



Patient Name : MRS. JAMUNA SWAIN
Age / Gender : 49 years / Female
Patient ID : 19129

Referral : MEDI WHEEL
Collection Time : 28/11/2023, 10:01 AM
Reporting Time : 28/11/2023, 01:40 PM
Sample ID :



22010

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Graf	0.78	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diaztiazation	0.14	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.64	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with PSP, IPCC 37 degree	21.39	8 - 33	U/L
SGPT Method : Serum, UV with PSP, IPCC 37 degree	26.58	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	5.19	< 38	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	87.32	42-141	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.92	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.25	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.67	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.59	1.2 - 2.2	

END OF REPORT

Lab technician

Woh
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Zena Healthcare Services

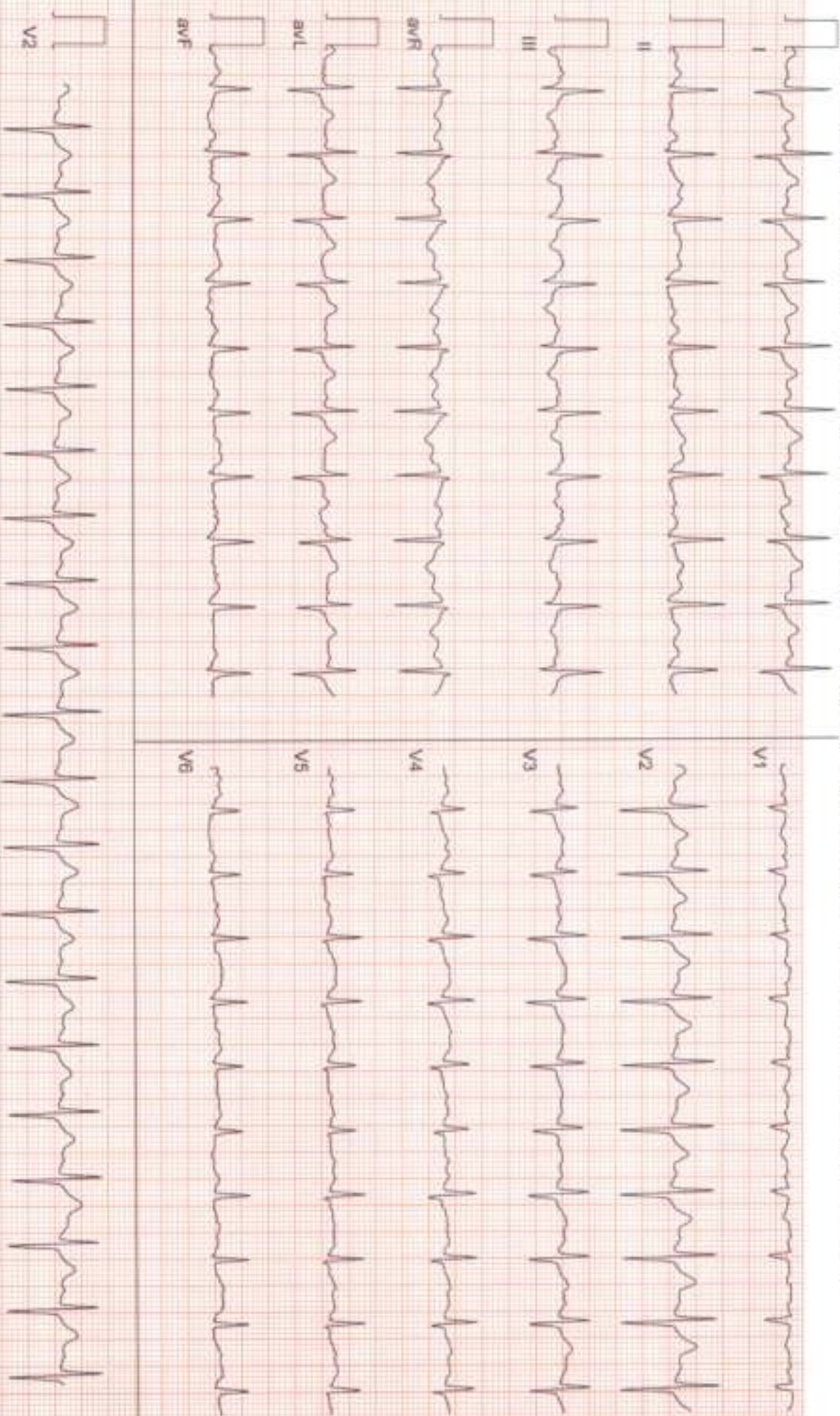
Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
9574 2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health



Date: 28 - 11 - 2023 12:08:19 PM METS: 1.0 HR: 119 Target HR: 70% of 171 BP: 130/82

ExTime: 00:00 0.0 mV/10 0 % 25 mm/Sec 1.0 Cm/mV BLC ON/ Watch ON HF 0.05 Hz/LF 36 Hz





Patient Name : MRS. JAMUNA SWAIN
Age / Gender : 49 years / Female
Patient ID : 19129

Referral : MEDI WHEEL
Collection Time : 28/11/2023, 10:01 AM
Reporting Time : 28/11/2023, 01:40 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.69	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.35	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.91	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range Isolated High T3Especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Interimittent L4 therapy for hypothyroidism. Recovery phase after Non-Thyroidal illness*
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy. Post radioiodine Hypothyroid phase of transient thyroiditis*
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies)Intermittent L4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics-
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness. Subclinical Hyperthyroidism. Thyroxine ingestion*
Decreased	Decreased	Decreased	Central Hypothyroidism. Non-Thyroidal illness. Recent treatment for Hyperthyroidism (TSH remains suppressed)*
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease) Multinodular goitre, Toxic nodule •Transient thyroiditis Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum*
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

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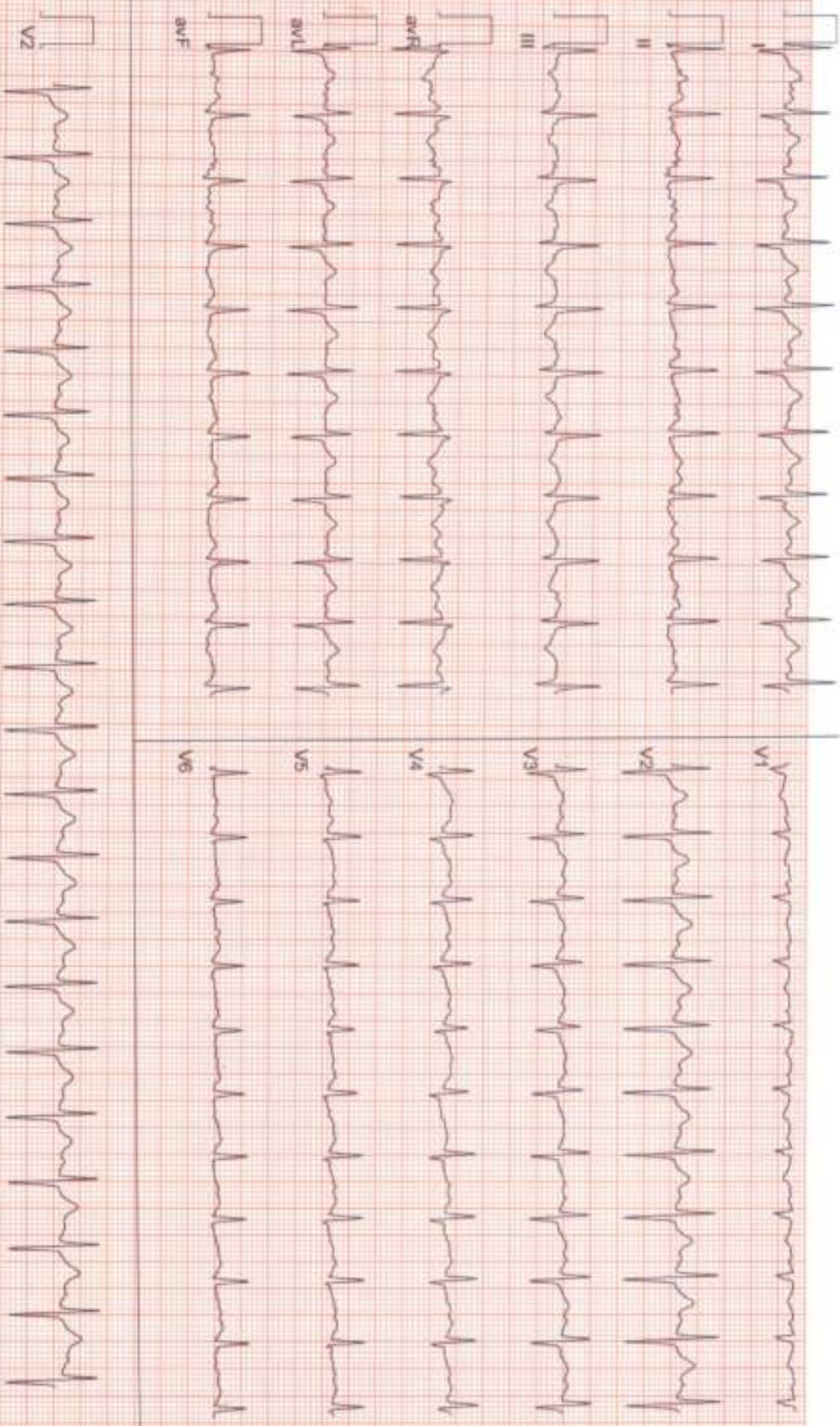
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Ph : 9674 2519902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health



DATE: 28-11-2023 12:08:19 PM METS: 1.0 HR: 119 Target HR: 70% of 171 BP: 130/82

ExTime: 00:00 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV ELC ON/ Mch/ DW HF 0.05 Hz/LS 30 Hz





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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

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Age / Gender : 49 years / Female
Patient ID : 19129

Referral : MEDI WHEEL
Collection Time : 28/11/2023, 10:01 AM
Reporting Time : 28/11/2023, 01:40 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Lab Technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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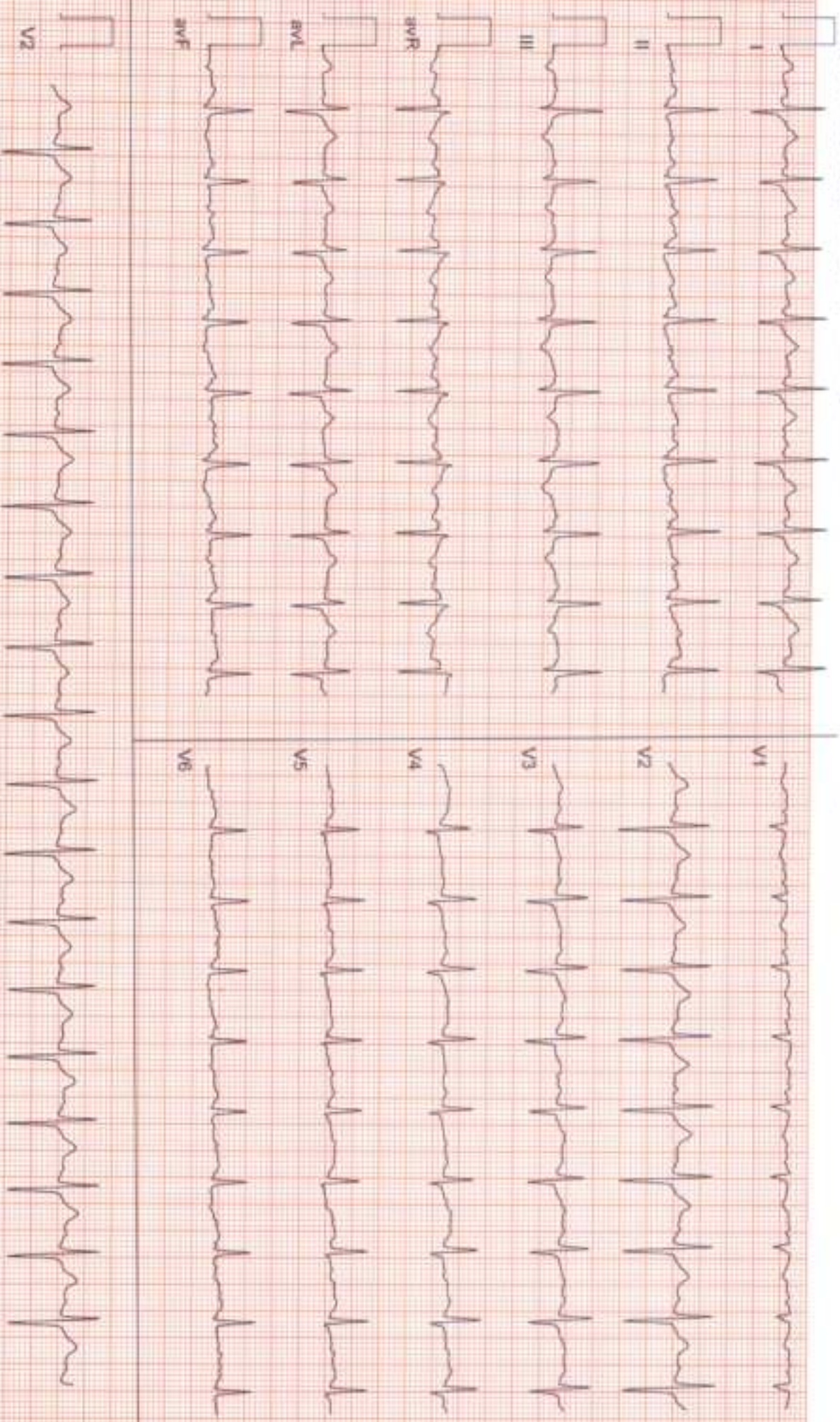
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Wishing Good Health



Date: 28-11-2023 12:08:19 PM METS: 1.0 HR: 117 Target HR: 66% of 171 Bp: 130/82

Ex Time: 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV ECG Dev Match Dev HF 0.05 H/L/F 35 Hz





Patient Name : MRS. JAMUNA SWAIN
Age / Gender : 49 years / Female
Patient ID : 19129

Referral : MEDI WHEEL
Collection Time : 28/11/2023, 10:01 AM
Reporting Time : 28/11/2023, 01:41 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	189.22	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	152.38	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	47.30	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	111.44	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	30.48	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.36	2.5 - 3.5	

Note:
8-10 hours fasting sample is required.

END OF REPORT

Lab technician

Wishu

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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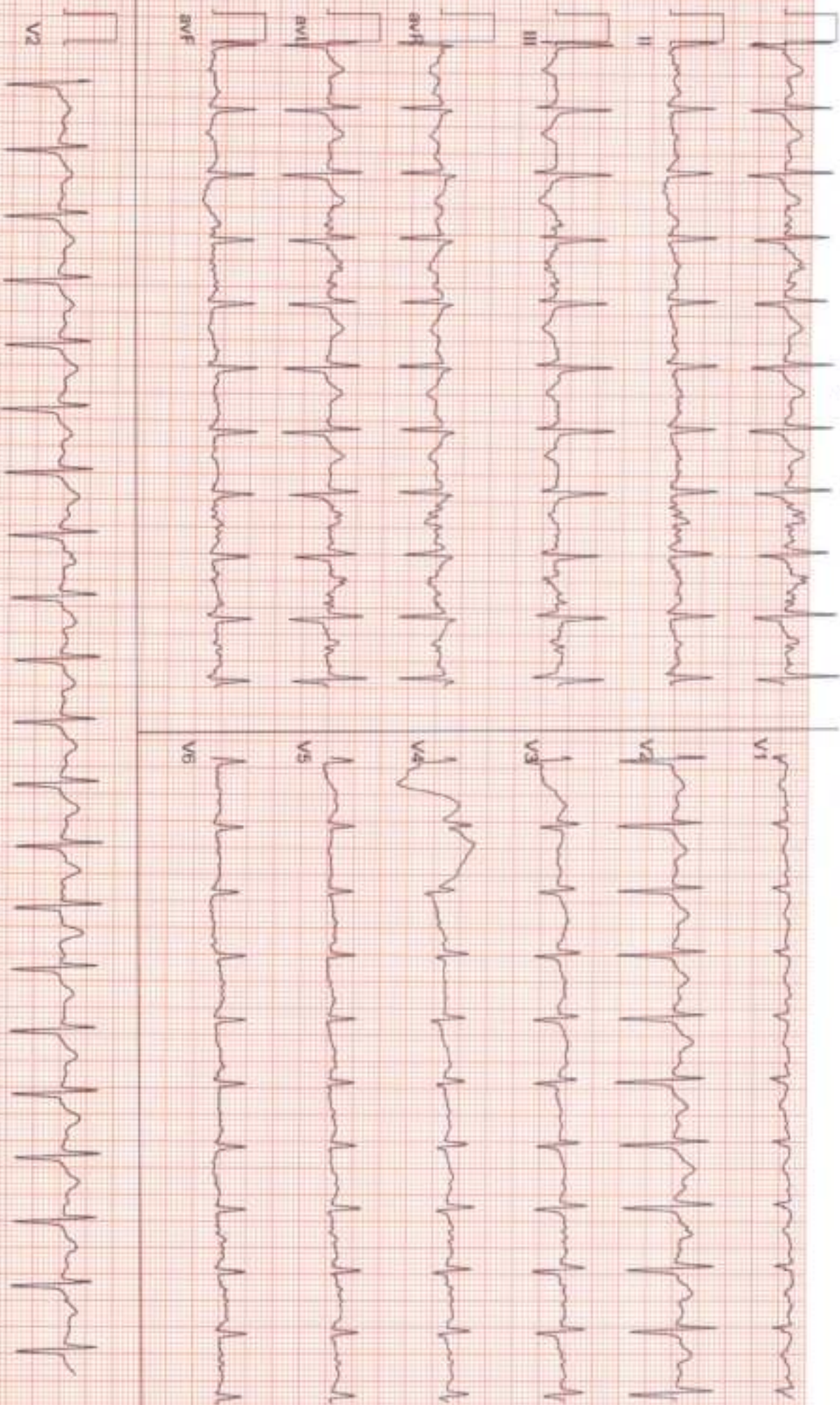
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Ph : 0674-2549902, 9592276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health



Date: 28 - 11 - 2023 12:08:19 PM METs : 1.0 HR : 120 Target HR : 70% of 171 BP : 130/82

Ex Time : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC ON/ Natch ON/ HF 0.05 Hz&F 35 Hz





Patient Name : MRS. JAMUNA SWAIN
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Patient ID : 19129

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Collection Time : 28/11/2023, 10:01 AM
Reporting Time : 28/11/2023, 01:40 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	121.59	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial Method : Hexokinase	164.38	70 - 140	mg/dL
Creatinine			
Creatinine Method : Serum, Jaffe	0.89	0.60 - 1.30	mg/dL
Uric acid, Serum			
Uric Acid Method : Uricase, Colorimetric	6.12	3.4 - 7.0	mg/dL
BUN, Serum			
BUN-Blood Urea Nitroge Method : Serum, Urease	14	10 - 50	mg/dL
Blood Group ABO & Rh Typing, Blood			
Blood Group (ABO typing) Method : Manual-Hemagglutination	*O*		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Negative		

END OF REPORT

Lab technician

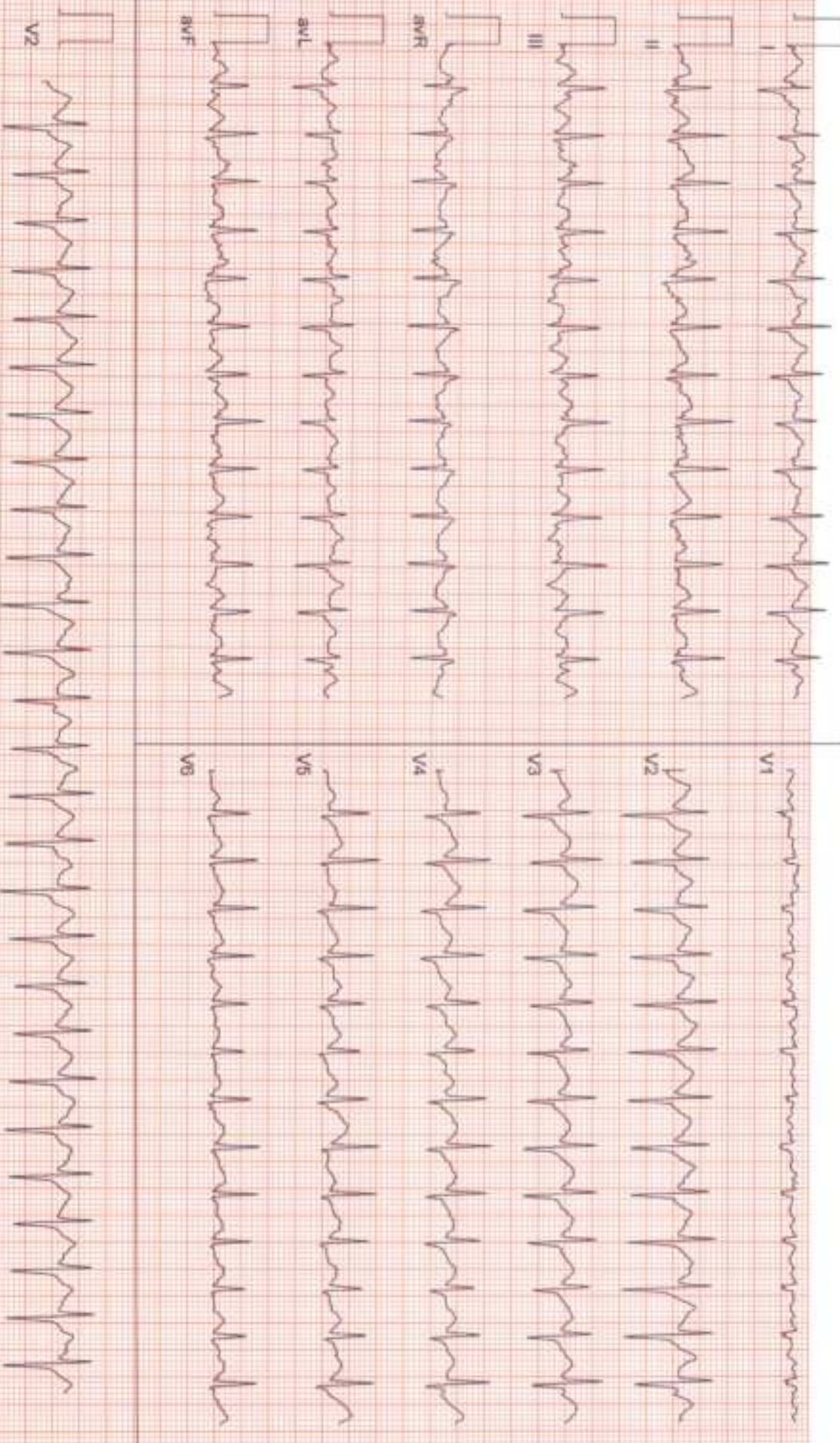
Wah
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :



Date: 28 - 11 - 2023 12:08:19 PM METs : 4.7 HR : 166 Target HR : 97% of 171 Bp : 131/82

Ex Time : 03:00 1.7 mph/10.0 % 25 mm/Sec 1.0 Cm/mV BLC Qv Natch Qv HF 0.05 Hz/LF 35 Hz





Patient Name : MRS. JAMUNA SWAIN
Age / Gender : 49 years / Female
Patient ID : 19129

Referral : MEDI WHEEL
Collection Time : 28/11/2023, 10:01 AM
Reporting Time : 28/11/2023, 01:38 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
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<u>HbA1c, Glycosylated Hemoglobin</u>			
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.81		%

Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	120.05	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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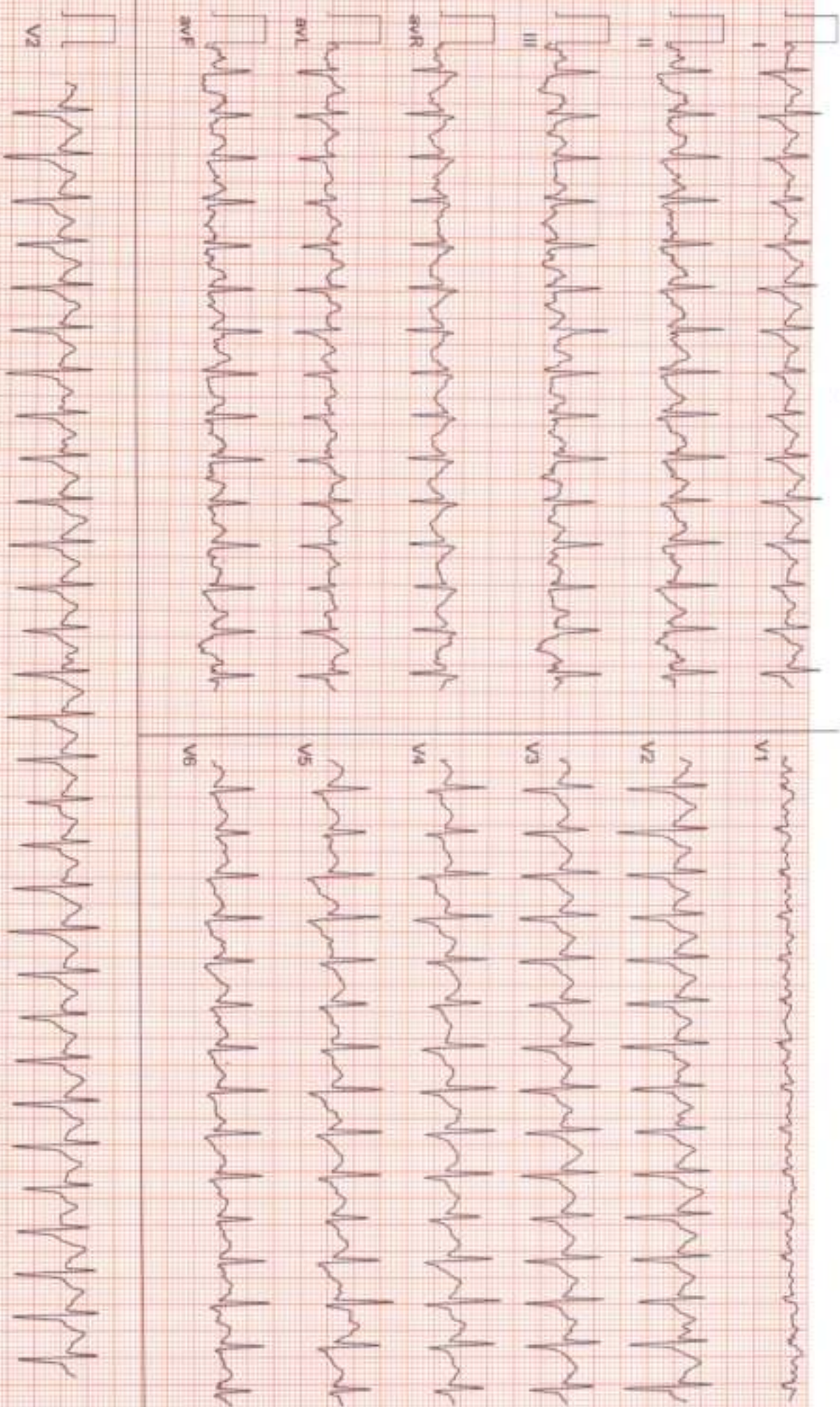
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Wishing Good Health



Date: 26 - 11 - 2023 12:08:19 PM METS : 7.1 HR : 161 Target HR : 106% of 171 BP : 133/83

Ex Time : 06:00 2.5 mph/12.0 % 25 min/Sec 1.0 Cal/hr/ BLC On/ Motion On/ HF 0.00 Hz/LF 35 Hz





Patient Name : MRS. JAMUNA SWAIN

Age / Gender : 49 years / Female

Patient ID : 19129

Referral : MEDI WHEEL

Collection Time : 28/11/2023, 10:01 AM

Reporting Time : 28/11/2023, 01:38 PM

Sample ID :



22010

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate 16 0 - 20 mm/hr

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

****END OF REPORT****

Ksh

Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

Lab technician

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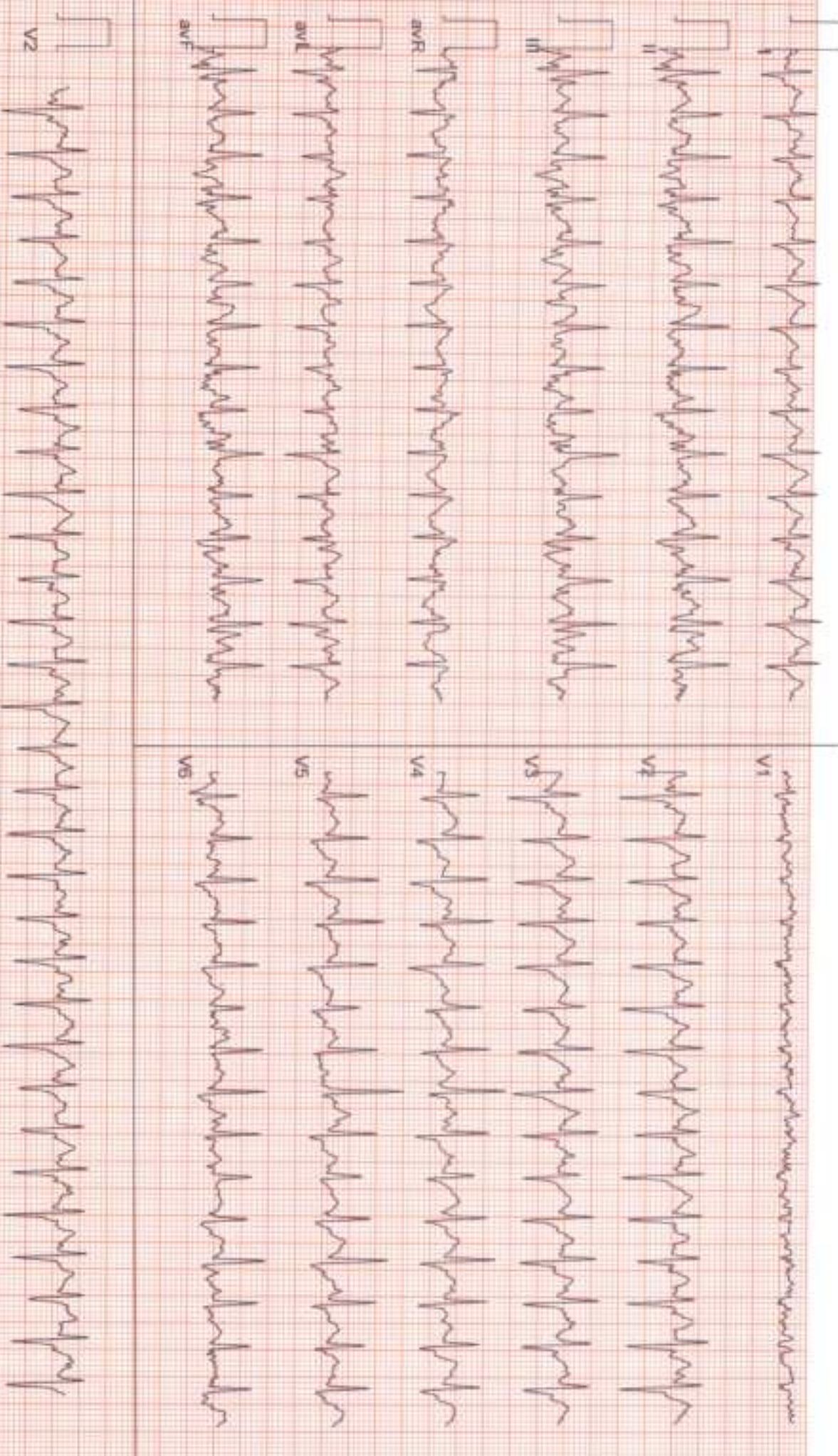
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Wishing Good Health



Date: 28 - 11 - 2023 12:08:19 PM METN : 8.2 HR : 186 Target HR : 109% of 171 BP : 130/83

ExTime : 07:01 3.4 mm/14.0 % 25 mm/Sec 1.0 Cm/mV ELC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



Patient Name : MRS. JAMUNA SWAIN

Age / Gender : 49 years / Female

Patient ID : 19129

Referral : MEDI WHEEL

Collection Time : 28/11/2023, 10:01 AM

Reporting Time : 28/11/2023, 01:28 PM

Sample ID :



22010

Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab technician

Kundan
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

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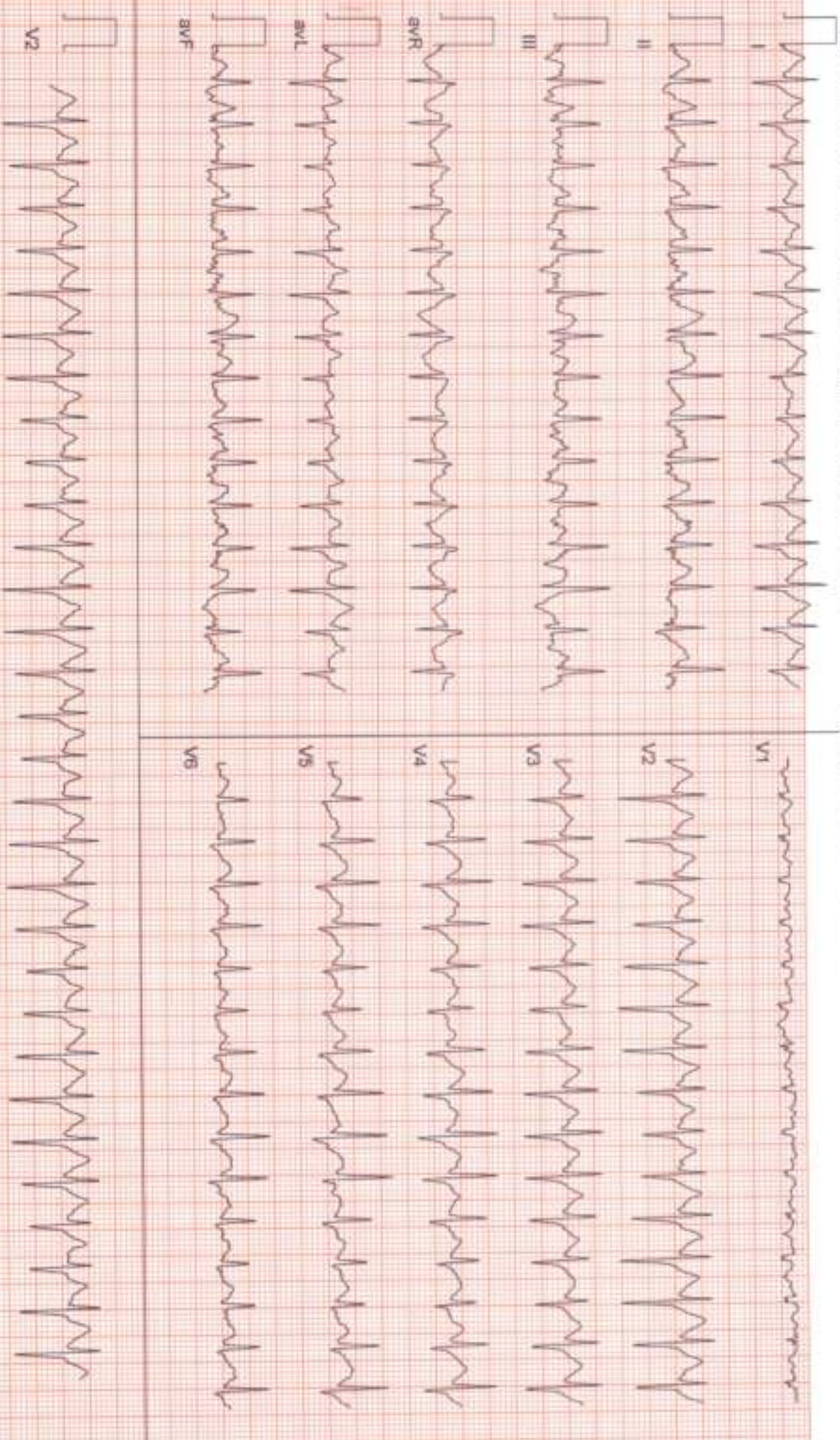
Wishing Good Health

6 x 2 + Rhythm
Recovery(0:30)



Date: 28 - 11 - 2023 12:08:19 PM METS : 4.2 HR : 181 Temp HR : 106% of 171 BP : 133/83

Ex Time : 07:01 1.1 mpxd 0 % 25 mm/Sec 1.0 Cm/mV BLC Ov' North Ov/HF 0.05 Hz/LF 35 Hz



Patient :	MRS. JAMUNA SWAIN	Doctor :	Dr. BIJAYA KUMAR MOHANTY
Age/Sex :	49 years 0 months /Female	Facility :	Dr. Agarwal's Health Care Ltd, Bhubaneswar
Contact :	7002903865	Appt. Dt :	28 Nov'23
MR No. :	BHU/40288/23	Address :	RAMESWAR KHURDA, Khurda H.O, Khurda, ODISHA 0
Note Dt :	28 Nov'23		

OPD SUMMARY

HISTORY

Visit: General Checkup

Chief Complaints :

- Blurring/Diminution of vision in Both Eye since 7 months - Near.

Ophthalmic History :

- Glasses Left Eye since 10 years & Right Eye since 10 years - PGP Not Brought

Systemic History :

- Hypertension since 3 months - On Rx
H/o Taking Tab for Migraine @ 10 Yrs (Not Regularly)

Allergies : None

REFRACTION

R/OD

Keratometry:

	Value	Axis
Kh	48.50	180
Kv	49.25	90

Avg. K: 48.88

Cyl: -0.75

Auto Refraction:

	Sph	Cyl	Axis
Dry	+1.50	-0.75	100
	--	--	--
	--	--	--
Dilated	--	--	--

L/OS

Keratometry:

	Value	Axis
Kh	48.25	160
Kv	48.50	70

Avg. K: 48.38

Cyl: -0.25

Auto Refraction:

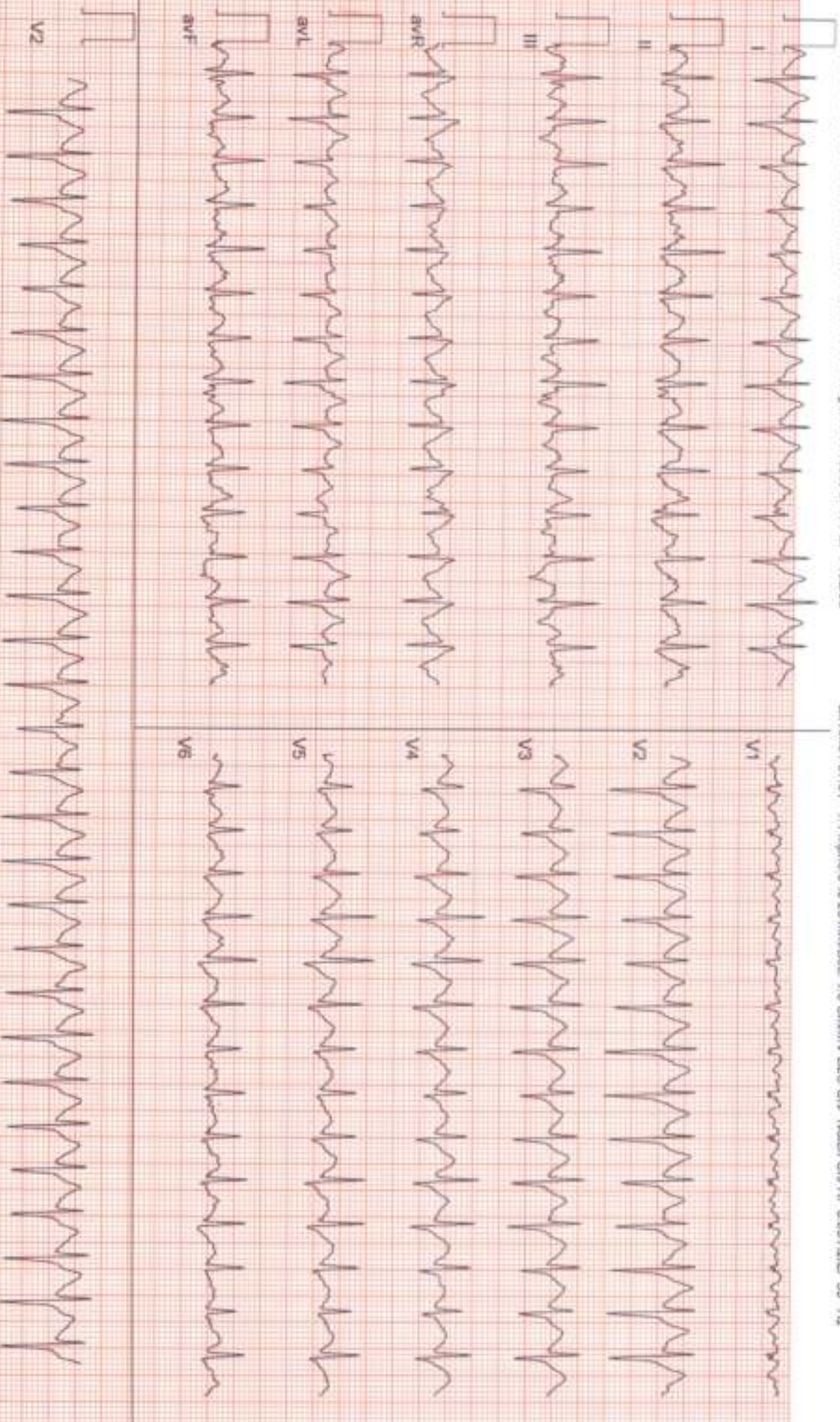
	Sph	Cyl	Axis
Dry	+1.50	-1.25	85
	--	--	--
	--	--	--
Dilated	--	--	--

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

ପଦ୍ମା ଇନ୍ଦ୍ରାଜିତ ପରିଷଦ: ଯୋଗସିଦ୍ଧି ଆର୍ଟି ସରକ୍ଷା, ବୁଦ୍ଧ ବୋର୍ଡିଂ, ଆର୍ଟି ଭାଇ ପର୍ଟିଭା ଓ ପୁଣି ଶକ୍ତି ଚିକିତ୍ସା କ୍ଷେତ୍ରରେ ସମ୍ମାନିତ ଉଚ୍ଚ ନିମନ୍ତ୍ରଣ (୮୧୧୮ ୦୫୨୨୦୨)

6 x 2 + Rhythm
Recovery(1:00)



ID 1239 CASE
AGE 49Y M D

JANUNA SWAIN
FEMALE

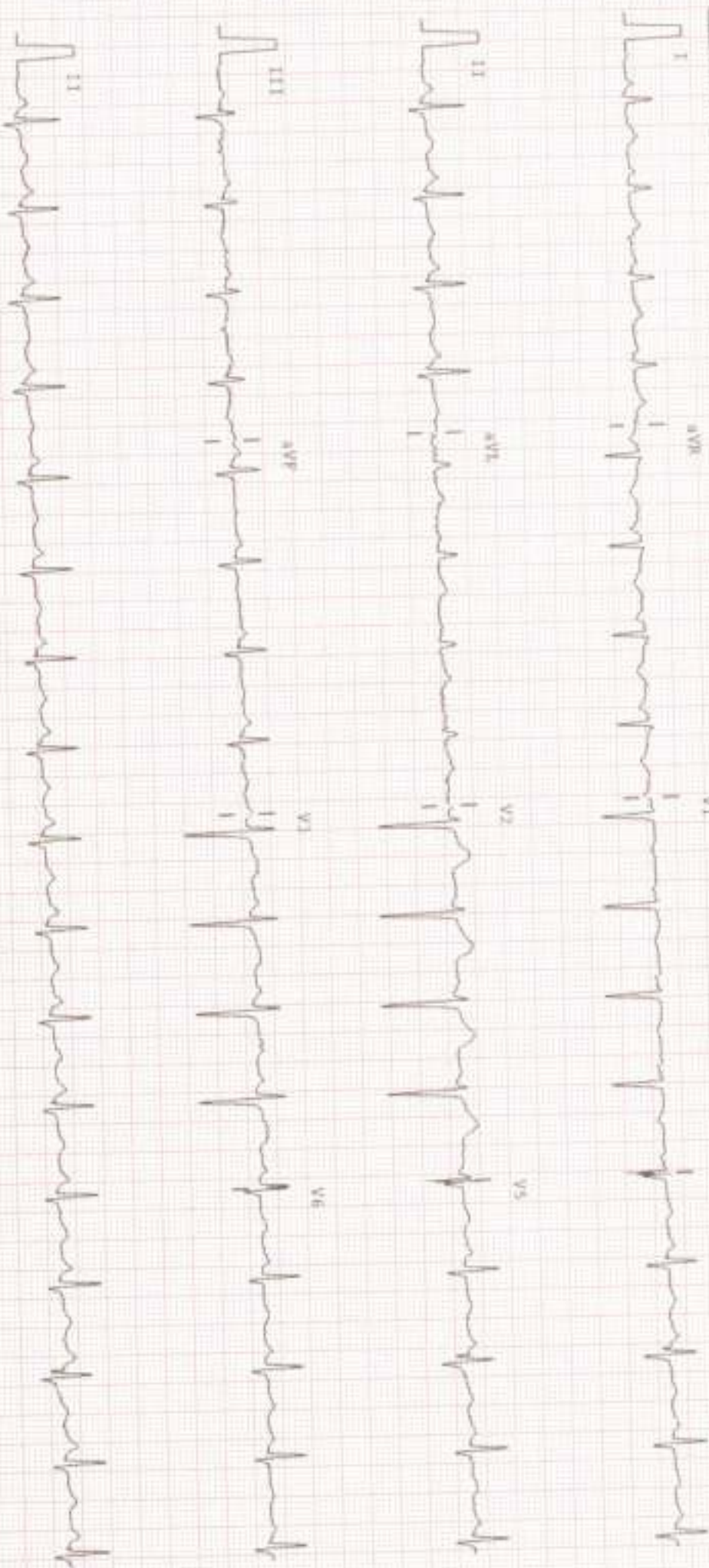
28/11/2023 10:17:29
ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

Cms K9

HAVE	100 u/m	SINUS RHYTHM
R-R	599 ms	
P-R	128 ms	
QRS	80 ms	
QT	370 ms	
QTc	440 ms	

--ASIS--
P 55*
QRS 19*
T 17*
NORMAL ECG

12 LEAD REPORT FORMAT 3x4+1L 50

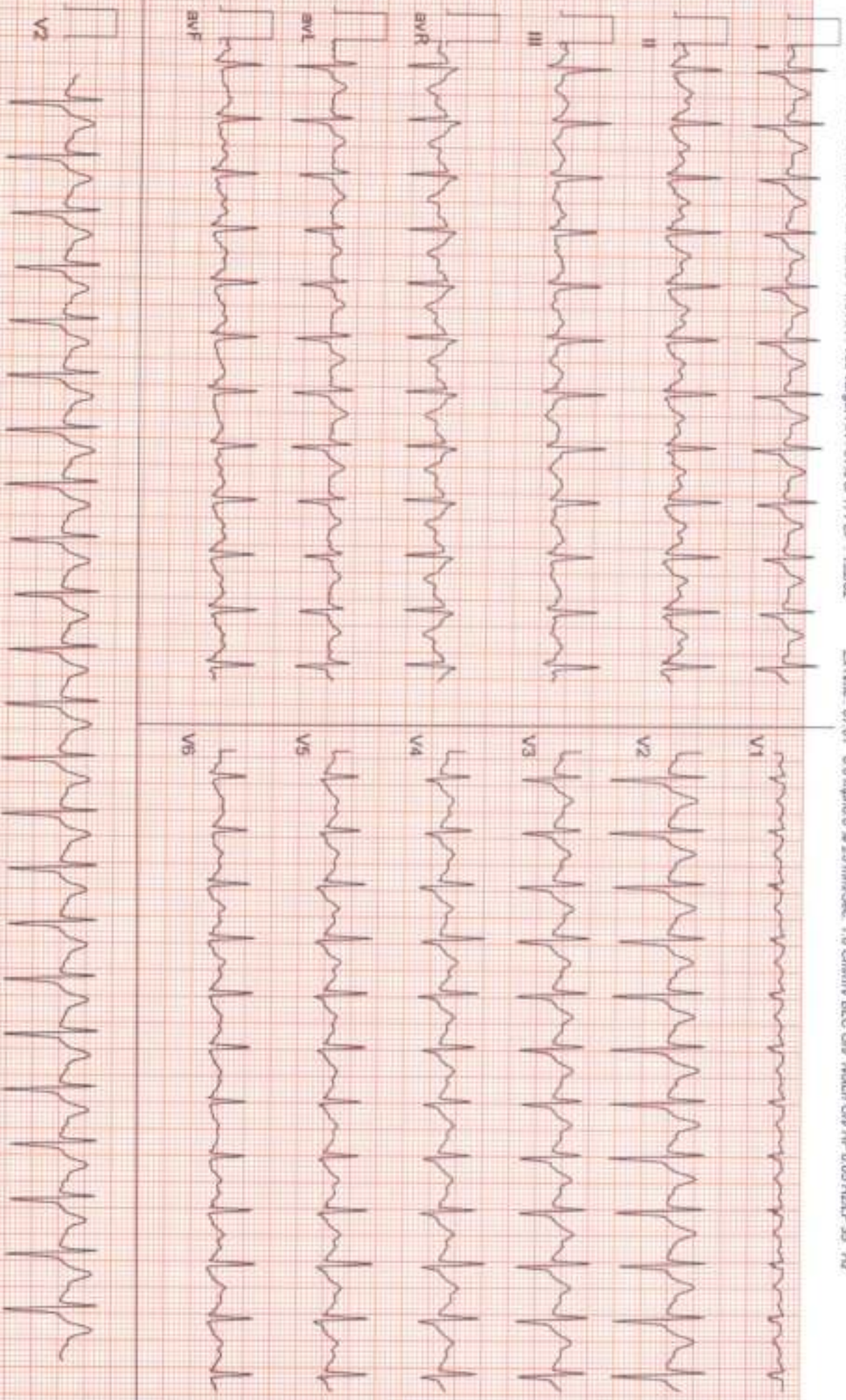


6 x 2 + Rhythm
Recovery(3:00)



Date: 28 - 11 - 2023 12:08:19 PM METS : 1.0 HR : 139 Target HR : 81% of 171 BP : 120/82

ExTime : 07:01 0.0 rpm/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On Watch On/HP 0.05 Hz/LF 35 Hz



NAME:- JAMUNA SWAIN
AGE:-49YRS

REFERRAL:-MEDI WHEEL

Patient ID:- 03

DATE :-28.11.2023
SEX :-FEMALE

CHEST X-RAY PA VEIW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Mediastinum in position

IMPRESSION:-NORMAL STUDY.



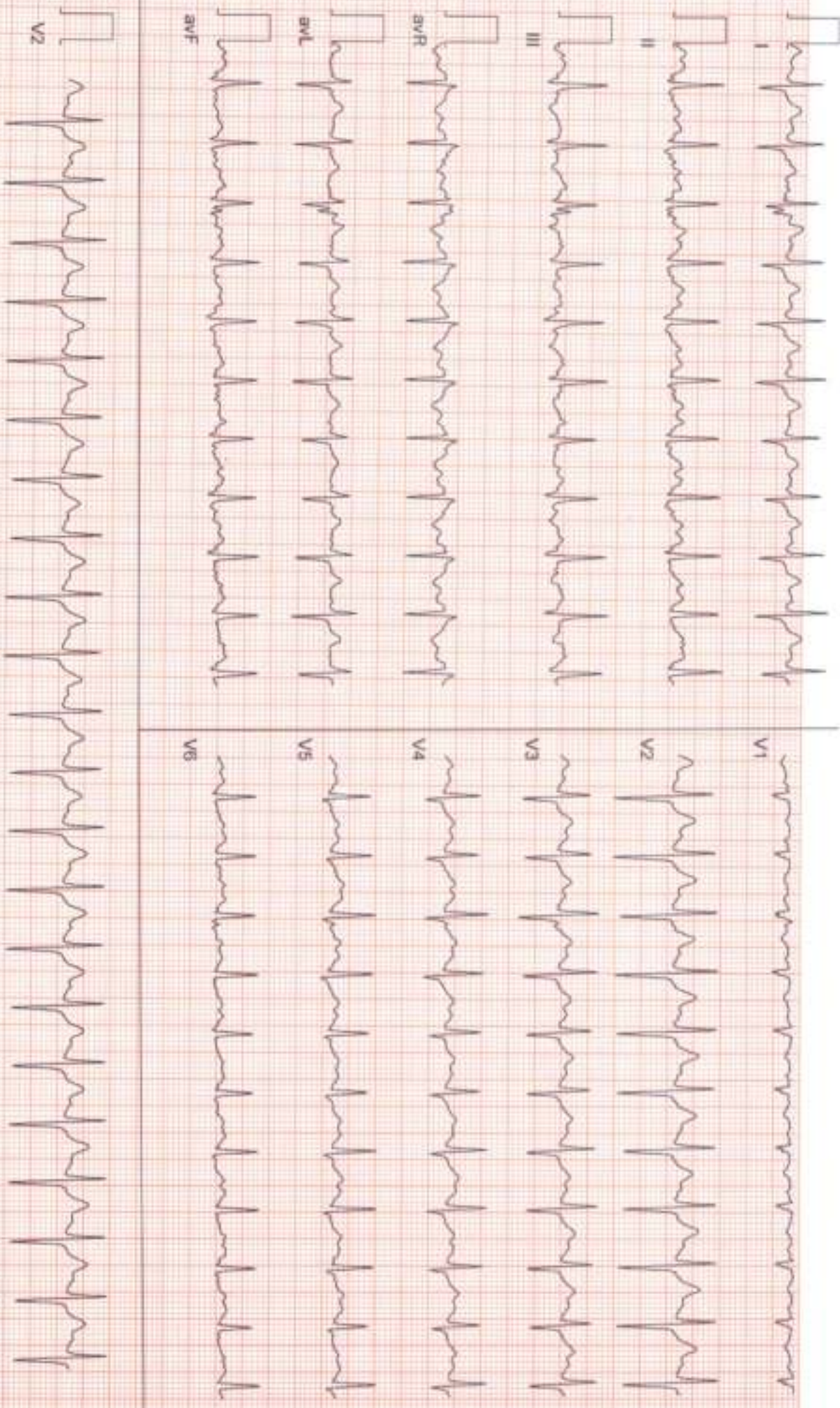
Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist



Date: 29-11-2023 12:08:19 PM METs: 1.0 HR: 132 Target HR: 77% of 171 BP: 131/81

ExTime: 07:01 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz





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Sample ID :



Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	13.2	12.0 - 15.0	gm/dL
Erythrocyte (RBC) Count	4.18	3.8 - 4.8	mil/cu.mm
Packed Cell Volume (PCV)	41.6	36 - 46	%
Mean Cell Volume (MCV)	99.52	83 - 101	fL
Mean Cell Haemoglobin (MCH)	31.58	27 - 32	PG
Mean Corpuscular Hb Conc. (MCHC)	31.73	31.5 - 34.5	g/dL
Red Cell Distribution Width (RDW)	13.2	11.6 - 14.0	%
Total Leucocytes (WBC) Count	6700	4000-10000	cell/cu.mm
Neutrophils	66	40 - 80	%
Lymphocytes	29	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	281	150 - 410	10 ³ /ul
Mean Platelet Volume (MPV)	10.6	7.2 - 11.7	fL
PCT	0.30	0.2 - 0.5	%
PDW	16.2	9.0 - 17.0	%

END OF REPORT

Lab technician

[Signature]
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health



734 / JAMUNA SWAIN / 49 Yrs / F / 152 Cms / 67 Kg Date: 28-Nov-2023 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:27	0:27	00.0	00.0	01.0	119	70 %	130/82	154	00	
Standing	00:43	0:16	00:0	00:0	01:0	119	70 %	130/82	154	00	
HV	01:01	0:18	00:0	00:0	01:0	117	68 %	130/82	152	00	
ExStart	01:22	0:21	00:0	00:0	01:0	120	70 %	130/82	156	00	
BRUCE Stage 1	04:22	3:00	01:7	10:0	04:7	186	97 %	131/82	217	00	
BRUCE Stage 2	07:22	3:00	02:5	12:0	07:1	181	106 %	133/83	240	00	
PeakEx	08:23	1:01	03:4	14:0	08:2	186	109 %	133/83	247	00	
Recovery	08:53	0:30	01:1	00:0	04:2	181	106 %	133/83	240	00	
Recovery	09:23	1:00	01:1	00:0	01:2	174	102 %	132/83	229	00	
Recovery	11:23	3:00	00:0	00:0	01:0	139	81 %	132/82	183	00	
Recovery	13:32	5:09	00:0	00:0	01:0	132	77 %	131/81	172	00	

FINDINGS :

Exercise Time : 07:01
 Max HR Attained : 186 bpm 109% of Target 171
 Max BP Attained : 133/83
 Max Workload Attained : 8.2 Fair response to induced stress
 Test End Reasons : Test Complete, Test Complete

REPORT :