



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342008

Tel. : 0291-2752601, Fax : 2752603

E-mail : hospitalloksewa@gmail.com

Fitness Certificate

It is certified that Miss Shahnaj examined by me and was found medically, Physically and Mentally FIT.

Height : 162 cm.
Weight : 59 Kgs.
Chest :
Inspiration : 93 cm.
Expiration : 89 cm.
B.P. : 120/80 mmHg
Heart : NAD
Lungs : NAD
Dental : Good Healthy
Diet :
Hernia, Hydrocele, Piles etc : No
BMI :
Eye Vision : Rt. 6/6 Normal
Lt. 6/6 Normal
Hearing : Normal
Speech : Normal

Dated : 14/09/2024

N. P. Mathur
Dr. N. P. MATHUR
(Dr. N.P. Mathur)
M.B.B.S. F.I.C.A.
M.B.B.S. PICA
RMC - 11238
JODHPUR-09

Feedback – Pre Policy Life Insurance Medical Checks

This is to confirm & certify that I have gone through the medical examination through Medical Center LSH situated at _____ / Home Visit on DD/MM/YYYY to complete the requisite medical formalities towards my application for life insurance from BDB Insurance Company vide Proposal Form bearing no _____ dated

I do confirm specifically that the following medical activities have been performed for me:

- | | | |
|--|------------------------------|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection | | |
| a. Blood | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG) | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT) | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 5. Others _____ | | |

I have furnished my ID Proof VID bearing ID No. _____ at the time of my medical.

Feedback Form

• **Behavior and cooperation of staff**

Reception/ Clinic/ Hospital Good Average Poor

Technician/ Doctors Good Average Poor

• **Time Management** Good Average Poor

• **Upkeep of hospital** Good Average Poor

• **Technology & Skills** Good Average Poor

• **Please remark if the medical check procedure was satisfactory** Yes No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

• **If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions**

.....

<p style="font-size: 1.2em; font-weight: bold; margin: 0;"><u>Shahnaj</u></p> <p>Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <p style="margin-top: 10px;"><u>[Signature]</u></p> <p>Name of the Life to be Insured with date (Proposer (In case of Life insured being minor))</p>	<p style="text-align: center; font-size: 1.2em; font-weight: bold; margin: 0;"><u>[Signature]</u></p> <p style="text-align: center; font-weight: bold; margin: 0;">Dr. N. P. MATHUR M. B., B.S., F.I.C.A RMC-11238</p> <p>Name of Visiting/Attending Doctor <u>Dr. N. P. Mathur</u></p> <p>MC Registration No: <u>RMC 11238</u></p> <p>Doctor Stamp with date <u>14.9.24</u></p>
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भारत सरकार
GOVERNMENT OF INDIA



शहनाज
Shahnaj
जन्म तिथि/ DOB: 17/03/1997
महिला / FEMALE



3007 4522 0527

आधार-आम आदमी का अधिकार

Shahnaj

Dr. N. P. MATHUR
M. B., B.S., F.I.C.A
RMC-11238
Lok Sewa Hospital & M. R.C.
JODHPUR-09

Shahnaj

Aadhaar-Aam Admi ka Adhikar

3007 4522 0527

पता:
D/O: अर्जुन बहाल, 284,
बॉर्डर एन-14, हिली बस्ती,
हनुमानगढ़, हनुमानगढ़,
राजस्थान - 335512
Address:
D/O: Abdul Wahab, 284, ward n-14,
Hillon colony, Hanumanagarh,
Hanumanagarh,
Rajasthan - 335512

भारतीय विश्वविद्यालय
UNIQUE IDENTIFICATION AUTHORITY OF INDIA





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Tel. : 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

NAME :- Shahnaj

AGE : 27 FEMALE

DATE :- 14.09.2024


CONS.DR.: - N.P.Mathur

PART OF X-RAY: - CHEST P.A.

X-RAY CHEST (P.A. VIEW)

- Trachea is centrally placed.
- Cardiac shadow is within normal limit.
- Both lung fields are clear.
- Both C. P. angles are clear.
- Soft tissue shadow and bony cage are normal.
- No B. V. marking present in both lung fields.

Impression: - Normal Study.


(RADIOLOGIST)



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Pt Name : Mrs Shahnaj
Ref By. : Dr. N.P.Mathur
Serial No : 37985

Age : 27 Yrs.
Sex : Female
Date : 14/09/2024

HAEMOGRAM COMPLETE

TEST	RESULT	NORMAL VALUE
W.B.C (WHITE BLOOD CELL COUNT)	8,100	4000 - 11000 /CUMM
DLC (DIFFERENTIAL LEUCOCYTE COUNT)		
NEUTROPHILS	66	40 - 70 %
LYMPHOCYTES	29	20 - 40 %
EOSINOPHILS	02	00 - 06 %
MONOCYTES	03	00 - 10 %
BASOPHILS	00	1 %
HB (HEMOGLOBIN)	8.8	12-16 GM%
PLATELET COUNT	2.76	1.5 - 4.5 LACS/CUMM
R.B.C (RED BLOOD CELL COUNT)	4.30	3.5-5.5 MILL./CUMM
H.C.T. (HEMATOCRIT)	31.1	34-48 %
M.C.V(MEAN CORPUSCULAR VOLUME)	72.33	80 - 100fl
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	20.47	27 - 32pg
MCHC (MEAN CORP.Hb CONCENTRATION)	28.30	32-36g/dl
ERYTHROCYTE SEDIMENTATION RATE	38	02-20 MM FALL 1ST HOUR.

THANKS FOR REFERING CASE.

[TECHNICIAN]

DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]



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Age : 27 Yrs.
Sex : Female
Date : 14/09/2024

BIO - CHEMISTRY EXAMINATION REPORT

Test	Result	Normal Value
BLOOD SUGAR - (F)	: 78.0	70-110 mg/dl
BLOOD SUGAR - (PP)	: 112.0	<140 mg/dl
BLOOD UREA	: 16.0	12-50 mg/dl
S.CREATININE	: 0.84	0.6-1.60 mg/dl
S.URIC ACID	: 2.80	2.6-6.0 mg/dl
S.CHOLESTEROL	: 158.0	130-250 mg/dl
S.TRIGLYCERIDES.	: 103.0	60-170 mg.dl
S.HDL CHOLESTEROL [DIRECT]	: 36.0	35-65 mg/dl
S.LDL CHOLESTEROL [DIRECT]	: 102.0	65-160 mg/dl
S.VLDL CHOLESTEROL	: 20.00	up to 35 mg/dl
CHOLESTEROL\HDL RATIO	: 4.39 :1	LESS THEN 4.5
LDL\HDL RATIO	: 2.83 :1	1.5 - 3.5
S.BILIRUBIN TOTAL	: 0.57	0-1.2 mg/dl
S.BILIRUBIN DIRECT	: 0.23	0-0.4 mg/dl
S.BILIRUBIN INDIRECT	: 0.34	0-0.9 mg/dl
S.GOT	: 14.0	0-40 U/L
S.GPT	: 16.0	0-40 U/L
S.ALKALINE PHOSPHATASE	: 180.0	65-306 (adult) 37 c IU/L
S.TOTAL PROTEIN	: 7.8	6-8 gm/dl
S.ALBUMIN	: 3.8	3.7-5.3 gm/dl
S.GLOBULIN	: 4.00	2.5-3.5 gm/dl
S.A/G RATIO	: 0.95 :1	1-2.3

LIVER FUNCTION TEST

S.G.G.T 28.0 4-54 IU/L

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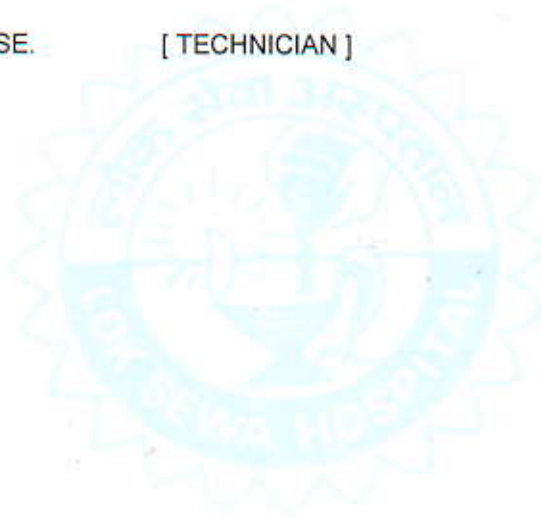
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HAEMATOLOGY EXAMINATION REPORT

BLOOD GROUP (ABO) "O"
(RH) POSITIVE

THANKS FOR REFERING CASE. [TECHNICIAN]


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Serial No : 37985

Age : 27 Yrs.
Sex : Female
Date : 14/09/2024

HbA1C EXAMINATION REPORT

TEST	RESULT
HbA1C	5.1 %
eAG	000.0 mg/dl

NORMAL REFERENCE VALUE

NORMAL	:- 4.8 %	- 5.9 %
PREDIABETIC	:- 6.0 %	- 6.4 %
GOOD CONTROL	:- 6.5 %	- 7.2 %
FAIR CONTROL	:- 7.3 %	- 7.8 %
POOR CONTROL	:- > 7.9 %	

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Pt Name : Mrs Shahnaj
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Serial No : 37985

Age : 27 Yrs.
Sex : Female
Date : 14/09/2024

THYROID Function Test

Methodology & Other Information

Method : Chemiluminescence
Type of Specimen : Serum

Investigation	Result	Biological Reference
T3	1.97 ng/ml	0.5-2.0 ng/ml
T4	8.30 ug/dl	4.4-11.5 ug/dl
TSH	9.08 uIU/ml	0.35 - 5.50 uIU/ml

Biological reference ranges:

Children:	Pregnancy
1-2 days 3.20-34.6 uIU/ml	1 st Trimester : 0.30 -- 4.50
3-4 days 0.70-15.4 uIU/ml	2 nd Trimester : 0.50 -- 4.60
15 days-5month 1.70-9.10 uIU/ml	3 rd Trimester : 0.60 -- 5.20
6 months-20 years 0.70-6.40 uIU/ml	

Clinical Information:

Primary malfunction of the thyroid gland may result in excessive(hyper)or low (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity. Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 or T4 in the Blood, in Primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary Hypothyroidism, TSH levels may be low. In addition, in Euthyroid sick Syndrom, Multiple alterations in serum thyroid function test findings have been recognized.

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Age : 27 Yrs.
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Date : 14/09/2024

PAP SMEAR EXAMINATION

SMAEAR STAIN : TWO SMEAR

MICROSCOPIC EXAMINATION :

Increased Neutrophils seen in superficial and intermediate layers increased Kerotisation seen in Superficial No Evidence of Dysplasia seen.


IMPRESSION :

No Evidence of malignancy is seen. Chronic Cervicitis

IMPRESSION :

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Ref By. : Dr. N.P.Mathur
Serial No : 37985

Age : 27 Yrs.
Sex : Female
Date : 14/09/2024

URINE EXAMINATION REPORT

Test	Result (s)
PHYSICAL	
COLOUR	PALE
APPEARANCE	CLEAR
CHEMICAL	
REACTION pH	6.0
SPECIFIC GRAVITY	1.020
ALBUMIN	NIL
SUGAR - (F)	NIL
MICROSCOPIC	
PUS CELLS	0-2 /HPF
RED BLOOD CELLS	NIL
EPITHELIAL CELLS	0-2 /HPF
CASTS	Nil
CRYSTALS	Nil
BACTERIA	Nil

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Name : Mrs Shahnaj
Ref. by : Dr. N.Mathur

Date : 14.09.2024
Age : 27/F

SONOGRAPHY ABDOMIN & PELVIS

LIVER –

LIVER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL DESTRUCTION OR MASS IS PRESENT. NO I.H.B.D. DILATATION IS PRESENT. PORTAL AND HEPATIC VEINS ARE NORMAL. DIAPHRAGM SHOW NORMAL MOVMENTS.

GALL BLADDER –

GALL BLADDER IS NORMAL IN SHAPE AND SIZE WITH NORMAL IN ECHOTEXTURE. NO FOCAL MASS IS PRESENT. C.B.D. IS NOT DILATED.

PANCREAS –

PANCREAS IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.

KIDNEYS –

RT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFERENTIATION IS GOOD. NO STONE/MASS OR CALYCEAL DILATATION IS SEEN.

LT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL IN ECHOTEXTURE. CORTICOMEDULLARY DIFFERENTIATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.

SPLEEN –

SPLEEN IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN..

NODES –

NO PARA AORTIC NODAL ENLARGEMENT IS SEEN.
FREE FLUID IS PRESENT IN ABDOMEN AND PELVIS.



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URINARY BLADDER –

URINARY BLADDER IS WELL DISTENDED.
NO STONE OR MASS IS PRESENT. WALL THICKNESS IS
NORMAL.

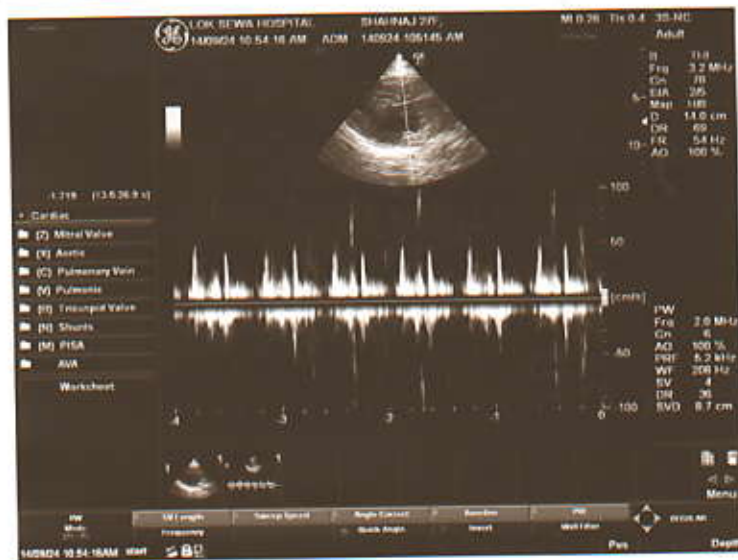
UTERUS & ADENEXA –

UTERUS IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE.
ENDOMETRIUM CANAL IS NORMAL IN THICKNESS.

IMPRESSION -

- ABDOMEN & PELVIS IS NORMAL.


SONOLOGIST





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Name: **Shahnaj**
Cons. Dr :N.MATHUR

Age 27 Female
Date: 14.09.2024

Echocardiography & Color Doppler Observation on M Mode and 2 D Echocardiography

	ED	ES		mm.
IVS (mm)	10	-	Aorta Root Diameter	29
LVID (mm)	48	31	LA Diameter	32
LVPWD	10	-	AV cusp sep.	21
LV Vol (ml)	-	-	LA / Ao	-
EF= 70 %			Fract Shortening(FS)	40.00%

Right Atrium :

Right Ventricle :

2 - D Study of Left and Right ventricle :

Both Ventricles are of normal Dimensions.

No regional wall motion abnormality seen.

2 D EF = 60 %

No e / o pericardial effusion seen.

Pulmonary Artery Pressure :

RAP + Trans TR PG = < 25 mm Hg



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Doppler Study Continuous and Pulse wave Doppler

Valve	Peak Velocity m m/ Sec.	Max P.G. mm Hg	Regurgitation	Appearance
Mitral	90	3.2	No	Normal Thickness
Aortic	112	4.9	No	Normal Thickness
Tricuspid	46	2.4	No	Normal Thickness
Pulmonary	76	4.1	No	Normal Thickness

No e / o Intra or extra cardiac shunt noted.

IMPRESSION :

No RWMA at rest.

Normal biventricular contractility.

Normal LV systolic and diastolic function. 2D EF = 60 %

Intact septae.

No e / o PHT

No mass; clot or pericardial disease

Signature

DR. NAMIT MATHUR
M.B., B.S., D.N.B., P.G.D.G.M., CCEBDM
PHYSICIAN & CARDIOLOGIST



LOK SEWA HOSPITAL & Medical Research Centre

SECTOR - B, KAMLA NEHRU NAGAR EXTN.-I,
JODHPUR - 342 009

Phone : 2752601
Fax : 2752603

ELECTROCARDIOGRAM

Shri/Smt. Shahnaj _____
Age 27 Sex F Const. Dr. _____
O.P.D./Bed No. _____ Dated 14/09/2024

E.C.G. REPORT

1. Rate
2. Rhythm
3. Mechanism
4. Extrasystoles
5. P. Wave
6. PR-interval
7. QRS Complex
8. ST Segment
9. T. Waves
10. Others
11. Remarks

TANU
Mishra

Dr. N. P. MATHUR

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RMC-11238

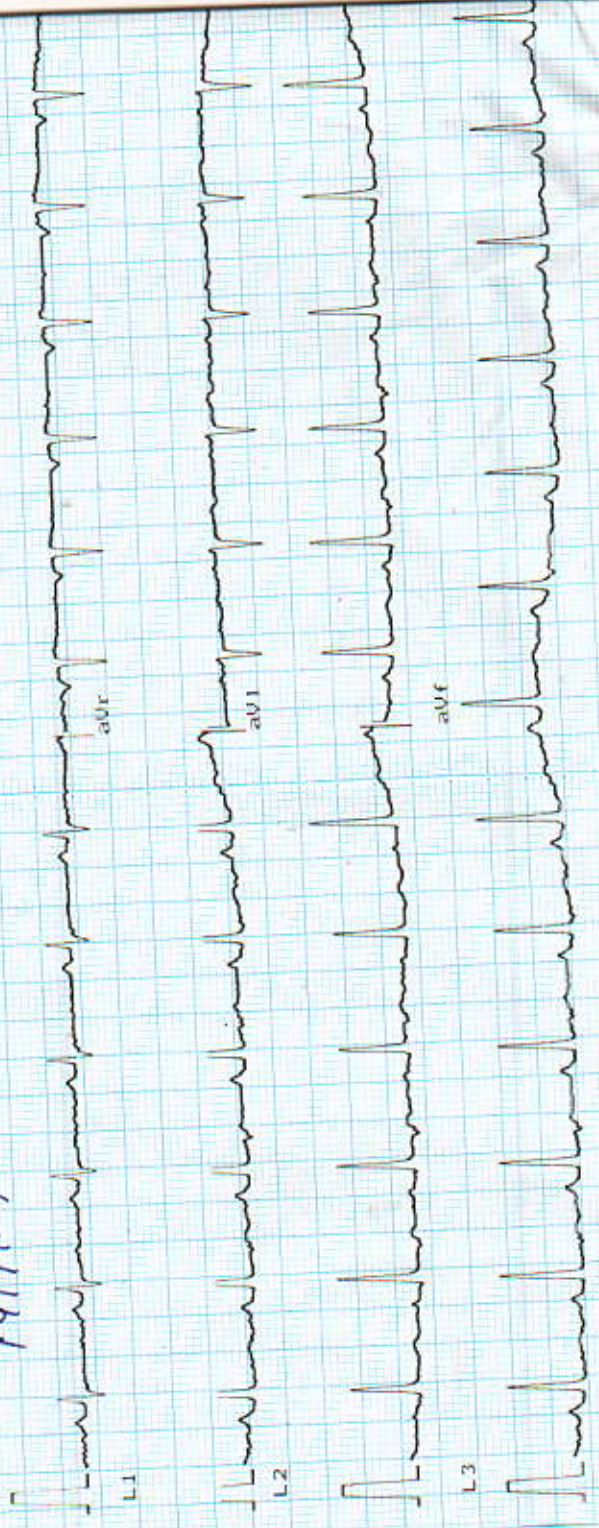
Lok Sewa Hospital, & M. R.C
JODHPUR-09

(DR. _____)

Shahnoj

Shahnoj

Name: _____
yrs _____ cm _____ Kg _____ BP _____
14/9/24



L2 10mm/mV Time: _____
Ver 1.6 25mm/sec Date: _____

Heart Rate : 95 bpm

INTERVAL (ms)

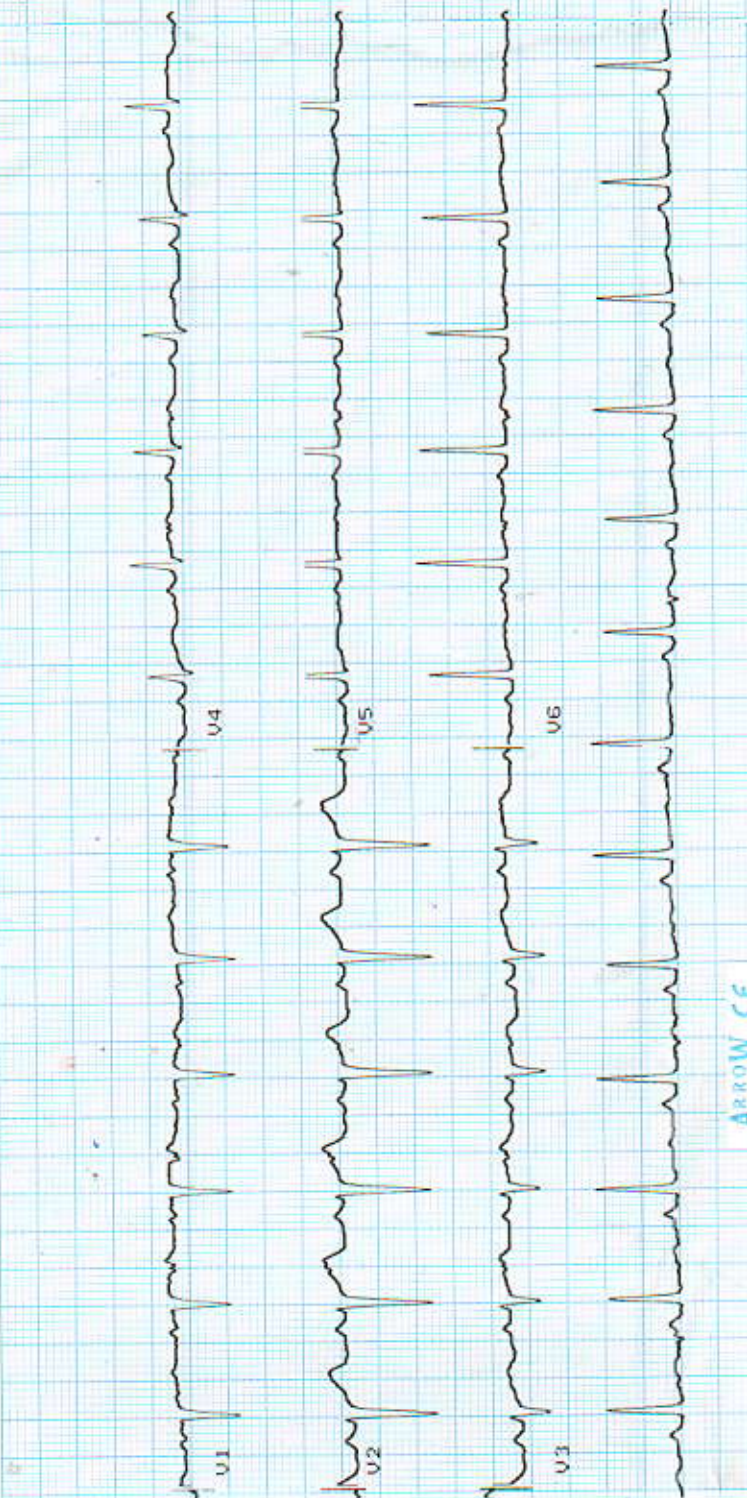
PR:160 QRS: 50

QT:432 QTc:551

AXIS(deg)

P : 42 QRS: 84

T : 85



Arrow CE