Health Check up Booking Request(bobE5150), Beneficiary Code-161789

Mediwheel <wellness@mediwheel.in>

Fri 1/12/2024 1:41 PM

To:PHC [MH-Ghaziabad] <phc.ghaziabad@manipalhospitals.com> Cc:customercare@mediwheel.in <customercare@mediwheel.in>



011-41195959

Dear Manipal Hospital

We have received a booking request for the details are following. Please provide your confirmation by clicking on the yes button.

Are you sure to confirm the booking?

Name

: MR. PANWAR VIPIN KUMAR

Package Name

: Mediwheel Full Body Health Checkup Male Below 40

Package Code

: PKG10000474

Location

NH-24, Hapur Road, Oppo. Bahmeta Village, Near Lancraft Golf

Links Aparment

Contact Details

: 9759650789

E-mail id

: VIPIN.PANWAR@bankofbaroda.com

Booking Date

: 12-01-2024

Appointment Date

: 13-01-2024

Member Information			
Booked Member Name	Age	Gender	
MR. PANWAR VIPIN KUMAR	37 year	Male	

Please login to your account to confirm the same. Also you mail us for confirmation

Hospital Package

Mediwheel Full Body Health Checkup Male Below 40

Name

User Package Name : Mediwheel Full Body Health Checkup Male Below 40

Are you sure to confirm the booking?

21 Tests included in : this Package

Stool Test

Thyroid Profile

ESR

Blood Glucose (Fasting)

General Physician Consultation

TMT OR 2D ECHO

- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- · Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- · Lipid Profile
- Kidney Profile
- Liver profile

Thanks, Mediwheel Team

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@ 2024 - 25, Arcofemi Healthcare Pvt Limited.(Mediwheel)



UNION OF INDIA Driving Licence UK-0820060054308







04-08-2006

NT 03-08-2026



Erro 09-08-1986

B+

MR VIPIN KUMAR PANWAR

MR BABU RAM

UK-0820060054308



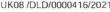
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04-08-2006

******0789 Endors harm Dec





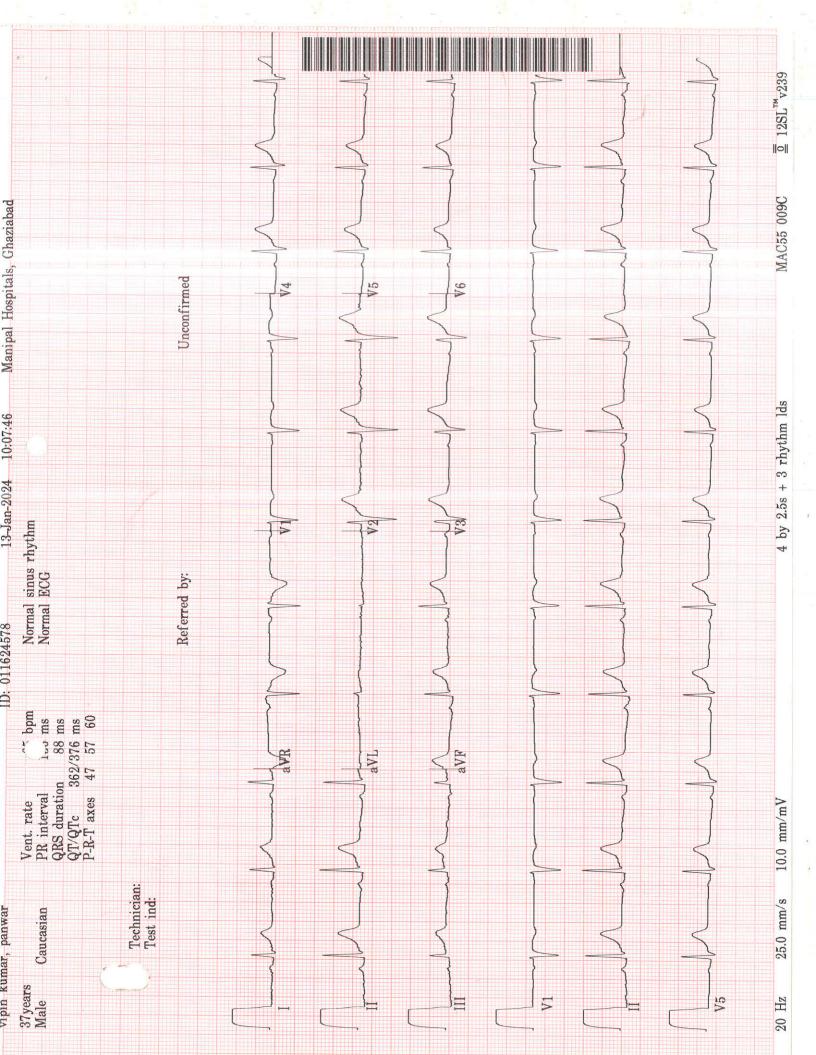
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S-414 SHIVALIK NAGAR B H E L HARDWAR, RANIPUR RANGE,HARDWAR,249403





SUB RTO, HARIDWAR









TMT INVESTIGATION REPORT

Patient Name

Vipin KUMAR PANWAR

Location

: Ghaziabad

Age/Sex

: 37Year(s)/male

Visit No

: V000000001-GHZB

MRN No

11624578

Order Date

: 13/01/2024

Ref. Doctor : HCP

Report Date

: 13/01/2024

Protocol

: Bruce

MPHR

: 183BPM

Duration of exercise

: 7min 58sec

85% of MPHR

: 155BPM

Reason for termination : THR achieved

Peak HR Achieved : 157BPM

Blood Pressure (mmHg) : Baseline BP : 134/94mmHg

Peak BP : 140/94mmHg % Target HR **METS**

: 10.0METS

: 85%

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	83	134/94	Nil	No ST changes seen	Nil
STAGE 1	3:00	120	134/94	Nil	No ST changes seen	Nil
STAGE 2	3:00	145	140/94	Nil	No ST changes seen	Nil
STAGE 3	1:58	157	140/94	Nil	No ST changes seen	Nil
RECOVERY	4:07	105	136/94	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak stage.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC Sr. Consultant Cardiology

Dr. Abhishek Singh MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Dr. Sudhanshu Mishra

Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Ghaziabad, Uttar Pradesh - 201 002

P: 0120-3535353

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com



RADIOLOGY REPORT				
NAME	MR Vipin PANWAR	STUDY DATE	13/01/2024 10:37AM	
AGE / SEX	37 y / M	HOSPITAL NO.	MH011624578	
ACCESSION NO.	R6711071	MODALITY	US	
REPORTED ON	13/01/2024 11:20AM	REFERRED BY	HEALTH CHECK MGD	

USG ABDOMEN & PELVIS FINDINGS

LIVER: appears normal in size (measures 126 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 91 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 12 mm.

COMMON BILE DUCT: Appears normal in size and measures 3 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is

maintained. Rest normal.

light Kidney: measures 107 x 45 mm. Left Kidney: measures 111 x 39 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest

normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 35 x 30 x 26 mm with volume 15 cc.

Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.

Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS

CONSULTANT RADIOLOGIST

******End Of Report*****



RADIOLOGY REPORT				
NAME	MR Vipin PANWAR	STUDY DATE	13/01/2024 9:35AM	
AGE / SEX	37 y / M	HOSPITAL NO.	MH011624578	
ACCESSION NO.	R6711070	MODALITY	CR	
REPORTED ON	13/01/2024 9:56AM	REFERRED BY	HEALTH CHECK MGD	

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Prominent bronchovascular markings are seen in both lung fields.

TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

4ORTA: Normal.

HORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION:

Prominent bronchovascular markings are seen in both lung fields.

Please correlate clinically

Pr. Prabhat Prakash Gupta MBBS, DNB, MNAMS

CONSULTANT RADIOLOGIST

*****End Of Report*****





NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

Ph. +91 120 353 5353, M. 88609 45566 www.manipainospitals.com

Name Reg No

Episode No

: Mr VIPIN PANWAR

: MHQ11624578

Referred By

: 37 Yr(s) / Male

: HEALTH CHECK MGD

TEST

: H18000001655

RESULT

UNITS

REFERENCE

Collection Date/ Time: 13/01/2024 09:26

on 13/01/2024 at 18:00 Authorised by Dr. Alka Dixit Vats

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

B Rh (D) Positive

Technical note:

ABC grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Collection Date/ Time: 13/01/2024 09:26

Authorised by Dr. Alka Dixit Vats on 13/01/2024 at 15:34

LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.84	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.16	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN(SERUM) Method: Calculation	0.68	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) Method: BIURET	7.30	gm/dl	[6.60-8.70]
ALBUMIN (SERUM)	4.77	g/dl	[3.50-5.20]
Method: BCG GLOBULINS (SERUM) Method: Calculation	2.50	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.89		[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	38.00	υ/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	59.90	U/L	[17.00-63.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	74.0	IU/L	[32.0-91.0]
GGT	29.0	U/L	[7.0-50.0]

Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

The test encompasses hepatic excretory, synthetic function and also hepatic parenchymal cell damage. LFT helps in evaluating severity, monitoring therapy and assessing prognosis of liver disease and dysfunction.

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Name

: Mr VIPENSONWAR

Reg No Episode No : MH011624578

: H18000001655

Referred By LABORATORY REPORT

Ghaziabad - 201002 Age[year(s)] / Sex : 37 Yr(s) / Mate 120 353 5353, M. 88609 45566

: HEALTH CHECK MGD www.manipalhospitals.com

NH-24, Hapur Road, Near Landcraft Golflinks,

TEST

RESULT

UNITS

REFERENCE

Collection Date/ Time: 13/01/2024 09:26

on 13/01/2024 at 15:34 Authorised by Dr. Alka Dixit Vats

KIDNEY PROFILE

Specimen: Serum UREA	19.3	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay BUN, BLOOD UREA NITROGEN	9.0	mg/dl	[8.0-20.0]
Method: Calculated CREATININE, SERUM	0.78	mg/dl	[0.70-1.20]
${\it Method: Jaffe\ rate-IDMS\ Standardization} \\ {\it URIC\ ACID}$	7.0	mg/dl	[4.0-8.5]
Method:uricase PAP			
SODIUM, SERUM	137.60	mmol/L	[136.00-144.00]
POTASSIUM, SERUM SERUM CHLORIDE Method: ISE Indirect	4.08 99.7 #	mmol/L	[3.60-5.10] [101.0-111.0]
eGFR (calculated)	115.3	ml/min/1.73sq.m	[>60.0]

Technical Note eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis /

Icterus / Lipemia.

Collection Date/ Time: 13/01/2024 09:26

Authorised by Dr. Alka Dixit Vats on 13/01/2024 at 15:34

Serum	LIPID	PROFILE

1,000			
Serum TOTAL CHOLESTEROL Method:Oxidase,esterase, peroxide	273 #	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	313 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499
HDL- CHOLESTEROL	52.0	mg/dl	Very high:>500 [35.0-65.0]
Method: Enzymatic Immunoimhibition	63 #	mg/dl	[0-35]
VLDL- CHOLESTEROL (Calculated) CHOLESTEROL, LDL, CALCULATED	158.0 #	mg/dl	[<120.0] Near/Above optimal-100-129
			Borderline High: 130-159 High Risk: 160-189
T.Chol/HDL.Chol ratio(Calculated)	5.3		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
			to the state of the contraction
LDL.CHOL/HDL.CHOL Ratio(Calculated)	3.0		<pre><3 Optimal 3-4 Borderline >6 High Risk</pre>

Note:

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Name

: Mr VIPINSPANWAR

Reg No **Episode No**

: MH011624578 : H18000001655 Referred By

Age[vear(s)] / Sex : 37 Yr(s) / PMate 1 120 353 5353, M. 88609 45566

: HEALTH CHECK MGD www.manipalhospitals.com

NH-24, Hapur Road, Near Landcraft Golflinks,

Ghaziabad - 201002

LABORATORY REPORT

TEST

RESULT

UNITS

REFERENCE

Reference ranges based on ATP III Classifications.

Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of this tests can identify certain genetic diseases and determine approximate risks for cardiovascular disease, certain forms of pancreatitis and other diseases

Collection Date/ Time: 13/01/2024 09:26

Authorised by Dr. Alka Dixit Vats on 13/01/2024 at 18:03

THYROID PROFILE, Serum

T3 - Triiodothyronine (ELFA) T4 - Thyroxine (ELFA) Thyroid Stimulating Hormone

Specimen Type : Serum

[0.610-1.630][4.680-9.360] µIU/mL [0.250-5.000]

TSH stimulates the thyroid gland to produce the main thyroid hormones T3 and T4. In cases of hyperthyroidism TSH level is severely inhibited and may even be undetectable. In rare forms of high-origin hyperthyroidism, the TSH level is not reduced, since the negative-feedback control of the thyroid hormones has no effect.

0.940

6.730

1.750

ng/ml

ug/ dl

In cases of primary hypothyroidism, TSH levels are always much higher than normal and

thyroid hormone levels are low.

The TSH assay aids in diagnosing thyroid or hypophysial disorders.

The T4 assay aids in assessing thyroid function, which is characterized by a decrease in thyroxine levels in patients with hypothyroidism and an increase in patients with hyperthyroidism.

The test has been carried out in Fully Automated Immunoassay System VIDAS using ELFA (Enzyme Linked Fluorescence Assay) technology.

Collection Date/ Time: 13/01/2024 09:26

Authorised by Dr. Alka Dixit Vats on 13/01/2024 at 15:56

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour Appearance Reaction[pH] PALE YELLOW CLEAR

(Pale Yellow - Yellow)

(4.6 - 8.0)

Specific Gravity

7.0 1.005

(1.003 - 1.035)

CHEMICAL EXAMINATION

Protein/Albumin Glucose Ketone Bodies Urobilinogen

Negative NIL Negative NORMAL

(NEGATIVE) (NIL) (NEGATIVE) (NORMAL)

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells RBC

2-3/hpf

(0-5/hpf)(0-2/hpf)

Epithelial Cells

NIL 1 - 2

/hpf

CASTS

NIL

https://trakcare.manipalhospitals.com/trakcare/web/custom/TRAK/csp/lab/viewlabresults... 15-01-2024

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TEST

: Mr VIIPENSPANWAR

Reg No **Episode No** Age[year(s)] / Sex : 37 Yr(s) / Phate 1 120 353 5353, M. 88609 45566 Referred By

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

: HEALTH CHECK MGD www.manipalhospitals.com

: MH011624578 LABORATORY REPORT : H18000001655

> REFERENCE RESULT UNITS

Crystals Bacteria OTHERS

NIL NIL NIL

Collection Date/ Time: 13/01/2024 09:26

on 13/01/2024 at 17:53 Authorised by Dr. Alka Dixit Vats

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

5.2

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA) HbAlc in % Non diabetic adults >= 18 years <5.7 Prediabetes (At Risk) 5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

103

mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Collection Date/ Time: 13/01/2024 13:05

Authorised by Dr. Alka Dixit Vats on 13/01/2024 at 15:51

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

102.0

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Collection Date/ Time: 13/01/2024 09:26

Authorised by Dr. Alka Dixit Vats on 13/01/2024 at 15:35

GLUCOSE-Fasting

Specimen: Plasma GLUCOSE, FASTING (F)

92.0

mg/dl

[70.0-110.0]

Method: Hexokinase

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

Increased in Diabetes mellitus, Cushing's syndrome (10-15%), chronic pancreatitis (30%). Drugs corticosteroids, phenytoin, estrogen, thiazides

Decreased in Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical

https://trakcare.manipalhospitals.com/trakcare/web/custom/TRAK/csp/lab/viewlabresults... 15-01-2024

This report is subject to the

manipal hospitals

Name

: Mr VIFESPANWAR

Reg No **Episode No** : H18000001655

: MH011624578

Referred By LABORATORY REPORT

Ghaziabad - 201002 Age[year(s)] / Sex : 37 Yr(s) / 여하인 120 353 5353, M. 88609 45566

: HEALTH CHECK MGD www.manipalhospitals.com

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TEST

RESULT

UNITS

REFERENCE

insufficiency, hypopituitarism, diffuse liver disease, malignancy(adrenocortical, stomach, fibro sarcoma), infant of a diabetic mother enzyme deficiency diseases(e.g.galactosemia), Drugs-insulin, ethanol, propranolol, sulfonylureas, tobutamide, and other oral hypoglycemic agents.

Collection Date/ Time: 13/01/2024 09:26

Authorised by Dr. Charu Agarwal

on 14/01/2024 at 12:01

COMPLETE BLOOD COUNT (AUTOMATE	D)	SPECIMEN-EDTA Whole	Blood
RBC COUNT (IMPEDENCE)	5.41	millions/cumm	[4.50-5.50]
HEMOGLOBIN	15.8	g/dl	[13.0-17.0]
Method:cyanide free SLS-colori	metry		
HEMATOCRIT (CALCULATED)	48.3	8	[40.0-50.0]
MCV (DERIVED)	89.3	fL	[83.0-101.0]
MCH (CALCULATED)	29.2	pg .	[25.0-32.0]
MCHC (CALCULATED)	32.7	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.4	90	[11.6-14.0]
Platelet count	198	x 103 cells/cumm	[150-410]
Method: Electrical Impedance			
MPV (DERIVED)	12.1		
WBC COUNT(TC)(IMPEDENCE) DIFFERENTIAL COUNT	8.21	\times 10 3 cells/cumm	[4.00-10.00]
(VCS TECHNOLOGY/MICROSCOPY)	56.0	8	[40.0-80.0]
Neutrophils		8	[20.0-40.0]
Lymphocytes	36.0	8	[2.0-10.0]
Monocytes	6.0		[1.0-6.0]
Eosinophils	2.0	8 .	[0.0-2.0]
Basophils	0.0	%	[0.0-2.0]
ESR	5.0	mm/1sthour	[0.0-10.0]

That lipali lospitais LIFE'S ON

Manipal Hospital Ghaziabad

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad 201 002 0120 3535 353 / +91 88609 45566



HEALTH CHECK RECORD

Hospital No:

MH011624578

Name: MR VIPIN KUMAR PANWAR

Doctor Name: DR. ANANT VIR JAIN

Date: 13/01/2024 11:32AM Visit No: H18000001655

Age/Sex: 37 Yrs/Male Specialty: HC SERVICE MGD

OPD Notes:

PRESENT OPHTHALMIC COMPLAINS -HC

SYSTEMIC/ OPHTHLMIC HISTORY - NIL, NO F/H/O GLAUCOMA **EXAMINATION DETAILS** RIGHT EYE

VISION(GLASSES)

6/9

6/9

CONJ

NORMAL CLEAR

NORMAL

CORNEA LENS

CLEAR

CLEAR **CLEAR**

OCULAR MOVEMENTS

FULL

FULL

NCT

FUNDUS EXAMINATION

16

OPTIC DISC MACULAR AREA

C:D 0.6 HNRR C:D 0.4 HNRR FOVEAL REFLEX PRESENT FOVEAL REFLEX PRESENT

18

REFRACTION

RE=-1.00 DSPH/ -0.50 CYL X 40 DEGREE - 6/6

LE= -0.50 DSPH/ -0.75 CYL X 160 DEGREE - 6/6

ADVISE / TREATMENT

E/D AQUALINA 4 TIMES DAILY BE X 1 MONTH

REVIEW AFTER 6 MTH

DR. ANANT VIR JAIN "MBBS,MS (Ophthalmogy)"

Reg. No.: 18126

1 of 1

CIN: U85110KA2010PTC052540

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru 560 017, Karnataka 19180 4966 0300 Enfo@mailibalhospitalsscom

Manipal Hospitals - Ghaziabad & DAY CARE CENTRE

Dr. Anant Vir Jain, MS, Fellow Aravind Eye Care Systems, Madurai. Cataract, Cornea & Glaucoma Dr. Shishir Narain, MS, FRCSEd FRCOphth, Fellow Sankara Nethralaya, Retina & Uveitis

Helpline: 99996 51125