



Swaminarayan Nagar, Off Mumbai-Agra Highway,  
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Name : Mrs. PRAJAKTA VISHAL CHOLKE (35/F) 510250 / 350 / 450 / 550 / 750

Date : 28/01/2023

Address : MEDIWHEEL NASHIK, NASHIK, MAHARASHTRA, INDIA



Examined by:

UHID : MHN1.0000133278

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH29973



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of  
- Diabetes mellitus,  
Hypertension, Heart  
disease, Stroke, Asthma,  
COPD, Cancer  
Thyroid disease  
Since - 06 yrs; Medication  
- regular; - Tab-  
Thyaronorm-50 mg

Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active

## Family history

Diabetes - father  
Hypertension - father, mother  
Coronary artery  
disease - none  
Cancer - None



## DRUG ALLERGY

NO KNOWN ALLERGY :28/01/2023



## SYSTEMIC REVIEW

**Cardiovascular system**  
- Nil Significant



## Past medical history

Do you have any  
allergies? - No  
Do you have any drug  
allergies? - No  
Past medical history - nil significant  
Covid 19 - No



## Surgical history

Lower segment  
caesarean section - 2011,2016

## Immunization history

- Covid Dose1, Covid Dose2



## Personal history

Marital status - Married  
No. of children - 02

## PHYSICAL EXAMINATION

### General

General appearance - normal  
Build - normal  
Height - 161  
Weight - 62.1  
BMI - 23.96  
Pallor - No  
Oedema - no  
Temperature - 95.7  
SpO2 - 99

### Cardiovascular system

Heart rate (Per minute) - 75  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds

### Abdomen

Organomegaly - No  
Tenderness - No



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**STOOL ROUTINE**

Test Name	Result	Unit	Level	Range
Color:	Brownish Yellow			
Consistency :	Semi Formed			
Mucus:	Absent			
Blood:	Absent			
Pus:	Absent			
Reaction:	Alkaline		7.2-7.8	
Ova:	Absent	/hpf		
Cysts:	Absent	/hpf		
Trophozoite	Absent	/hpf		
RbC	0-1	/hpf	0-2	
WBC/Pus Cells :	1-2	/hpf		

Haematocrit	31 *	%		34.0-48.0
RBC COUNT	4.28	Million/ ul		3.7-5.6
MCV	72.3 *	fl		75.0-95.0
MCH	22.4 *	pg		26.0-32.0
MCHC	31	g/dl		31.0-36.0
RDW	17 *	%		11-16
Platelet Count(Optical/Impedanc e)	221	10 <sup>9</sup> /m m <sup>3</sup>		140-440
TLC Count	5.81	10 <sup>9</sup> /m m <sup>3</sup>		4.0-11.0
Neutrophils	58	%		40-75
Lymphocytes	31	%		20-45
Eosinophils	04	%		1-6
Monocytes	07	%		1-10
Basophils	00	%		0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16	mm/1st hr		0-20

**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005 *			1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic		7.2-7.8	
Protein :	Nil			
Sugar:	Nil			
pH	5.0		4.6-8	
Blood:	Negative			
Ketone	Negative			
Leu Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	0-2	
WBC/Pus Cells	1-2	/hpf		
Tc/Sqc(Transitional/Squ amous epithelial cells)	2-3	/hpf		

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	27 *	U/L		30-65
ALBUMIN - SERUM	4.4	g/dL		3.5-5
GLOBULIN - SERUM: (Calculated)	4.1 *	g/dL		1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.0 *			1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	68	U/L		0-100

**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	9.6 *	g/dl		11.0-16.0

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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AST (SGOT) - SERUM	16	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.3	mg/dL	●	0.0-1.0

HDL CHOLESTEROL - SERUM / PLASMA	50	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9		●	0.0-4.5

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	196	mg/dL	●	0-200

LDL Cholesterol (Direct LDL)	154	mg/dL		
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**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.9	mg/dL	●	0.6-1.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.5 *	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.5 *	g/dL	●	6.4-8.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L	●	0-50

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	88	mg/dL	●	0-150

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	98	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	19	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	9	mg/dL	●	7-18

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	96	mg/dL	●	70-140

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.4	mg/dL	●	2.6-6.0

**GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.2	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	107.8200	mg/dL		

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.2	mg/dL	●	0.0-0.7

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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**CARDIAC STRESS TEST - (TMT)**

ECG

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AHC No : NSKAH29973

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MediWheel Full Body Health Checkup Female Below 40 Package

**ULTRASOUND - WHOLE ABDOMEN**

No significant abnormality is detected.

**X-RAY CHEST PA**

No significant abnormality is detected.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)**

**Biochemistry**

TOTAL T3: TRI IODOTHYRONINE - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

**Histopathology**

CERVICAL/VAGINAL SMEAR II SLIDE

**Biochemistry**

TOTAL T4: THYROXINE - SERUM



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AHC No : NSKAH29973

Printed By :

AHC Physician / Consultant Internal Medicine



**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

2

### ACCEPTABLE SCORE

3

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

- This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

ChoiKa, Prajakta  
ID:  
DOB:  
36yr, Female

28-Jan-2023 10:19:11

Vent rate: 75 BPM  
PR Int: 110 ms  
QRS dur: 94 ms  
QT/QTc: 366/395 ms  
P-R-T axes: 71 52 -9

SINUS RHYTHM WITH SINUS ARRHYTHMIA WITH SHORT PR INTERVAL  
NONSPECIFIC ST & T-WAVE ABNORMALITY  
ABNORMAL ECG

UNCONFIRMED REPORT



113500188213

No Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence # 22304 25mm/s 10mm/mV 0.05-40 Hz





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HOSPITALS  
NASHIK

### MD (Radiology)

**Patient Details** : Mrs. PRAJAKTA VISHAL CHOLKE | Female | 35Yr 10Mth 6Days

**UHID** : MHN1.0000133278 **Patient Location:** AHC

**Patient Identifier:** NSKAH29973



**DRN** : 123003916

**Completed on :** 28-JAN-2023 09:37

**Ref Doctor** : Dr. Rajashri Dhongade

### X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

#### **Impression**

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)




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## MD (Radiology)

**Patient Details** : Mrs. PRAJAKTA VISHAL CHOLKE | Female | 35Yr 10Mth 6Days  
**UHID** : MHN1.0000133278 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29973   
**DRN** : 223002302 **Completed on :** 28-JAN-2023 11:08  
**Ref Doctor** : Dr. Rajashri Dhongade

### ULTRASOUND - WHOLE ABDOMEN

**LIVER** : Normal in size. Echotexture is uniform and normal.  
No I.H.B.D./ focal lesions.

**PORTAL VEIN**: Normal in size.

**GALL BLADDER**: Well distended with normal walls and lumen.  
No calculi/pericholecystic fluid.

**COMMON BILE DUCT**: Normal in size.

**PANCREAS** : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

**AORTA, IVC and para aortic areas** are normal.

**SPLEEN** : Normal in size and echotexture.

**KIDNEYS**: Both kidneys are normal in site, size and echotexture.  
No evidence of calculi/ hydronephrosis.  
Right kidney measures : 11.3 x 4.1cm.  
Left kidney measures : 9.8 x 5.3cm.

**URINARY BLADDER**: Well distended with normal walls.  
No evidence of calculi/ growth/ diverticula.

**UTERUS**: Anteverted. Normal in size and echotexture.  
Uterus measures : 5.6 x 5.1 x 10.7cm.  
Combined endometrial thickness is normal and measures 8.7mm.



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NSKAH29973

**ULTRASOUND - WHOLE ABDOMEN**

**OVARIES:**

Right ovary measures : 3.7 x 2.1cm.

Left ovary measures : 3 x 2cm.

Normal in size and echotexture.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

**Impression**

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)

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HOSPITALS  
NASHIK



# OPHTHALMOLOGY



Name: Mrs. Pragkita chotke Date: 28/1/23 UNIT: \_\_\_\_\_

Occupation: \_\_\_\_\_ Room No. \_\_\_\_\_ Out Patient

Age: 36 Sex: Male  Female  S/M/W/D Ref. Physician: \_\_\_\_\_

Address: Nsc Copies to: \_\_\_\_\_

Tel. No. \_\_\_\_\_

## REPORT ON OPHTHALMIC EXAMINATION

HISTORY: \_\_\_\_\_

PRESENT COMPLAINT: \_\_\_\_\_

PAST HISTORY: DM / HTN / ALLERGY hyperoid 1, by 6yr

**ON EXAMINATION**

RE

LE

VISION :

	RIGHT					LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA	
DIST			—————					—————		
NEAR			—————					—————		

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	R	—		L	-1.0	140

Refraction or Acceptance :

	RIGHT					LEFT				
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA		
DIST	R	—		6/6	R	-0.50	140	6/6		
NEAR		—————			nb		—————			nb

(20/20)

CONSULTANT OPTOMETRIST



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28/1/23

Mrs. Prajalta Cholle

1F.

- No #0 of DM & HTN.

- No Pleqne Seen.

- class I matoburion bilaterally.

Adus - mild filling key

NO Sealing Key

ID: 000133278

Visit:

28-Jan-2023  
12:49:12

36years

Asian

Female

BRUCE

Max HR: 152bpm 87% of max

Max BP: 150/80

Reason for Termination: Max HR attained

Comments:

Total Exercise time: 7:31

predicted 174bpm

Maximum workload: 9.3METS

25.0 mm/s

10.0 mm/mV

100hz

Referred by:  
Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	3:19	**.*	**.*	1.0	80	110/70	88
	STANDING	0:06	**.*	**.*	1.0	74	110/70	81
	HYPERVENT	0:16	0.8	0.0	1.0	77	110/70	85
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	106	110/70	117
	STAGE 2	3:00	2.5	12.0	7.0	125	120/70	150
	STAGE 3	1:31	3.4	14.0	9.3	152	140/70	213
RECOVERY	Post	3:11	**.*	**.*	1.0	68	150/80	102

Baseline ECG ST Dept + Inf leads  
 Had further ST Dept + Non-specific  
 post Non-specific / mid pain bus 11

