



Patient Name : Mrs.NAINSY KESWANI

 Age/Gender
 : 32 Y 2 M 8 D/F

 UHID/MR No
 : CJPN.0000089961

 Visit ID
 : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM
Received : 09/Dec/2023 12:21PM
Reported : 09/Dec/2023 02:54PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BOD	Y HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

HAEMOGLOBIN	10.7	g/dL	12-15	Spectrophotometer
PCV	33.60	%	36-46	Electronic pulse & Calculation
RBC COUNT	5.34	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	63	fL	83-101	Calculated
MCH	20	pg	27-32	Calculated
MCHC	31.8	g/dL	31.5-34.5	Calculated
R.D.W	17.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,310	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)			
NEUTROPHILS	58.8	%	40-80	Electrical Impedance
LYMPHOCYTES	29.1	%	20-40	Electrical Impedance
EOSINOPHILS	4.1	%	1-6	Electrical Impedance
MONOCYTES	7.3	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4298.28	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2127.21	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	299.71	Cells/cu.mm	20-500	Calculated
MONOCYTES	533.63	Cells/cu.mm	200-1000	Calculated
BASOPHILS	51.17	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	314000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm at the end of 1 hour	0-20	Modified Westegren method

RBCs: Show moderate anisopoikilocytosis with Microcytic hypochromic RBCs. Pencil cells, tear drop cells and target cells seen.

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

HEMOPARASITES: negative

IMPRESSION: MICROCYTIC HYPOCHROMIC ANEMIA Note: Kindly evaluate for iron deficiency status.

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Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

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SIN No:BED230303876

 $NABL\ renewal\ accreditation\ under\ process$

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, WANGALORE

Address: 131/1991;21, Doddathaspur willige, Hereladd Male: Road, Marenadd Nagor, Shethmetr city, Bengallera, Karnatako: 160014







: Mrs.NAINSY KESWANI

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: 32 Y 2 M 8 D/F

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D- 0515

: 285059

Collected

: 09/Dec/2023 09:19AM

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: 09/Dec/2023 12:21PM

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA						
BLOOD GROUP TYPE	A	Microplate Hemagglutination				
Rh TYPE	Positive	Microplate Hemagglutination				

Page 3 of 16



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THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, BANGALORE

Authoric: U3/3/00/128, Doddathangur Williage, Hereladel Main: Road, Morrisale Nagur, Electronic city, Rengaluna, Earnataba 160014







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Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059

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: 09/Dec/2023 09:19AM

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: 09/Dec/2023 01:28PM

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: 09/Dec/2023 02:01PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 **Test Name** Result Unit Bio. Ref. Range Method

GLUCOSE, FASTING , NAF PLASMA	78	ma/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

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SIN No:PLF02068209 NABL renewal accreditation under process

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED- RIS, BANGALORE





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Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 | Collected : 09/Dec/2023 09:19AM | Received : 09/Dec/2023 12:51PM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY	Y HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2	72	mg/dL	70-140	HEXOKINASE
HR)				

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	97	mg/dL	Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

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THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED- RIS. BANGALORE

331/300/324, Doddathunger Wilage, Meelaki Main Ros Meelaki Nagur, Electronic sity, Bengalana, Nagur, Secondary







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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

: 285059

Result

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 $5.\ In\ cases\ of\ Interference\ of\ Hemoglobin\ variants\ in\ HbA1C, alternative\ methods\ (Fructosamine)\ estimation\ is\ recommended\ for\ Glycemic\ Control$

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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SIN No:PLP1395197,EDT230111790
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THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, BANGALORE





Patient Name : Mrs.NAINSY KESWANI

Age/Gender : 32 Y 2 M 8 D/F
UHID/MR No : CJPN.0000089961
Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM
Received : 09/Dec/2023 12:26PM
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Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	161	mg/dL	<200	CHO-POD
TRIGLYCERIDES	87	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	45	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	116	mg/dL	<130	Calculated
LDL CHOLESTEROL	98.6	mg/dL	<100	Calculated
VLDL CHOLESTEROL	17.4	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.58		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
III .DI .	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
INON-HDI CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- **4.** Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- **5.** As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.

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SIN No:SE04564338

NABL renewal accreditation under process

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, BANGALORE





Patient Name : Mrs.NAINSY KESWANI

Age/Gender : 32 Y 2 M 8 D/F UHID/MR No : CJPN.0000089961 Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM Received : 09/Dec/2023 12:26PM

Reported : 09/Dec/2023 01:10PM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

Status

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324							
Test Name	Result	Unit	Bio. Ref. Range	Method			

LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.83	mg/dL	0.3–1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.16	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.67	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	10	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	14.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	47.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.01	g/dL	6.6-8.3	Biuret
ALBUMIN	4.13	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.88	g/dL	2.0-3.5	Calculated
A/G RATIO	1.43		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- · Disproportionate increase in AST, ALT compared with ALP.
- · Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- · Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.

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121/106/121. Doeldathanger village, Newtoki h

adri Nagor, Electro Asha, 190014





: Mrs.NAINSY KESWANI

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Range

Method

Page 9 of 16



SIN No:SE04564338

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THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, WANGALORE

Address: Uniy305/121, Decidathyngur wWage, Merisahi Musi-Road, Merisahi Nagar, Klectenete city, Mengalans, Karustako 160014







: Mrs.NAINSY KESWANI

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: 32 Y 2 M 8 D/F

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Sponsor Name : AR

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM						
CREATININE	0.37	mg/dL	0.72 – 1.18	JAFFE METHOD		
UREA	10.80	mg/dL	17-43	GLDH, Kinetic Assay		
BLOOD UREA NITROGEN	5.0	mg/dL	8.0 - 23.0	Calculated		
URIC ACID	2.67	mg/dL	2.6-6.0	Uricase PAP		
CALCIUM	8.70	mg/dL	8.8-10.6	Arsenazo III		
PHOSPHORUS, INORGANIC	3.62	mg/dL	2.5-4.5	Phosphomolybdate Complex		
SODIUM	138	mmol/L	136–146	ISE (Indirect)		
POTASSIUM	3.5	mmol/L	3.5–5.1	ISE (Indirect)		
CHLORIDE	107	mmol/L	101–109	ISE (Indirect)		

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SIN No:SE04564338

NABL renewal accreditation under process

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, WANGALORE

231/390/331, Doddałkongor Village, Nordaki Misie Road, Morisaki Nagor, Electronic city, Rengalora, Kornatako 160014







: Mrs.NAINSY KESWANI

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

rest Name Method	Test Name	Result	Unit	Bio. Ref. Range	Method
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GAMMA GLUTAMYL TRANSPEPTIDASE	7.00	U/L	<38	IFCC
(GGT), SERUM				

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THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, BANGALORE

521/205/321, Enddathosgur Village, Moréadil Milais Ro Morkadil Nagar, Electronic city, Bengalans, Karnatako: 160014







Patient Name : Mrs.NAINSY KESWANI

Age/Gender : 32 Y 2 M 8 D/F UHID/MR No : CJPN.0000089961 Visit ID

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Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059

Collected : 09/Dec/2023 09:19AM Received : 09/Dec/2023 12:29PM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM						
TRI-IODOTHYRONINE (T3, TOTAL)	0.94	ng/mL	0.7-2.04	CLIA		
THYROXINE (T4, TOTAL)	8.34	μg/dL	5.48-14.28	CLIA		
THYROID STIMULATING HORMONE (TSH)	4.460	μIU/mL	0.34-5.60	CLIA		

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 – 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	Т4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

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SIN No:SPL23178173

NABL renewal accreditation under process

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED- RIS, BANGALORE

121/105/121. Doddathaspur Village, Heretaki M adri Nagor, Electronic city, No







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Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 | Collected : 09/Dec/2023 09:18AM | Received : 09/Dec/2023 12:38PM | Reported : 09/Dec/2023 02:45PM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

COMPLETE URINE EXAMINATION (C	UE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	8.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.010		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOPY			
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

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SIN No:UR2237472

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THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, BANGALORE

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Adhres: 311/190/121, Doddathargar wWage, Meetahi Mare Road, Marekahi Nagar, Electronic city, Rengalara, Eurostaha 160014







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: 32 Y 2 M 8 D/F

UHID/MR No

: CJPN.0000089961

Visit ID

: CJPNOPV182729

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 285059 Collected

: 09/Dec/2023 09:19AM

Received

: 09/Dec/2023 01:59PM : 09/Dec/2023 03:05PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

URINE GLUCOSE(POST PRANDIAL)	NEGATIVE	NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE	NEGATIVE	Dipstick

Page 14 of 16



SIN No:UPP015963,UF009968 NABL renewal accreditation under process

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, BANGALORE











: Mrs.NAINSY KESWANI

Age/Gender

: 32 Y 2 M 8 D/F

UHID/MR No

: CJPN.0000089961

Visit ID

: CJPNOPV182729

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 285059

Collected

: 09/Dec/2023 02:21PM

Received

: 10/Dec/2023 10:46AM

Reported

: 11/Dec/2023 01:56PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

BC PA	P TEST (PAPSURE) , CERVICAL SAMPLE	
	CYTOLOGY NO.	20603/23
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
П	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Inflammatory cells, predominantly neutrophils. Negative for intraepithelial lesion/ malignancy.
Ш	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***

Result/s to Follow: PERIPHERAL SMEAR

Page 15 of 16

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LITSTYLE LIMITED-RIK, BANGALORE











: Mrs.NAINSY KESWANI

Age/Gender

: 32 Y 2 M 8 D/F

UHID/MR No

: CJPN.0000089961

Visit ID

: CJPNOPV182729

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

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Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Dr.A. Kalyan Rao M.B.B.S.M.D(Pathology) Consultant Pathologist

DR.SHIVARAJA SHETTY M.B.B.S,M.D(Biochemistry) CONSULTANT BIOCHEMIST Dr.Shobha Emmanuel M.B.B.S,M.D(Pathology) Consultant Pathologist Dr. Chinki Anupam M.B.B.S,M.D(Pathology) Consultant Pathologist

Page 16 of 16



SIN No:CS071182

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED-RIS, BANGALORE

Althres: UJ:700/121, Doddelheiger Wilge, Mertobi Mair Rood, Morsheli Nager, Electronic city, Bengalora, Executable 160014





UHID:CJPN.0000089961 : Mrs. Nainsy Keswani Age: 32 Y Sex: F Address: bir OP Number:CJPNOPV182729 ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN Plan INDIA OF AGREEMENT Bill No :CJPN-OCR-67633 Date : 09.12.2023 09:06 Sno Serive Type/ServiceName Department ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 HURINE GLUCOSE(FASTING) 2 GAMMA GLUTAMYL TRANFERASE (GGT) 3 HBATC, GLYCATED HEMOGLOBIN 4 2 DECHO DY -TMIT 5 LIVER FUNCTION TEST (LFT) 6 X-RAY CHEST PA GIUCOSE, FASTING 8 HEMOGRAM + PERIPHERAL SMEAR 9 ENT CONSULTATION 10 FITNESS BY GENERAL PHYSICIAN LIGYNAECOLOGY CONSULTATION 12 DIET CONSULTATION 13 COMPLETE URINE EXAMINATION 14 URINE GLUCOSE(POST PRANDIAL) 15 PERIPHERAL SMEAR 16HECG 17 BEDOOD GROUP ABO AND RH FACTOR 18 LHPID PROFILE 19 BODY MASS INDEX (BMI) 20 LBC PAPTEST- PAPSURE 21 OP HAL BY GENERAL PHYSICIAN -3 22 REVAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) 23 UL TRASOUND - WHOLE ABDOMEN 24 TH ROID PROFILE (TOTAL T3, TOTAL T4, TSH) 25 DENTAL CONSULTATION _ 22 26 GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)

Physio-4

Height = 152 cm

waist = 84 cm Hi P = 94 cm, BP = 99168 mm/g PR = 6915 mm





Mr. Noving Kennami 3247.

allus.

Height:	Weight:	BMI:	Waist Circum :	
Temp :	Pulse :	Resp:	B.P:	

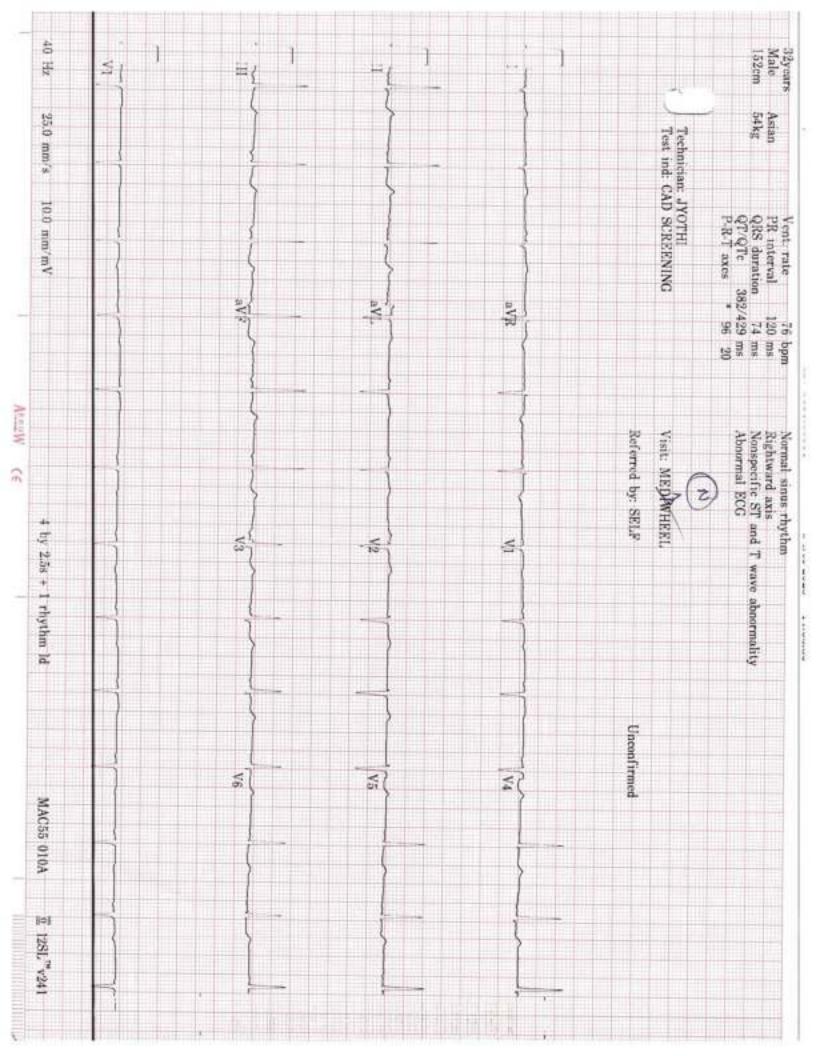
General Examination / Allergies History	Clinical Diagnosis & Management Plan . Cro Land, Lied Hanni . Lan consultation Al	S Drawfiel Made .
10/11/25.		
ANIVE 38 January March	PIH: Kilo Hypohinophin	- on ho
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10	matrice.	· Physophygist
	PING Nolt	· sur up-vs
	715: Cy Hearing	· Joseph while
	Follow up date:	. Y BC.

(0000)

PATIENT CASE SHEET



	ge: 32 Gender: F
ddress:	
HID/Emp ld: (JAN) .000 0039961	
ef. by Doctor	Treating Doctor
Dr. Sgio	
U	
ast Dental History:	
-	
ast Medical History:	
hief Complaint(s): Regular dental cheeles	P
30	
rvestigation: RVG OPG CBCT	





Apollo Clinic

Name - Nainy Kerwans

Date - 09/12/23

Height	Weight:		Weight: BMI:		BMI:	Waist Circum:
Temp :	Pul	se: Resp:		B.P:		
CE			neie & Management Disc			

General Examination / Allergies Clinical Diagnosis & Management Plan

Clo- Kowlene

Eye checkup

UN VN 616 N6

Eye checkup

To glass vision is not improve in y

the green sy-No

Refer to ways to fair diabeter.

Ho eye sy-No

Sefraction

Follow up date:

Doctor Signature

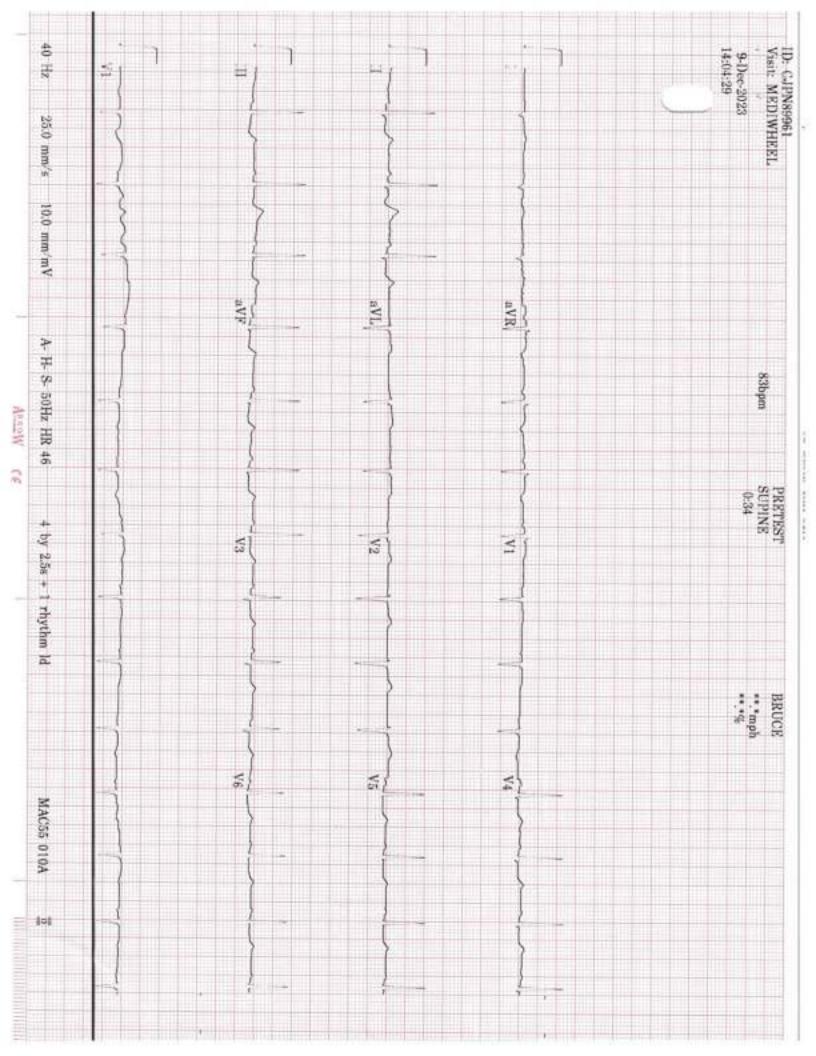
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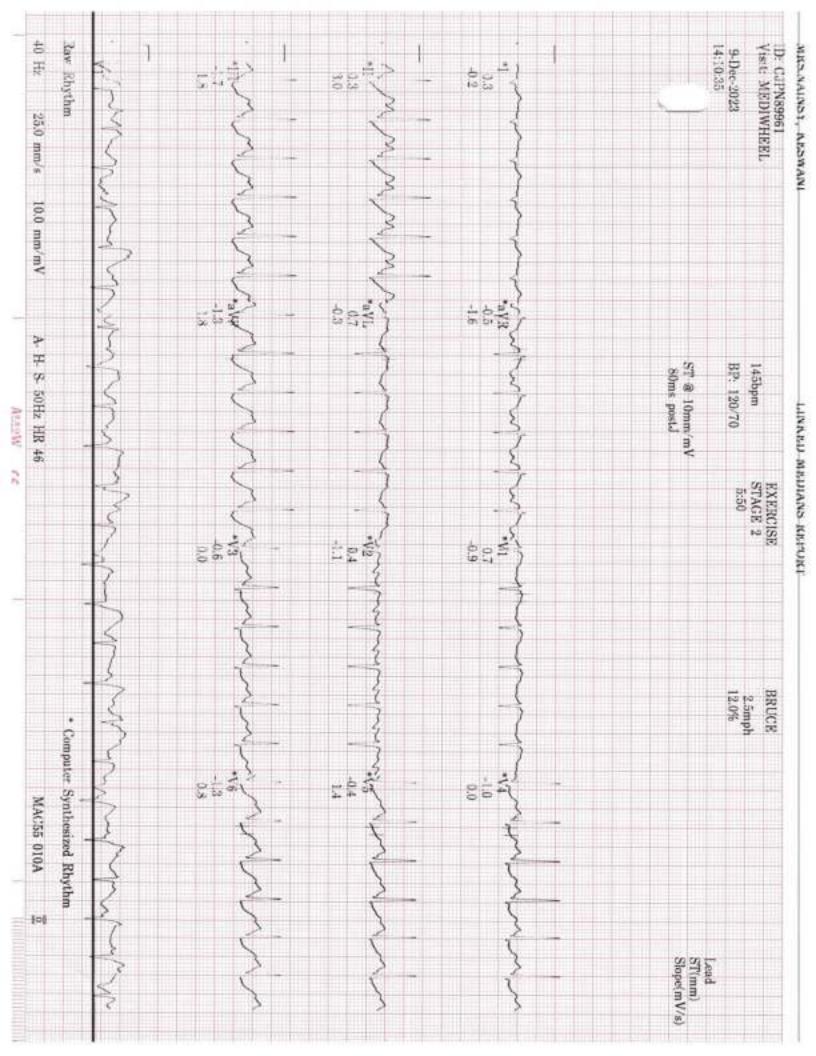
	RECOVERY				EXERCISE	PRETEST	?hase Name			14:03:56	D. CJEN89961
	Post	STAGE 4	STAGE 3	STAGE 2	STAGE 1	SUPINE	Stage	Jest ind. CVD SCRR	Referred by: SELF		KEL 32years
								ENING		SAPO	design
	3.01	0:02	3:00	3:00	3:00	0:50	Time in Stage				Male
		50 44	53	100	1.7	0.8	Speed (mph)	TW.	888	Con	SA SR
705		ŭ.	艺	100	0.0	0.0	Grade S	TMT IS NEGATIVE	ANGINA AN	Comments GOOD EFF	BRUCE Nex HR 179bp Max BP 130/70
NERHAL	0.5	100.7	3	į,	4.50	10	WorkLoad (METS)		NO ANGINA AND ARRYTHEMIA SEEN NO SIGNIFICANT ST-T CHANGES NOTED	Comments: GOOD EFFORT AND TOLERANCE	X max
	106	7.1 10	13	14	575 455 445	82	HR (bpm)	FOR INDUCIBLE ISCHEMIA	GES NOTEI	ND TOLERA	Total Exerci predicted 18 Maximum w
	100/70	30/70	30/70	120/70	10/70		BP mmHg)	AIMBH	0	NCE	Total Exercise time: 9:02 predicted 1886pm Maximum workload: 10.1METS
	106	233	233	178	134		RPP (x100)				STERM
											25.0 mm/s 10.0 mm/mV 100hz

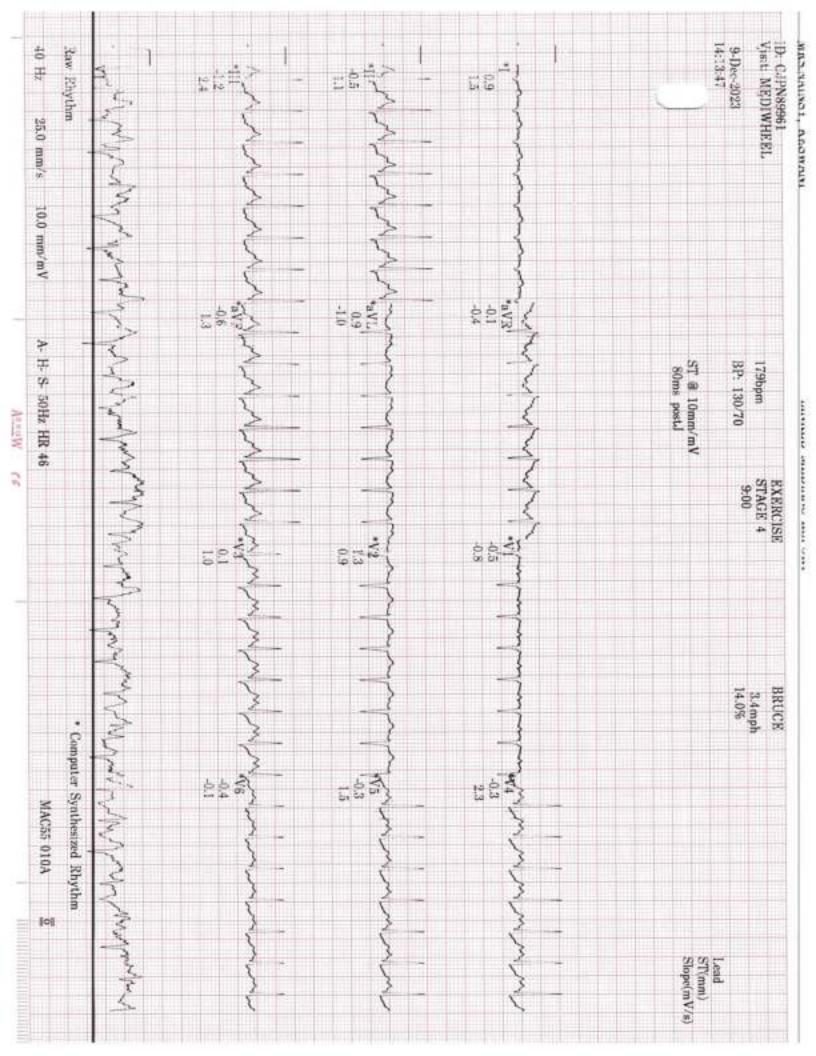
Unconfirmed

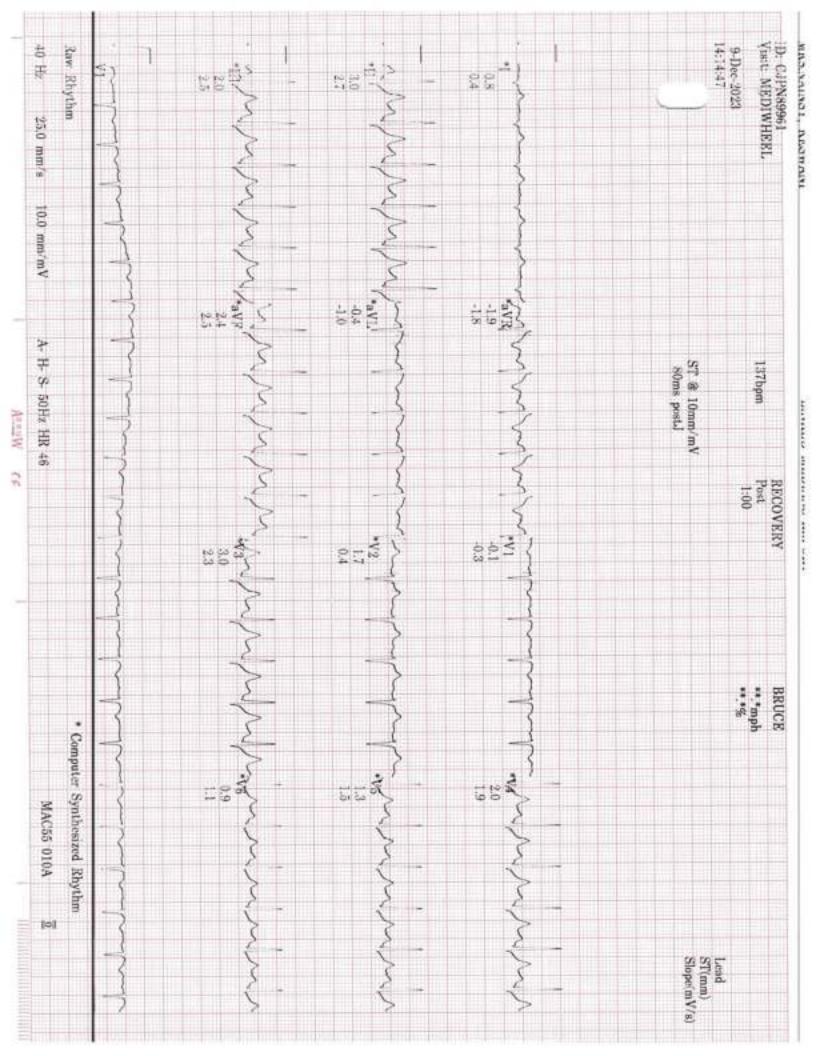
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Tuchnician: JYOTHI	tt=	- \$2"} - \$	- 22 }	B EXERCISE STAGE 1 0:00 1.2METS		1D: CJPN89961 V5at: MEDIWHEEL 9-Dec-2023 14:03:56
THTOY	av?	aVL 0.2	4VR	BASELINE AGE 1 825pm 2METS	Referred by: SELP Test ind: CAD SCREENING	IEEL 32years 152cm
	V3 0.0	V2 0.4	V1 0.3	pm ST @ 10mm/mV 80ms postd	REENING	Asian Male 54kg
	V6 0.0	v5 -02	0.01	Lead ST(mm) Slope(mV/s)	NO SIGN	Max HR: Max BP: Reuson fo Comments NORMAL
Unconfirmed	468	##	ee -	EXERCISE STA	NO ANGINA AND ARRYTHEMIA SEEN NO SIGNIFICANT ST-T CHANGES NOTED TINT IS NEGATIVE FOR INDUCIBLE ISCI	Max HR: 179bpm 95% of m Max BP: 130-70 Reason for Termination: Comments: GOOD EFFOR
	.1.9 0.0		-0.9 AND	MAX ST STAGE 3 175bpm 10.1METS	FOR INDUCIBLE ISCHEMIA	179bpm 95% of max predicted 188bpm 130.70 Maximum workload: ar Termination: g GOOD EFFORT AND TOLERANCE HR BP RESPONSE
MAC55 010A	12. V3	V2 0.2	27	ST @ 10mm/mV 80ms postJ		10.1METS
	±##	V5 12	V4 0.9	Lead ST(mm) Slope(mV/s)		10.0 mm/mV 100hz



Patient Name	: Mrs. Nainsy Keswani	Age/Gender	: 32 Y/F
UHID/MR No.	: CJPN.0000089961	OP Visit No	: CJPNOPV182729
Sample Collected on	:	Reported on	: 09-12-2023 11:58
LRN#	: RAD2173352	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 285059		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: Normal in size and echotexture. No focal lesion seen.

No intra hepatic biliary / venous radicular dilation.

CBD and Main Portal vein appear normal.PV- 12mm.

GALL BLADDER: Well distended. Normal in internal contents. Wall Thickness is normal.

SPLEEN: Normal in size and echotexture. No focal lesion was seen.

PANCREAS: Appeared normal to the visualized extent.

KIDNEYS: Both kidneys are normal in size, shape and outlines Cortico medullary delineation is

maintained. No Hydronephrosis / No calculi.

Right kidney measures: 10.2 x 1.9 cm. Left kidney measures: 11.7 x 2.2 cm.

UTERUS: Normal in size and echotexture. It measures: 9.9 x 4.0 x 5.8cm. Uniform myometrial echoes are normal. Endometrial thickness measuring-10 mm.

No focal lesion was noted

OVARIES: Both ovaries are normal in size.

Right ovary measures :3.0 x 2.0 cm. Left ovary measures :3.2 x 2.1 cm.

No free fluid is seen in the peritoneum. No lymphadenopathy.

Small umbilical hernia seen measuring~1cm.Diverification of rectus noted.

IMPRESSION: SMALL UMBILICAL HERNIA WITH RECTAL DIVERIFICATION.



Patient Name : Mrs. Nainsy Keswani : 32 Y/F

Please Note: No preparation done before scanning.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

Dr. KUSUMA JAYARAM

MBBS,DMRD

Radiology



Patient Name	: Mrs. Nainsy Keswani	Age/Gender	: 32 Y/F	
UHID/MR No.	: CJPN.0000089961	OP Visit No	: CJPNOPV182729	
Sample Collected on	:	Reported on	: 09-12-2023 10:16	
LRN#	: RAD2173352	Specimen	:	
Ref Doctor	: SELF			
Emp/Auth/TPA ID	: 285059			

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen.

Dr. KUSUMA JAYARAM

MBBS,DMRD

Radiology



LETTER OF APPROVAL / RECOMMENDATION

To.

The Coordinator,

Mediwheel (Arcofemi Healthcare Limited)

Helpline number: 011-41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MRS. KESWANI NAINSY
EC NO.	74396
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	BANGALORE, J P NAGAR
BIRTHDATE	01-10-1991
PROPOSED DATE OF HEALTH CHECKUP	09-12-2023
BOOKING REFERENCE NO.	23D74396100077208E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 29-11-2023 till 31-03-2024 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





बैंक ऑफ़ बड़ीदा Bank of Baroda

ilH Jama

Nainsy Keswani

कर्मचारी कूट क्र.

C. No.

74396

रिकर्ता अधिकारी

lsuing Authority | M. (Gojord) | & G. Zone



धारक क हस्ताक्षर Signature of Holder

Age/Gender : 32 Y 2 M 8 D/F
UHID/MR No : CJPN.0000089961

Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM
Received : 09/Dec/2023 12:21PM
Reported : 09/Dec/2023 02:54PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY		DI IIS CHECK	EEMALE 2D ECHO E	AN INDIA EV2224
ARCOI LIVII - WILDIWITELL - FOLL BOD	I HEALTH ANNUAL	FLUS CHECK -	TEMALE - 2D ECHO - F	AN INDIA - 1 1 2324
Test Name	Result	Unit	Die Def Dange	Method
rest Name	Result	Unit	Bio. Ref. Range	Method

HAEMOGLOBIN	10.7	g/dL	12-15	Spectrophotometer
PCV	33.60	%	36-46	Electronic pulse & Calculation
RBC COUNT	5.34	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	63	fL	83-101	Calculated
MCH	20	pg	27-32	Calculated
MCHC	31.8	g/dL	31.5-34.5	Calculated
R.D.W	17.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,310	cells/cu.mm	4000-10000	Electrical Impedanc
DIFFERENTIAL LEUCOCYTIC COUNT (E	DLC)			
NEUTROPHILS	58.8	%	40-80	Electrical Impedance
LYMPHOCYTES	29.1	%	20-40	Electrical Impedance
EOSINOPHILS	4.1	%	1-6	Electrical Impedanc
MONOCYTES	7.3	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedanc
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4298.28	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2127.21	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	299.71	Cells/cu.mm	20-500	Calculated
MONOCYTES	533.63	Cells/cu.mm	200-1000	Calculated
BASOPHILS	51.17	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	314000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION	12	mm at the end	0-20	Modified Westegrer method

RBCs: Show moderate anisopoikilocytosis with Microcytic hypochromic RBCs. Pencil cells, tear drop cells and target cells seen.

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

HEMOPARASITES: negative

IMPRESSION: MICROCYTIC HYPOCHROMIC ANEMIA Note: Kindly evaluate for iron deficiency status.

Age/Gender : 32 Y 2 M 8 D/F
UHID/MR No : CJPN.0000089961

Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM
Received : 09/Dec/2023 12:21PM
Reported : 09/Dec/2023 02:54PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - I	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method



 Patient Name
 : Mrs.NAINSY KESWANI

 Age/Gender
 : 32 Y 2 M 8 D/F

 UHID/MR No
 : CJPN.0000089961

 Visit ID
 : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059
 Collected
 : 09/Dec/2023 09:19AM

 Received
 : 09/Dec/2023 12:21PM

 Reported
 : 09/Dec/2023 03:11PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY	HEALTH ANNUAL	PLUS CHECK -	FEMALE - 2D ECHO - F	PAN INDIA - FY2324
Test Name	Result	Unit	Bio. Ref. Range	Method

BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	A	Microplate Hemagglutination		
Rh TYPE	Positive	Microplate Hemagglutination		



Age/Gender : 32 Y 2 M 8 D/F
UHID/MR No : CJPN.0000089961

Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059
 Collected
 : 09/Dec/2023 09:19AM

 Received
 : 09/Dec/2023 01:28PM

 Reported
 : 09/Dec/2023 02:01PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

GLUCOSE, FASTING , NAF PLASMA	78	mg/dL	70-100	HEXOKINASE
-------------------------------	----	-------	--------	------------

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- $2. \ Very \ high \ glucose \ levels \ (>450 \ mg/dL \ in \ adults) \ may \ result \ in \ Diabetic \ Ketoacidosis \ \& \ is \ considered \ critical.$



Age/Gender : 32 Y 2 M 8 D/F
UHID/MR No : CJPN.0000089961

Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059

 Collected
 : 09/Dec/2023 09:19AM

 Received
 : 09/Dec/2023 12:51PM

 Reported
 : 09/Dec/2023 02:50PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

GLUCOSE, POST PRANDIAL (PP), 2	72	mg/dL	70-140	HEXOKINASE
HOURS, SODIUM FLUORIDE PLASMA (2				
HR)				

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG), WHOLE BLOOD EDTA	97	mg/dL	Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

HBA1C %	
<5.7	
5.7 – 6.4	
≥ 6.5	
6 – 7	
7 – 8	
8 – 10	
>10	
	<5.7 5.7 – 6.4 ≥ 6.5 6 – 7 7 – 8 8 – 10

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- $2.\ Trends\ in\ HbA1C\ values\ is\ a\ better\ indicator\ of\ Glycemic\ control\ than\ a\ single\ test.$
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

Page 5 of 16

Age/Gender : 32 Y 2 M 8 D/F
UHID/MR No : CJPN.0000089961

Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM
Received : 09/Dec/2023 12:51PM
Reported : 09/Dec/2023 02:50PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

 Age/Gender
 : 32 Y 2 M 8 D/F

 UHID/MR No
 : CJPN.0000089961

Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM
Received : 09/Dec/2023 12:26PM
Reported : 09/Dec/2023 01:10PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	161	mg/dL	<200	CHO-POD
TRIGLYCERIDES	87	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	45	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	116	mg/dL	<130	Calculated
LDL CHOLESTEROL	98.6	mg/dL	<100	Calculated
VLDL CHOLESTEROL	17.4	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.58		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
III .IDI .	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
INON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- **4.** Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- **5.** As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



Age/Gender : 32 Y 2 M 8 D/F
UHID/MR No : CJPN.0000089961

Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM
Received : 09/Dec/2023 12:26PM
Reported : 09/Dec/2023 01:10PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.83	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.16	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.67	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	10	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	14.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	47.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.01	g/dL	6.6-8.3	Biuret
ALBUMIN	4.13	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.88	g/dL	2.0-3.5	Calculated
A/G RATIO	1.43		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- \bullet ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name Result Unit Bio. Ref. Range Method



Age/Gender : 32 Y 2 M 8 D/F UHID/MR No : CJPN.0000089961 Visit ID : CJPNOPV182729

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM						
CREATININE	0.37	mg/dL	0.72 – 1.18	JAFFE METHOD		
UREA	10.80	mg/dL	17-43	GLDH, Kinetic Assay		
BLOOD UREA NITROGEN	5.0	mg/dL	8.0 - 23.0	Calculated		
URIC ACID	2.67	mg/dL	2.6-6.0	Uricase PAP		
CALCIUM	8.70	mg/dL	8.8-10.6	Arsenazo III		
PHOSPHORUS, INORGANIC	3.62	mg/dL	2.5-4.5	Phosphomolybdate Complex		
SODIUM	138	mmol/L	136–146	ISE (Indirect)		
POTASSIUM	3.5	mmol/L	3.5-5.1	ISE (Indirect)		
CHLORIDE	107	mmol/L	101–109	ISE (Indirect)		



Age/Gender : 32 Y 2 M 8 D/F UHID/MR No : CJPN.0000089961 Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF

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Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

GAMMA GLUTAMYL TRANSPEPTIDASE	7.00	U/L	<38	IFCC
(GGT), SERUM				



Age/Gender : 32 Y 2 M 8 D/F
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Visit ID : CJPNOPV182729

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 Collected : 09/Dec/2023 09:19AM
Received : 09/Dec/2023 12:29PM
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Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM						
TRI-IODOTHYRONINE (T3, TOTAL)	0.94	ng/mL	0.7-2.04	CLIA		
THYROXINE (T4, TOTAL)	8.34	μg/dL	5.48-14.28	CLIA		
THYROID STIMULATING HORMONE (TSH)	4.460	μIU/mL	0.34-5.60	CLIA		

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 – 3.0

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- **2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- **3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



Age/Gender : 32 Y 2 M 8 D/F UHID/MR No : CJPN.0000089961 Visit ID : CJPNOPV182729

: Dr.SELF Ref Doctor

Emp/Auth/TPA ID : 285059

Collected : 09/Dec/2023 09:18AM Received : 09/Dec/2023 12:38PM Reported : 09/Dec/2023 02:45PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

COMPLETE URINE EXAMINATION (CUE), URINE					
PHYSICAL EXAMINATION					
COLOUR	PALE YELLOW		PALE YELLOW	Visual	
TRANSPARENCY	CLEAR		CLEAR	Visual	
pH	8.0		5-7.5	DOUBLE INDICATOR	
SP. GRAVITY	1.010		1.002-1.030	Bromothymol Blue	
BIOCHEMICAL EXAMINATION					
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR	
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE	
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION	
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE	
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION	
BLOOD	NEGATIVE		NEGATIVE	Peroxidase	
NITRITE	NEGATIVE		NEGATIVE	Diazotization	
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE	
CENTRIFUGED SEDIMENT WET MOUN	T AND MICROSCOPY	•			
PUS CELLS	1-2	/hpf	0-5	Microscopy	
EPITHELIAL CELLS	2-3	/hpf	<10	MICROSCOPY	
RBC	NIL	/hpf	0-2	MICROSCOPY	
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY	
CRYSTALS	ABSENT		ABSENT	MICROSCOPY	



Age/Gender : 32 Y 2 M 8 D/F UHID/MR No : CJPN.0000089961 Visit ID : CJPNOPV182729

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Collected : 09/Dec/2023 09:19AM Received : 09/Dec/2023 01:59PM Reported : 09/Dec/2023 03:05PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY							
ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324							
Test Name	Result	Unit	Bio. Ref. Range	Method			
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick			
			-				
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dinstick			







 Age/Gender
 : 32 Y 2 M 8 D/F

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Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 285059 | Collected : 09/Dec/2023 02:21PM | Received : 10/Dec/2023 10:46AM | Reported : 11/Dec/2023 01:56PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

LBC PA	P TEST (PAPSURE) , CERVICAL SAMPLE			
	CYTOLOGY NO.	20603/23		
I	SPECIMEN			
a	SPECIMEN ADEQUACY	ADEQUATE		
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)		
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR		
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT		
d	COMMENTS	SATISFACTORY FOR EVALUATION		
П	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Inflammatory cells, predominantly neutrophils. Negative for intraepithelial lesion/ malignancy.		
III	RESULT			
a	EPITHEIAL CELL			
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN		
	GLANDULAR CELL ABNORMALITIES	NOT SEEN		
		A 101		
b	ORGANISM	NIL		

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***

Result/s to Follow: PERIPHERAL SMEAR





 Age/Gender
 : 32 Y 2 M 8 D/F

 UHID/MR No
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DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

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