

Name : MR.RAHUL SIDDHARTH RAMTEKE

:31 Years / Male Age / Gender

Consulting Dr. Collected Reported

Reg. Location : Lulla Nagar, Pune (Main Centre)



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: 12-Mar-2022 / 09:18

:12-Mar-2022 / 13:00

Calculated

# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

	CBC (Complete Blood	d Count), Blood	
<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	16.0	13.0-17.0 g/dL	Spectrophotometric
RBC	5.94	4.5-5.5 mil/cmm	Elect. Impedance
PCV	48.6	40-50 %	Calculated
MCV	82	80-100 fl	Calculated
MCH	26.9	27-32 pg	Calculated
MCHC	32.8	31.5-34.5 g/dL	Calculated
RDW	15.9	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	5800	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABSOLUTE COUNTS			
Lymphocytes	42.7	20-40 %	
Absolute Lymphocytes	2476.6	1000-3000 /cmm	Calculated
Monocytes	8.7	2-10 %	
Absolute Monocytes	504.6	200-1000 /cmm	Calculated
Neutrophils	46.4	40-80 %	
Absolute Neutrophils	2691.2	2000-7000 /cmm	Calculated
Eosinophils	2.1	1-6 %	
Absolute Eosinophils	121.8	20-500 /cmm	Calculated
Basophils	0.1	0.1-2 %	

WBC Differential Count by Absorbance & Impedance method/Microscopy.

5.8

# **PLATELET PARAMETERS**

Platelet Count	187000	150000-400000 /cmm	Elect. Impedance
MPV	10.4	6-11 fl	Calculated
PDW	19.5	11-18 %	Calculated

20-100 /cmm

**RBC MORPHOLOGY** 

Absolute Basophils

Immature Leukocytes

Hypochromia Mild

Microcytosis Occasional

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Macrocytosis

CID : 2207126465

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Anisocytosis Mild

Poikilocytosis

Polychromasia

**Target Cells** 

Basophilic Stippling

Normoblasts

Others

**WBC MORPHOLOGY** 

PLATELET MORPHOLOGY

**COMMENT** 

Specimen: EDTA Whole Blood

ESR, EDTA WB 2-15 mm at 1 hr. Westergren

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**Reported** :12-Mar-2022 / 13:33

Collected

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	77.3	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	85.7	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	1.0	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.31	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.69	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.4	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.5	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.9	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.6	1 - 2	Calculated
SGOT (AST), Serum	19.0	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	18.8	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	14.9	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	62.1	40-130 U/L	Colorimetric
BLOOD UREA, Serum	20.4	12.8-42.8 mg/dl	Kinetic
BUN, Serum	9.5	6-20 mg/dl	Calculated
CREATININE, Serum	0.85	0.67-1.17 mg/dl	Enzymatic
eGFR, Serum	112	>60 ml/min/1.73sqm	Calculated
URIC ACID, Serum	6.2	3.5-7.2 mg/dl	Enzymatic

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Urine Sugar (Fasting)AbsentAbsentUrine Ketones (Fasting)AbsentAbsent

Urine Sugar (PP) Absent Absent
Urine Ketones (PP) Absent Absent

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)**

**BIOLOGICAL REF RANGE PARAMETER RESULTS** METHOD

Glycosylated Hemoglobin **HPLC** 5.4 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

108.3 Estimated Average Glucose mg/dl Calculated

(eAG), EDTA WB - CC

ADV: In view of presence of 'S band' by HPLC, Hb electrophoresis is advised. Family studies recommended.

### Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

### Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

# Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT**

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	Acidic (6.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	30	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	

Red Blood Cells / hpf Absent 0-2/hpf

Epithelial Cells / hpf 0-1

Casts Absent Absent Crystals **Absent Absent** Amorphous debris Absent Absent

Bacteria / hpf 3-4 Less than 20/hpf







**Dr.GOURAV AGRAWAL** DCP, DNB (Path) **Pathologist** 

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING**

**RESULTS PARAMETER** 

**ABO GROUP** Α

Rh TYPING Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

### Refernces:

- Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE** LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	205.1	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	120.5	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	36.6	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
NON HDL CHOLESTEROL, Serum	168.5	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	145.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Colorimetric
VLDL CHOLESTEROL, Serum	23.5	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	5.6	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	4.0	0-3.5 Ratio	Calculated







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Free T3, Serum

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**CMIA** 

**Reported** :12-Mar-2022 / 13:51

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

2.6-5.7 pmol/L

PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

Kindly note change in reference range and method w.e.f. 16/08/2019

4.7

Free T4, Serum 14.8 9-19 pmol/L CMIA

Kindly note change in reference range and method w.e.f. 16/08/2019

sensitiveTSH, Serum 2.35 0.35-4.94 microIU/ml CMIA

Kindly note change in reference range and method w.e.f. 16/08/2019. NOTE: 1) TSH values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH. 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal & heart failure, severe burns, trauma & surgery etc.

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### Interpretation

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

## Clinical Significance:

- 1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

### Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)







Dr.SHAMLA KULKARNI M.D.(PATH) Pathologist

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: 2207126465

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SID# : 177804960476

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Age / Gender : 31 Years/Male Collected : 12-Mar-2022 / 09:19

Consulting Dr. : - Reported : 12-Mar-2022 / 10:07

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# **USG WHOLE ABDOMEN**

**LIVER**: The liver is normal in size, shape and smooth margins. It shows normal parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

**GALL BLADDER**: The gall bladder is physiologically distended. The visualized gall bladder appears normal. No evidence of pericholecystic fluid is seen.

<u>PANCREAS</u>: The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion is noted.

**KIDNEYS**: Both the kidneys are normal in size, shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

**SPLEEN**: The spleen is normal in size, shape and echotexture. No evidence of focal lesion is noted.

**URINARY BLADDER**: The urinary bladder is well distended. It shows thin walls and sharp mucosa. No evidence of calculus is noted. No mass or diverticulum is seen.

**PROSTATE**: The prostate is normal in size and echotexture.

Visualized small bowel loops appear non-dilated. Gaseous distension of large bowel loops. There is no evidence of any lymphadenopathy or ascitis.

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# **IMPRESSION:**

Ø No significant abnormality seen.

Advice - Clinical correlation.

\*\*\* End Of Report \*\*\*

Navids

Dr.Navid Shattari MD, DNB, Radio-Diagnosis Reg No. 2015/05/2742

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# X-RAY CHEST PA VIEW

Bilateral lung field appears clear.

No obvious consolidation/cavitation.

: 2207126465

The cardiothoracic ratio is maintained.

The domes of the diaphragm are normal.

The cardio and costophrenic angles are clear.

Bony thorax is normal.

Advice - Clinical and lab correlation.

\*\*\* End Of Report \*\*\*

Navids Dunaid Shotoni

Dr.Navid Shattari MD, DNB, Radio-Diagnosis Reg No. 2015/05/2742

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Consulting Dr. : - Reported : 12-Mar-2022 / 13:56

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# PHYSICAL EXAMINATION REPORT

a) Diet: Mixed

b)Addiction: No (HTN Since 1 Years.)

**GENERAL EXAMINATION:** 

a)Height (cms): 171

b)Weight (kgs): 74

c)Lymph Nodes: Not Palpable

3) SYSTEMIC EXAMINATION

# A) RESPIRATORY SYSTEM

a) Lungs : Clear

b) Trachea: Central

c ) Air Entry : Equal

d) Rales: No

d) Others: NAD

# B) CARDIOVASCULAR SYSTEM ( CVS )

a) Heart Sounds: S1 S2 Normal

b) Murmurs : No

c ) Pulse/min: 68

d) B/P (mm of Hg): 110/70

e ) Miscellenous : NAD

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# C) ABDOMEN

a) Liver: Not Palpable

b) Spleen: Not Palpable

c) Any other Swelling: No

## D) NERVOUS SYSTEM

a) Ankle Reflex: Normal

b) Plantars : Flexor

# **DOCTOR REMARKS:**

\*\*\* End Of Report \*\*\*

Dr.Milind Shinde MBBS, DNB, Consuling Physician, Diabetologist & Echocardiologist

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