

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS | EMPLOYEE DETAILS |
|---------------------------------|-------------------------------|
| NAME | MR. RATHWA BABUBHAI NARANBHAI |
| EC NO. | 43189 |
| DESIGNATION | HEAD CASHIER "E" _II |
| PLACE OF WORK | VADODARA,DANDIA BAZAR |
| BIRTHDATE | 01-06-1971 |
| PROPOSED DATE OF HEALTH CHECKUP | 10-06-2023 |
| BOOKING REFERENCE NO. | 23J43189100060796E |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **31-05-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

| FOR MALE | FOR FEMALE |
|-------------------------------------|---|
| CBC | CBC |
| ESR | ESR |
| Blood Group & RH Factor | Blood Group & RH Factor |
| Blood and Urine Sugar Fasting | Blood and Urine Sugar Fasting |
| Blood and Urine Sugar PP | Blood and Urine Sugar PP |
| Stool Routine | Stool Routine |
| Lipid Profile | Lipid Profile |
| Total Cholesterol | Total Cholesterol |
| HDL | HDL |
| LDL | LDL |
| VLDL | VLDL |
| Triglycerides | Triglycerides |
| HDL / LDL ratio | HDL / LDL ratio |
| Liver Profile | Liver Profile |
| AST | AST |
| ALT | ALT |
| GGT | GGT |
| Bilirubin (total, direct, indirect) | Bilirubin (total, direct, indirect) |
| ALP | ALP |
| Proteins (T, Albumin, Globulin) | Proteins (T, Albumin, Globulin) |
| Kidney Profile | Kidney Profile |
| Serum creatinine | Serum creatinine |
| Blood Urea Nitrogen | Blood Urea Nitrogen |
| Uric Acid | Uric Acid |
| HBA1C | HBA1C |
| Routine urine analysis | Routine urine analysis |
| USG Whole Abdomen | USG Whole Abdomen |
| General Tests | General Tests |
| X Ray Chest | X Ray Chest |
| ECG | ECG |
| 2D/3D ECHO / TMT | 2D/3D ECHO / TMT |
| Stress Test | Thyroid Profile (T3, T4, TSH) |
| PSA Male (above 40 years) | Mammography (above 40 years) and Pap Smear (above 30 years). |
| Thyroid Profile (T3, T4, TSH) | Dental Check-up consultation |
| Dental Check-up consultation | Physician Consultation |
| Physician Consultation | Eye Check-up consultation |
| Eye Check-up consultation | Skin/ENT consultation |
| Skin/ENT consultation | Gynaec Consultation |



PATIENT NAME: BABUBHAI RATHWA

AGE / SEX: 52 YRS/M

DATE: 10 June 2023

CHEST XRAY (PA view)

Both lung fields appear normal.

Both hila appear normal.

Bilateral costo-phrenic angles appear grossly clear.

Mediastinum and cardiac shadow appear normal.

Bony thorax appears unremarkable.

No evidence of free gas under domes of diaphragm.

IMPRESSION:

- NO SIGNIFICANT ABNORMALITY NOTED IN LUNG FIELDS
- NORMAL CARDIAC SHADOW

DR. KAJAL LIMBAD, M.D.

CONSULTANT RADIOLOGIST

This report is not valid for medico-legal purpose.



PATIENT NAME: Babu Rathwa

AGE / SEX: 52 YRS/M

DATE: 10 June 2023

ULTRASOUND OF ABDOMEN

LIVER appears normal in size (12 cm) and shows normal parenchymal echogenicity. No evidence of focal lesion. No evidence of dilated IHBR or portal vein. CBD appears normal.

GALL BLADDER is well-distended. No evidence of calculus or sludge within. No evidence of wall thickening or pericholecystic edema seen.

VISUALIZED PART OF PANCREAS appears normal and shows normal parenchymal echogenicity. MPD is within normal limits.

SPLEEN appears normal in size (11.6 cm) and shows normal parenchymal echogenicity. No evidence of focal lesion.

Right kidney: 10.2 x 5.4 cm Left kidney: 11.3 x 4.5 cm

BOTH KIDNEYS appear normal in size and position. Show normal cortical parenchymal thickness and echogenicity. Corticomedullary differentiation is maintained.

No evidence of calculus or hydronephrosis or focal lesion on either side.

URINARY BLADDER is full. No evidence of calculus or wall thickening seen.

PROSTATE appears normal in size (volume: 16.7 cm). No evidence of focal lesion noted.

BOWEL LOOPS appear normal in caliber and show normal peristalsis.

No evidence of ascites or significant lymphadenopathy noted.

IMPRESSION:

- **NO SIGNIFICANT SONOGRAPHICAL ABNORMALITY SEEN AT PRESENT SCAN.**

DR. KAJAL LIMBAD, M.D.

CONSULTANT RADIOLOGIST

[This report is not valid for medico-legal purpose. Not all pathologies can be detected on ultrasound in each scan. Further radiographic evaluation is suggested if required.]



2D-ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

NAME: BABUBHAI N RATHWA

AGE/SEX: 52YRS/MALE

DATE: 10/06/2023

REF BY: DR. SAURABH JAIN

OBSERVATION:

- NORMAL LV SIZE WITH NORMAL LV SYSTOLIC DYSFUNCTION. LVEF = 60% (VISUAL).
- NO RWMA AT REST.
- GRADE I LV DIASTOLIC DYSFUNCTION.
- TRIVIAL MR. NO MS.
- NO AR. NO AS.
- TRIVIAL TR. NO PAH.
- NORMAL SIZED LA, RA & RV SIZE WITH NORMAL RV SYSTOLIC FUNCTION
- NORMAL MPA, RPA & LPA.
- INTACT IAS & IVS.
- NO E/O INTRACARDIC CLOT/VEGETATION/PE.
- NORMAL SIZE OF IVC.
- NORMAL PERICARDIUM.

LA: 30MM

AO: 28MM

IVS: 10/13MM

LVPW: 10/13MM

LVID: 42/28MM


CONCLUSION:

- NORMAL LV/RV SIZE AND SYSTOLIC FUNCTION.
- NO RWMA AT REST.
- LVEF = 60 % (VISUAL).

DR.NIRAV BHALANI
[CARDIOLOGIST]

DR.ARVIND SHARMA
[CARDIOLOGIST]




| | | | |
|-----------------------|---------------------------|---|------------------|
| Patient Name : | Babubhai Naranbhai Rathwa | Sample No. : | 20230602842 |
| Patient ID : | 20230601635 |  | |
| Age / Sex : | 52y/Male | Visit No. : | OPD20230605429 |
| Consultant : | DR SAURABH JAIN | Call. Date : | 10/06/2023 08:49 |
| Ward : | - | S. Coll. Date : | 10/06/2023 09:08 |
| | | Report Date : | 10/06/2023 14:18 |

CBC, ESR

| Investigation | Result | Normal Value |
|------------------------|----------------------------------|------------------------------------|
| Hemoglobin : | 14 gm/dl | 13.5 to 18.0 gm/dl |
| P.C.V. : | 43.8 % | 42.0 to 52.0 % |
| M.C.V. : | 67.9 fL [L] | 78 to 100 fL |
| M.C.H. : | 21.7 pg [L] | 27 to 31 pg |
| M.C.H.C. : | 32 g/dl | 32 to 36 g/dl |
| RDW : | 13.4 % | 11.5 to 14.0 % |
| RBC Count : | 6.45 X 10 ⁶ /cumm [H] | 4.7 to 6.0 X 10 ⁶ /cumm |
| Polymorphs : | 66 % | 38 to 70 % |
| Lymphocytes : | 32 % | 15 to 48 % |
| Eosinophils : | 1 % | 0 to 6 % |
| Monocytes : | 1 % [L] | 3 to 11 % |
| Basophils : | 0 % | 0.0 to 1.0 % |
| Total : | 100 | < 100 > 100 |
| WBC Count : | 6000 /cmm | 4000 to 10000 /cmm |
| Platelets Count : | 249000 /cmm | 1,50,000 to 4,50,000 /cmm |
| ESR - After One Hour : | 7 mm/hr | 1 to 13 mm/hr |

Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



| | | | |
|-----------------------|---------------------------|------------------------|--|
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| Ward : | - | Report Date : | 10/06/2023 15:37 |

FBS & PPBS


| Investigation | Result | Normal Value |
|-------------------------|-----------|-----------------|
| Blood Sugar (FBS) : | 96 mg/dl | 74 - 100 mg/dl |
| Urine Sugar (FUS) : | Nil | |
| Blood Sugar (PP2BS) : | 119 mg/dl | 70 to 120 mg/dl |
| Urine Sugar (PP2US) : | Nil | |

HBA1C

| Investigation | Result | Normal Value |
|---|-----------|---|
| Glycosylated Hb : | 6.1 % [H] | Near Normal Glycemia : 6 to 7 Excellent Control : 7 to 8 Good Control : 8 to 9 Fair Control : 9 to 10 Poor Control : > 10 |
| Average Plasma Glucose of Last 3 Months : | 128.37 | |

Dr.Mehul Desai
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| | | Report Date : | 10/06/2023 14:18 |


Lipid Profile

| Investigation | Result | Normal Value |
|--------------------------|--------------|---|
| Sample : | Fasting | |
| Sample Type : | Normal | |
| Cholesterol (Chol) : | 139 mg/dl | Low risk : < 200 Moderate risk : 200 - 239 High risk : > or = 240 |
| Triglyceride : | 105 mg/dl | Normal : < 200.0 High : 200 - 499 Very High : > or = 500 |
| HDL Cholesterol : | 42 mg/dl | Low risk: >or = 60 mg/dL High risk : Up to 35 mg/dL |
| LDL : | 76 mg/dl [L] | 131.0 to 159.0(N) < 130.0(L) > 159.0(H) |
| VLDL : | 21 mg/dl | Up to 0 to 34 mg/dl |
| LDL/HDL Ratio : | 1.81 | Low risk : 0.5 to 3.0 Moderate risk : 3.0 to 6.0 Elevted level high > 6.0 |
| Total Chol / HDL Ratio : | 3.31 | Low Risk : 3.3 to 4.4 Average Risk : 4.4 to 7.1 Moderate Risk : 7.1 to 11.0 High Risk : > 11.0 |
| Total Lipids : | 586 mg/dl | 400 to 700 mg/dl |

Note :- Lipemic samples give high triglyceride value and falsely low LDL value.

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| Ward : | - | Report Date : | 10/06/2023 14:18 |

Blood Group

| Investigation | Result | Normal Value |
|----------------------|----------|--------------|
| BLOOD GROUP : | | |
| ABO | O | |
| Rh | Positive | |


RENAL FUNCTION TEST

| Investigation | Result | Normal Value |
|---------------|-----------|-----------------|
| Creatinine : | 0.6 mg/dl | 0.6 - 1.4 mg/dl |
| Urea : | 12 mg/ dl | 13 - 45 mg/dl |
| Uric Acid : | 6.5 mg/dl | 3.5 - 7.2 mg/dl |
| Calcium : | 9.1 mg/dl | 8.5 - 10.5 |
| Phosphorus : | 4.6 mg/dl | 1.5 - 6.8 |



Dr.Mehul Desai
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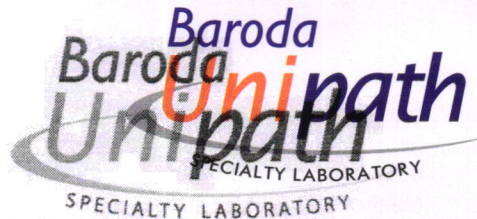


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LFT (Liver Function Test)

| Investigation | Result | Normal Value |
|------------------------------|-------------|------------------|
| Total Bilirubin : | 0.9 mg/dl | 0.2 to 1.0 mg/dl |
| Direct Bilirubin : | 0.4 mg/dl | 0.0 to 0.2 mg/dl |
| Indirect Bilirubin : | 0.5 mg/dl | 0.0 to 0.8 mg/dl |
| AST (SGOT) : | 37 U/L [H] | 5 to 34 U/L |
| ALT (SGPT) : | 27 U/L | 0 to 55 U/L |
| Total Protein (TP) : | 7 g/dL | 6.4 to 8.3, g/dl |
| Albumin (ALB) : | 4.3 g/dl | 3.5 to 5.2 g/dl |
| Globulin : | 2.7 g/dl | 2.3 to 3.5 g/dl |
| A/G Ratio : | 1.59 | |
| Alkaline Phosphatase (ALP) : | 153 U/L [H] | 40 to 150 U/L |
| GAMMA GT. : | 34 U/L | 7 to 35 U/L |

Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020
Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020
 Phone: 0265-2354435 / 2326260 | Mobile: 7228800500 / 8155028222 | Email: info.baroda@unipathllp.in



TEST REPORT

Reg. No. : 30601004873 Reg. Date : 10-Jun-2023 12:01 Collected On : 10-Jun-2023 12:01
 Name : Mr. BABU RATHWA Approved On : 10-Jun-2023 13:25
 Age : 52 Years Gender : Male Ref. No. : Dispatch At :
 Ref. By : Tele No. :
 Location : SAVITA SUPERSPECIALTY HOSPITAL @ WAGHODIYA ROAD

| Test Name | Results | Units | Bio. Ref. Interval |
|--|---------|--------|--------------------|
| THYROID FUNCTION TEST | | | |
| T3 (triiodothyronine) <i>Method:CLIA</i> | 1.36 | ng/mL | 0.6 - 1.81 |
| T4 (Thyroxine) <i>Method:CLIA</i> | 11.20 | µg/dL | 4.5 - 12.6 |
| TSH (ultra sensitive) <i>Method:CLIA</i> | 1.066 | µIU/mL | 0.55 - 4.78 |
| Sample Type:Serum | | | |

Comments:

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Eddition. Philadelphia: WB Saunders,2012:2170


----- End Of Report -----

This is an electronically authenticated report.

Test done from collected sample.

Dr. Ankit Jhaveri



| | | | |
|-----------------------|---------------------------|------------------------|--|
| Patient Name : | Babubhai Naranbhai Rathwa | Sample No. : | 20230602842  |
| Patient ID : | 20230601635 | Visit No. : | OPD20230605429 |
| Age / Sex : | 52y/Male | Call. Date : | 10/06/2023 08:49 |
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| Ward : | - | Report Date : | 10/06/2023 14:18 |

Urine R/M

| Investigation | Result | Normal Value |
|--------------------|-------------|--------------|
| Quantity - : | 20 ml | |
| Colour - : | Straw | |
| Reaction (pH) : | 7.0 | 4.6-8.0 |
| Turbidity : | Clear | |
| Deposit : | Absent | Absent |
| Sp.Gravity : | 1.005 | 1.005-1.010 |
| Protein : | Absent | Absent |
| Glucose : | Absent | Absent |
| Bile Salts : | Absent | Absent |
| Bile pigments : | Absent | Absent |
| Ketones : | Absent | Absent |
| Urobilinogen : | Absent | |
| Blood : | Absent | Absent |
| Pus Cells : | 0-1 /hpf | 0-5/hpf |
| Red Blood Cells : | Absent /hpf | Absent |
| Epithelial Cells : | 0-1 /hpf | |

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521

20230601635
52 Years

RATHWA, BABUBHAI
Male

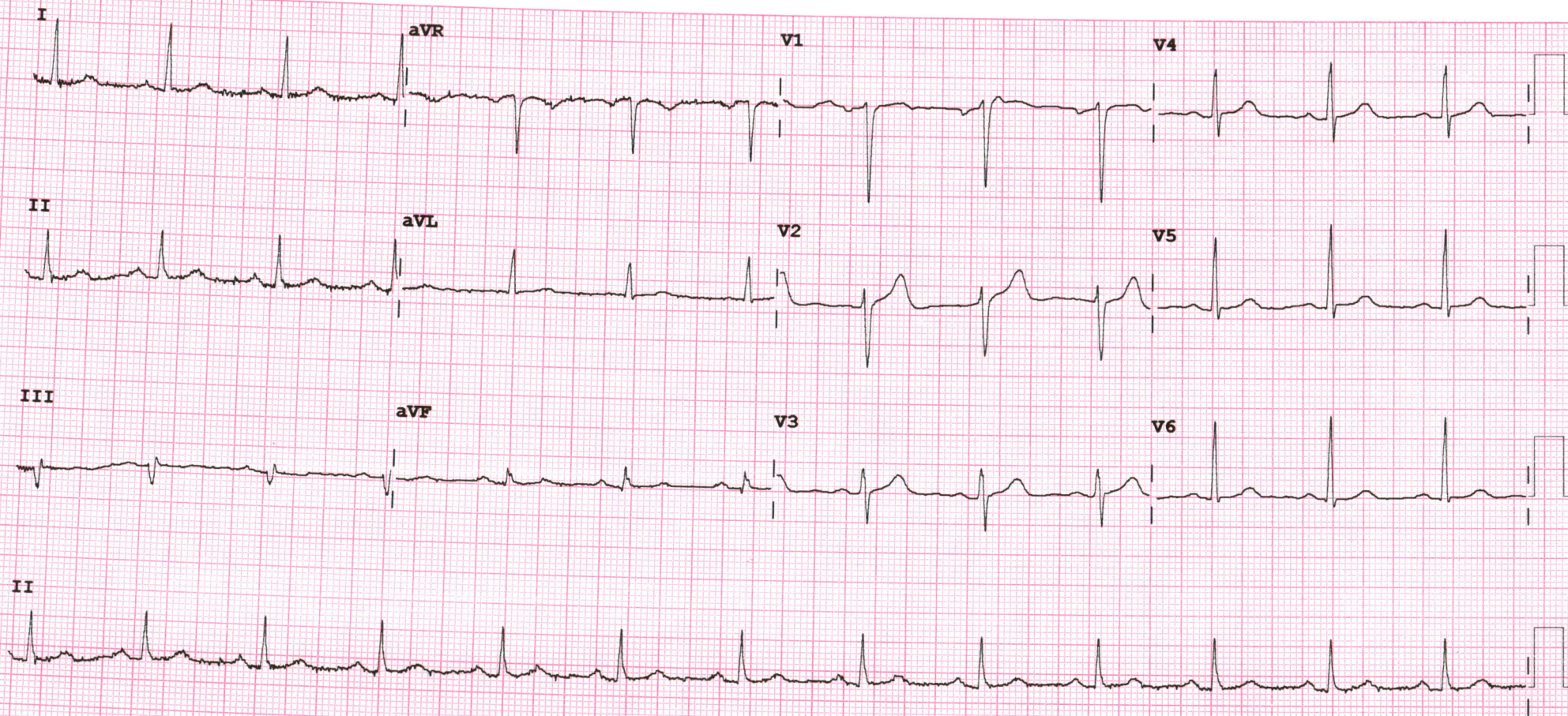
10-Jun-23 8:58:13 AM

Rate 78
PR 184
QRSD 82
QT 356
QTc 406

--AXIS--

P 59
QRS 15
T 21

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

PH09

P?



PHYSICIAN EXAMINATION

| | | | |
|----------|------------------------------|-------|------------|
| Name : | BABUBHAI NARANBHAI RATHWA | Age : | 52/MALE |
| Reg.No : | 20230601635 | DOE : | 10/06/2023 |

Physical Examination:

| | | | | | | | |
|---------|-----------|---------|------|--------|----|--------------|--------|
| Height: | 169 CM | Weight: | 70KG | PULSE: | 92 | Temperature: | NORMAL |
|---------|-----------|---------|------|--------|----|--------------|--------|

| | | | | | |
|-------|------|------|---------|------|-----|
| BMI : | 2.41 | BP : | 166/100 | SPO2 | 99% |
|-------|------|------|---------|------|-----|

| | |
|------------------------|--|
| Chief Complaint : | NAD |
| Past History : | NAD |
| General Examination : | NAD |
| Systemic Examination : | NAD |
| INVESTIGATION : | RBS :96 MG/DL ECG:WNL |
| ADVICE : | ADD DIET,REGULAR EXECISE, SUGAR FREE DIET/TEA |

DR. SAURABH JAIN





Examination By Ophthalmologist

| | | | |
|-----------------------------|----------------------------------|--------------|-------------------|
| Name : | BABUBHAI NARANBHAI RATHWA | Age : | 52/MALE |
| Reg.No : | 20230601635 | DOE : | 10/06/2023 |
| Present Complaints : | NO FRESH C/O | | |
| Medical History : | NAD | | |
| Examination Of Eye : | NAD | | |

| | | |
|--|---|---|
| External Examination : | NIL | NIL |
| Anti Seg Examination : | A/S WNL | |
| Schiotz Tonometry IOP : | P:RRRL | |
| Fundus : | NILL | |
| Without Glass | Distant Vision : | |
| | Near Vision : | |
| With Glass | Distant Vision : 6/6WITH-1.540DSPH | 6/6WITH- 1.5LDSPH/- 0.50D1Y1/180 |
| | Near Vision : N6WITH+1.5LDSPH | N6WITH +1.5LDSPH |
| Colour Vision (With Ishihara Chart) : | WNL | |
| Advice : | NAD | |

DR CHETAN CHAUHAN





EXAMINATION BY DENTAL

| | | | |
|-----------------|----------------------------------|-----------------|-----------------|
| Name : | BABUBHAI NARANBHAI RATHWA | Age/Sex: | 52/MALE |
| Reg No : | 20230601635 | DOE: | 10/06/23 |

| | |
|-------------------------------|-----------------------|
| Presenting Complaint : | ROUTINE CHEKUP |
|-------------------------------|-----------------------|

| | |
|--------------------------|------------|
| Medical History : | NAD |
|--------------------------|------------|

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|----------------------|----------------------------------|
| Examination : | CALCULUS+++, STAIN+++ |
|----------------------|----------------------------------|

| | |
|---------------------|------------|
| Impression : | NAD |
|---------------------|------------|

| | |
|-----------------|----------------------------------|
| Advice : | SCALING AND POLISHING |
|-----------------|----------------------------------|

DR RUSDA MALEK

