Km/h) : 0.0 Doctor : Dr. APOLO CLINIC

AGE : 44 Stage Time : 00:42 Grade(%) : 0.00 Tested on : 25-11-2023,01:35 PM

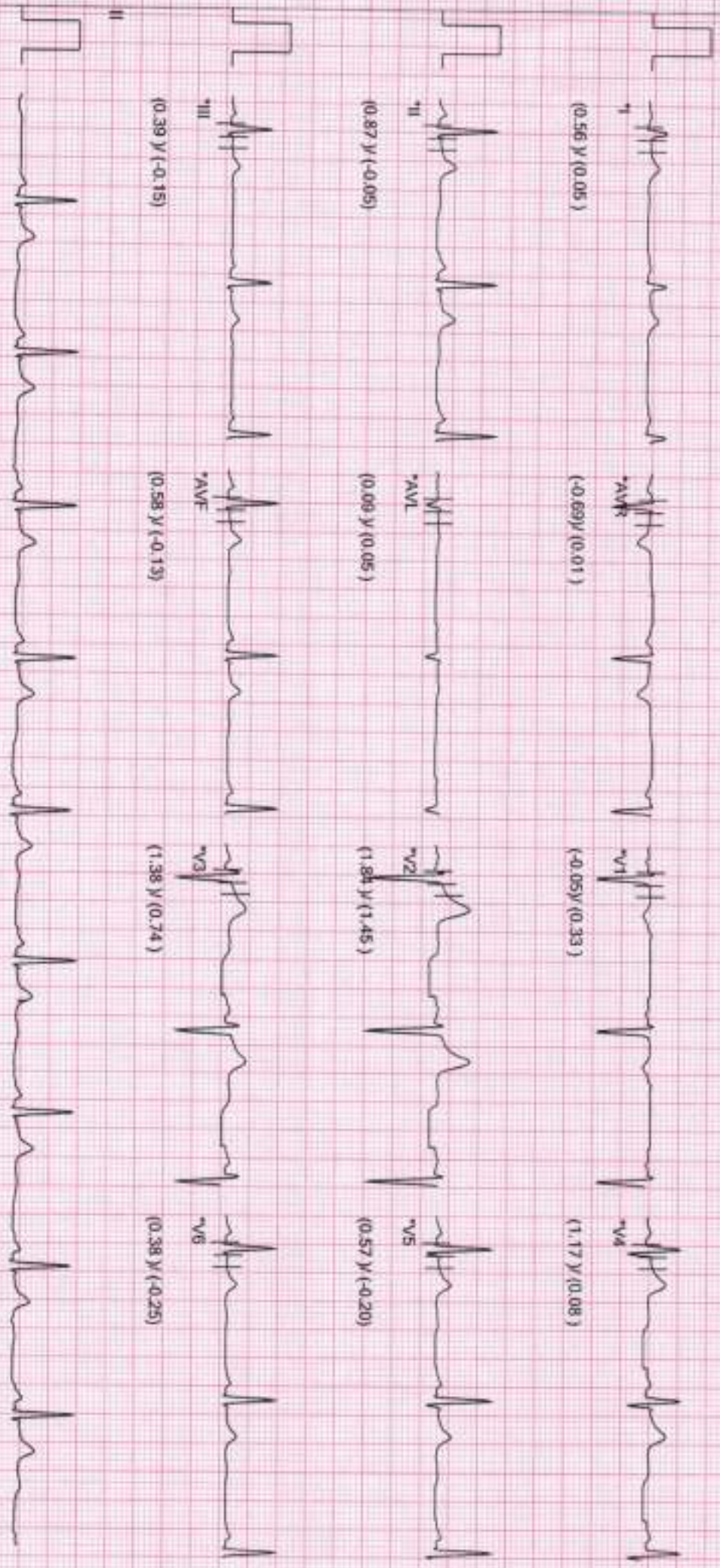
NIBP : 120/80(93) HR : 57 (32%) METS : 0.00 BPL DYNATRAC NEO

ST Level(mm), ST Slope (mV/sec) at 80ms PJ

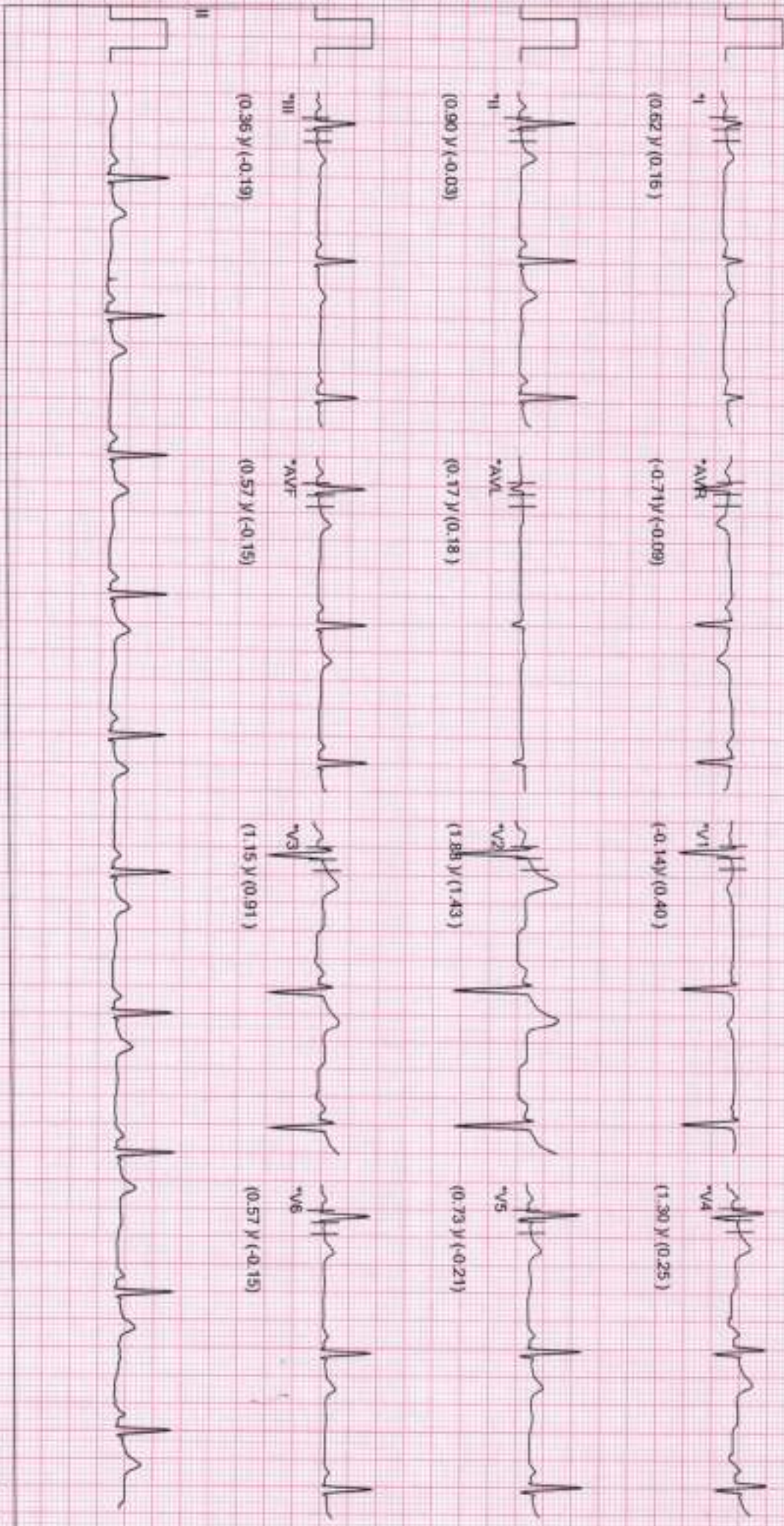


• Waveforms are computer synthesized. Technician: PUNQA V 20Hz filter Gain: 10mm/mV Speed: 25mm/sec

ID : 2511230040 Stage : Supine Protocol : **BRUCE**
NAME : MR SURESH KUMAR R Pre Test Time : 00:43 Speed(Km/h) : 0.0 Doctor : **Dr. APOLO CLINIC**
AGE : 44 Stage Time : 00:43 Grade(%) : 0.00 Tested on : **25-11-2023,01:35 PM**
NIBP : 120/80(93) HR : 57 (32%) METS : 0.00 **BPL DYNATRAC NEO**
 ST level(mm), ST Slope (mV/sec) at 80ms PJ



ID : 2511230040 Stage : Standing Protocol : **BRUCE**
NAME : MR SURESH KUMAR R Pre Test Time : **01:08** Speed(Km/h) : **0.0** Doctor : **Dr. APOLO CLINIC**
AGE : 44 Stage Time : **00:25** Grade(%) : **0.00** Tested on : **25-11-2023,01:35 PM**
NIBP : 120/80(93) HR : **61 (34%)** METS : **0.00** **BPL DYNATRAC NEO**
 ST Level(mm), ST Slope (mV/sec) at 80ms P)



* Waveforms are computer synthesized.

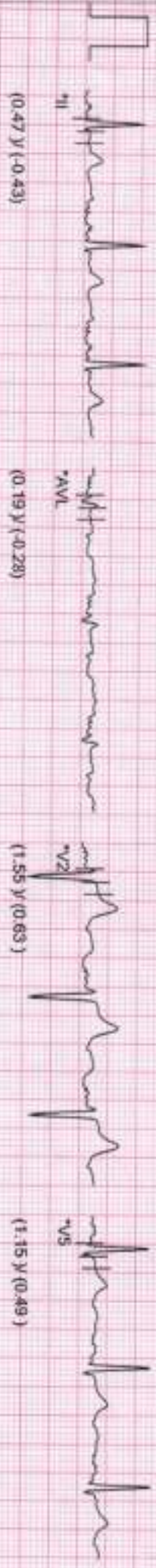
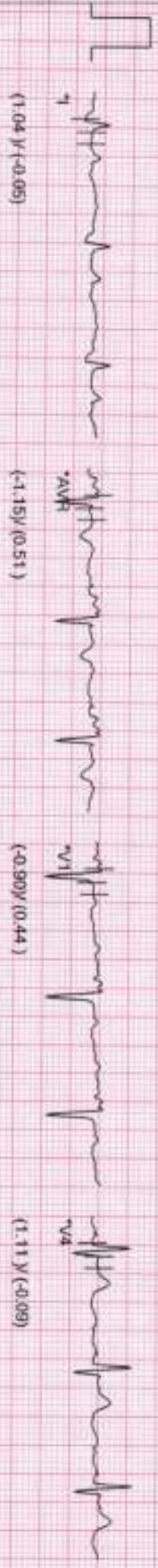
Technician: DURGAM V

20Hz Filter

Gain: 10mm/mV

Speed: 25mm/sec

ID : 2511230040 Stage : Hyperventilation Protocol : BRUCE Doctor : Dr. APOLLO CLINIC
NAME : MR SURESH KUMAR R Pre Test Time : 01:32 Speed(Km/h) : 0.0 Tested on : 25-11-2023,01:35 PM
AGE : 44 Stage Time : 00:24 Grade(%) : 0.00
NIBP : 120/80(93) HR : 76 (43%) METS : 0.00 BPL DYNATRAC NEO
ST Level(mm), ST Slope (mV/sec) at 80ms P)



ID : 2511230040

Stage : Waiting for Exe .. Protocol : BRUCE

NAME : MR SURESH KUMAR R Pre Test Time : 02:06

Speed(Km/h) : 0.0 Doctor : Dr. APOLO CLINIC

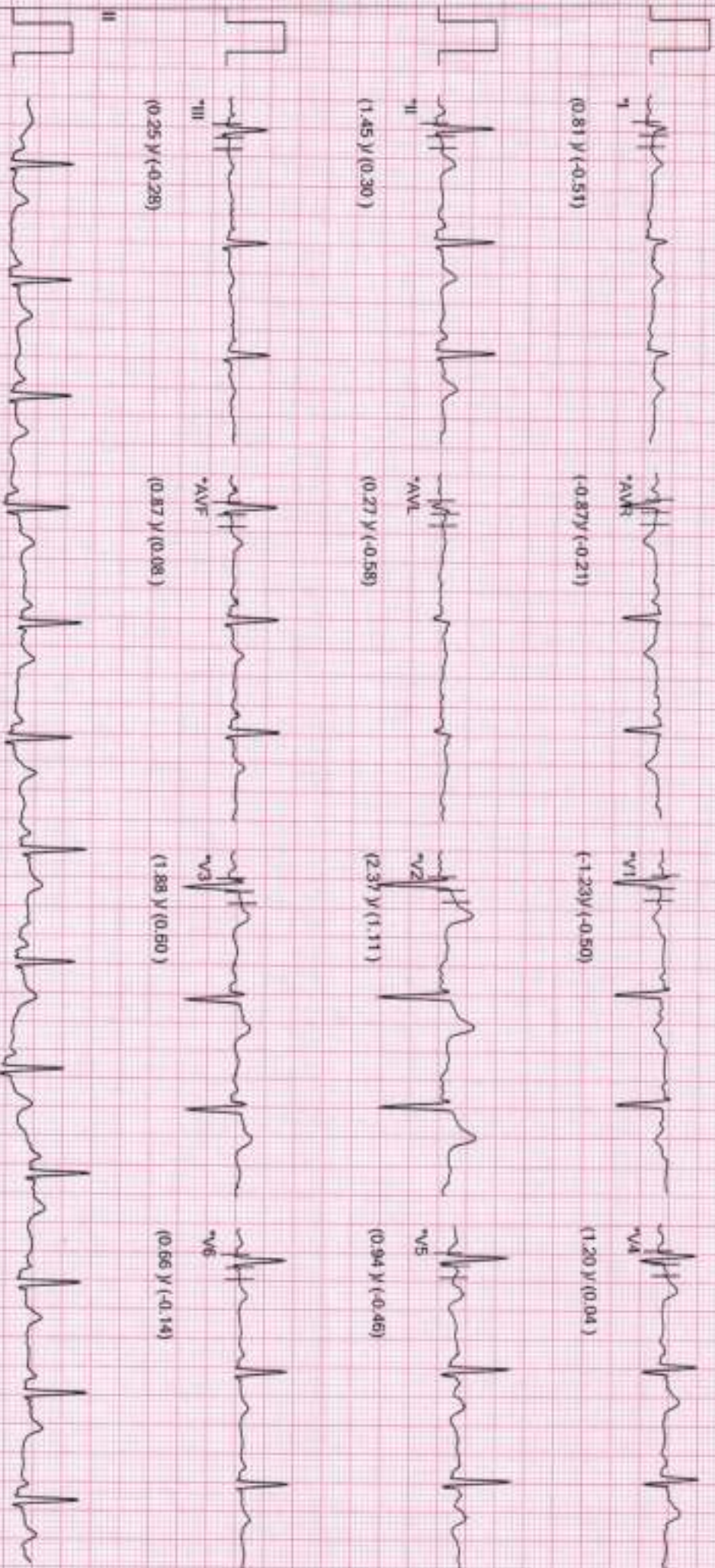
AGE : 44 Stage Time : 00:34

Grade(%) : 0.00 Tested on : 25-11-2023,01:35 PM

NIBP : 120/80(93) HR : 81 (46%)

METS : 0.00 BPL DYNATRAC NEO

ST Level(mm), ST Slope (mV/sec) at 80ms P)



* Waveforms are computer synthesized.

Technician: DEBKA V

20Hz filter

Gain: 10mm/mV

Speed: 25mm/sec

SPECTRUM DIAGNOSTICS & HEALTH CARE

Phone: 7760497644 / 08023371555

ID : 2511230040

Stage : Exercise 1

Protocol : BRUCE

NAME : MR SURESH KUMAR R

Exercise Time : 03:00

Speed(Km/h) : 2.7

Doctor : DR. APOLO CLINIC

AGE : 44

Stage Time : 03:00

Grade(%) : 10.00

Tested on : 25-11-2023,01:35 PM

NIBP : 120/80(93)

HR : 98 (55%)

METS : 5.10

BPL DYNATRAC NEO

ST Level(mm), ST Slope (mv/sec) at 80ms P)



SPECTRUM DIAGNOSTICS & HEALTH CARE

Phone: 7760497644 / 08023371555

ID : 2511230040

Stage : Exercise 2

Protocol : BRUCE

NAME : MR SURESH KUMAR R

Exercise Time : 05:46

Speed(Km/h) : 4.0

Doctor : Dr. APOLO CLINIC

AGE : 44

Stage Time : 02:46

Grade(%) : 12.00

Tested on : 25-11-2023,01:35 PM

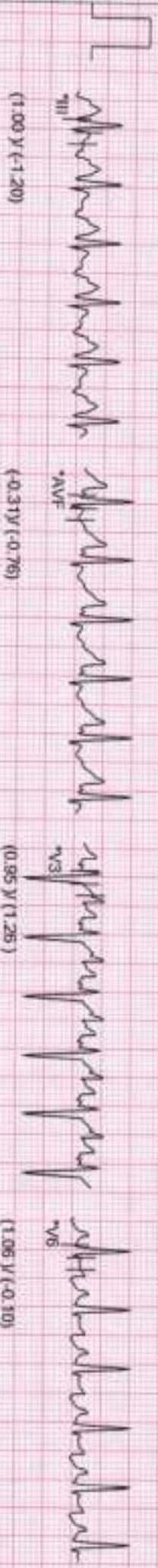
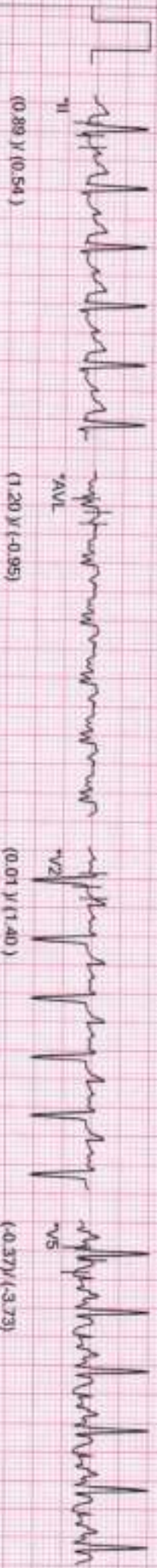
NIBP : 130/80(96)

HR : 148 (84%)

METS : 7.10

BPL DYNATRAC NEO

ST Level(mm), ST Slope (mV/sec) at 80ms PJ



SPECTRUM DIAGNOSTICS & HEALTH CARE

Phone: 7760497644 / 08023371555

ID : 2511230040

Stage : Exercise 3

Protocol : BRUCE

NAME : MR SURESH KUMAR R

Exercise Time : 09:00

Speed(Km/h) : 5.5

Doctor : Dr. APOLLO CLINIC

AGE : 44

Stage Time : 03:00

Grade(%) : 14.00

Tested on : 25-11-2023,01:35 PM

NIBP : 140/80(100)

HR : 137 (77%)

METS : 10.00

BPL DYNATRAC NEO

ST Level(mm), ST Slope (mV/sec) at 60ms P)



(-0.08 V) (-0.92)

(1.45 V) (-0.23)

(1.56 V) (3.90)



(0.38 V) (0.73)

(2.55 V) (2.68)

(0.55 V) (2.03)



(-0.50 V) (0.68)

(3.25 V) (1.90)

(-0.23 V) (0.43)



ID : 2511230040

Stage

: Peak Exercise 4

Protocol

: BRUCE

NAME : MR SURESH KUMAR R

Exercise Time : 11:56

Speed(Km/h) : 6.8

Doctor

: Dr. APOLO CLINIC

AGE : 44

Stage Time : 02:56

Grade(%)

: 16.00

Tested on : 25-11-2023,01:35 PM

NIBP : 150/80(103)

HR

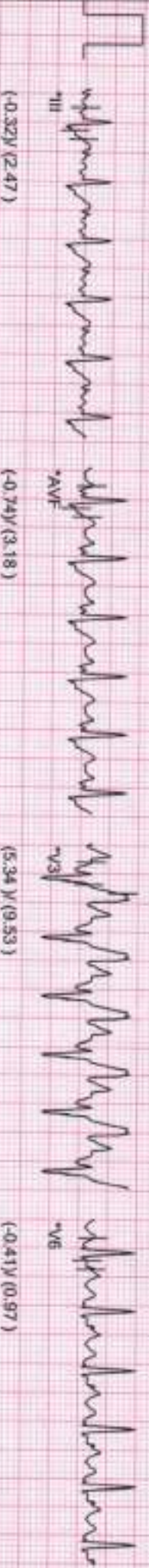
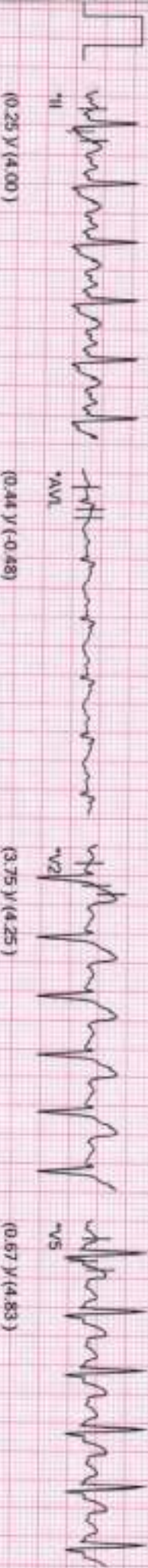
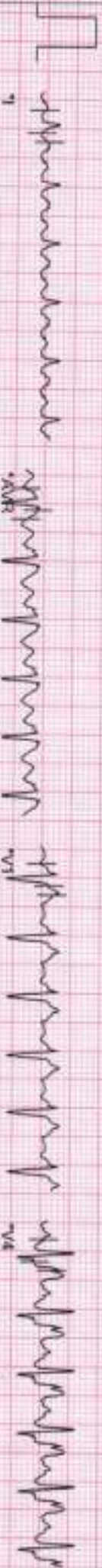
: 150 (85%)

METS

: 14.00

BPL DYNATRAC NEO

ST Level(mm), ST Slope (mV/sec) at 60ms PJ



ID : 2511230040

Stage : Recovery I

Protocol : BRUCE

NAME : MR SURESH KUMAR R Recovery Time : 01:00

Speed(Km/h) : 0.0

Doctor : Dr. APOLO CLINIC

AGE : 44

Stage Time : 01:00

Grade(%) : 0.00

Tested on : 25-11-2023,01:35 PM

NIBP : 150/90(110)

HR : 118 (67%)

METS : 0.00

BPL DYNATRAC NEO

ST Level(mm), ST Slope (mV/sec) at 80ms P1



(1.10) V (1.10)

(-0.93) V (-0.93)

(-0.14) V (-0.28)

(3.42) V (1.69)



(1.66) V (2.61)

(-0.05) V (0.64)

(5.66) V (4.73)

(2.67) V (1.59)



(0.63) V (0.46)

(1.28) V (1.55)

(4.57) V (4.18)

(1.04) V (1.14)



ID : 2511230040

Stage

: Recovery 2

Protocol

: BRUCE

NAME : MR SURESH KUMAR R

Recovery Time : 02:00

Speed(Km/h)

: 0.0

Doctor

: Dr. APOLO CLINIC

AGE : 44

Stage Time

: 01:00

Grade(%)

: 0.00

Tested on : 25-11-2023,01:35 PM

NIBP : 140/90(106)

HR

: 101 (57%)

METS

: 0.00

BPL DYNATRAC NEO

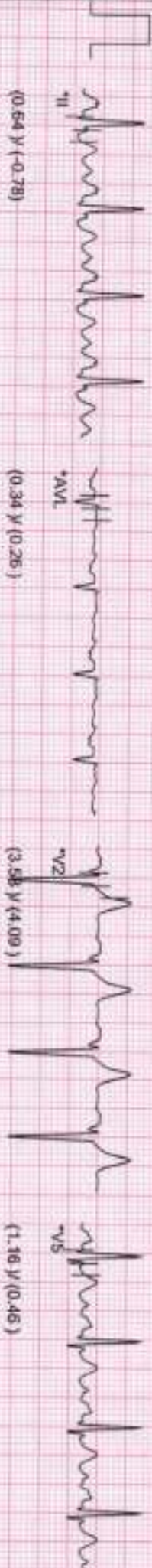
ST Level(mm), ST Slope (mV/sec) at 80ms P1



(-0.71 V (-0.74))

(-0.06 V (-0.18))

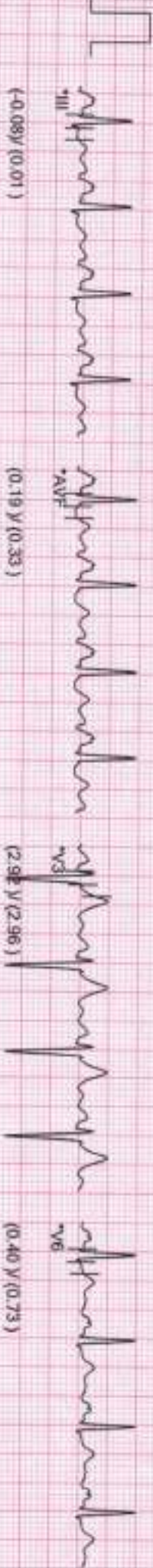
(2.05 V (1.25))



(0.34 V (0.26))

(3.58 V (4.09))

(1.16 V (0.46))



(0.19 V (0.33))

(2.98 V (2.96))

(0.40 V (0.73))



ID : 2511230040

Stage : Recovery 3

Protocol : BRUCE

NAME : MR SURESH KUMAR R

Recovery Time : 03:00

Speed(Km/h) : 0.0

Doctor : Dr. APOLO CLINIC

AGE : 44

Stage Time : 01:00

Grade(%) : 0.00

Tested on : 25-11-2023,01:35 PM

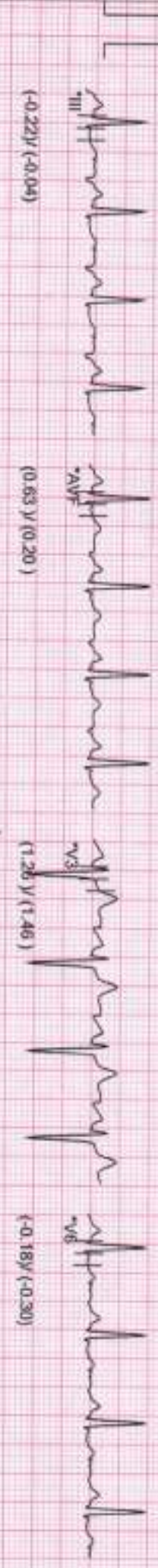
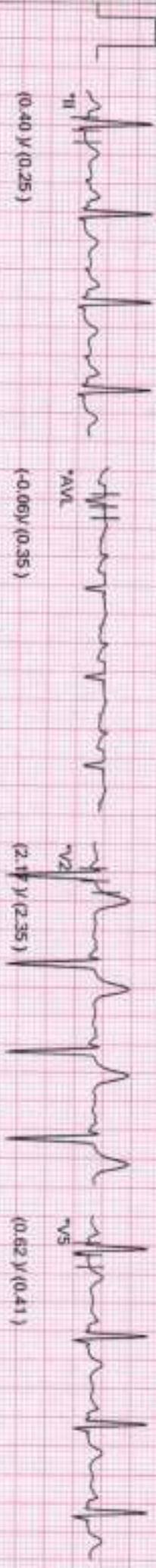
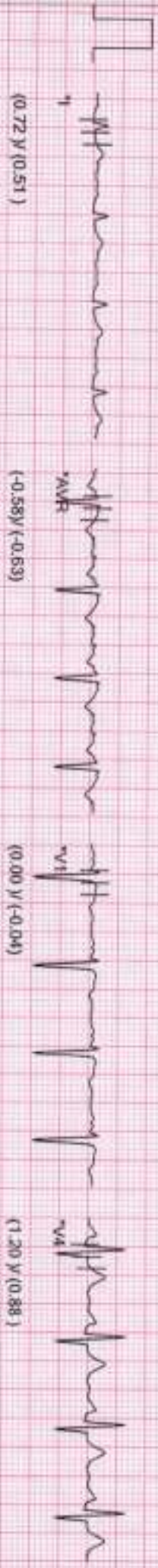
NIBP : 130/90(103)

HR : 105 (59%)

METS : 0.00

BPL DYNATRAC NEO

ST Level(mm), ST Slope (mV/sec) at 80ms P1



NAME AND LAB NO	MR SURESH KUMAR R	REG-30040
AGE & SEX	44 YRS	MALE
DATE AND AREA OF INTEREST	25.11.2023	ABDOMEN & PELVIS
REF BY	C/ O APOLO CLINIC	

USG ABDOMEN AND PELVIS

- LIVER:** Measures 13.7 cm. Normal in size with increased echotexture. No e/o IHBR dilatation. No evidence of SOL. Portal vein appears normal. CBD appears normal. . No e/o calculus / SOL
- GALL BLADDER:** Well distended. Wall appears normal.No e/o calculus/ neoplasm.
- SPLEEN:** Measures 10.5 cm. Normal in size and echotexture. No e/o SOL/ calcification.
- PANCREAS:** Normal in size and echotexture. Pancreatic duct appears normal. No e/o calculus / calcifications.
- RETROPERITONEUM:** Poor window.
- RIGHT KIDNEY:** Right kidney measures 9.7 X3.6 cm ,is normal in size & echotexture. No evidence of calculus/ hydronephrosis. No solid / cystic lesions.
- LEFT KIDNEY:** Left kidney measures 10.2 x4.5 cm ,is normal in size & echotexture. No evidence of calculus/ hydronephrosis. No solid / cystic lesions.
- URETERS:** Bilateral ureters are not dilated.
- URINARY BLADDER:** Well distended. No wall thickening/ calculi,
- PROSTATE:** Normal in size and echotexture.

- No evidence of ascites/pleural effusion.

IMPRESSION:

- Grade I fatty liver.



DR.AKSHATHA R BHAT
MDRD DNB FRCR



Name	: MR. SURESH KUMAR R.	UHID	: 2511230040	Bill Date	: 25-Nov-2023 09:41 AM
Age / Gender	: 44 Years / Male			Sample Col. Date	: 25-Nov-2023 09:41 AM
Ref. By Dr.	: Dr. APOLO CLINIC			Result Date	: 25-Nov-2023 04:19 PM
Reg. No.	: 2511230040			Report Status	: Final
C/o	: Apollo Clinic				

Test Name	Result	Unit	Reference Value	Method
Complete Haemogram-Whole Blood EDTA				
Haemoglobin (HB)	15.80	g/dL	Male: 14.0-17.0 Female:12.0-15.0 Newborn:16.50 - 19.50	Spectrophotometer
Red Blood Cell (RBC)	5.46	million/cumm	3.50 - 5.50	Volumetric Impedance
Packed Cell Volume (PCV)	46.30	%	Male: 42.0-51.0 Female: 36.0-45.0	Electronic Pulse
Mean corpuscular volume (MCV)	84.90	fL	78.0- 94.0	Calculated
Mean corpuscular hemoglobin (MCH)	29.00	pg	27.50-32.20	Calculated
Mean corpuscular hemoglobin concentration (MCHC)	34.10	%	33.00-35.50	Calculated
Red Blood Cell Distribution Width SD (RDW-SD)	40.80	fL	40.0-55.0	Volumetric Impedance
Red Blood Cell Distribution CV (RDW-CV)	14.70	%	Male: 11.80-14.50 Female:12.20-16.10	Volumetric Impedance
Mean Platelet Volume (MPV)	9.00	fL	8.0-15.0	Volumetric Impedance
Platelet	2.16	lakh/cumm	1.50-4.50	Volumetric Impedance
Platelet Distribution Width (PDW)	12.30	%	8.30 - 56.60	Volumetric Impedance
White Blood cell Count (WBC)	4900.00	cells/cumm	Male: 4000.0-11000.0 Female 4000.0-11000.0 Children: 6000.0-17500.0 Infants : 9000.0-30000.0	Volumetric Impedance
Neutrophils	57.30	%	40.0-75.0	Light scattering/Manual
Lymphocytes	37.20	%	20.0-40.0	Light scattering/Manual
Eosinophils	1.90	%	0.0-8.0	Light scattering/Manual



Name	: MR. SURESH KUMAR R	UHID	: 2511230040	Bill Date	: 25-Nov-2023 09:41 AM
Age / Gender	: 44 Years / Male			Sample Col. Date	: 25-Nov-2023 09:41 AM
Ref. By Dr.	: Dr. APOLO CLINIC			Result Date	: 25-Nov-2023 04:19 PM
Reg. No.	: 2511230040			Report Status	: Final
C/o	: Apollo Clinic				

Test Name	Result	Unit	Reference Value	Method
Monocytes	3.50	%	0.0-10.0	Light scattering/Manual
Basophils	0.10	%	0.0-1.0	Light scattering/Manual
Absolute Neutrophil Count	2.81	10 ³ /uL	2.0- 7.0	Calculated
Absolute Lymphocyte Count	1.82	10 ³ /uL	1.0-3.0	Calculated
Absolute Monocyte Count	0.17	10 ³ /uL	0.20-1.00	Calculated
Absolute Eosinophil Count	90.00	cells/cumm	40-440	Calculated
Absolute Basophil Count	0.01	10 ³ /uL	0.0-0.10	Calculated
Erythrocyte Sedimentation Rate (ESR)	02	mm/hr	Female : 0.0-20.0 Male : 0.0-10.0	Westergren

Peripheral Smear Examination-Whole Blood EDTA

Method: (Microscopy-Manual)

- RBC'S : Normocytic Normochromic.
 WBC'S : Are normal in total number, morphology and distribution.
 Platelets : Are adequate; a few giant platelets are seen.
 No abnormal cells or hemoparasites are present.
- Impression : Normocytic Normochromic Blood picture.



Printed By : spectrum
 Printed On : 25 Nov, 2023 06:17 pm



Dr. Thejaswini M U, MD, Consultant Pathologist

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25 NOV 2023 06:17 PM



Name	: MR. SURESH KUMAR R	UHID	: 2511230040	Bill Date	: 25-Nov-2023 09:41 AM
Age / Gender	: 44 Years / Male			Sample Col. Date	: 25-Nov-2023 09:41 AM
Ref. By Dr.	: Dr. APOLO CLINIC			Result Date	: 25-Nov-2023 04:19 PM
Reg. No.	: 2511230040			Report Status	: Final
C/o	: Apollo Clinic				

Test Name	Result	Unit	Reference Value	Method
Blood Group & Rh Typing-Whole Blood EDTA				
Blood Group	O			Slide/Tube agglutination
Rh Type	Positive			Slide/Tube agglutination

Note: Confirm by tube or gel method.

Comments: ABO blood group system, the classification of human blood based on the inherited properties of red blood cells (erythrocytes) as determined by the presence or absence of the antigens A and B, which are carried on the surface of the red cells. Persons may thus have type A, type B, type O, or type AB blood.



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SCAN FOR LOCATION



Name : MR. SURESH KUMAR R	UHD : 2511230040	Bill Date : 25-Nov-2023 09:41 AM
Age / Gender : 44 Years / Male	 2511230040	Sample Col. Date : 25-Nov-2023 09:41 AM
Ref. By Dr. : Dr. APOLO CLINIC		Result Date : 25-Nov-2023 04:19 PM
Reg. No. : 2511230040		Report Status : Final
C/o : Apollo Clinic		

Test Name	Result	Unit	Reference Value	Method
Fasting Blood Sugar (FBS)-Plasma	74	mg/dL	60.0-110.0	Hexo Kinase

Comments: Glucose, also called dextrose, one of a group of carbohydrates known as simple sugars (monosaccharides). Glucose has the molecular formula $C_6H_{12}O_6$. It is found in fruits and honey and is the major free sugar circulating in the blood of higher animals. It is the source of energy in cell function, and the regulation of its metabolism is of great importance (fermentation; gluconeogenesis). Molecules of starch, the major energy-reserve carbohydrate of plants, consist of thousands of linear glucose units. Another major compound composed of glucose is cellulose, which is also linear. Dextrose is the molecule D-glucose. Blood sugar, or glucose, is the main sugar found in the blood. It comes from the food you eat, and it is body's main source of energy. The blood carries glucose to all of the body's cells to use for energy. Diabetes is a disease in which your blood sugar levels are too high. Usage: Glucose determinations are useful in the detection and management of Diabetes mellitus.

Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine & Microalbumin urine

Comments: Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying & brisk glucose absorption.

Probable causes : Early Type II Diabetes / Glucose intolerance, Drugs like Salicylates, Beta blockers, Pentamidine etc., Alcohol ,Dietary - Intake of excessive carbohydrates and foods with high glycemic index ? Exercise in between samples ? Family history of Diabetes, Idiopathic, Partial / Total Gastrectomy.

Post prandial Blood Glucose (PPBS)-Plasma	80	mg/dL	70-140	Hexo Kinase
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Comments: Glucose, also called dextrose, one of a group of carbohydrates known as simple sugars (monosaccharides). Glucose has the molecular formula $C_6H_{12}O_6$. It is found in fruits and honey and is the major free sugar circulating in the blood of higher animals. It is the source of energy in cell function, and the regulation of its metabolism is of great importance (fermentation; gluconeogenesis). Molecules of starch, the major energy-reserve carbohydrate of plants, consist of thousands of linear glucose units. Another major compound composed of glucose is cellulose, which is also linear. Dextrose is the molecule D-glucose. Blood sugar, or glucose, is the main sugar found in the blood. It comes from the food you eat, and it is body's main source of energy. The blood carries glucose to all of the body's cells to use for energy. Diabetes is a disease in which your blood sugar levels are too high. Usage: Glucose determinations are useful in the detection and management of Diabetes mellitus.

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Post Prandial Urine Sugar	Negative	Negative	Dipstick/Benedicts(Manual)
Fasting Urine Glucose-Urine	Negative	Negative	Dipstick/Benedicts (Manual)



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Reg. No.	: 2511230040			Report Status	: Final
C/o	: Apollo Clinic				

Test Name	Result	Unit	Reference Value	Method
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Name	: MR. SURESH KUMAR R	UHID	: 2511230040	Bill Date	: 25-Nov-2023 09:41 AM
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Test Name	Result	Unit	Reference Value	Method
Glycosylated Haemoglobin (HbA1c)-Whole Blood EDTA	4.50	%	Non diabetic adults : <5.7 At risk (Prediabetes) : 5.7 - 6.4 Diagnosing Diabetes \geq 6.5 Diabetes Excellent Control : 6-7 Fair to good Control : 7-8 Unsatisfactory Control : 8-10 Poor Control : >10	HPLC
Estimated Average Glucose(eAG)	82.45	mg/dL		Calculated

Note: 1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.

2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments: HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycaemic control as compared to blood and urinary glucose determinations.



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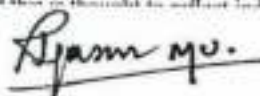
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Test Name	Result	Unit	Reference Value	Method
LFT-Liver Function Test -Serum				
Bilirubin Total-Serum	2.09	mg/dL	0.2-1.0	Caffeine Benzoate
Bilirubin Direct-Serum	0.34	mg/dL	0.0-0.2	Diazotised Sulphanilic Acid
Bilirubin Indirect-Serum	1.75	mg/dL	0.0-1.10	Direct Measure
Aspartate Aminotransferase (AST/SGOT)-Serum	22.00	U/L	15.0-37.0	UV with Pyridoxal - 5 - Phosphate
Alanine Aminotransferase (ALT/SGPT)-Serum	19.00	U/L	Male:16.0-63.0 Female:14.0-59.0	UV with Pyridoxal - 5 - Phosphate
Alkaline Phosphatase (ALP)-Serum	88.00	U/L	Adult: 45.0-117.0 Children: 48.0-445.0 Infants: 81.90-350.30	PNPP,AMP-Buffer
Protein, Total-Serum	6.89	g/dL	6.40-8.20	Biuret/Endpoint-With Blank
Albumin-Serum	4.54	g/dL	3.40-5.00	Bromocresol Purple
Globulin-Serum	2.35	g/dL	2.0-3.50	Calculated
Albumin/Globulin Ratio-Serum	1.93	Ratio	0.80-1.20	Calculated
Gamma-Glutamyl Transferase (GGT)-Serum	73.00	U/L	Male: 15.0-85.0 Female: 5.0-55.0	Other g-Glut-3-carboxy-4 nitro

Comments: Gamma-glutamyltransferase (GGT) is primarily present in kidney, liver, and pancreatic cells. Small amounts are present in other tissues. Even though renal tissue has the highest level of GGT, the enzyme present in the serum appears to originate primarily from the hepatobiliary system, and GGT activity is elevated in any and all forms of liver disease. It is highest in cases of intra- or posthepatic biliary obstruction, reaching levels some 5 to 30 times normal. GGT is more sensitive than alkaline phosphatase (ALP), leucine aminopeptidase, aspartate transaminase, and alanine aminotransferase in detecting obstructive jaundice, cholangitis, and cholecystitis; its rise occurs earlier than with these other enzymes and persists longer. Only modest elevations (2-5 times normal) occur in infectious hepatitis, and in this condition, GGT determinations are less useful diagnostically than are measurements of the transaminases. High elevations of GGT are also observed in patients with either primary or secondary (metastatic) neoplasms. Elevated levels of GGT are noted not only in the sera of patients with alcoholic cirrhosis but also in the majority of sera from persons who are heavy drinkers. Studies have emphasized the value of serum GGT levels in detecting alcohol-induced liver disease. Elevated serum values are also seen in patients receiving drugs such as phenytoin and phenobarbital, and this is thought to reflect induction of new enzyme activity.




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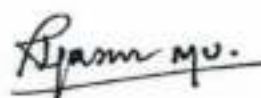
Test Name	Result	Unit	Reference Value	Method
Lipid Profile-Serum				
Cholesterol Total-Serum	228.00	mg/dL	Male: 0.0 - 200	Cholesterol Oxidase/Peroxidase
Triglycerides-Serum	88.00	mg/dL	Male: 0.0 - 150	Lipase/Glycerol Dehydrogenase
High-density lipoprotein (HDL) Cholesterol-Serum	45.00	mg/dL	Male: 40.0 - 60.0	Accelerator/Selective Detergent
Non-HDL cholesterol-Serum	183	mg/dL	Male: 0.0 - 130	Calculated
Low-density lipoprotein (LDL) Cholesterol-Serum	155.00	mg/dL	Male: 0.0 - 100.0	Cholesterol esterase and cholesterol oxidase
Very-low-density lipoprotein (VLDL) cholesterol-Serum	18	mg/dL	Male: 0.0 - 40	Calculated
Cholesterol/HDL Ratio-Serum	5.07	Ratio	Male: 0.0 - 5.0	Calculated

Interpretation:

Parameter	Desirable	Borderline High	High	Very High
Total Cholesterol	<200	200-239	>240	
Triglycerides	<150	150-199	200-499	>500
Non-HDL cholesterol	<130	160-189	190-219	>220
Low-density lipoprotein (LDL) Cholesterol	<100	100-129	160-189	>190

Comments: As per Lipid Association of India (LAI), for routine screening, overnight fasting preferred but not mandatory. Indians are at very high risk of developing Atherosclerotic Cardiovascular (ASCVD). Among the various risk factors for ASCVD such as dyslipidemia, Diabetes Mellitus, sedentary lifestyle, Hypertension, smoking etc., dyslipidemia has the highest population attributable risk for MI both because of direct association with disease pathogenesis and very high prevalence in Indian population. Hence monitoring lipid profile regularly for effective management of dyslipidemia remains one of the most important healthcare targets for prevention of ASCVD. In addition, estimation of ASCVD risk is an essential, initial step in the management of individuals requiring primary prevention of ASCVD. In the context of lipid management, such a risk estimate forms the basis for several key therapeutic decisions, such as the need for and aggressiveness of statin therapy.


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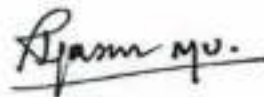


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Test Name	Result	Unit	Reference Value	Method
KFT (Kidney Function Test) :				
Blood Urea Nitrogen (BUN)-Serum	15.00	mg/dL	7.0-18.0	GLDH,Kinetic Assay
Creatinine-Serum	1.23	mg/dL	Male: 0.70-1.30 Female: 0.55-1.02	Modified kinetic Jaffe
Uric Acid-Serum	6.79	mg/dL	Male: 3.50-7.20 Female: 2.60-6.00	Uricase PAP
Sodium (Na ⁺)-Serum	141.5	mmol/L	135.0-145.0	Ion-Selective Electrodes (ISE)
Potassium (K ⁺)-Serum	4.45	mmol/L	3.5 to 5.5	Ion-Selective Electrodes (ISE)
Chloride(Cl ⁻)-Serum	102.70	mmol/L	94.0-110.0	Ion-Selective Electrodes (ISE)




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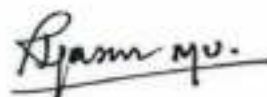
Test Name	Result	Unit	Reference Value	Method
Calcium,Total- Serum	9.60	mg/dL	8.50-10.10	Spectrophotometry (O-Cresolphthalein complexone)
Prostate-Specific Antigen(PSA)-1.00 Serum		ng/mL	0.0-4.0	CLIA

Note: 1. This is a recommended test for detection of prostate cancer along with Digital Rectal Examination (DRE) in males above 50 years of age.
 2. False negative / positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy.
 3. PSA levels may appear consistently elevated / depressed due to the interference by heterophilic antibodies & nonspecific protein binding.
 4. Immediate PSA testing following digital rectal examination, ejaculation, prostatic massage, indwelling catheterization, ultrasonography and needle biopsy of prostate is not recommended as they falsely elevate levels
 5. PSA values regardless of levels should not be interpreted as absolute evidence of the presence or absence of disease. All values should be correlated with clinical findings and results of other investigations
 6. Sites of Non-prostatic PSA production are breast epithelium, salivary glands, periurethral & anal glands, cells of male urethra & breast milk
 7. Physiological decrease in PSA level by 18% has been observed in hospitalized /sedentary patients either due to supine position or suspended sexual activity.
 Recommended Testing Intervals: Pre-operatively (Baseline), 2-4 days post-operatively,Prior to discharge from hospital,Monthly followup if levels are high or show a rising trend.

Clinical Use: -An aid in the early detection of Prostate cancer when used in conjunction with Digital rectal examination in males more than 50 years of age and in those with two or more affected first degree relatives.
 -Followup and management of Prostate cancer patients
 -Detect metastatic or persistent disease in patients following surgical or medical treatment of Prostate cancer.
 Increased Levels : Prostate cancer,Benign Prostatic Hyperplasia,Prostatitis,Genitourinary infections.



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Test Name	Result	Unit	Reference Value	Method
Thyroid function tests (TFT)- Serum				
Tri-Iodo Thyronine (T3)-Serum	0.81	ng/mL	Male: 0.60 - 1.81	Chemiluminescence Immunoassay (CLIA)
Thyroxine (T4)-Serum	7.9	µg/dL	Male: 5.50 - 12.10	Chemiluminescence Immunoassay (CLIA)
Thyroid Stimulating Hormone (TSH)-Serum	2.11	µIU/mL	Male: 0.35 - 5.50	Chemiluminescence Immunoassay (CLIA)

Comments: Triiodothyronine (T3) assay is a useful test for hyperthyroidism in patients with low TSH and normal T4 levels. It is also used for the diagnosis of T3 toxicosis. It is not a reliable marker for Hypothyroidism. This test is not recommended for general screening of the population without a clinical suspicion of hyperthyroidism.

Reference range: Cord: (37 Weeks): 0.5-1.41, Children: 1-3 Days: 1.0-7.40, 1-11 Months: 1.05-2.45, 1-5 Years: 1.05-2.69, 6-10 Years: 0.94-2.41, 11-15 Years: 0.82-2.13, Adolescents (16-20 Years): 0.80-2.10

Reference range: Adults: 20-50 Years: 0.70-2.04, 50-90 Years: 0.40-1.81,

Reference range in Pregnancy: First Trimester : 0.81-1.90, Second Trimester : 1.0-2.60

Increased Levels: Pregnancy, Graves disease, T3 thyrotoxicosis, TSH dependent Hyperthyroidism, increased Thyroid-binding globulin (TBG).

Decreased Levels: Nonthyroidal illness, hypothyroidism, nutritional deficiency, systemic illness, decreased Thyroid-binding globulin (TBG).

Comments: Total T4 levels offer a good index of thyroid function when TBG is normal and non-thyroidal illness is not present. This assay is useful for monitoring treatment with synthetic hormones (synthetic T3 will cause low total T4). It also helps to monitor treatment of Hyperthyroidism with Thiouracil or other anti-thyroid drugs.

Reference Range: Males : 4.6-10.5, Females : 5.5-11.0, > 60 Years: 5.0-10.70, Cord : 7.40-13.10, Children: 1-3 Days : 11.80-22.60, 1-2 Weeks : 9.90-16.60, 1-4 Months: 7.20-14.40, 1-5 Years : 7.30-15.0, 5-10 Years: 6.4-13.3

1-15 Years: 5.60-11.70, Newborn Screen: 1-5 Days: >7.5, 6 Days : >6.5

Increased Levels: Hyperthyroidism, increased TBG, familial dysalbuminemic hyperthyroxinemia, increased transthyretin, estrogen therapy, pregnancy.

Decreased Levels: Primary hypothyroidism, pituitary TSH deficiency, hypothalamic TRH deficiency, non thyroidal illness, decreased TBG.

Comments: TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH is a labile hormone & is secreted in a pulsatile manner throughout the day and is subject to several non-thyroidal pituitary influences. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, caloric intake, medication & circulating antibodies. It is important to confirm any TSH abnormality in a fresh specimen drawn after ~ 3 weeks before assigning a diagnosis, as the cause of an isolated TSH abnormality.

Reference range in Pregnancy: I - trimester: 0.1-2.5; II - trimester: 0.2-3.0; III - trimester: 0.3-3.0

Reference range in Newborns: 0-4 days: 1.0-39.0; 2-20 Weeks: 1.7-9.1

Increased Levels: Primary hypothyroidism, Subclinical hypothyroidism, TSH dependent Hyperthyroidism and Thyroid hormone resistance.

Decreased Levels: Graves disease, Autonomous thyroid hormone secretion, TSH deficiency.



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2D BAR LOCATOR



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Test Name	Result	Unit	Reference Value	Method
Urine Routine Examination-Urine				
Physical Examination				
Colour	Pale Yellow		Pale Yellow	Visual
Appearance	Clear		Clear	Visual
Reaction (pH)	5.5		5.0-7.5	Dipstick
Specific Gravity	1.025		1.000-1.030	Dipstick
Biochemical Examination				
Albumin	Negative		Negative	Dipstick/Precipitation
Glucose	Negative		Negative	Dipstick/Benedicts
Bilirubin	Negative		Negative	Dipstick/Fouchets
Ketone Bodies	Negative		Negative	Dipstick/Rotheras
Urobilinogen	Normal		Normal	Dipstick/Ehrlichs
Nitrite	Negative		Negative	Dipstick
Microscopic Examination				
Pus Cells	2-3	hpf	0.0-5.0	Microscopy
Epithelial Cells	1-2	hpf	0.0-10.0	Microscopy
RBCs	Absent	hpf	Absent	Microscopy
Casts	Absent		Absent	Microscopy
Crystals	Absent		Absent	Microscopy
Others	Absent		Absent	Microscopy

Comments: The kidneys help infiltration of the blood by eliminating waste out of the body through urine. They also regulate water in the body by conserving electrolytes, proteins, and other compounds. But due to some conditions and abnormalities in kidney function, the urine may encompass some abnormal constituents, which are not normally present. A complete urine examination helps in detecting such abnormal constituents in urine. Several disorders can be detected by identifying and measuring the levels of such substances. Blood cells, bilirubin, bacteria, pus cells, epithelial cells may be present in urine due to kidney disease or infection. Routine urine examination helps to diagnose kidney diseases, urinary tract infections, diabetes and other metabolic disorders.



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